

GARGRAVE & CONISTON COLD

Parish Magazine



OCTOBER 2014

£1

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3 October	Comedy Double Act – Jaywalkers Theatre Company
11 October	Ceilidh – Dale Country Band
16-19 October	Arts and Crafts Exhibition
24 October	Educating Rita film
31 October	Swing Commanders
1-8 November	Tales of Old Gargrave Exhibition (+ refreshments 1-4 Nov)
7 Nov	Limited Edition Concert

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Clerk	Sandra Crawford	01729 830248
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Organisations Please let us know if you'd like to amend or add an entry

Stay and Play (0+) Village Hall Annex, Mondays 9.30-11.30am, Sally Thomas 748098 Rainbows (5+) – Debbie Gomersall 01729 830589 Brownies (7+) – Rose Turner 01729 825886 Young Farmers Club – Coniston Cold , Tues 7.30pm, Janet Bolland 01729 830505
Wednesday Club (over 60s) – Village Hall Annex, Wed 1.30-3.30pm, Veronica 749347 Phoenix Group (over 65s) – The Anchor Inn, alternate Thurs 9am-1pm, Jean McHale 01729 850329, 07775 880577 Meals on Wheels – Mon & Wed, Brenda Longbottom 749883
Bowling – outdoor Gargrave Bowling Club, Michael Cox, 748285 Bowls – indoor , Village Hall, Tues & Thurs 2-4pm, Mary Rushton 748908 Cricket – Gargrave Cricket Club (over 13s) Tony Cockshott, 07788 100199 Croquet – Craven Lawn Tennis Club , Gargrave, Tues 2-6pm, Roy Berry 748065 Cycling – Gargrave Tuesday Club , Dalesman Café, Tues 9.30 for 10am start, Thurs 10 for 10.30am start, Trevor Pickles 01282 844788 Football – Gargrave AFC (over 16s), Tues eve training, Sat games www.gargraveafc.co.uk, Caroline Thompson 749235 Golf – Mason's Arms Golf Society , www.masonsarmsgolfsociety.com, 749304 Hunt – Pendle Forest & Craven Hunt, Elizabeth Adams 01756 749772 Pilates – Village Hall Annex, Fridays 9am-10am, Beatrice Faulkner 749443 Tennis – Craven Lawn Tennis Club , Beth Whitley 749664, www.craventennis.org.uk Tai Chi – Village Hall Annex, Thur 7.30-8.30pm, Ian Cresswell 748540 Walking – GAP Group , meet Village Hall Tues 6.30pm, dogs welcome, Olive Coates 748379 Walking for Health – 1 st Thursday of the month, 10am, Jean Maxwell 748851 Yoga – Village Hall Annex, Wednesdays 9.30-11.30am, Sally Thomas 748098 Zumba – V. Hall (16+) Tues 5.45-6.45pm until 22 April; Thurs 5-6pm, Mon 1-2pm from 28 April Julia Priestley 07769 692471
Modern sequence dance – Village Hall, Mon 7.45-10pm & a monthly Saturday (see diary, p.2), John Stephenson 01535 632935 Chance 2 dance – Village Hall Annex, Tap (3-18, adult) Tues 4.15-7.30pm Ballet (3-18) Sat 9am-2.30pm, Theatre-craft Thur 5-6pm Jaki 0758 2086345 Thomson's Dance Centre – (3 - adults) School Hall, Sat am, Kathy Thomson, 07912 441913
Art - Gargrave Art Group – Village Hall, Mondays 1.30-3.30pm, Lesley Woodhouse 749421 Bell ringing – St Andrew's, Mon 7.30pm Sun 9.30am Davina Cockshott 07772 179561 Bingo – Village Hall Annex, 4 th Wed of month 7.30pm, Joan Philip 749468 Dog training – Village Hall, Wed 5-10pm, Helen & Brian Coates 751816 Fuchsia & Geranium Club – V.Hall, 1 st Wed of month 7.30pm, Paula Jackson 752175 Gargrave Heritage Group – Tues 10am, St Andrew's Church, Martin Thomson 748309 Knit and Natter – St Andrew's, Tues 2pm, Norma Brothers 748392 Mothers Union – Ethne Bannister, 749551 Parish Council Meeting – Village Hall side room, 1 st Mon of mth, or 2 nd on bank hols Pendle Forest and Craven Hunt – Elizabeth Adams 749772 Snooker Club – Village Hall Snooker Annex, every day, Stewart Smith 749340 Stan Drew's Community Choir – Ruth Abbott, 748483 WI – Village Hall Annex, 2 nd Wed of month 7.30pm, Moyra Sonley 749634 Masons Arms – Quiz Sundays 9pm, Acoustic live music 1 st Friday of the month The Old Swan Inn – Quiz Thursdays 9pm 749232

DAVID'S DISPATCHES

Rev David Houlton

IT TOOK JUST OVER A YEAR but now Heather and I are no longer the only ones living in the vicarage, and walking round the village, wearing dog collars. Sandy is a racing greyhound who was pensioned off after Easter.

The life of a racing dog is not that of a family pet! Sandy did not live in a family – canine or human. He was kept in kennels or cages and just let out to train, or to race.

His was the life of a professional. Racing greyhounds are trained to focus on racing... they don't get much affection, don't get to play with other dogs and, in the end, if a dog can't win it has to go! So, despite being a retiree, Sandy still needed to be house trained; he was highly strung – jumping at any sudden noise or sudden movement, and he stayed aloof from other dogs.

It's taken a while for him to be house trained, to feel relaxed around us and the many visitors to the vicarage, to start sniffing around on walks, to work out who to beg for biscuits on Low Green, and to want to play with the other dogs that run around together. But he is now well down the track to becoming a balanced, emotionally healthy dog who can relate well to humans and to other dogs.

In some ways Sandy's experience is an allegory for how life can treat us, and how we sometimes need help to get off the treadmills of life. The pressures of 21st century life can so easily keep us from living in the bigger reality that beckons to us from beyond "working hard and playing hard". Like Sandy, we need good healthy relationships with our own kind – humankind - and we need to learn how to relate to the Person who rules the place we live in – God.

I was in Chemical Engineering for 30 years, and learned a few things about the professional rat race: 1. in the end everyone gets beaten and, 2. when you are winning, it is a bit too easy to be a rat! But walking with God through life was a counterbalance to the dangers of the rat race. It also helped me when the time came to leave a successful career, return to college and study to become a vicar!

It has been quite an adventure, and never boring, following Jesus in my previous profession and now as vicar of Gargrave and Coniston Cold. But knowing God's presence and blessing on my home and in my professional life, and having good relationships with family and friends, has helped me live a happier, healthier life - and to know the purpose of my life. I can't recommend it more highly!



DIARY FOR AUGUST AND SEPTEMBER

See back inside cover for regular weekly events and meetings

Gargrave

Every Monday, Wednesday and Friday: Morning Prayer, 9am, Church

Every Tuesday: Communion, 9am, Church

Tues 30 Sept	Indoor Bowls recommences, 2pm, Village Hall
Wed 1 Oct	Fuchsia and Geranium Society Meeting, 7pm, Village Hall Annex
Fri 3	Comedy Double Act - Jaywalkers Theatre Co, 7.30pm, Village Hall
Sat 4	North West Book Fair, 10am to 4pm, Village Hall
Sun 5	Communion 8am; Sung Eucharist with talk about the Children's Society, 10.45am Church
Mon 6	Parish Council Meeting, 7.15pm, Village Hall Annex
Tues 7 Oct	Knit and Natter recommences, 2pm, Church
Wed 8	Women's Institute Meeting, 7.30pm, Village Hall Annex
Fri 10	Dance with Alan Cookson, 8pm, Village Hall
Sat 11	Coffee Morning, 10am to Noon, Village Hall Ceilidh with Dale Country Band, 7.30pm, Village Hall
Sun 12	Communion 8am; Morning Prayer 10.45am, Church Flea Market, 10am to 4pm, Village Hall
Thurs 16	Arts and Crafts Exhibition, 10am to 6pm, Village Hall
Fri 17	Arts and Crafts Exhibition, 10am to 6pm, Village Hall
Sat 18	Arts and Crafts Exhibition, 10am to 6pm, Village Hall
Sun 19	Communion 8am; Sung Eucharist 10.45am, Church Arts and Crafts Exhibition, 10am to 4pm, Village Hall
Wed 22	Bingo, 7.30pm, Village Hall Annex
Fri 24	Film night "Educating Rita", 7pm, Village Hall
Sat 25	Coffee Morning 10am to Noon, Village Hall Modern Sequence Dance. 7.30pm, Village Hall
Sun 26	Communion 8am; Morning Prayer 10.45am, Church Flea Market, 10am to 4pm, Village Hall
Fri 31	Swing Commanders, 7pm, Village Hall
Sat 1 Nov	Tales of Old Gargrave Exhibition, 10am to 6pm, Church
Sun 2 Nov	Communion 8am; All Souls Heritage Eucharist 10.45am, Church All Souls Memorial afternoon 2-4pm (remember family, visit the grave, light a candle, say a prayer. Special prayers every half hr) Tales of Old Gargrave Exhibition, 10am to 4pm, Church Flea Market, 10am to 4pm, Village Hall



