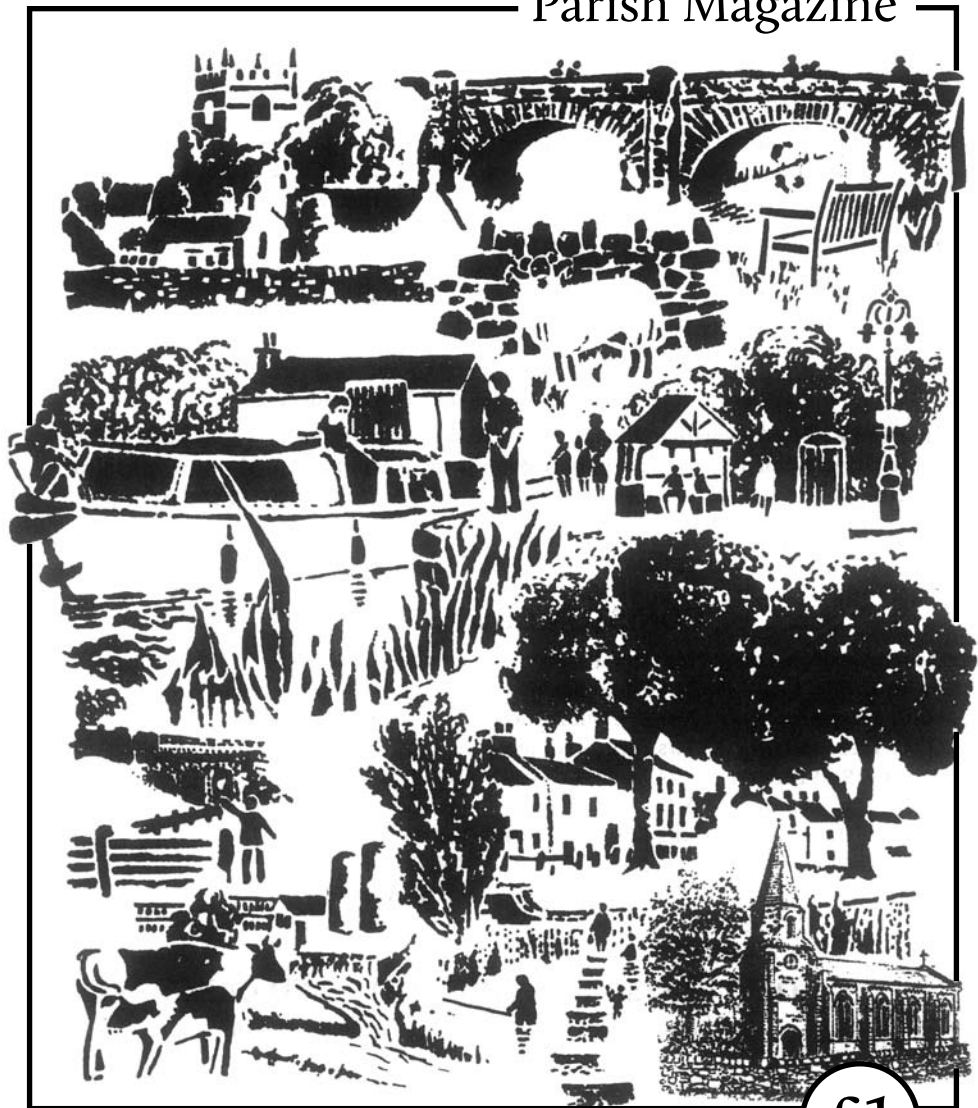


GARGRAVE & CONISTON COLD

Parish Magazine



FEBRUARY 2013

£1

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Photo copyright Tony Smith

Dates for your diary

12 Feb	Shrovetide Supper and Social, Church.
17 Feb	Wedding Fair, Coniston Hall
21-23 Feb	Pantomime: Cinderella, Village Hall
9 March	Musical evening with Limited Edition, Village Hall
22 March	The Full Monty, Village Hall
May 31-June 2	Gargrave Autoharp Festival
29 June	Gargrave Open Gardens
17 Aug	Gargrave Show

MARCH ISSUE DEADLINE: THURSDAY 7 FEBRUARY

gargravemag@btinternet.com 01756 749443

Printed in Skipton by Ellesmere Press on FSC recycled paper
(cover pages from PEFC European farmed forests)

CONTACTS

St Andrew's Church, Gargrave

Priest-in-Charge	vacant	
Churchwarden	Jerry Ford	27 Marton Road, 748563 stan_drew@hotmail.co.uk
and treasurer		
Churchwarden	Pat Cockshott	11 West Street, 749586
Organist	Enid French	9 Riversway, 749617
PCC secretary	Ron Humphreys	6 St Robert Close, 748779
Gift Aid	Sarah Curtis	11 Marton Road, 748510

St Peter's Church, Coniston Cold

Priest-in-Charge	vacant	
Churchwarden	Gerald Hall	Robin's Barn, Coniston Cold. 748497
Churchwarden	Ethne Bannister	Coniston Hall, Coniston Cold, 749551
& MU Leader		michael@theconistonhotel.com
Treasurer	Brenda Northrop	749212
PCC secretary	Sue Hutchinson	01729 851082
Electoral Roll	Jacqui Coates	01729 749300

Catholic Chapel, Broughton Hall, Broughton

Chaplain	Father Geoffrey Parfitt	The Manse, Broughton, 793794 geoffrey.parfitt@dioceseofleeds.org.uk
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Gargrave Parish Council

Clerk	Helen Carruthers	668209 gargravepc@yahoo.com
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Coniston Cold Parish Council

Clerk	Sandra Crawford	01729 830248 davidra@talktalk.net
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Gargrave Church of England Primary School

Head teacher	Sarah Peel	749433 admin@gargrave.n-yorks.sch.uk www.gargraveceprimaryschool.co.uk
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Gargrave Pre-School

Leaders	Janet Bolland Kathy Thomson	748377 info.preschool@btconnect.com www.gargravepreschool.co.uk
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Gargrave Village Hall

Bookings	Sally Thomas	01756 748098 roland.sally@sky.com
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Parish magazine

Editors and	Beatrice Faulkner	2 Riversway, Gargrave, 749443
advertising	Duncan Faulkner	gargravemag@btinternet.com
Subscriptions	Ruth Abbott	7 Marton Road, Gargrave, 748483

Organisations

Please let us know if you'd like to amend your entry or to add a new one.

