

# GARGRAVE & CONISTON COLD

Parish Magazine



FEBRUARY 2017

£1

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Ingham Photography, 07740 339021 rob@inghamphotography.com

## Dates for your diary

23-25 February:	Pantomime Sinbad the Sailor
2 April:	Gargrave Passion Play
10 June:	Gargrave Open Gardens

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### Prayer Circle

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...or place a written request in the box on the wall behind St Andrew's church's font

### Craven Herald Neighbourhood News correspondent for Gargrave

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## DAVID'S DISPATCHES

*Rev'd David Houlton*

THE STORY GOES that a preacher was on a car ferry. As it set off he was changing channels on the car radio so he didn't feel or notice the ferry leaving port. When he did look outside the waves made him feel queasy and he couldn't see the shore so he couldn't tell where they were or which way they were going. Looking at the boat didn't tell him anything and the waves and swirling of the sea gave him no fixed point of reference. He would only know if they were moving, and which way, if he could see the land. He needed a fixed point. Something beyond him, his feelings and his circumstances.

But what if he couldn't be sure he was seeing land? Then he would be lost; knowing only his circumstances, and how they made him feel, but with no idea where he really was or where he was going!

Unfortunately that is the position that many people find themselves in nowadays. Seeing what is going on around them, and knowing how they feel about it, but not being certain of any fixed points beyond that. In fact our culture positively encourages us to not trust fixed points. It's almost seen as bad to search for absolute truth. We are told we can only know how we perceive things and that it is arrogant, maybe even harmful, to say that anything is true – it is just true for you.

This has left us like that ferry passenger floating in a "post-truth" sea. Post-truth is defined by the Oxford English Dictionary as "... circumstances in which objective facts are less influential in shaping public opinion than appeals to emotion and personal belief." Our perceptions are paramount. Facts can be discounted if they get in the way of a what we want to be true; truth that offends our personal preferences is wrong; we protect ourselves and each other from the truth; anything against our self-perceptions is unloving.

It sounds so appealing. But it is a trap. If we were perfect people in a perfect world it might work. But as less-than-perfect people we perceive things wrongly, we self-justify, and we blame-shift. And, in this less-than-perfect world, things that make us feel good can actually be harming us.

But how are we to know, until it's too late, if we won't look for truth beyond ourselves?

We need to know the truth about ourselves, and we need to know the truth about our world, if we are to have a chance to live good lives. Even if the truth makes us feel bad! So Jesus himself told his first followers that "... you will know the truth, and the truth will set you free."

We cannot be truly free until we know the Truth. The truth about ourselves and about our world. The Truth about real people who aren't angels, in a real world that isn't heaven. Real people who sometimes want, say, or do bad things - in a real world where we can't always have, do or be whatever we want. Real people that Jesus loves and had to die for, in a real world that rejects the Truth and killed Him.

The Truth is not always nice. But we are always loved. Loved by a Love stronger than that ultimate Truth that none of us can escape. His Love that is waiting set us Truly free.

*PS Look out for the new monthly family services starting on Sunday 5th February at 10.45am at St Andrew's, Gargrave – please spread the word.*

### New for 2017



### MONTHLY FAMILY SERVICE

### GREAT NEWS!

There is to be a regular Family Service in St Andrew's Church every month, starting on 5<sup>th</sup> February 2017.

The services will be held at 10:45 am on the first Sunday of the month from February onwards.

Each service will have a different message and will involve activities, informal worship and refreshments – probably with cake!

This is a really exciting opportunity for families in Gargrave to meet together and find out more about our amazing God, in an informal and welcoming setting.

These new services are intended for the whole family – from new-borns to great-great-grandparents – the more generations the better! They will be in addition to the existing special occasion Family Services (such as Christmas and Mothers' Day).

**Save the date in your diaries right away!**  
We're really looking forward to seeing you at the first of these new services on 5<sup>th</sup> February.

## DIARY FOR FEBRUARY

### Coniston Cold

Sun 5 Feb	9.30am, Holy Communion, Church
Sun 12	4pm, Evensong, Church
Sun 19	9.30am, Holy Communion, Church
Sun 26	4pm, Shrovetide Service and Refreshments, Church
Sun 5 Mar	9.30am, Holy Communion, Church

### Gargrave

Thur 2 Feb	Walking for Health, 10am from the Summer Seat
Fri 3	Library film night "The Golden Years", 7 for 7.30pm, Village Hall
Sat 4	Coffee Morning, 10am, Village Hall

**Sun 5**      **8am Prayer Brook Communion, 10.45am Family Service, Church**  
**6pm OASIS quiet reflective service Church**

Wed 8      Women's Institute Meeting, 7.30pm, Village Hall

Fri 10      Gargrave Show dance, 7.30pm Village Hall

Sat 11      NSPCC Soup Luncheon, Village Hall, 11.30 to 2.00.  
Skipton Town Hall Café run by Gargrave Primary School and Pre-School.

**Sun 12**      **8am Prayer Brook Communion, 10.45am Sung Eucharist, Church**

Mon 13      Parish Council Meeting, 7.15pm, Village Hall Annexe

Wed 15      Village Hall Management meeting in Village Hall CR1.7.30.p.m

Thu 16      Walking for Health, 9.56am bus to Skipton

Fri 17      Dance with Elizabeth Harrison, 8pm, Village Hall

Sat 18      Coffee morning, 10am, Village Hall  
Modern Sequence Dance, 7pm Village Hall

**Sun 19**      **8am Prayer Brook Communion, 10.45 Morning Prayer, Church**  
**5.30pm Informal Worship, Church followed by Jacob's join**

Wed 22      Bingo, 7.30 pm, Village Hall

Thurs 23      Pantomime Sinbad the Sailor, 7.15 pm, Village Hall

Fri 24      Pantomime Sinbad the Sailor, 7.15 pm, Village Hall

Sat 25      Pantomime Sinbad the Sailor, 2.15pm and 7.15 pm, Village Hall

**Sun 26**      **8am Prayer Brook Communion, 10.45am Sung Eucharist, Church**  
Flea Market, Broadway Fairs. 10am to 4pm, Village Hall

Tues 28 Feb Shrovetide Supper, 7pm, Church

Wed 1 Mar      Ash Wednesday Communion, 7pm, Church

Fri 3 Mar      Library film night: Bridge of Spies. 7 for 7.30pm, Village Hall.

**Sun 5 Mar**      **8am Prayer Brook Communion, 10.45am Family Service, Church**  
**6pm OASIS quiet reflective service Church**

## Regular weekly and biweekly Gargrave events

### **Mondays:**

9 am      Morning Prayer, Church (most weeks)

1.30pm      Art Club, Village Hall Committee Room 1

2pm      Bingo, Gargrave Community Centre on Neville Crescent

7pm      Modern Sequence Dancing, Village Hall

7.30pm      Bell ringing, Church

7.30pm      Church home group, see "Weekly Sheet" in Church for venue

### **Tuesdays:**

9 am      Communion Service, Church

9.30am      Gargrave Tuesday Club Cycling, dep The Dalesman Cafe

10 am      Heritage Group, Church

10 am & 11.30am      Pilates & Standing/Sitting Pilates, V.Hall (term time)

10.30am      Adult Tennis Coaching and Social Tennis (weather permitting)

12.30pm      Alternate Tuesdays – lunch at Gargrave Community Centre on Neville Crescent, followed by games. £4.50, no need to book

2pm      Craft and Chat, Church

2pm      Indoor Bowls, Village Hall

pm      Brownies & Rainbows (school term only)

pm      Tap dancing lessons, Village Hall Annexe

7.15pm      Pilates, Village Hall Annexe

### **Wednesdays:**

9 am      Morning Prayer, Church (most weeks)

9.30am      Gentle Hatha Yoga, Village Hall Annexe

9.30am      Twins and Multiple Birth Group, Village Hall

10 am      Caterpillar Club, Church

1.30 pm      Over 60's, Village Hall Annexe

6.30pm      Water Colour painting class

### **Thursdays:**

9am      Phoenix Club, the Anchor, alternate weeks

9.50am      Walking for Health, 1<sup>st</sup> and 3<sup>rd</sup> Thurs of the month, meet @ Summerseat

10 am      Gargrave Tuesday Club Cycling, dep the Dalesman Café

10am      Coffee morning, Gargrave Community Centre on Neville Crescent

10.30am      Social tennis

11am      Rope dance – seated exercise Gargrave Community Centre on Neville Crescent, 1<sup>st</sup> and 3<sup>rd</sup> Thursday of the month.

