# GARGRAVE & CONISTON COLD

Parish Magazine -



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#### Dates for your diary (coming months)

20 August 9 September Gargrave Show Heritage Group talk: Rebellion of the Northern Earls

#### AUGUST/SEPTEMBER DOUBLE ISSUE EDITORIAL DEADLINE: 10 JULY editor@gargravemag.co.uk 01756 749443 www.gargravemag.co.uk

Printed in Skipton by Ellesmere Press on FSC recycled paper (cover pages from PEFC European farmed forests)

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... or place a written request in the box on the wall behind St Andrew's church's font

#### HEATHER'S DISPATCHES

Rev Heather Houlton

TWO YEARS AGO Sandy became the latest addition to the Houlton household. He'd recently retired from racing at the age of  $2\frac{1}{2}$ . He could cover 500 metres in just 29 seconds, that's about 40 miles an hour. At first we didn't dared to let him off the lead for fear we'd never catch him if he ran off.



Sandy has been through a long transition since then - from being a working dog to a family pet. He was keen to learn what we were trying to teach him, especially when there was an edible reward. But he wasn't used to living in a house; it took a to settle, while becoming accustomed to the noisy washing machine and hoover, but it wasn't long before he was at the ready whenever the fridge or oven was opened.

7.30 in the morning on the green in Gargrave is a good time to meet other dogs and their owners. Sandy found this overwhelming at first, so we introduced him to other dogs gradually. At first he wouldn't even look at them but allowed them to sniff him; then he began to venture out to sniff them too. Later he began to recognise and approach humans who he sees regularly. But when an enthusiastic dog bounded over to meet him, he still tried to hide behind my legs.

Over the last two years Sandy has eventually learned to trust us and to come when we call. We taught him to run and return in an enclosed area first, and then gradually let him off the lead more in an enclosed field or in a familiar area. He went through phases: he was unsure of himself – scared of lorries and loud noises; then over confident – rushing up to dogs too enthusiastically! But, ever so gradually he's learned to be part of doggy society again, playing appropriately with other dogs - most of the time.

Like Sandy, sometimes there are things we are nervous about doing – maybe attending a social event alone after our partner has died, agreeing to do some public speaking, or driving again after a long break. We feel silly because others seem to have no problem with such activities. But, in all the challenges of life, it helps to remember that God is with us and is the one who comforts us. As we learn to transition, and to go step by step, not trying to plunge in where we can't cope, we can trust Him to help us, gradually, to step just outside our comfort zone.

#### DIARY FOR JULY

#### Coniston Cold

Sun 3 July	9.30am, Holy Communion, Church
Sun 10	Coniston Cold v Bell Busk cricket match, 1.30pm for 2pm,Coniston Hotel archery grounds 4pm Evensong, Church
Sun 17	9.30am Holy Communion
Sun 24	4pm PET SERVICE
Sun 31	No Service. We will join St Andrew's.

#### Gargrave

Fri 1 July	Play "Alice Returns" presented by Gargrave Primary School Gargrave Village Hall, 1.30pm and 5.30pm Talk – Battle of the Somme, Church, 7.30pm
Sat 2	Coffee Morning, 10am to Noon, Village Hall.
Sun 3	8am BCP Communion, 10.45 Sung Eucharist, Church 6pm OASIS – quiet reflective worship, Church
Tues 5	Gargrave Primary School Sports, 1.15-3.15pm - school field
Wed 6	Fuchsia and Geranium Meeting, 7pm, Village Hall Annex
Thurs 7	Watercolour Painting Class, 9.30am, Annex
Fri 8	Dance with Elizabeth Harrison, 8pm, Village Hall
Sat 9	Coffee Morning, 10am to Noon, Village Hall NSPCC Garden Party, Taira Gardens, 2-4pm
Sun 10	8am BCP Communion, 10.45am Service of the Word, Church Flea Market, 10am to 4pm, Village Hall Duck Race, 12 noon to 3pm, Middle Green
Mon 11	Parish Council Meeting, 7.15pm, Village Hall Committee Room 1
Wed 13	Private View for Art Exhibition, 7-9pm, Village Hall Women's Institute, WI meeting, 7.30 pm, V Hall Annex
Thurs 14	Art Exhibition, Village Hall, 11am – 7pm Watercolour Painting Class, 9.30am, Village Hall Annex
Friday 15	Art Exhibition, Village Hall, 11am – 7pm
Sat 16	Art Exhibition, Village Hall, 10am – 7 pm
Sun 17	8am BCP Communion, 10.45am Sung Eucharist, Church Art Exhibition, Village Hall, 11am – 5.30pm

Thurs 21	Watercolour Painting Class, 9.30am, Village Hall Annex
Fri 22	Gargrave Primary School Leavers' service, 1.15pm, Church
Sat 23	Sorry, no Coffee Morning today
Sun 24	8am BCP Communion, 10.45am Baptism, Church Flea Market, 10am to 4pm, Village Hall
Wed 27	Bingo, 7.30pm, Village Hall Annex.
Sat 30 July	Coffee Morning, 10am to Noon, Village Hall Modern Sequence Dance, 7pm, Village Hall

Sun 31 Julv 8am BCP Communion, 10.45am Baptism, Church Flea Market, 10am to 4pm, Village Hall

#### **Regular weekly Gargrave events**

#### Mondays:

- 9 am Morning Prayer, Church (most weeks, - see weekly church news sheet or: http://www.standrewsgargrave.org.uk/church-calendar/)
- 1.30pm Art Club, Village Hall Committee Room 1
- 7pm Modern Sequence Dancing, Village Hall
- 7.30pm Bell ringing, Church
- 7.30pm Church home group, see "Weekly Sheet" in Church for venue

#### Tuesdavs:

- 9 am Communion Service, Church
- 9.30am Gargrave Tuesday Club Cycling, dep The Dalesman Cafe
- 10 am Heritage Group, Church
- 10 am & 11.30am Pilates & Standing/Sitting Pilates, V.Hall (term time + extras)
- 10.30am Adult Tennis Coaching and Social Tennis (weather permitting)
- 2pm Craft and Chat, Church
- Brownies & Rainbows (school term only) pm
- Tap dancing lessons, Village Hall Annex pm

#### Wednesdays:

- 9 am Morning Prayer, Church (most weeks)
- 9.30 am Gentle Hatha Yoga, Village Hall Annex
- 9.30 am Twins and Multiple Birth Group, Village Hall
- Caterpillar Club, Church 10 am
- 1.30 pm Wednesday Club, Village Hall Annex

#### Thursdays:

10 am Gargrave Tuesday Club Cycling, dep the Dalesman Café 10.30 am Social tennis

- 5pm Theatre-craft lessons, Village Hall Annex
- 7.30 pm Tai Chi, Village Hall Annex

#### Fridays:

- 9 am Morning Prayer, Church (most weeks)
- 9 am Pilates, Village Hall (term time + extra holiday sessions - see News)

Saturdays: am Ballet lessons, Village Hall Annex Sundays: 1.30pm Social Tennis

#### FORTHCOMING EVENTS

#### Alice, the Musical, I July

Sarah Peel The school are performing this musical, based on Alice in Wonderland, on Friday 1<sup>st</sup> July in the village hall, 1.30pm and 5.30pm, all welcome.

