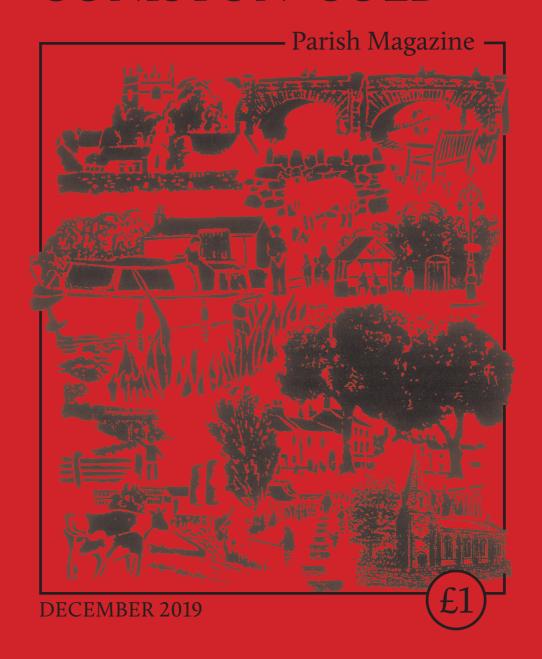
GARGRAVE & CONISTON COLD



Inside this month

Andrew's Advent advice: slow down
Bird spotting by our new nature correspondent
Christmas plans, including a new roving Nativity
A stocking-full of corny Christmas jokes
Interview with the editor
Letter of appreciation and love to Dorothy Rishworth



Dates for your diary

Village Hall open day 25 January 2020 Gargrave Pantomime: Dick Whittington 20-22 February 2020

January issue editorial deadline: SUPER EARLY! By Friday 6 December.

editor@gargravemag.co.uk 01756 749443 www.gargravemag.co.uk

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CONTACTS

	CON	NTACTS
St Andrew's Chur	r ch, Gargrave Rev Andrew Steer	www.standrewsgargrave.org.uk
Vicar	Rev Andrew Steer	749275 07906 554938
Churchwardens	Peter Poulter	andrew.steer@leeds.anglican.org 748944 buffers.pp@gmail.com
Cital Citwai acits	Mike Maiden	07876 886313 newby.cottage@gmail.com
Organist	Susan Watkiss	798660 sue@suewatkiss.co.uk
PCC secretary	Hugh Turner	748117 Kirk Syke, High Street
Treasurer	Richard Pocock	07796 954048 windmill364@btinternet.con
Gift Aid	Sarah Curtis	748510 11 Marton Road
St Peter's Church	, Coniston Cold	
Vicar	Rev Andrew Steer	As above
Churchwardens	Nick Bannister	Airebridge Farmhouse, Bell Busk
	Michelle Pickles	749526 Church Close Farm
Treasurer	Brenda Northrop	749212 northrop1@btinternet.com
PCC & Electoral	Jacqui Coates	749300
Roll Secretary		
Gargrave Parish		www.gargravepc.org.uk
Clerk	Kathryn Ashby	668209 gargravepc@yahoo.com
Coniston Cold Pa		
Clerk	Rachel Jones	748125
Gargrave C of E F	Primary School	www.gargrave.n-yorks.sch.uk
Head teacher	Sarah Peel	749433 admin@gargrave.n-yorks.sch.uk
Gargrave Pre-Sch	nool	www.gargravepreschool.co.uk
Leaders	Lizzie Nelson &	3 3 1
	Judith Metcalfe	748377 info.preschool@btconnect.com
Gargrave Village Hall		www.gargravevillagehall.org.uk
Bookings	Christine Town	749730
		bookings@gargravevillagehall.org.uk
Coniston Cold Vi	illage Hall (The Richa	ard Tottie Memorial Hall)
Bookings	Brenda Northrop	749212 northrop1@btinternet.com
Neville Crescent	Community Room	
Bookings	Martin Wright	martin.wright@yorkshirehousing.co.uk
Parish magazine	2	www.gargravemag.co.uk
_	Duncan Faulkner	749443 2 Riversway
Editor	_ andan radinite	editor@gargravemag.co.uk
Advertising	Jane Dallas	gargravemagjd1@gmail.com
Subscriptions	Ron Humphreys	748779 6 St Roberts Close
•		•

Craven Herald Neighbourhood News correspondent for Gargrave

Caroline Thompson caroline@sandjsthompson.co.uk | 749235 | 07989 585564

Rev Andrew Steer

Peering into the mystery of Advent

I'm not good at waiting. I hate queues. I have been known to abandon a shopping trolley because the queue was too long. Our modern world encourages us to live in the now, in the moment. Services such as 'Amazon Prime Now' offer us the benefits of same-day delivery, and even promises one or two hour delivery, in some areas. We can purchase music and books and within minutes and have them downloaded onto our devices for immediate enjoyment. Thanks to technology, the way we live is now much faster and convenient, but does that make it better?

Originating as a response to 'fast food', the Slow Movement advocates a cultural shift to slowing down the pace of life. It doesn't mean slowing down to a snail's pace, but rather seeking to do things at the right pace – savouring the hours and minutes, as opposed to just counting them. We see reflections of this in the techniques of mindfulness, which is now recognized by the NHS as an important contributor to mental wellbeing.