Coniston Cold

Sun 5 Oct	Evensong 4pm, St Peter's
Sun 12	Book of Common Prayer Communion, 9.30am, St Peter's
Sun 19	Evensong 4pm, St Peter's
Sun 26	Evening Service 4pm, St Peter's
Sun 2 Nov	Evening Service 4pm, St Peter's

FORTHCOMING EVENTS

Jaywalkers Theatre Company – Comedy Double Act

Sally Thomas

This award winning company will present two short plays on **Friday 3 October** at 7.30 pm: "Last Tango in Little Grimley" by David Tristram and "Blind Date" by Peter Quilter. Entry is £10 per person, including a pie and pea supper. There will also be a licensed bar. Tickets can be bought from either Crossgates Health, Hair and Beauty, the Community Library, or by calling 749434.

Part of the proceeds will be donated to the ongoing costs related to the Gargrave Pantomime in 2015.

Dale Country Band Ceilidh

Sally Thomas

Carleton Endowed Primary School PTA is holding a ceilidh at Gargrave Village Hall from 7.30pm on **Saturday 11 October**. The entertainment will be provided by the Dale Country Band and a delicious home cooked supper is included in the entrance fee. Wine, beer and raffle tickets will also be on sale. Tickets are £10 and are available from Frances on 0792 8336607.



Festival

Charles Tyrer

Travel the world through stories in Settle from **Fri 10 to Sat 12 October**. Find out more at www.settlestories.org.uk.

Gargrave Art & Crafts Exhibition

Alan Poxon

It's time to invite you to this year's Gargrave Art & Crafts Exhibition, at Gargrave Village Hall from **Thursday 16th until Sunday 19th October**, the same duration as the Summer Art Exhibition. As per usual, we'll be setting up on Wednesday 15th, and the Committee would welcome anyone who would wish to help out, or volunteer to act as stewards, during the show.

As I travel around, visiting local shows if I can, it appears that times are still difficult, and reports suggest that all shows have had reduced support and performance. However, despite our Summer Exhibition receiving fewer pictures to be displayed, the number of sales increased on last year, so we must be doing



something right in Gargrave. I am so pleased that we have been able to support our Village Hall, and donate over £400 to local charities.

We have invited a few new people to exhibit with us this year, and we hope to keep the exhibition fresh and vibrant, without losing the support and appeal of our long-standing artists and craftspeople. There will be original paintings and photography, sculpture, limited edition prints, cards, gifts, jewellery, kites and much more. All work is produced by local artists and there will also be some demonstrations during the course of the show. This should be an excellent opportunity to see and buy things you will not see everywhere else, and just in time for Christmas!

For those exhibiting, I hope you have lots of interest, and sales of course, and to everyone else, we hope you enjoy our show. I look forward to seeing you there. Regards,

Alan Poxon, Chairman. 749686 and Raymond Payne, Secretary. 749727

Thursday 16th to Saturday 18th October, 10am-6pm; Sunday 19th, 10am-4pm,

Come and Buy Christmas Presents With a Difference

NET PROCEEDS TO LOCAL GOOD CAUSES



Film Night: Educating Rita

Dave Smith

On Friday 24th October we will be showing 'Educating Rita' starring Michael Caine, Julie Walters and Maureen Lipman. The film, shot in 1983, is a drama/comedy and was nominated for three Oscars. For this film we are going to have café style seating around tables rather than theatre style, and please feel free to bring your own refreshments and glasses. The doors open at 7pm with the film starting at 7.30pm. £5 Admission on the door.

Dance: The "Swing Commanders"

Sally Thomas

Dance. The 'Swing Commanders' have been booked to appear in Gargrave for the 4th year running on Halloween Night, **Friday 31 October** from 7pm. Their performance has been completely sold out in previous years, and tickets are selling fast for this year's visit by one of the best swing bands in the UK. There will be a licensed bar and hot beef sandwiches available. Tickets are available from Caroline (749235) or Frank (749609) at £10 per person.

"Limited Edition" Concert

Ruth Abbott

There will be a concert on **Friday, 7th November** at 7.30pm in Church for Church funds. We are delighted that "Limited Edition", a group led by Andrew Linden (Violin) from the village, has agreed to come again to play for us. They did a concert a few years ago in Church and performed for the Library in the Village Hall.

They play a very varied range of music which I am sure you will enjoy. In the interval there will be Cheese and Wine. Tickets are available at £10 each. I do hope you will come and enjoy yourselves. We don't mind if you bring cushions. We know church pews are not the comfiest of seats!!

The poster is set against a background of a faded map of Gargrave. At the top left, it says 'Gargrave Heritage Group' in a yellow serif font, next to a small pink flower icon. In the top right corner, there is a silhouette of a person in a cape with the text 'Is it a bird, or is it a bat? No it's the Yorkshire Birdman!' in a playful font. The main title '“Tales of Old Gargrave”' is written in a large, elegant black script. Below the title, the dates 'Saturday 1st to Sunday 9th of November 2014' are printed in a bold, black serif font. Underneath the dates, the hours '10 a.m. - 4.p.m. daily (Times Subject To Change)' are written in a smaller black serif font. Further down, it says 'Refreshments available Saturday, Sunday Monday and Tuesday' in a black serif font. The poster features several small images and text boxes: a tilted image of a manuscript page with the caption 'Examine the Village's entries in the Domesday Book'; a black and white photo of a street scene with the caption 'What was an elephant doing in the High Street?'; a photo of a white two-story house with the caption 'What's the connection between "Wuthering Heights" and Robert Storey's house?'; a map of a churchyard with the caption 'Is the original James Bond buried here?'; and a photo of people in historical dress with the caption 'How did the local mill owners try to fix cricket matches and did they succeed?'. A central text box reads: 'Set in the historic surroundings of St. Andrew's church, this unique exhibition explores tales of old Gargrave through the stories of the people who lived and worked in the village'.

Art courses with local Artist: Beverley Ann Hicks

A range of courses on offer, from:
Mixed Media Techniques, Drawing,
& Acrylic Painting

Courses held in Airton Barn.
Applicable for all abilities.

**Next course – Mixed Media
Fri Nov 21st – 10am – 4pm**

I can also organise dates and courses to suit
individual needs of groups of 4 to 6 people.

Booking essential.

For more details contact me on:

01729 830 325

beverley.hicks1@btinternet.com

www.beverleyhicks.co.uk

JULIAN SMITH MP SURGERY DATES

SKIPTON

Friday 24 October, 4-5pm
at Soroptomist Rooms, Otley Street

AGRICULTURAL SURGERIES

Wednesday 12 November, 11am-12.30pm
at Skipton Auction Mart

Wednesday 12 November, 2.30-4pm
at Bentham Auction Mart



Please book an
appointment by e-mail:

julian.smith.mp@parliament.uk

or phone: 0207 219 7145

website: juliansmithmp.com
twitter: @juliansmithmp

Quiz Night

Sally Thomas

This will be run in the Village Hall by an experienced quizmaster; teams are invited to partake at a cost of £5 per person with a limit of 4 people per team. Cash prizes will be given and a pie and pea supper is included in the entry fee. There will be a licensed bar available during the evening from 7pm on **Friday 21 November**. For team entries please contact Caroline on 749235.

Hobbies and Crafts Weekend

Sally Thomas

This will take place on **Saturday and Sunday 6 and 7 December**. The Hall will be full of stalls selling a variety of crafts including rag rugs, textiles, jewellery and cards. Many of the stallholders will be demonstrating how their finished products are made. The event is an ideal opportunity to purchase some very exclusive Christmas presents. Entry is free, and refreshments will be available during the entire weekend. Please contact Caroline for any further details on 749235.