#### The Somme – an illustrated talk, I July

Don Slaven

Ray Jones will be giving an illustrated talk outlining the events leading up to the battle of the Somme, and the reasons why there was such a catastrophic loss of life. He will be commemorating the men from Gargrave who lost their lives in this campaign, 100 years ago. This will be at St Andrew's Church, Gargrave on Friday 1<sup>st</sup> July, from 7.30 to 9pm, £5 admission.

See also: http://gargraveheritagegroup.co.uk/



#### Gargrave CE (VC) Primary School Sports Day

Sarah Peel

This will be held on Tuesday 5<sup>th</sup> July from 1.15-3.15pm, all welcome.

#### NSPCC Garden Party - 9 July

#### Christine Berry

The next event of the NSPCC Gargrave Branch will be a Garden Party to be held by kind permission of Mr & Mrs Richard and Rosemary Pocock at Taira Gardens, Church Street, Gargrave on Saturday 9th July from 2pm to 4 pm. Tickets can be obtained from Poppyfields or committee members.

#### Coniston Cold vs Bell Busk cricket match, 10 July Philip Eddleston

Coniston Cold vs Bell Busk cricket match, Sunday 10th July, at the Coniston Hotel's archery ground, match starts 2pm. There will also be a rounders match for children during the afternoon. All welcome. BBQ lit by 1.30pm. Bring your own food and drink. Contact Philip Eddleston, 07776 202531.

#### Duck Race, 11 July

#### Claire Gautam Gargrave C of E (VC) Primary School Parent Teacher Association

This year the village Duck Race will be held on **Sunday 11th July** 12noon-3pm, on the Middle Green. As always there will be lots going on: Bouncy castles, a Tombola, a raffle with some fabulous prizes, a cake stall, ice creams, face painting and much more! There will also be the addition of a beer tent this year courtesy of John from The Masons Arms.

Donations are always well received, in particular, cakes for the cake stall and tombola prizes. Anybody wishing to donate items may leave them in school for the attention of the PTA (or bring them along on the day)

Tickets for the duck race will be available from school and also from the Co-op store. Tickets cost £1.50 each and the prizes are as follows, 1st prize £100, 2nd prize £75 and 3rd prize £50.

It promises to be a fun filled afternoon and we look forward to seeing familiar faces and new!

#### Gargrave Village Summer Art Exhibition, 14 – 17 July

Announcing The Summer Art Exhibition 2016, on behalf of Gargrave Village Hall.

The Exhibition begins, as always, with the Preview Evening on Wednesday, where the Artists and invited guests have the first opportunity to see what is in store for visitors this year. Your enjoyment will be enhanced by a free glass of wine or a soft drink, and possibly a few selected nibbles. You will have the opportunity to chat to some of the artists, and partake of the raffle, that will include as one of the prizes, an original piece of art.

If you would like an invitation to the Preview Evening, please send an e-mail to gargravearts@hotmail.co.uk or contact one of the Committee.

The main Committee room will be taken over again by a display by the Gargrave Art Group, which meets every Monday afternoon in the Village Hall, and there will also be a display of work by David Lamb, from Keighley, who won last year's People's Choice of Best in Show.

As well as the usual displays by Gargrave Primary School and the Pre-school, we are once again running a special Children's Competition, complete with prizes and certificates. The Yorkshire Dales Millennium Trust will also have a stall with us again this year, as part of the "Flowers of the Dales" Festival. There will be items for sale exclusively by YDMT.

As in previous years there is no charge for entry, and children and dogs (on a lead) are welcome. Please come and support our local artists. We look forward to seeing you there.

#### **Exhibition Opening Times**

Wednesda	y 13th July (F	Preview Evening)	7:00 pm – 9:00 pm
Thursday	14th July	11:00 am – 7:00	) pm
Friday	15th July	11:00 am – 7:00	) pm
Saturday	16th July	10:00 am – 7:00	) pm
Sunday	17th July	11:00 am – 5:30	) pm

#### Art Exhibition Committee:

Alan Poxon, 01756 749686 Lesley Woodhouse, Shelagh Smith, Barbara Martin, Martin Harrison, Hilary McCormac, Linda Drybrough, Martin Winterton, Ian Maxwell, Bev Parker.

#### Gargrave CE (VC) Primary School Leaver's Service

Sarah Peel

**Leavers' service on Friday 22<sup>nd</sup> July 1.15pm- St Andrew's Church.** We say farewell to 12 leavers as they move to secondary school and give awards for the school for academic, sporting and attendance. All welcome.

#### Gargrave Show - Sheep Dog Trial

Lisa Hall

The date for this year's trial is **Sunday 24th July** starting at 9am. It will once again be held at Holme House Farm, Gargrave, by kind permission of the Beckwith Family. Entry for spectators is free.

Homemade refreshments will be served throughout the day and there will also be a raffle.

#### Family fun meet up - coming this summer

#### Maxine Fletcher and Helen Carruthers

We want to organise a regular meet up for families (parents, carers, grandparents, childminders etc.) and children of all ages during the summer holidays. We plan to meet on High Green in Gargrave every Monday between 10-12. Every week we'll bring some regular activities such as a slack line, ball games, painting and a messy 'toddler' activity. We'll also have something different each week such as a bug hunt, den building, rounders etc. As it is a 'meet up' children will need to be accompanied by an adult and supervised. We'll post a weekly notice on Friends of Gargrave school Facebook page so you know what will be on and what happens if the weather is bad. We hope to have lots of fun, enjoy our wonderful surroundings and give our kids the chance to get together. Please come along any Monday from 25th July onwards. Happy Holidays!

#### Gargrave Show - 20 August

#### Liz Otulakowski

I would like to introduce myself as the new Show Secretary for the Gargrave Show (yes, I had my arm twisted!) and to emphasise that I will be happy to assist with any questions you may have about this year's show. I live with my family in Winterburn and work at Westlake  $\mathcal{E}$  Co in Gargrave and am looking forward to getting involved with such a great tradition - now in its 112th year!

Is there anybody out there with an interest in horticulture who would like to spare some time to get involved? We are very grateful to our current horticulture steward who will be leaving the committee after this year's show. This this would be a great opportunity for a new person (or perhaps a couple or friends) to "shadow" him learn the ropes ready for next year. (Several of our sections are stewarded by more than one person). If you would like to be



## Free Shuttle Bus to the Showground

Held by kind permission of Mr M Fenwick, in the field in front of Eshton Hall from 8.30 a.m. Last event commences 5.00pm



involved (and there will be a lot of help) to run the horticulture classes on the day then we would be really delighted to hear from you. This role needn't take much time or energy, but I can promise (if my experience is anything to go by) it will be a rewarding and fun experience. Please get in touch if you think you might be interested - you won't be the only new member/s - if you haven't heard we have an eminent member of the Gargrave community who has recently agreed to take on the role of Dog Show Steward.....

