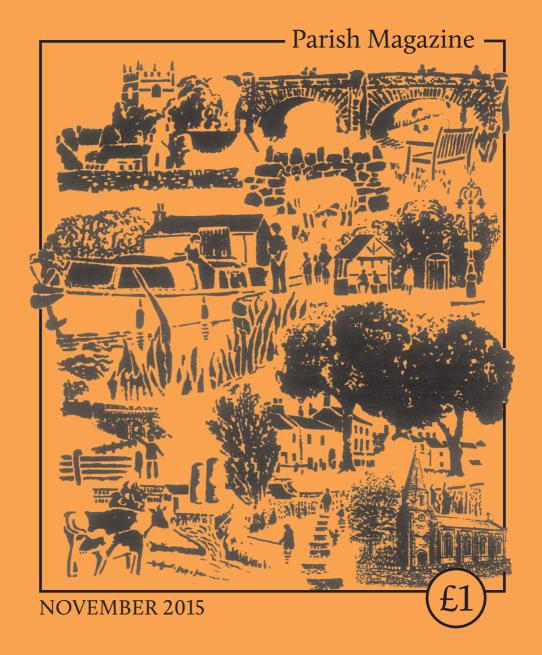
GARGRAVE & CONISTON COLD



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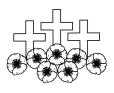
Coniston Hotel Spa opens	2 November
Heritage Exhibition	7-15 November
Christmas Lights switching on	29 November
Library film night " Sunshine on Leith"	4 December
Langcliffe Singers concert, Gargrave	5 December
Village nativity play	13 December
Christingle	24 December
Pantomime: Snow White	18-20 February 2016

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Alison Ford

Rev David Houlton

HARVEST FESTIVAL WAS VERY SPECIAL, with members of the Young Farmers, among others, contributing to the Service at Coniston Cold, and the Malhamdale Brownies and Rainbows parading their flags, contributing to the Service and running a Bake Sale after Harvest Festival at Gargrave. Thanks too for the hard work of all the parents, and many others, who contributed to the Harvest Services, meals and Sales of Produce. A blessed time was had by all!

Harvest time is less important to our lives than in previous generations. If there is a poor harvest in England we can import food from other areas of the world. But we, and every generation, will always ultimately rely on the earth to provide the food that we eat.

Because we feel less dependent, we possibly feel less of a need to ask God for help with our lives, and less need to develop our own personal spiritual relationship with Him. But, even though we won't go hungry if there is a poor harvest, life is still not easy, or secure. Losing a job, or illness, or other tragedies, soon bring us up short and remind us that life isn't certain. Having a developed spiritual dimension to our lives helps us face difficulties with faith - faith in God who loves us and is with us in everything. Being spiritually open to God has helped me over the years - when I was an Engineer, as well as now I am a vicar. If we have committed ourselves to Jesus, nothing can separate us from His love.

And that, ultimately, is the reason for the church. To help each person in

our villages to develop their own spiritual relationship with God, and to help us involve God in our relationships we seek to live life well together.

Our church buildings bear testimony to God's blessing to the people who have gone before us. The history of Gargrave Parish Church goes back well over 1000 years and, famously includes a vicar who went on to be canonised by the Roman Catholic church as "St Robert of Newminster". The old St Andrew's Church in Gargrave was rebuilt in the 1850 - after hundreds of years the building had become unsafe - and St Peter's was built in the 1840s when Coniston Cold (and Bell Busk) became a separate parish. So now we have two fine buildings that remind us of the great truths of our Christian spiritual heritage and help us keep in touch with God. They are our villages' testimony to God's goodness to us, and both parishes' Church Councils, and the Gargrave Heritage group, are working hard to help us learn from our forebears and to ensure that the church buildings continue in good condition - to pass on our generations message of hope and blessing to those who will come after us. That is a great vision and they deserve our thanks and enthusiastic support. Lord Jesus, bless them and help them as they work hard to bless us and future generations in our villages. Amen!

Coniston Cold

Sun 29

8am Communion.

Sun 1 Nov	Holy Communion with signing of Memorial Book from 9.15am
Sat 2	New Spa opens at Coniston Hotel
Sun 8	Remembrance Day Service, 10.45am
Sun 15	Holy Communion, 9.30am
Sun 22	Evensong, 4pm
Sun 29	Joint Morning Service for Advent at St Andrew's Gargrave
Sun Dec 6	Holy Communion, 9.30am

Sun 29	Joint Morning Service for Advent at St Andrew's Gargrave					
Sun Dec	6 Holy Communion, 9.30am					
Gargrav	7e					
Sun 1 Nov 8am Communion, 10.45am All Saints Day Eucharist, 2-4pm All Souls Drop-In with signing of the Memorial Book - Holy Communion at 2.30 and 3.30pm						
Mon 2	Parish Council Meeting, 7.15pm, Village Hall Annex					
Wed 4	Fuchsia and Geranium Society Meeting, 7pm, Village Hall Annex					
Sat 7	Coffee Morning, 10am to Noon, Village Hall Gargrave Heritage Group's November Exhibition commences, daily until Sunday 15 November, 10am to 4pm, St Andrew's Church					
Sun 8	8am Communion, 10.45am Remembrance Day Service starting at Gargrave Cenotaph					
Wed 11	Women's Institute Meeting, 7.30pm, Village Hall Annex					
Sat 14	Pantomime Section Coffee Morning, 10am to Noon, Village Hall.					
Sun 15	8am Communion, 10.45am Sung Eucharist					
	Flea Market, 10am to 4pm, Village Hall. Last day of Gargrave Heritage Group's November Exhibition, finishing 4pm, St Andrew's Church					
Mon 16	The Village Hall's Main Hall is closed from Noon all week for decorating. Events in the Annex will continue as normal.					
Sun 22	8am Communion, 10.45am Morning Service					
Wed 25	Bingo, 7.30pm, Village Hall Annex					
Fri 27	Conservative Party Supper, 7pm, Village Hall					
Sat 28	Air Ambulance Coffee Morning, 10am to Noon, Village Hall					

11.45am Choir Practice for village nativity play

10.45am Morning Service for Advent and St Andrew's Day Celebration

Flea Market, 10am to 4pm, Village Hall

4.15pm Switching on the Christmas Lights & singing, Summerseat

Fri 4 Dec Film night, Village Hall

Sat 5 Dec 7.30pm, Vaughan Williams Concert, Church

Sun Dec 6 8am Communion, 10.45am Sung Eucharist for Advent

Additional regular weekly Gargrave events

Mondays:

9 am Morning Prayer, Church

10 am Stay and Play, Village Hall Annex – from 10 Sept

1.30pm Art Club, Village Hall Committee Room 17pm Modern Sequence Dancing, Village Hall

7.30pm Bell ringing, Church

7.30pm Church home group, see "Weekly Sheet" in church for venue

Tuesdays:

9 am Communion Service, Church

9.30am Gargrave Tuesday Club Cycling, dep The Dalesman Cafe

10 am Heritage Group, Church

10 am & 11.30am Pilates & Gentle Pilates, Village Hall during term time 10.30 am Adult Tennis Coaching and Social Tennis (weather permitting)

2pm Knit and Natter, Church2pm Indoor Bowls, Village Hall

pm Brownies & Rainbows (school term only)
pm Tap dancing lessons, Village Hall Annex

Wednesdays:

9 am Morning Prayer, Church

9.30 am Gentle Hatha Yoga, Village Hall Annex9.30 am Twins and Multiple Birth Group, Village Hall

10 am Caterpillar Club, Church

1.30 pm Wednesday Club, Village Hall Annex

Thursdays:

9 am Phoenix Club, The Anchor, (alternate Thursdays)

10 am Gargrave Tuesday Club Cycling, dep the Dalesman Café

10.30 am Social tennis

2 pm Indoor Bowls, Village Hall

5pm Theatre-craft lessons, Village Hall Annex

7.30 pm Tai Chi, Village Hall Annex

Fridays:

9 am Morning Prayer, Church

9 am Pilates, Village Hall Annex – during term time

Saturdays:

am Ballet lessons, Village Hall Annex

Sundays:

1.30pm Social Tennis

FORTHCOMING EVENTS

November special services at St Andrew's Church

Ruth Abbott

Sunday, 1 November, 10.45am All Saints Day Service; 2-4pm All Souls Drop-In with signing of the Memorial Book - Holy Communion at 2.30 and 3.30pm

Remembrance Sunday 8 November - 10.45am Service starting at Gargrave Cenotaph

Sunday 29 November, 10.45am - St Andrews Day Celebration

Heritage Group November Exhibition

Norma Brothers

Saturday 7th until Sunday 15th November, in St Andrews Church, 10 am - 4 pm with Refreshments, featuring:

Magna Carta
Hell with added flies
John Gill
Health
Coronation Memorabilia

Do you Remember?

Colour and Story link with Brontes
Dickin medal (pigeon) M1-14
Old businesses in Gargrave
Calendars and Christmas Cards

Gargrave & Malhamdale Library events

Dave Smith

On **Thursday 12th Novembe**r NYCC Library Service is running a short course on "Find your World War 1 Relatives." Numbers are limited and joining details can be found in the Library.

Our next film, showing on **Friday 4th December** will be "Sunshine on Leith" together with a short animation film "The Elephant and the Bicycle."

The Bridge Afternoon planned for November has been postponed until the Spring.

Coffee Morning for Air Ambulance

Joyce Brotherton

At a recent meeting, the Gargrave Christian Mission Committee decided to support the Yorkshire Air ambulance this year. It is a very worthy cause and runs on public subscription. The date is **Saturday November 28**, 10am to 12 noon, in the Village Hall.

There will be the usual stall with the very popular choc tombola, cake and produce, books, bric a brac and toys. Also a raffle of a food hamper, kindly provided by the Co-operative. Donations will be gratefully received on the morning from 9am onwards, so come along and have a coffee and a chat with friends.

Christmas Lights Switching On

Ruth Abbott

Carol Singing and Switching on village Christmas lights at the Summerseat Sunday 29 November at 4.15pm.

Hodie Concert: The Langcliffe Singers with Skipton Music Centre

http://www.langcliffesingers.org.uk/ http://skipton-music-centre.org.uk/

Saturday 5th December, 7.30pm St Andrew's Church

Skipton Music Centre's Choir once again join forces with the Langcliffe Singers for a performance of 'Hodie' by Ralph Vaughan Williams. And also, Vaughan Williams' Fantasia on Christmas Carols.

Christmas events at St Andrew's Church

Ruth Abbott

Sun 13 December, 4pm, Village Nativity Play, Church 24 December 4pm, Christingle 24 December, 11.30pm, Midnight Mass 25th December, 11am, Special Christmas Day Service, 1.30pm Christmas Dinner (see article below)

Christmas Dinner - invitation

Norma Brothers

Are you on your own (couples, single, or singles with children on Christmas Day)? Join us in St Andrew's Church, 1.30pm Christmas Day for a 4 course lunch, £12.50. Give me a ring to book, Norma on 749392.

The new vicar

The new vicar was visiting in the homes of his parishioners. At one house it seemed obvious that someone was at home, but no answer came to his repeated knocks at the door. Finally he took out a card, wrote 'Revelation 3:20' on the back and stuck it in the door.

When the collection plate was processed the following Sunday, he found that his card had been returned. Added to it was this cryptic message, 'Genesis 3:10'.

Reaching for his Bible to check out the citation, he broke up in gales of laughter.

Revelation 3:20 begins "Behold, Istand at the door and knock." Genesis 3:10 reads, "I heard your voice in the garden and I was afraid for I was naked."

NEWS

The Coniston Spa - opens 2 Nov

Gill Venning

Opening Monday 2nd November 2015 - The Coniston Spa will offer a truly wonderful lifestyle membership with a holistic approach to fitness and general wellbeing. Offered exclusively to a set number of members, we will offer the very best in spa treatments, fitness equipment, classes and inspiring healthy food options. All this in the beautiful setting on The Coniston Estate. We look forward to welcoming you.

On sale now - email membership@theconistonhotel.com or call the hotel on 01756 748080 and ask for Membership Sales.

Our facilities include: a 15 metre swimming pool, thermal suite, Jacuzzi, outdoor infinity edge spa pool and terrace, 22 station Life Fitness gym, studio offering a range of classes, Spa Brasserie, 8 spa treatment rooms including 1 couples room, nails, make-up and relaxation lounge and Spa Retail area.

Phoenix Group - invitation

lean McHale

We'd like to invite volunteers to help out, and newcomers to come along to and join in with, our fortnightly meetings for coffee, socialising, speakers, activities and lunch – anyone feeling isolated or fancying a morning out with the company of others. We meet at the Anchor Inn, on alternate Thursdays, from 9am-1pm. If you're interested, please contact me on 01729 850329 or 07775 88057. Thank you, Jean.

THE COFFEE MORNING

A group of seniors were sitting around talking about all their ailments at Coffee Club.

"My arms have got so weak I can hardly lift this cup of coffee," said one."

"Yes, I know," said another. "My cataracts are so bad; I can't even see my coffee."

"I couldn't even mark an "X" at election time because my hands are so crippled," volunteered a third.

"What? Speak up! What? I can't hear you, said one elderly lady!"

"My blood pressure pills make me so dizzy!" exclaimed another.

"I forget where I am and where I'm going," said another.

"I guess that's the price we pay for getting old," winced an old man as he slowly shook his head.

The others nodded in agreement.

"Well, count your blessings," said a woman cheerfully.... "Thank God we can all still drive".

from Salisbury United Reformed Church mag, with thanks to Peter Poulter.

Old Gargrave Calendars and Christmas Cards

Norma Brothers

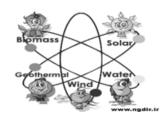
Gargrave Heritage Group Calendars and Christmas cards are now available in Church.

