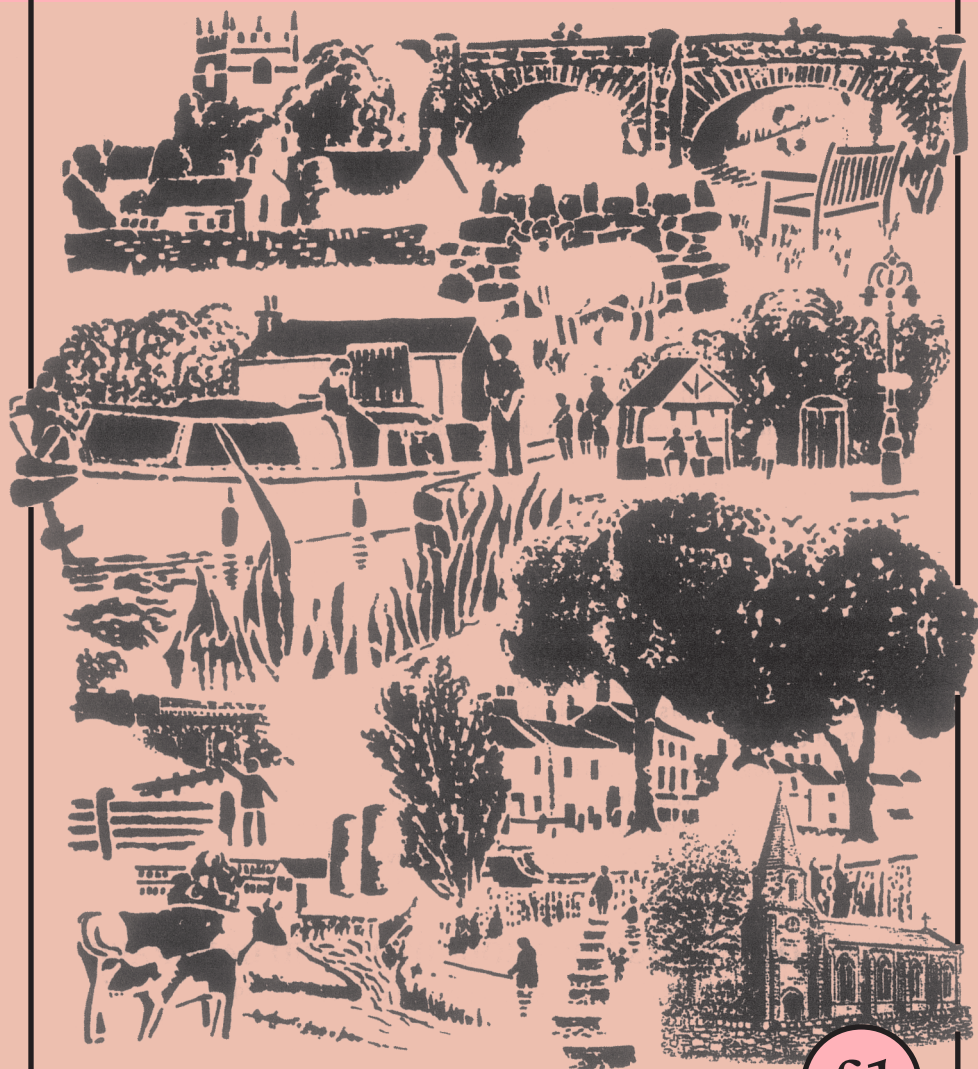


GARGRAVE & CONISTON COLD

Parish Magazine



MAY 2019

£1

Inside this month

A sporting issue: Tennis, swimming, cross country, climbing, croquet, basketball, the launch of Gargrave United Junior FC and even a golfing joke.

The active theme continues: Pilates, Tai Chi Qigong and a new kid on the block: Somatics



Narrowboat Quince at Gargrave. Photo by Tim Green, licenced via Creative Commons

Dates for your diary

North Yorkshire Open Studios	Weekends 1,2, 8,9 June
Gargrave Open Gardens	Sat 15 June
Summer Art Show	11-14 July
Gargrave Show	Sat 17 August

June issue editorial deadline: 10 May
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Printed in Skipton by EP Print on FSC recycled paper

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WARDEN'S WORDS

Peter Poulter

IT HAD BEEN A STRANGE 24 hours for the youth group. What else do you do on Holy Saturday? You know what Good Friday is all about – and Easter Day. But what is the Saturday for?

It had started with a discussion about what was the right colour for Easter while they were helping with the decoration of the church. They had not realised that there were special colours for the seasons of the church year, each with its own significance.

It appeared that Easter was gold and white, to celebrate the hope and new life that came with Jesus' being raised after all the despair of Friday. So, just right that the church ended up a sea of daffodils – though it makes you wonder how you celebrate Easter without eggs in new nests, young rabbits and spring flowers. Someone wondered what colour they use in Australia, where Easter is in the autumn. But no time for speculating; gold it was, and there were other things to get ready. Tonight was to be the night hike.

Everything went well. That is, while there was a little moonlight – and while they remembered which way round to hold the map. It was soon after the clouds obscured the moon that they took their first wrong turning. And when you have made one wrong move ... It is incredible just how dark it can seem when you have not a clue where you are or where you should make your next step.

And then, when it felt as if it were the darkest it could get – and cold with it – there was just that slight glimmer of grey on the horizon. Not much to go on; but enough to make out some shapes, get a sense of direction – and even get the map the right way round.

It was over Easter breakfast that someone suggested that they had discovered something of how the first disciples felt – no idea where they were, uncertain where they were going until, that is, the first grey glimmer of hope.

Gold might be the right colour for celebration when you think that you know what it is all about. But when all seems dark and hopeless, grey is the colour of hope.



DIARY FOR MAY

Coniston Cold

- Sun 5 Evensong, 4pm, Church
- Sun 12 Holy communion, 9.30am, Church
- Sun 19 Evensong, 4pm, Church
- Fri 24 Wedding, 12.30pm, Church
- Sun 26 Holy communion with Felicity Lawson, 9.30am, Church

Gargrave

- Wed 1 Parish Council Annual General Meeting. Village Hall Annex. 7 pm.
Parish Council monthly meeting. Village Hall Annex. 7.30 pm.
- Thu 2 Polling day for local elections. Village Hall. 7am to 10 pm.
- Sun 5 **BCP Communion with Bishop David Hope, 8am, Church**
Family Service, breakfast 10.15am, service 10.45am, Church
Oasis reflective worship, 6.00pm, Church
- Wed 8 WI Meeting. Village Hall Annex. 7pm for 7.30pm
- Fri 10 Picnic Supper dance with Dennis Westmorland. 7.30pm-11pm
- Sat 11 Gargrave Village Hall Management Committee Coffee morning. 9.30am onwards.
- Sun 12 **Communion by Extension with Janet Turner, 8am, Church**
Sung Eucharist with Revd Pam Swift, 10.45am, Church
Flea Market, Collectables & Crafts. Village Hall. 10am - 4pm
- Mon 13 Gargrave Show meeting. Village Hall Annex. 8pm
- Wed 15 Gargrave Village Hall Management Committee meeting. Committee Room 1, 7.30pm
- Sat 18 Broadway Fairs. Vintage Fair. Village Hall. 10am - 4pm
- Sun 19 **Communion by Extension with Janet Turner, 8am, Church**
Service of the Word with Peter Poulter, 10.45am, Church
Broadway Fairs. Vintage Fair. Village Hall. 10am - 4pm
- Fri 24 Library film night: Green Book. Village Hall. 7 for 7.30pm
- Sat 25 Gargrave Village Hall Management Committee Coffee morning. 9.30am onwards.
- Sun 26 **Morning Prayer with Linda Wall, 8am, Church**
Sung Eucharist with Revd Felicity Lawson, 10.45 am, Church
Broadway Fairs. Flea Market & Allsorts Fair. 10am - 4pm.
Christians in Gargrave, 4.30pm, Community Room, Neville Crescent.
- Thu 30 Referendum on Gargrave Local Plan

Regular weekly and biweekly Gargrave events

Mondays:

- 9.30am Tai Chi Qigong, Green opposite Bollywood Cottage, riverside of War Memorial
- 10.40am Tai Chi Qigong for Beginners, venue as above
- 1.30pm Art Club, Village Hall Annex
- 1.30pm Bingo, Gargrave Community Centre on Neville Crescent
- 7.30pm Modern Sequence Dancing, Village Hall
- 7.30pm Bell ringing, Church
- 8pm Quiz, Old Swan Inn

Tuesdays:

- 10 am Heritage Group, Church
- 10 am Contemporary Pilates with Bee Faulkner, Village Hall (term time)
- 10.30am Adult Tennis Coaching and Social Tennis (weather permitting)
- 11.30am Standing/Seated Pilates with Bee Faulkner, V Hall (term time)
- 12.30pm Alternate Tuesdays – lunch at Gargrave Community Centre, followed by games.
- 2pm Craft and Chat, Church
- 2pm Indoor Bowls, Village Hall
- 2pm Classical Pilates with Cate Davies: 'Mixed Ability' Village Hall Annex
- 4pm Tap dancing lessons, Village Hall Annex (term time only)
- 6pm Classical Pilates with Cate Davies: 'Beginner Athletic' Village Hall (term time)
- 7.05pm Classical Pilates with Cate Davies: 'Intermediate Athletic' Village Hall (term time)
- pm Brownies & Rainbows (school term only)
- 8pm Quiz Night, The Old Swan

Wednesdays:

- 9.15-12 Gymnastics for pre-school children, Village Hall
- 9.30am Gentle Hatha Yoga, Village Hall Annex
- 10 am Caterpillar Club, Church
- 10.am Social tennis
- 2pm Afternoon Tea & Games, alternate weeks, Neville Crescent Community Room
- 4pm Gymnastics for children over 5

Thursdays:

- 9am Phoenix Club, Anchor Inn, alternate weeks
- 9.15-12 Gymnastics for pre-school children, Village Hall
- 9.30am Water Colour painting class, Village Hall Annex
- 9.50am Walking for Health, 1st and 3rd Thurs of the month, meet at Summerseat
- 10am Coffee morning, Gargrave Community Centre on Neville Crescent
- 10.40am Alternate weeks: Low-impact chair exercises, Gargrave Community Centre
- 2pm Indoor Bowls, Village Hall
- 7.30pm Tai Chi, Village Hall Annex (term time)

Fridays:

- 9.15-12 Gymnastics for pre-school children, Village Hall
- 9 am Contemporary Pilates with Bee Faulkner: 'Intermediate', Village Hall (term time)
- 10.30am Contemporary Pilates with Bee Faulkner: 'beginners', Village Hall (term time)
- 7pm Community choir rehearsal, Church

Sundays:

- 2pm Social Tennis
- 8.30pm Quiz, Masons Arms

FORTHCOMING EVENTS

Rogation Sunday, Broughton with Elslack

Duncan Faulkner

Readers who studied Latin at school may remember the verb *rogo*, "I ask". Rogation Sunday is the traditional time when people ask God's blessing on the land and their crops and animals. It's rather like the "please" that book-ends the "thank you" of Harvest Festival.

We haven't celebrated Rogation Sunday in recent years in Gargrave, to my knowledge, but over the hill at the parish of Broughton the tradition is alive and well. The service takes place partly outside, with the congregation visiting field gateways and a spring. This year's celebration is on Sunday 26 May at 7pm, with Bishop Helen-Ann of Ripon preaching.

Bea and I cycled over to Broughton and took part in the Rogation service a couple of years ago. I found it a powerful experience, reminiscent of the Celtic-style patterns of worship in which believers join with the whole of creation in praising God rather than hiding themselves away in a building. In the church home group that meets on Riversway we have been jointly reading a book on "Sacred spaces" over the last couple of months: exploring the symbolism of landmarks such as hilltops, springs, high crosses and shorelines and how these relate to our journeys of faith.

Many people report experiencing spiritual moments, or times of connections with God, when they are outside, feeling the wind in their hair or experiencing the beauty or power of nature. Maybe it's time to revive the Rogation tradition in Gargrave, or to explore again outdoor worship in the form of Forest Church, as we tried out a few years back. I'd be interested to know if others are keen.



The procession had taken the scenic route

North Yorkshire Open Studios

Enter the private world of artists by visiting them in their studios over the first two weekends in June. The hugely popular North Yorkshire Open Studios event is back, with over 100 artists across the county throwing open their doors to the public. As in the past, the area is broken down into three sections: Dales, Central, and Moors and Coast. There is a huge variety of work to see from silver jewellery to sculpture, printing to book arts, painting to ceramics. It's probably a good idea to plan your time to fit in a few different artists who aren't too far apart. You can do this either by using the website www.nyos.org.uk or alternatively you can order a booklet from the same website and plan your day or weekend that way.

I will be opening my studio in Higherland House, West Street (over the canal - the black and white barn on the left) where I will be showing my ceramics alongside the sewn textile maps of Janet Browne.

This is a unique opportunity to see artists in their working environment as well as spending time out in North Yorkshire.

The image is a mosaic by Ruth Wilkinson, Ramsgill.



Allison Wiffen

Somatics classes starting in Gargrave from 14 May

Bee Faulkner

I've discovered Essential Somatics through my sister, who has found the exercises amazing for tension release. She works as a dentist, and was having headaches and dizziness after maintaining contorted positions whilst treating people seated in their wheelchairs: sometimes these symptoms would last for a fortnight or more. These days she no longer dreads the after-effects of such appointments: she books an extra 15 minutes after the treatment so that she can lie on the floor and do her Somatics exercises, after which she now feels fine!

Soma its an Ancient Greek word meaning body. The term Somatics was coined by Thomas Hanna in the 1970s, referring to "the body as perceived from within" and applying it to movements emphasising internal physical perception and experience. Hanna studied under Moshe Feldenkrais, one of the somatic pioneers. Essential Somatics is a development of Hanna's work, as described by Martha Peterson in her book "Move without Pain"

The exercises involve contracting and then mindfully releasing different muscle groups in order to help let go of tension and pain. They are relaxing and meditative, a bit like doing Tai Chi Qigong lying down. I find them great for my posture and alignment, helping me to stand taller without any strain or

effort. They are a handy complement to Pilates, Tai Chi Qigong and other disciplines for which alignment is a fundamental component. Somatics is well worth exploring, particularly if you think Pilates might be a bit too arduous, or you are wanting pain relief or help with posture. I've embarked on my Essential Somatics Movement Teacher Training and am looking forward to teaching Somatics in Gargrave Village Hall Annex from **14 May: Tuesdays 8.30am and Fridays 11.30am** (no classes during half term 28 and 31 May). If you'd like to participate, please contact me on 07778 980994. Thank you,

NEWS

Gargrave Church of England (VC) Primary School

Sarah Peel

'Work with all your heart'

Sporting Achievements

Our pupils enjoy the variety of curriculum we have on offer. Many pupils love their PE lessons. Every pupils has two hours of PE lessons a week, plus active playtimes. Their lessons are delivered by teachers in school and specialists including Mr Mukergee and KANGA sports.

In addition many have opportunities to compete and participate in a variety of acitivites beyond school.

Here are some recent ones.

Swimmers



These pupils were selected to swim for Skipton in the Craven area competition, they helped their team earn a second place. Well done to Victoria, Annie, Nathaniel, Ethan, Samuel, Alfie and Finlay. We are super proud of them all.

Cross Country running

Ethan, Holly and Amira competed at two events in order to represent CRAVEN at the North Yorkshire finals in Dalby forest, a massive achievement in itself. They came 5th, 25th and 50th in their respective races. We hope you are inspired, and others too, to have a go again next year.



Basketball

Seven year 6's attended the Skipton Basketball tournament. They played six matches and won two, drew two and lost two. They are all keen to play basketball at playtimes.

Climbing

24 pupils went to High Adventure in Cowling, for a climbing competition. It was FUN! They all tried their best, it was certainly a challenge. Well done to everyone for taking part, hopefully it has given you the confidence to try new things.



We all look forward to an exciting summer programme of PE, including visiting Gaargrave tennis centre and competitions in football, cricket and of course our sports day. Pray for the sun to shine on us.