Looking forward to hearing from you and meeting you at the show, Liz Otulakowski tel: 07988 899537 email: lizotul@hotmail.co.uk.

#### Delayed Talk - A tale of 2 manors

Norma Brothers Heritage Group talk "Gargrave Divided – A tale of Two Manors", Dr Gillian Waters, which was due to be on Friday 10 June will now be on Friday September 9th at 7.30pm, St Andrew's Church.

#### **NEWS**

#### Summer Reading Challenge - Big Friendly Read

Dave Smith

All over the UK, libraries are celebrating 100 years of the world's favourite storyteller, Roald Dahl. The Big Friendly Read, the Summer Reading Challenge 2016, is your child's chance to join in those celebrations.

Last year over 70 children aged 4 - 11 took part in the challenge at Gargrave and Malhamdale Community Library and the scheme is expected to be even more popular this year.

All children have to do is sign up at the library and read six library books of their choice, collecting stickers and other rewards along the way. Children who complete the challenge are presented with a certificate and a medal.

Gargrave and Malhamdale Community Library will be holding a special launch on Saturday 16th July from 10 am. If you can't make that date, then children can join, exchange their books and collect their prizes at any time throughout the summer holidays - the challenge finishes on Saturday 12th September.

#### Our next hymn

A visiting minister, seeing the list of hymns chosen for the Sunday service, sent a message to the organist to say that the last hymn (519) did not suit his sermon, and so he wanted it replaced by 213. The organist's message replied: In this church the organist chooses the hymns and I will play 519.' The minister shot back: 'At this service I announce the hymns and I shall announce 213.

#### Gargrave Home Library Service – Volunteers needed!

Dave Smith

Caroline Thompson

Could you help to deliver books to people who can't get to the library?

North Yorkshire County Council's Home Library and Information Service provides a free home delivery service for people who, perhaps because of ill health or disability, find it difficult to get to the library or *to* carry books. The books are carefully chosen for each customer by the library staff and then the volunteers deliver them very two weeks.

The volunteers do spend time at each house having a chat about the books and the customers enjoy having a regular visitor. The role requires being able to give a regular commitment of approximately 2 hours at a set time and day once a fortnight.

The local scheme in Gargrave urgently needs more volunteers, especially drivers, so if you think you can help, please call John Moss, Home Library and Information Service Volunteer Co-ordinator for Harrogate and Craven Districts on 01609 798281.

#### Thanks to supporters of "Betty's" Flea Market stall

I would like to take this opportunity to thank everyone who continues to support "Bettys" charity stall.

Many years ago Betty Whittaker of North Street began this stall by selling donated items outside her home on North Street, she then moved onto selling on a regular basis at the Village Hall Flea Markets (twice monthly). All proceeds were delivered to a cause close to her heart, the Oncology research fund at Airedale General Hospital. Over the years Betty raised a considerable amount for the funds.

I took over the stall when Betty was unable to continue due to ill health and decided to split the proceeds between the Oncology research trust fund at Airedale and Manorlands Hospice at Oxenhope. I am pleased to say that last year (2015) due to the kindness and generousity of others I was able to donate £130.00 to Oncology research and £165.30 to Manorlands Hospice.

I have now decided to concentrate solely on raising funds for Manorlands at Oxenhope and sales for 2016 are progressing well.

Thank you so much to everyone for their kind donations of items and to all those who visit the stall and make purchases. Proceeds will be put to the continuing specialist care of patients at Manorlands and out in the community. Caroline Thompson. 01756 749235.

#### Vote carried

The vicar was ill in hospital and so the churchwarden went to visit. Trying to cheer him up, the churchwarden said: "We missed you at PCC last night. We even put forward a resolution to wish you a speedy recovery. It was passed by 14 votes to 12."

#### Gargrave Open Gardens Thanks

Bea and Dunc Faulkner

Once again Open Gardens (Sat 11 June) has shown people what is best about life in Gargrave. It has been a true team effort, with the talents of gardeners, musicians, bakers, organisers, hosts, kitchen staff, washers up, waiters, stall holders and so many others combining to produce a feeling of community effort.

Grateful thanks to all those who helped in any way, including those who shared their gardens with hundreds of people - the visitors greatly appreciate being able to witness the village in such an intimate way. Particular thanks to Norma Brothers and her team for the impressive Village Hall catering operation. And at Taira House Gardens, Richard and Rosemary Pocock ran an additional afternoon tea venue - much appreciated by well over 100 guests who had reached the outermost part of their Open Gardens pilgrimage and welcomed some refreshment, and musical serenading, before heading back to the centre of the village. Thank you to Janie Kennerdale for organising the beautifully presented tombola and to Sylvia and Ron Humphreys for running the popular plant stall.

Thanks also to all who shared their musical talents: we had Skipton Music Centre's big band outside the village hall, the Fairfax Singers at Neville House, a choir and individual performers from Ermysteds in the hall, and numerous guitar, accordion, saxophone, bassoon, piano and vocal performers in gardens throughout the village. Their contribution played a large part in creating a special atmosphere for the event, and many visitors commented how they were struck by the buzz around the village. We are particularly grateful that many musicians travelled some distance to perform, (and for the photos below being sent in to us).



We had 352 paying visitors to Open Gardens, plus quite a decent number of children, who have free entry and enjoyed the Royal Quiz. The event raised £2861 for St Andrew's Church which will go towards supporting and improving the parish church and all it does for this and future generations in Gargrave.

#### Gargrave WI - Cake Competition for the Queen

Gargrave W.I. rose to the occasion and celebrated the official Queen's 90th Birthday with an afternoon tea and cake competition at the Church on Sunday 12th June.

There was free tea and cake for anyone wishing to join in the fun -and plenty of people, villagers and visitors alike, had a wonderful afternoon.

David, the vicar, judged the decorated cakes, (not too onerous a job due to the disappointing number of entries) and awarded prizes to Jenny Whitaker and her sister Kate Whitaker. Jenny had entered the



Sarah Curtis

under 11 section and won with a chocolate royal crown, encrusted with sweet "iewels".



Kate, who is only 12, entered the adult section and won with a most beautiful copy of the Queen's yellow hat (as worn at the ceremony at St. Paul's Cathedral). Close second was a most realistic cake in the shape of the royal corgi dog, made by Linda of the Dalesman Cafe.

Prizes of Smiths Vouchers were generously donated by Mrs Jean Maxwell and the Coop kindly provided the tea, coffee and sugar.

The event had to be held

indoors because of the threat of rain and we were reminded of the Queen's Coronation in June 1953, when it also poured with rain ! The Heritage Group put together an amazing display of Royal memorabilia and also showed video clips of the Gargrave parade and festivities in 1953. Gargravians liked to celebrate then and still carry on the tradition now!!

#### LASRUG Coffee Morning thanks

Kay Craven

LASRUG Coffee Morning - Once again the Lancaster and Skipton Rail User Group thanks you all for supporting our Coffee Morning on 18th June so generously. The amount raised was £268.43 which will enable the group to continue their work in promoting the Bentham Line further. Thank you very much.