Professor Mark Williams, former director of the Oxford Mindfulness Centre, says that mindfulness means knowing directly what is going on inside and outside ourselves, moment by moment. "An important part of mindfulness is reconnecting with our bodies and the sensations they experience. This means waking up to the sights, sounds, smells and tastes of the present moment. That might be something as simple as the feel of a banister as we walk upstairs. It's about allowing ourselves to see the present moment clearly. When we do that, it can positively change the way we see ourselves and our lives."

Traditionally, the season of Advent, which leads up to Christmas, has been a season of slowing down, reflection and expectant waiting as Christians prepare for the main event. Devout Christians down the ages have even fasted for 40 days – a tradition still kept by the Orthodox Church. In slowing down we begin to appreciate more of the beauty in life, more of the meaning; we begin to see beyond the visible and start to wonder what lies beyond.

The Franciscan writer Richard Rohr describes how the ancient Christian mystics developed the art of 'third eye seeing' – looking beyond the what and the how into the deeper mystery. This type of seeing takes time and practice – it is intentional.

As we consider the true meaning of Christmas and gaze into the 2,000 year old mystery of a child born in a stable, slow down, take some time with us as we contemplate this cosmic event. Jesus Christ came into this world and changed history. He is still changing lives to this day. How might the Christmas story change your life?



Coniston Cold

Sun 1	Evensong with Rev. Ian Greenhalgh, 4pm, Church
Wed 4	Carols with Voices of Craven, with dinner. 7pm, Coniston Hotel.
Sun 8	Holy Communion with Rev. Andrew Steer, 9.30am, Church
Sun 15	Carol Service with Settle and Giggleswick Brass Band, 7pm,
Sun 22	Holy Communion, 9.30am, Church
Tue 24 Tue 24	Christingle service, joint with Gargrave, 4pm, St Andrew's Church Midnight communion, joint with Gargrave, 11.30pm, St Andrew's Church
Wed 25	Christmas Day communion, joint with Gargrave, 10.45am, St Andrew's Church

Gargrave

Mon 23

Tue 24

around 5pm

Advent Sunday	Family service, 10.15 breakfast for 10.45, Church Christmas lights switch-on at Summerseat, 4.30pm, followed by
	mulled wine and mince pies in church
Wed 4	Parish Council Meeting, Village Hall Annex, 7.15 pm
Fri 6	Book Fair. Village Hall. 10.a.m - 3.p.m.
Sat 7	Christmas concert by Craven Accordion Orchestra and Carleton Ladies Choir, 7pm, Village Hall
Sun 8	Morning Prayer with Linda Wall 8am, Church Sung Eucharist - with Rev Andrew Steer, 10.45am, Church Nativity play, 4pm, Church
Fri 13	Picnic Supper Dance with Alan Cookson, Village Hall, 7.30 pm
Sat 14	Village Hall Management Committee Coffee morning, 10am-Noon
Sun 15	Prayer Book Communion with Rev Andrew Steer, 8am, Church Carol Service with Rev Andrew Steer 10.45am, Church Flea Market, Vintage, Collectable & Craft Fair. Village Hall, 10am-3.30pm
Fri 20	Library Film night: Fisherman's Friends. Village Hall, 7 for 7.30pm
Sat 21	Coffee morning organised by Gargrave and Malhamdale Community Library. 10.a.m - Noon.
Sun 22	Prayer Book Communion with Revd Andrew Steer, 8am, Church Service of the Word – with Peter Poulter 10.45am, Church

Christingle service with Revd Andrew Steer 4.00, Church

Midnight Communion with Revd Andrew Steer, 11.30, Church

Roving Nativity, departing outside Church, 4pm, arriving at Dalesman

Wed 25 Christmas Communion by Extension with Janet Turner, 10.45, Christmas Church

Day

Sun 29 Morning Prayer with Linda Wall 8am, Church

Service of the Word with Mike Maiden, 10.45am, Church

Regular Gargrave events

Mondays:

9.30am Tai Chi Qigong, Green opposite Bollywood Cottage, riverside of War Memorial

10.40am Tai Chi Qigong for Beginners, venue as above

10-12am Coffee Monday, Church1.30pm Art Club, Village Hall Annex

1.30pm Bingo, Gargrave Community Centre on Neville Crescent

7.30pm Modern Sequence Dancing, Village Hall

7.30pm Bell ringing, Church

Tuesdays:

10 am Heritage Group, Church

10 am Contemporary Pilates with Bee Faulkner, Village Hall (term time)
 10.30am Adult Tennis Coaching and Social Tennis (weather permitting)
 11.30am Standing/Seated Pilates with Bee Faulkner, V Hall (term time)

12.30pm Alternate Tuesdays - lunch at Gargrave Community Centre, followed by games.

