

GARGRAVE & CONISTON COLD

Parish Magazine



JUNE 2019

£1

Inside this month

Thy Kingdom Come: 11 days of prayer. An action-packed month in Gargrave. Open Studios, Open Gardens with music and art. Not one, not two but three live bands at the Village Hall: jazz, blues and a ceilidh. Neighbourhood Plan: perspectives from 1935 and 2019.



Sarah Kirk

Dates for your diary

Duck race	Sun 7 July
Summer Art Show	11-14 July
Gargrave Show	Sat 17 August

July issue editorial deadline: 10 June
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Printed in Skipton by EP Print on FSC recycled paper

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WARDEN'S WORDS

Mike Maiden

Thy Kingdom Come

THE REQUEST WITHIN THE LORD'S PRAYER that God's kingdom might come is one that most of us will have made, in one context or another, many times over. It occurs within a prayer that asks for "our daily bread," forgiveness for the wrongs we have done, for strength to forgive those who wrong us, and that we might not be subject to times of testing but delivered from the evil around us. Although often said at speed and with little thought the sense of this prayer is a gift to us if we treat it seriously. Across the world millions starve and we know, in our heart of hearts, that the selfishness of our western cultures is a contributory factor. To ensure that every person has "daily bread" is as current today as it was in the first century. Handling the wrong we do and that is done to us is a key component of what makes society work; examples of forgiveness in the face of great wrong can be inspirational. We will all be tested and the strength to face those tests without descending into bitterness and depression is a crucial element of our personal mental and spiritual health. So praying this prayer and allowing God to guide us to the steps we should take to seek its fulfilment has been a central activity of Christian communities from the very start.

The Archbishops of Canterbury and York invited us to set aside a time each year to concentrate on the Lord's Prayer and that time is coming up again. From 30th May to 9th June a variety of events will be taking place that encourage us all to pray this wonderful prayer, for ourselves and for others. On 2nd June there will be a service in Ripon Cathedral and on each of the days events in the village, mainly, but not exclusively in Church. Look out for more details (page 11) and join in where you can. God's Kingdom is not a political entity based on secular power and influence but a kingdom of the spirit where God empowers and envisions us to be a part of making His will be done "on earth as it is in heaven." We seek to understand that better as we meet in Church week by week and all are welcome to join us.



DIARY FOR JUNE

Coniston Cold

Sat 1	Coffee morning, 10-12 on the lawn of Pot Haw Farm house, to raise funds for Village Hall. All warmly invited!
Sun 2	Christening of Olivia Newman, 11am, Church
Sun 9	Holy Communion with Ian Greenhalgh, 9.30am, Church
Sun 16	Evensong with Ian Greenhalgh, Church
Sun 23	Holy Communion with Ian Greenhalgh, 9.30am, Church
Sun 30	No church service

Gargrave

May

Thu 30	Referendum on Gargrave Local Plan Start of Thy Kingdom Come: 11 days of prayer. See pages 1 & 11.
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June

Sat 1	Fuchsia & Geranium event .Expert growing advice. Plant sale. Tombola & Refreshments. 10.30-4, Village Hall
Sun 2	Prayer Book Communion with Bishop David Hope, 8am, Church Family Service, breakfast 10.15am, service 10.45am, Church Oasis reflective worship, 6.00pm, Church Fuchsia & Geranium event continued, 10.30-4, Village Hall
Wed 5	Parish Council Meeting. 7.15pm, Village Hall Annex. Fuchsia & Geranium meeting. 7.13pm, Village Hall Comm. Room 1.
Sat 8	Book Fair, 10-4, Village Hall
Sun 9	Morning Prayer with Linda Wall, 8am, Church Sung Eucharist with Revd Ian Greenhalgh, 10.45am, Church
Fri 14	Picnic supper dance with Alan Cookson. 7.30pm, Village Hall.
Sat 15	Gargrave Open Gardens, 11-4. Tickets, refreshments and lunches from Village Hall. Starts with music outside the Dalesman at 11am. See pages 4-5.
Sun 16	BCP Communion with Bishop David Hope, 8am, Church Service of the Word with Jo Ackroyd, 10.45am, Church Flea Market, Collectables & Crafts, 10am - 4pm, Village Hall.
Fri 21	Ribble Valley Jazz Big Band, 7 for 7.30pm, Village Hall. Tickets £10 from 01756 749235/07989585564.
Sat 22	Coffee morning in aid of LASRUG, 10-12, Village Hall. Manorlands fundraiser with blues band, DJ and supper, 6pm-midnight, Village Hall. See page 7.
Sun 23	Prayer Book Communion, Revd Ian Greenhalgh, 8am, Church Sung Eucharist with Revd Ian Greenhalgh, 10.45 am, Church Christians in Gargrave, 4.30pm, Community Room, Neville Crescent.
Mon 24	Gargrave Show meeting, 8pm, Village Hall Annex
Sat 29	Charity coffee morning, raising funds for water supply to a village in Kenya, 10-12am, Village Hall. Ceilidh with Thom Hardaker band for the PTA and library, 6.30 for 7pm, Village Hall. See page 8.
Sun 30	Prayer Book Communion with Revd John Holford Service of Baptism of William Bean – with Bishop David Hope, 10.45am, Church Broadway Fairs.Flea Market & Allsorts Fair, 10-3.30, Village Hall.

Regular weekly and biweekly Gargrave events

Mondays:

9.30am Tai Chi Qigong, Green opposite Bollywood Cottage, riverside of War Memorial
 10.40am Tai Chi Qigong for Beginners, venue as above
 10-12am Coffee Monday, Church
 1.30pm Art Club, Village Hall Annex
 1.30pm Bingo, Gargrave Community Centre on Neville Crescent
 7.30pm Modern Sequence Dancing, Village Hall
 7.30pm Bell ringing, Church
 8pm Quiz, Old Swan Inn

Tuesdays:

8.15am Somatics with Bee Faulkner, Village Hall (term time)
 10 am Heritage Group, Church
 10 am Contemporary Pilates with Bee Faulkner, Village Hall (term time)
 10.30am Adult Tennis Coaching and Social Tennis (weather permitting)
 11.30am Standing/Seated Pilates with Bee Faulkner, V Hall (term time)
 12.30pm Alternate Tuesdays – lunch at Gargrave Community Centre, followed by games.
 2pm Craft and Chat, Church
 2pm Indoor Bowls, Village Hall
 2pm Classical Pilates with Cate Davies: 'Mixed Ability' Village Hall Annex
 4pm Tap dancing lessons, Village Hall Annex (term time only)
 6pm Classical Pilates with Cate Davies: 'Beginner Athletic' Village Hall (term time)
 7.05pm Classical Pilates with Cate Davies: 'Intermediate Athletic' Village Hall (term time)
 pm Brownies & Rainbows (school term only)
 8pm Quiz Night, The Old Swan

Wednesdays:

9.15-12 Gymnastics for pre-school children, Village Hall
 9.30am Gentle Hatha Yoga, Village Hall Annex
 10 am Caterpillar Club, Church
 10.am Social tennis
 2pm Afternoon Tea & Games, alternate weeks, Neville Crescent Community Room
 4pm Gymnastics for children over 5

Thursdays:

9am Phoenix Club, Anchor Inn, alternate weeks
 9.15-12 Gymnastics for pre-school children, Village Hall
 9.30am Water Colour painting class, Village Hall Annex
 9.50am Walking for Health, 1st and 3rd Thurs of the month, meet at Summerseat
 10am Coffee morning, Gargrave Community Centre on Neville Crescent
 10.40am Alternate weeks: Low-impact chair exercises, Gargrave Community Centre
 2pm Indoor Bowls, Village Hall
 7.30pm Tai Chi, Village Hall Annex (term time)

Fridays:

9.15-12 Gymnastics for pre-school children, Village Hall
 9 am Contemporary Pilates with Bee Faulkner: 'Intermediate', Village Hall (term time)
 10.30am Contemporary Pilates with Bee Faulkner: 'beginners', Village Hall (term time)
 11.30am Somatics with Bee Faulkner, Village Hall (term time)
 7pm Community choir rehearsal, Church

Sundays:

2pm Social Tennis
 8.30pm Quiz, Masons Arms

FORTHCOMING EVENTS

Outdoor coffee morning, Coniston Cold

Jacqui Coates



You are warmly invited to a Coffee Morning
 on Saturday morning 1st June 10am to 12noon
 on the lawn at
 Pot Haw Farm House
 All proceeds are for the Village Hall Funds

~

We hope that you are able to support!

North Yorkshire Open Studios

Allison Wiffen

Enter the private world of artists by visiting them in their studios over the first two weekends in June. The hugely popular North Yorkshire Open Studios event is back, with over 100 artists across the county throwing open their doors to the public. There is a huge variety of work to see from silver jewellery to sculpture, printing to book arts, painting to ceramics. www.nyos.org.uk

I will be opening my studio in Higherland House, West Street (over the canal - the black and white barn on the left) where I will be showing my ceramics alongside the sewn textile maps of Janet Browne.

The image is a mosaic by Ruth Wilkinson, Ramsgill.