#### Coniston Cold Young Farmers Club

#### Meetings over the last few weeks:

May 31st - Young farmers met at Hellifield playing fields to practise for the Settle district YFC sports night, followed by a game of rounders. Members were selected for each race at the district competition.

June 7th - Young Farmers enjoyed an interesting visit to Dry Rigg Quarry at Helwith Bridge near Settle where they were shown how a quarry operates as well as visiting Arcow quarry to look at the new Railhead recently constructed.

June 14th - Annual Settle district sports competition held at Settle College. The results were: 1st Coniston Cold, 2nd Rathmell, 3rd Burton in Lonsdale, and 4th Lawkland

June 21 - Reserve sports night - golf driving range

#### **Upcoming meetings:**

June 28th - Practice for the Semple Trophy judging dairy, fat lambs and indoor events by kind permission of the Bolland family, Dykelands Farm, Airton

July 5th - Settle District Rounders and Football competition

July 12th - No meeting due to Yorkshire Show

July 19th - Car Treasure Hunt organised by Mr and Mrs A Walton

July 26th - Banana Boating at Carnforth

August 2nd - Farm Walk TBA

August 9th - Setting up the show field at Coniston

Saturday 13th August - Coniston Cold YFC Show

Friday 18<sup>th</sup> November, Coniston Cold YFC 80th Annual Dinner, Stirk House, Gisburn. All past and present members welcome.

For further details please contact Janet Bolland on 01729 830505.

#### Big and bigger

A Texan farmer goes to Australia for a holiday. There he meets an Aussie farmer and gets talking. The Aussie shows off his big wheat field and the Texan says, "Oh! We have wheat fields that are at least twice as large".

Then they walk around the ranch a little and the Aussie shows off his herd of cattle. The Texan immediately says, "We have longhorns that are at least twice as large as your cows".

The conversation has, meanwhile, almost died when the Texan sees a mob of kangaroos hopping through the field. He asks, "And what are those"?

The Aussie asks with an incredulous look, "Don't you have any grasshoppers in Texas"?

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#### 2017 Holiday Club??

Peter Poulter

St Andrew's is exploring the possibility of promoting a children's Holiday Club in 2017. If you are willing to share in the planning and development of this please make contact with Peter Poulter - buffers.pp@gmail.com or 748944. It will be fun.

#### Pilates News -Summer

There will be a few drop-in Pilates sessions over the school summer holidays, the first ones being on Tuesday 26 July at 10am (mat based) and 11.30am (standing and sitting). *Please see the August/September double issue of this magazine for details of the August and early September drop-in sessions.* 

During school term time, the classes run on a half-term block basis, with new 7-week blocks starting on Tuesday 6 September and Friday 9 September.

For further information or to book a place, please contact me on 01756 749443.

#### Improving your balance – summer challenge

How about trying to improve your balance before the autumn? Give yourself a baseline test on standing on one leg for 1 minute and seeing how many times you have to put your foot down temporarily to keep your balance. Repeat on the other leg and see whether or not you're the same on both sides.

If one legged standing is too tricky stand with your arms out to the sides with your feet together, but your weight in just one leg, seeing if you can keep the weight there (or try intermediate version with your legs in line, like a tightrope walker). If, on the other hand it's easy for you, try moving your head from side to side at the same time, and/or closing your eyes, or both...

To help you balance, try switching on your abdominal muscles – pulling your navel towards your spine about a third of the way. And try engaging the muscles in the buttock of the leg whose foot is on the floor. Try standing as tall as you can, with your chest lifted and your earlobes directly above your shoulders, hips and ankles. (The less forward your head is compared to your feet, the more stable you'll be.)

Then, over the next few weeks, try challenging your balance sporadically throughout the day – standing in tightrope position or on one leg when waiting for the kettle to boil, when brushing your teeth, when taking a jumper off, or when talking on the phone...And try walking in slow motion with control.

Then repeat the original tests on each leg in a few weeks' time and record your improvement.

As well as improving your balance and so reducing the chance of you falling, one legged weight-bearing is good for strengthening ankles and knees too. And it increases bone loading within your leg and hip, which in turn is good for reducing their rate of bone density loss and so slowing osteoporosis. It's fun too...

Please mention "Parish Magazine" when contacting advertisers.

#### Hunt News

Elizabeth Adams

We had the most marvellous day for our Fund raising ride for Manorlands Hospice. The weather was warm sunny and bright as 124 riders set off from the Coniston Estate on Sunday 5th June. It was a lovely ride out of the estate up around Airton and a great gallop over the hill field at Bell Busk to return to the finish and a delicious bacon sandwich! Our thanks go to the Coniston Hotel and estate for hosting us at this event. An amazing £5000 was raised for Manorlands Hospice Keighley.

Our hounds will be busy getting ready for the summer shows. They will be at the Great Yorkshire show on Tuesday 12th July. If you are visiting the show this year do come along to the Hound area and see the action.

#### ST HELEN'S WELL

#### John Weatherill

THERE ARE MANY HOLY WELLS in Britain dedicated to St Helen, including the one alongside the back road from Eshton to Winterburn just before the bridge over Eshton Beck. Although not a native of these islands the Empress Helena became an adopted favourite as mother of Constantine who was proclaimed Emperor by the Roman army stationed in York in 306AD. He it was who converted to Christianity under the influence of his mother and then decreed tolerance for all Christians throughout the Empire. It was because of her involvement with this act of toleration that Helen was held in such high esteem.

But just because a Well is now dedicated to a Christian saint it does not mean that its religious significance began with Christianity. Indeed the Eshton St Helen's Well probably has a pagan background, most likely associated with the Brigantes tribe of northern England. With its three stone heads sunken so far into the silt of the pond as to be identifiable only by touch, it seems to reflect the pagan severed head superstition associated with sacred water. Unfortunately the heads have recently been stolen and the only persons who have actually seen them have doubts about their age, yet their connection with spring waters bubbling up from secret depths is a typically Celtic concept.

The mysteries of water were important to the Celts, but so they are to Christians - viz John the Baptist, water into wine and the ritual of the Font. It is not surprising, therefore, to find continuity between the two periods, with no waning in importance following the advent of Christianity. In fact the Well seems to have gained in religious significance, as evidenced by the building nearby of a Chapel of Ease. Although the Chapel has gone, St Helen's Well remains, with the added accolade of having become a listed site under planning legislation. Perhaps not a focal point for spectacular miracles, the waters from the Well have always been regarded as a cure for sore and weak eyes, with supplicants tying rags to adjoining trees in the belief that the waters of the Well would cleanse their eyes and transfer the infection to their offerings.

But reading about the Well is no substitute for seeing it. More a pond than a well, it is roughly circular in shape with a dressed stone dam at one end, rumoured to have been constructed from the ruins of a church. This rumour seems to be

supported by the largest stone being in the shape of the capital of a smallish pillar typical of church architecture. The water comes from underground in the form of a spectacular spring which fills the pond at the opposite end of the Well to the dam. On leaving the pond the water flows through the roadside wall into what used to be a trough, but is now a Council drain which leads it into a steep descent to Eshton Beck on the upstream side of the bridge. To a lover of this area the sight and sound of the bubbling water is something that should not be missed, and once again confirms what a fascinating area we live in.