2pm      Indoor Bowls, Village Hall

5pm      Theatre-craft lessons, Village Hall Annexe

7.30pm      Tai Chi, Village Hall Annexe

### **Fridays:**

9 am      Morning Prayer, Church (most weeks)

9 am      Pilates, Village Hall (term time) Village Hall

10.30am      Pilates for Beginners (term time) Village Hall

**Saturdays:** am Ballet lessons, Village Hall Annexe

### **Sundays:**

12 noon      Gargrave Community Choir singing rehearsals, Church

1.30pm      Social Tennis



## FORTHCOMING EVENTS

### Luncheon Club

*Norma Brothers*

Thursdays 2<sup>nd</sup> February, 16<sup>th</sup> February, 30<sup>th</sup> February and then fortnightly, in Andrew's church at 12.30pm: £4.50 for a 2 course meal. To book in, please contact Norma on 748392 or sign the list in the back of church.

### Library Events

*Dave Smith*

The library are organising a few events to see us all through to the hoped-for better weather in the Spring.

Our first event will be a film show on **Friday 3rd February** when we are showing a comedy, The Golden Years. Reminiscent of an Ealing Comedy, the film follows a group of pensioners who start robbing banks to make up for their lost pensions and to save their community hall. Actors include Bernard Hill, Simon Callow, Una Stubbs and Sue Johnston.

On **Friday 3rd March** we will be showing the Steven Spielberg Oscar winning film, Bridge of Spies. Starring Tom Hanks and Mark Rylance, the film is set during the Cold War and tells the true story of the exchange of the U2 spy plane pilot, Gary Power, for a Soviet spy.

For both films the now customary Café style seating will be in place so please bring your own refreshments. Doors open 7pm, Film starts 7.30pm. Tickets £5 on the door.

On **Friday the 7th of April** we are planning to show Bridget Jones's Baby, and on the 26th May Swallows and Amazons. In the middle of all this we have arranged for Mike Clarke, of canal fame, to give a talk on **Friday the 21st April**.

### Walking for Health

*Jean Maxwell*

We have a new programme of walks for 2017. If you would like a copy (or any other information about the group) please contact Jean on 01756 748851.

In February our walks are on 2nd and 16th. On Thursday 2nd February we are walking in Gargrave - and will meet at 10 am at the Summerseat. Weather permitting we will walk along the canal in one direction or the other! On Thursday 16th we will catch the 9.56am bus to Skipton and will decide the route depending on the conditions underfoot - if possible walking along the canal to Aireville Park.

Our walks in March will be on 2nd (Settle) and 16th (Gargrave)

All our walks are free, last no more than 90 minutes, without stiles or steep slopes and include refreshments somewhere on the way! We are a friendly group who welcome new walkers to come and join us. If you can't cope with the full 90 minutes we do offer a 30 minute saunter starting at the same time but taking a shorter route on the first Thursday of the month. Do come along and join in especially if your New Year's Resolutions to move more are slipping already.

### Gargrave Show New Year Buffet Dance

*Lisa Hall*

The Gargrave Show New Year Buffet Dance is being held on Friday 10th February in Gargrave Village Hall from 7:30pm until Midnight. A carving buffet will be followed by dancing to Dennis Westmoreland. There will be a bar and a raffle. To reserve tickets, priced at £16 each, please call Lisa Hall on 01756 749320.

### NSPCC Soup Lunch – 11 February

*Gargrave Branch  
NSPCC Committee*

The next event of the Gargrave Branch NSPCC Committee will be a Soup Lunch to be held in the Village Hall on Saturday 11th February from 11:30am to 2:00pm. Tickets can be obtained from Poppyfields or committee members.

### Skipton Town Hall Café -11 February

*School Newsletter*

On Saturday 11 February, the Skipton Town Hall café is being run by Gargrave volunteers to raise money for Gargrave Pre-School and Gargrave C of E (VC) Primary School. Please support by coming along to dine or by providing cakes, buns, biscuits etc for sale. Thank you.

### "Tornado" 14-16 Feb

*Peter Hardyman & <http://www.railmagazine.com/news/network/exclusive-draft-times-released-for-tornado-s-sand>*

On Tuesday 14th, Wednesday 15th and Thursday 16th February, some of the Skipton to Appleby via Gargrave scheduled services are due to be hauled by steam locomotive "Tornado".

**Draft times:** (See [www.railmagazine.com](http://www.railmagazine.com) for more information)

Appleby 0830  
Settle 0943-0945  
Skipton 1009

Skipton 1045 (connects with 0947 from Leeds, runs in re-timed path)  
Settle 1109-1112  
Appleby 1216

Appleby 1507  
Settle 1613-1615  
Skipton 1640

Skipton 1710  
Settle 1734-1737  
Appleby 1841



### Informal Worship – 19 Feb

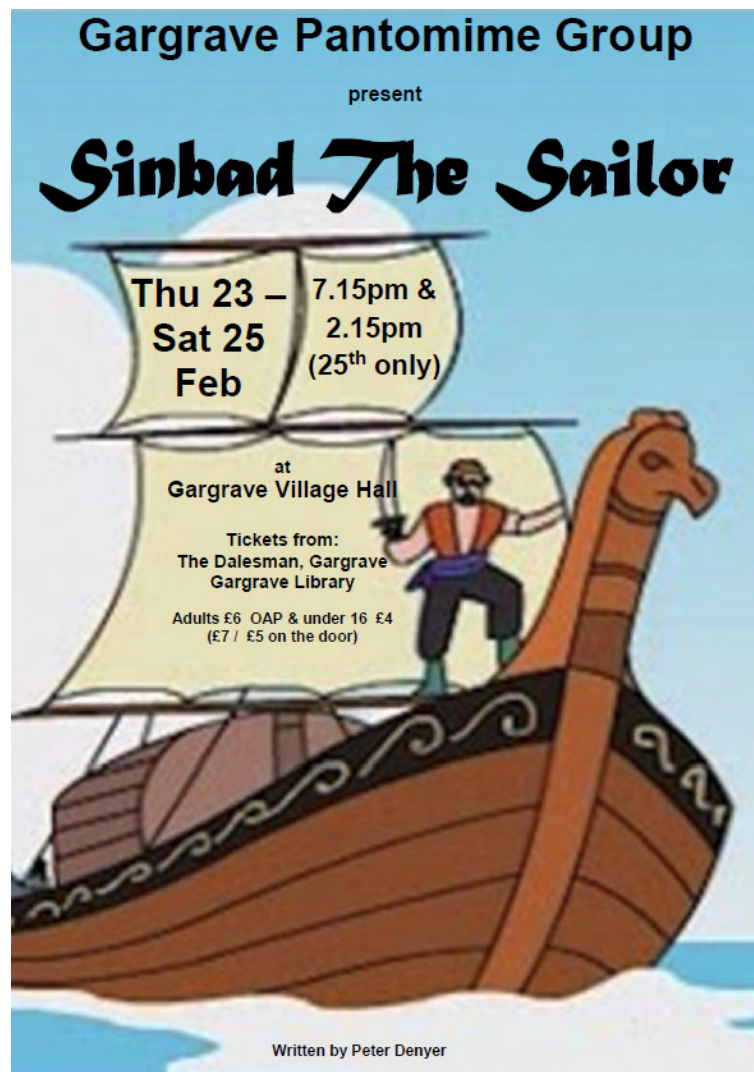
*Rosemary Pocock*

Sunday 19th February 5.30pm. venue, St Andrews Church, run by Christians in Gargrave. Informal worship followed by 'bring and share' (finger food) tea. Open to all.