Caterpillar Club (0+) – St Andrew's, Wed 10-11.30am, Gemma Tetley 07835 739899
Rainbows (5+) – Debbie Gomersall 01729 830589
Brownies (7+) – Rose Turner 01729 825886
Young Farmers Club - Coniston Cold, Tues 7.30pm, Janet Bolland 01729 830505

Wednesday Club (over 60s) – Village Hall Annex, Wed 1.30-3.30pm, Veronica 749347
Phoenix Group (over 65s) – The Anchor Inn, alternate Thurs 9am-1pm,
 Jean McHale 01729 850329, 07775 880557
Meals on Wheels – Mon & Wed, Brenda Longbottom 749883

Bowling – indoor, Village Hall, Tues & Thurs 2-4pm, Mary Rushton 748908
Cricket – **Gargrave Cricket Club** (over 13s) Tony Cockshott, 07788 100199
Croquet – Craven Lawn Tennis Club, Gargrave, Tues 2-6pm, Roy Berry 748065
Cycling – **Gargrave Tuesday Club**, Dalesman Café, Tues 9.30 for 10am start,
 Thurs 10 for 10.30am start, Trevor Pickles 01282 844788
Football – **Gargrave AFC** (over 16s), Tues eve training, Sat games
 www.gargraveafc.co.uk, Caroline Thompson 749235
Golf – **Mason's Arms Golf Society**, www.masonsarmsgolfsociety.com, 749304
Tennis – **Craven Lawn Tennis Club**, Beth Whitley 749664, www.craventennis.org.uk
Tai Chi – Village Hall Annex, Thur 7.30-8.30pm, Ian Cresswell 748540
Walking – **GAP Group**, start outside V Hall, 1st Sun of month, 10am, Olive Coates 748379
Walking for Health – 1st Thursday of the month, 10am, Jean Maxwell 748851
Yoga - Village Hall Annex, Wednesdays 9.30-11.30am, Sally Thomas 748098
Zumba - V. Hall (16+) Tues 5.45-6.45pm & Thurs 5-6pm, Julia Priestley 07769 692471

Modern sequence dance – Village Hall, Mon 7.45-10pm & a monthly Saturday
 (see diary, p.2), John Stephenson 01535 632935
Chance 2 dance – Village Hall Annex, **Tap** (3-18, adult) Tues 4.15-7.30pm
Ballet (3-18) Sat 9am-2.30pm, **Theatre-craft** Thur 5-6pm
 Jaki Prescott 0758 2086345 chance2dance@hotmail.co.uk
Thomson's Dance Centre – (3+, teens & adults) School Hall, Wed 5.30pm,
 Sat am, Kathy Thomson 748003, 07912 441913

Bell ringing – St Andrew's, Mon 7.30pm Sun 9.30am Davina Cockshott 07772 179561
Bingo – Village Hall Annex, 4th Wed of month 7.30pm, Joan Philip 749468
Dog training – Village Hall, Wed 5-10pm, Helen & Brian Coates 751816
Fuchsia & Geranium Club - V.Hall, 1st Wed of month 7.30pm, Paula Jackson 752175
Knit and Natter - St Andrew's, Tues 2pm, Norma Brothers 748392
Mothers Union – Ethne Bannister, 749551
Pantomime Rehearsals – V. Hall, Thurs 6.30pm, Sunday 1.30 Steve Rawson 748434
Parish Council Meeting – Village Hall side room, 1st Mon of mth, or 2nd on bank hols
Snooker Club – Village Hall Snooker Annex, every day, Stewart Smith 749340
Stan Drew's Community Choir – Ruth Abbott, 748483
WI – Village Hall Annex, 2nd Wed of month 7.30pm, Moira Sonley 749634

Masons Arms – **Quiz** Sundays 9pm, **Acoustic live music** 1st Friday of the month
Swan Inn – **Bingo** Tuesdays 8pm, **Quiz** Thursdays 8pm, **Casino night** Sundays 8pm

JERRY'S JOTTINGS

Jerry Ford

Groundhog Day

(For those of you who have seen the film, don't worry; I won't do this again.....)

In the United States, Groundhog Day falls on February 2nd, which on this side of the pond we call Candlemas. You may be familiar with the old folklore:

*"If Candlemas Day is clear and bright,
 Winter will have another bite.*

*If Candlemas Day brings cloud and rain,
 Winter is gone and will not come again."*

Groundhog Day has similar associations;

Last Tuesday, the 2nd, was Candlemas day, the day on which, according to the Germans, the Groundhog peeps out of his winter quarters and if he sees his shadow he pops back for another six weeks nap, but if the day be cloudy he remains out, as the weather is to be moderate.

4 Feb 1841 – from Pennsylvania storekeeper James Morris' diary

All of these 'weather divinations' seem to have their origin in Imbolc, the pagan festival that celebrates the stirring of Spring. Imbolc is February 1st, which is St Brigit's Day; variants include Brigid, Bridget, Bridgit, Brid and Bride which is hardly surprising as Imbolc was a celebration in honour of the Gaelic goddess - Brigid - of poetry, healing and smithcraft. Both St Brigit and Brigid are also associated with sacred flames.

Candlemas, in the Christian calendar, represents the Presentation of Christ in the Temple, which needed to be 40 days after his birth according to the Law of Moses, and is the trigger for Simeon's and Anna's prayers and praise (Luke 2:v22 – 38). We use the name Candle-mass because traditionally this is the day when all the candles to be burned in church during the year are blessed.

Old custom (and indeed still followed in the Vatican) is for green decorations from Christmas to be removed on Candlemas.

*Down with the rosemary, and so
 Down with the bays and mistletoe;
 Down with the holly, ivy, all,
 Wherewith ye dress'd the Christmas Hall*

Robert Herrick (1591–1674), "Ceremony upon Candlemas Eve"

Whether we think that Candlemas, or indeed St Brigid's Day, have their origins in pagan rites, or whether there is just a serendipitous circumstance, isn't really important. Festivals and Feast Days are part of the Christian calendar that help to give us a sense of rhythm and movement through the year. Every day is different; some days are full of joy, or sunshine; some days are sad or dreary days. But every day God is with us.

May we all sense His presence, whatever the season, whatever our circumstance, and give thanks for His great love.