Gargrave Pre-School

Judith Metcalfe

We have had a busy term and have been enjoying the sunshine in our outdoor area we have been doing lots of bug hunting and mixing up some super dishes in our mud kitchen. We have been watching the birds coming and enjoying the food we have put out for them. We had our trip to Neville House and enjoyed a Easter egg hunt and did some brilliant singing for everyone. We have also made Easter nests and had egg hunts in the preschool grounds. After the Easter holidays we will be starting our school visits where the ones starting school in September will be going across to school into reception class. We will let you know what they have been doing next time.

Newly formed Gargrave United Football Team, under 9's and under 7's

Helen Oldfield

We are proud to introduce Gargrave's very own football team Gargrave United under 9's team and an under 7's team. We formed the team only a couple of months ago and have met up for training at Sandylands sports centre, but now the weather is finer and a little less muddy we will be training on our home pitch on Low Green, Gargrave. Thanks to the Parish Council for allowing us to use this as our home ground, we couldn't be prouder.

We have a fantastic, enthusiastic and driven coach in Gary Teasdale, from Gargrave. Gary has played football all his life and played for many teams but his passion is in teaching and coaching the sport, his drive and initiative have brought this team together, he is a fully qualified FA coach, first aid trained, fully DBS checked and insured.

Gary runs a weekly children's football club and also coaches Skipton girls U11 team, he runs and coaches an adults Football team for soccer sixes and he'll also be qualified to teach Disability football by next year. Gary aims to have a girls Football team for Gargrave United, so if you have any girls interested in playing please do get in touch!

We have a fantastic kit sponsored by TN Cooks and Craven Home Heat and were extremely grateful to them for providing us with that, we certainly stand out in our orange and black kit. Everyone looks so smart.

Parents have been so supportive and enthusiastic to the team and there is no shortage of camaraderie on the side lines.

Thanks must also go to Liz MacGregor for all her administration and organisational skills, together we are all making a great team on and off the pitch.

If anyone is interested and would like to join the team you would be warmly welcomed, please don't hesitate to contact Gary or Elizabeth on the numbers below for further details.

Gargrave United Committee Members

Coach & Chairman - Gary Teasdale 07542 505460

email: skillsforlifewithgary@gmail.com

Secretary - Elizabeth MacGregor 07966 757940

email: lizbingel@yahoo.co.uk

Treasurer & Welfare Officer - Jodie Teasdale - 07591 067813

email: gary-jodie123@live.co.uk

We hope to have a website up and running shortly with lists of games and practice sessions on, so keep a look out for that. We will keep you updated in the Parish Magazine of our achievements.

Go Gargrave United!!

Gardeners and musicians wanted

Gargrave Open Gardens is on **Saturday 15 June**. We are still very much open to offers of gardens for opening at this annual community event which raises funds for St Andrew's. At the time of writing we have two gardens on our list so there's some way to go to achieve our usual 20 or so!

Horticultural perfection is not required – we're keen to include a wide range: interesting, quirky, or homely; productive, playful or peaceful; child-friendly, OAP-friendly or wildlife-friendly gardens.

As usual we are planning to have live music throughout the village and we would love to hear from any musicians or groups who are willing to offer their talents for a spot of busking, even just for a half hour slot during the day (between 11am and 5pm). It's a low-stress environment for anyone who might be nervous about performing in front of a crowd.

Please get in touch with any offers of help either on the day or with organising in advance: gardens@gargravemag.co.uk or phone us on 01756 749443 / 07979 304914.



Family service review, 7 April

Sarah Curtis

This month's family service "Following Jesus" was very poignant and relevant in these uncertain times of Brexit turmoil. Maybe, by the time this goes to print, all will be resolved. Maybe or maybe not!

However, we all suffer from anxieties and worries in our everyday lives and we heard how God is steadfast and sure and will guide us through if we take up the challenge and "follow Him" as the first disciples did. Richard pointed out, we have a God who "is" rather than a God who "was". It is not just a historical story but a living faith, working within us today. We heard several testimonies to illustrate this point and how it is relevant to us in 2019 just as it was for the first disciples.

NB The next Family Service is May 5th, when breakfast will be coffee/tea and pastries. Do come and join us!

Do you know your hymns?

Dentist's Hymn.....Crown Him with Many Crowns
Weatherman's Hymn..... There Shall Be Showers of Blessings
Contractor's Hymn..... The Church's One Foundation
Tailor's Hymn.....Holy, Holy, Holy
Golfer's Hymn..... There's a Green Hill Far Away

Bee and Duncan Faulkner



Craven Lawn Tennis Club: 2019 season

Beth Whitley

Junior Tennis Coaching Sessions:

Summer Tennis Coaching in Gargrave
At Craven Lawn Tennis Club
in Gargrave



Come and join in the fun
Saturday mornings and Tuesdays after school
LTA Qualified Coaches
Only £30 for 5 sessions
Saturday mornings – 10am for Under 11s
11am for Over 11s
Starting on 4th May – 5 sessions for £30
Tuesday afternoons – 3:30 to 4:30pm
4.30 to 5.30pm
Starting on 7th May – 5 sessions for £30



For places on the Saturday morning sessions please contact Beth Whitley on 01756 749664 or email secretary@craventennis.org.uk.

For places on Tuesday afternoons please contact Ji Mukherjee on 07845 416301 or email sportscoachjm@yahoo.co.uk.

Croquet Section:

Weather permitting the Croquet Section will hope to resume their playing sessions on the grass courts of the Club in mid April which take place on Tuesday afternoons from around 1pm.

The group are always very happy to welcome new members. Visitors wishing to try out the game can "pay as they go" for up to three sessions at a cost of £5 per visit (which can then be deducted from any new annual membership subscription).

Anyone interested in coming along is asked to contact Ian Maxwell on 01756 748851 or email irmaxwell@btinternet.com

Tennis in 2019:

The Club now has 4 midweek Mixed Doubles Teams and 2 Men's Doubles plus 2 Ladies Doubles Teams which play on Saturdays so there is plenty of opportunity for potential new members who might wish to play competitively this year.

The Club also runs social tennis sessions on a Tuesday evening from 6.30pm, Wednesday & Friday mornings from 10am and Sunday afternoons from 1.30pm. There is also an Adult Coaching session on a Tuesday morning from 10.30am (£5 pay as you go).

There will be 5 Club Monthly Tournaments on Sundays 19th May, 23rd June, 21st July, 11th August and 1st September and President's Day will be held on Sunday 7th July.

On Saturday 15th June from 2pm the club will be hosting one of the "Breakpoint 2019" charity events run by former Davis Cup player Danny Sapsford whereby Robyn Moore will be aiming to raise awareness of and money for mental health charities by hitting balls at different clubs throughout the country every day during the month of June - one for every person in the country suffering from such issues. Only three clubs in Yorkshire have been selected to host one of these events so Craven LTC are honoured (particularly as a small rural club) to be part of this. Everyone is welcome to come to the club on that day to both watch and play some tennis themselves.

The Club now has 4 beautiful grass courts and 3 superb new All Weather courts for year round tennis in fantastic surroundings next to the Leeds to Liverpool canal in Gargrave. Anyone interested in receiving further information is asked to contact Club Secretary Beth Whitley on 01756 749664 or to email secretary@craventennis.org.uk. More information can also be found on the club website at www.craventennis.org.uk or on Facebook at facebook.com/craventlctc. New members are always welcome at the friendly and sociable club.



Library news

Mystery correspondent as Dave Smith has vanished!

The next Film show will be on Friday the 24th of May at the VH. As usual the tables and seating will be arranged for you to bring your own refreshments. Doors open at 7pm and the film starts at 7.30pm. Tickets £5 on the door, under 16s are free of charge.

Only guide dogs are allowed in the hall.

We are still seeking new volunteers to swell our ranks, if you could spare 3 hours a month and are keen to help keep our library running we would love to hear from you. Please call our volunteer co-ordinator Patsy Simpson on 01756 749489 for more information.

If you would like to contribute in a less involved way, you could join the "100 Club", there are a couple of numbers now available. For just £2.50 a month you can be entered into the monthly prize draw. You never know, you might win, then you would have a warm glow from helping the library AND a prize!

Forms are available in the library or via email gargravelibrary@btinternet.com.

We also now have a new website which lists opening times, upcoming events as well as hosting useful links to NYCC and our local supporters like the Village Hall, Parish Council, Gargrave CofE Primary School. Please have a look. gargravelibrary.co.uk.