## Pantomime: Sinbad – 23-25 February

*Duncan Faulkner*

Gargrave Pantomime Group is delighted to present Sinbad the Sailor, our pantomime for 2016. Directed by Anita Eccles, the cast includes both adults and children in the leading roles, including some new group members: Lauren Maslin as Sinbad and Claire Maslin as the Ruler of the Sea. Peter Poulter and Cara Hutton provide the all-important comic duo as Sinbad's mother and brother respectively (and yes, we did get that the right way round). Reserve your best boos for the villainous Cassim the Corsair (Duncan Faulkner). With a chorus of 22 talented and enthusiastic children, this is one not to be missed.



Tickets will be on sale from early February at the Dalesman and Gargrave Library. We are offering a 10% discount on any group bookings of 10 or more for the same performance.

## Shrovetide Supper – 28 Feb

*Norma Brothers*

Jacob's Join, 7pm, Tuesday 28 February in St Andrew's Church. Please sign list in church for food contributions. All welcome.

## Passion Play – 2 April – men needed!

*Norma Brothers*

We're recruiting actors to take part in the Passion Play on Sunday 2 April at 6pm. We will be enacting scenes from the Passion: 13 men are needed, children, women and families too. Rehearsals will be announced in the March Magazine. Please contact Norma on 788392 if you can take part.

Romance, marriage and all that stuff – *the way children see it...*

### *How do you decide whom to marry?*

You got to find somebody who likes the same stuff. Like, if you like sports, she should like it that you like sports, and she should keep the crisps and dip coming. – Alan, age 10

No person really decides before they grow up who they're going to marry. God decides it all way before, and you get to find out later who you're stuck with. – Kirsten, age 10

### *What is the right age to get married?*

23 is the best age because you know the person FOREVER by then. – Camille, age 10

No age is good to get married at. You got to be a fool to get married. – Freddie, age 6

### *How can a stranger tell if two people are married?*

You might have to guess, based on whether they seem to be yelling at the same kids.

– Derrick, age 8

### *What do you think your mum and dad have in common?*

Both don't want any more kids. – Lori, age 8

### *What do most people do on a date?*

Dates are for having fun, and people should use them to get to know each other. Even boys have something to say, if you listen long enough. – Lynnette, age 8 (isn't she a treasure)

On the first date, they just tell each other lies and that usually gets them interested enough to go for a second date. – Martin, age 10

### *What would you do on a first date that was turning sour?*

I'd run home and play dead. The next day I would call all the newspapers and make sure they wrote about me in all the dead columns. – Craig, age 9

### *When is it okay to kiss someone?*

When they're rich. – Pam, age 7

The law says you have to be eighteen, so I wouldn't want to mess with that. – Curt, age 7

The rule goes like this: If you kiss someone, then you should marry them and have kids with them. It's the right thing to do. - Howard, age 8

### *Is it better to be single or married?*

It's better for girls to be single but not for boys. Boys need someone to clean up after them. - Anita, age 9

### *How would the world be different if people did not get married?*

There sure would be a lot of kids to explain, wouldn't there? - Kelvin, age 8

And the No. 1 favourite is.....

### *How would you make a marriage work?*

Tell your wife that she looks pretty, even if she looks like a truck. - Ricky, age 10

## NEWS

### Parish Magazine Subscriptions due

*Beatrice Faulkner*

Subscriptions for 2017-18 are now due: at £7 for the year. Please could you give your subscription to your magazine deliverer by **Tuesday the 21<sup>st</sup> February**. Your deliverer may call round for it; if you are not in, please could you put the money in the envelope that they will provide and return it to them? Thank you very much.

### Parish Magazine 2017-18 Advertising Fees due

*Beatrice Faulkner*

The current advertising directory in this magazine's middle pages runs until the end of March. If you'd like to renew for the coming year, or would like to place a new advert, please can you provide copy & payment **by Wednesday 15 February**. Prices for 2017-18 are: £59 for a quarter page, £118 for a half and £236 for a full page, other sizes pro rata.

Payment can be by BACS to "St Andrew's Church, Gargrave", bank account no 30693561, sort code 20-78-42, with an email to gargravemag@btinternet.com informing us of the payment, or by cheque/cash to 2 Riversway, Gargrave, again made payable to "St Andrew's Church, Gargrave".

If you have any queries – please contact me on 01756 749443 or gargravemag@btinternet.com. Thank you.

### Gargrave Show - Vacancy

*Lisa Hall*

Gargrave Show urgently require a General Secretary. Although the job is unpaid, it does carry a modest annual honorarium. Please contact the Chairman, John Beckwith, on 01756 749210 for further information.

### Craven Herald Neighbourhood News Contact

*Caroline Thompson*

I am now the contact for the Craven Herald Gargrave News column. If any groups or organisations would like any of their news in the Paper please contact me via email (caroline@sandjsthompson.co.uk) or phone (01756 749235 /

07989 585564) ideally by the Sunday evening prior to publication on the Thursday (my deadline with the Craven Herald is Noon on the Monday). Thank you.

### Thank you

*Norma Brothers*

Thank you to all those who contributed towards the 2016 Christmas Day lunch, and for all the help received. An enjoyable meal was had by all.

### Christians in Gargrave

*Rosemary Pocock*

For some time now Christians who attend different churches, or perhaps do not attend any, have been meeting to get to know one another and enjoy finding the common ground that unites us. We spent time thinking about what we might do together, and here are some developments that might interest you.

#### Family Service

St Andrew's is starting an informal service for all the family with activities and refreshments, at 10.45 on the first Sunday of each month. The church has held services similar to this for Mother's Day and other special events, but this will be a regular feature of church life and people who attend other churches are committed to help as well. We would love to see you there.

#### Informal Worship

There is something great about Christians from different churches meeting together in a less formal way, where we can worship, explore new music, and pray for one another and for our village. We have started informal worship that takes place on the third Sunday of each month, usually at 5pm in St Andrew's (Feb 5.30pm). This will last about an hour with a bring-and-share tea (finger food) afterwards.

#### Charity Events

Christians in Gargrave are supporting one-off events to raise money for those in need. Look out for announcements, often a coffee morning in the Village Hall. We recognise that we are privileged to live in a wonderful place and we want to bring God's blessing to others who live in poverty, difficulty, or who suffer some kind of disaster.

These events are open to all, and we'd love to see a strong community developing where we enjoy God's blessing, learn more of how He can unite and inspire us, and together, make a difference in our community and the wider world.

### Gargrave Village Hall AGM

*Caroline Thompson*

Members of Gargrave Village Hall met recently for their Annual General Meeting. The Committee were pleased to welcome Mr Michael Fenwick who was re-elected as President.

Mr Peter Perls was re-elected as Chairman. He reported that many improvements had been undertaken during the past year, including re-decoration, new flooring and the creation of a new storage area. Purchases included new chairs, conference tables and a machine to maintain the sprung



floor in the hall. Bookings had increased at the hall and it was becoming a popular place to hold parties and wedding receptions and many compliments had been received over the course of the year. Mr. John Henderson, chairman of the Trustees praised the Committee for all their hard work which enabled the improvements to take place.