DIARY FOR FEBRUARY

See back inside cover for regular weekly events and meetings

Gargrave

Fri 1	Carers' Resource Introductory therapy session – Visualisation and meditation to music, £3, 1-3pm, Village Hall Annex.
Sat 2	NSPCC Soup Luncheon, 11.30am to 2pm, £6.50, Village Hall
Sun 3	Communion 8am; Sung Eucharist, 10.30am, Church followed by the interment of the late Rene Bradley's ashes
Mon 4	Gargrave Show AGM, 7pm, Annex. Parish Council Meeting 7.15pm, V. Hall Committee
Tue 5	Communion 9am, Church
Fri 8	Carers' Resource Introductory therapy session – Indian head massage, £3, 1-3pm, Village Hall Annex Dance with Elizabeth Harrison, 8pm, Village Hall
Sat 9	Coffee Morning 10am-12noon, Village Hall Modern Sequence Dance, from 7pm, Village Hall
Sun 10	Communion 8am, Service of the Word 10.30am, Church
Tue 12	Communion 9am Shrovetide Supper and Social 7pm, Church
Wed 13	Ash Wednesday: Communion at Kirkby Malham Church WI Meeting 7.30pm, Village Hall Annex
Fri 15	Carers' Resource Introductory therapy session – Reflexology, 1-3pm, £3, Village Hall Annex
Sat 16	Coffee Morning 10am-12noon, Village Hall
Sun 17	Communion 8am; Sung Eucharist, 10.30am, Church
Tues 19	Communion 9am, Church
Wed 20	Compline 7 pm, Church
Thurs 21	Pantomime – Cinderella, 7.15pm, Village Hall
Fri 22	Pantomime – Cinderella, 7.15pm, Village Hall
Sat 23	Pantomime – Cinderella, 2.15pm and 7.15pm, Village Hall
Sun 24	Communion 8am; Morning Prayer 10.30am, Church Flea Market, 10am-4pm, Village Hall

Mon 25	Art Workshop, from 10am, V. Hall Annex. Contact Sue on 228330
Tues 26	Communion 9am, Church
Wed 27	Compline 7 pm, Church Bingo 7.30pm, Village Hall
Fri 1 Mar	Women's World Day of Prayer – see "Forthcoming events" section
Sat 2 Feb	Soup Luncheon for the NSPCC, 10am-2pm, Village Hall
Sun 3 Mar	Communion 8am; Sung Eucharist, 10.30am, Church

The church services may be subject to change.

Coniston Cold

Sun 3	Evensong 4pm, St Peter's
Sun 10	Service of the Word 10am, St Andrew's Gargrave
Sun 17	Holy Communion, Book of Common Prayer, 9am St Peter's Wedding Fair, Coniston Hall 11am-4 pm
Sun 24	Evensong 4pm, St Peter's
Sun 3 Mar	Evensong 4pm, St Peter's

FORTHCOMING EVENTS

NSPCC Soup Lunch

Eileen Holden

Gargrave NSPCC Committee are holding a Home Made Soup Lunch on Saturday **2 February** in the village hall, 11.30am to 2pm. Admission is £6.50 to include soup, cheese and biscuits, homemade cake and tea or coffee. There will be a raffle. Everyone welcome.

Rene Bradley's ashes

Caroline Thompson, Garry Bradley

The ashes of the late Rene Bradley will be interred after the church service on **February 3rd**. Rene died just before Christmas, she was 96 years old. Rene and her husband Cyril used to live at River Place but moved to Somerset twenty years ago so they could be nearer their son Garry. Rene formerly worked at the then Johnson and Johnsons and her husband was a joiner at Kirks and formerly at Windles.

Garry Bradley will be pleased to see friends and relations and hopes he can catch up with many of them afterwards over a drink at the Masons Arms.

Proposals for a new diocese of West Yorkshire & the Dales

Open Meeting

Jerry Ford

John Tuckett (Programme Manager) and the Bishop's Staff will be holding an open meeting on **6 February** to discuss the proposals from the Dioceses Commission to create a new Diocese of West Yorkshire and the Dales.

John will give a presentation, and there'll be the opportunity to ask questions about any concerns you may have. Please feel free to come along to join the discussion.



Shrovetide Supper

Norma Brothers

This convivial annual event is to take place as usual on Shrove Tuesday, **12 February**, in St Andrew's Church, starting at 7pm. Bring along a knife, fork and spoon, and a bottle if you like. If you are able to provide a sweet or a salad please let Norma know by calling her on 748392 or by putting your name on the sheet at the back of church. Thank you.

Cinderella – as you have never seen it before

Duncan Faulkner

21-23 February is panto time in Gargrave. This year we are delighted to present a pantomime written by Harriet Ball who must be one of the youngest pantomime scriptwriters anywhere. At the age of 15 Harriet has come up with a novel version of Cinderella which the cast have been delightedly exploring over the last few months of rehearsals.

The pantomime is full of subtle and not so subtle twists of the traditional story, from the ugly step-brothers Gilbert and George to a fairy godmother with serious attitude. And we even have some surprise visitors from other pantomimes, with Red Riding Hood, Jack and the beanstalk and Hansel & Gretel all making an appearance.

Many of the lead roles are being played by teenagers from the village, with Harriet fittingly playing the title role. They are complemented by a mixture of adult cast members and the usual dancing spectacles from the younger children.

With superb stage set design by Jo Ball and live music, the show will be a feast for the eyes and ears. The group has a new producer, Chrissee Platt, who is putting the cast through their paces as the show date approaches.

Show times are 7.15pm on 21-23 February with a Saturday matinee at 2.15pm on 23rd. Tickets will be on sale from the end of January at Gargrave Newsagents and the tourist information centre in Skipton Town Hall.

Women's World Day of Prayer

Sarah Curtis

After some deliberation the committee have decided not to hold our usual service at St. Andrews' but to join in fellowship and worship with our friends in Skipton.

The service this year has been prepared by the Christian women of France and is titled "I was a stranger and you welcomed me".

It is to be held on the **1st March** at 2pm. at Trinity Methodist Church, Westmorland Street, Skipton.

If anyone would like to go and requires a lift, then please contact Sarah Curtis 01756 748510 and transport will be arranged.

Library fundraisers: films and music

Dave Smith

Saturday 9 March: Musical Evening with the 'Limited Edition', 7.30pm Gargrave Village Hall

Friday 22 March: Film Show 'The Full Monty' 7.30pm Gargrave Village Hall

Coins


A small boy swallowed some coins and was taken to a hospital. When his grandmother telephoned to ask how he was, a nurse said, 'No change yet.'

Middle Age

Middle age is when you lean over to pick something up off the floor, and you ask yourself if there is anything else you need to do while you are down there.

Simple maths

The 50-50-90 rule: Anytime you have a 50-50 chance of getting something right, there's a 90% probability you'll get it wrong.



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AIMS

Accountants for Business

Gargrave Dental Practice

Hugh Turner, David Jackson

The Gargrave Dental Practice is, for the short term, accepting new NHS patients. To apply ring 748339.

Vacancy for Parish Councillor

Helen Carruthers

There is a vacancy for a Parish Councillor on Gargrave Parish Council.

We want to hear from you if you are interested in representing your community and want to make a difference. Please don't hesitate to contact me if you would like any further information. You can reach me on the details below.

Applicants must be a European national at least 21 years old, an elector and living within three miles of the parish for twelve months or have land or a primary place of business in the parish.

Closing date for applications is Thursday 31 January. Applications to be made in writing to:

Helen Carruthers - Clerk

Gargrave Parish Council, Gargrave Village Hall, West Street, Gargrave, BD23 3RD
01756 668209

gargravepc@yahoo.com

www.gargravepc.org.uk

Magazine annual subscription time is here..