Hopefully Dave will be back next month!!

Standing & Seated Pilates news

Bee Faulkner

On **Tuesday May 7th** our weekly Standing and Seated Pilates class at the Village Hall is going to start **half an hour early** (11am to 12noon) in order to accommodate a hall booking that afternoon. We usually meet during term time for an hour from 11.30am, joining together for shared core-strengthening, balance improving, back stabilising, posture enhancing, mobilising exercises with mutual support.

We're now exercising largely "earthed" using purpose-made carbon-coated mats connected to the earth socket: this has the same calming and anti-inflammatory effect as walking barefoot outside. **No class during May half term** (28 May). Newcomers welcome – contact Bee on 07778 980994 for further information.

THE FRYING YORKSHIREMAN

26 - 28 High Street, Gargrave, BD23 3RB

Traditional fish & chips in the heart of the village

www.facebook.com/thefryingyorkshiremangargrave

TAKEAWAY OPEN TUESDAY - THURSDAY 11:30 - 20:00.
FRIDAY & SATURDAY 11:30 - 21:00 & SUNDAY 12:00 - 19:00

Friday Pilates news

Bee Faulkner

Sorry no classes in the Village Hall Annex on **Friday 10 May** (as I'll be doing Somatics Teacher training), or on **Friday 31 May** – half term.

Riverside Tai Chi Qigong - May and Beginners Group

Bee Faulkner

Newcomers are welcome to our recently formed beginners group on Mondays at 10.40am, between the War Memorial and the River Aire on Gargrave's Water Street Green, opposite Bollywood Cottage. We had a mallard join us briefly last month – quite a treat. And on another session, the sun was so warm that a few of us practised barefoot – lovely! Each of the flowing exercises is repeated several times, which makes them quite easy to pick up. The focus is on relaxation coupled with mindful intention, awareness of alignment, and abdominal breathing. For more information, contact Bee on 07778 980994.

There'll be no meetings on **13 May** (as I'll be doing Somatics teacher training) – instead we'll gather on **Wednesday 15 May** (9.30am and 10.40am beginners). And we won't meet during May half term week – **Monday 27 May**.

Village Hall news

Caroline Thompson

Unfortunately late last year we saw the demise of one of our longest established sections at the Village Hall, the Over 60's group, this was due to a fall in numbers.

Whilst getting memorabilia together for the display at the recent celebrations weekend in February I found a copy of the book produced by members of the Over 60's to celebrate the Millennium. Veronica Fletcher came up with the idea of the book, Mollie Blackburn undertook the word processing and Ruth Abbott was in charge of the general editing. The articles were published exactly as written by the fifty three contributors and the hope was that the book would serve as a useful social document for the future, be an interesting read for the present and a reminder of the happy days of the past.

One lady, Hilda Grey recalls that the Village Hall was formerly home to a Battery firm, Eshton road was a country lane, and Dorothy Wards shop (now Crossgates Health & Beauty) was Hitchin's Farm. Neville Road and Higherlands were green fields. One of Edwin Grimshaw's earliest memories was being carried from the local train station at Clitheroe (his birthplace) by one of his brothers, who was home on leave from the first World War. He began work for Preston Farmers at the High Mill and lived in lodgings at Red House Farm. A strange welcome to Gargrave as the family had a cloth on their side of the table but only newspaper on Edwin's side!

Florrie McRobert was born in Gargrave at Airebank Terrace, she was baptised at St. Andrew's in 1914, and was a Sunday school teacher, a member of the choir, the Mothers Union and the Church Council, She recalls how proud she was to be recommended by the Vicar and Churchwardens to receive the Royal Maundy from the queen in 1997 in Bradford Cathedral. She worked at Airebank Mills as a Winder and then when it was taken over by Johnson and Johnsons she

worked in the Powder room. Her husband John was a gardener and he had come to work at Broughton Hall from Scotland. He joined the 51st Highland division in the North African desert and their first son was nine months old before he first saw his father. After being demobbed he worked as head gardener at Gargrave House. Phyllis Smith remembered the winter of 1947 when her daughter was born at her mothers home in Grassington, she didn't return home to Gargrave until May and there was still snow on the ground. She also remembers when the church bells were stolen during Canon. D. Cook's time. They had been left outside on the path to be re-cast. The booklet of reminiscences contains many happy memories, though occasional sad ones too. The contributors list their hopes for the future with the abiding wish being for Peace and Happiness. One lady ends her piece with a prayer, God grant me serenity to accept the things I cannot change. Courage to change the things I can and Wisdom to know the difference.

Whilst Veronica Fletcher hopes that rural life will continue and remember what my Father said to us " don't buy what you can't pay for" !

From the archives

Duncan Faulkner

On the 17th May, think back 84 years to 1935. On that day, as recorded in the parish magazine by the Rev Blunt, "We awoke in the morning to a most unusual sight for the time of year, and could hardly believe our eyes when we beheld the sky a dense mass of snowflakes and all the ground and the trees white with snow! The snow lay four or five inches thick on the ground, and it continued to fall most of the morning. A great deal of damage was done to trees and gardens; many large boughs, unable to support the weight of snow on their leaves, broke off and came crashing to the ground, and plants were broken down everywhere."

Meanwhile, the predecessors to Gargrave United, the Junior Football Team, had won the League Cup and knock-out competition cup, scoring 54 goals in the season to only 12 scored against them. Let's hope the newly-formed Gargrave United sees a similar run of success.

Decorator + Handyman

Paul Maslin - Gargrave

Careful & tidy

V. low odour fastdry paints

07958 646509

01756 748538

office@maslin.biz

Gargrave Parish Council meeting, 3 April 2019

Janet Turner

1. Apologies were received from Cllrs. P. Ward and R. Marshall, Clerk K. Ashby, Cty. Cllr. G. Quinn and Dist. Cllr, S. Myers.
Cllr. B. Lebeter was acting Chair and Cllr. J. Turner acting Clerk.
2. Village Litter pick on Saturday 30 March brought 20 villagers to the Summer Seat. They produced at least 30 bags of rubbish and other

materials. This included at least 20 used dog "poo" bags from along Mark House Lane. The Parish Council wishes to thank those who came on that day as well as residents and visitors who pick up litter, etc., as they move around the village. The answer to a question posed about a National Trust suggestion that "poo" bags should not be used in the countryside does not refer to areas frequented by villagers and visitors with children.

3. Cllr. S. Meyers reported to the meeting by e-mail that the towpath works will most likely start in July and take about six weeks as they propose to have two teams working on the project.
4. Police Report 1 March to 3 April 2019 – a total of 18 occurrences were reported to the Police.

There is to be a new "Mobile Rural Watch Scheme" with a mixture of vetted volunteers with Police radios and Police officers.

Our next meetings will be the Annual General Meeting at 7 pm on Wednesday 1st May 2019 followed by our regular monthly meeting at 7-30 pm.

COMMENT ON NEIGHBOURHOOD PLAN

David Aldersley

When creating a neighbourhood plan it's important that it portrays a community vision, fairly and unbiased.

The Gargrave parish neighbourhood plan is available to view by parishioners on the Gargrave parish council portal. I urge parishioners to review the plan as they need to be fully aware of what the neighbourhood plan means to the village prior to voting.

The neighbourhood planning sub committee held closed meetings inaccessible to the community so a lot of us were unaware of what was going on behind the scenes, minutes of meetings were not made available until December 2018 for the public to view.

We live in a community where there is significant investment required to our infrastructure to allow us to live in a safe environment with footpaths, lighting etc. The sewers need to be upgraded as they are old and Victorian. Access at the train station for all (old, young, mothers with prams and disabled). Disadvantaged groups are not factored into the existing neighbourhood plan. Wheel chair accessibility around the village has a negative impact on those that need it, as we watch wheelchair users on the bridge accessing church street via the busy road in this day and age is this acceptable?

The neighbourhood plan doesn't accommodate any of these points. Builders will only plumb into the existing infrastructure negatively impacting our already creaking at the seams infrastructure. Investment needs to be made before the neighbourhood plan goes ahead otherwise we as a village will be left in a mess. We need to think about our children's safety and the safety of the community we live in.

Thank you for listening.