2pm Craft and Chat, Church2pm Indoor Bowls, Village Hall

2pm Classical Pilates with Cate Davies: 'Mixed Ability' Village Hall Annex

4pm Tap dancing lessons, Village Hall Annex (term time only)

6pm Classical Pilates with Cate Davies: 'Beginner Athletic' Village Hall (term time)
7.05pm Classical Pilates with Cate Davies: 'Intermediate Athletic' Village Hall (term time)

pm Brownies & Rainbows (school term only)

8pm Quiz Night, The Old Swan

Wednesdays:

9.15-12 Gymnastics for pre-school children, Village Hall

9.30am Gentle Hatha Yoga, Village Hall Annex

10 am Caterpillar Club, Church

10.am Social tennis

2-3.45 Gargrave Handbell practice, Church

2pm Afternoon Tea & Games, alternate weeks, Neville Crescent Community Room

4pm Gymnastics for children over 5

Thursdays:

9am Phoenix Club, Anchor Inn, alternate weeks
 9.15-12 Gymnastics for pre-school children, Village Hall
 9.30am Water Colour painting class, Village Hall Annex

9.50am Walking for Health, 1st and 3rd Thurs of the month, meet at Summerseat
 10am Coffee morning, Gargrave Community Centre on Neville Crescent
 10.40am Alternate weeks: Low-impact chair exercises, Gargrave Community Centre

2pm Indoor Bowls, Village Hall

7.30pm Tai Chi, Village Hall Annex (term time)

Fridays:

9.15-12 Gymnastics for pre-school children, Village Hall

9 am Contemporary Pilates with Bee Faulkner: 'Intermediate', Village Hall (term time)

10.30am Contemporary Pilates with Bee Faulkner: 'beginners', Village Hall (term time)

11.30am Somatic Movement with Bee Faulkner, Village Hall (term time)

7pm Community choir rehearsal, Church

Sundays:

2pm Social Tennis 8.30pm Quiz, Masons Arms

FORTHCOMING EVENTS

ADVENT IN GARGRAVE



30th Nov-1st Dec

Get the Christmas season off to a great start!



Saturday

VILLAGE CHRISTMAS FAYRE Village Hall 10 until 12

Sunday

FAMILY SERVICE - St Andrew's Church 10-45

CAROLS & LIGHTS SWITCH-ON - Summer Seat 4.30pm, then:

MINCE PIES & MULLED WINE - St Andrew's Church

***** Everyone welcome ******

Gargrave Nativity Play

Gargrave Nativity Play has been a central part of our village's celebration of Christmas for many decades. Please come and join us for this year's production on Sunday 8 December at 4pm in St Andrew's Church. Through music, word and mime we will seek to bring alive the stupendous story of how God touched earth in the birth of Jesus in Bethlehem.

Duncan Faulkner





Carol Service

with the Settle and Giggleswick Brass Band

Sunday 15 December 2019 7pm

Followed by Mulled Wine and Mince
Pies at the Village Hall

Parish of Coniston Cold and Bell Busk at St Peter's Church, Coniston Cold BD23 4EA

Craven Accordion Orchestra and Carleton Ladies Choir are holding a Christmas concert raising money for Cancer Support Yorkshire.

Join us for an evening of seasonal music for all tastes.

Gargrave Village Hall, Saturday 7th December 7pm onwards

Bar and Tea/Coffee available

To find out more info call Harry 07401768356 or Damian 07746637472



Tickets on sale from various locations and at the Cancer Support Yorkshires centre in Skipton

Gargrave Roving Nativity, 23 December

You are all most warmly invited to join in Gargrave's First Ever Roving Nativity on Monday 23rd December.

We will leave from outside Church at 4pm travelling over the river bridge, via South Street, East Street, North Street and West Street on our journey to the stable at The Dalesman arriving at approx. 5pm where tea and buns will be served.

Carols will be sung along the way and we will be collecting a donkey, sheep & shepherds, along with kings and a camel, (which you may think looks rather like an alpaca,) as we go. Looking forward to seeing you and if you wish to dress for the occasion and bring lanterns, that would be splendid.

PS ~ if you would like to join the merry band of musicians planning to accompany our carols ~ please contact Steve Rawson 07795 504072.



"It's easy to tell when it's Nativity Play time – I can never find a tea-towel!"

Bakery

Did you hear about the bakery that was burgled at Christmas? Everything was stollen!

Exchange

My friend reviewed her young son's fill-in-the-blank homework. One line was: "At Christmas, we exchange gifts with ____."

His quick response: "Receipts."

Biscuit

As we were putting out biscuits for Father Christmas on Christmas Eve, one fell on the floor. When I picked it up and placed it back on the plate, my four-year-old was horrified. "You can't do that!"

"Don't worry," I assured him. "Father Christmas will never know."

He shot me a suspicious look. "So, he knows if Γ ve been bad or good, but he doesn't know the biscuit fell on the floor?"

Gargrave Church of England (VC) Primary School

Sarah Peel

'Work with all your heart' LOVE, HOPE, PEACE

admin@gargrave.n-yorks.sch.uk



We are busy reviewing our curriculum and we are delighted that we offer so much variety. In science we have been learning about the planets in the solar system. Year 1 and 2's have worked really hard in 3's to gather facts and create our own powerpoint presentations to share the facts we have learnt. We have also used Modroc to create our own 3D models of the planets - it was very messy, but great fun! We then thought carefully about mixing colours to paint our models. Year 3 revisited the names of the Planets in our Solar System, learnt about the Phases of the Moon and how why we have day and night. As part of our Art & Design work was to produce a mixed media picture of the moon.

Year 4,5 and 6 have learnt the difference between a geocentric and a heliocentric solar system and looked at how great astronomers through time used the evidence available to inform their beliefs.