Those fascinated with the pagan connection between water and severed heads might be interested in reading Phil Rickman's novel "To Dream of the Dead" which contains various references on this subject.



'Baby McBabeface' - are you really sure?

#### **ORPHAN HEDGEHOGS - HOW TO HELP**

Morris Charlton

IN JULY, MANY OF THE ADULT female hedgehogs will be pregnant, indeed some may already have given birth to 4-5 hoglets. If the weather should be dry she will have difficulty finding enough food for her and then her hoglets so a dish of food is always welcome and a bowl of water as well.

Regular visitors are most likely to be females, they have to stay local when their hoglets are very small. The males tend to be nomadic in the breeding season to give them more opportunities to find any females.

If you should be unfortunate enough to find a dead hedgehog and it is safe to do so try to determine whether it is male or female. When uncurled they are easy to sex, they are like dogs and bitches. We usually suggest that if it looks like it has a belly button then it is a male. The reason to sex the hedgehog it that if it is a female there may be hoglets nearby that are now orphans. Without their mum they will more likely die. The males do not have anything to do with bringing up the family, so if the casualty is a male there in no need to check for orphans.

The hoglets may well leave the nest and be calling for their mother. Even very young ones that would not normally be out of the nest yet, will do this. They make a loud squeaking noise, perhaps like a bird but at ground level. If you find any they need to be rescued. Bring them indoors and put them on a covered hot water bottle, cover them with more cloth and put this in a high sided box. The water should be hand hot and replaced as it cools down. Then, as soon as possible, contact the British Hedgehog Preservation Society (BHPS) on 01584 890801 for advice and perhaps details of a local hedgehog rehabilitator..

Even without seeing a dead adult any hoglets out of the nest and squeaking will most likely need to be rescued – this call is their distress call to their mother. Any that hedgehogs that are wobbling as they walk, laying still in the sun or especially if they have flies around them should also be rescued immediately. If you find a single hoglet it is always worth returning to the same spot for a number of days, even a week, after the initial one was found to check for any more.

General advice can also be gained from the BHPS website www.britishhedgehogs.org.uk.

Please sign and share the #hedgehogpetition calling for greater legal protection of hedgehogs https://petition.parliament.uk/petitions/121264.

#### FARMING ON SCALEBER HILL

John Hall

ON A LONG AND WET WINTER like the last one, why on earth would one want to farm? Long hard days in wellies and waterproofs, early starts, late finishes, out in all weathers, then to finish with a month in the lambing shed. It might not seem very glamorous.

Come May and June the days lengthen, the birds arrive, everything comes to life. The grass grows, cattle go out, the lambs arrive. Where better than on Scaleber Hill (with the views in every direction). All the long winter is forgotten and on a sunny day in June if there is a nicer place I have yet to find it.

The next batch of dairy heifers are now calving and look very pleasing. They are in good condition with good conformation. The suckler (beef) cows are also calving. Guess who was first? The belted Galloway of course!!! And a heifer calf.

As I write these notes a Lim cow has produced twins. June is always the best month of the year. Everything is so green and fresh.

Seeing the horses and caravans heading to the horse fair at Appleby reminds me of my youth, going to Clitheroe horse fair with my father. He was a recognised horse trainer. The farms were those days all on work horses, my father would buy young horses and train them.

The first thing he did was tie them with a chain to an ash tree near the farm. He would leave them until they gave over pulling. Next was fitting a head piece and a bit in the mouth, then a long leading rein, gradually fitting a neck collar for pulling with. He would take great care as, too much at once could blister the mouth and shoulder. Care had to be taken to harden them gradually like an athlete.

He would spend many hours with young horses with a light harrow gently hardening the shoulders before giving them hard work. He would walk many miles driving a young horse with the light harrow. He would have a lot of satisfaction presenting a good workhorse at the auction. My father could shoe his own horses or replace a loose shoe. For new ones they had to go to the smithy (opposite the post office). It was often my job to take a horse on a Saturday morning to the smithy. Mrs Sibly was an expert at making apple pasties. She always gave me a pot of tea and some pasty as sugar and everything else was on ration. It was quite a treat.



#### GARGRAVE C OF E PRIMARY SCHOOL

Sarah Peel

"Every child counts, every child contributes"

## 90<sup>th</sup> Birthday of the Queen, 40<sup>th</sup> Anniversary of the school and 90<sup>th</sup> birthday of Mr Gurth Robinson

The school and community celebrated these occasions with dance and singing. It was a wonderful occasion and every pupil was presented with a coin to mark the queen (provided by PTA), a booklet on the queen (provided by the church) and a flag.

The pupils and staff ate outside together and shared lunch with our VIP Mr Gurth Robinson, head teacher when this site was opened.



Every pupil was given a 90<sup>th</sup> birthday bun from the school. We have collated photographs and booklets from the school over these decades. These are in school and will be available for viewing for the remainder of this year. New contributions are welcome too.

#### Alice – The Musical, Sports Day and Leaver's Service

See Coming Events section of this magazine for details of these events – all welcome.

This month's IRON MAN story is by Finlay Greenway, Willow Class:

There stood the huge iron monster, it stood at the top of the cliff. It's huge iron head slowly turned to the left, slowly turned to the right, his big iron eyes slowly flashed red, slowly flashed white. He started to walk down the cliff.

There was a bump then a crash, and the iron man fell down the cliff. Two seagulls swooped down and picked something round up. They put it in their nest, the eye rolled to one seagull, then to another.

Then the second seagull glided down and picked the iron man's hand up! The two startled seagulls fluttered there wings and flew away.

The hand scuttled over to the eye and picked it up so it could see, then another hand came to see the other hand. It went to the next eye and picked it up so it could also see! The hands went over to the arms an put them on their backs. Then they went over to the iron man's huge torso and connected their arms to the torso, after that the hands put on the head, then the ears, then the eyes!

#### THE IRON MAN IS BACK!

The iron man walked to the sea then stood in it. His eyes flashed pure red, and he stared out to sea, then he walked through the sea.

First his feet disappeared, then his legs, then his body, then his arms, then his head, only his eyes could be seen!

MEANWHILE...a boy called Hogarth was fishing when he saw a pair of eyes the shape of headlamps, staring right at him "ARRRRRRRRGH!!!!!!!!" said Hogarth. He ran right home and told his dad that he saw an iron monster his dad picked up his machine gun. He believed in his son!

He got in his car and drove over to the next farmer's house. But he did not believe him. So Hogarth's dad drove over to the next farmer's house. He believed him. So he got in his car and they went to find the iron man. But there was no sight of him!

The angry farmers home and waited for the morning. They went outside and there was still no sight of him!

So they went with shovels and spades and made a big hole. Then they covered it with grass twigs and branches. Then they went to a hiding place near the hole and set up camp. They waited and waited, but still no iron man.

So they gave up they went home.