COMMUNITY ENERGY IN GARGRAVE AND MALHAMDALE

FREE

Energy audits

For your home or business



if you complete our energy usage

survey before November 15th, either on line by visiting our website at www.gamaenergy.co.uk or a printed copy can be obtained by calling Debbie Fletcher on 01756 748715.

We have an INFRA-RED CAMERA on loan for a limited period only so requests for a free survey will be on a first-come first-served basis.

With winter approaching now is the time to find and seal those drafts and cold spots.

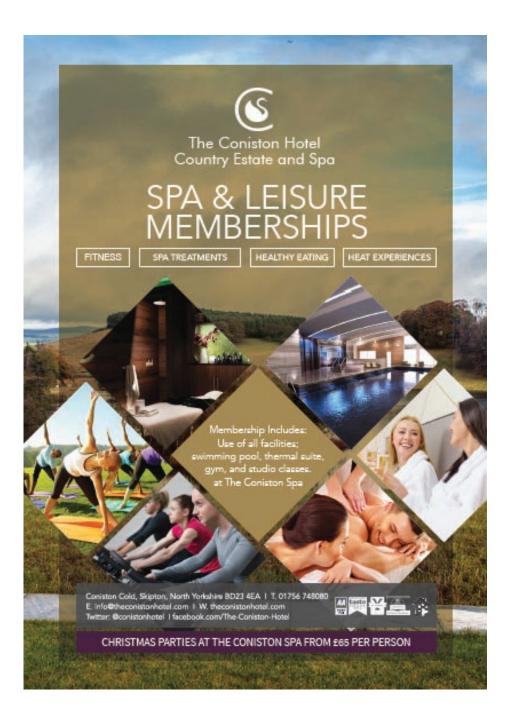
Refugee crisis - first meeting of new Synod calls on churches to act

Diocese of West Yorkshire and the Dales

Church leaders at the first meeting of a new Diocesan Synod, held on 17 October in Harrogate, have called on congregations to do more to support refugees.

The newly constituted 'parliament' of the diocese. elected for a three year term, also voted to get behind a blood and organ donation campaign, agreed next year's budget and debated Mission and Pastoral structures for the five new Episcopal Areas of the diocese.

In his Presidential Address, Bishop Nick Baines gave a summary of recent developments as the diocese continues to take shape, setting local concerns in a global context. Looking ahead to the refugee debate later in the morning, he said, "The plight of refugees is desperate. ... the abuse by some should not blind us to the appalling choices faced by millions of people in this world. How we respond to their plight matters enormously."



Village Nativity Play Invitation

Ruth Abbott

We are planning to present our Village Nativity Play on Sunday 13 December at 4pm, in the way that we did it last year. Variations of this version of the play have been held at St Andrew's church for decades. The story, in the form of a series of readings, is narrated, while mainly adult actors mime out the story, wearing costumes from our collection. The action is interspersed with carols sung from the back of the church by a specially formed choir. It is a magical occasion.

We need children to be angels and junior shepherds and to assist the innkeeper. And adults are needed to be shepherds, kings, innkeeper, crowds for filling the inn, etc, We also need singers and helpers, and invite both newcomers and regulars to take part.

The rehearsal schedule is:

Sunday 29 November, 11.45 am - choir only

Sunday 6 December, 2pm actors only

Saturday 12 December, 5pm choir and actors

The performance:

Sunday 13 December, 4pm choir, actors and audience!

If you'd like to be involved, or are interested in helping in any way, please contact Ruth Abbott on 748483 or Peter Poulter on 748944.

Village Hall decorating arrangements

From week commencing Monday 16 November, The Village Hall's Main Hall will be closed from Noon all week for decorating. Events in the Annex will continue as normal.

And from week commencing Monday 23rd November, the Village Hall Committee Room 1 will be closed all week for decorating. Events in the rest of the Village Hall will continue as normal.

We've been enjoying the new smart look of the hall's recently cleaned stone front wall that faces Neville Road, and the freshly painted glossy green side doors - thank you to all those involved. Ed.

Gargrave & Malhamdale Library latest

Dave Smith

Two successes to report:

Firstly, the NYCC Library Services Summer Reading Challenge entitled "Record Breakers" broke all records when 80 children signed up for the scheme, and 77 successfully completed the challenge. Congratulations to the children, their parents, the schools and the library volunteers.

The second success was the turnout for the film "My Old Lady". 80 people attended the viewing with the Café style seating creating a real social buzz around the hall during the breaks in the film.

John Merrell's family have kindly donated one of his paintings titled "A Woodland Scene" to the Library. The intention is to raffle the painting in order to raise funds for the Library. Raffle Tickets, priced at £1, are available for sale in the Library and the draw will take place at the Coffee Morning being held in the Village Hall on Saturday 19th December. A number of other activities are planned for the Coffee morning and further details will be revealed next month.

New book club & community library at Fisher Medical Centre.

Sheila Blackshaw

At Fisher Medical Centre, we want to encourage more patients to read. Picking up a book and reading is a great way to improve mental wellbeing. Mental wellbeing means feeling good – about yourself and the world around you – and being able to get on with life in the way you want. (NHS CHOICES)

There is a new Library on the ground floor waiting area which has a large variety of popular second hand books. Patients can simply take a book/s home to read and then swap it for another. If you have any unwanted books, you can donate them to this library.

This is a Practice Health Champions initiative. We are also forming a new book club, which will meet at the Medical Centre, hopefully once every fortnight, depending on the level of interest. Anyone can attend this club.

For more details or to register your interest, please call 01756 794136

Gargrave Poor's Land Charity application deadline

Hugh Turner

As usual the trustees propose to make a distribution to residents (for more than six months) of the ecclesiastical parish (which includes Bank Newton, Coniston Cold, Eshton, Flasby and Winterburn) around Christmas. As last year this will be distributed in early January. Applications are invited and must be received by the trustees no later than Monday 30 November. Application forms are available from the trustees, Phil Ellis - tel 748685, Graham Thomson - tel 07847-959394 or Hugh Turner - tel 748117.

@carers'

resource Cash boost to enrich carer's lives

Caroline Coyle

Carers across Bradford District are invited to bid for a share of a £215,000 pot of grants to help revitalise their own health and wellbeing.

The Carer's Wellbeing Grant, formerly known as the Carer's Small Grant, encourages carers to apply for up to £200 to give them a much-needed break from the daily challenges of looking after a loved one. The scheme is funded by Bradford District Council with additional support from the three local NHS Clinical Commissioning Groups. Last year, 939 carers benefited in a variety of ways.

Co-ordinated by Carers' Resource, the district's integrated carers' service, the money can be spent on a personal treat, such as a short break, enjoying a hobby or leisure activity, or an educational course to help enhance their caring role and make their lives easier. Coun Ralph Berry said: "For some it may be a night away to recharge their batteries, or some new gardening tools - anything to help them feel energised again."