In art and design we have been concentrating on space themed art. We have looked at the space and science fiction art of Peter Thorpe. We then produced our own pictures by first concentrating on making a colourful abstract painted background. We then chose a space themed object for our foreground and painted it using contrasting colours to make it stand out. Finally, we finished our pictures by using sticky pads to attach our foreground objects, making them stand out.



We always welcome members of the community to our Christmas nativity and this year it is on December 12th at St Andrew's church.

Finally, we send a big welcome to our new vicar, Reverend Andrew Steer, the pupils, parents and staff look forward to working closely with him.



St. Andrews Family service report, Nov.

Peter Gardner, Family Service Team

When Jesus told Peter to feed His sheep, I doubt He had the congregation of St. Andrew's specifically in mind. But here at St Andrew's, we take Jesus's words very seriously, and all the Texels and Herdwicks of the congregation certainly got well fed with the sumptuous breakfast prepared for them that morning.

The service itself began with the band leading us into worship with some rousing 20th century choruses. They were, however, interrupted by a rather feisty woman armed with a feather duster and a vacuum cleaner, who took it upon herself to evict the lady who had set herself up in a comfortable chair at the front of the church, feet up on a pile of kneelers, and who seemed to be enjoying reading the Saturday Times. "It's time to prepare." the feisty woman told her and indeed it is.

This sketch set the theme for the rest of the service. Not only was it time to prepare for the imminent arrival of Reverend Andrew and his wife, Jennifer, it's time, as John the Baptist preached, to prepare for the way of the Lord in our lives, and as we were reminded in the talk that followed, time to turn away from those things which aren't helpful and turn to the Lord, who really does love us.

Some testimonies of God's love and his help in very practical ways were given, and the children, who had been hearing of God's working in Old Testament times, reinforced the message by telling us how much He loves them. We finished with a spirited rendition by all, of "This little light of mine, I'm gonna let it shine" with encores.

Looking back, the thing that stood out about this service, was that although it had a serious message to it, old and young, those who have attended St Andrew's for many years and those who have recently arrived, all really enjoyed it and thought it was really fun! Perhaps you would have too!

Do come along to our next Family Service. It's on 1st December ... and who knows what will happen!

Christmas Samaritan's Purse thanks

Marie Chapman

700 thank yous for all the kindness shown to the poor children of the world with Christmas shoe-boxes that Christian people in our district have so kindly given.

HAPPY CHRISTMAS from Marie Chapman & Bethany, Poppyfields, Gargrave.

Gargrave Parish Council meeting

Kath Ashby

Gargrave Parish Council hold their monthly meetings on the first Wednesday of each month. All minutes of meetings, once approved, can be viewed on our website, http://gargravepc.org.uk/ and in paper form in the Library.

Our next meeting will be on Wednesday 4 December 2019.

Gargrave Parish Council - Notice

Due to other commitments within the village and the costs involved in providing the public toilets, the Parish Council have regretfully taken the decision to close these toilets at the end of the year.

GNAT: Gargrave Needs A Toilet

Bee Faulkner

Are you interested in joining a voluntary group to try and keep the Gargrave public toilets open? Although the Parish Council no longer has the funds to keep running them, there may be alternative options. A group of us have just launched the GNAT campaign: Gargrave Needs a Toilet. One option could be following the example of the library and establish an organisation Gargrave Community Loo (or somesuch) from which we could hope to take on a long term management agreement of the toilets from Craven District Council. If we were to obtain charitable status, we could apply for grants and receive gift-aid on donations.

Current costs cover cleaning, locking, maintenance, water, sanitary and cleaning supplies, and collection of sanitary waste. These costs have been met by the Parish Council coupled with the donation from the slots in the wall.

The toilets have been running smoothly and cleanly for the last decade, since Gargrave Parish Council took them on from the District Council. In the longer term, we could hope to raise enough funds to pay for the return to business as usual. Funds could be raised by applying for grants, by inviting monthly contributions from village residents and businesses, and from bus companies, walking groups, cycling groups, canal groups, and via fundraising events

In the shorter term, if we wish to keep the toilets open from 1 January 2020, we will need to do the unlocking and cleaning through a rota of volunteers. I'm willing to clean, as are our District Councillor Simon Myers and a few others: we'd be glad if more people could join us to spread the load. And we'll need financial contributions for the water rates, sanitary supplies and maintenance.

If you or your organisation would like to be involved with saving our village toilets – practically, or financially - get in touch with Bee Faulkner via gargraveloo@outlook.com or 07778 980994. If a whole network of us pull together we should be able to pull it off... Thank you.

Gargrave and Malhamdale Community Library

Dave Smith

This year we have a feel good film for the festive season when, on Friday 20th

December, we will be showing the comedy drama **Fisherman's Friends**. The film tells the unlikely but true story of a group of Cornish fishermen who were signed by Universal Records and achieve a top ten hit with their debut album. The film stars a cast headed by Daniel May, James Purefoy, Tuppence Middleton and David Hayman.



The customary Cafe style seating will be in place, so please bring you own refreshments. The Village Hall doors open at 7.00pm with the film starting at 7.30pm. Tickets are £5.00 on the Door with under 16s free. Sorry but we can only allow Guide Dogs into the Hall.