GARGRAVE OPEN GARDENS + art + music – 15 June

*Bee and
Duncan Faulkner*

Gargrave Open Gardens is a major annual fundraising event for St. Andrew's Church. It's also a community-wide festival, with all sorts of activities popping up around the village.

At the time of writing we have 24 gardens lined up for opening, including half a dozen that are opening for the first time, at least in many years. Thank you to all concerned.

'Art in the garden' is back this year: artists from Gargrave Art Group will be working in some gardens creating a variety of horticultural themed pieces.

We're glad to be welcoming a variety of musicians who will be serenading visitors to the gardens. The event will open at 11am with a mass sing of All Things Bright and Beautiful outside the Dalesman Café, where the alpacas and goats from HART Farm in Littondale will be joining the crowd.

All gardens are in Gargrave village this year, all within walking distance of each other and are open **11am to 5pm on Saturday 15 June.**



Refreshments, lunches and teas will be available in Gargrave Village Hall. Refreshments will also be served in St. Andrew's Church, part-way round the garden route. The church yard will be open as a tranquil prayer garden, with activities available to encourage visitors to connect with the creator and sustainer of all living things – from roses to greenflies!

You will find the usual plant stall and tombola at the Village Hall.

Passports will be on sale from 5 June at Twin Locks Garden Centre costing £5 per adult or at £6 from Gargrave Village Hall on the day. Accompanied children are free. Sorry, no dogs please, apart from assistance dogs.

For up to date information and photos of last year's event visit <https://gargraveopengarden.wixsite.com/gardens> or phone 01756 749443.

Craven Lawn Tennis Club open event, 15 June

Graeme Southam

Gargrave is on the tennis map, again!

Charity, fun and tennis are three words that Craven LTC use to describe their event on the 15th June.

Davis Cup tennis player Danny Sapsford returns to the village with Robyn Moore for the afternoon. Robyn has taken on the challenge of hitting 200,000 tennis balls during June, that is hitting tennis balls every day for 8 hours. Robyn intends to hit tennis balls 5 million metres, one metre for every person in the UK of working age who suffers from mental health issues. That means she will be hitting a tennis ball every 4 seconds. We are one of a number of clubs hosting a nationwide charity event to raise awareness about mental health issues in the UK.

To celebrate the day at the club we are hosting another open event. Everyone is welcome to come down to watch Robyn and Danny and also play tennis if they wish.

There will also be a BBQ, cakes, bar and refreshments, tennis shop and tombola to add to the festival atmosphere. Entry is free and all profit raised on the day is totally for Danny and Robyn's charity Breakpoint 2019. Danny and Robyn are expected to arrive from their morning session in York at around 1pm.

This event will run in conjunction with Gargrave Open Gardens. The club will be included on the gardens trail, and will donate to St Andrew's Church half the proceeds made from all visitors who show Open Gardens passports.

For more information about coming along or how you can sponsor the event, please contact Graeme on 07900492629 or email him at graeme.southam@btinternet.com.



LASRUG Coffee Morning – 22 June

Kay Craven

The Lancaster and Skipton Rail User Group is holding its Annual Coffee Morning on Saturday, 22 June, 10-12 noon, in the Village Hall. We will have our usual stalls for cakes, books and plants along with a Raffle, and if you would like to contribute to any of the stalls your gifts will be greatly appreciated.

You have all been very generous in the past in supporting our group and we hope you will be able to do the same this year. You will be most welcome.

Now for some interesting points about our Bentham Line:

The Bentham Line Timetable will see further improvements, **Mondays to Saturdays**, from 19 May with an additional train from Gargrave, departing 10.45 to Leeds arriving 11.38, and a new westbound service from Gargrave at 08.05 to Lancaster, arriving 09.13, with an onward connection to Morecambe, arriving 09.37.

There will be two additional through services to Morecambe, via Lancaster, departing Gargrave at 09.02 and 13.04. There are also two new through services from Morecambe to Gargrave at 10.32 and 14.32. The 22.37 from Gargrave to Skipton will now have a scheduled connection at Skipton for Leeds, arriving 23.38.

Earlier in the year, in support of the pioneering work on the Bentham Line, as part of the **Dementia and Community Rail project**, Arriva Rail North Ltd., (Northern) named their Class 150 214 unit 'The Bentham Line - A Dementia-Friendly Railway'. Bedecked with Forget-me-not motifs and the Bentham Line logo the diesel unit has now travelled widely across Northern's network carrying the message of support for those living with dementia and their carers.

Bentham Line leaflets and Timetables can be found in the Village Hall Foyer and there are some train details at the back of this Magazine.

Manorlands fundraiser, 22 June

Charlotte McDonnell

On Saturday 22nd June I will be holding a charity event at Gargrave Village hall to raise as much money as possible for Sue Ryder Manorlands Hospice. This charity has been a huge help to our family over the past 6 years and I'm sure many others in the area too. I feel it's time we gave something back to recognize all the wonderful work they do. Manorlands relies on the generosity of supporters and without fundraising like this they wouldn't be able to continue the A* care and support they provide.

We have The Rockets Blues Band playing, Chris Smith DJ, a Pie and Pea supper, raffles and plenty more merriment. Doors open at 6pm and tickets are £15 including supper. If you wish to purchase tickets for the event please contact me on 07885 474998. It would be wonderful to see as many people as possible there supporting this fantastic charity.

in support of

Sue Ryder Ackroyds Manorlands Fundraiser

Manorlands Hospice

22nd June 6PM-12AM

Gargrave Village Hall—West Street BD23 3PT

Presenting The Rockets Blues Band

DJ Chris Smith, Pie & Pea Supper

Tickets £15.00 with proceeds going to Manorlands Hospice. Please ask here or contact Charlotte on — 07885474998

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Duck Race, 7 July

Claire Gautam

Please join us for the Gargrave Primary School PTA Annual Village Duck Race!

This fun afternoon is to be held on the 7th July 2019 12pm-3pm (Ducks released at 3pm) on the middle green in Gargrave. There will be bouncy castles, traditional sports and games, a dog show, various stalls, a hog roast, tea/coffee, beer tent, live music and much more!

Great prizes for 1st, 2nd and 3rd ducks, tickets will be available to buy from school, at the Co-op in Gargrave and at the event.

Please see our Facebook event and posters around the village or email us for more information at PTA@gargrave.n-yorks.sch.uk.

With school-days in mind...

A little girl after her geography exam: "Please God make Copenhagen the capital of Japan - at least until Monday."



Library and PTA: Ceilidh, 29 June

Dave Smith

As a Community Library we are always looking for ways of improving our links with local organisations and to this end we are pleased to announce that the Library, in conjunction with Gargrave School PTA, are organising a **Ceilidh** to be held on **Saturday 29th June** in Gargrave Village Hall.

Music is to be provided by the Thom Hardaker Ceilidh Band with a pie and pea supper and a vegetarian option together with a bar and the statutory raffle.

Thom Hardaker is an outstanding accordionist who initially learnt from Harry Hinchcliffe at the Craven School of Music until the age of 16 and then completed 7 years at the Rimsky-Korsakov State Conservatory, St Petersburg, Russia, under professor Oleg Sharov. Thom has won many competitions, including the UK National Championship. It promises be a music to remember for the music alone, never mind the dancing and all the rest.

The event is open to all adults and children over the age of 5 years with tickets available both in the Library and School at £15 per adult and £5 for children. Doors open at 6.30pm with the dancing starting at 7.00pm.

Hope to see you all there for this fun family event.

NEWS

From the church registers

Peter Poulter

Wedding

5 May - Sam Martin Horsfall and Harriet Horsfall

Funerals

25 April - Dorothy May Pompey - 85

3 May - Roy Holden - 85

Thom Hardaker Ceilidh Band

Saturday 29th June 2019

TICKETS £15 child £5
Pie & pea supper : Bar : Raffle

GARGRAVE VILLAGE HALL

Doors open 6.30pm

Proceeds to Gargrave & Malthamdale Community Library and Gargrave Primary School PTA

No under 5s. Children to be supervised at all times by the adult accompanying them.

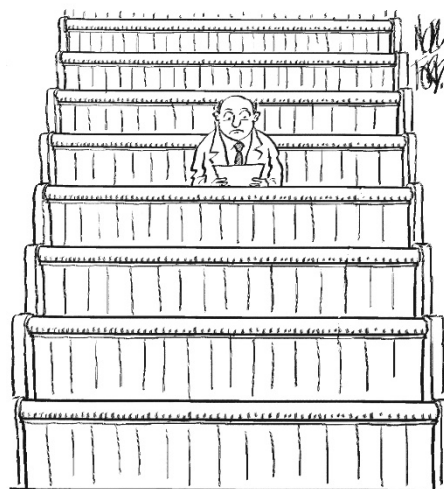
Recruiting a new vicar

You will be aware that it is now nearly 18 months since David Houlton left the parish to take up a post in Ireland. The process for recruiting a new vicar is now at an advanced stage.

The diocese has proposed a re-organisation in which Gargrave and Coniston Cold parishes are to be linked in a proposed new benefice with Kirkby Malham. This new benefice will be served by a full-time Priest-in-Charge based in Gargrave and a part-time House-for-Duty priest to be based in Kirkby Malham. Both priests will serve the three parishes in a team relationship with lay readers and other locally authorised worship leaders.