Ruth Abbott

It is time to pay your subscription for the coming year for this Parish Magazine: the good news is that the price remains at £6 for the year, the same as last year.

Thanks to those who have already paid. If you haven't yet please do so this month: either directly to your local distributor, or, if you don't know who that is, to Ruth Abbott, our distribution coordinator at 7 Marton Road, Gargrave, tel 748483, Thank you very much.

Magazine Advertising April 2013 - March 2014

Bea Faulkner

Thank you to everyone who has renewed their adverts for the coming year. This time the new advertising directory will begin a month later than previously, and will run from April this year to next March. This should make the changeover much smoother.

Magazine advert amendments

Bea Faulkner

Anchor Logs (page A5) prices are now £58 per bag.

Grahame Gilman's Wrought Ironwork mobile number (page A29) is now 07918 020936;

Andrew Wroot's Driving School phone number (page A15) & IT Help number (page A36) are now 01756 796802.

The Leprosy Mission

Jean Coldwell

During the four months before Christmas I sent off orders from the Leprosy Mission catalogue for a total of £450. On behalf of the Leprosy Mission I would like to thank everyone for their support of this very worthwhile Christian charity. With best wishes for a healthy and peaceful 2013.

Christingle 2012... Thank you

Sylvia Humphreys (Children's Society Representative)

The Christingle Service on Christmas Eve was kindly taken by the Archdeacon of Craven, Paul Slater. The service was very well attended and £305.60 was collected for the Children's Society. I am very grateful for such generosity in these difficult times.

Thanks to everyone who supported the service in any way, particularly those who helped to make the Christingles and organise the service. The Gargrave Co-operative Society deserves special thanks for the very generous donation of oranges and raisins.

Walking for Health

Jean Maxwell

The Gargrave and Hellfield Walking for Health Group will meet on Thursday 7th and 21st of February. We look forward to meeting you just before 10 am at the Summerseat in the Village. Comfortable walking shoes and appropriate weather wear are all you need to join us. Walks are free to all, easy and last just over an hour. We are still not able to go over the fields and stick to dry pathways / routes wherever possible. For further information please call Jean Maxwell on 01756 748851.



Gargrave & Coniston Cold

Ethne Bannister

Mothers' Union Gargrave and Coniston Cold Wave of Prayer – 19th February
Meeting at Olive Coates, Garden House, Gargrave – 21 February @ 2.30pm
Jumble Sale – 14th March – Village Hall, Coniston Cold – 1.00pm



News

Marguerite Mason

December is a busy month for everyone and our celebrations began early with our Christmas card event in the village hall which was well attended in spite of the icy state of the roads. Our good wishes were sent to village people and we hope all our readers had a good time during the Season.

Several members went to Skipton Town Hall to the annual Christmas Food and Flowers event. As usual it was very well attended. The food prepared, and later raffled, gave them helpful ideas for something different to offer the family, without breaking the bank. Apparently the flower arrangements were lovely too and also offered hints for fresh efforts at home.

At our meeting we enjoyed a social evening without a speaker, for a change. The tables, with enough room for three or four members, were spread out and at each table we were asked to discuss a current issue concerning our organisation and tell the other members of our conclusions. All the time we have to consider our future programmes and the activities available; the discussion gave us time to consider various ideas which we will be incorporating when possible. Some readers may be aware that we have a National college near Abingdon in Oxfordshire. While several members have been on courses there, many have found it inconvenient or too expensive. Because of the cost of running such a college, difficult decisions about its future will have to be made nationally. If it is lost, alternatives may be arranged on an area basis, possibly with courses which are more ambitious than those run at present. Others people discussed the resolutions which will be presented at the national AGM and, on a lighter note, ideas for our 30th birthday celebrations here in Gargrave. As you can imagine there were plenty of opinions and really sensible discussions took place while we enjoyed our mulled wine and mince pies.

As a complete contrast we then heard Moyra Sonley answering questions about her recent trip to Antarctica with Joan Lawrence, who was, unfortunately, unable to be at the meeting. However we learned how magnificent the scenery was and how they managed to combat the cold, the rough seas and necessary scrambling in and out of small boats. Moyra had some super photos for us to look at. They are certainly an adventurous pair and have some wonderful memories which we were delighted to share.

Look out for our posters in the village about forthcoming programmes and feel free to join us if you would like to. Happy New Year!



Craven Lawn Tennis Club, Gargrave

Beth Whitley

Craven Lawn Tennis Club have recently presented their Young Achievers Award for 2012 jointly to Alex Whitley and Will Smith (both of Gargrave) for their contribution to the Club this year. Alex was recognised for acting as Vice Captain of the Mixed Doubles C Team and as a runner-up in the President's Cup in September. Will was recognised for his outstanding play as a key member of the Mixed Doubles A Team and for winning the 14-18 years section of the Teenage Tournament in 2012. Both were unable to attend the End of Season Presentation Evening as they were away at university and so were given the trophy to share at the Club by President Trevor Dixon on Monday 17th December.



LETTER FROM A NEW BUSINESS

Andy Swinscoe

Cheese Specialist Settles for North Yorkshire

SETTLE'S GOT A SMELLY FUTURE – in The Courtyard, just outside Settle, North Yorkshire, after years working in the cheese industry I'm setting up and settling down. I embarked from Appleby at an early age to find the finest cheese available. After obtaining a first-class honours degree from Sheffield Hallam

University in 'Culinary Arts and Hospitality' I worked for Paxton and Whitfield – Britain's oldest cheesemonger. This led to an award from the Queen Elizabeth Scholarship Trust, enabling me to complete an apprenticeship on ageing cheese in France with Hervé Mons.

Returning to England to work for The Fine Cheese Co., I took up responsibility for cheese quality and for personally selecting cheese from the farm.

But I always wanted to return back North to set-up my own specialist cheese shop: I want to get people to taste and enjoy the best cheeses and charcuterie available in Europe. The cheeses include a range of goats', cows' and sheep's milk: from soft and supple to stinky and spicy - there is something to suit every taste.

They're so good that the locals just want to hold onto them; that's why I often have to go there to collect them myself!

We aim for The Courtyard Dairy to become a real destination shop for the best in fine unpasteurised farmhouse cheese.

So next time you're driving up the A65 past Settle, open the window and please enjoy the scents emanating from The Courtyard Dairy. My partner, Kathy, and I would love to see you inside and taste some cheese with you.

Andy Swinscoe
The Courtyard Dairy



Cheesy puns...

What cheese do you use to encourage a bear? Camembert

What cheese can you disguise a horse with? Mascapone.

What does cheese say to itself in the mirror? Halloumi.