To open the 2020 season of films we will be showing **Downton Abbey** on Friday 17th January.

We have yet to select films for the run up to Easter, but we do have the future film dates for your Diaries.

Friday 7th February Friday 20th March Friday 24th April

Friday 22nd May

100 Club

The Library, although part of the NYCC Library Service, is required to cover the running costs incurred in keeping the Doors open. One source of vitally needed funds is raised through the 100 Club.

For £2.50 per month, payable by standing order, your name will be entered into the monthly draw and, with a bit of luck, you could join the band of happy winners.

If you would like to like to join the scheme and experience the excitement of the monthly draw application forms are available in the Library, at the Film Shows or by email to gargravelibrary@btinternet.com

Coffee Morning: The Library Committee in conjunction with the Village Hall will be running a Coffee Morning on Saturday 21st December. Apart the usual, tea, coffee, cakes and tea cakes we will be pulling the Christmas bumper draw for the 100 Club.

Christmas Closing

The Library will close at 1.00pm on Saturday 21st December and re-open on Friday 3rd January.

Finally, Christmas Greetings and a big thank you to everybody who has supported our social/ fund raising events over the past year, the Volunteers who have made the Library such a success and of course a big thank you to all our Borrowers.

Craft and Chat

Sylvia Humphreys

The photograph shows the Craft and Chat group enjoying a well-deserved break at Gargrave's new fish and chips café.

Recently the group produced more than dozen beautiful blankets that were part of a container shipment to Yemen by the charity Jubilee Outreach Yorkshire. In addition the group has donated numerous handmade items of children's clothing for Poppyfield's shoe-



boxes that are part of Operation Christmas Child.

At the time of writing the group was preparing to support its craft stall at the Christmas Fayre on November 30th in aid of Skipton Food Bank.

Coniston Cold Young Farmers

Millie Brennan

Over the past month or so of Young Farmers meetings we have had an AGM meeting in which we voted that Gemma Darwin remained chair for the 3rd year running. Younger members have stepped up this year and taken positions such as the register and minutes.

The past few meetings we have had are practice public speaking where we selected who will be representing Coniston at district, we have enjoyed a night at the ice rink, we also competed in the district quiz which was enjoyed by all.

Last night on the 2nd of November we had our Young Farmers dinner which was enjoyed by all members where trophies from the past year was given out and we heard a speech by one of Coniston past members on his experiences with young farmers.

We are sadly having Peter Walton leave us this year and retire as one of the long running club helpers, he will be missed by all.

Coffee Mondays

Cynthia Hardyman

Coffee Mondays will continue every Monday throughout December and into January 2020. Thank you to all the volunteers who have helped this new venture take off since May 2019. More lively conversations between villagers and visitors in 2020...

Village Hall news

Caroline Thompson

It is approaching the time of year when we tend to both look back on past events but also plan for the future too.

Perhaps we should start this piece by looking back over events at the Village Hall during 2019. The most memorable feature was our celebration weekend back in February. The Village Hall was officially opened on February 14th 1959 so we made the decision to celebrate the 60th anniversary with a variety of events spanning a full weekend. It seemed a good idea in the planning stages but as the anniversary drew nearer the list of to do's grew longer! However our Committee spirit rose to the challenge and despite all the hard work we all really enjoyed working together to provide a programme of Nostalgia for the community to enjoy.

The 1959 Comedy Film night hosted by Gargrave and Malhamdale Community Library opened the proceedings, we held a Coffee morning on the Saturday (lots of bacon sandwiches and homemade cakes) with a display of Gargrave Village Hall memorabilia. The fabulous Swing City Big Band entertained us on the Saturday evening (more bacon sandwiches), which was a similar act to Bill Saville and his orchestra who performed at the opening night back in 1959. Staying with the Nostalgia theme we were delighted to welcome Hattie Bee on the Sunday afternoon who entertained everyone with her songs from the 1950s. Homemade afternoon tea (more cakes) complimented the entertainment. We

received some lovely cards and messages thanking us for a great weekend which was really appreciated.

Throughout the year we have continued with our improvement plans and our most recent project is taking up many hours of time. The completion of a new look self contained Snooker Room is heading in the right direction but it has not been without its problems. However the re-decoration is booked to commence shortly and we are hoping the new flooring will be laid by mid December. Everything is crossed!

We are sad to say that at the time of writing this piece we have lost a valued Committee member, Keith Birchall, who sadly died recently. Keith joined the Committee relatively recently and he was the organiser of the Book Fairs held quarterly at the Village Hall. His funeral took place at Tarn Moor Burial ground at Skipton. Keith had spent an interesting life, with some spent in the motor industry which probably nurtured his love of all books related to transport, which he specialised in selling. One of his sons, Andrew, paid tribute to his father relaying the story of his life into chapters which was very apt due to his lifelong interest in books. We had not known Keith for very long but he had much to give as a committee member and his input was both respected and appreciated. His fellow Book Fair friends have rallied round and offered help in the organising of our Book Fairs so will continue with them as a tribute to Keith.

Looking ahead we hope that everyone has a very Happy Christmas, with more News to come from the Village Hall in 2020. (Did anyone read George Orwell's 1984 back in their school days? I could never have imagined that year ever arriving, let alone 2020)!!