Further work is planned over the course of 2017 and some fund raising dates are already booked including the annual Jumble sale on September 23rd and a live performance from The popular Swing Commanders on November 3rd. Regular events will also continue, too numerous to mention individually but most of these will be included in the Members books which are available from any Committee member. The popular What's on Leaflets will also be available each month in the front Foyer.

Sally our Bookings Secretary has unfortunately decided to step down from the position but will remain on the Village Hall Committee & Mrs Christine Town has kindly agreed to take over the reins. Bookings may be made via the Village hall landline 01756 668218, where a message can be left or by calling Christine on 01756 749730.

Hopefully over the year I hope to give a little more detail about some of the groups and sections which use the hall, they are many and varied.

It may be particularly useful to anyone new to the Village or for those seeking a new hobby or pastime so watch this space!!!

## WI News

*Moyra Sonley*

Our monthly committee meetings are normally held in the Old White Swan on the first Wednesday evening in the month. As it is closed at present, the library committee have kindly given us permission to hold our meeting in the library, so that is where we were for our January meeting.

Our members' meetings are held on the following Wednesday evening in the village hall.

We are always happy to welcome visitors and were pleased to have four visitors this month. Our speaker was John Fox who was speaking about a brief history of Gargrave and telling stories about his memories of his early days in the village. We heard about his school-days in Gargrave and then going on to school in Barnoldswick. He mentioned a lot of his school friends by name and told us about the escapades they got up to. Nothing changes much, as I think the stories could apply to both earlier and later generations. We also heard about the shops and businesses there had been in the village and some of the farms which are now private houses. He worked on the railways for a number of years and eventually became an air-traffic controller in various parts of the country.

He kept us all entertained and amused, but eventually ran out of time with stories still to tell. We had an opportunity to look at some of the photographs he had brought when we broke for tea. In spite of the unpleasant weather we had a very good turn-out of members.

Sadly, we lost a very dear friend and member just before Christmas. Janet Sturgess had very bravely and cheerfully battled with cancer for a number of years.

The memorial service was on January 6th and afterwards at the village hall. There were many friends and family there.

We held our festive dinner on January 26<sup>th</sup> at the Cross Keys in East Marton. It is in place of a Christmas dinner in December, as everything is much quieter in January and it is something to look forward to in the dark winter days.

Our meeting in February is on the 8th. Our speaker is Gill Pinches and her talk is, 'Around the Holy Land in eight days.' Everyone is welcome, we meet from 7pm onwards to start at 7.30pm.

## Library news

*Dave Smith*

The library are organising a few events to see us all through to the hoped-for better weather in the Spring.

Our first event will be a film show on Friday 3<sup>rd</sup> February when we are showing a comedy, **The Golden Years**. Reminiscent of an Ealing Comedy, the film follows a group of pensioners who start robbing banks to make up for their lost pensions and to save their community hall. Actors include Bernard Hill, Simon Callow, Una Stubbs and Sue Johnston.

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For both films the now customary Café style seating will be in place so please bring your own refreshments. Doors open **7pm**, Film starts **7.30pm**. Tickets **£5.00** on the door.

On the 7<sup>th</sup> of April we are planning to show **Bridget Jones's Baby**, and on the 26th May **Swallows and Amazons**. In the middle of all this we have arranged for Mike Clarke, of canal fame, to give a talk on the 21<sup>st</sup> April.

## Gargrave Playground Association

*Sarah Pawson*

Happy New Year everyone! We hope you had a great Christmas. The group had a busy time leading up to Christmas with the ceilidh and the Santa's Grotto. We want to thank everyone who came along, and who helped made it a success. A special thank you to Ann Ladbury who did a brilliant lucky dip game which the kids thought was brilliant, and helped reach our £450 total. The Grotto helped the Preschool raise their profile on the fabulous work they do and more families have registered with them, which is great. The Preschool is charity-run and depends on funding to stay open, and is a valuable asset to our village.

Last month was meant to see works start in the playground, but as expected the weather had other ideas. Both the drainage company and Pennine Playgrounds are monitoring the grounds as presently it's too boggy to start. But that's ok... because at least we know that it's still happening and in a few months we hope to have the first stage of play equipment in and being used by everyone.

In the meantime we are looking at stage two and have started looking at the next round of funding applications to finance this. We are applying again to be one of the Co-op's local charities, as before, and they have raised us already £650! We can raise so much more if everyone can apply for their co-op card as it's when you shop that you raise us more money which goes straight to the project. Please call into the Co-op to find out more.

We are now looking for help to raise money for key pieces of equipment, which are the Zip Wire and the Summit Net as an integral and important part to stage two. Gary and Jodi Teasedale have offered through their car valeting service a car wash event this summer. They will be holding one in March for Carers Resource, a charity they hold close to their heart. These sort of events are great fun as it gets our community together to help something important for all our families. Anyone who would like to help then do contact Sarah Pawson via email at [sarah.pawson@btinternet.com](mailto:sarah.pawson@btinternet.com) or contact Kath at the Parish Council, or visit The Gargrave Playground Associations face book page.

We look forward to sharing with you the next update. Happy February everyone, The Gargrave Playground Association.

## Hunt news

*Elizabeth Adams*

We held our traditional Boxing Day meet on the green at Gargrave and we were amazed at how many people came to watch and support us despite the cold and windy weather.

Lots of families came along and the hounds really enjoyed the fuss everyone made of them .they are particularly good with the children ,it made for lots of wagging tails!

Our meet on New Year's Day was also well supported by the public. We had lots of children out on their ponies. There were lots of smiling faces as they tackled the jumps and galloped around. The weather was beautiful warm and sunny and some lovely photos were taken of the countryside.

Our annual Hunt Ball is to be held in February at the Coniston hotel . It is a very glittering evening and all are welcome to attend . Tickets available from the hotel.

## Pilates News

*Bee Faulkner*

Pilates is helpful for improving core stability, strength, flexibility and coordination. The exercises help to keep you internally strong and steady, and help to maintain and improve mobility, posture and balance. All mats and equipment are provided for the classes, which are run at Gargrave Village Hall, either in the main hall or in the annexe.

New Tuesday evening athletic mat Pilates classes, run by Cate Davies in the Village Hall Annexe, are starting on 31 January at 7.15pm. They are aimed at those who are already quite fit and want to improve their performance in other exercise/sports and reduce chance of injury, using the Classical mat routine, based on the original work of Joe Pilates, £28 for 4 week block. Beginners welcome.

For enquiries or to book a place, contact Cate on [catedaviespilates@gmail.com](mailto:catedaviespilates@gmail.com) or 079 5533 8775.

Daytime classes led by Bee Faulkner continue on Tuesdays at 10am (mat based) and 1130 am (sitting and standing), and also on Fridays at 9am and 10.30am (mat based). We will be having a two week break\* for half term resuming on Tues 7 March (\*except for the 11.30am class which is having a one week break and will be running on 21 Feb but not the 28th). For further information, please contact Bee on 749443 or 0777 898 0994.

## The Courtyard Dairy's New Venture

*Andy Swinscoe*

I am sure quite a few of you will know already about The Courtyard Dairy's purchase of the former Falconry Centre on the outskirts of Settle. The plan is for Kathy, me and our two lovely children to live there, consolidate our business and eventually move all our operation up there.

Four years ago, after time spent working with cheese in France, Bath and London, Kathy and I moved to Settle to open our own small cheese shop. We wanted to run a shop that focused exclusively on quality and traditional-farm-made cheese. Over the last four years we have been overwhelmed by the support we have received from the people of Settle, Gargrave and throughout Craven. This has enabled Kathy and I to make a quantum leap in order to grow our business and give us a more secure future within Settle. We love Settle and its people, and we want to continue to live and bring up our young family in the area.