NEWS

Nativity Play Resurrection

Ruth Abbott

We are proposing to "resurrect" the Gargrave Nativity Play for the service on **Sunday 14th December** at 4pm. It will not be exactly as it was before, but you can't change the story!! Katie Milner (Wendy's daughter) who is studying Drama at Liverpool and has recently played at the Edinburgh Fringe has put a new look to it. There will be the same costumes and the familiar words and music. However we do need help to produce it again.

We would like anyone who would like to join the Stan Drew's Choir to let us know; anyone who would like to help with the costumes, anyone who could help to direct it that evening, anyone who would like to take part etc etc. All parts are non-speaking ones (apart from the narrator)! Willing hands will be most welcome. We shall, of course, have to have 2 or 3 rehearsals, and the Dress rehearsal will be on Saturday 13th December, again at 4pm.

As Katie is back at college, could you please ring Ruth Abbott on 748483 with your offers of help. I shall be delighted to hear from you.

Prayer Circle

Carol Wilson



Our newly-formed Prayer Circle at St Andrew's Church is eager to pray every day for those in need in Gargrave and beyond.

Please don't hesitate to request prayer, for whatever reason: for yourself, a loved one or someone about whom you are concerned. Please be assured that confidential information will be treated with respect and care within the Prayer Circle. Each one of our members will pray for you, or those you care about, quietly, in their own home every day.

We will be very happy to pray for you. The members (currently nine of us) will meet every couple of months to see how the people we are praying for are getting on and it would be wonderful, and helpful, to hear from you in this regard.

The Prayer Circle can be contacted by phoning Carol Wilson on 748695, or by sending her a text message on 07947 164597. If you would prefer to send an email, contact Gargrave.prayer@gmail.com which will be acknowledged by either Carol Wilson or Alison Ford. Alternatively, written prayer requests can be put into the locked wooden box beside the kitchen inside Church. (These contact details are also on the inside front cover of this magazine.)

In addition, you can request prayers for inclusion during intercessions in a Church Service - this will normally be done on a Sunday or a Tuesday. There is also opportunity for prayer as well as bible study and sharing at the Home Group on Monday evenings - all welcome.

The co-operative - home to Community Defibrillator

Gill White

The Co-operative Food store on the High Street in Gargrave has been fitted with a defibrillator for the local community to use in medical emergencies. The defibrillator is accessible 24 hours a day, 365 days a year. It is released to any member of the public through a code provided on a 999 call to the ambulance service.

Yorkshire Ambulance Service NHS Trust has installed the life-saving equipment at the front of the store, which it identified as the most central, and prominent, location in the village.

Gill White, Store Manager, said: "Our store operates in the heart of the local community so it's an ideal location for a defibrillator to be kept. The availability of a defibrillator can be the difference between life and death, so we hope it's reassuring for people to know that this facility is now available in the centre of Gargrave. I feel that it is of paramount importance that local residents are aware of the defibrillator location and how it can assist with medical emergencies prior to an ambulance arriving in the village".

The defibrillator, which is one of 100 being fitted in rural locations across Yorkshire by the Ambulance Service, is a machine that gives the heart an electric shock in some cases of cardiac arrest. They can help save lives, as for every minute that passes without defibrillation, chances of survival decrease by 7 - 10 per cent.

Dave Jones, Community Defibrillation Officer at Yorkshire Ambulance Service, added: "Time is of the essence in many medical emergencies and the first few minutes are critical and, if effective treatment can be provided as early on as possible, then lives can be saved and disability reduced. Therefore, as part of our initiative to site defibrillators at rural locations across the county, the Co-operative Food store in Gargrave was the perfect place as it is in the centre of the local community."

Yorkshire Ambulance Service NHS Trust covers almost 6,000 square miles of varied terrain from isolated moors and dales to urban areas, coastline and inner cities and provides 24-hour emergency and healthcare services to a population of more than five million people. The organisation receives an average of 2,180 emergency and urgent calls per day and employs over 4,600 staff.

More than 270,000 people suffer a heart attack in the UK each year, about a third of whom die due to cardiac arrest before reaching hospital. A cardiac arrest most often occurs as a result of a heart attack, when the heart is starved of oxygen. Cardiac arrests cause the heart either to quiver, known as fibrillation, or stop beating altogether. Defibrillators work by delivering a controlled electric shock through the chest wall to the heart to restore a normal heartbeat after a cardiac arrest. The faster this treatment is delivered, the better the outcome for the patient.



Operation Christmas Child Shoe-Box Appeal

Marie Chapman

Once again Poppyfields florists of High Street, Gargrave are collecting shoeboxes filled with toys, soap, flannels, pens, pencils, writing books etc for boys and girls from the poorest parts of Europe. The ages are boys 2-4 years, 5-9 years, and 10-14 years and similarly for girls. Please call in for a covered shoebox or for further details.



Collection Box Opening

Sylvia Humphreys

The time is almost here to open the collection boxes for the Children's Society, so please make a note in your diary or on your calendar. Everyone with a box is invited to bring the box to 6 St. Robert Close on Sunday, 5th October between 2 and 4 p.m. If you do not have a box but are interested in accepting one, you are very welcome to attend. Light refreshments will be served. If you are unable to attend please telephone 748779 so that alternative arrangements can be made to collect your box.

As some people are not familiar with the Children's Society, Michael Bland has kindly agreed to present a short talk on the Society's work during the 10:45 a.m. service on that Sunday.



News from your Library

Dave Smith

The Library has had a busy and productive summer and we are currently meeting all the targets set for us by North Yorkshire.

One of our greatest successes has been the Summer Reading Challenge 'Mythical Maze', which is targeted at primary school children. Numbers joining the scheme are well up on last year and our thanks go to the local schools and the Library Volunteers for their efforts in promoting the scheme.

For pre-school children the Library runs the 'Book Start Bear Club' reading scheme for 0-5 year olds. If you've got a toddler in tow please bring them down to the Library and ask one of the Library Volunteers to enrol them onto the scheme.

From the very early days the Community Library has received magnificent support from the Gargrave WI and none more so than on the Tour de France film weekend, when the WI decorated the Village Hall, organised the supply of a variety of cheeses, sliced the cheeses and arranged the slices onto 120 plates in a specific order to correspond to the tasting notes. Lubrication for the evening was, as usual, expertly organised by Roland and Sally, and the Library would like to thank everybody involved in making the evening one of our most successful and enjoyable events.

On Friday 24th October we will be showing 'Educating Rita' - see page 4.

If you would like to help keep the Library running and are able to spare 3 hours a month to help behind the counter, please have a chat with one of our current volunteers or speak to our Volunteer Coordinator, Patsy Simpson (749489), for more information.

A reminder that Gargrave and Malhamdale Library, although a Community Library, is still part of the NYCC Library service, and as such a NYCC Library Card can be used in our Library. If you have a card issued in Skipton or any other North Yorkshire Library you can use the card in Gargrave Library. Similarly you can return Skipton books to Gargrave or Gargrave books to Skipton.



Home Delivery Service

Dave Smith

What is the Home Library and Information Service?

Bringing the library service to you!

Would you like to have books delivered to your home?

North Yorkshire County Council's Home Library and Information Service provides a free home delivery service for people who, perhaps because of ill health or disability, find it difficult to get to the library or to carry books. The service is for people of all ages, and we offer access to books, large print, audio books, DVDs, CDs, children's books and information.

It's easy to join, just phone or email us, or contact your local library. We'll ask about your reading interests, and then choose books especially to suit you. You can also request your favourite books and authors - and it's all free!

We have teams of friendly volunteers all over Craven who deliver your books to you every fortnight. You'll get to know your regular volunteers and many readers enjoy a chat as well. If you prefer, we can choose your books and you can arrange for a friend or relative to collect and return them.

If you would like to have books delivered, please ring 0845 034 9537 or email settle.library@northyorks.gov.uk to find out more.



Girl Guiding – Room for more



Debbie Gomersall

Malhamdale Rainbows currently have places available for girls age 5 and 6. We meet in Gargrave on a Tuesday evening during term time for games, craft and fun. If you are interested, please contact Debbie Gomersall on 01729 830589 or email malhamdale_rainbows1@hotmail.co.uk for more information, or login to www.girlguiding.org.uk and click on "Get Involved" to register your interest.