Those eligible should live, and care for someone, within the Bradford District, Airedale, Wharfedale or Craven areas. Caring may be for a family member,

relative, friend or neighbour suffering with a physical or mental health problem, drug or alcohol addiction, or due to frailty and old age.

Applications will be processed between October 2015 and March 2016 and priority will be given to new applicants due to limited funding. Carers have until the final deadline of January 29, 2016 to submit their application form. The form can be obtained by emailing cwbgrant@carersresource.org, or by calling a dedicated answering machine on 01274 965883. Forms can also be downloaded from the website carersresource.org. For more information contact Carolyne Coyle, Communications Officer at Carers' Resource on (01274) 449660, email ccoyle@carersresource.org.

PF&CH

Pendle Forest and Craven Hunt

Elizabeth Adams

The hunter trials that were held on Sunday 4th October at Coniston Hall were a great success. The weather was so kind to us ,as it was not too hot for the riders but the sun came out in the afternoon to warm everyone.

We had 160 riders around the fabulous course which is situated around the lake at Coniston .it was a good photo opportunity to get some action shots with a stunning backdrop. Everyone seemed to enjoy it and there were plenty of smiles from riders young and older when they had completed the course. Our grateful thanks go to the Bannister family for allowing everyone to ride over their estate.

The hunt is now into autumn hunting which are called bye days as they are prior to the opening meet . We have had some very warm sunny days whilst young hounds have learnt their job .

The opening meet is to be held on Saturday 17th October the beginning of our hunting season. Let us hope the fine dry days continue throughout the Autumn.

Pilates - November & December

Bee Faulkner

Our new 7 week block starts on Tues 3 November, coinciding with the school half-term. Our Christmas break will be for the fortnight 21 Dec to 4 Jan. We meet on Tues and Fri mornings at the Village Hall. Our gentle class on Tuesdays at 11.30am is inclusive for those who would prefer to remain sitting or standing rather than lying down. The Friday at 9am and Tues at 10am groups are more mat based. For more information or to book a place, please contact me on 749443.

Things to practice at home – challenging & improving your balance: Standing with weight in one leg & your tummy muscles engaged about 30%, (holding or touching a chair for reassurance if you need to) try lifting up your other heel until just your big toe is touching the ground. Then try lifting that toe off the ground too if you can, whilst maintaining your balance. (Increase the challenge if you like by closing your eyes!) Then repeat with your other leg...

Fish

Give a man a fish and he will eat for a day. Teach him how to fish, and he will sit in a boat and drink beer all day.

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FARMING ON SCALEBER HILL

Iohn Hall

One of the joys of faring is to have an autumn as we have experienced this year: an abundance of grass, perfect weather and no shortage of water. Do we ever appreciate fully the environment we live in?

Having said this, by the time you read this it may well be all change. There is a saying "You can't take what we have had off us"!

Even in a quiet period there is always something to keep in mind. Right now (staggers) in cattle can be a serious problem. A shortage of magnesium can cause sudden death to suckler cows. I don't mean necessarily the lean ones, as the fit ones are just as liable. You may see blue buckets of magnesium in the fields to try to keep the feed balanced as the grass loses quality. One cannot be complacent with livestock as problems can occur very quickly.

Being semi-retired allows me to pick and choose my jobs. During the so-called quiet period in the autumn, I took advantage to visit several auctions and special sales: the likes of Hawes, Kirby Stephen, Carlisle and Lanker. It may seem like a bus man's holiday to some; farming of course is a way of life and these visits, as and when one can, are not to be missed.

Of course, one of my tasks was to replace the Herdwicks where age was taking its toll. Lisa also replaced some Jacobs and Zwartbles. These add a little spice to life and hopefully interest for walkers. My year wouldn't be complete without a visit to Oban and the highland cattle sale. I hope to report this next month.

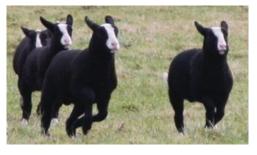
As for the farm, the next group of dairy heifers are calving. So far so good until, inseminated with sexed semen, one produced a bull calf! There were a few words spoken one would not find in the dictionary!!!

After a very wet day, as I write these notes, the weather forecast is good for the weekend. This must be enjoyed as the clocks will soon be put back.

From:www.zwartbles.org: Zwartbles sheep were first imported from Holland in the early 1990's and have since become established in all areas of the

UK and Ireland. Zwartbles are an elegant sheep (Zwart-Black, Bles-Blaze) with outstanding maternal properties making them an excellent crossing variety as well as a pure breed.

Pedigree Zwartbles have enjoyed considerable success in the show ring due to their striking appearance, amenable nature and lively character.



Notice in a farmer's field:

The farmer allows walkers to cross this field for free. But the bull charges.

BORED OF YOUR BOARD?

Andy Swinscoe, The Courtyard Dairy, Settle

Are you tired of boring blocks of Cheddar and the same-old Stilton?

Would you prefer to amaze your family this Christmas by creating a cheeseboard that they will be talking about well into the New Year? Well, it's not that difficult!

At last, after a period in the doldrums, Britain is again making wonderful cheese. And after years of propping up cheeseboards with the standard classics now is exactly the right time to impress your friends and family by celebrating all that is new and brilliant in the British cheese industry.

Twenty years ago, 90% of the cheeses I stock at the moment weren't even being made, But various economic factors, such as collapsing price of milk price, coupled with a massive upturn in interest in good food made by artisans, has meant many farms have returned to traditional cheese making

Here are my top cheese picks for this Christmas. Look out for them, because they'll make your Christmas cheeseboard a sure-fire standout talking point.

Capra Nouveau. Sarah Hampton has only been making cheese since 2010, using milk from her own herd of 60 goats. Capra Nouveau is a really interesting goats' cheese that stands out from the normal French goats cheeses. Washed in cider and aged for two months, it is supple, fruity and floral... and incredibly delicious to eat.



Finn. Cream-enriched. Only the Parisians could think of adding extracream into the milk before making cheese, but Briton Charlie Westhead has adopted their recipe in Herefordshire to make Finn. Brie-style, but with added cream, it is a hedonistic delight, with a creamy, rich mousse-like paste.

SummerField. Alastair Pearson learnt his cheese-making trade abroad, and has brought to Yorkshire a little touch of the Alps. Following an Alpine recipe, Summerfield tastes like a 12-month-old Comté, with toffee and butterscotch flavours and a nutty finish. It's made by a Camphill Community, too, which employs people with social and learning disabilities. What's not to like?

St James. Martin Gott and his wife Nicola farm a small herd of 100 sheep in south Cumbria. Since 2006 they have used their rich sheep's milk to create this fabulous 'washed rind' cheese. It is rich and intense with meaty, savoury, flavours.

Dunsyre Blue. Selina Errington recently took on the legacy of her father Humphrey (creator in the 1980s of the famous Lanark Blue). Working with her

sister-in-law Angela, she has tweaked and improved their cheeses. Smooth and flavourful blue Dunsyre Blue is fast becoming a talked-about cheese.