The larger space available to us at the former Yorkshire Dales Falconry Centre will allow us to do several things with our business: increase the space for storing and further maturing cheese to make it truly special; incorporate a small information area showcasing information about cheese making and its history in the Dales; open a cheese-themed café; and build in a cheese making room. The cheese making room will initially be used to run cheese-making courses and work as a development room for when we work with dairy farmers, but the five-year plan would be to find a budding cheese-maker to establish themselves there. As part of all this, of course, will be a slightly-larger version of The Courtyard Dairy's award-winning shop, as dedicated as ever to providing the very best of unpasteurised farm-made British cheese.

Until the move of the shop is completed, The Courtyard Dairy's existing shop at The Courtyard will remain fully open for business as usual. Our plan is to have most of what I've described above open in the former Falconry Centre by the summer. We'll keep you informed so you know the state of play, and when we open it, we hope to see you there.

Thanks again for your continued support from Gargrave – without it, we couldn't have achieved what we have so far. We are truly grateful.

## Cracoe's Café, Bar and Bistro



*Open daytime Tuesday to Sunday 10am – 5pm*  
*Also open Friday and Saturday nights for food and bar*  
*Private parties catered for*  
**01756 730228**



### *Ingham Photography*

*Gargrave-based*  
*Robert and Diana Ingham shoot*  
*portraits, weddings and events.*

*half hour shoot - £45*  
*3 shoots per year - £120*  
*at home or a local location*

**Contact us on:**  
**07740 339021**  
**rob@inghamphotography.com**

[www.inghamphotography.com](http://www.inghamphotography.com)  
<https://www.facebook.com/dianainghamphotography/>

## FARMING ON SCALEBER HILL

*John Hall*

ONCE CHRISTMAS IS OVER lambing time is just round the corner. The ewes are looking well at the moment. Liver fluke has been a problem this year. Routine blood tests by the vets revealed immature fluke in lambs. They were obviously to dose. But as withholding time is quite long it means we still have quite a number left. As we are now feeding pellets, one hopes the lamb prices remain firm. The value of the pound can have quite an effect.

The value of newly calved heifers has dropped significantly which doesn't help the balance of payments (less for Inland Revenue).

One always has ups and downs. So long as you have your share of **ups**. I am now feeding the sheep and someone who shall be nameless has placed a batch of calves in my pens (no time to be bored).

I have seen many changes in farming over the years from horse and cart, no electricity or running water, from the introduction of the Standard Fordson tractor by the War Agriculture Committee to self-propelled forage harvesters and robot milking machines.

The new year is a time for reflection and there has been no shortage of events this year. I do not think anyone could have predicted the Brexit vote or the victory of President Trump.

We live in an ever-changing world and its gets harder to predict anything. Farming families have always been solid with their views, but following the Brexit vote families have been split down the middle.

Many of my Scottish friends were pleased with the Scots referendum but not happy with Brexit. Whatever happens we will have to play the cards we are dealt. To be a farmer one has to cope with all kinds of problems, which teaches you to be resilient. I tend to let the politicians sort out the politics.

2016 began as the wettest I have ever seen. The land was waterlogged until April. It was fortunate we had sheds to bring the sheep inside and save poaching the fields. Once May came, nature reversed the trend with bumper crops of grass, and with weather to harvest excellent crops of grass and silage for sheep and cattle. It was a difficult year for dairy farms with very low milk prices. A record number of dairy farms have ceased milking. As always it is a question of supply and demand. There may be a light at the end of the tunnel as an increase for December and January has been announced.

As I mentioned in previous magazines I suddenly lost two sheepdogs. I had a chance of a young dog which was ready for training. His previous owner found him difficult to stop. His name is Tip due to a white spot on the tip of an ear.

After a few wild days and patience he is coming on great guns. He has settled in and is a happy very friendly dog and a pleasure to have. All he wants to do is work. He is quite happy working with my other young one.

The snowdrops are showing. Roll on Spring. The sheep will be to feed by the time you read these notes and the whole cycle begins again.



# LOVE AND IMPERFECTION

Tony Wimbush

Some reflections by Father Richard Rohr O.F.M

## Love

IT'S NOT REALLY WHAT WE DO THAT MATTERS; it's the energy with which we do it. To be in love is to be standing in a different space. Love is not what you do; it's how you do it. It's obvious who's in love and who isn't. When you stand in the state of love that Jesus offers, you live inside of a different energy. You're not entirely self-preoccupied. You try to care for the world. You say, "I have one life and when I leave here, I want to make sure this world is a little better because I was here." What might happen if we woke up each day with this intention: "How can my existence on this earth increase the quality of life on this planet?"

Jesus says, "I'll be with you only a little while longer. So I'm going to leave a sign that I'm still here. I'm going to reveal myself in the presence of loving people." That's the only way anyone can know God. If you've never let anyone love you, if you've never let love flow through you—gratuitously, generously, undeservedly—toward other people, you can't possibly know who God is. God is just a theory or abstraction. But "God is love" (1 John 4:8). And those who live in love live in God and know God experientially. There's no other way you can know who God is, and who **you** are, but to love (Genesis 1:26-27). Take that as an absolute!

God is not saying, "I demand this of you." Rather, God is saying, "I invite you into this mystery of who you already are in me." Love is not something you decide to do now and then. **Love is who you are!** Your basic, foundational existence—created in the image of the Trinity—is love. Remember, Trinity is saying that God is not an isolated divine being; God is a quality of relationship itself, an event of communion, an infinite flow of outpouring. God is a dynamic creator, an action more than a substance. To put it succinctly, God is a verb more than a noun.

## Imperfection

Jesus uses a number of images that illustrate the tension between good and evil, among them are wheat and weeds. They all seem to say this world is a mixture of so many different things, and unless you learn how to see deeply, you don't know which is wheat and which are weeds. You don't notice that God allows both good and bad to grow in the same field (Matthew 13:24-30) and you can get lost in the weeds and not see the wheat.

When a student asks Jesus if he should pull out the weeds, Jesus says to "let them both grow together until the harvest" (Matthew 13:30). Then, at the end of time, God will decide what is wheat and what is a weed. In a certain way, he is saying it is none of our business to fully figure it out. This is really quite risky of God—and it takes tremendous courage on our part to trust God and ourselves here.

We are all a mixture of weeds and wheat and we always will be. We are all simultaneously saint and sinner, blessing and curse. That's the mystery of holding weeds and wheat together in our one field of life. It takes a lot more patience, compassion, forgiveness, and love than aiming for some illusory perfection that is

usually blind to its own faults. Acknowledging both the wheat and weeds in us keeps us from thinking too highly of ourselves and also from dismissing ourselves as terrible.

To avoid cynicism and negativity, you have to learn to accept and forgive this mixed bag of reality that you are—and everyone else is, too. If you don't, you'll very likely just become angry or depressed. To accept the weeds doesn't mean that you say, "It's okay to be ignorant and evil." It means you have some real wisdom about yourself. You can see your weeds and acknowledge when you are not compassionate or caring. You have to name the weed as a weed. I'm not perfect; you're not perfect; our churches are not perfect; our world is not perfect.

If we must have perfection to be happy with ourselves, we have only two choices: we can blind ourselves to our own evil (and deny the weeds), or we can give up in discouragement (and deny the wheat). It takes uncommon humility to carry both the dark and the light side of things. The only true perfection available to humans is the honest acceptance of our imperfection. This is precisely what Divine Perfection can help us do; only God in us can love imperfect and broken things. By ourselves, we largely fail.