Malhamdale Brownies is currently full, but if you would like to put your name on the waiting list please contact Rose Turner on 01729 825886, or login as above on the Girlguiding website.



Pendle Forest and Craven Hunt

Elizabeth Adams

Pendle Forest and Craven hounds have now started the season. The young puppies have been trained with the older pack at early morning meets throughout September. This gives them a chance to "learn their trade" and starts to get the hounds fit and ready for the new season.

The opening Meet is to be held at Broughton Hall on Saturday 18th October.

We have a hunt social evening on the 9th October at the Buck Inn at Paythorne, Gisburn. This will be a fun night with Horn blowing, stock tying

competition, photo quiz and children's activities. If you want to learn about hunting and how it works please come along and join in.

Pilates - October

Bea Faulkner

The Pilates group meetings this month will be at:

9am on Fri 3 Oct	10am on Tues 7 Oct
9am on Fri 17 Oct	10am on Tues 21 Oct

in Gargrave Village Hall's Annex. There will be a week's break for half term (last week of October) and then we will resume to meeting weekly on Fridays at 9. For further details, contact 749443 or 0777 898 0994.



Sri Lanka Report

Ela and Hattie Lindley

In July we completed our Sri Lanka World Challenge. The treks were tough, especially Adam's Peak, which is 2,243 metres high (bigger than Whernside on top of itself three times), in temperatures of 30°C. We really missed home comforts - especially the shower!

Then we travelled to Walasmulla School, where we renovated classrooms, taught English, painted a huge periodic table and world map on classroom walls and organised tag rugby and rounders after school for the children. They were very interested in Charles Dickens, so we helped them put on a production of "Oliver Twist". After Walasmulla we moved to a monastery where we carried out renovation work on a community room in which children come to be taught by the monks. All the work was carried out by hand, which was very hard but extremely rewarding.

Thank you to everyone who has supported us in this project. This has enabled us to contribute and provide resources to enrich lives in a struggling community both now and in their future.



Volunteering in Tanzania

Calumn Robertson

In the April edition of the Parish Magazine I told you about my forthcoming volunteering expedition to Tanzania with Raleigh International. I returned from my 5 week expedition recently, and I thought that you might be interested to hear how I got on.

During my 5 week trip I gained a lot of knowledge, not just about myself but also about Tanzanian life and culture. I spent the majority of the trip on a project in Mangula with 14 other volunteers creating beehives which prevent elephants from entering the village, whilst also producing honey for the community. Although we had some problems initially we made huge progress. Raleigh's aim is to hand over the operation of the beehives to the local farmers within 3 to 5 years. We also spent time in the local schools where we taught the children about the beehive project, held sports days and delivered hygiene lessons.

In the final week I spent 6 days trekking in the Iringa region covering 10-15km a day using a GPS and compass to get to the next destination. In the first

two days we stayed with two tribes, the Mangatti and Massai, which was a wonderful experience and something which I'll remember forever. The tribes were incredibly welcoming, and it was great to experience their culture which was something completely different to the way rural Tanzanians live.

There are so many things that I can take away from the experience of volunteering with Raleigh International, but I think that I am more confident and I've had the opportunity to further develop my leadership skills. Most of all I understand that you really don't need to have many possessions to be happy – the people of Tanzania have so little, yet they enjoy every day and are always smiling.

Thank you to everyone who encouraged me and supported me with the donations which made the trip possible.



Craven Lawn Tennis Club, Gargrave

Beth Whitley



The grass court season has just finished with a flourish and the season's events have been decided.

The season-long John Hill Cup competition was won by Edd Walker, and the season-long Vera Fell Trophy competition was won by Sally Clarke.

On a day of glorious sunshine the finale to the season, the President's Day Mixed Doubles event, was played with a record entry, and the winners were Penny Crisfield & Graeme Southam with Kelly & Ben Chambers the runners-up.

Although the grass court season has now ended, there continues to be plenty of tennis & coaching over the coming

months on the club's hard courts, and reduced price memberships for the 2014/15 season, which ends on 31st March 2015, are still available. Anyone who may be interested please contact Club Secretary, Beth Whitley, on 01756 749664 or email secretary@craventennis.org.uk.



Knit and Natter

Norma Brothers

We are starting for the autumn on Tuesday 7 October, meeting weekly in St Andrew's Church at 2pm. All welcome. Contact Norma on 748392.



Coniston Cold Young Farmers

Peter Walton

Over the summer we had a farm walk and viewed the Ribblesdale Jersey dairy herd, joined fellow clubs for the Settle District Annual Sports, joined in the Settle District 7 a side & rounders, had an evening of orienteering and practised judging in preparation for the Semple Trophy

On August 9 we had our annual show at The Richard Tottie Memorial Hall and adjacent field at Coniston Cold. There were entries of sheep, calves, poultry and pets with indoor competitions including handicrafts, cooking and artwork. The members were lucky with a nice sunny afternoon which was not forecast.

Coming events include a visit to a sheep milking farm in Chipping, a night at a golf driving range, a bowling evening, a quiz night and the Annual Dinner.



Gargrave Show – Fell Race Report

Caroline Thompson

The fell races at Gargrave Show are going from strength to strength with competitor numbers increasing each year. There were 92 entries in the Senior section and 160 in total when all the Junior numbers were added together. The race features one of the best multi terrain courses in the North of England and is suited to runners of all abilities.

Richard Mellor, a veteran runner, had travelled from High Peak in Derbyshire especially for the race and 57-year-old Brian Davey, a member of the Southport Waterloo running club, had made the journey from his North West coastal town. Emma Craig had made a long trip from North of the Border and the Commonwealth games City of Glasgow. She joined her brother Jimmy Craig, who lives more locally at Hellifield, on the start line.

Twenty four year old Jimmy is a member of Barlick fell runners, is enjoying an excellent season and he dominated the race from start to finish - his diminutive frame seemingly carrying an exceptional lung capacity! Jimmy was awarded the Silenight trophy for his endeavours, which has been held in the past by the fell running legends of yesteryear: Reeves, Sedgewick, Stuart and Hawkins to name just a few.

Second place went to 22-year-old Duncan Birtwhistle of Bishop Monkton, a member of the University of Bristol Orienteering club and a former member of the British Junior world Orienteering team. Third position went to Julian Hood a Barlick fell runner who lives in Skipton.

First home for the ladies was a former English junior fell running champion, Wharfedale Harrier Emma Hopkinson, who was in overall seventeenth position. First local was William Beckwith of Gargrave in a very impressive ninth position overall.

The Junior section even had competitors from Colorado in the USA, so Gargrave show fell race can now officially say it attracts runners from all over the World!

Horwich RMI Harriers had included the Gargrave show fell races in their Junior fell running championship points race calendar. The Bolton based club was established back in 1924 by a group of enthusiastic workers from Horwich Railway Mechanic Institute. Seemingly, the club's links with the railway were so strong that the club's running colours were taken from the red of the engine and the black of the wheel trims, hence the black and red running vests of today. Many of the Junior runners from Horwich also had their parents running in the Senior race, which seemed to be a strong feature throughout the event. Pleasing to know that the races have a strong family ethic.

Brother and sister, Will and Katie Atkinson of Gargrave, are both members of Keighley and Craven Athletics Club and they both won trophies in the local race section. Katie is a pupil at Skipton Girls' High school and is a North Yorkshire Cross Country running champion; she has also tasted success in the 800 metre event at the Yorkshire track and field championships. Katie was the first girl in the under fourteens race but nearby neighbour 10-year-old Charlotte Barrett was first girl in the under twelves race, therefore the Weatherill trophy for the highest placed local female was presented to both girls. Charlotte is a member of the Wharfedale Harriers and is currently enjoying a successful season on the BOFRA fell running circuit. She can look forward to taking part in school athletics competitions now that she has moved to secondary school.

Kate's brother Will is beginning to put increased pressure on his fellow competitors, and he was second in the under twelves race so he was awarded the Donald McKell trophy for the highest placed local male from any age group.

Members of the local running clubs took top honours in most of the Junior sections (Keighley & Craven, Wharfedale Harriers and Barlick Fell runners).

Well done to all the Gargrave residents who took part, from children in the under nines age group through to the adults in the Senior race.

Please take a look at Dave and Eileen Woodhead's photographic website: woodentops.org.uk. They literally took hundreds of photographs; if you competed there will be a photograph of you!