Assistance for disabled passengers on the railways

Peter Hardyman

(based on an article published by LASRUG – the Lancaster and Skipton Rail Users Group)

It may be useful to know that the following assistance is available to all passengers with particular needs (including those with hidden disabilities) on the Bentham Line, and across the railway network.

Disabled Persons Railcard (railcard.co.uk)

If you have a disability that makes travelling by train difficult, you may qualify for this railcard. The railcard gives you 1/3 off rail fares across Britain, for you *and for a friend/ carer*. The Disabled Persons Railcard costs £20 per year, or £54 for a 3-year card. Visit the website for further information.

UK Passenger Assist (Freephone 0800 0223 720 – 24 hours a day)

For a helping hand when travelling by train, call the number above to arrange assistance, at least 24 hours before travelling. Or text (free) to 60083. Help could include meeting you at the station entrance, navigating the station, accompanying you to your train, helping you on or off your train (with a ramp if necessary), or helping with your transfer between trains.

Boarding and Alighting from the Train

All trains and staffed stations have ramps to help less able passengers to board and alight from the train, and to facilitate the journeys of those passengers in wheelchairs. At unstaffed stations the conductor-guard is there to help you. Large stations, such as Leeds, have passenger assistance teams.

On Board the Train

Priority seating for those with additional needs is available on all services, near the entrance doors. There is at least one wheelchair space on every service. On Northern's new and refurbished trains this is adjacent to a fully accessible toilet.

Specifically, in relation to The Bentham Line to Lancaster and Morecambe ... Platform Access

All platforms at the following stations are fully accessible: Leeds, Bradford Forster Square, Shipley, Bingley, Keighley, Skipton, Hellifield, Long Preston, Giggleswick, Bentham, Carnforth, Lancaster, Bare Lane, Morecambe and Heysham Port.

At Gargrave, Clapham (N Yorks) and Wennington the Eastbound platforms have level access but access to the Westbound services is via a footbridge with steps. If passengers who need level access wish to travel Westbound to or from these stations, they should contact Northern who will provide replacement road transport to or from the nearest accessible station.

Where access to and exit from platforms is via ticket gates (Leeds, Bradford Forster Square and Skipton), there will be at least one wide gate to facilitate travel for passengers in wheelchairs and those with heavy luggage or pushchairs.

Dementia and Community Rail Project

This project has encouraged the front-line staff on the Bentham Line and beyond, both on the trains and at stations to think positively about offering assistance to all, especially those with additional needs whether visible or hidden. Please do not hesitate to ask for assistance before, during or at the end of your journey.

BeeActive Dec: Pilates, Tai Chi Qigong, & Somatics

Bee Faulkner

BeeActive weekly classes are running up until Friday 20 December and resuming after the Christmas break on Monday 6 January for a 6 week block.

Modern Pilates (mat based) Tuesdays 10am, Fridays 9am and 10.20am, Gargrave Village Hall/Annex

Modern Pilates (seated & standing) - Tuesdays- Gargrave Village Hall - 11.30am

Somatic Movement Relaxation - Fridays- Gargrave Village Hall Annex 11.30am

Tai Chi Qigong – Mondays 9.30am and 10.45am *& Thursdays* 8.45am - Water St Green BD23 3LY (between river and the War Memorial).

Newcomers welcome: contact Bee on 07778 980994 to discuss which classes would be most appropriate for you – the groups vary in pace and focus, to accommodate individual needs and conditions.

From the archives

Duncan Faulkner

The June 1937 magazine gushingly describes the coronation of "His Majesty, King George VI", "amid scenes of unparalleled splendour, never to be forgotten by those

who were privileged to witness them". Celebrations in Gargrave included two united services, afternoon sports, teas for old people and for children, who were each presented with a Coronation Mug, a fancy dress parade through the village, and a magnificent bonfire and fireworks.

The vicar was concerned with the comparatively small congregations at Sunday services, "a common complaint in many parishes". The Archbishop of Canterbury had recently issued a "Recall to Religion". The vicar's suggestion was that each regular church attender makes a real effort to bring at least one friend or acquaintance with them. "If you were successful in this, it would mean doubling our congregations. An invitation from you would have considerably more weight than one from me, because it would be entirely 'unofficial', with no suspicion of an axe to grind". Arthur Blunt goes on to encourage his readers: "I know that you would find it infinitely worth while, in the knowledge that you had helped some one along the way of life, by bringing him or her nearer to God, and to share in the blessings which, from your own experience, you know that religion can and does bring".

Meanwhile, the Gargrave Institute Football Club were celebrating a successful season, having won the league championship with 116 goals scored and only 9 goals conceded. "The team played splendidly together as a team, and always in a clean, sportsmanlike manner". Jolly good show.



George discovered Christmas this year is December 25th

If there had been three wise women...

they would have asked for directions they would have been on time they would have assisted with the birth they would have cleaned the stable they would have brought more practical gifts (i.e. disposable nappies!)

Chimney

Why doesn't Father Christmas suffer from claustrophobia when he climbs down the chimney? Because he has had his flue jab.

Christmas present for dad

December is the month when the children begin to discuss what to get Dad for Christmas. Some insist on a shirt; others a pair of socks, and the agreement always ends in a tie.