Learning how to love—which is our life's project—is quite simply learning to accept our messy reality. If you love anyone, then you have learned to accept them despite their faults. You probably see a few things you'd like to change in your partner, your family or yourself. By the Largeness of God within you, you are able to trust that the good is always deeper than the bad, even if sometimes we think it is well hidden!

Acknowledgement : Adapted from Everything Belongs: The Gift of Contemplative Prayer by Richard Rohr, 2003



The obituary of a famous surgeon who died recently, recounts an exchange which took place when he was being cross-examined in the witness box. It went:

Would you say you were the finest heart surgeon in the world?

Yes, I would.

Don't you think that rather immodest?

Perhaps, but I am under oath!

## CONNECTING WITH CULTURE

*Jennie Pollock, London Institute for Contemporary Christianity*



### Are you suffering from progress fatigue?

**NEW IMPROVED RECIPE!** Fourteen updates need your approval. Upgrade your phone now!

Why can't they just leave things alone? I liked my phone / operating system / Creme Egg just as it was, thank you, I don't need a new, 'improved' version every five minutes.

If you've ever felt like this then you, like me, might be suffering from Progress Fatigue. Symptoms include nostalgia, sighing, rapid-onset frustration with technology and a tendency to use phrases like 'Why can't they just...'

Part of the issue is that it rarely seems as though the improvements actually improve anything. Apps lose your favourite features, computer programmes develop new bugs, Creme Eggs don't taste as nice.

We often think of change as a good in itself. As Sam Seaborn, in the TV show **The West Wing**, put it, when explaining why the US Government kept funding missions to Mars:

Because it's next. For we came out of the cave, and we looked over the hill and we saw fire. And we crossed the ocean and we pioneered the West, and we took to the sky. The history of man is hung on the timeline of exploration and this is what's next.

We want the next thing, the new thing. Something more. Something better.

Yet it gets tiring when, as my cousin tweeted recently, "we suffer constant change without any sense that things are progressing in the 'right' direction".

Change needs to be underpinned by some vision of the good in order to be inspiring and compelling. We trial new medicines because we want to be healthier for longer. We develop new technologies because we want to live, work and travel more efficiently. Knowing and believing in the goal helps even Luddites like me to accept the change.

There are some changes that are not so positive, though. Some are driven by greed, some by hedonism. Some, such as changes to sexual ethics and moral codes, are due to an outright rejection of God's authority and boundaries. As Christians, it is important that we keep our eyes on the ultimate goal of life – God's Kingdom come and his will done.

When changes bring us closer to that point, we can rejoice. When they take us further away it is time to pray, to act, to speak out. And when they're change for change's sake, it's probably time to sigh and reach for the Creme Eggs, however disappointing.

## COURTESY OF THE DENNIS FRENCH COLLECTION WEST MARTON DOUBLE BRIDGE OVER CANAL

*Graham Beck*

AN INTERESTING WALK to discover this fascinating double bridge over the canal.



Mr Scott, Editor of the "Dalesman" tells us there are only two bridges of this kind in Gt Britain, the other being in Wales.

The lower bridge was built by the Leeds & Liverpool Canal Company in 1773.

Later it was found that the dip formed by the road was too dangerous and so the W.R.C.C. built the second bridge over the original bridge thus levelling the road.

Take the Pennine Way footpath from Gargrave to East Marton and return to Gargrave along the canal banks and you will discover this double bridge on the way. There is a tea room or pub lunch available at East Marton if you need refreshment.



## GARGRAVE PRE-SCHOOL

Judith Metcalfe

WE HAD A BUSY DECEMBER. We held our nativity in the school hall and was watched by parents grandparents friends and also Apple class. We had some brilliant singing and all the children looked great in their costumes: well done to them all! Feedback from everyone was how much they enjoyed it.



We held a raffle at the nativity and would like to thank all those who supported us by giving us donations. Many thanks go to Coniston Hall, Settle falconry, Hazy Days, Embsay/Bolton Abbey railway, Thornton farm, Skipton Castle, Ingleborough cave, Masons Arms, Mamma J's, Stump Cross Caverns and Silentnight - some great prizes and we raised £108. Thank you.

Then came our party with Diddy Dance and Father Christmas.

From January, we will be restarting our visits to the library with our school leavers, and we have planned for the health visitor to visit us. We also are looking forward to a few new starters. We all wish everyone a happy 2017.

*With apologies from the Editors for not including this article in the January edition.*

### IT picnic

Looking over the log-book kept by the computer support staff at my office, I noticed several entries stating the problem was **PICNIC**. I asked one of the technicians what **PICNIC** meant.

He laughed as he told me it meant "Problem In Chair, Not In Computer."

### Egg

What did the egg in the monastery say?  
'Out of the frying pan and into the friar.'

## GARGRAVE C OF E PRIMARY SCHOOL

Annie Faulkner and Vincent Tetley

*"Every child counts, every child contributes"*

On Monday 9th January, year 6 went on a school trip to London. We left Skipton on the 6:55 am train. Unfortunately, the train got delayed for 2 hours!

When we arrived at London Kings Cross, we went to platform 9  $\frac{3}{4}$  and we all got our picture taken with a house scarf of our choice.

Next, we joined a very long taxi queue (there was a tube strike, so the roads were very busy). Eventually we got two taxis, and



we set off for the Houses of Parliament. Our taxi drivers let us eat lunch on the way.

When we arrived at Parliament, our bags were checked, and we went on a tour. One of the rooms had lots of statues of Kings and Queens. We went up lots of steps, and we saw part of a debate in the House of Commons about work and pensions.



Next, we went into a very old room, (which is where King Charles I trial was held) and we saw our local MP – Julian Smith. We asked him lots of questions. Then we had to walk (no tubes) back to London Kings Cross – there was a train to catch.....we walked quickly!

We caught the train to Leeds, and then one back to Skipton. We arrived at Skipton railway station at 7:45pm.





### Blaze of light as Ripon Cathedral prepares for Candlemas

Preparations for the historic service and procession for Candlemas, taking place on Thursday 2nd February at 7.30pm, will begin early at Ripon Cathedral. Ahead of the service, one of the most spectacular in the Cathedral's calendar, thousands of candles will be placed around the ancient building by the team of vergers. The service is lit purely by the candles placed throughout the Cathedral - candles also form a spectacular cross of light in the main chancel. The Candlemas Eucharist celebrates the Presentation of the Infant Christ in the Temple, and traditionally marks the end of the Christmas season. At Ripon Cathedral it has been celebrated for hundreds of years. A visitor to the Cathedral in 1790 declared that the whole building was "one continued blaze of light all afternoon". This year, the preacher will be the Dean of Wakefield, the Very Revd Jonathan Greener.



### Urgent Tanzania drought appeal

Churches are being urged to support parishes in the Diocese of Mara, Tanzania, which is suffering from starvation due to crop failures.

The appeal has come from the Bishop of Mara, the Rt Revd George Okoth, who says that many congregations in areas like the Serengeti have not been able to grow and sell crops and support their clergy. Many of the clergy and their families are going hungry.



"Ninety-five percent of our congregations rely on subsistence farming," he said.

Parishes are invited to "buy a bag of maize for Mara" by sending £40 cheques made payable to "Leeds Diocesan Board of Finance", with, written on the back, "Mara bag of maize appeal", c/o Diocese of Leeds Finance Dept., 17-19 York Place, Leeds, LS1 2EX.

### Parish Council meeting Monday 9 January

Prior to the meeting, the Parish Council held a budget meeting looking at known expenses still to be paid in this financial year to 31 March 2017 and regular spending for the next financial year. Contingencies were also provided for in the Council's decision to apply for the same precept for 2017/18 as for 2016/17, £44,000.