How do you handle dangerous cheese? Caerphilly



Coniston Cold Young Farmers Club

Peter Walton

Coniston Cold Young Farmers recently met at the Richard Tottie Memorial Hall before Christmas and had a successful Whist drive, with members and visitors making up eleven tables and enjoying a Jacobs Join supper. Results: *Gents* 1st Adam Stocton, 2nd Alastair Walton, 3rd Simon Barker, Booby prize Liam Wallbank, *Ladies* 1st Hannah Bolland, 2nd Hannah Saxby, 3rd Megan Schofield, Booby prize Jodie Bolland. Mr John Hall and Mr Brian Wellock were in charge of proceedings.

The following week Coniston members joined with Rathmell Young Farmers to go Carol singing round Rathmell village they raised £60 for local charity Jacks Journey.

The first meeting of the new year took place at North Ribblesdale Rugby Club to take part in the Settle District Young Farmers quiz, achieving a fifth place against stiff competition.

Future meetings:

Tuesday 5th February Talk - an evening with Liz Thwaite

Tuesday 12th February - Pancake night.

All club details can be found on our website at www.conistoncoldyfc.org.

GARGRAVE PARISH COUNCIL

Monthly Parish Meeting, 7 January

Janet Turner

Apologies: County Cllr. Shelagh Marshall.

Car parks: Shane Riffin, an officer of Craven District Council, addressed the meeting about the many and varied ways in which a Council can manage its car parks or dispose of them.

Police report: PCSO Gary Battison gave a detailed list of recent offences in Gargrave and the closely surrounding area.

Street lights: The Council announced that Mr. Claxton has been given the street lighting contract for this calendar year.

District Councillor's report: Craven District Cllr. Simon Myers discussed Craven's budget constraints for 2013/14.

The Council agreed to hold a pre-budget meeting on 22 January at which the projected figures for 2012/13 and the budget for 2013/14 are to be discussed.

The Clerk was instructed to place a request for two new Parish Councillors in the Village News section of the Craven Herald as soon as possible.

Next meeting will be on Monday 4 February at 7.15 pm in the Village Hall.

The cheese course continued...

Some spotty youth threw a block of mild cheese through our lounge window today. I went outside and shouted after him "Well that's not very mature!"

THANKYOU

Gill White

Thank You from All the Co-op Team

2012 WAS A YEAR WHEN the Co-op Store team at Gargrave was allowed to nominate the charity for which the store was going to support and raise funds for. Together there was a unanimous team decision to support Yorkshire Air Ambulance.

There are so many worthwhile charitable events within the local area, there was a realisation of the challenge we had set ourselves to encourage donations and support not just for a one off event but throughout the whole twelve month period.

It was clear to see, that if small events were organised throughout the year, customers would support our efforts and considerable funds could be raised. The book stall, customers could kindly donate books, and also buy a book for £1 if anything took their fancy! Then came the more creative ideas such as our Valentines Bear and Guessing the number of squares on an Easter Egg -kindly made by Gargrave Pre-School Children. Then Gargrave discovered Jane's yummy scones and selection of naughty treats – a further successful fundraiser.

The months passed and Michelle religiously counted the collection buckets (first task every Monday morning!) and hundreds of pounds were thankfully being raised. During the second part of the year we tried the sale of a Yellow Helicopter Quiz. Taxing the knowledge of many but who could ever refuse a £1 with Andy's enthusiasm to sell every single quiz in his pile! It was such a success we then continued later in the year with a Halloween and Christmas quiz. Many other events continued to occur such as Guessing the Sweets in the jar, Guessing the teddy bear's name and Guessing the number of festive friends displayed over the Christmas period. Each event continuing to raise further funds.

The fantastic total raised for Yorkshire Air Ambulance is £3235 – far exceeding what the store has previously raised for any charity ever.

In summary I would just like to take this opportunity to thank everyone involved for your support enabling to raise such a significant total. Thank you Marie for the wrapping of all our beautiful hampers, thank you Annette and creative team at Pre-school for all your efforts, and a big thank you to all customers for your ongoing support.

The Co-operative Group Charity of the Year for 2013 is Carers Trust which has been voted for nationally and a charity which is going to be supported throughout the whole society. Carers Trust is a new charity, formed earlier this year following the merger of the Princess Royal Trust for Carers and Crossroads Care. Carers Trust directly support thousands of carers and carer centres across the UK. Please continue to support the team's efforts and look out for new and exciting fundraising activities in store for 2013!

Gill, Donna and the team

DEAR TED AND SHEILA

Dear Ted and Sheila,

I really don't know what to do. I have two children and all they want is more things: more and more expensive gadgets. When I get them one thing they are only happy for a moment and then they hear of something else they must have. Christmas was a nightmare and I'm dreading the next birthday. Even a birthday party seems difficult when apparently everyone else has a professional entertainer or a limo! Can you help?

Yours in conflict

Bethany

Dear Bethany,

Everyone with children experiences the power of parent pester! If they think they will get something, they will keep going on and on..... You need clear boundaries: decide what you are happy with and stick to it. When they know you won't change your mind they may give up asking. I think you have some of the answers already: if they don't actually play with the gadgets for long, then frankly you don't want to be wasting your money!

Yours decisively

Sheila

Dear Bethany,

My sympathy – it is difficult living in a society where material things are so important. Children pick up on this very quickly. But you can show that, although it is lovely to give and receive presents (even ones which cost a bit sometimes), things aren't everything. Trust your instinct. If you think something isn't worth buying you are probably right. The bible says that parents do know how to give good gifts to their children, but that God gives even better gifts. If you can give your children knowledge of God, a love of his world and compassion for other people you will have given them a most amazing gift, which will last forever.

Yours with a different perspective

Ted

Getting cheesed off yet?

There was an explosion at a cheese factory in France.
All that was left was de brie.

And finally... the old ones are the best...
What type of cheese is made backwards? Edam.

ALL CREATURES... MOSTLY SMALL

Helen Pratt BVSc MRCVS GPCert SAM

WE HAVE RECENTLY ACQUIRED two guinea pigs, Nutty and Treacle, for our girls. I am astounded by the joy these two little fur-balls have brought! They have been here for three months now and their appeal shows no sign of abating. Morning and night they are out, being cuddled, petted and sang to. They really are most tolerant pets.

I think we were rather nonchalant about pets, with all the access to stock the girls have, without realising the amount of enthusiasm unleashed by having their own responsibility, which they are relishing.

They came from a neighbour's house, after a Sunday morning walk, that lead to a cup of tea, then an offer of guinea pigs – still happy and much cared for, though now not really wanted pets. I suspect many children's pets are not quite so lucky to continue to have such TLC after the excitement has waned.

They came complete with hutch and accessories so that was a much easier bargaining tool for the children to use against us once they knew that getting them was a possibility. However a contract (downloaded from the internet) had to be signed by both children before the deal was done, promising to love, cherish and look after their new pets FOREVER, and although it has not been needed yet, I would highly recommend one to any parent to wave in front of the reluctant child owner some cold winter's night.