THE LIFE AND TIMES OF ROBERT OF NEWMINSTER AND GARGRAVE – THE SAINT OF THE DALES

Captain Cuttle

Part five: The waste land

April of 1070 was perhaps the cruellest month. The north was still recovering from the devastation of 1069 ordered by William the Conqueror and there was more to come. That month, where was the seed corn to come from, where the sheep and cattle to replace the slaughtered herds and, more pressing, anything to feed the children?

In 1069 the Norman's hold on England was far from complete. In the north his power was even weaker than elsewhere. A combination of English angry at having their land taken from them because they had sided with King Harold, Danes who thought the time was ripe to regain England as it had been mostly theirs in the time of Cnut, and rebels who had taken refuge in Scotland, was something he feared.

The time interval from Cnut (or Canute) taking the throne of England to the Battle of Hastings is the same as from the Battle of the Somme to England first winning the World Cup – 1016 to 1066, 1916 to 1966, only half a century.

The difference between Cnut, who was also king of Denmark, Norway and Sweden and controlled the seas around Ireland, and William is that Cnut (who was half Polish) believed in diplomacy, not brutality, as a means of control. William ultimately believed in brutality and he reacted with savagery when his enemies tried to take over in the north. They killed the bishop of Durham and his men, captured York, put the Normans there to the sword, but achieved little else. William recaptured York, then launched into wholesale devastation in 1069 and 1070 that took no account of the ordinary people, who had nothing to do with the power struggle. Thousands and thousands died either by murder or starvation, but apparently the leaders behind the insurrection mostly got off unscathed.

It is known that William took his army from Yorkshire into what is now Lancashire. If his base was around York, that probably meant the route roughly of the present A59, which would have been bad news for Craven, Clitheroe, and the areas that are now Colne, Nelson and Burnley. The region around Preston was particularly badly affected, with buildings razed, crops destroyed and animals slaughtered.

Orderic Vitalis was an English monk in France, writing between 1114 and 1141 a history of his times. This is what he had to say about the Harrying of the North: "The King stopped at nothing to hunt his enemies. He cut down many people and destroyed homes and land. Nowhere else had he shown such cruelty. To his shame he made no effort to control his fury and he punished the innocent with the guilty. He ordered that crops and herds, tools and food should be burned to ashes. More than 100,000 people perished of hunger. I have often praised William in this book, but I can say nothing good about this brutal slaughter. God will punish him."

Conversely, this is what the Oxford Dictionary of National Biography has to say: "William's personal piety was consistently praised by his contemporaries. Even that stern critic of kings, Pope Gregory the Seventh (on the papal throne from 1073–85), wrote that he was pre-eminent among kings and expressed admiration for his devotion to the moral and spiritual welfare of the church. He was a major patron of monasteries, himself founding two great abbeys at St Étienne of Caen and Battle, and making donations to a host of other churches. His life is characterized by dramatic acts of atonement, such as the penitential foundation of the two abbeys... "

It is up to the reader to decide which of these views is true. And perhaps to consider how much things might have improved by 1100.

Next month: Religion – the guilt-edged security.

AMATEUR RADIO OPERATING AWARDS

Kevin Jackson

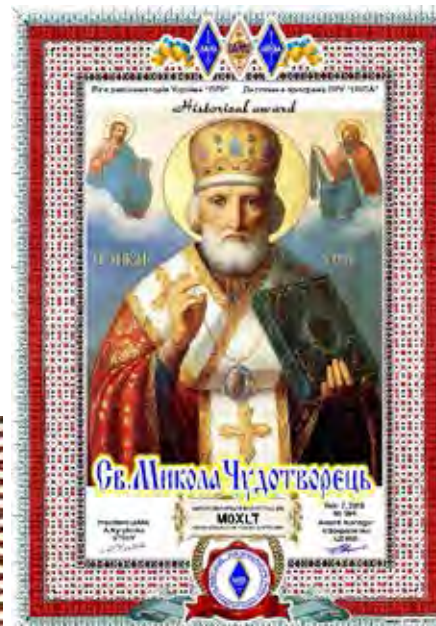
Within Amateur Radio this is a facet that I really enjoy and the Awards often cover very interesting subject matter and are usually very colourful.

I am going to give a few examples that I've managed to obtain that have a 'Religious' flavour.

The 'Ukrainian Amateur Radio League' produce a wide range of Awards that always carry a feel of that country. At the end of 2018 I received the 'St.Nicholas' Award which I think is visually stunning.



This is the 'Kievan Rus' Award I received in 2018.



One of the clubs in Bulgaria undertakes a monthly celebration of a Bulgarian Saint and they issue a commemorative card for a contact with the station. Three of the cards are shown and the images are just wonderful. At the year end you can claim the 'Bulgarian Saints' Award.



FARMING ON SCALEBER HILL

John Hall

As the Pennine Way passes over Scaleber Hill and Moseber Lane, I do from time to time meet walkers from all areas and all countries. The seat donated by a local family is a welcome site for a rest or refreshments. It is not unknown to see puzzled walkers looking at maps and ask for directions. One may have a map with the wrong direction. One map has keep right at stile which should say left! (It is easy to go wrong when the map is at fault.) The other is when the map says turn left at the cattle grid when there is no grid. (One needs a sense of humour.)

I did have an encounter with a walker which may be of interest to readers. An ex-military man from the USA was with a group on said seat and with an unmistakeable States accent asked 'Are you a local limey? Could I spare a few moments?' Apparently his mother was sent to America during the war as an evacuee and never returned. Having spent a life in the military, he was now retired and had decided to visit the area of his mother's birth.

Being a local, did I know of a Gargrave farmer named Barrow who was involved in a railway accident in the 1940's, as his research had found this reference to Gargrave. You can imagine his astonishment when I said I remembered the day! I was walking home from school on Moseber Lane with the police at the scene and was escorted past and sent on my way.

Joe Barrow was quite a character. The farmhouse and buildings were at the bottom of the station. In those days the farms were in the village with odd fields scattered about. Most of Joe's were up Moseber Lane, with fields each side of the railway. His main pasture came close to Scaleber buildings.

One of my memories of Joe was milking his cows in the field. Rather than walk his cows down through the village, he brought his horse and float with a milk churn. He was an amazing man with his cows. How he trained them to stand wherever they stood and allow him with his bucket and stool to milk them, wet or fine, I shall never know! On wet days he wore a trilby hat with a wide brim. In his spare time he delivered coal with his horse and cart in the village. As Joe farmed land both sides of the railway rather than use the bridges when checking his stock, he often crossed the line at a level place. This proved his downfall as he was hit by a train whilst crossing the line.

The farm was then taken on by Albert Barrow. As a ten year old, I had a great affection for both, as they allowed me to take a short cut to school through their fields.

Be my Valentine

Young man: Do you love me?

Young lady: Yes.

Young man: But can you live on my income?

Young lady: Certainly. Though - what will you live on?

STOP PRESS – LAST-MINUTE CONTRIBUTIONS

WI News

Sarah Kirk

Horticap's motto is 'growing together' and at our April meeting there was a great deal of growing going on as one of Horticap's Trustee Directors, Martin Reay and Horticap student, Hannah, had brought with them a stunning display of bedding plants, all ready to pop into hanging baskets. Martin explained that Horticap was founded in 1985- its name being derived from horticultural capabilities.

The charity is based at Bluecoat Wood Nurseries, Otley Road in Harrogate, where suitably qualified staff and a dedicated team of volunteers provide adults with learning and other disabilities training in horticultural, personal and crafting skills. The 'real' aim of the charity is as Martin repeatedly and succinctly emphasised is to be 'the very best charity for the students.' If a project does not directly benefit the students, or it is a case of the instructors and volunteers doing more of the work than the students, then it is not undertaken. Martin gave us the example, appropriately in the circumstances, of hanging baskets. The preparation of these provide 'such enjoyment' for the students and are highly in demand. The baskets are very popular with local shops in the town centre and these businesses often ask if the charity could provide a daily watering service. Although the charity is happy to provide the baskets it will not provide maintenance, as it is not something the students could genuinely carry out.