For **Cheddar**, why not try something different such as Barwhey's Cheddar or Hafod Cheddar. Tangy and powerful, these unpasteurised cloth-bound Cheddars have been aged for 12-months or more and are perfect examples of how good Cheddar can be with the revival of farmhouse cheese. Both started being produced in 2005 and illustrate exactly how much can be achieved in just 10 years. Seek these Cheddars out – you won't be disappointed.

AMAZE YOUR FAMILY THIS CHRISTMAS

- \sim Cheese gifts and selections delivered throughout the UK \sim
- Award winning cheeses from World Cheese Awards 'Cheesemonger of the Year'
- Unique British cheeses selected from small farms
- All are traditionally made, many unpasteurised
- A local family firm with a knowledgeable expertise



THE COURTYARD DAIRY

VISIT THE COURTYARD DAIRY SHOP NEAR SETTLE; OPEN EVERY DAY
OR BUY ONLINE: WWW.THECOURTYARDDAIRY.CO.UK

TREAD LIGHTLY UPON THE EARTH

Alison Burgess

EARLY MORNING BY THE MOORINGS AT BANK NEWTON and some of the barges had hosted very busy spiders overnight whose gossamer webs were now glistening with dew against a backcloth of mist. Or had some invisible hand sprinkled them overnight with stardust? A week later a line of trees ahead of me along the farm track were fringed with their autumn colours and Keats' line on autumn slam-dunked itself into my brain and the 'Season of mist and mellow fruitfulness' was well and truly upon us.

The arrival of autumn prompted me to visit the location of the brambles where I pick blackberries but, alas, the encroaching bracken had now almost overrun them. So I settled on picking the few that were ripe and within reach which I shared with The Wink (Border Terrier) and The Merle (Labrador). Both dogs can pick their own blackberries if they are ripe and near the ground - a couple of years ago I found it saved time to show them rather than me picking berries for me, the pot and 2 dogs.

So I will be searching for another spot for brambling suitable for a human and 2 dogs to roam over. In the meantime, I was prompted to check that the blackthorn site I use for sloe picking was thriving as often these hedgerows are mechanically cut producing roughly shredded branches and annihilating the berries. Great, the bushes were intact and loaded with fruit and I will return after the first frost to gather them. And then, just as the arrival of autumn had taken me by surprise so will Christmas, but at least the sloe gin will be ready for the annual family and friend sloe gin competition. Cheers everyone!

MOYRA'S MIGRATIONS

Moyra Sonley

American Independence Day

About twenty or so years ago, Dave and I went to Oregon in the USA with a group of about two dozen cyclists from the Cyclists' Touring Club. We flew to Portland and went south from there, heading down towards California, as the route was planned and accommodation had been booked well ahead. We started the tour in late June and by the Fourth of July we arrived at the town of Bend, still in Oregon, where we were booked in at a very nice hotel. Of course July the Fourth is American Independence Day.

As it was a holiday the hotel was having a barbecue for all the guests. It was a lovely warm evening and there was a firework display organised which started when it was getting dark. The local radio station was playing music which was coordinated to the fireworks, so it was quite entertaining. We had a good evening and everyone enjoyed themselves.

The following morning after we had breakfast, we were getting ready to check out and set off for the day's ride. We were in the foyer of the hotel and a middle-aged American lady, who was also a guest, started talking to Dave asking him if we were enjoying our trip and had we seen the previous evening's fireworks. Dave said yes we had enjoyed the celebrations with the fireworks and the music and the barbecue.

She asked where we came from, so Dave told her we were English.

'Do you celebrate Independence Day in England?' she asked.

'No,' Dave replied, 'You are celebrating your independence from us.'

With a look of astonishment she said, 'Oh my, is that right??

THREE WHEELS!

Enid French

THIS IS A STORY of what might have been a disaster. Riding on my red "Ferarri" I rode down the village and around East Street and South Street. It was a very pleasant day and reluctant to go home I decided that I would ride round the churchyard to see that everything was in order. As usual it was quiet. Nothing much happening at all. Riding down to the gate I met another. member of the congregation and we started to talk of many things. My companion suddenly said "What's that on the pavement across Church Lane?" "It looks like a wheel off something." I replied. Immediately going on to say with great conviction "It can't be off mine because I have just ridden round the churchyard."

Famous last words! I looked down and there was an empty space where there should have been a wheel! Grinning broadly at each other there was a spontaneous rendition of "Three wheels on my wagon and I'm still rolling along." And neither of us had had a drop to drink! Luckily and thankfully a gentleman was working in the churchyard and, when we asked for help, he immediately said that

he could fix it. Disaster averted! Thank you to that gentleman and also for people with a sense of humour.



GARGRAVE C OF E PRIMARY SCHOOL

Sarah Peel (Head Teacher)

"Every child counts, every child contributes"

Cross Country

21 pupils took part in the cross country at Skipton from year 3 to 6. It was a fabulous event and we're so proud of every pupil who tried their hardest on a tough course. Six pupils go through to the next round as they finished in the first 8 places. The qualifiers were: Neive Roberts (2nd), Emma Wills (8th), Joey Driscoll (3rd), Bela Dean (2nd), Annie Faulkner (4th) and Beth Roberts (1st).

Year 2 writing

My animal is brown with yellow ovals.

It has a very long body it has no legs. It eats once a month. It eats massive meals. It is colossal. It has fierce glowing eyes. It strikes as fast as lightening. It hunts in the undergrowth.

What is it?

William Walker (Year 2)

My animal has brown coloured skin.

It swings on ropes and makes a funny noise. It eats bananas. What is it?

Corey Butterfield (Year 3)

My animal has orange and black fur. It has sharp teeth and sharp claws. What is it?

Nicholas Stump (Year 2)

Answers: Snake, Monkey, Tiger

Year 5 and year 6

They have had an exciting first few weeks of term, including to visits to Nell Bank and Bradford Science Festival. The first built on our problem solving skills and the second enthused us for the world of science through sound, space and ugly animals!



Den building at Nell Bank

CONNECTING WITH CULTURE

Brian Draper, London Institute for Contemporary Christianity











Connected

WHEN MY LAD STARTED SECONDARY SCHOOL, I was surprised – OK, shocked – to find that something had happened to his friends over the summer: nearly all of them had acquired smart phones, and were taking them in to school.

Now, I admit, I have a smart phone. Most of my friends do, too. But 11-year-olds?

In his first technology class, prompted by questions from the teacher, my son discovered that only he and one other classmate out of about 30 do **not** have a social media account of some form. So not only does he feel left out, but he also felt slightly singled out. This week, he came home saying that three times in one day, teachers invited pupils to use their phones, as timers or cameras.

I'm not blaming the school. But it does make me wonder, as a **parent**, as well as a Christian, how we can help young people to engage courageously and imaginatively with their culture – or is it our culture? whose culture is it? – without succumbing to the seemingly inevitable.