I feel personally it has given me a new insight into the small and furry subpopulation of pets that we see, and how much they mean to their owners. Some of those we see at the surgery are related to husbandry – e.g. overgrown nails with too little exercise on rougher surfaces, dental issues that may be related to an incorrect diet and too much reliance on concentrate feeding, rather than fresh hay/fibre, veg and gnawing blocks. We also get a relatively high proportion of mites and other skin diseases, some related to a lack of vitamin C.

One important factor is that they are not solitary animals, they love company of their own kind (just like rabbits love other rabbits not g pigs...). So I would recommend considering guineapigrehome.org.uk, the RSPCA or similar rescue centres for a couple of older pigs for a 1st pet, or to get a pal for a lonely older pet if you're unlucky enough to lose one.

Rebecca says, "I love Nutty because she keeps me company when I do my homework".

Zara says, "I love Treacle because I like reading Treacle stories".

What more can I say- the ideal children's pet.

Go on... give in to them!!!

GARGRAVE C OF E PRIMARY SCHOOL

Sarah Peel (Head Teacher)

WE ARE AMBITIOUS that our school will be the very best of schools; outstanding. We do this through being honest in our evaluations and then writing a challenging plan to improve aspects of our school. We know we are improving and we were delighted with the achievements of our pupils who this year all left school at and above national expectations.

The plan to improve our school includes the following three sections. The *vision* statements are the aspects we believe are the core purpose of our job. The *values* are the aspects of the school which we expect everyone to demonstrate. Finally, with the best of teaching and wide support from family, our children will leave our school with the list of *outcomes*.

Vision: "Every child counts; every child contributes"

- Individuals' learning will be challenging and enjoyable
- Our staff will deliver the highest quality teaching and learning
- Staff, parents and pupils will collaborate to maximise individual learning.
- The environment & curriculum will be conducive to healthy minds & bodies
- We will be a respected part of the community where every child counts and every child contributes

Our Values:

Respect

Enjoy

Safe

Politeness

Equality

Confidence

Trust

Forgiveness

United

Learning

Outcomes

Our pupils will:

- Enjoy themselves
- Be happy
- Reach their full potential
- Be self-confident
- Respect others
- Experience a stimulating curriculum
- Reach national expectations in English, Maths & Science
- Know what are their talents
- Have friends
- Be safe and healthy
- Contribute to our community
- Understand Christian values and faith

If you have any ideas how we can continue to improve our school, then please ring and speak to us, we would love to hear from you.

Our space theme is proving popular with the pupils, they have already learned about the night sky and the constellations. If you wish to look at the night sky, up to date maps are available from www.heavens-above.com astronomy section. Our starry sky pictures below are by Jenny and Archie.



THE £200 DROP!!!!

A short story by Chloe Metcalfe, age 10, Class 4

Chapter 1: The News

Click, Click as the cameras flashed at me - another day at work...

I was a model. "Here you go, here's your £100 for work." "What happened to my £200?" I questioned. "That's the problem; I can't afford to pay you £200 a day. We've been waiting to tell you because you wouldn't listen." "I NEED it though I'll end up being poor - and all I do is spend my money. You know I NEED it!" "Just take it and go! If you moan any more you will be fired!" And with that I took the money and left in a strop.

The next day I stayed at home upset about how much I was getting paid. 'I'm going to ring up work and demand to get my money back!' I thought to myself. I picked up my iPhone 5 and rang work straight away.

Chapter 2: Ring Up

Ring, Ring as I rang work up, 'You have reached the home of voice mail'. The voice said, 'If you want to leave a message press 1', I pressed 1 and spoke - I said "I demand my £200 back and if not I will call the police!"

That afternoon I took my 2 Jack Russell's: Choccy and Honey for a walk, along with feeding my Rabbit: Fluffy. I was waiting for a reply on my Phone- but no answer. It was 5 pm and the phone rang, and this is what my boss said, "If you call the police you WILL get fired and in the mean time you can have £50 a day!" so with that I went to watch TV-very cross.

Chapter 3: I Demand

The next morning I stormed out of my house and jumped in to my Audi R8 slamming the door shut behind me. Eventually I reached work, got out of my car and demanded my money back. "Right you knew you were on your last straw- YOU'RE FIRED!!"

GOING GREEN IN GARGRAVE

Duncan Faulkner

Going Green goes to the Green

I WAS TALKING TO MY SISTER over Christmas about one of her neighbours. She lives on the edge of Brentwood in Essex, just round the corner from a gravel path that leads along a line of trees by a meadow, into a bluebell wood. We have walked along there dozens of times as it's a useful shortcut to a railway station. Heather reckoned that this neighbour had never walked along the path; never seen the bluebells; never smelt the autumn leaves.

It got me thinking. Many people I know in Gargrave are truly appreciative of living in such a beautiful area and try to make the most of it. Walk down Marton Road to the canal on a sunny Sunday afternoon and you will probably meet someone you know. The Pennine Way is popular with walkers and our roads are full of cyclists at the weekends. But I wonder if there are some people who, while

physically capable, just don't venture out into the countryside, like my sister's neighbour.

Even those of us who do enjoy the outdoors lead lives that are far more isolated from nature than our ancestors did. In his first "Letter from the Countryside" in this magazine, six years ago, Jeremy Taylor from Small House Farm wrote that "we all lead 'urbanised' lives nowadays, whether we live in the heart of a town, or the next-door-neighbour is half-a-mile away".

A book I have been reading recently⁽¹⁾ put it this way:

"We may not realise the extent to which we have gradually isolated ourselves from the rest of nature. Double glazing shuts out the dawn chorus, and few of us rise early enough to hear it clearly. We charge through the countryside in cars, rather than walk or cycle at a speed that allows us to see the flowers we are passing. Very few of us now work outdoors in the fields and lanes or on the mountains and lakes, and those of us that do so are typically cocooned in noisy machines".

What are the consequences of this disconnection? There has been plenty of worry in the media recently about the effects on children of a lifestyle where worried parents confine their children indoors to be entertained by screens rather than face the perceived dangers lurking outside the front door. There are fairly obvious effects on health for all ages from avoiding fresh air and exercise.

I think the problems go further than this though. By isolating ourselves from God's creation we are losing our ability to care about it. In the words of the Eden Project⁽²⁾, who have allowed us to use their excellent cartoons for this series,

"People can't care about what they don't understand and don't have some sense of connection to. So we need to get out and down in that dirt lest we forget how it keeps us alive. Play together, learn, explore and have adventures".



It's a tall order to expect someone to change their lifestyle in order to avoid harm to the rainforest if they barely even notice the trees on the greens in Gargrave. Our world view is strongly influenced by our everyday experiences: what we see from our windows, what we hear (birdsong or iPod), how we get around.