More about the Show on page 24

Take

I have kleptomania, but when it gets bad, I take something for it.

Confess

A man walked into a vicar's study and confessed: "I think I'm addicted to Twitter." The vicar looked at him and replied, "Sorry, I don't follow you."

Budget

I have enough money to last me the rest of my life, unless I buy something.

Cheese

They say cheese gives you nightmares. Ridiculous! I'm not scared of cheese!

In July our first event was connected with preparing and serving cheese and wine for the people who attended the film show at the village hall. This was in aid of the village library which we have agreed to befriend. The work involved in cutting up the cheese took a surprisingly long time, but everyone seemed to enjoy the evening and happily a useful sum of money was raised as well. Our thanks go to Kate Darley and her helpers for doing all the work.

We had an interesting and amusing talk from a former Health Inspector who was able to give us some idea of the work he had done most of his life. He was always anxious to help people to understand the regulations rather than to work towards a prosecution. This approach did not please some of his colleagues but he felt it was the fairest way to go, even though he sometimes found himself in embarrassing situations, often arising from misunderstandings or ignorance rather than wilful folly. Since his retirement he has spent his time writing and giving talks about his experiences.

We were also lucky to have a very informative & unusual talk in August about the cheeses, now on sale locally in "The Courtyard Dairy". Our speaker was Andy Swinscoe whose shop is in this complex on the road to Settle. He assured us that the place was dark, cold and damp, the ideal conditions for keeping cheese, but patrons are offered a cup of hot coffee while they decide what to choose. All his cheeses are made by farmers who have herds of modest size and cannot hope to supply the quantities needed by supermarkets. They use time-honoured recipes with their own unpasteurised milk, and mature the cheese in cellars in the traditional way. As a result the products have delicious and highly distinctive flavours and are now increasingly sought by buyers for high-class restaurants.

Andy told us about the history of cheese, and his own career both here and in France. He was obviously enthusiastic and delighted to be able to make a living selling a product which is so much better than the ordinary mass-produced stuff, and to help the local economy as well as keeping traditions alive. He had brought three different cheeses for us to taste and a selection for sale.

After this we were in the mood to discuss the arrangements for our display at Gargrave Show. This year we had a number of entries from the Group Show which attracted notice and stewards were kept busy answering questions.

We always hope to gain some new members and anyone is welcome to come as a visitor to our meetings on the second Wednesday in each month at 7.30 pm in the village hall annex. In October we have a social evening after the Annual Meeting at which we must elect a new President and other officers; in November the talk is about North American beadwork.

When Adam met Eve

The topic for my class was palindromes, which are, of course, words or sentences that are the same read forward and backward. I asked the question 'What is the first thing Adam said to Eve?' I was expecting 'Madam, I'm Adam', but one student had a better reply: "Wow."

LETTERS (1)

My name is Cath Wilson from Lothersdale, and I have recently been elected on to the Council of Governors of Airedale NHS Foundation Trust (ie Airedale General Hospital). The area I represent is South Craven, (which includes Gargrave & surrounding areas) so I am your representative regarding future/current developments & management of services within the Trust.



However without hearing or understanding **your** views about **your** local hospital I cannot represent youso let me explain how you too can influence the future progress of care delivered by Airedale NHS Foundation Trust.

Airedale NHS Foundation Trust is an award winning NHS hospital and community services trust. It serves over 200,000 people from West and North Yorkshire, as well as East Lancashire, with care that is personalised and of high quality, both in hospital and in the community.

NHS Foundation Trusts are free from central government control and have the freedom to make decisions for themselves. However, statutory requirements need to be maintained along with a duty to deliver the hospital functions effectively, efficiently and economically. This means that Airedale Hospital has more freedom to make sure future plans best meet the needs of the community which it serves and are more accountable and answerable to local people through the Council of Governors.

Any adult who lives in the area that Airedale Hospital serves can become a member of Airedale NHS Foundation Trust. This enables you to vote in the elections for a Governor to represent your area on the Council, have access to free events/health talks/open days/behind the scenes tours, to receive a copy of the newsletter 'Your Hospital', with all the up to date news & development and much more. There is no charge & your contact details are not shared with anyone else.

Should you wish to contact me about any issues you may have regarding Airedale Hospital / becoming a member of Airedale NHS Foundation Trust, or if you would like me to come and talk to a group, then please use the contact details below. I look forward to hearing from you.

Email cath.wilson@nhs.net, tel: Membership Office at Airedale General Hospital – 01535 294540- and your request for contact will be passed on to me.

When all else fails

My friend and I delivered a large refrigerator to the local priest's home. With difficulty we had managed to get the fridge into the porch, but struggled for over 20 minutes to make the 90-degree turn through the narrow door. The priest, seeing our difficulty, asked what we usually did when confronted with such a situation. Rubbing some badly skinned knuckles, I replied, "Well, Father, at this point we usually start swearing."

"That's fine, gentlemen," Father replied, "just allow me time to move out of earshot, so you can continue your work."

LETTERS (2)

Dear Rector

I met you on the corner by the Masons Arms as you were about to go to the Great Yorkshire Show. We were on holiday and had been into Church where we were welcomed by your World War I committee. They inspired me to come back to Norfolk and do something here. After the Service, when we were home I mentioned it and the congregation were unanimous in their support. In two weeks our Lay Reader and Rector put a celebration together.

On the day, 4th August, the village rallied round in great numbers and we had a service by the memorial on the village green, and then prayers and tea in Church.

We were overwhelmed by a congregation double that of Easter or Christmas. Thank you to Gargrave for the idea – inspiration and a great welcome where we met you all.

Richard Brooks



FROM THE DIOCESAN NEWS

Forest Church comes to Skipton

Forest Church is a new expression of church which many were introduced to in Harrogate's Valley Gardens on the 'Day Out' in June.

This month, for those who want to find out more, there will be a one day introduction to Forest Church taking place in Skipton

on October 23rd with Bruce Stanley of Mid-Wales Forest Church.

There are now thirteen groups in the UK, and the idea is taking hold elsewhere. "One thing all Forest Church groups have in common is that they are not a fellowship group doing an outside activity. They are attempting something more radical – to connect and participate with God's creation."

Those who take part should bring appropriate clothing and footwear. The all-day event will cost £65, and more information and booking is at <http://tinyurl.com/nh56ba2>.



HEDGEHOGS IN OCTOBER

Morris Charlton



THE AUTUMN JUVENILE SEASON is upon us. There is only one thing on every hedgehog's mind and that is to eat, eat, eat and get fatter and fatter and fatter. Thin underweight hedgehogs will not be able to survive hibernation so often they do not try to hibernate. However as their natural food supply disappears, as it will as the weather gets colder, they will slowly starve to death.

Hedgehogs seen "hibernating" in the open (or even just in plain sight)

will most likely be dying of hypothermia. Hedgehogs that are not in a ball, e.g. lying on one side will not be hibernating and again they are likely to be hypothermic (cold).

Small hedgehogs seen out in the day and mobile usually need help too. Those that are hyper-active and rushing about can actually be in greater peril than those that move about at a steady pace looking for food. Look at the BHPS's leaflet on Autumn Juveniles as this gives you far more information about these juveniles than I can give in a short article. Check out www.britishhedgehogs.org.uk.

Providing food can attract both those that are desperately searching for food as well as your regular visitors. Regular visitors are less likely to need rescuing as whilst they need feeding up they are less stressed because they know of a regular supply of food and will doubtless have a nest near to that food source.

Regular visitors to your garden can be monitored more easily. Mark them with some coloured nail varnish or quick drying emulsion paint (not red or it can be mistaken for blood and the hedgehog 'rescued' unnecessarily). Just mark a few prickles towards their back end and do not get it on their skin. If the smaller ones can be weighed regularly, you can monitor their weight gains, and those with a steady weight can usually be left in the wild. Those not putting on much weight, or worse still, losing weight, even when adequate food is provided will need extra care. Even if you cannot weigh them you should be able to tell whether they are thin (pinched in at the back end) or thriving (nicely rounded at the back end). The thin ones and the hyperactive ones need to be rescued. The sooner you can establish that they need help the sooner they can be rescued and the greater their chances of survival. However, if in doubt, it is better to rescue than to leave them.

If you are concerned about any hedgehog, or you see one out in the day, contact the British Hedgehog Preservation Society on 01584 890801 (if you can weigh the hedgehog first that is always helpful, but do use gloves when you handle them). For more information about hedgehogs and how to help them, visit the BHPS web site at www.britishhedgehogs.org.uk.