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Stressed? Anxious? Feeling Low? Think you're stuck and don't know what to do?

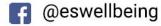
Move forwards again with mental health coaching, guidance and support from Essential Self.

To make a positive step in the right direction, contact:

Emma Davies BA (Hons), RMN, PGCE, Acc. Coach.

07486 607420

emma@essentialself.co.uk







15 16

GETTING TO KNOW YOU...

Joanne Ackroyd

A series of interviews with folk of interest in Gargrave. This month: Duncan Faulkner (Ed – I have been putting off including this as long as possible but Jo has craftily stopped supplying me with more interviews so this is the only one I have left to put in the magazine...)

1. Can you please provide a pen sketch of yourself? What brought you to Gargrave?

I'm from Northern Ireland, although I don't sound like it most of the time. I grew up surrounded by the Bramley apple orchards of County Armagh, where my father and stepmother still live.

Like many people we went to church about twice a year – Christmas and Harvest Festival. In RE lessons I picked up that no sensible people believe in these religious fairy tales any more. But then at age 14 I, along with several friends, encountered God, initially through starting to read the Bible. A transforming experience.

After a few years living in Oxfordshire, where Bea and I met, I was missing the hills, stone walls and rain. My grandmother was from Pateley Bridge and I had fond memories of childhood visits to uncles living in the Dales. So when I saw a job advert for a little engineering consultancy called JBA, based at Broughton Hall, I didn't take much persuasion to move north. We wanted to live somewhere within cycling distance of Broughton, with a railway station and enough room for hens and vegetables. Having both grown up in villages, we found Gargrave an obvious choice!

Twenty years on I'm still working for JBA, these days with about 700 colleagues. I'm a hydrologist, working on flooding projects around the world.

We've been members of St Andrew's since coming here, currently also involved in Skipton Baptist and Bolton Priory. I'm involved in a church house group, the pantomime group, local environmental causes, editing this magazine, organising Open Gardens, 3 or 4 choirs, and probably some other things that I've forgotten. Too much, perhaps? Our children like to come along to village events as well, which seems to be an unusual thing in Gargrave.

2. What things do you like about Gargrave?

My first view of Gargrave, that I remember, was from the top of Butter Haw, cycling over from Broughton. From that perspective, Gargrave nestles into the Aire Valley, at the foot of Sharphaw, with the higher hills around Malham and Wharfedale providing a distant backdrop. I enjoy that special view every day, because one of the things I like about Gargrave is that it's near enough work for me to commute by bike. It's kinder on the climate and on local air quality, it means I can hear the owls in the winter and the curlews and lapwings in the spring. I get to know every field, every tree on the route, and many people who live along it too. It gives me a little burst of exercise twice a day.

There's much more that I like about Gargrave: the people, the sense of community, the river (and its resident kingfishers), the greens, the Village Hall, the warm fire at the Dalesman Café...

3. If you could change anything about Gargrave, what would it be?

Gargrave is a great place to live for many people, but I have noticed that not everyone feels included. Like anywhere I suppose, there are some divisions, some people on the margins, some that don't get involved. I would like this to be a village where everyone feels at home. I would hope that when we disagree we can learn to do so courageously, listening to and understanding each other.

FAREWELL TO DOROTHY RISHWORTH

Mollie Blackburn

Editor: We are so grateful to Mollie for agreeing to share this heartfelt letter of goodbye, which was read out at Dorothy's funeral in October.

Dear Dorothy

I miss you so much. This is a thank you for being my best friend all these years and helping me to come to terms with the loss of Harry my husband.

You would not take no for an answer when I was so reluctant to join anything as I said (I did not feel like it) but you knew the benefit of knocking on the door to collect me to make sure I would not change my mind 'I felt safe when I was with you' as you knew the ropes and first names and history of almost everyone.

First you introduced me to the ladies section of the Village Hall. There was a supper dance every month and occasionally two a month, although to be honest it felt a bit of an honour to be asked to join. How many evenings did you came from River Place, when it was cold and dark with your cakes? You looked a bit dishevelled when you came into the Hall but with your rain mate on your hair was immaculate. I used to tell you it looked like a birds nest with all that lacquer on and to keep away from naked flames. The times you have said "with friends like you who needs enemies"

When I think of all the cakes you have made over the years. Why did you sometime use a fork for mixing when you had perfectly good electric mixer? "I didn't really need it you'd say" and all those sandwiches and cakes you most have made over the years. You and Joan were the chief cake cutters knowing the art of cutting the most portions.

The next thing was the Women's Institute. Without you I would definitely not have joined but knowing you were there made a big difference. I really needed your help. If there were more people like you to help and guide us, just to shout out through the door "Hello" or "are you ready yet".

Such lovely times we all had in the W.I. Trips and outings, meals enjoyed together. You will still be with us in thoughts. One of us without thinking may just say "where's Dorothy" as we did all the time.

What lovely afternoons we had at the bowling club. We have both been members for years, you much longer than me. You enjoyed the social side of it but you did like to win as well, which you did quite often. I still see you waiting at the summer seat for me to join you ready for a game, having a rest as it was the half way mark.