Scientists have recently suggested that overdosing on screen time may have a detrimental effect further down the line with GCSEs. A separate study from the LSE in May found that smart phones in schools affect grades adversely, especially among slower learners. And this week the OECD reported that computer technology in the classroom hampers progress. But data like this won't bring much consolation to the kids whose parents ask them to go without.

What's more compelling for my son, I think, is that last year at primary school, his friends so loved playing football together every break that they hardly had time to eat; now, if I ask him what he does at lunchtime, he sighs, and says that most people get their phones out instead.

Connection surely lies at the heart of the matter. When we're plugged incessantly into the Matrix of social media, we can lose connection with the beauty of the present moment; and with each other; and with God. We're not 'here', as we could be.

Perhaps the most positive thing we adults can do – an urgent moral duty, even? – is to confront our own addiction to devices first – and to model, as Christians, more of what it means to follow the God who showed up, fully, incarnate. For the lesson about culture – I remember it now – is that transformation only ever starts with me.

GARGRAVE PARISH COUNCIL

Janet Turner

Monthly meeting, 5 October

County Councillor's report: Cty Cllr. Shelagh Marshall reported on the problems caused by the resurfacing work over the years on the A65 through Coniston Cold which is resulting in the road surface being above the level of kerbs. She was told of similar instances on Marton Road. If there are other such sites in the village please notify the Parish Clerk.

The new bus timetables and changes to services around the area were discussed. We are asked to use the services as much as is practical if their future is to be secured.

Craven District Councillor's report: Cllr. Simon Myers reported on the different proposals in respect of the areas to be covered by devolution.

Public participation: Sandy Tod gave a presentation to the Council regarding renewable, sustainable, clean energy projects around the immediate area. The emerging group ("CEGAM") is to put a questionnaire around the village and hamlets to ascertain energy use. He also asked the Parish Council to write a letter to help the group in applying for funding. The Council agreed to do so.

Speeding update: The results of checks on Marton Road are still awaited and it was reported that the checking system is to be installed on other roads in the village.

Remembrance Day: This is to be Sunday 8 November. Parish Cllr. David Syms is to lay a wreath at the village War Memorial on behalf of the Parish Council. There will be a brief service at the War Memorial starting at 10.45am, followed by a service at St. Andrew's church. ALL ARE WELCOME.

Also that weekend at St. Andrew's church there is to be a Magna Carta display and the FINAL VERSION OF YOUR NEIGHBOURHOOD PLAN will be available.

Finance: It was reported that PKF Littlejohn, the external auditors appointed by the Government, have returned the documentation for the audit for the year ended 31 March 2015. Please contact the Parish Clerk if there are any queries.

Next meeting will be at 7-15 pm on Monday 2nd November in the Village Hall.

INFORMATION

Police | Non-emergency 101, Emergency 999

NHS Helpline

11

Rotas for St Andrew's Church

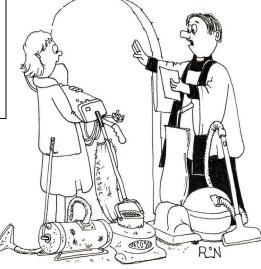
We need more volunteers for 8am Sidesmen and pairs of volunteers for cleaning. Please contact Janie Kennerdale. tel 748970.

Readings for worship

01-Nov All Saints Day: Revelation 21:1-6a, John 11:32-44

08-Nov	Remembrance Sunday: Hebrews 9:24-28, Mark 1:14-20					
15-Nov	Second Sunday before Advent: Hebrews 10:11-25, Mark 13:1-8					
22-Nov	,	Revelation 1:4b-8				
29-Nov	3	Advent: 1 Thessalo		ko 21·25-76		
	•			KE 21.25-50		
06-Dec	Second Sunday	of Advent: Phil 1:3	3-11, Luke 3:1-6			
Sidesmen	8am		10.45	am		
01-Nov	Vacancy	Sarah (Curtis	Pauline Gilfoyle		
08-Nov	Kay Craven	Ruth A	bbott	Carol Wilson		
15-Nov	Janet Sturgess	Joyce	Brotherton	Isobel Lacey		
22-Nov	Colin Chapman	Doroth	ny Rishworth	Mollie Blackburn		
29-Nov		- Sarah	Curtis	Pauline Gilfoyle		
06-Dec	Vacancy	Joyce	Brotherton	Isobel Lacey		
10.45 am	Readings Offertory		procession	Intercessions		
01-Nov	John Bailey	Judith Douglas	Norma Brother	rs Ruth Abbott		
08-Nov	Yvonne Poulter			Jean Banks		
15-Nov	Pauline Barnes	Eileen Hoskin	Pat Cockshott	Jean Coldwell		
22-Nov	Hugh Turner			Sarah Curtis		
29-Nov	Ruth Abbott	Judith Douglas	Norma Brother	rs Dunc Faulkner		
06-Dec	John Bailey	Eileen Hoskin	Pat Cockshott	Judith Douglas		

Cleaning		
2 to 13 Nov	Joan Wimbush	- 3
16 to 27 Nov	Alison Ford	Jerry Ford
30 Nov to 11 Dec	Ronald Humphreys	Sylvia Humphreys



With proper ceremony, they laid it to rest with its ancestors

Public Transport leaving Gargrave

Information compiled by Peter Hardyman, 14 October 2015

TAXI from Gargrave: phone Gargrave Private Hire 07877 054698, see page A7

To Skipto	1 (arrives a	approx. 5	mins la	ter) & Le e	e ds (arriv	es approx 50	mins late	er)	
Mon-Fri	0745	0811	1201	1347	1453	1728	1814	2028	2131
Saturday	0745	0927	1201	1345	1452	1744	1814	2028	2131
Sunday			1121	1352	1455	1554	1907		2105
To Giggleswick (arrives ~ 20 mins later) & Morecambe (arrives ~ 95 mins later)									
Mon-Fri	054712	0901	1105		1406	1730			
Saturday	064312	0905	1105		1439	1730			
Sunday		0932	1145		1543		1809		
To Settle (arrives ~ 1	18 mins la	ater if di	rect) & Ca	arlisle (ai	rrives ~ 2hrs 1	ater if dir	ect)	
Mon-Fri	05473	<u>0901²</u>	0932	1105 ³	1331	1406 ²	<u>1730²</u>	1851	20074
Saturday	0643 ³		0932	1105 ³	1331	1439 ^{2 (or 3)}	<u>1730²</u>	1840	20074
Sunday			0954	1145 ²		1440	1543 ²	1809 ³	
Notes 1. Change at Skipton 2. <u>Not Settle</u> ; change at Lancaster for Carlisle 3. Change at Hellifield 4. Terminates Ribblehead 12. Change at Lancaster for Morecambe Engineering works are planned to affect Gargrave trains to and from Leeds on									

3. Change at Hellifield 4. Terminates Ribblehead 12. Change at Lancaster for Morecamb Engineering works are planned to affect Gargrave trains to and from Leeds on Sunday 1 November. Also, to affect trains to and from Carlisle from Saturday 24 to Monday 26 Oct inclusive. Check with Northern Rail.