Horticap offers a wide range of meaningful activities from 'Ground Force' transformations to repotting seedlings to making birdhouses and creating Christmas themed carrier bags. Students tend to work in groups of four or five with one instructor. Some students work off site, for example, at the 'Out of the box' café in Ilkley or undertake contracting work such as garden tidying for pubs- best done in the morning! Other students, some of whom attend five days a week, some not as many, in addition to their horticultural endeavours, work at the nurseries developing numeracy and literacy skills; calculating the value of a tray of plants or labelling merchandise in the shop amongst their duties.

Martin showed us photos of students, instructors and volunteers all clearly having a great time. Maybe it's no so great when the wood burning stove goes out but all activities, pleasurable or not, develop team building skills. Currently the 60 students range in age from 18-64. All students are encouraged to take City and Guilds or NVQ qualifications, given a pay packet every week and go through an annual appraisal process. Working



through a task may take a long time but 'helping to blend into community and work' is central to the charity's work.

The best way of helping the charity is by supporting the services it provides and not just turning up offering your own services. As Martin explained the charity could not manage without the 35-40 volunteers who give of their time and effort freely, (he himself gives two days a week) but the activities have to be very carefully organised; volunteers and instructors coping with the emotional and social challenges of the students in their care, as well as all the practical aspects of making the charity work. Visiting the Nurseries, buying plants, enjoying a break at the café, after a stroll through the garden and wildlife areas, or attending one of their craft days is the way to do it. See the Horticap website.

Martin said that the charity has a genuinely committed Patron in Alan Titchmarsh who visits three or four times a year, often for awards ceremonies on the summer garden party. He also is very at good introducing his famous friends to the charity; Mary Berry, the Duke of Devonshire and Prince Andrew were all pictured. Famous people or characters also feature in their award winning show gardens. Helen, is a volunteer artist and 'driving force' supporting the students in making charming papier mache figures which feature in the gardens. In 2018 the show garden had Yorkshire luminaries dotted in amongst the rolling hills and stone walls including Nicola Adams, David Hockney, Nora Batty and Compo, and Alans Titchmarsh and Bennett, the latter of whom visited us on the evening, smiling benignly over the trays of pansies and geraniums.

A Wensleydale Creamery Director saw the 2016 Harrogate Flower Show garden featuring Wallace and Gromit, and since that time the statues have lived in Hawes. For a photo opportunity with the iconic pair a small donation to Horticap is requested. Since their installation the duo have raised £5000 and last time Martin cashed up it took three days to count the £3900 dropped into the 'big cheese!'

Funding comes from Council support for the students and donations via groups or individuals. A very small team are actually employed and all monies raised go straight back into the charity. Their bank account is 'skinny!' But thanks to a substantial legacy a new shop and café are currently being built, with additional spaces to encourage its use as a community hub for the encroaching housing estate.

Martin mentioned with both pride (and some trepidation) that the sale of Christmas trees and wreaths generated over 30% of their income and was an incredibly busy time! Perhaps this influenced his choice of winner of the competition 'to paint a flower pot.' Janet Lane's six year old grandson won with a Christmas tree inspired design. In her vote of thanks, his proud grandmother praised Horticap as 'such a happy place.' We too, were all very happy and inspired as we left clutching our precious purchases, contemplating where to keep them safe and growing and protected from the frosty April night.

Co-op offer

Allan Morris, Store manager

ARE YOU A REGISTERED LOCAL CHARITY? WOULD YOU BENEFIT FROM MONEY GENERATED BY THE LOCAL COMMUNITY USING THEIR CO-OP CARDS?



It's that time of year again when Gargrave Co-op will be looking for our next year's 3 local good causes to benefit from the 1% your Co-op cards generates on coop branded goods.

Each time a customer has their Co-op card swiped at the till not only does 5% on Co-op branded goods purchased go to the three local causes but the customer also receives 5% for their own use which can be used at any time. Customers can also decide where their which local good cause their contribution supports.

In the past donations have gone to the local primary school, St Andrews Heritage group and the enthusiastic team who provided Gargrave with a superb playground for the children.

All that is required is for you to register your details online at:

www.coop.co.uk/membership/localcauses

The applications open in May, we will by the end of April have the criteria details so if you have any questions please don't hesitate to come into store and ask one of the team.

If chosen the Co-op would be delighted for you to come in from time to time to advise customers and friends of the great work being done by your charity.

Co-op cake sale

Allan Morris, Store manager

The Co-op in Gargrave is having a cake sale on Saturday 4th May, to help raise some money for the great work being done by Hellifield First Responders. There will be biscuits and buns not to mention cakes. We will also have a colouring competition for the little ones, where they can take away a spring themed picture to bring back for the bank holiday at the end of May, the pictures will go up on our wall with some random ice cream prizes given for the very best ones.

Village Spring Fayre - A THANK YOU!

Tony Wimbury

A big thank you to everyone in the village for your generous support in making the Fayre a success last month. It was really encouraging to see so many

children. Thank you also to the 'Christians in Gargrave' group for their hard work in setting it all up, the Village Choir and to everyone who took part in the Easter Bonnet Competition.

Over £700 was raised for the Isaiah Trust. This is a charity which was actually founded in Gargrave back in 2001. Because it's a small charity run by volunteers 100% of your money goes to provide hope, support, education and training to some of the orphaned street children in the city of Kisumu in Kenya. Visit www.isaiahtrust.org for more details of their work or, if you missed the Fayre, to make a donation. We hope to see you all again next year!

Thy Kingdom Come – prayer initiative

Sue Trout

Thy Kingdom Come- a global annual prayer initiative in its 4th year - beginning 30th May - 9th June.

St Andrews will be participating this year. For more information online go to: thykingdomcome.global or contact Sue Trout (sue.trout@me.com or 07921 586256).

CONNECTING WITH CULTURE

Rachel Helen Smith, via LICC

Celebrating the oddballs

Stand in the fiction section of your local bookshop and you'll find yourself surrounded by quirky characters determined to show you the world from their unique standpoint.

This trend towards 'oddball' narrators is typified by Graeme Simsion's Rosie Project trilogy, Gail Honeyman's Eleanor Oliphant is Completely Fine, and Sarah Haywood's The Cactus.

The narrators of these books are all what might be referred to as 'high-functioning' individuals – they are intelligent and able to make rational decisions. However, they find themselves frustrated that others don't apply the same level of logic, instead being led by emotion and swayed by others' opinions.

For this reason, the protagonists in these stories choose highly independent – and often lonely – lifestyles. They become experts at hiding their true feelings from those around them, shunning social gatherings and baulking at the idea of conventional relationships. This, of course, is where the stories find their driving force: as the characters are thrust into ever closer contact with those around them, humour and pathos emerge.

These stories typically reach a heart-warming conclusion when the central character succeeds in overcoming their loneliness by learning to obey certain social norms: abandoning unusual eating habits, attending parties, or applying makeup in the Bobby Brown approved fashion.

At heart, however, these books remain wedded to the inescapable twenty-first century philosophy that, in the words of Eleanor Oliphant, 'it's extremely

important to stay true to who you really are'. They encourage us to look fondly on the unique perspectives of the narrators, and to cherish their individuality. Often the main character's 'salvation' comes when someone within the story is also willing to love them for who they are, to accept them despite their flaws, and to show them kindness in a way that encourages true connection.

There is truth here for Christian readers. We claim to follow a leader who refused to bow to the social conventions of his day, instead reaching out with love and acceptance to those the world had excluded, outlawed, or written off. But acceptance itself was not the endpoint for Jesus' ministry, and it is not the endpoint for us either. Rather, a true experience of God's love is itself transformational. Knowing and being known by him in our innermost being offers us unparalleled freedom to become more truly ourselves, as we were created and are restored to be – and it's a change that goes far deeper than lobster dinners or a new lipstick.

CELEBRATIONS MARK 25 YEARS OF WOMEN'S ORDINATION TO THE PRIESTHOOD

Parish Pump news service

Events have been taking place this Spring to mark a quarter of a century of women's ordination to the priesthood in the Church of England. The first group of women were ordained priests on Saturday 12 March 1994, in Bristol Cathedral.

Following a recent celebration at Lambeth Palace attended by the Archbishop of Canterbury, services have been held at cathedrals and churches throughout the country.