An advertisement for the first post of the full-time priest-in-charge will be placed at the end of the month. This gives a timescale that could lead, if all goes to plan, to an appointment at the end of July. That would make for a settlement some time between September and November, depending on the present situation of the candidate. If s/he is currently a vicar in post then there might be need for three months notice. If the candidate is serving in a different capacity, the notice period might be shorter.

Watch this space. Indeed – watch and pray !



Peter Poulter

With the congregation depleted by the bug that was going around, it suddenly dawned on Roy that he wouldn't be able to get away with just miming to the hymns this week

Gargrave Church of England (VC) Primary School

'Work with all your heart'

Sarah Peel

Gargrave Warriors

We need your support! We are writing to introduce ourselves as the Gargrave Warriors, taking part in the 12K 'Total Warrior' race (now known as 'The Great Northern Mud Run!') at Bramham Park, Leeds, to raise money for technology equipment for the pupils of Gargrave Primary School.

On 22nd June, our team, Gargrave Warriors, made up of staff and friends, are taking on the 12K challenge along with 27 gruelling obstacles, including 'Human BBQ', 'The Plunge' and 'The Shocker' to name but a few. We have set the challenge bar high in order to raise £20,000 for ICT equipment, including tablets and interactive whiteboards.

As with all schools, Gargrave Primary School is facing challenging financial times, with further budget cuts on the horizon. This inevitably means budgets are squeezed more than ever and resources are not being updated. Achieving our target will enable our pupils to have greater access to technology and up-to-date

programs. Studies have found that when technology is integrated into lessons, students find learning more enjoyable and fun. This leads to more active participation in the learning process, which in turn increases knowledge retention.

We are writing to you in the hope that you may be able to donate to our fundraising challenge. You will be able to follow our progress on Twitter @Gargravewarrior.

We hope that you are able to contribute and appreciate your support and involvement in enriching our pupils' education.

To make a contribution, simply send us a cheque, made payable to Gargrave CE (VC) Primary School NYCC BAFS A/c or donate via our Crowdfunding page (<https://rocket.fund/p/GargraveWarriors/>).

Many thanks in advance and we look forward to providing you with photos of our escapades at Bramham Park in June!



Raving Readers

We have set every child in school a reading challenge. Each time they read at home and is recorded they move a step on the board. There are 25 steps. Each time they complete the board they get a reward.

The rewards include a book, a book mark, a voucher, a pencil case. This has really motivated our pupils to read and we now have over 75% of pupils reading 5 times a week.

Fabulous to get in the habit of reading for enjoyment.

Our big reward at the end, will be for reading 200 times, completing the board 8 times.



Every pupil who manages this will go on a trip in July to Billy Bob's Ice Cream parlour for a play and an ice cream. We know they'll love this.

More on raving readers next year as the pupils have already told us they want it to continue.

If you would like to volunteer to hear readers in school, please ring us. There are checks to complete, but we love having volunteers in school for this lovely activity.

Death of former headmaster

Enid French

It was sad to hear of the death of Mr. Robinson. He was a former Head of Gargrave Church School for Juniors and when the new school was built in 1976 he became the Head of both the Junior and Infant sections. The joining together of the two schools and the move to the school you see now was in 1976 and the official opening was on the 21st June that year.

Mr Robinson also served for a spell as Church Warden at St. Andrew's Parish Church in Gargrave. For a number of years he was also a J.P. in Skipton. Many will remember him being in charge of 5th Skipton Parish Church Scouts.

As a teacher at Gargrave whilst he was Headmaster I can say that he was always kind and interested in the wellbeing of the children and his staff.

Thy Kingdom Come (based on the Lord's Prayer)

Sue Trout

11 days of prayer from Thursday 30th May - Sunday 9th June 2019



Joining with millions of believers around the world, St Andrew's Gargrave is playing its part in the prayer initiative "Thy Kingdom Come". Started in 2016 by the two Archbishops, it has gained momentum and grown into an International Prayer movement.

During the 11 days there will be a scheduled timetable of prayer in many different forms. We'll be praying for the Village, for the Nation and the World. We'll be praying for individuals - so if you have anything you'd appreciate prayer for, wherever you're at in life,

why not visit one of the creative prayer stations dotted around Church at our Family Service 2nd June or through the week (they'll be there till 9th June), or pop your prayer request into the box at the back of Church. We'd love to pray for you & your family and friends.

So why pray "Thy Kingdom Come"?

In praying this we're saying that we're willing to play an active part in sharing God's love, to bring about transformation, wherever we are - because that's what God's love is about - transforming lives & communities.

Prayer changes things - There is power in prayer!

God wants you to know Him and to know His love for you. Like any other human relationship, we get to know people by talking and finding out about them, so it is with God - described very well by Jesus as an amazing Father!

How to pray?

There is no set way. It truly is simply a conversation with our Father in Heaven. It can be from a joyous heart, a downcast heart, a repentant heart, or a broken heart. It's simply expressing what is in your heart to God, and listening for how He might want to speak to you.

A timetable is still being put together and will be publicised by the time the magazine comes out.

Join in with us as you like and are able! For more info contact: sue.trout@me.com or visit www.thykingdomcome.global

"In praying 'Thy Kingdom Come' we all commit to playing our part in the renewal of the nations and the transformation of communities."

Archbishop Justin Welby

WI News

Sarah Kirk

The title of our May meeting talk was 'People and The DALES' and not for the first time this year we were surprised by what we learned. Judy Rodgers from the Yorkshire Dales Millennium Trust (YDMT) explained that from its inception in 2009, this particular branch of the YDMT was concerned with widening the patronage of the Dales (white, middle-aged, middle-class,) whilst working in conjunction with the initial aims of the YDMT founded ten years earlier, to look after the spectacular Dales landscape, support rural communities and help everyone enjoy and understand 'this special place.' DALES is an acronym for Diversity, Access, Learning, Education, and Sustainability. So her talk was of overcoming adversity not conserving hay meadows, planting inspiration not trees. As one of her visitors explained 'A day in the Yorkshire dales is worth hours and hours of counselling'.

A small charity doing big things in the Yorkshire Dales' funded by amongst others Natural England, Judy organises kite-making workshops for young people with learning disabilities, residential stays in Skipton for refugees, and walking days out for young carers. In 2018 there were 63 events organised with 1022 participants. Judy recalled two characters in particular who encapsulate the value of her team's work. A group from Bradford visited the Hoffmann Kiln at Langcliffe. Walking round the magnificent structure one man recalled with wonder that in his native Pakistan he had lived in the countryside and worked in a Hoffmann Kiln. Yet since he came to the UK in his twenties, over fifty years ago, he had not ventured out of the Yorkshire city. Another refugee who had an been director of a city museum in his homeland was so inspired by his attendance at a YMDT archaeological dig that he now holds a professorship at Queen Mary University of London. Linking with the Dales landscape, the 'personal' story of a rock or pebble featured in our competition; Glen Riley's fascinating account of the fact and folklore surrounding quartz was picked as the winner by our guest speaker. Thanking Judy for her fascinating talk, Jean Greenwood said how Judy's tales of people who had been 'blown away' by their visit had reminded us how lucky we are to wake up here every day.



And that was a thought that many of us have had as we have been out and about fundraising over the past month or so. On Easter Saturday Gargrave WI held a well-attended cake and bric-a-brac sale at the Summerseat. Our thanks to all those who generously supported us. We donated some of the money raised to the St. Andrew's Church Repair fund. On a fine April

morning a group of us (plus two enthusiastic four-legged friends) walked for ACWW which is a charity supporting and uniting rural women all over the world. Every October we provide gifts for The Shoe Box Appeal and in November (some of us!) knit squares to donate to charity.

Sharing this place in the Yorkshire Dales, whether with family, friends or visitors, it can sometimes be easy to take our home for granted. But on a glorious May morning with mist still lingering in the valley, the sun picking out the fresh green leaves sparkling with dew, and with tales of hardship and suffering in our thoughts, maybe it's not too difficult to appreciate the great good fortune that brought us all here to the Gargrave area.



Cricket help

Will Smith

The cricket season is underway and this is just a small plea to see if there's anyone in the village willing to volunteer at all this year? We are always looking for people to help maintain our wonderful ground; scorers (a great job for a teenager looking to make a little bit of Saturday money) and any help with tea/cake making. If you can help in any way possible, don't hesitate to get in touch - it would be much appreciated. Even if you came down on a Saturday and enjoyed a cup of tea in the sun! Please share with family and friends in the village who would enjoy watching some cricket. Thank you!

Coffee Mondays

Cynthia Hardyman

Coffee Mondays, every Monday 10 - 12 noon, in church, tea, coffee and cake served. Come to meet friends, make friends, knit, relax. All welcome.