MOYRA'S MIGRATIONS

Moyra Sonley

Phoenix to Salt Lake City Part 5

AFTER THE SERVICE in the Mormon Tabernacle, we went for a walk round the city centre. It was a lovely warm, sunny day but nevertheless we were somewhat surprised to see a very pretty young woman on roller blades skating round the streets. She was wearing a pink leotard, a sparkly tiara and carrying a little wand. We had no idea what it was all about and nobody took much notice of her, so perhaps it was a regular occurrence.

I think we stayed three nights with my relatives and, not wishing to outstay our welcome, we found a motel for a few further nights. We hired a car again and went across the Great Salt Lake Desert towards Nevada. The area is the remains of an enormous salt lake dating from the Pleistocene era, and this is where the Bonneville Flats are used for setting the car and motor-bike land speed records. The whole area is very flat and brilliant white because of the salt, and extremely hot. The road runs dead straight for miles.

We drove to the Utah - Nevada border and crossed it and into the first town which was about half a mile away. There are no casinos in Utah, but Nevada is in complete contrast to this; think of Las Vegas! We decided to have a look at one of the casinos, so went in. It was all bright neon lights and garish colours. All types of gambling going on, rows and rows of slot machines with people fervently feeding money in to them and seemingly unaware of anything around them. If anyone wanted food or drink, there were people there to take their orders and bring it to them so they didn't have to stop spending money. There are no clocks to remind them of the time passing and no windows either to remind them of the world going on outside. Not being a gambler myself I found it very unpleasant seeing people being manipulated and having money squeezed out of them, but of course, I realise that it is their choice.

We had something to eat and set off back and after some miles came to a sign for the Bonneville Flats, so we stopped to have a look at the information signs about the various land speed records and who had held them. There was a sign-posted road leading down to where the records are attempted, so we turned down this road. As I said, the salt surface is a brilliant, shimmering white and you can get the mirage effect that we sometimes see on our roads on a hot day when it looks like water. Well, this was the effect that we had on this road. We both said, "Oh, it just looks like water," then I shouted, "**STOP - IT IS WATER!**" Apparently the area is flooded sometimes, but there were no warning signs. Dave managed to stop just short of the water, much to our relief.

Then an uneventful trip back to Salt Lake City where we handed in the car and went to the airport to enquire about flights home. We had open-date return tickets and were able to get a flight back to Heathrow two days later after a very interesting holiday.

THE END

FARMING ON SCALEBER HILL

John Hall

AUGUST IS UPON US, the summer passes all too quickly and autumn tints begin to appear, dare I say one of the quieter months on the farm.

After lambing time, the usual dash to spread all the manure and fertilizer, clear the meadows, select the time to make silage when the weather is right. Despite all the modern machinery there never seems to be time to cope with all the jobs. However, it is August, a time to reflect on the year's work. Silage is in store, the lambs are grown, the cattle are well summered, and it is show time. I mean the three local shows, Gargrave, Malham and Kilnsey. A time to meet many connected to agriculture, be it machinery, medicines, new systems or just meet friends old and new. For those with a competitive nature to show their pride and joy in the show ring.

When Gargrave Show first started, it was as a calf show with the idea to improve the quality of cattle by competition. A field in front of what was then Johnson & Johnsons was used. Over the years as the show has enlarged other fields on Eshton Road have been used. Eventually we were given permission to use the field in front of Eshton Hall, which everyone agrees is a wonderful setting. Our grateful thanks to all who allow us to use the fields on show day for the show, the car parks and the fell races.

A show of course doesn't just happen. It takes a dedicated team of helpers to put on a show with a lot of time and effort needed. The aim is to continue a country event which has lasted several decades with something for everyone who enjoys being outdoors.

A display of the best of cattle, sheep, horses, dogs, pets, not forgetting the vintage tractors and implements, stands of new machinery and stalls of all descriptions. The fell race attracted a large number of runners with races for all ages. This year the poultry show was one of the best ever seen at Gargrave, which attracted entries from far and wide.

As the show has continued over the years, it has become part of the culture and must be preserved if at all possible. Due to increased costs of running the show and health & safety issues to address, all contributions are gratefully received. The show committee are always looking for new members with new ideas or help in any form. We do hold other events to balance the books, like the sheepdog trials in July and homemade buffet dance with



"Delivery for whoever ordered the trendy alternative to a basket of groceries..."

Denis Westmorland in February in the Village Hall.

Over the last few years, a summer ball has greatly improved the reserve in case of a wet show day which may drain the funds. We are so fortunate to have three village shows in the area.

They all depend on local support.



GARGRAVE C OF E PRIMARY SCHOOL

Sarah Peel (Head Teacher)

"Every child counts, every child contributes"

WE ARE DELIGHTED to welcome 15 new pupils to Reception. They have quickly settled in. Here are some pictures:



Families with younger children: Prospective pupils and their families are most welcome to see the school at work, please ring Mrs Aldous to arrange a time. Parents of pupils due to start school next year need to complete a local authority on-line application form and school admission form, copies available from our school office.

Friends of Gargrave Primary School PTA are recruiting a new committee in October. The AGM will take place on Wednesday 22 October. If you are a parent

of a child at Gargrave Primary School and would like to join the PTA fundraising team or can provide support at events please telephone current Chair Andrea Gaskell on 01756 749963 / 07784 460 493 for more details.

Back to school

Young James finished his summer holidays and went back to school. Two days later his teacher phoned his mother to tell her that James was misbehaving. "Wait a minute!" protested his mum. "I had him here for weeks and I never once called YOU when he misbehaved!"

GOING GREEN IN GARGRAVE

Duncan Faulkner

AUTUMN IS MY FAVOURITE SEASON. The mists enveloped Gargrave even before August was out this year and our pear and plum trees nearly collapsed under the load of their mellow fruitfulness. Even the darker nights for me evoke the possibility of new beginnings. However, as the sun's rays weaken we need to turn to other sources of light and heat.

In 2012, I wrote a Going Green article on energy use and the quest for more renewable sources. Now, two years on, the proposal for wind turbines at Brightenber Hill has been finally turned down – again. So are there any non-windy prospects for local clean energy, or will we need to keep relying on other parts of the country – or the world – to keep our lights on and our houses warm? I can think of three main possibilities: solar power, hydro electricity and generation of both electricity and heat from biomass.

Solar power

Ultimately much of our energy is derived from the sun, which was shining even back in Carboniferous times to grow all the plants and marine life that now provide most of our power in the form of coal, oil and gas. Gargrave isn't the sunniest part of the country, but solar power is still a viable option. It can be used either to heat water or to generate electricity, via photovoltaic (PV) panels. We installed PV panels three years ago and they have provided an average of 6 kWh per day, more than our long-term average electricity consumption – although of course nothing at all during those long winter evenings.

If it were not for Feed-in Tariff payments from the government, solar PV would be a relatively expensive renewable energy source. There are much cheaper ways of reducing greenhouse gas emissions. Large-scale solar generation is more likely to be worthwhile in sunnier areas of the world, and anyone who has been to the south of England recently may have seen fields full of solar panels.

Hydro-electric

Falling-water powered mills in Gargrave and Bell Busk for centuries, as we have seen in George Ingle's series of articles in this magazine. I'm not aware of any water power being used now locally, although there are examples of hydro-electric schemes at Settle and Linton Falls. These are fairly small sources of electricity: Settle Hydro was expected to provide enough electricity for around 50 houses and Linton Falls for around 90.

We still have weirs across the river in Gargrave, and former mill races like the Damside. A realistic expectation for the Aire through Gargrave might be for an average power output of 3-4kW, i.e. similar to the demand from one kettle permanently switched on.

So local hydro-power has some potential but it would only ever be a small proportion of our energy needs.

Biomass

Wood is the original biofuel. Unlike fossil fuels, it can be renewed at a rate similar to that at which it is burnt. Plenty of households around Gargrave use wood to provide some heating in stoves or open fires.

Other biofuels include crops and farm or food waste that can be converted to heat and electricity using an anaerobic digester. Local proposals for farm digester projects have not got off the ground. A drawback of any biomass power scheme is that it can compete with land used for growing crops. Where else will our food come from? If this results in more of our food being grown overseas on land cleared from rainforests then the net result is likely to be far more release of greenhouse gases.