Meanwhile the number of women entering training for ministry continues to grow. Women now make up nearly a third of the 20,000-active clergy in the Church of England according to the latest figures which also show a 38% increase in the number of women starting training for ordained ministry in the past two years.

2019 also marks 50 years since women were first licensed as Lay Readers, and five years since legislation was passed to enable women to be appointed bishops.



INFORMATION

Rotas for St Andrew's Church

Please arrange a deputy if you can't make your duty; to join call Janie on 748970.

	8am	10:45 am	10:45 am	
	Sidesman	Sacristan	Readers	Intercessors
05-May	Linda Wall		Family Team	Family Team
12-May	Kay Craven	Joyce Brotherton	Clare Maslin	Ron Humphreys
19-May			Mike Maiden	Diane Maiden
26-May	Colin Chapman	Norma Brothers	Paul Maslin	Peter Poulter
02-Jun	Linda Wall		Family Team	Family Team
09-Jun	Kay Craven	Joyce Brotherton	Hugh Turner	Janet Turner
10:45am	Sidesman		Refreshments	
05-May	Family Team	Family Team	Family Team	Family Team
12-May	Janet Turner	Hugh Turner	Cynthia	Peter
19-May	Yvonne Poulter Dorothy	Pauline Gilfoyle	Zena Gardner	Peter Gardner
26-May	Rishworth	Mollie Blackburn	Eileen Hoskin	Joyce Brotherton
02-Jun	Family Team	Family Team	Family Team	Family Team
09-Jun	Sarah Curtis	Judith Robinson	Pat Traves	Mollie Blackburn

Gargrave Lands Charity

Are you currently experiencing financial difficulties and needing help?

*Do you need financial assistance to pursue
higher or further education or vocational training?*

**If you live in Gargrave, Flasby, Eshton, Winterburn, Coniston Cold
or Bank Newton then Gargrave Lands Charity may be able to help!**

Financial assistance readily available in approved cases.

Contact one of the trustees listed below to discuss your situation.

Absolute discretion and confidentiality assured.

Phil Ellis 748685

Christine Charlton 748817

Mike Maiden 07876 886313

Joyce Garner 748447

Public Transport leaving Gargrave Compiled by Peter Hardyman 11 April 2019

TAXIS from Gargrave (see advertising directory, page A2):

Gargrave Private Hire - local & distance, airport transfers: 07877 054698, 01756 748112

TRAINS from Gargrave FROM 19 MAY 2019. Before then, see April Magazine.

To Skipton (arrives approx. 5 mins later) & **Leeds** (arrives approx 50 mins later)

Mon-Sat 0745 0755 1045 1150 1349 1522 1550 1645 1732³ 1813 1850

Mon-Sat [continued] 2019 2134 2216 [SX] 2218 [SO] 2237

Sunday 1121 1146 1346 1446 1646 1846 2056 2108

To Giggleswick (arrives ~ 20 mins later) & **Lancaster**⁵ (arrives ~ 66 mins later)

Mon-Fri 0528 0805 0902 1103 1304 1504 1815 2006

Saturday 0525 0805 0902 1103 1304 1504 1814 2006

Sunday 0921 1107 1407 1607 1807

To Settle (arr. ~18 min later if direct) & **Carlisle** (arr. ~2hrs later if direct)

Mon-Fri 0528^{2or3} 0832 0902² 1004 1103² 1133 1304² 1504² 1604 1732 1815² 1902[FX]
1905[FO] 2006² (2033⁴)

Saturday 0525² 0831 0902² 1004 1103² 1133 1304² 1504² 1604 1732 1814² 1902 (2033⁴)

Sunday 0921² 0950 1107² 1311 1407² 1507 1607² 1807²

NOTES: [SX] Saturdays eXcepted, [SO] Sats Only, [FX] Fridays eXcepted, [FO] Fri's Only.
(1. Change at Skipton) 2. Not Settle: change at Lancaster for Carlisle 3. Change at
Hellifield 4. Terminates Ribbleshead 5. Change at (or via) Lancaster for Morecambe.

As of 10 Apr: no planned works affect Gargrave trains during May. *That may change.*
Check with northern railway. For live info on next 2 trains text GARGRAVE to 84950, or
go to www.rail.co.uk/live-arrivals-departures/

NB: The Bus Replacement Stop at Gargrave is on Church St, on the village side of the railway bridge.

BUSES from Gargrave

***Except Bank Holidays**

To Skipton (arr. ~15 mins later) (Services 75, 210/211, 580, 873/884) (M is from Malham)

M-Fri* 0820 0910 0955 1055 1057M⁷ 1155 1255 1355 1357M⁷ 1455 1555 1725 1810

Saturday 0820 0910 0955 1056M 1155 1255 1355 1455 1555 1656M 1810

Sun + B.Hol: starts Easter [21 Apr] 0955 1555

To Settle (arrives ~ 25 mins later) (Service 580) and
(+)onward to **Kirkby Lonsdale** (Service 581) and (++)thence to **Lancaster** (Service 582)

Mon-Fri* 0905++ 1000 1100++ 1200 1300++ 1400 1500++ 1600 1700++ 1800++ 1900++

Saturday 0905++ 1100++ 1200 1300++ 1400 1500++ 1700++ 1800++ 1900++

Sunday + B.Hol: starts Easter [21 Apr] 1100++ 1700++

To Malham (arrives ~ 25mins later) (Services 75, 210/ 211, 873/884)

Mon-Fri* [210/211] 1000⁷ 1310⁷

Saturday [75] 1001 1559

Sun + B.Hol [873/884] from Easter [21 Apr] 1052 1242 1542

NOTES. 7. Tues & Thurs (as service 211) stops at Coniston Cold 4 mins after Gargrave.

Public Transport back to Gargrave

TRAINS to Gargrave FROM 19 MAY 2019. Before then, see April Mag. **Last train**

From Skipton (arr. Gargrave ~ 5 mins later) **LEEDS to GARGRAVE**
 Mon-Sat 0519 [SO] 0522 [SX] 0705³ [SO] 0759 0826 0856 0959 1057 1127 1258 1458 1559
 Mon-Sat [continued] 1727 1808[SO] 1810[SX] 1856[FX] 1859[FO] 2000 2027 **1949**
 Sunday 0915 0945 1102 1305 1402 1502 1602 1802 **1724**

From Lancaster via Giggleswick (arriving Gargrave ~ 66 mins later)

Mon-Fri 0648 0941 1046 1245 1447 1745 2030 2130
 Saturday 0648 0941 1046 1245 1447 1745 2030 2130
 Sunday 1041 1239 1541 1741 1951

From Carlisle (journey time depends on route – check timetables)

Mon-Fri 0543² 0551 0824³ 0832² 0934² 1134² 1333² 1340 1450 1618 1631² 1824 1857²
 2007² 2013¹¹ (2145⁹)
 Sat. 0544² (0714⁹) 0755³ 0927³ 0934² 1134² 1335² 1340 1450 1618 1635² 1824 1850²
 2015¹¹ 2017² (2145⁹)

Sunday 0925 1051² 1250 1407² 1607^{2(or3)} 1836² 1912

NOTES: [SX] Saturdays eXcepted, [SO] Sats Only, [FX] Fridays eXcepted, [FO] Fri's Only.

1.Change at Skipton **2.**Not Settle; change at Lancaster **3.**Change at Hellifield **9.**Not Carlisle: Departure time is from Ribbleshead. **11.**Change at Settle.

Living in BD23 post code, you can buy a DALES RAILCARD: £10.00/ year. 1/3 off Anytime and Off-peak rail tickets between Gargrave, Leeds, Bradford, Carlisle, Morecambe, Lancaster. Discount for children with you; also Winter Offer [to 6 April 2019].