But the next day the Iron man fell into the hole! And Hogarth switched sides and freed the iron man. Hogarth and the Iron man told the farmers that the Iron man only wanted to live in harmony with the village. The farmers said yes, and they all had a big party!

#### Grammar walks into a bar

Three intransitive verbs walk into a bar. They sit. They drink. They leave.

The bar was walked into by the passive voice..

A synonym ambles into a pub.

A gerund and an infinitive walk into a bar, drinking to drink.

A group of homophones wok inn two a bar.

#### GARGRAVE PARISH COUNCIL

Janet Turner

#### AGM notes, 9 May 2016

I would like to thank all members of the committee for the help they have given me over the last 12 months, and Janet for all the advice she has given.

Local issues have been the theme for this year:-

**Travellers** came and went really without a major issue, we erected the posts on low green as a barrier but all they did was burn them for fire wood – this year we have made a decision not to erect the posts - we will have to see if we have an issue?

Great work over many hours have been expended on **the neighbourhood plan** by Edward and the group, disappointingly CDC has not incorporated OUR plan into theirs but hopefully we will get the result the village has agreed to - this will form how the village develops until 2032 so is important to the village.

Maintenance of the **village greens and verges** has been a hot topic, our thanks to Systagenix for cutting the verges near the factory and most others have been cut by residents – thank you. I feel we will have made progress with the village greens with an improved grass cutting regime this year, the Goit and its fence caused lots of issues but should settle down following the dredging over the next few weeks.

**Speeding** is an ongoing issue and we continue to chase NYCC to get our results back – but we need to install RADAR CONTROLLED SPEED SIGNS points at most roads into the village essential over the next year so that a portable unit can be used at different locations:- Marton Road, Church Street, Skipton Road, Hellifield Road

**Playground improvements**: Supporting the playground group with their aspirations to update the facilities.

**Street lighting** – upgrading a number of lights this year as we have had lots of issues over winter.

**Toilets** - need to keep control of costs going forward and review our position in 12 months as if we did not have Janet and David to open and close them on a daily basis then we would have a real issue.

The **Queen's Birthday and Tour de Yorkshire** went without a hitch. Thanks to Janet for the village decorations.

#### We must also thank:

Cnty Cllr Shelagh Marshall for all her help and advice both locally and at county level; our Craven District Councillors Simon Myers and Alan Sutclffe who form a direct link to CDC; our staff Julie Proven for the work at the toilets and Kath Ashby who tries to keep me in line and assists all Parish Councillors in all we do, it's not always easy. And once again, thanks to you all for your support over the year.

Rachel Dean, LICC

#### Monthly meeting notes, 13 June

Apologies were received from Cllr. Pearl Holmes and Cty. Cllr. Shelagh Marshall.

#### Matters arising

A meeting took place at the offices of NYCC Area 5 Highways Department between Cty. Cllr. Shelagh Marshall, Ken Martin of Area 5, Ranger N. Bunting and three Parish Councillors. The purpose was to look at re-opening the **footpath** between the A65 and Neville Road. Since 13 June, a representative of the Housing Association concerned has agreed to meet the Council on site in mid June. We shall keep the village updated.

The NYCC Social Care Department held a Drop in session recently at the Village Hall. The Parish Council had included the flyers for this event with the Draft Local Plan/Neighbourhood Plan information which was delivered throughout the village. Those who attended were told of NYCC's outline plans. Gargrave is the next place on NYCC's list this year to begin work on creating a **"hub" for Social Care**. This does not mean that Neville House is about to close!

What it does mean is that a plot of land, which will need to be larger than Neville House, will be needed for a development of different types of accommodation for elderly and handicapped people with the priority being for locals from Gargrave, Hellifield, Long Preston and their surrounding hamlets. This accommodation will be a mixture of types and sizes, and tenures – available for purchase, part own or rent. It is intended that mixed ages and needs will be catered for.

NYCC were delighted with the response from Gargrave and wanted our views as to what facilities we would like to see provided on the site. Suggestions included a lease for a Little Red Bus, a room available for hairdresser, podiatrist and physiotherapist to use, a "hotel" suite for visitors to stay, a meeting room, a table tennis table and facilities to recharge mobility scooters.

Watch out for news and ideas from NYCC - we shall do so.

Weather permitting work on the stone wall between the river and the Plantation will begin this month, as will clearing out the **goit**.

District Cllr. Simon Myers reported that District Cllr. Alan Sutcliffe, who also represents this ward, is now a member of the Spatial Strategy Committee and Chairman of the Planning Committee.

**Gargrave Neighbourhood Plan** was approved and accepted and will now go to Craven DC for their formal response. After this it goes to an Independent Examiner in the autumn and, fingers crossed, a referendum funded by Craven DC when the village finally says yes or no to it. It will have taken from 2012 to 2017 to complete (fingers crossed!).

**Public participation:** Some parishioners came to the meeting to report parking problems. Councillors explained the limitations to our influence in this area and the number of e-mails the Clerk has sent to the local Police. The parishioners, and others with similar problems, were advised to ring the non-emergency Police number 101 and report any problems to them.

The **next monthly meeting** will be at 7-15 pm on Monday 11<sup>th</sup> July in the Village Hall. All are welcome at your Parish Council meetings!

#### Our Generous God and His Generous Justice

AS I CELEBRATE THE MILESTONE of qualifying as a solicitor next month, I've been considering what attracted me to law in the first place. For me, it came from a desire to play a part in bringing justice to situations that had gone wrong.

Headlines relating to the Hillsborough Inquest's recent verdict- 'Justice for the 96: Victims of Hillsborough Disaster WERE unlawfully killed' – provide examples of our society's demand for justice as well as a desire to rectify injustices, like that which occurred at the Hillsborough stadium in 1989.

The term 'justice' means slightly different things to different people, ranging from a concern for the right outcome to the appropriate punishment for a crime. Whatever nuanced definition of 'justice' you align with, it's quite rightly upheld as a central principle here in the UK.

It saddens me that much of the world still functions within systems which, in large part, are rife with corruption and bribery; where simple administration fails, leaving innocent people trapped in prison, and where having someone arrested is often easier than resolving a commercial dispute. In these cases, justice is clearly lacking.

The Bible encourages us to 'do justice, and to love kindness, and to walk humbly' with God (Micah 6:8). Jesus was the epitome of generosity and justice in all he said and did, ultimately taking our place on the cross in an act of love. His commandment to love our neighbours like ourselves (Mark 12:31) reiterates God's intention for us to live out generous justice.

But what might that look like in everyday life? I believe it's seen in things like buying lunch for a homeless person or being friendly to local refugees; in offering support to a struggling family or a single parent; maintaining a good attitude towards a difficult boss at work; treating every patient (however awkward) with grace and love or standing up for a victim of bullying at school or college.

In a world that talks in a language of 'earning and deserving', it can be hard to remind ourselves we would have nothing were it not for grace. As Tim Keller points out in Generous Justice, a life of justice is empowered by an experience of grace. I want to live a life of generous justice in every way possible.

After all, were it not for the God of astounding generosity and justice, I would have no life at all.