Co-op cake sale

Allan Morris, Store manager

The cake sale that we held on Saturday 4th May 2019 was a huge success and it blew me away, the generosity of the people in the village, we had support from various people in the village which includes Jane Brennan, Norma Brothers, Mrs Treasure, Sheila Bamford, Abbie White, Jan Flude, who helped in various ways from baking, decorating the cakes and manning the stall on a busy Saturday. I wanted to pass on my personal thanks as we in total raised £477.55 for the Hellifield first responders. Wow that was totally amazing, well done to everyone who helped or who bought something and THANK YOU.



Family service review, 5 May

Jennifer Rowlands

Breakfast preceding the May Family service offered a different menu! Instead of bacon and sausage butties, there was an appetizing buffet of croissants, cold meats and cheese, a variety of Danish pastries and fruit, which all seemed to go down very well!

The service which followed also took a slightly different shorter form including some aerobic exercise to accompany a new song!

The Bible message came from John chapter 1. We heard how Jesus met people and called them to follow him. They did, learnt more about Jesus, experienced the difference he made to their lives and told their friends and relatives. These people in turn began to follow Jesus and so the ripples spread out, geographically across the world as people shared what they knew about Jesus and invited others to follow him.

The ripples spread across time too, right through the eighty of so generations who have lived since Jesus walked the Earth. We present-day Christians have heard the call of Jesus from his followers before us, maybe from a grandparent, or somebody we met at school or work. In turn, we can pass the message on to our families and circle of friends, sharing what Jesus means to us, and so giving them the chance of hearing his invitation, "Follow me!"

Village Hall news

Caroline Thompson

Firstly an apology for supplying some misleading information in last months News. I mistakenly said that Dorothy Wards shop (now Crossgates Health and Beauty) was remembered as Hitchins Farm. It was actually Bradleys Farm and Hitchins Farm was opposite the Village Hall, more or less in the vicinity of the entrance to Neville Road.

If you came along and enjoyed our 60th celebration weekend of music and nostalgia in February we are delighted to announce we have more of the same, albeit with different performers. The talented Ribble Valley Jazz big band will be performing at the Village Hall on Friday 21st June under the musical direction of Paul.J.Rigby. The twenty two band members have been performing together now for around six years and play saxophone, trumpet, trombone and rhythm. A male and female vocalist complete the line up. The band will be playing a mixture of Swing, Glen Miller, ballads, and also songs by Michael Buble and Adele. The event

will suit both dancers and non dancers in the audience as Cafe style seating will be set up at the back of the hall but an area of the famous dance floor will be clear for those Strictly moves! A licensed bar will be available and hot sandwiches will be for sale in the interval. Tickets are priced at ten pounds each and must be purchased in advance, via 01756 749235, 07989585564 or info@gargravevillagehall.org.uk.

Arthur Geldard will be appearing live at the Hall on the afternoon of Sunday 21st July. He will be singing well known classic tunes from the Great American Songbook, his influences are Frank Sinatra, Joe Williams and Chet Baker. Trish Ferrarin and John Fuller will be playing keyboards. A homemade afternoon tea will be served in the interval. Tickets for this event, costing £10, can be reserved by using the same contacts as per the Big band event

Any table tennis players out there???? We have just purchased a brand new full size table tennis table which will be set up in the Annex on a Friday night from 6.p.m until 10.p.m. The Annex is a light, warm and comfortable room and has plenty of space to watch as well as play. Ideally we would love to hear from someone who would like to start up a table tennis club this would involve arranging a rota for playing, collecting subs and maybe arranging games with other clubs in the area. Alternately if you would just like a game now and again or want any further information at all please call Peter on 01756 748758. It is a really good way to keep fit and certainly beats pounding the streets!

Somatic Movements – peeling back the years

Bee Faulkner

Feeling fifteen years younger in my body, taller and relaxed, yet so full and tired in my head, I came home to Gargrave from my week away of intensive somatic movement teacher training. I was aware of how much more freely I could walk and how my breathing had slowed down. On my final evening away, in the park with my niece, I realised I could spring between the larger jumps between the stepping stones, something I'd not dared attempt on previous visits. Having completed my Level One training with Essential Somatics, I'm now working towards my Level 2.

I find it so exciting that there is such a gentle method of being able to gradually unlearn habits of tension and posture, like peeling back the layers of an onion. And all through yawning: coordinating a movement with the breath, followed by a slowwww mindful release and then a relax. The emphasis is the journey – the feeling of the yawn – rather than the end, although the end can be wonderful. This experience of “the journey” is the core of the Alexander technique, which led on to the Feldenkrais method and in turn Thomas Hanna's Somatics.

I've been sharing Somatic movements avidly since my return, introducing some of the movements to my Gargrave Pilates and Tai Chi Qigong groups. The ABC of Alignment – Breathing – Centre is common to both so the fit is good: Somatic Movements are foundational. I'm now running two dedicated Somatic classes too in the Village Hall Annex: one at 8.15am on a Tuesday, the other at 11.30am on a Friday, term time only. If you're interested, please contact me on 07778 980994.

Call for Entries! Gargrave Art Exhibition 11-14 July

Bev Parker

It's time to share your passion and enter the Art Exhibition held at the Village Hall. We welcome original artwork, including photographs, collages and sculptures. There is always such a range of style and subject matter and visitors always comment on the high standard of the display.

New Co-Chairs, Sheila Bamford and Sarah Kirk, and all the Gargrave Art Exhibition Committee, are looking forward to meeting you (or seeing you again!) in July.

Application Forms

Application forms are available now and notices posted around the region. If you have exhibited with us before, an application form will have been sent directly to you. For new exhibitors, please download an application from gargravearts.webs.com or email gargraveartexhibition19@gmail.com or contact The Secretary on 01756 749910, giving your name, email and/or postal address.

Application forms can be picked up from Gargrave and Malhamdale Community Library based in Gargrave Village Hall. (See information pages later for opening times.)

Best in Show

All our visitors are requested to vote for their favourite painting in the Exhibition. Last year's winner was the incredibly talented Robin Barker, with an evocative painting of Staithes. The prize is a solo show alongside the main show - come and see more of his amazing work.

Young Artists Competition

This is your chance to show your artistic talent! We ask that your entry is a work of art that you have completed in your own time and does not form part of a school project.

The competition is judged in 4 age groups: 0-5years, 6-9 years, 10-12 years and 13-16 years. A certificate goes to the best in each group. A public vote decides the winner of the overall prize.

For an application form please email gargraveartexhibition19@gmail.com or contact The Secretary 01756 749910 and leave your name, email and/or postal address.

Gargrave Village Hall Charity

Most of the exhibits are for sale. As a 'section' of The GARGRAVE VILLAGE HALL COULTHURST TRUST operating as GARGRAVE VILLAGE HALL Registered Charity No. 222607 the Exhibition acts as a fundraiser, taking a 15% commission on each sale made. Funds generated by the Exhibition go to maintaining and enhancing this cherished community space which adds so much to the life of the village.

Volunteers

Volunteers willing to help with setting up and dismantling the exhibition, handling sales, promoting the raffle and acting as stewards are always very

welcome! Please contact us by emailing gargraveartexhibition19@gmail.com or on 01756 749910 leaving your name and a contact telephone number.

If you have supported us in previous years, we will have your details and will be in touch. If you no longer feel able to help, please let us know so we don't trouble you unnecessarily.

Visiting

The Village Hall is centrally located with free parking at the Hall and in nearby. Entry to the Exhibition is free. Refreshments, including fabulous cakes, are provided by Gargrave WI.

Opening times: 11am-7pm, Thursday and Friday, 10am-7pm Saturday, 11am-5.30pm Sunday.

Gargrave Art Exhibition Committee invite you to be inspired - exhibit your work, help support the show or visit us in July! We thank you for your interest.

From the archives

Duncan Faulkner

Concerns about the expansion of Gargrave are not unique to our times. In December 1935, Arthur Blunt, the vicar, started his letter in the parochial magazine with this paragraph:

My dear Parishioners and Friends,

We are drawing towards the close of another year, one which has seen great changes in Gargrave. It has witnessed the re-opening of the Cotton Mill, in a new form, by Messrs. Johnson and Johnson. This has brought new life to the village, and has brought employment to many of the younger generation. It has also meant the coming to Gargrave of many new families from the South, whom we welcome among us, and hope that they will find that the North is not quite so uncivilised as it is sometimes represented in the South! Another striking fact of the past year is the very rapid growth of the village; new houses are springing up month after month on all sides; and the appearance of the village is so altered that if our forefathers could pay it a visit to-day they would hardly recognise it. And at present there are no signs of any cessation to this building activity, and some of us are wondering how soon the day will come when we shall no longer be able to call it a 'village!'

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TAKEAWAY OPEN TUESDAY - THURSDAY 11:30 - 20:00,
FRIDAY & SATURDAY 11:30 - 21:00 & SUNDAY 12:00 - 19:00



Gargrave Neighbourhood Plan Referendum

30th May 2019

**Who do you want to control future
development in Gargrave? Time to Vote**
Polling station: Gargrave Village Hall

The question on your ballot paper for the Referendum (organised and paid for by Craven District Council, CDC) will be,

“Do you want Craven District Council to use the neighbourhood plan for Gargrave to help it decide planning applications in the neighbourhood area?”