For live information on the next two trains text GARGRAVE to 84950

BUSES from Gargrave – from Saturday 3 October 2015

To Skipton (arrives ~ 15 mins later) (Services 75, 210/211, 580)

Mon-Fri* 0821 0911¹¹ 0956 1056 1057⁷ 1156 1256 1356 1357⁷ 1456 1556 1726

Saturday 0821 0911 0956 1056 1156 1256 1356 1456 1556 1656

To Settle (arrives ~ 25 mins later) and onward to Kirkby Lonsdale (Service 580/581)

Mon-Fri* 0904 0959¹¹ 1059 1159 1259 1359 1459 1559 1644 1759 Saturday 0904 1059 1159 1259 1359 1459 1644 1759

To Malham (arrives ~ 25mins later) (Services 75, 210/211)

Mon-Fri* (from 2 Sept) 10008 13108

Saturday (from 3 Oct) 1001⁶ 1559⁶

Notes 5. Service 75 connects at Skipton with X75, arr Harrogate ~75 mins later, Sat only

- 6. Service 75 connected at Skipton with X75 from Harrogate, Saturdays only
- 7. Tues & Thurs (as service 211) stops at Coniston Cold 4 mins before Gargrave
- 8. Tues & Thurs (as service 211) stops at Coniston Cold 4 mins after Gargrave

11. During School term only * Except Bank Holidays
** No Sunday or Public Holiday Service in Winter

** No Sunday or Public Holiday Service in Winter

24 Oct - 1 Nov 2015

Public Transport back to Gargrave

TRAINS, to Gargrave									
			-					Last train	-
From Skip	ton (arriv	ing Gargrav	e ~ 5 m	ins later)			LEE	DS <u>to Gar</u>	<u>grave</u>
Mon-Fri	0541 08	55 0926 11	.00 132	6 1401 172	5 1846	2000			1919
Saturday	0638 09	00 0926 11	L00 132	6 1434 1724	1 1835	2000			1919
Sunday	09	26 0948 1	L40	1435 1538	3 1803	Living in t	he BD23 p	oostcode,	1720
From Mor	ecambe (arriving Gar	grave ~	95 mins lat	er)		u can buy		
Mon-Fri	061012	1034	1333	1619	1908		ARD for £1 1/3 off Any		
Saturday	073612	1034	1331	1616	1909	tickets betw			
Sunday		1222	1446	1741	1946	-	Bradford, nbe and L		
From Carl	isle (jourr	ney time is o	lepende	ent on route	- check	k timetables	s)		
Mon-Fri	0550	<u>0949²</u>	1155	1249 ²	1506 ¹	¹ 1618	1814 ³	(2100 ¹³)	
Saturday	0702 ² 0	924 ³ <u>0949</u> ²	1151	1249 ² 142	1 ¹ 1539	² 1618	1807³	(2100 ¹³)	
Sunday Notes 1 12. Chang	. Change	•	2 . <u>Not</u>	1259 <u>Settle</u> ; char rlisle: Depar	-	ncaster 3.	_		eld

BUSES to Gargrave - from Saturday 3 October 2015

From Skipton (arrives Gargrave ~ 15 mins later) (Services 75, 210/211, 580)

0850 0945¹¹ 0950⁸ 1045 1145 1245 1300⁸ 1345 1445 1545 1630 1745 Mon-Fri* 0850 0945 1045 1145 1245 Saturday 1345 1445 1545 1630 1745

From Settle (arrives Gargrave ~ 25 mins later) (Service 580) from 3 Oct

Mon-Fri* 0755 084511 0930 1030 1130 1230 1330 1430 1530 1700

0755 0845 0930 1130 1230 1330 1430 1530 Saturday

From Malham (arrives ~ 25mins later) (Services 75, 210/211)

1035⁷ 1335⁷ Mon-Fri* (from 28 Sept)

10305 Saturday (from 3 Oct) 1630⁵

Notes 5. Service 75 connects at Skipton with X75 to Harrogate, arr 75 mins later, Sat only

- 6. Service 75 connected at Skipton with X75 from Harrogate, Saturdays only
- 7. Tues & Thurs service stops at Coniston Cold 4 mins before Gargrave
- 8. Tues & Thurs service stops at Coniston Cold 4 mins after Gargrave

11. During School Term only * Except Bank Holidays

** No Sunday or Public Holiday Service in Winter

Service Operators: Northern Rail www.northernrail.org

(75, 884 - York Pullman Bus Co Ltd - 01904 622992, www.yorkpullmanbus.co.uk)

210/211 - NYCC - 08458 725282;

580/581 and 75 (winter) - Kirkby Lonsdale Coach Hire - 01524 733831

www.kirkbvlonsdalecoachhire.co.uk

Buses (general) www.dalesbus.org; Traveline 0871 200 22 33, www.traveline.info

National Rail Enquiries 08457 48 49 50 [03457 48 49 50 is cheaper] www.nationalrail.co.uk

Gargrave Library

West St, BD23 3RD

Open: Mon 3-6pm, Wed & Fri 2-5pm, Sat 10am-1pm.

Visit http://capitadiscovery.co.uk/northyorkshire/ to reserve or renew books online (first obtain your PIN no. from library)

Refuse and recycling collection days

Collections	Gargrave – Mon & Tue	Coniston Cold - Mon
2 Nov/3 Nov	Green bin & brown bin	Green bin
9 Nov / 10 Nov	Blue bag	Blue bin & bag & brown bin
16-Nov / 17-Nov	Green bin & brown bin	Green bin
23-Nov / 24-Nov	Blue bin & blue bag	Blue bag and brown bin
30-Nov / 01-Dec	Green bin & brown bin	Green bin

Last posting times

Gargrave Post Office: Mon-Fri 5.15pm, Sat 11.45am Church Street (beside Masons Arms): Mon-Fri 9am; Sat 7am West Street (corner of Higherlands Cl): Mon-Fri 9am, Sat 7am

Doctors

Gargrave Branch Surgery, Higherlands Close BD23 3RF Tel 749226 from 8am. Open Mon-Fri mornings, 8am to noon.

Gargrave C of E Primary School & Pre-School holiday dates

	School closes	School opens
Half Term (Autumn)	Fri 23 Oct 2015	Mon 2 Nov 2015
Christmas	Fri 18 Dec 2015	Tues 5 Jan 2016
Half term (Spring)	Fri 12 Feb 2016	Mon 22 Feb 2016
Easter	Thu 24 Mar 2016	Tue 12 April 2016
Half Term	Fri 27 May 2016	Mon 6 June 2016
Summer	Fri 22 July 2016	

Magazine contributions, adverts and subscriptions

THIS MAGAZINE IS PRODUCED by St Andrew's Church for the benefit of the whole community of Gargrave & Coniston Cold parishes. We welcome short articles, news, notices of events, anecdotes, announcements, obituaries, letters & photos, free of charge, subject to space and relevance.