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Rotas for St Andrew's Church – please arrange a deputy, or a swap, if you can't make your duty

	8am Sidesmen	nen	Readings			0	Church Cleaning	ning
Sun 3 July	Linda Wall		St Thomas: Ephesians 2:19-22, John 20:24-29	sians 2:19-2	2, John 20:24-	-29	27 June – 8 July	راد ا
Sun 10 July	Kay Craven		Trinity 7: Colossians 1:1-14, Luke 10:25-37	ans 1:1-14, l	uke 10:25-37	Joan V	Joan Wimbush Tony Wimbush	/ Wimbush
Sun 17 July	Janet Sturgess	SS	Trinity 8: Colossians 1:15-28, Luke 10: 38-42	ans 1:15-28	, Luke 10: 38-4	5	11-22 July	
Sun 24 July	Colin Chapman	าลท	Trinity 9: Colossians 2:6-19, Luke 11:1-13	ans 2:6-19,	Luke 11:1-13	Sylvia Hu	Sylvia Humphreys Ron Humphreys	Humphreys
Sun 31 July	Vacancy		Trinity 10: Colossians 3:1-11, Luke 12: 13-21	sians 3:1-11,	Luke 12: 13-21	_	25 July – 5 Aug	bn
Sun 7 Aug	Kay Craven		Trinity 11: Hebrews 11:1-368-16, Luke 12:32-40	ws 11:1-3 <del>5</del> 8	-16, Luke 12:32		Jean Banks Abbie White	e White
Sun 14 Aug	Linda Wall		Trinity 12: Hebrews 11:29 - 12:2, Luke 12:49-56	ws 11:29 - 1	2:2, Luke 12:49	-56		
10.45am	Side	Sidesmen	Readers	Offertory	Offertory Collection	Intercessors	Refreshments	ments
Sun 3 July	Janet Turner	Janet Hugh umer Tumer	Hugh Tumer	Judith Norma Douglas Brother	Norma Brothers	Janet Turner	Sarah Curtis	Judith Robinson
Sun 10 July	Dorothy Rishworth	Mollie Blackburn	Jerry Ford			Duncan Faulkner	Eileen Hoskin	Joyce Brotherton
Sun 17 July	Sarah Curtis	Pauline Gilfoyle	Pauline Barnes	Eileen Hoskin	Pat Cockshott	Sarah Curtis	Joan Wimbush	Tony Wimbush
Sun 24 July	Joyce Brotherton	Isobel Lacey	Ruth Abbott			Jean Coldwell	Pat Traves	Mollie Blackburn
Sun 31 July	Janet Turner	Hugh Turner	Hugh Tumer			Pauline Gilfoyle	Abbie White	Sylvia Humphreys
Sun 7 Aug	Dorothy Rishworth	Mollie Blackburn	John Bailey	Judith Douglas	Norma Brothers	David Houlton	Judith Douglas	Norma Brothers
Sun 14 Aug	Sarah Curtis	Pauline Gilfoyle	Alison Ford			Ron Humphreys	Hugh Tumer	Janet Turner

TRAINS, f	rom Gargr	ave							
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Sunday		1121		1352	1453	1554	1907		2106
To Giggle	<b>swick</b> (arri	ves ~ 20	mins la	ter) & <b>More</b>	e <b>cambe</b> (a	arrives ~ 9	5 mins la	ater)	
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Compiled by Peter Hardyman 17 June 2016

Public Transport leaving Gargrave

TAXIS from Gargrave (see adverts on page A13):

#### Public Transport back to Gargrave

	o Gargrave	Gargiave	Last tra	in from LEEDS
	ton (arriving Gargrav	e ~ 5 mins later)		to Gargrave
Mon-Fri	0541 0855 0926	1100 1326 1401	1725 1846 2000	1919
Saturday	0638 0900 0926	1100 1326 1433	1725 1835 2000	1919
Sunday	0926 094	8 1140 1435	1538 1803	1720
From Mor	ecambe (arriving Gar	grave ~ 95 mins late	er)	
Mon-Fri	0610 <sup>12</sup> 1034	1333 1619	1908	
Saturday	0736 <sup>12</sup> 1034	1331 1616	1909	
Sunday	1222	1446 1736	1946	
From Car	l <b>isle</b> (journey time is d	lependent on route	– check timetables)	
Mon-Fri	0702 <sup>2</sup> 0724 <sup>1</sup> 0856 <sup>3</sup> *		2 <sup>2</sup> 1433 <sup>1</sup> * 1551* 1746 <sup>3</sup> 1354 <sup>1</sup> * <u>1540</u> <sup>2</sup> 1551* 1739	
Saturday Sunday	<i>(2100<sup>13</sup>)</i> 0857 <b>*</b>	1229*	1447 <sup>1</sup> * 1633 <sup>3</sup> *	
*See Note Living in Bl between G	e at Lancaster <b>13</b> . <b>es on previous page r</b> 23 post code, you can b argrave, Leeds, Bradford,	Not Carlisle: Depart egarding buses No uy a DALES RAILCARI Carlisle, Morecambe,	nge at Lancaster <b>3.</b> Char ture time is from Ribbleho <b>orth of Appleby.</b> D: £13/ year. 1/3 off Anytime Lancaster. Discount for chil nger £15 (£10 with railcard)	ead rail tickets dren with you.
BUSES to	Gargrave	* Except Bank Holi	days (M service	to Malham)
From Skip	ton (arrives Gargrave	~ 15 mins later) (Se	rvices 75, 210/ 211, 580)	
Mon-Fri*	0850 0945 <sup>11</sup> 0950M	<sup>3</sup> 1045 1145 1245 1	300M <sup>8</sup> 1345 1445 1545	1630 1745
Saturday	0850 0945M	1045 1145 1245	1345 1445 1545M	1630 1745
Sun + B.Hc	ol (1 May - 25 Sep)	1040M 1225M	1525M	
From Sett	<b>le</b> (arrives Gargrave ~	25 mins later) (Ser	vice 580)	
Mon-Fri* Saturday	0755 0845 <sup>11</sup> 0930 0755 0845 0930		1330 1430 1530 170 1330 1430 1530	0
From Mal	<b>ham</b> (arrives ~ 25mins	s later) (Services 75,	210/ 211, 873, 884)	
Mon-Fri*	1035 <sup>7</sup> 13	335 <sup>7</sup>	from opp. the Buck Inr	ı, Malham
Saturday	1030	163	60 from opp. the Buck I	nn, Malham
Sun + B.H	ol (1 May - 25 Sep) 11	.40 1440 163	60 from the Nat Park Ce	ntre, Malham
8. Tues &	Tues & Thurs service Thurs service stops a School Term only		Cold 4 mins before Gargr ins after Gargrave	ave
873,884–9 210/211 – 01524 733	NYCC 08458 725282 831 <u>www.kirkbylonsd</u>	wold-01347 838990 01609 780780; 5 alecoachhire.co.uk	ernrailway.co.uk ) <u>www.stephensonsofeas</u> 580/581, 75 –Kirkby Lons 71 200 22 33, <u>www.travel</u>	dale Coach Hire