In the words of the physicist David MacKay⁽¹⁾, "*biofuels made from plants...can deliver so little power, I think they are barely worth talking about*".

So what's the answer?

This doesn't sound very encouraging. Solar is effective but pricey – even if it's the government who pays. Local hydro is possible but tiny. Large-scale biomass use could unintentionally increase global warming. And wind... best not to mention it! "People love renewable energy, unless it is bigger than a figleaf".⁽²⁾

There are some actions we can take. One is to switch to an electricity company that buys only from renewable sources. Another is to reduce consumption through more efficient energy use, insulation or changes in lifestyle.

Gus Speth, a US academic and policy advisor, said recently⁽³⁾: "*I used to think that the top global environmental problems were biodiversity loss, ecosystem collapse and climate change. I thought that with thirty years of good science we could address those problems, but I was wrong. The top environmental problems are selfishness, greed and apathy – and to deal with these we need a spiritual and cultural transformation and we scientists don't know how to do that*".

A brave statement from a scientist, I thought. Perhaps the first step we need to take is to find a source of hope.

*"Blessed are those whose help is the God of Jacob,
whose hope is in the Lord their God.
He is the Maker of heaven and earth,
the sea, and everything in them—
he remains faithful forever."*⁽⁴⁾



(1) & (2) From *Renewable Energy without the hot air*, (3) Quoted in an article called Riding the elephant by Bruce Stanley in *Third Way* magazine, July/August 2014; (4) From Psalm 146.



Tea, cake and the inevitable

A FEW WEEKENDS AGO I was sitting in a marquee talking to strangers. There was no small talk: we got straight down to business. Around a table, with people of all ages, we were discussing everyone's favourite taboo subject: death.

We were at a Death Café at the Greenbelt Festival, run by the Moot Community. At a Death Café you get to talk death. With tea. And cake. The noise of animated conversations, and the amount of laughter, was surprising. It was something of a miracle. British people – talking about death!

Death Cafés are a growing phenomenon. As I write, 1,077 Death Cafés have been held around the world, from London to Tokyo. A Death Café can be run in a real café, or in a temporary venue, like a festival or a church hall. Anyone can set one up; there are guidelines available to follow. A Death Café isn't a counselling or a grief support session, nor is it for profit. It has no agenda but giving people the chance to talk about death.

Only one in 10 people in the UK have talked about their own death with someone else, according to the campaigning organisation Dying Matters. Death has been medicalised in our society, which has relieved much suffering. But around 60% of people in the UK die in hospital: death has been largely removed from our homes and communities. A hundred years ago, this wasn't the case, and death was seen as much more a part of life.

No wonder it's hard to talk about. If we're honest, contemplating the inevitable is not very pleasant. But not talking about it can make dying more difficult for everyone involved.

Are Christians any better at talking about death? I think we're good at talking about hope and resurrection, but perhaps not so good on the process of dying, or grief. Once, a dear friend of mine died. Because she was a Christian, someone said, 'There'll be a party for her in heaven!' with a beaming smile. 'Sure. But I'll miss her too', was my response. We 'rejoice with those who rejoice', but also 'mourn with those who mourn' (Romans 12:15).

I enjoyed the Death Café. I left the tent feeling a lot lighter, somehow, a lot more alive. A lot more grateful. And wondering how my life – and death – would look if I really took the hope of resurrection seriously.

Monthly meeting, 1 September

YOUR PARISH COUNCIL hopes that you have had a pleasant summer in the sunshine.

The Parish Council has a new member in its ranks, Mr. Alan Robinson, who is also a member of the village Heritage Group who organised the outstanding event on 4 August to mark the centenary of the start of World War 1.

The Parish Council also thanks the village for its response to the questionnaire regarding land and housing development. We received almost 200 replies.

During the summer, NYCC has informed us that in 2015 they will cease to cut any grass which does not pose a possible road accident site if left untrimmed. For Gargrave this means that the verges along the A65 and on Marton Road, Eshton Road, Swire Croft and Smithy Croft will no longer be cut.

We have residents who would like to form a group to look after the public horticultural aspects of Gargrave, such as the raised beds along Hellifield Road, the seating area outside the Co-op and the area around the War Memorial. They might convert the areas no longer to be mown by NYCC into wild flower areas, but they would welcome other ideas. If anyone is interested in participating please contact Martin Harrison on 748870 or Lesley Woodhouse on 749421.

Due partly to the fine weather the goit on High Green has filled with reeds and other water plants. It was agreed to look at clearing out a channel along its length to help the flow of water. It was also agreed to erect signs at each end to warn passers-by of the potentially deep mud in the goit.

The village street lighting engineer attended the meeting and gave an update about the use of LED bulbs for the church floodlights, repairs to the swan necked lamp on Church Street, and possible age-related replacements of street lamps in various locations. He also reported on the co-operative venture between the Village Hall and the Parish Council to put new lights outside the entrance to the Village Hall.

In correspondence, the Clerk was able to report that a cheque for £50 had been received from the Merseyside & West Cheshire Area Ramblers "who have recently visited Gargrave and made use of the WCs there". She has thanked them on our behalf. These donations and the coins (and sometimes notes) in the collection boxes in the toilets certainly help to fund the upkeep of the toilets (always remembering to wash hands after counting the pennies!)

The next meetings is at 7.15pm on Monday 6 October at the Village Hall. Before then, we may have seen you at the Village Event on Saturday 20 September regarding the Neighbourhood Plan for Gargrave.



INFORMATION

Rotas for St Andrew's Church

Enid French, Janie Kennerdale & Revd David Houlton

Readings for worship

5 Oct	16th Sunday after Trinity: Exodus 20:1-4,7-9,12-20; Matthew 21:33-end
12 Oct	17th Sunday after Trinity: Exodus 32:1-14; Matthew 22:1-14
1 Oct	18th Sunday after Trinity: Exodus 33:12-end; Matthew 22:15-22
26 Oct	Last Sunday after Trinity: Deuteronomy 34:1-12; Matthew 22:34-end
2 Nov	All Saints Day/4th Sunday before Advent Revelation 7:9-end; 1 John 4:1-3; Matthew 5:1-12

Sidesmen 8am

5 Oct	Colin Chapman
12 Oct	Kay Craven
1 Oct	Janet Sturgess
26 Oct	Colin Chapman
2 Nov	

Sidesmen 10.45 am

5 Oct	Phyll Harrison	Alan Brown
12 Oct	Sarah Curtis	Eileen Holden
1 Oct	Joyce Brotherton	Isobel Lacey
26 Oct	Dorothy Rishworth	Mollie Blackburn
2 Nov	Phyll Harrison	Alan Brown

10.45 am:	Readings	Offertory procession	Intercessions
5 Oct	Pauline Barnes	Judith Douglas	Norma Brothers
12 Oct	Hugh Turner		
1 Oct	John Bailey	Eileen Hoskin	Pat Cockshott
26 Oct	Ruth Abbott		
2 Nov	Jerry Ford	Judith Douglas	Norma Brothers

Church cleaning

22 Sept to 3 Oct	Phyll Harrison	Alan Brown	If you are unable to carry out your duties, please arrange a swap.
6 – 17 Oct	Sylvia Humphreys	Ronald Humphreys	
20-31 Oct	Susan Lupton	Sarah Curtis	
3- 14 Nov	Alison Ford	Jerry Ford	



Public Transport

Jerry Ford, Hugh Turner

TAXI from Gargrave: phone Gargrave Private Hire 07877 054698, see page A5

TRAINS from Gargrave to:

Skipton & Leeds

Mon – Fri	0747	0811	1201	1349	1452	1728	1814	2028	2131
Saturday	0747	0927	1201	1345	1452	1744	1814	2028	2131 ¹
Sunday			1121	1352	1455	1557	1907		2106

Giggleswick & Morecambe

Mon – Fri	0547	0901	1105	1406	1730	
Saturday	0643	0905	1105	1439	1730	
Sunday		0931	1140	1541		1807



Settle, Ribbleshead (& Carlisle mostly)

Mon- Fri	0547 ²	0931	1105 ³	1331	1406 ²	1730 ²	1851	2006 ⁴
Saturday	0643 ³	0931	1105 ³	1331	1439 ²	1730 ²	1840	2006 ⁴
Sunday		0953	1140 ²	1438	1541 ²		1807 ³	

Notes

1. Change at Skipton, 2. Change at Lancaster, 3. Change at Hellifield
- 4 2006 Mon-Sat terminates at Ribbleshead

Engineering works will be affecting rail travel from Gargrave into Leeds on Sun 28th / Mon 29th September and Sat 4th October. Trains will be diverted to Bradford Forster Square and a bus service provided into Leeds.