- A **YES** vote is in favour of empowering Gargrave people to influence the pattern of development in the village until 2032 and beyond. For a **YES** vote to be successful more than 50.0% of the votes will be required.
- A **NO** vote will leave power with CDC through its Local Plan whose priorities for Gargrave may be very different from those of residents.

PLEASE TURN OUT AND VOTE

- The Gargrave Neighbourhood Plan was developed by a Working Group set up by Gargrave Parish Council after an appeal for volunteers in 2012. It incorporates protection and dictates policy for the provision of Village open green spaces, environment, amenities, expansion of care facilities for the elderly and location of the most sustainable sites for a mix of housing in the Village. CDC has set the number of houses.
- It has proposed careful management of environmental issues such as wildlife habitats, flooding, protection of Heritage assets and elements of the village that make it special.
- It supports opportunities to improve transport links by rail and bicycle whilst striving to reduce the impact of traffic on the A65 employing further speed limits and traffic calming.
- By means of two leafleting exercises and public engagements the balance of residents' views on such issues have been taken into account in preparing the plan.

* Examiner's report on Gargrave Neighbourhood Plan, p19, clause 93 states:-
“I am satisfied that the site selection was based on a rigorous and fair process”

RESPONSE TO COMMENT ON NEIGHBOURHOOD PLAN

Janet Turner

In response to David Aldersley's "Comment on Neighbourhood Plan" in May's parish magazine, I would say that there is one part I agree with completely – parishioners should look at the Neighbourhood Plan on the Parish Council portal and review it for themselves. Mr. Aldersley implies that he wants us to vote to reject it because of issues which are dealt with on individual planning applications, not by a Local Plan or village Neighbourhood Plan.

Approval of the Neighbourhood Plan would not change the number of homes which Craven DC requires to be built in the village but if there is no Neighbourhood Plan in force developers would be free to maximise the number of profitable and expensive 5 bedroom executive homes they build in the village. That would probably mean fewer affordable houses and other homes for younger families.

Without the Neighbourhood Plan it would be more open for developers to build on, for example, the fields near the Masons Arms and between the canal and Chew Lane. The Neighbourhood Plan would protect sites. It would not add any site to those available for development under the Local Plan.

The Neighbourhood Plan would in no way prevent anyone objecting to any development application which is made and would not prevent anyone opposing any aspect of Craven DC's Local Plan.

Gargrave will be very vulnerable to development imposed by people with very different priorities from those of the residents of the village if the Neighbourhood Plan is rejected. Therefore please vote YES in the referendum on Thursday 30th May.

THE LIFE AND TIMES OF ROBERT OF NEWMINSTER AND GARGRAVE – THE SAINT OF THE DALES

Captain Cuttle

Part seven: Religion – the guilt-edged security

It is difficult to appreciate how strongly religion dominated life in medieval western Europe. In times of uncertainty it was the one certainty. Life for most people was one of facing deprivation, disease, starvation, cruel punishments and perpetual struggle. The solution was to make sure that when they departed this life they had enough going for them to be welcome in the bliss of the next. The wealthy tended to do it by making sure that when they died they had enough people pleading their cause behind them to secure a place in heaven. They did this by giving land and money to churches and monasteries. The poor had to hope for the best.

There was another group, who could be rich or poor. They could sacrifice most pleasures, such as they were, of the earthly life in the hope of gaining salvation. They were monks and nuns, but mostly monks, and the system under

which they lived - and live - is called monasticism, odd, because that means living alone, whereas monks and nuns live in communities.

The Christian origins of this way of life lay with hermits who, not long after the death of Jesus Christ, took to the Egyptian desert to escape the temptations of the world. This kind of retreat is found in nearly all major religions, whether Islam, Buddhism, Judaism or Brahminism. In the Christian case the holy men of the desert found disciples, people who wished to follow their example, and communities grew. The idea reached western Europe and the first monastery in France was founded near Poitiers in 360 by Saint Martin of Tours, a soldier who cut his cloak in half to give to a poor man. Cloak is *capella* in Latin, from which we get the words chapel and chaplain, from its relics at resting places.

In Celtic culture the origins of monasticism are thought to be different and the life took different turns, with some monks going to live in places where it might be thought impossible to survive, such as Skellig Michael, a precipitous crag in the Atlantic off the south-west coast of Ireland.

In Italy there weren't as many places where life could be so tough, and observance tended to become lax. The man who drew up a code to tackle this problem was Benedict of Nursia, who lived from 480 to 543. As a result, people who followed his rule - summed up as peace, prayer and work - became known as Benedictines. He set up his monastery at Monte Cassino where, ironically, some of the most savage fighting of World War Two took place.

At the monastery of Molesme, in France, nearly 500 years after Benedict, a small group felt that his rule was not being followed properly and that monastic life had become corrupt, so in 1098 they left to set up a more austere regime at Citeaux. The Latin name for Citeaux is Cistercium, from which the name Cistercian derives. While no one man was responsible for setting up the new order, much of the credit goes to Stephen Harding, the Englishman from Dorset mentioned earlier.

As third abbot, Stephen guided the new monastery over a period of great growth, and wrote an important document codifying the new order. Bernard of Clairvaux went to visit Citeaux in 1112 and took with him his followers. Between 1112 and 1119 a dozen new Cistercian houses were founded for the monks joining the new, reformed movement. It was to be the most influential of the reforming ideas of the time.

Some might think that the life of the Benedictine was sufficiently hard, with its restricted diet, services at all hours of the day and night and its vows of poverty, chastity and obedience.

The Cistercians didn't – and don't – think that tough enough for salvation. If you meet a Trappist and get the feeling that his face shows he could do with a square meal, you're right. Their speech, except to visitors, is kept to a bare minimum, like their diet.

Next month: This wicked world.

THE PASSING OF MONK APOLLO

Kevin Jackson

Some sad news to report after mentioning Monk Apollo in April's magazine: he passed away on 5 May. Some information about his life from an amateur radio friend of his:

Monk Apollo was born near Preveza in western Greece. He was part of a large family with many brothers and sisters. After studying, he followed the path of full dedication to Christ and became a monk in 1973 in the monastery of Mirtia near Agrinio in Western Greece. In 1980, he moved to the monastery of Docheiariu on Athos.

In the spring of 1986, his monastery remained without a telephone for more than five months, which is not something unusual on Mount Athos. One of the monks injured his eyes, but after 2 days they were hospitalized due to lack of communication. When a professor of ophthalmology, heard this story, he recommended someone in the monastery to become a radio amateur to ensure communication in the event of an emergency.

So in 1988, monk Apollo received his amateur radio license. He the sacrificed his very little free time to hear the voice of the Holy Mountain on the air and bring joy to many friends eagerly awaiting contact. With his presence on the airwaves, he tried to convey a message of hope and optimism - from the ascetic world on Mount Athos to the restless outside world. His prayers helped me, my family, and many others. Many hams visited him and became the best Christians.

INTO THE DISTANT PAST

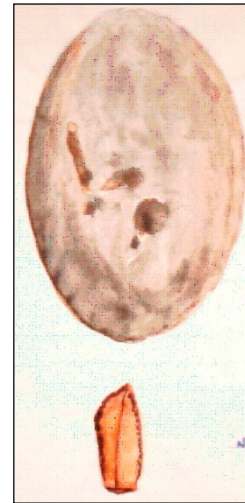
Kevin Jackson

Note from the Editor: Longstanding readers may remember a series of articles on local archaeology, starting in the distant past. Kevin Jackson provided these when Beatrice and I first started editing the magazine, in 2011. We thought they were fascinating and it seems a good time to re-run them over the next few months, with an update provided by Kevin.

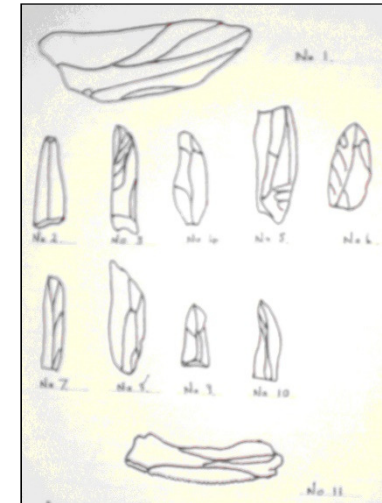
IMAGINE IF YOU CAN the landscape where Gargrave now sits being at the fringe of a large post-glacial crescent shaped lake, hemmed in by the drumlins which backed up from the terminal moraine at Cononley all the way to our present area (www.bgs.ac.uk).

I am going to take you back to a time when the Mesolithic hunter/gatherers 8000-3500 BC were in this area as evidenced by the tools they left behind (www.outofoblivion.org.uk). These tools are made of flint and this material has survived the long passage of time. Other material will of course have been used but this has not survived. Three sites where tools have been found are at Raybridge, Neville Road, Skipton Road.

The first site at Raybridge lies on the 350 ft contour which roughly conforms to the shore line of this post-glacial lake.



At number 10 Neville Road which was the home of the late Lionel H Atkinson, he found at a depth of 18" the gravel of an old glacial terrace and directly upon it was a flint and what is possibly a hammer stone, used to chip flints.