BUSES to Gargrave *Except Bank Holiday. (M service to Malham)

From Skipton (arrives Gargrave ~ 15 mins later) (Services 75, 210/ 211, 580, 873/884)

Mon-Fri* 0850 0945 0950M⁸ 1045 1145 1245 1300M⁸ 1345 1445 1545 1645 1745 1845
 Saturday 0850 0945M 1045 1145 1245 1345 1445 1545M 1645 1745 1845
 Sun + B.Hol: from Easter [21 Apr] 1045 1645

From Settle (arr. Gargrave ~25 mins later (Service 580)

+ from Kirkby Lonsdale (581), ++ from Lancaster (582)

Mon-Fri* 0755+ 0845++ 0930++ 1030 1130++ 1230 1330++ 1430 1530++ 1700 1745++
 Saturday 0755+ 0845++ 0930++ 1130++ 1230 1330++ 1430 1530++ 1745++
 Sun + B.Hol: from Easter [21 Apr] 0930++ 1530++

From Malham (arrives Gargrave ~ 25mins later) (Services 75, 210/ 211, 873/884)

Mon-Fri* [210/211] 1035⁸ 1335⁸ from opp. Buck Inn, Malham
 Saturday [75] 1030 1630 from opp. Buck Inn, Malham
 Sun + B.Hol [873/884] from Easter [21 Apr] 1150 1450 1640 from Nat. Park Car Park

NOTES 8. Tues & Thurs service stops at Coniston Cold 4 mins before Gargrave

Service Operators: northern railway www.northernrailway.co.uk 0800 200 6060; 210/211, NYCC www.northyorkstravel.info/operators/n/nycc/ 08458 725282 or 01609 780780; 580/581/582 + 75, Kirkby Lonsdale Coach Hire 01524 733831 www.kirkbylonsdalecoachhire.co.uk; 873/884 Keighley Bus Co www.keighleybus.co.uk 01535 603284 **Buses (general)** www.dalesbus.org; **Traveline** 0871 200 22 33 www.traveline.info; **National Rail Enquiries** 03457 48 49 50 www.nationalrail.co.uk

Rail Ombudsman: www.railombudsman.org 0330 094 0362

Gargrave Library

West St, BD23 3RD
 07960 704509
gargravelibrary.co.uk

Open: Mon 3-6pm, Wed & Fri 2-5pm, Sat 10am-1pm.
 Visit <http://capitadiscovery.co.uk/northyorkshire/> to reserve or renew books online (first obtain your PIN no. from library) , or renew by calling 01609 532774

Emergencies and concerns

ELECTRICITY Emergencies 105, General enquiries 0800 375 675

To check power cuts etc :<http://www.northernpowergrid.com/power-cuts-home>

GAS National Grid Emergency Line 0800 111 999

WATER & SEWERAGE <https://www.yorkshirewater.com/contactus>

FLOOD <https://flood-warning-information.service.gov.uk/station/8083>

ENVIRONMENTAL HEALTH <https://www.cravendc.gov.uk/environmental-health/>

e.g. flooding, pollution & public health, private water supplies

POLICE Non-emergency number 111 for advice or to report crime or damage

NHS: Emergency: 999. Other urgent medical concerns: 111

GARGRAVE BRANCH SURGERY: Higherlands Close BD23 3RF, phone 749226 from 8am. Open Mon-Wed and Fri, 8-12.

Gargrave C of E Primary School & Pre-School holiday dates

	School closes	School opens
Half term (Summer)	Fri 24 May 2019	Mon 3 June 2019
Summer	Fri 19 July 2019	Tue 3 Sept 2019
Half term (Autumn)	Thurs 24 Oct 2019	Mon 4 Nov 2019

Magazine contributions, adverts and subscriptions

THIS MAGAZINE IS PRODUCED by St Andrew's Church for the benefit of the whole community of Gargrave & Coniston Cold parishes. We welcome short articles, news, notices of events, anecdotes, announcements, obituaries, letters & photos, free of charge, subject to space & relevance. The monthly contributions deadline is the 10th. Please email contributions, if possible, to editor@gargravemag.co.uk. We can also accept short contributions by phone 01756 749443.

Editorial advertising currently costs £11 per quarter page per month, other sizes pro rata, payable to "St Andrew's Church, Gargrave", bank account no 30693561, sort code 20-78-42, or by cheque/cash. Artwork can be supplied in Word or pdf format; alternatively we can create it for you, from £20 per advert. Contact gargravemagid1@gmail.com.

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Or download it for free from www.gargravemag.co.uk.

Organisations Please let us know if you'd like to amend or add an entry

Caterpillar Club (0+) – St Andrew's Church, Wed 10am, Kirsty Smith 07525 619950 Gymnastics (5- & 5+) – Mon, Wed & Thurs 9.15am, Wed 4pm info@ambitionsgymnastics.com Rainbows (5+) – Debbie Gomersall 01729 830589 Brownies (7+) – Rose Turner 01729 825886 Young Farmers Club – Coniston Cold , Tues 7.30pm, Janet Bolland 01729 830505
Luncheon Club , Neville Crescent Community Centre, alt Tues, 12.30pm, Carol/Carys 748990 Afternoon tea , Neville Crescent Community Centre, alt Sun, 12.30pm, Mary Dawson 749755 Phoenix Group (over 65s) – Anchor Inn, alternate Thurs 9am-1pm, Sarah 07596 452385
Bowling – outdoor Gargrave Bowling Club, Michael Cox, 748285 Bowls – indoor , Village Hall, Winter Tues & Thurs 2-4pm, Joan Griffin, 749277 Cricket – Gargrave Cricket Club (over 13s), Mark Jones, 07498 288654 Croquet – Craven Lawn Tennis Club , Gargrave, Tues 2-6pm, Roy Berry 748065 Cycling – Gargrave Tuesday Club , Dalesman, Tues and Thurs Trevor Pickles 01282 844788 Golf – Mason's Arms Golf Society , www.masonsarmsgolfclub.com, 749304 Hunt – Pendle Forest & Craven Hunt, Elizabeth Adams 749772 Pilates – Contemporary , V Hall, Tues 10 & 11.30am, Fri 9am & 10.30am Bee 0777 898 0994 Pilates – Classical , Village Hall, Tues 2pm, 6pm, 7.05pm, Cate Davies 079 5533 8775 Tennis – Craven Lawn Tennis Club , Beth Whitley 749664, www.craventennis.org.uk Tai Chi & Qigong – Village Hall, Thursdays 7.30pm, Ian Cresswell 748540 Tai Chi Qigong – Green by War Memorial, Mon 9.30am & 10.30am, 0777 8980994 Walking for Health – 1 st Thursday of the month, 10am, Jean Maxwell 748851 Yoga – Village Hall Annex, Wednesdays 9.30-11.30am, Sally Thomas 01756 461616
Modern sequence dance – Village Hall, Mon 7.45-10pm, John Rainey 749867 or 07840 806698. Chance 2 dance – Village Hall Annex, Tap (3-18, adult) Tues 4.15-7.30pm Ballet (3-18) Sat 9am-2.30pm, Theatre-craft Thur 5-6pm Jaki 0758 2086345
Art – Gargrave Art Group – Village Hall, Mon 1.00-3.00pm, Bev Parker 749910 Bell Ringing – St Andrew's, Mon 7.30pm, Sun 10.00am, Joe Alston 01729 851663 Bingo – Gargrave Community Centre , Neville Crescent – Mondays 1.30-4pm Fuchsia & Geranium Club – V Hall, 1 st Wed of month 7.30pm, Paula Jackson 752175 Gargrave Community Choir – rehearsals Fri 7pm, St Andrew's Church, 749802 Gargrave Heritage Group – Tues 10am, St Andrew's Church, Martin Thomson 748309 Craft and Chat – St Andrew's, Tues 2pm, Sylvia Humphreys 748779 Parish Council Meeting – Village Hall side room, 1 st Wednesday of the month Snooker Club – Village Hall Snooker Annex, every day, Stewart Smith 749340 WI – Village Hall Annex, 2 nd Wed of month 7pm, Glenys Riley 07715 878709 French club – Old Swan, 3 rd Thurs of month, 8pm, Allison Wiffen 749913
Masons Arms – Quiz Sundays 8.30pm; Acoustic live music 1 st Friday of the month The Old Swan – Quiz Mon 8pm; Pie night Wed; Steak night Thurs; Sunday Roast Sun

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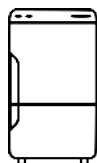


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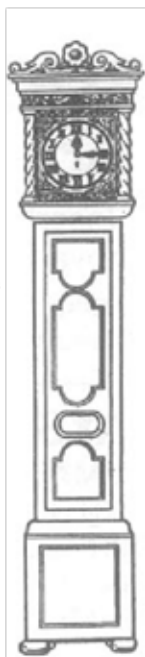
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