Since 8 September off peak day return local fares from Skipton in the Leeds/Bradford direction have not been valid between 1600 and 1830 on Mondays to Fridays. Leaving Skipton after 0930 allows the use of an off peak day return but only if you do not return between 1600 and 1830.

Please note that journeys from Gargrave station (and other stations north of Skipton) are not affected as the day return fare is the same whatever time of day you travel.

BUSES from Gargrave to:

Skipton

Mon – Fri	0841	0956	1057	1156	1356	1407	1506	1656
Saturday	0841	0956	1107	1156	1356		1556	1717
Sunday				1205			1505	1655

Settle

Mon - Fri	0919	1059	1259	1459	1559	1759
Saturday	0919	1059	1259	1459	1659	1839
Sunday		1102 ⁵			1542 ⁵	

Malham

Mon- Fri	1000 ⁵	1315 ⁵	
Saturday	1017		1617
Sunday (until 19 Oct)	1102	1242	1542

Notes

5. Change at Malham Buck Inn

The Winter Timetable for buses start on 20th October but details are not currently available. Please check locally if travelling after this date.

Police

Non emergency 101, Emergency 999

Gargrave Library

West St, BD23 3RD

Open: Mon 3-6pm, Wed & Fri 2-5pm, Sat 10am-1pm.

Visit <http://capitadiscovery.co.uk/northyorkshire/> to reserve or renew books online (first obtain your PIN no. from library)

Last posting times

(weekdays)

Gargrave Post Office 5.15pm

Church Street (near the Masons Arms) 5.30pm

West Street (on the corner of Higherlands Close) 5.30pm

Refuse and recycling collection days

Collections

06-Oct / 07-Oct

13-Oct / 14-Oct

20-Oct / 21-Oct

27-Oct / 28-Oct

Gargrave – Mon & Tue

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Blue bag

Green bin & brown bin

Blue bin & blue bag

Coniston Cold – Mon

Green bin

Blue bin & bag & brown bin

Green bin

Blue bag and brown bin

Doctors

Gargrave Branch Surgery, Higherlands Close BD23 3RF

Tel 749226 from 8am. Open Mon-Fri mornings, 8 to 10.30am.

Gargrave C of E Primary School & Pre-School holiday dates

	School closes	School opens
Half term	Thursday 23 Oct 2014	Monday 3 Nov 2014
Christmas	Friday 19 Dec 2014	Tuesday 6 Jan 2015
Half term	Friday 13 Feb 2015	Mon 23 Feb 2015
Easter	Fri 27 Mar 2015	Tue 14 Apr 2015
Half term	Fri 22 May 2015	Mon 1 June 2015
Summer	Fri 17 July 2015	

Magazine contributions, adverts and subscriptions

THIS MAGAZINE IS PRODUCED by St Andrew's Church for the benefit of the whole community of Gargrave & Coniston Cold parishes. We welcome short articles, news, notices of events, anecdotes, announcements, obituaries, letters & photos, free of charge, subject to space and relevance.

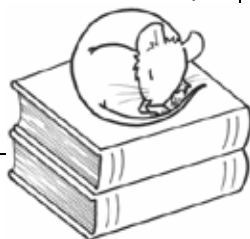
Please email contributions, if possible, to editor@gargravemag.co.uk. We can also accept short contributions by phone 01756 749443, text 07979 304914 or post to 2 Riversway, Gargrave, Skipton, BD23 3NR.

One-off adverts within the editorial are £18 for ½ page per month, £9 for a ¼, etc, payable to "St Andrew's Church, Gargrave", bank account no 30693561, sort code 20-78-42, or by cheque/cash to 2 Riversway, Gargrave. Please supply artwork in Word or pdf format; alternatively we can create it for you, from £10 per advert.

The deadline for the November issue is Monday 13 October

An annual subscription is £6 - contact Ruth Abbott 748483.

Or download it for free from www.gargravemag.co.uk



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Stove Installation on page A39

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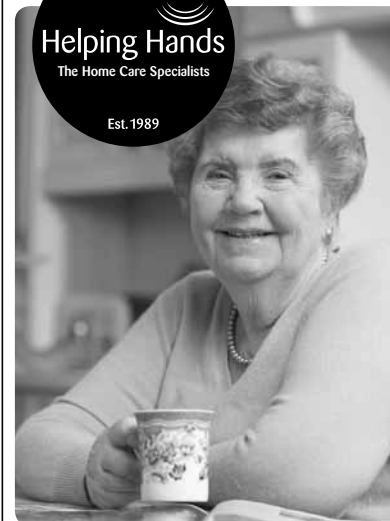
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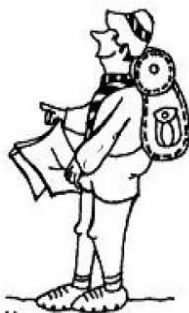
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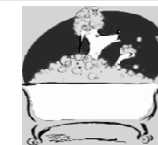


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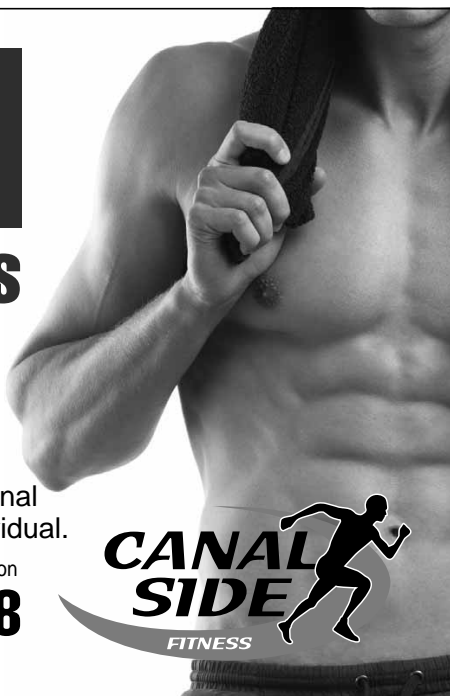
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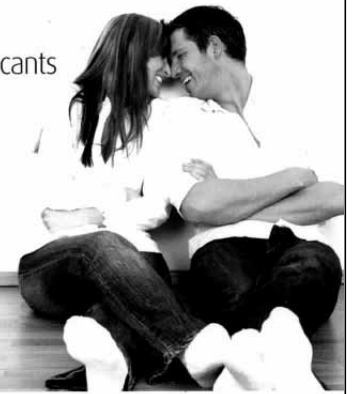
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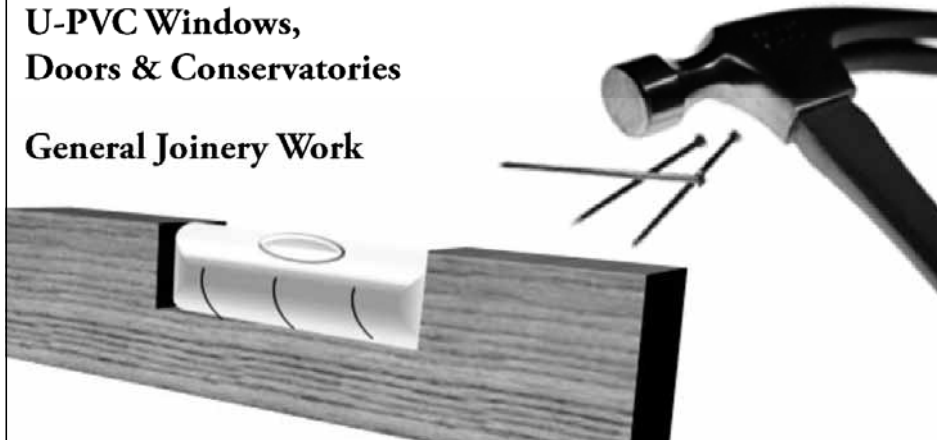
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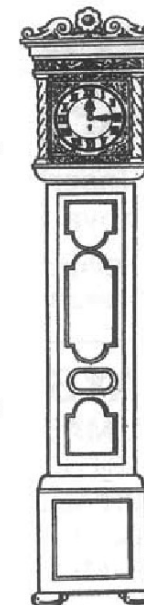
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