The Skipton Road site sits well out into the floodplain at a lower level than either the Raybridge or the Neville Rd sites and produced flints which were found quite deep down, 12-14" on the gravel. This site must have been used when the level of the lake lowered probably due to draining through a breach of the terminal moraine.

It has been many years now since flints from our area have been recorded and it would be prudent to keep a close eye on any digging in your garden or otherwise for further evidence of these Mesolithic hunters. If any are found they should be recorded through the Portable Antiquities Scheme: <http://finds.org.uk/>.

I'm grateful to Mrs Karen Lancaster (nee Atkinson) of Gargrave for the loan of her late fathers' unpublished journal.

FARMING ON SCALEBER HILL

John Hall

I must correct last month's article as the names of the two farmers involved are very similar. The one in the train accident was Joe Burrow with a u and no relation to Albert Barrow with an a who farmed the same fields for many years.

April of course was our lambing time. After a good winter the sheep were in good condition and very strong. The weather being very favourable, the lambs being grown due to the sheep being strong and well fed. One the downside the ewes needed constant attention due to the size of lambs being born.

The Beltex and Texel are the lambs in demand but need more attention at lambing time. The lambs are very thin skinned and the cold winds meant them

having to be kept inside for a time after birth. It is a busy time for 24 hours a day. There is no let up for 3 weeks.

With a number of triplets, ewes with one teat, a collection of pet lambs gathering up, due to cold winds we have had ewes with mastitis and a teat lost with another lamb added to the pets. The heat wave over Easter was a great help, allowing us to move many outside soon after birth. Not so with those bitter north winds which followed causing udder problems with ewes. Despite this the grass growth was perhaps the best for years.

Generally speaking the native breeds are easier to lamb, being of a hardy nature, and have less problems at birth. The first two Herdwicks aborted which was very unusual for them. They are good mothers and quickly adopted a pet lamb each. The Herdwicks don't take well to being inside, being very independent and always by themselves in a group. We turned them outside which made them very content. It is very strange how the last four were outside with no lambs for quite a time, then one morning all four had lambed in a group within 10 yards of each other. Being bred pure, when born they are like little black rats. It is amazing how they find their feet, suckle and are off with their mothers. I have a lot of pleasure having a few Herdwicks and Lonks. Sadly one of the Lonk shearlings lost her udder due to the wind chill which resulted in another pet lamb (Lisa is a wizard with pet lambs). At least the shearling survived and the older Lonks have lambed well.

One wonders where time has gone. Last year as not, my comments were how difficult the last year had been. In contrast what a remarkable year we have had. Having survived another lambing time, the cattle ready for out and summer to follow, a chance to forget the slog of winter. The suckler cows are due to calve very shortly. The Belted Galloway is showing signs of age. It will be interesting to see if she is successful at calving. Fortunately she had a heifer calf last year.

CHOOSE MEANING OVER HAPPINESS!

Tony Wimbush

"Soul generates meaning by connecting spirit to experience. Standing in this middle ground, it plays a vital part in holding us together and grounding us in the world, in the body, in the thick of things - especially the dark, painful and messy parts of life." D.G. Benner (1)

If you carried out a survey about what people wanted from life the word "happiness" would no doubt crop up again and again. Below James Hollis (2), the respected depth psychologist, confronts us with his uncompromising perspective on the matter of happiness!

.....

Happiness seems such a wonderful place to visit, even better to abide in. No sane mind would argue with happiness surely. If we could all just be happy, everything would be fine wouldn't it?

And what does that mean exactly? Are we to be happy that we have a good job or pension, food on the table, a loving family, caring companions, a roof

over our heads, and a fully functioning health and welfare system to meet our every need? For that we would all be grateful, for sure. But would then happiness require of us to forget all the injustices, holocausts, and all other human and natural disasters that form the lamentable catalogues of history? Does it require us to forget those suffering from poverty or pain with no prospect of amelioration - whether near to our door or on a different continent? Does it require that we forget the corruption and chaos spread around the world from the highest councils to the lowliest? What pill, what distraction, what addiction, what fantasy will allow us to be happy in the face of what any thoughtful person knows to be true? Are we simply to finesse the question and believe in platitudes about another life that will make this sordid mess acceptable? That all will be redeemed - restoring life to those slain, comfort to those in pain, and justices to those betrayed by their societies.

In our youth, we probably believed with all the naiveté and sincerity of youth that if we read enough, learned enough and figured out enough we would be in charge of our lives and be happy. Or that if we read the right self-help books they would take us on seven easy steps to some sunlit plane. Or is it possible that happiness is simply the latest in a pathetic parade of palliative panaceas to emanate from a culture that longs to forget what must be remembered, that is too bothered distracting itself with facebook, twitter, ebay and selfies to bother about all this stuff? Our religions, too, have for the most part lost their capacity to link people to depth, to mystery. Capitalism and communism along with all our other "isms" have eventually shown themselves to be ways people game the system and privilege the few. So what and where does that all leave us?

I submit to you that the happiness metric is a poor measure of life. In my view it is meaning which must abide and it is the soul that is our organ of meaning. Happiness that is in any way based on denial, distraction, or ignorance is an affront to the soul and its depth. It will erode meaning and create arid lives.

But we may be sure of one thing: the soul never leaves us. Whatever that inner essence is, it abides, it persists, and keeps on showing up even though we may not want it to! It knows the difference between a contextual happiness and an abiding meaning. It knows and persists in reporting to us in ways that befuddle our conscious ploys, rationalisations, and evasions. Remembering what knows us better than we know ourselves, we find ourselves less distracted by the seduction of happiness. In those moments of re-cognition of what we have always known, we are more likely to undertake paths confirmed by that deep place as meaningful. And as we experience such meaningful engagements, sacrifices, difficult passages, and challenges along the way, we are flooded from time to time, but only for a time, with happiness. In time will we, perhaps, come to recognise that much of our current mental health crisis, particularly among our children, is not so much a crisis of the NHS as a crisis of the soul and spirit? That it is more a crisis of meaning than it is happiness!

Acknowledgement: (1) Human Being and Becoming, 2016. (Benner is a Christian depth psychologist) (2) Adapted from 'Finding meaning in the second half of life', 2006

CONNECTING WITH CULTURE

Jo Swinney, London Institute for Contemporary Christianity

One day in late February of this year, I sat outside in a tee-shirt having a cup of tea. It was warm and sunny; a welcome reprieve from the seasonally normal weather conditions. As it turns out, it was a very long way from normal – a record-breaking hot day. What is starting to feel normal is breaking weather records.

It is becoming increasingly difficult to ignore climate change. 18 of the 19 warmest years on record have been since 2001. The earth's polar ice sheets are melting at an alarming rate, leading to rising sea levels.

The increase in temperature has been driven largely by increased carbon dioxide and other human-made emissions into the atmosphere. We need to make immediate and radical changes to survive. But however urgent the situation may be, politicians, economists, and business leaders seem frozen in inertia.

In April, the protest group Extinction Rebellion organised 10 days of disruption in central London, designed to provoke action. Commenting on the protest, George Monbiot wrote in his Guardian opinion piece entitled 'Only rebellion will prevent an ecological apocalypse':

'Those who govern the nation and shape public discourse cannot be trusted with the preservation of life on Earth. There is no benign authority preserving us from harm. No one is coming to save us.'

He gives voice to many people's fear, anger, and depression about the unfolding environmental crisis that few in power seem able or willing to tackle. Perhaps you relate. The outlook is bleak for our planet unless we make monumental changes very soon.

It is right for Christians to campaign, agitate, and lead the way in radical lifestyle changes. After all, we know we are stewards of a world that belongs to its creator God. But it is not right for us to lose heart or grow weary in doing good (Galatians 6:9). Belief in a loving, invested, present God changes everything when it comes to climatic catastrophe. We can be, as the poet Wendell Berry put it in his poem, **Manifesto: The Mad Farmer Liberation Front**, 'joyful, though [we] have considered all the facts'.

Our faith means we can remain hopeful when others may despair, because our hope for rescue is in God and not in ourselves. And while things may seem to be teetering on the edge of total disaster, the end of this story is not apocalypse, but the redemption and restoration of all creation.

TICK ALERT!

Ruth Parker, Dalehead Veterinary Group, Settle

As the weather gets warmer and the nights stay lighter for longer, many of us are heading out walking with our dogs in this beautiful countryside we live in, but we are not alone...

We live in an area prone to ticks; tall grass and rough pasture or areas where deer and ruminants have access are all ideal habitats for these pesky parasites. There are over twenty different species of tick found in the UK but the most likely

species to bite dogs and humans is the sheep tick (*Ixodes Ricinus*), although bites from the hedgehog tick (*Ixodes hexagonus*) are also reported.

Whilst the bite itself can cause irritation, a local reaction or infection, it's the potential risk of disease transmitted from tick to host which is the main cause for concern. Recent research projects and reports in the press have alerted many people to the threat of Lyme disease which is one of the most common tick-transmitted diseases in the world. Lyme disease affects both dogs and humans and can have long term effects if not diagnosed and treated early.