Getting out into the countryside or the garden has been shown to have other advantages too. Recent studies⁽³⁾ have shown that being exposed to greenery has widespread benefits for our ability to pay attention, to remember, to interact socially and to delay gratification. The health effects are such that it has been suggested that a recommended daily allowance for exposure to greenery is introduced (20 minutes).

We need the restorative effects of contact with nature more than ever these days. Many people spend more and more time responding to external distractions. The information-processing demands of everyday life – traffic, phones, texts, emails, TV, conversations, problems at work, consumer choices and associated decisions – take their toll on our intellectual and emotional resources. How often have you been speaking to someone who has broken off mid-sentence to respond to the latest demand of their iPhone? Our economy and our culture encourage us to pay attention to more than one thing at a time. "Contact with greenery seems to provide some form of neurological respite from deliberately mispending our attention all day through too much screen time"⁽³⁾.

There are encouraging signs that things are changing. Gargrave Pre-School, in line with the Early Years Foundation Stage, has a policy that children should spend half their time outdoors. Gargrave Primary School has been running outdoor Forest School sessions and has a thriving gardening club. Children at the newly opened Cherry Tree Farm day nursery between Gargrave and Broughton are taken out to play at making dens in six acres of woodland, yes even in the snow last week. Adults need to catch up!

I admit that it can be hard to find the motivation and the opportunity to get outside on a cold, wet, dark February day. Our houses and cars isolate us from discomforts and dangers as well as the benefits of nature. But many of us do need to get out more.

References: (1) John Faulkner (yes, a relation) in The Natural History of Ulster (2011); (2) Eden Project (2011), The Guide 2011-12; (3) Aric Sigman (2005), Remotely Controlled: How television is damaging our lives.

The voice of love

"Do you love me with all your heart?" Becky asked her boyfriend on Valentine's Day.

"Mmm hmmm," said Dave, checking his emails.

"Do you think I'm the most beautiful girl on the planet?"

"Mmm hmmm," said Dave, sending a text.

"Do you think my lips are like rose petals?"

"Mmm hmmm," said Dave, checking his Facebook page.

"Oh Dave," Becky sighed, "you say the most beautiful things!"

CONNECTING WITH CULTURE

Jay Butcher, London Centre for Contemporary Christianity

Do You Hear the People Sing?

I WEPT. Two nights ago, in an Odeon cinema in Kingston town, I wept. Nothing to do with the singing or facial contortions of Hugh Jackman and Russell Crowe. Rather, it was the visualisation of God's kingdom that first captured my heart nine years ago, evoked so beautifully in Tom Hooper's Oscar-nominated adaptation of **Les Misérables**, that broke me.

As other reviews and posts attest, Valjean's tale is one of life- (and world-) changing grace – that reaches out to all, redeeming and transforming. Yet the motivations behind each of the plot lines tell of a bigger story. Fantine's fall into poverty to pay the debt of supporting her daughter, the revolutionary students' belief in a nation of equality even, ultimately, at the expense of their own lives, and Valjean's rescue of Cosette, Javert and Marius all speak of the other-centred life – where there is no greater love than to lay down one's life for one's friends (John 15:13), even those unknown to us.

Of course, violent revolution is not the model by which our Prince of Peace directs **his** kingdom. Still, my hope remains that despite a time where the church has been said to be 'out of touch' and 'not with the programme', those who see this film may see a beauty – something of the presence of the kingdom – in lives poured out for others, where not our will is done but **his**, with God enlivening believers and stirring belief in the hearts of those lost and without hope. As Herbert Kretzmer's lyrics express it:

*Do you hear the people sing
Lost in the valley of the night?
It is the music of a people
Who are climbing to the light.
For the wretched of the earth
There is a flame that never dies.
Even the darkest night will end
And the sun will rise.*

*They will live again in freedom
In the garden of the Lord.
They will walk behind the ploughshare;
They will put away the sword.
The chain will be broken
And all men will have their reward.*

*Will you join in our crusade?
Who will be strong and stand with me?
Somewhere beyond the barricade
Is there a world you long to see?
Do you hear the people sing?
Say, do you hear the distant drums?
It is the future that they bring
When tomorrow comes...
Tomorrow comes!*

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INFORMATION

Rotas for St Andrew's Church

Readings for worship

3 Feb	<i>2nd Sunday before Lent</i> Genesis 2:4b-9, 15-end; Revelation 4: Luke 8:22-25
10 Feb	<i>Sunday before Lent</i> Exodus 34:29-end; 2 Corinthians 3:12-4:2; Luke 9:28-36(37-43a)
17 Feb	<i>1st Sunday of Lent</i> Deuteronomy 26:1-11; Romans 10:8b-13; Luke 4:1-13
24 Feb	<i>2nd Sunday of Lent</i> Genesis 15:1-12, 17-18; Philippians 3:17-4:1; Luke 13:31-end
3 Mar	<i>3rd Sunday of Lent</i> Isaiah 55:1-9; 1 Corinthians 10:1-13; Luke 13:1-9

Sidesmen 8am 10.30am

3 Feb	Marion Scarborough	Tim Warner	Sarah Curtis
10 Feb	Kay Craven	Joyce Brotherton	Isobel Lacey
17 Feb	Janet Sturgess	Phyll Harrison	Alan Brown
24 Feb	Colin Chapman	Eileen Holden	Jean Coldwell
3 Mar	Marion Scarborough	Stanley Preston	John Bailey

Readings Offertory procession

3 Feb	Pauline Barnes	Eileen Holden	Jean Coldwell
10 Feb	Ruth Abbott		
17 Feb	Hugh Turner	Norma Brothers	Judith Douglas
24 Feb	Pauline Barnes		
3 Mar	John Bailey	Joyce Brotherton	Isobel Lacey

Church cleaning

28 Jan – 8 Feb	Susan Lupton & Sarah Curtis	<i>If you are unable to</i>
11-22 Feb	Jean Banks and Carole Ballard	<i>carry out any of the</i>
25 Feb-8 Mar	Bee & Annie Faulkner	<i>above duties, please</i>
		<i>arrange a swap.</i>

Public Transport

TRAINS from Gargrave to:

Leeds

Mon - Fri	0747	0814	1204	1349	1452	1730	1814	2029	2131
Saturday	0746	0928	1204	1345	1452	1744	1814	2029	2131 ¹
Sunday *			1121	1352	1455	1557	1909		2124

Morecambe

Mon - Fri	0545 ²	0905	1105		1439	1730			
Saturday	0645 ²	0905	1105		1439	1730			
Sunday *		0931	1135		1541		1805		