In the Parish Council meeting Cty Cllr Shelagh Marshall explained about a NYCC department, "Stronger Communities", which deals with flooding issues. She provided the Clerk with contact names in that department.

In correspondence, a copy letter from Julian Smith, MP prompted a discussion about the ongoing problem of vehicles mounting the pavements on the A65 at the corner by the Post Office and the Old Swan Inn. Various e-mails between the Parish Council and Area 5 Highways department were read out. The Parish Council is determined to pursue every avenue to keep pedestrians safe.

The Parish Council received a request from the trustees of Gargrave Poor's Lands Charity for approval of their appointment of a new trustee, Mrs Chris Charlton of Eshton Road. The Parish Council duly provided its approval.

Some Parish Councillors were due to meet members of Craven DC's Planning Department the following day to discuss Gargrave's Neighbourhood plan. The Council wished them luck!

The defibrillator on the outside of the Village Hall is expected to be up and running by 16 January.

The next monthly meeting will be at 7-15 pm on Monday 13<sup>th</sup> February 2017 in the Village Hall.



## INFORMATION

**Rotas for St Andrew's Church – please arrange a deputy, or a swap, if you can't make your duty**

Readings			8am Sidesmen		Church Cleaning	
5 Feb	4th before Lent	1 Cor 2:1-16, Matthew 5:38-48	Linda Wall		23-Jan	03-Feb
12 Feb	3rd before Lent	1 Cor 3:1-9, Matthew 6:1-18	Kay Craven		Sylvia Humphreys	Ronald Humphreys
19 Feb	2nd before Lent	Romans 8:18-25, Matthew 6:19-34			06-Feb	17-Feb
26 Feb	1st before Lent	2 Peter 1:16-21, Matthew 7:1-29	Colin Chapman		Beatrice Faulkner	Annie Faulkner
5 Mar	Lent 1	Romans 5:12-19, Matthew 4:1-11	Linda Wall		20-Feb	03-Mar
12 Mar	Lent 2	Genesis 12:1-4a, John 3:1-17	Kay Craven		Joan Wimbush	Tony Wimbush
10.45am	Sidesmen	Readers	Offertory Collection	Intercessors	Refreshments	
5 Feb	Family Team	Family Team	Family Team	Family Team	Cynthia Hardyman	Peter Hardyman
12 Feb	Joyce Brotherton	Isobel Lacey	Diane Maiden	Judith Douglas	Norma Brothers	Norma Douglas
19 Feb	Janet Turner	Hugh Turner	Rosemary Pocock	David Houlton		Mollie Blackburn
26 Feb	Dorothy Rishworth	Mollie Blackburn	Lauren Maslin	Eileen Hoskin	Pat Cockshott	Richard Pocock
5 Mar	Family Team	Family Team	Family Team	Ron Humphreys	Joan Wimbush	Tony Wimbush
12 Mar	Sarah Curtis	Pauline Gilfoyle	Ruth Abbott	Joyce Brotherton	Isobel Lacey	Abbie White
						Sylvia Humphreys

## Public Transport leaving Gargrave

*Compiled by Peter Hardyman 15 January 2017*

### TAXIS from Gargrave (see adverts on page A13):

Gargrave Private Hire - local & distance, airport transfers: 07877 054698, 01756 748112  
Airedale Executive Travel: 01535 630062 / 07811 439887  
Neil Young - airport transfer specialist: 07817 296624

### TRAINS, from Gargrave

**To Skipton** (arrives approx. 5 mins later) & **Leeds** (arrives approx 50 mins later)

Mon-Fri	0742	0811	1201	1347	1453	1602	1728	1814	2028	2131
Saturday	0745	0927	1201	1345	1455	1615	1744	1814	2028	2131
Sunday		1121		1352	1453	1554		1849		2106

**To Giggleswick** (arrives ~ 20 mins later) & **Morecambe** (arrives ~ 95 mins later)

Mon-Fri	0547 <sup>12</sup>	0901	1105	1406		1730
Saturday	0643 <sup>12</sup>	0905	1105	1439		1731
Sunday		0932	1145		1543	1809

**To Settle** (arrives ~ 18 mins later if direct) & **Carlisle\*** (arrives ~ 2hrs later if direct)

Mon-Fri	0547 <sup>3or2</sup>	0901 <sup>2</sup>	0932	1105 <sup>3or2</sup>	1331	1406 <sup>2</sup>	1453 <sup>1</sup>	1730 <sup>2</sup>	1851
2006 <sup>4</sup>									
Saturday	0643 <sup>3or2</sup>	0905 <sup>2</sup>	0932	1105 <sup>3or2</sup>	1331	1439 <sup>2 (or 3)</sup>	1455 <sup>1</sup>	1731 <sup>2</sup>	1840
2006 <sup>4</sup>									
Sunday		0932 <sup>2</sup>	0954	1145 <sup>2</sup>	1440	1543 <sup>2</sup>	1809 <sup>3or2</sup>		

**NOTES:** 1 Change at Skipton 2 Not Settle; change at Lancaster for Carlisle 3 Change at Hellfield 4 Terminates Ribbleshead 12 Change at Lancaster for Morecambe \**The S-C Line North of Armthwaite is closed to March 2017. Replacement buses run between Appleby/ Armthwaite & Carlisle. At 15 Jan, there are no other Planned Engineering Works to affect Gargrave trains in January but that can change. Check with northern railway.* For live info on next 2 trains text GARGRAVE to 84950, or go to [www.rail.co.uk/live-arrivals-departures/](http://www.rail.co.uk/live-arrivals-departures/) **ON 14,15,16 FEB SOME SKIPTON-APPLEBY SCHEDULED SERVICES ARE DUE TO BE HAULED BY STEAM LOCO 'TORNADO'. See [www.railmagazine.com](http://www.railmagazine.com)**

### BUSES from Gargrave

\* Except Bank Holidays

**To Skipton** (arrives ~ 15 mins later) (Services 75, 210/ 211, 580) (M service from Malham)

Mon-Fri*	0821	0911 <sup>11</sup>	0956	1056	1057M <sup>7</sup>	1156	1256	1356	1357M <sup>7</sup>	1456	1556	1726
Saturday	0821	0911	0956	1056M		1156	1256	1356		1456	1556	1656M
Sun + B.Hol	(No Service in Winter)											

**To Settle** (arrives ~ 25 mins later) and (+)onward to **Kirkby Lonsdale** (Service 580/581)

Mon-Fri*	0904+	0959 <sup>11</sup>	1059+	1159	1259+	1359	1459+	1559	1644+	1759+
Saturday	0904+		1059+	1159	1259+	1359	1459+		1644+	1759+

**To Malham** (arrives ~ 25mins later) (Services 75, 210/ 211)

Mon-Fri*	1000 <sup>7</sup>	1310 <sup>7</sup>								
Saturday	1001	1559	Sun + B.Hol	(No Service in Winter)						

**NOTES.** 7. Tues & Thurs (as service 211) stops at Coniston Cold 4 mins after Gargrave  
11. During School term only **North Yorkshire School Holiday: 18 – 26 Feb 2017 inc.**

## Public Transport back to Gargrave

### TRAINS, to Gargrave Last train from LEEDS

**From Skipton** (arriving Gargrave ~ 5 mins later)

**to Gargrave**

Mon-Fri	0541	0855	0926	1100	1326	1401	1725	1846	2000	1919
Saturday	0638	0900	0926	1100	1326	1433	1725	1835	2000	1919
Sunday		0926	0948	1140	1435	1538	1803			1720

**From Morecambe** (arriving Gargrave ~ 95 mins later)

Mon-Fri	0610 <sup>12</sup>	1034	1333	1619	1908
Saturday	0736 <sup>12</sup>	1034	1331	1616	1909
Sunday		1222	1446	1723	1946