If you are walking in areas known for ticks, ensure you check both yourself and your dog upon returning home. It is crucial ticks are removed with an appropriate 'tick remover', this ensures the mouth parts are not left behind which can cause an infection or abscess. Other forms of removal will stress the tick, leading to regurgitation, emptying of the salivary glands and an increased risk of disease transmission.

Preventative products form a vital part of tick control. Using a prescription only tick prevention medication very effectively controls ticks if used regularly according to the manufacturer's recommendation. Ticks will still attach to your pet but will be killed quickly and prior to the transmission of any disease.

Gargrave Lands Charity

Are you currently experiencing financial difficulties and needing help?

*Do you need financial assistance to pursue
higher or further education or vocational training?*

**If you live in Gargrave, Flasby, Eshton, Winterburn, Coniston Cold
or Bank Newton then Gargrave Lands Charity may be able to help!**

Financial assistance readily available in approved cases.

**Contact one of the trustees listed below to discuss your situation.
Absolute discretion and confidentiality assured.**

Phil Ellis 748685

Christine Charlton 748817

Mike Maiden 07876 886313

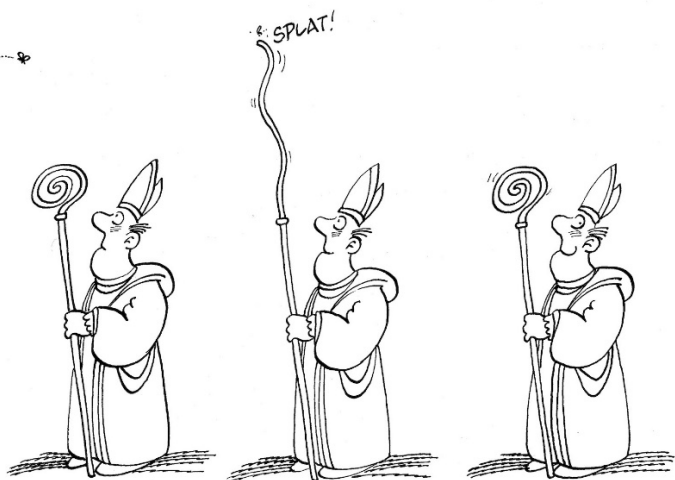
Joyce Garner 748447

INFORMATION

Rotas for St Andrew's Church

Please arrange a deputy if you can't make your duty; to join call Janie on 748970.

	8am	10:45 am	10:45 am	
	Sidesman	Sacristan	Readers	Intercessors
02-Jun	Linda Wall		Family Team	Family Team
09-Jun	Kay Craven	Joyce Brotherton	Hugh Turner	Janet Turner
16-Jun			Diane Maiden	Clare Maslin Rosemary Pocock
23-Jun	Colin Chapman	Norma Brothers	Richard Pocock Annalies Vanoyen	Sarah Curtis
30-Jun			Family Team	Family Team Duncan Faulkner
07-Jul	Linda Wall			
14-Jul	Kay Craven	Judith Douglas	John Bailey	
10:45am	Sidesman		Refreshments	
02-Jun	Family Team	Family Team Judith	Family Team	Family Team Mollie Blackburn
09-Jun	Sarah Curtis	Robinson	Pat Traves	
16-Jun	Yvonne Poulter	Pauline Gilfoyle	Joan Wimbush	Tony Wimbush Sylvia Humphreys
23-Jun	Janet Turner Dorothy	Hugh Turner Mollie	Abbie White	
30-Jun	Rishworth	Blackburn	Sarah Curtis	Judith Robinson
07-Jul	Family Team	Family Team Judith	Family Team	Family Team
14-Jul	Sarah Curtis	Robinson	Judith Douglas	Norma Brothers



Public Transport leaving Gargrave Compiled by Peter Hardyman 12 May 2019

TAXIS from Gargrave (see advertising directory, page A2):

Gargrave Private Hire - local & distance, airport transfers: [07877 054698](tel:07877054698), 01756 748112

TRAINS from Gargrave FROM 19 MAY 2019.

To Skipton (arrives approx. 5 mins later) & **Leeds** (arrives approx 50 mins later)

Mon-Sat 0745 0755 1045 1150 1349 1522 1550 1645 1732³ 1813 1850

Mon-Sat [continued] 2019 2134 2216 [SX] 2218 [SO] 2237

Sunday 1121 1146 1346 1446 1646 1846 2056 2108

To Giggleswick (arrives ~ 20 mins later) & **Lancaster**⁵ (arrives ~ 66 mins later)

Mon-Fri 0528 0805 0902 1103 1304 1504 1815 2006

Saturday 0525 0805 0902 1103 1304 1504 1814 2006

Sunday 0921 1107 1407 1607 1807

To Settle (arr. ~18 min later if direct) & **Carlisle** (arr. ~2hrs later if direct)

Mon-Fri 0528^{2or3} 0832 0902² 1004 1103² 1133 1304² 1504² 1604 1732 1815² 1902[FX] 1905[FO] 2006²

(2033⁴)

Saturday 0525² 0831 0902² 1004 1103² 1133 1304² 1504² 1604 1732 1814² 1902 (2033⁴)

Sunday 0921² 0950 1107² 1311 1407² 1507 1607² 1807²

NOTES: [SX] Saturdays eXcepted, [SO] Sats Only, [FX] Fridays eXcepted, [FO] Fri's Only. (1. Change at Skipton) 2. Not Settle: change at Lancaster for Carlisle 3. Change at Hellifield 4. Terminates Ribbleshead 5. Change at (or via) Lancaster for Morecambe.

As of 12 May: no planned works affect Gargrave trains during June. That may change.

Check with northern railway. For live info on next 2 trains text GARGRAVE to 84950, or go to www.rail.co.uk/live-arrivals-departures/

NB: The Bus Replacement Stop at Gargrave is on Church St, on the village side of the railway bridge.

BUSES from Gargrave

***Except Bank Holidays**

To Skipton (arr. ~15 mins later) (Services 75, 210/211, 580, 873/884) (M is from Malham)

M-Fri* 0820 0910 0955 1055 1057M⁷ 1155 1255 1355 1357M⁷ 1455 1555 1725 1810

Saturday 0820 0910 0955 1056M 1155 1255 1355 1455 1555 1656M 1810

Sun + B.Hol: starts Easter [21 Apr] 0955 1555

To Settle (arrives ~ 25 mins later) (Service 580) and

(+)onward to **Kirkby Lonsdale** (Service 581) and (++)thence to **Lancaster** (Service 582)

Mon-Fri* 0905++ 1000 1100++ 1200 1300++ 1400 1500++ 1600 1700++ 1800++ 1900++

Saturday 0905++ 1100++ 1200 1300++ 1400 1500++ 1700++ 1800++ 1900++

Sunday + B.Hol: starts Easter [21 Apr] 1100++ 1700++

To Malham (arrives ~ 25mins later) (Services 75, 210/ 211, 873/884)

Mon-Fri* [210/211] 1000⁷ 1310⁷

Saturday [75] 1001 1559

Sun + B.Hol [873/884] from Easter [21 Apr] 1052 1242 1542

NOTES. 7. Tues & Thurs (as service 211) stops at Coniston Cold 4 mins after Gargrave.

Public Transport back to Gargrave

TRAINS to Gargrave FROM 19 MAY 2019.

Last train

From Skipton (arr. Gargrave ~ 5 mins later)

LEEDS to GARGRAVE

Mon-Sat 0519 [SO] 0522 [SX] 0705³ [SO] 0759 0826 0856 0959 1057 1127 1258 1458 1559

Mon-Sat [continued] 1727 1808[SO] 1810[SX] 1856[FX] 1859[FO] 2000 2027 **1949**

Sunday 0915 0945 1102 1305 1402 1502 1602 1802 **1724**

From Lancaster via Giggleswick (arriving Gargrave ~ 66 mins later)

Mon-Sat 0648 0941 1046 1245 1447 1745 2030 2130

Sunday 1041 1239 1541 1741 1951

From Carlisle (journey time depends on route – check timetables)

Mon-Fri 0543² 0551 0824³ 0832² 0934² 1134² 1333² 1340 1450 1618 1631² 1824 1857²
2007² 2013¹¹ (2145⁹)

Sat. 0544² (0714⁹) 0755³ 0927³ 0934² 1134² 1335² 1340 1450 1618 1635² 1824 1911²
2015¹¹ 2017² (2145⁹)

Sunday 0925 1051² 1250 1407² 1607² 1836² 1912

NOTES: [SX] Saturdays eXcepted, [SO] Sats Only, [FX] Fridays eXcepted, [FO] Fri's Only.

1.Change at Skipton 2.Not Settle; change at Lancaster 3.Change at Hellifield 9.Not

Carlisle: Departure time is from Ribbleshead. 11.Change at Settle.

Living in BD23 post code, you can buy a DALES RAILCARD: £10.00/ year. 1/3 off Anytime and Off-peak rail tickets between Gargrave, Leeds, Bradford, Carlisle, Morecambe, Lancaster. Discount for children with you; also Winter Offer.