Carlisle

Mon - Fri	0545 ³	0933	1105 ³	1331	1439 ²	1730 ²	1851		
Saturday	0645 ³	0932	1105 ³	1331	1439 ²	1730 ²	1840		
Sunday *		0953	1135 ²	1438	1541 ²		1805 ³		

Notes * On Sunday 3 February and Sunday 10 February there is a bus replacement service between Skipton and Shipley. No dogs, bikes, pushchairs etc 1 Change at Skipton, 2 Change at Lancaster, 3 Change at Hellifield

BUSES from Gargrave to:

Skipton

Mon – Fri	0706	0756	0820	0841	0956	then every hr until			1756
Saturday	0956	1110	1156	1325	1356	1455	1556	1710	1756
Sunday 20 th *				1207 ⁶		1507 ⁶		1657 ⁶	

Settle

Mon – Fri		0740	0859	then every hour until		1659	1804	2129	
Saturday		0740 ⁴	0859	then every 2 hrs until		1659			
Sunday									

Malham

Mon- Fri	0725		1000 ⁵		1300 ⁵			1610	
Saturday			1015		1230	1400	1615		
Sun 20 th *				1102 ⁶	1242 ⁶		1542 ⁶		

Notes 4 Saturdays during term time only, 5 Monday, Wed & Friday only
6 17 February only

* NB the Winter Timetable does not offer a Sunday bus service to Settle, and there is just one Sunday in February (17th) when buses run to Malham and Skipton.

Little Red Bus "Dial-a-Ride" service to Skipton, Tuesdays only, (leaving Eshton, Newfield, Airton, Bell Busk, Coniston Cold and Gargrave between 9.45am and 10.15am) and returning from Skipton at approximately 12.45pm.

The Little Red Bus is equipped with lifts for passengers using wheelchairs, and passengers who are not able to manage steps. Please phone a day in advance – 01756 795666 – to book your place and pick up location.

TAXI from Gargrave: phone Gargrave Private Hire 07877 054698, see page A3

Gargrave Library

Open: Mon 4-7pm, Wed & Fri 2-5pm, Sat 10am-1pm.
Visit <http://prism.talis.com/northyorkshire/> to reserve or renew books online (first obtain your PIN no. from library)

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Refuse and recycling collection days

Collections	Gargrave – Mon & Tue	Coniston Cold – Mon
04-Feb / 05-Feb	Blue bag	Blue bin & blue bag
11-Feb / 12-Feb	Green bin	Green bin
18-Feb / 19-Feb	Blue bin, blue bag & brown bin	Blue bag
25-Feb / 26-Feb	Green bin	Green bin

Doctors

Gargrave Branch Surgery, Higherlands Close BD23 3RF
Tel 749226 from 8am. Open Mon-Fri mornings and Mon afternoon.

Gargrave C of E Primary School & Pre-School holiday dates

	School closes	School opens
Spring Half term	Friday 15 February 2013	Monday 25 February 2013
Easter	Thursday 28 March 2013	Monday 15 April 2013
May Day	Monday 6 May 2013	Tuesday 7 May 2013
Half term (Summer)	Friday 24 May 2013	Tuesday 4 June 2013
Summer	Friday 19 July 2013	

Magazine contributions, adverts and subscriptions

THIS MAGAZINE IS PRODUCED by St Andrew's Church for the benefit of the whole community of Gargrave & Coniston Cold parishes. We welcome short articles, news, notices of events, anecdotes, announcements, obituaries, letters & photos, free of charge, subject to space and relevance.

One-off adverts within the editorial are £9 per ¼ page, £4.50 for 1/8 page etc, payable to "St Andrew's Church, Gargrave", bank account no 30693561, sort code 20-78-42, or by cheque/cash to 2 Riversway, Gargrave.

Please email contributions, if possible, to gargravemag@btinternet.com. We can also accept short contributions by phone 01756 749443, text 07979 304914 or post to 2 Riversway, Gargrave, Skipton, BD23 3NR.

The deadline for the March issue is Thursday 7 February.

An annual subscription is £6 - contact Ruth Abbott 748483. Or receive it for free by email - gargravemag@btinternet.com.

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Are you currently experiencing financial difficulties and **need** help?

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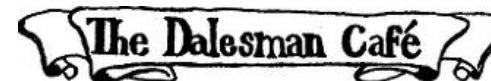
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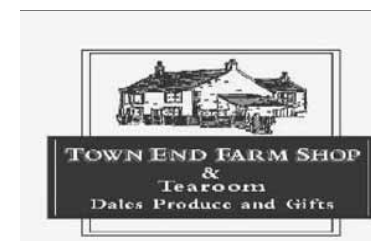
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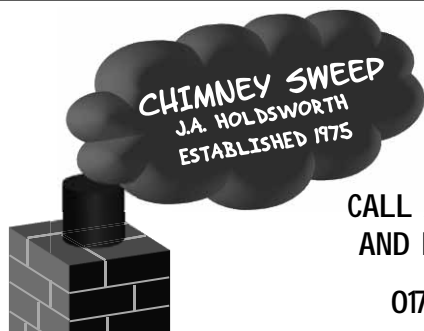
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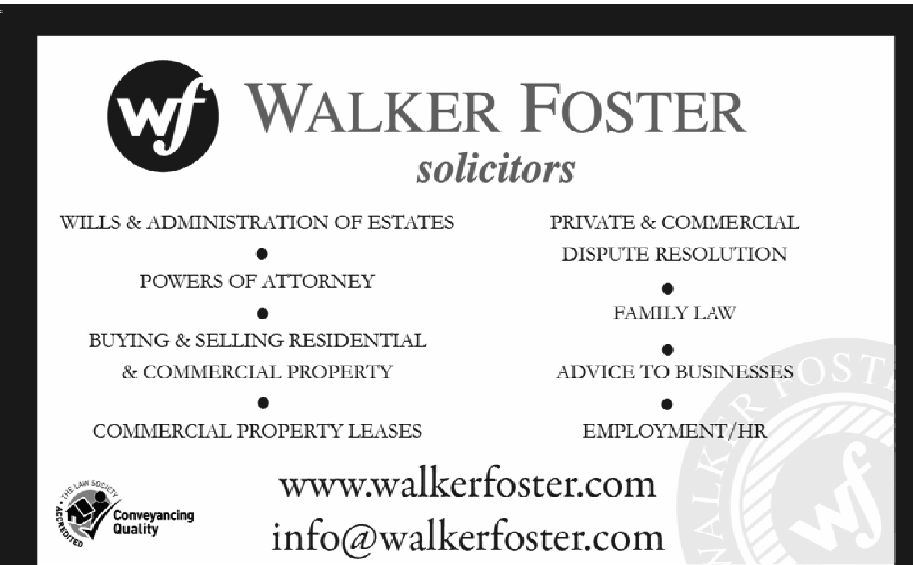
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