**From Carlisle** (journey time is dependent on route – check timetables)

Mon-Fri 0518\* 0544<sup>2</sup> 0825<sup>1or3</sup>\* 0949<sup>2</sup> 1126\* 1249<sup>2</sup> 1337\* 1433<sup>1</sup>\* 1449<sup>2</sup> 1551\* 1746<sup>3</sup>\* 1808<sup>2</sup>  
(2100<sup>13</sup>)

Saturday 0702<sup>2</sup> 0724<sup>1\*</sup> 0856<sup>3\*</sup> 0949<sup>2</sup> 1123\* 1249<sup>2</sup> 1354\* 1540<sup>2</sup> 1551\* 1739<sup>3\*</sup> 1807<sup>2</sup> (2100<sup>13</sup>)

Sunday 0857\* 1133<sup>2</sup> 1229\* 1307<sup>2</sup> 1447<sup>1\*</sup> 1636<sup>2</sup> 1852<sup>2</sup>  
**NOTES:** 1 Change at Skipton 2 Not Settle; change at Lancaster 3 Change at Hellifield  
12 Change at Lancaster 13 *Not Carlisle: Departure time is from Ribbleshead*

\*See Notes on previous page regarding buses North of Appleby/ Armthwaite.

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**BUSES to Gargrave** \* Except Bank Holiday (M service to Malham)

**From Skipton** (arrives Gargrave ~ 15 mins later) (Services 75, 210/ 211, 580)

Mon-Fri*	0850	<u>0945</u> <sup>11</sup>	0950M <sup>8</sup>	1045	1145	1245	1300M <sup>8</sup>	1345	1445	1545	1630	1745
Saturday	0850	0945M		1045	1145	1245		1345	1445	1545M	1630	1745

Sun + B.Hol (No Service in Winter)

**From Settle** (arrives Gargrave ~ 25 mins later) (Service 580) + from Kirkby Lonsdale

Mon-Fri*	0755+	<u>0845</u> <sup>11</sup>	0930+	1030+	1130+	1230	1330+	1430	1530+	1700
Saturday	0755+	0845+	0930+		1130+	1230	1330+	1430	1530+	

**From Malham** (arrives ~ 25mins later) (Services 75, 210/ 211)

Mon-Fri*	1035 <sup>8</sup>	1335 <sup>8</sup>										
Saturday	1030							1630				

Sun + B.Hol (No Service in Winter)

**NOTES 8.** Tues & Thurs service stops at Coniston Cold 4 mins before Gargrave

11. During School Term only

**Service Operators:** northern railway [www.northernrailway.co.uk](http://www.northernrailway.co.uk)

210/211 –NYCC 08458 725282 01609 780780; 580/581, 75 –Kirkby Lonsdale Coach

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**National Rail Enquiries** 03457 48 49 50 [www.nationalrail.co.uk](http://www.nationalrail.co.uk)

## Organisations Please let us know if you'd like to amend or add an entry

**Caterpillar Club** (0+) – St Andrew's Church, Wed 10am, Heather Taylor 749499  
**Stay and Play** (0+) Village Hall Annexe, Mondays 9.30-11.30am, Sally Thomas 748098  
**Twins and Multiple Birth Group**, V Hall, Wednesdays 9.30am, NYCC 01609 533990  
**Rainbows** (5+) – Debbie Gomersall 01729 830589  
**Brownies** (7+) – Rose Turner 01729 825886  
**Young Farmers Club – Coniston Cold**, Tues 7.30pm, Janet Bolland 01729 830505

**Luncheon Club (over 55s), Gargrave Community Centre, Neville Crescent, alternate Thursdays, 12.30pm**

**Over Sixties'** (over 60s) – Village Hall Annexe, Wed 1.30-3.30pm,

**Phoenix Group** (over 65s) – Anchor Inn, alternate Thurs 9am-1pm, Sarah 07596 452385

**Meals on Wheels** – Mon & Wed, Brenda Longbottom 749883

**Bowling – outdoor** Gargrave Bowling Club, Michael Cox, 748285

**Bowls – indoor**, Village Hall, Tues & Thurs 2-4pm, Mary Rushton 748908

**Cricket – Gargrave Cricket Club** (over 13s) Tony Cockshott, 07788 100199

**Croquet – Craven Lawn Tennis Club**, Gargrave, Tues 2-6pm, Roy Berry 748065

**Cycling – Gargrave Tuesday Club**, Dalesman Café, Tues 9.30 for 10am start, Thurs 10 for 10.30am start, Trevor Pickles 01282 844788

**Football – Gargrave AFC** (over 16s), Tues eve training, Sat games  
[www.gargraveafc.co.uk](http://www.gargraveafc.co.uk), Caroline Thompson 749235

**Golf – Mason's Arms Golf Society**, [www.masonsarmsgolfsociety.com](http://www.masonsarmsgolfsociety.com), 749304

**Hunt** – Pendle Forest & Craven Hunt, Elizabeth Adams 01756 749772

**Pilates** – V.Hall, Tues 10 & 11.30am, Fri 9am and 10.30am Bea 749443

**Tennis – Craven Lawn Tennis Club**, Beth Whitley 749664, [www.craventennis.org.uk](http://www.craventennis.org.uk)

**Tai Chi** – Village Hall Annexe, Thur 7.30-8.30pm, Ian Cresswell 748540

**Walking for Health** – 1<sup>st</sup> Thursday of the month, 10am, Jean Maxwell 748851

**Yoga** – Village Hall Annexe, Wednesdays 9.30-11.30am, Sally Thomas 748098

**Modern sequence dance** – Village Hall, Mon 7.45-10pm & a monthly Saturday (see diary, p.2), John Stephenson 01535 632935

**Chance 2 dance** – Village Hall Annexe, **Tap** (3-18, adult) Tues 4.15-7.30pm

**Ballet** (3-18) Sat 9am-2.30pm, **Theatre-craft** Thur 5-6pm Jaki 0758 2086345

**Art - Gargrave Art Group** – Village Hall, Mons 1.30-3.30pm, Lesley Woodhouse 749421

**Bell Ringing** – St Andrew's, Mon 7.30pm, Sun 10.00am, Joe Alston 01729 851663

**Bingo** – Village Hall Annexe, 4<sup>th</sup> Wed of month 7.30pm, Joan Philip 749468

**Bingo - Gargrave Community Centre, Neville Crescent – Mondays 2pm**

**Fuchsia & Geranium Club** – V.Hall, 1<sup>st</sup> Wed of month 7.30pm, Paula Jackson 752175

**Gargrave Community Choir** – rehearsals Sundays noon, St Andrew's Church, 749802

**Gargrave Heritage Group** – Tues 10am, St Andrew's Church, Martin Thomson 748309

**Craft and Chat** – St Andrew's, Tues 2pm, Sylvia Humphreys 748779

**Parish Council Meeting** – Village Hall side room, 2nd Monday of the month

**Snooker Club** – Village Hall Snooker Annexe, every day, Stewart Smith 749340

**Stan Drew's Community Choir** – Ruth Abbott, 748483

**WI** – Village Hall Annexe, 2<sup>nd</sup> Wed of month 7pm, Trish Richardson on 748847

**Masons Arms – Quiz** Sundays 9pm, **Acoustic live music** 1<sup>st</sup> Friday of the month



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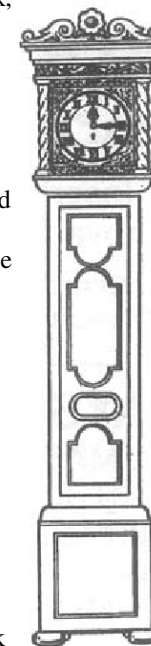
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