BUSES to Gargrave

***Except Bank Holiday.** (M service to Malham)

From Skipton (arrives Gargrave ~ 15 mins later) (Services 75, 210/ 211, 580, 873/884)

Mon-Fri* 0850 0945 0950M⁸ 1045 1145 1245 1300M⁸ 1345 1445 1545 1645 1745 1845

Saturday 0850 0945M 1045 1145 1245 1345 1445 1545M 1645 1745 1845

Sun + B.Hol: from Easter [21 Apr] 1045 1645

From Settle (arr. Gargrave ~25 mins later) (Service 580)

+ from Kirkby Lonsdale (581), ++ from Lancaster (582)

Mon-Fri* 0755+ 0845++ 0930++ 1030 1130++ 1230 1330++ 1430 1530++ 1700 1745++

Saturday 0755+ 0845++ 0930++ 1130++ 1230 1330++ 1430 1530++ 1745++

Sun + B.Hol: from Easter [21 Apr] 0930++ 1530++

From Malham (arrives Gargrave ~ 25mins later) (Services 75, 210/ 211, 873/884)

Mon-Fri* [210/211] 1035⁸ 1335⁸ from opp. Buck Inn, Malham

Saturday [75] 1030 1630 from opp. Buck Inn, Malham

Sun + B.Hol [873/884] from Easter [21 Apr] 1150 1450 1640 from Nat. Park Car Park

NOTES 8. Tues & Thurs service stops at Coniston Cold 4 mins before Gargrave

Service Operators: northern railway www.northernrailway.co.uk 0800 200 6060; 210/211, NYCC www.northyorkstravel.info/operators/n/nycc/ 08458 725282 or 01609 780780; 580/581/582 + 75, Kirkby Lonsdale Coach Hire 01524 733831 www.kirkbylonsdalecoachhire.co.uk; 873/884 Keighley Bus Co www.keighleybus.co.uk 01535 603284 **Buses (general)** www.dalesbus.org; **Traveline** 0871 200 22 33 www.traveline.info; **National Rail Enquiries** 03457 48 49 50 www.nationalrail.co.uk **Rail**

Ombudsman: www.railombudsman.org 0330 094 0362

Gargrave Library

West St, BD23 3RD
07960 704509
gargravelibrary.co.uk

Open: Mon 3-6pm, Wed & Fri 2-5pm, Sat 10am-1pm.
Visit <http://capitadiscovery.co.uk/northyorkshire/> to reserve or renew books online (first obtain your PIN no. from library), or renew by calling 01609 532774

Emergencies and concerns

ELECTRICITY Emergencies 105, General enquiries 0800 375 675

To check power cuts etc :<http://www.northernpowergrid.com/power-cuts-home>

GAS National Grid Emergency Line 0800 111 999

WATER & SEWERAGE <https://www.yorkshirewater.com/contactus> 08451 24 24 24

FLOOD <https://flood-warning-information.service.gov.uk/station/8083>

ENVIRONMENTAL HEALTH <https://www.cravendc.gov.uk/environmental-health/>

e.g. flooding, pollution & public health, private water supplies

POLICE Non-emergency number 111 for advice or to report crime or damage

NHS: Emergency: 999. Other urgent medical concerns: 111

GARGRAVE BRANCH SURGERY: Higherlands Close BD23 3RF, phone 749226 from 8am. Open Mon-Wed and Fri, 8-12.

Gargrave C of E Primary School & Pre-School holiday dates

	School closes	School opens
Half term (Summer)	Fri 24 May 2019	Mon 3 June 2019
Summer	Fri 19 July 2019	Tue 3 Sept 2019
Half term (Autumn)	Thurs 24 Oct 2019	Mon 4 Nov 2019

Magazine contributions, adverts and subscriptions

THIS MAGAZINE IS PRODUCED by St Andrew's Church for the benefit of the whole community of Gargrave & Coniston Cold parishes. We welcome short articles, news, notices of events, anecdotes, announcements, obituaries, letters & photos, free of charge, subject to space & relevance. The monthly contributions deadline is the 10th. Please email contributions, if possible, to editor@gargravemag.co.uk. We can also accept short contributions by phone 01756 749443.

Editorial advertising currently costs £11 per quarter page per month, other sizes pro rata, payable to "St Andrew's Church, Gargrave", bank account no 30693561, sort code 20-78-42, or by cheque/cash. Artwork can be supplied in Word or pdf format; alternatively we can create it for you, from £20 per advert. Contact gargravemagid1@gmail.com.

An annual subscription is £8 – contact Ron Humphreys on 748779.
Or download it for free from www.gargravemag.co.uk.

Organisations Please let us know if you'd like to amend or add an entry

Caterpillar Club (0+) – St Andrew's Church, Wed 10am, Kirsty Smith 07525 619950 Gymnastics (5- & 5+) – Mon, Wed & Thurs 9.15am, Wed 4pm info@ambitionsgymnastics.com Rainbows (5+) – Debbie Gomersall 01729 830589 Brownies (7+) – Rose Turner 01729 825886 Young Farmers Club – Coniston Cold , Tues 7.30pm, Janet Bolland 01729 830505
Luncheon Club , Neville Crescent Community Centre, alt Tues, 12.30pm, Carol/Carys 748990 Afternoon tea , Neville Crescent Community Centre, alt Sun, 12.30pm, Mary Dawson 749755 Phoenix Group (over 65s) – Anchor Inn, alternate Thurs 9am-1pm, Sarah 07596 452385
Bowling – outdoor Gargrave Bowling Club, Michael Cox, 748285 Bowls – indoor , Village Hall, Winter Tues & Thurs 2-4pm, Joan Griffin, 749277 Cricket – Gargrave Cricket Club (over 13s), Mark Jones, 07498 288654 Croquet – Craven Lawn Tennis Club , Gargrave, Tues 2-6pm, Roy Berry 748065 Cycling – Gargrave Tuesday Club , Dalesman, Tues and Thurs Trevor Pickles 01282 844788 Golf – Mason's Arms Golf Society , www.masonsarmsgolfclub.com, 749304 Hunt – Pendle Forest & Craven Hunt , Elizabeth Adams 749772 Pilates – Contemporary , V Hall, Tues 10 & 11.30am, Fri 9am & 10.30am Bee 0777 898 0994 Pilates – Classical , Village Hall, Tues 2pm, 6pm, 7.05pm, Cate Davies 079 5533 8775 Tennis – Craven Lawn Tennis Club , Beth Whitley 749664, www.craventennis.org.uk Tai Chi & Qigong – Village Hall, Thursdays 7.30pm, Ian Cresswell 748540 Tai Chi Qigong – Green by War Memorial, Mon 9.30am & 10.30am, 0777 8980994 Walking for Health – 1 st Thursday of the month, 10am, Jean Maxwell 748851 Yoga – Village Hall Annex, Wednesdays 9.30-11.30am, Sally Thomas 01756 461616
Modern sequence dance – Village Hall, Mon 7.45-10pm, John Rainey 749867 or 07840 806698. Chance 2 dance – Village Hall Annex, Tap (3-18, adult) Tues 4.15-7.30pm Ballet (3-18) Sat 9am-2.30pm, Theatre-craft Thur 5-6pm Jaki 0758 2086345
Art – Gargrave Art Group – Village Hall, Mon 1.00-3.00pm, Bev Parker 749910 Bell Ringing – St Andrew's, Mon 7.30pm, Sun 10.00am, Joe Alston 01729 851663 Bingo – Gargrave Community Centre , Neville Crescent – Mondays 1.30-4pm Fuchsia & Geranium Club – V Hall, 1 st Wed of month 7.30pm, Paula Jackson 752175 Gargrave Community Choir – rehearsals Fri 7pm, St Andrew's Church, 749802 Gargrave Heritage Group – Tues 10am, St Andrew's Church, Martin Thomson 748309 Craft and Chat – St Andrew's, Tues 2pm, Sylvia Humphreys 748779 Parish Council Meeting – Village Hall side room, 1 st Wednesday of the month Snooker Club – Village Hall Snooker Annex, every day, Stewart Smith 749340 WI – Village Hall Annex, 2 nd Wed of month 7pm, Glenys Riley 07715 878709 French club – Old Swan, 3 rd Thurs of month, 8pm, Allison Wiffen 749913
Masons Arms – Quiz Sundays 8.30pm; Acoustic live music 1 st Friday of the month The Old Swan – Quiz Mon 8pm; Pie night Wed; Steak night Thurs; Sunday Roast Sun

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If you'd like to advertise in the Parish Magazine, please contact Jane on 07851 733147 or gargravemagjd1@gmail.com .

Adverts can be included throughout the year – see back page of mag .

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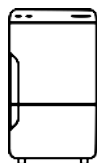


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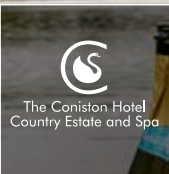
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2nd Wednesday of the month
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Headteacher - Mrs Sarah Peel 01756 749433

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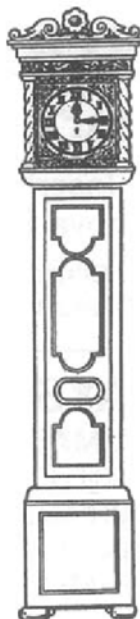
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