National Rail Enquiries 03457 48 49 50 www.nationalrail.co.uk

	9	library) , or renew by ca	first obtain your PIN no. from Iling 0845 034 9583
Refuse and	recycl	ing collection days	
Collections		Gargrave – Mon & Tue	Coniston Cold – Mon
04-Jul / 05-Ju	ul	Blue bin & blue bag	Blue bag and brown bin
11-Jul / 12-Ju	ıl	Green bin & brown bin	Green bin
18-Jul / 19-Ju	ıl	Blue bag	Blue bin & bag & brown bin
25-Jul / 26-Ju	J	Green bin & brown bin	Green bin
01-Aug / 02-A	Aua	Blue bin & blue bag	Blue bag and brown bin
Last postin	ng time	Church Street (beside Ma West Street (corner of H	igherlands Cl): Mon-Fri 9am, Sat 7a
Last postin Doctors	Gargra Tel 74	Church Street (beside Ma West Street (corner of Hi ave Branch Surgery, Higherla 19226 from 8am. Open Mon	asons Arms): Mon-Fri 9am; Sat 7am igherlands Cl): Mon-Fri 9am, Sat 7am inds Close BD23 3RF I-Fri mornings, 8am to noon.
Last postin Doctors	Gargra Tel 74	Church Street (beside Ma West Street (corner of Hi ave Branch Surgery, Higherla	asons Arms): Mon-Fri 9am; Sat 7am igherlands Cl): Mon-Fri 9am, Sat 7an Inds Close BD23 3RF I-Fri mornings, 8am to noon. <b>chool holiday dates</b>
Last postin Doctors Gargrave C	Gargra Tel 74	Church Street (beside M. West Street (corner of Hi ave Branch Surgery, Higherla 19226 from 8am. Open Mon Primary School & Pre-S School closes	asons Arms): Mon-Fri 9am; Sat 7am igherlands Cl): Mon-Fri 9am, Sat 7an unds Close BD23 3RF -Fri mornings, 8am to noon. chool holiday dates School opens
Last postin Doctors	Gargra Tel 74 of E P	Church Street (beside Ma West Street (corner of Hi ave Branch Surgery, Higherla 19226 from 8am. Open Mon Primary School & Pre-So	asons Arms): Mon-Fri 9am; Sat 7am igherlands Cl): Mon-Fri 9am, Sat 7an unds Close BD23 3RF -Fri mornings, 8am to noon. <b>chool holiday dates</b>

THIS MAGAZINE IS PRODUCED by St Andrew's Church for the benefit of the whole community of Gargrave & Coniston Cold parishes. We welcome short articles, news, notices of events, anecdotes, announcements, obituaries, letters & photos, free of charge, subject to space and relevance.

Please email contributions, if possible, to **editor@gargravemag.co.uk**. We can also accept short contributions by phone 01756 749443, text 07979 304914 or post to 2 Riversway, Gargrave, Skipton, BD23 3NR.

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The editorial deadline for the coming issue is the 10<sup>th</sup> of the previous month.

An annual subscription is £6 – contact Ruth Abbott 748483.

Or download it for free from www.gargravemag.co.uk.

Organisations Please let us know if you'd like to amend or add an entry

Caterpillar Club (0+) – St Andrew's Church, Wed 10am, Heather Taylor 749499 Stay and Play (0+) Village Hall Annex, Mondays 9.30-11.30am, Sally Thomas 748098 Twins and Multiple Birth Group, V Hall, Wednesdays 9.30am, NYCC 01609 533990 Rainbows (5+) – Debbie Gomersall 01729 830589 Brownies (7+) – Rose Turner 01729 825886

Young Farmers Club - Coniston Cold, Tues 7.30pm, Janet Bolland 01729 830505

Over Sixties' (over 60s) - Village Hall Annex, Wed 1.30-3.30pm,

Phoenix Group (over 65s) - On hold?

Meals on Wheels - Mon & Wed, Brenda Longbottom 749883

Bowling – outdoor Gargrave Bowling Club, Michael Cox, 748285

Bowls – indoor, Village Hall, Tues & Thurs 2-4pm, Mary Rushton 748908

Cricket - Gargrave Cricket Club (over 13s) Tony Cockshott, 07788 100199

Croquet - Craven Lawn Tennis Club, Gargrave, Tues 2-6pm, Roy Berry 748065

Cycling - Gargrave Tuesday Club, Dalesman Café, Tues 9.30 for 10am start,

Thurs 10 for 10.30am start, Trevor Pickles 01282 844788

Football – Gargrave AFC (over 16s), Tues eve training, Sat games www.gargraveafc.co.uk, Caroline Thompson 749235

Golf – Mason's Arms Golf Society, www.masonsarmsgolfsociety.com, 749304

Hunt - Pendle Forest & Craven Hunt, Elizabeth Adams 01756 749772

Pilates - V.Hall, Tues 10 & 11.30am, Fri 9am, see News for summer dates, Bea 749443

Tennis – Craven Lawn Tennis Club, Beth Whitley 749664, www.craventennis.org.uk

Tai Chi – Village Hall Annex, Thur 7.30-8.30pm, Ian Cresswell 748540

Walking for Health – 1<sup>st</sup> Thursday of the month, 10am, Jean Maxwell 748851

Yoga - Village Hall Annex, Wednesdays 9.30-11.30am, Sally Thomas 748098

Modern sequence dance – Village Hall, Mon 7.45-10pm & a monthly Saturday (see diary, p.2), John Stephenson 01535 632935

Chance 2 dance – Village Hall Annex, Tap (3-18, adult) Tues 4.15-7.30pm Ballet (3-18) Sat 9am-2.30pm, Theatre-craft Thur 5-6pm Jaki 0758 2086345

Art - Gargrave Art Group – Village Hall, Mons 1.30-3.30pm, Lesley Woodhouse 749421 Bell ringing – St Andrew's, Mon 7.30pm Sun 9.30am Davina Cockshott 07772 179561 Bingo – Village Hall Annex, 4<sup>th</sup> Wed of month 7.30pm, Joan Philip 749468 Fuchsia & Geranium Club – V.Hall, 1<sup>st</sup> Wed of month 7.30pm, Paula Jackson 752175 Gargrave Heritage Group – Tues 10am, St Andrew's Church, Martin Thomson 748309 Craft and Chat – St Andrew's, Tues 2pm, Sylvia Humphreys 748779 Parish Council Meeting – Village Hall side room, 1<sup>st</sup> Mon of mth, or 2<sup>nd</sup> on bank hols Snooker Club – Village Hall Snooker Annex, every day, Stewart Smith 749340 Stan Drew's Community Choir – Ruth Abbott, 748483 WI – Village Hall Annex, 2<sup>nd</sup> Wed of month 7pm, Trish Richardson on 748847 Masons Arms – Ouiz Sundays 9pm Acoustic live music 1<sup>st</sup> Eriday of the month

Masons Arms – Quiz Sundays 9pm, Acoustic live music 1<sup>st</sup> Friday of the month The Old Swan Inn – Quiz Thursdays 9pm 749232





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