Please email contributions, if possible, to editor@gargravemag.co.uk. We can also accept short contributions by phone 01756 749443, text 07979 304914 or post to 2 Riversway, Gargrave, Skipton, BD23 3NR.

One-off adverts within the editorial are £18 for ½ page per month, £9 for a ¼, etc, payable to "St Andrew's Church, Gargrave", bank account no 30693561, sort code 20-78-42, or by cheque/cash to 2 Riversway, Gargrave. Please supply artwork in Word or pdf format; alternatively we can create it for you, from £10 per advert.

The deadline for the coming magazine's editorial is the 10th of the previous month.

An annual subscription is £6 – contact Ruth Abbott 748483.

Or download it for free from www.gargravemag.co.uk.

Organisations Please let us know if you'd like to amend or add an entry

Caterpillar Club (0+) – St Andrew's Church, Wed 10am, Heather Taylor 749499

Stay and Play (0+) Village Hall Annex, Mondays 9.30-11.30am, Sally Thomas 748098

Twins and Multiple Birth Group, V Hall, Wednesdays 9.30am, NYCC 01609 533990

Rainbows (5+) – Debbie Gomersall 01729 830589

Brownies (7+) - Rose Turner 01729 825886

Young Farmers Club - Coniston Cold, Tues 7.30pm, Janet Bolland 01729 830505

Wednesday Club (over 60s) - Village Hall Annex, Wed 1.30-3.30pm,

Phoenix Group (over 65s) – The Anchor Inn, alternate Thurs 9am-1pm,

Jean McHale 01729 850329, 07775 880577

Meals on Wheels - Mon & Wed, Brenda Longbottom 749883

Bowling - outdoor Gargrave Bowling Club, Michael Cox, 748285

Bowls - indoor, Village Hall, Tues & Thurs 2-4pm, Mary Rushton 748908

Cricket - Gargrave Cricket Club (over 13s) Tony Cockshott, 07788 100199

Croquet - Craven Lawn Tennis Club, Gargrave, Tues 2-6pm, Roy Berry 748065

Cycling - Gargrave Tuesday Club, Dalesman Café, Tues 9.30 for 10am start,

Thurs 10 for 10.30am start, Trevor Pickles 01282 844788

Football – Gargrave AFC (over 16s), Tues eve training, Sat games www.gargraveafc.co.uk, Caroline Thompson 749235

Golf - Mason's Arms Golf Society, www.masonsarmsgolfsociety.com, 749304

Hunt - Pendle Forest & Craven Hunt, Elizabeth Adams 01756 749772

Pilates – Village Hall Annex, Tuesdays 10-11am, Fridays 9-10am, Beatrice Faulkner 749443

Tennis - Craven Lawn Tennis Club, Beth Whitley 749664, www.craventennis.org.uk

Tai Chi – Village Hall Annex, Thur 7.30-8.30pm, Ian Cresswell 748540

Walking for Health - 1st Thursday of the month, 10am, Jean Maxwell 748851

Yoga - Village Hall Annex, Wednesdays 9.30-11.30am, Sally Thomas 748098

Modern sequence dance – Village Hall, Mon 7.45-10pm & a monthly Saturday (see diary, p.2), John Stephenson 01535 632935

Chance 2 dance – Village Hall Annex, Tap (3-18, adult) Tues 4.15-7.30pm

Ballet (3-18) Sat 9am-2.30pm, Theatre-craft Thur 5-6pm Jaki 0758 2086345

Art - Gargrave Art Group - Village Hall, Mondays 1.30-3.30pm, Lesley Woodhouse 749421

Bell ringing – St Andrew's, Mon 7.30pm Sun 9.30am Davina Cockshott 07772 179561

Bingo – Village Hall Annex, 4th Wed of month 7.30pm, Joan Philip 749468

Fuchsia & Geranium Club - V.Hall, 1st Wed of month 7.30pm, Paula Jackson 752175

Gargrave Heritage Group - Tues 10am, St Andrew's Church, Martin Thomson 748309

Knit and Natter – St Andrew's, Tues 2pm, Norma Brothers 748392

Mothers Union - Ethne Bannister, 749551

Parish Council Meeting - Village Hall side room, 1st Mon of mth, or 2nd on bank hols

Snooker Club - Village Hall Snooker Annex, every day, Stewart Smith 749340

Stan Drew's Community Choir - Ruth Abbott, 748483

WI - Village Hall Annex, 2nd Wed of month 7.30pm, Moyra Sonley 749634

Masons Arms - Quiz Sundays 9pm, Acoustic live music 1st Friday of the month

The Old Swan Inn - Quiz Thursdays 9pm 749232

SHOPPING

GARGRAVE PHARMACY

36 High Street, 01756 749324
Dispensing
Medicines sales and advice
Repeat dispensing service

Open: Mon - Fri 9 am - 5.30 pm Sat 9 am - 12.30 pm

Closed for lunch 1 - 2 pm

GARGRAVE POST OFFICE

7 High Street, Gargrave Tel 749330

Euros on Demand Home/Car Insurance Motor Vehicle Licensing

Closed Tuesday 1pm

Robert and Jackie RUSHTON • MILKMAN

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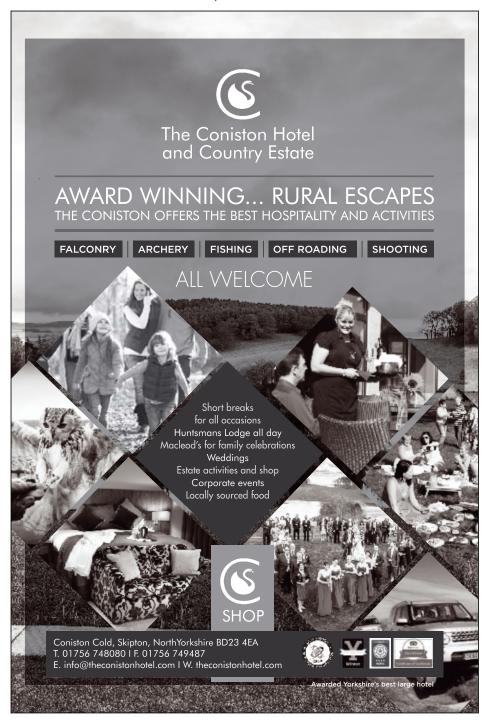


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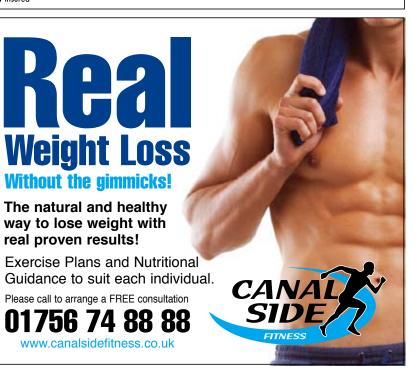
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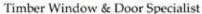
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