Thank you for introducing me to Church, Dorothy. We mostly went together. You felt so at home there having being a member most of your life. At first it was a bit daunting for me being brought up a Methodist, I did not know the procedure or a lot of the hymns but of course you did so I just had to sit with you. We did have little giggle together sometime during the service and our remarks to one another were a bit loud at times.

You loved to help and hand out the hymn books collect and count the money which you were better at than me. You felt so much at home there and loved being in the choir. Nothing lasts forever sadly, but you have been a very special person Dorothy. Thank you.

love Mollie

INTO THE DISTANT PAST

Kevin Jackson

Tudors to the 17th Century

I LEFT YOU LAST MONTH at the end of the Mediaeval period. We now move forward in time to that of the Tudors.

Very little evidence remains in Gargrave of this period. In the church is a carved wood tablet bearing the date 1521 in Roman numerals. This is thought to be the date that the previous church was built with the tower now being the only remnant.

The next period of interest comes along during the 2nd English civil war in the 1600's. (I can see you asking the question 2nd! Indeed, the 2nd. The 1st was between Stephen and Matilda 1135-1154 in the 12th Ct). A garrison is said to be held at Gargrave. Evidence of this period has come about through the finding of two small cannonballs from a falconet cannon, both found near to the church. This would suggest that the garrison was in or near to the church.

We move further on in time now to just after the civil war and it is believed that Paget Hall was built at this time, although this building has evidence of a spiral staircase and a garderobe. So there may be the remains of an earlier building on the site, remains of which were incorporated into the present building. Old Hall near to the canal also looks to have been at this time and dating evidence of the boundary wall comes along when the archaeological excavation at Old Hall Croft found a 17th Ct musket ball under the base of the wall.

From the 17th Ct we move forward into more modern times and the era of plenty of written documents and this period is most certainly out of my scope and better left to local historians who have better knowledge than I.

When we started this small series of articles it shows a progression of human influence in the area for many thousands of years. So what of the next few thousand years?

Finally what is the derivation of the village name 'Gargrave'.

'Gara's grove-the grove belonging to Gara.

The copse in a triangular plot of land (old Norse+Old English)

The meaning of a copse and grove are the same, so it is very likely that 'Gara' was the owner of the trees in a triangular plot of land that gave Gargrave its' name.

I've enjoyed writing these small pieces for the Parish magazine and I hope that they have given some insight into the rich and varied history of our village and who knows what further archaeological information may come to light with future developments.

FARMING ON SCALEBER HILL

Iohn Hall

EARLY IN OCTOBER is the traditional time for the islands and highlands of north-west Scotland to have special sales in Oban. For years many Yorkshire farmers attended these sales. At one, 400 dairy in-calf heifers would be on sale, mostly shorthorn and Ayrshire, with many brought back to Yorkshire.

My first ever holiday was at one of these sales when an uncle invited me to join him. It was an experience I have never forgot. Being a regular customer, he introduced me to many Scottish families which I am still in contact with.

At that time the ferries had pens on the deck to bring cattle from the islands for the sales. The highlight was being invited by a ferry captain to join him on a trip to Loch Sunnart to collect 70 cattle off a pier.

The bug had bitten as I have missed very few October sales over the last sixty years.

In the 1970s dairy cattle disappeared in favour of beef. In fact the last dairy heifers to come to Oban, which I bought, were off the Isle of Lismore. I still meet up with the family.

Sadly it is all change in the area. Many farms and crofts have gone. Where there used to be a week of sales now one day. The Highland cattle sale is a special day with an evening dinner, the banter with the Scots, the autumn colours. The Scots who farm in that area must have a tough life, but they know how to enjoy themselves. The Scotch may be "tight", the Yorkshire man "careful", together a very good combination!! A wee dram and a good ceilidh, both are happy.

Back to reality. The cattle are inside. Clocks are back. The cycle starts all over again. The sheep to prepare for winter, to dip, dose, check feet, gather down off the hills into groups with the rams, and process starts all over again.

I did spend forty years breeding Swaledale sheep. Out of interest I visited Hawes Swaledale ram sales in October. I was not impressed. I feel they are being bred too long, narrow and tall. I could say they are being bred like Holstein cows. I might as well be controversial. The horns so close to the head in the rams, close to the jaw in the ewes, close to eyes, having to be sawn off.

I found several breeders who agree,

I rest my case!!!

Emma Davies

I LIKE TO RUN MY EYEBALLS over anything to do with mental health online, and my interest was recently piqued by a couple of articles on the Stray FM website.

The articles show that there have been two sets of figures released this year relating to drug and alcohol misuse. Whilst figures are always released retrospectively, and relate to numbers from 2016-2018, what they do show is an increase or rising trend in two areas.

The first figures relate to deaths related to the misuse of illegal drugs like cocaine and heroin and also alcohol. The statistics show that the number of deaths related to these substances has almost doubled in the Harrogate district in a 6-year period. North Yorkshire as a whole has seen the biggest increase in the Yorkshire and Humber region.

The second article relates to a large rise in people accessing alcohol addiction services in North Yorkshire – over 1000 in 2017/2018 up 30% from 818 three years earlier. Both sets of figures come from Public Health England in collaboration with the ONS.

Like the rest of mental health services in this country, there is a need for investment in frontline services. As Alcohol Change UK state,

"Over half a million people in England are in need of specialist alcohol treatment, yet four out of five dependent drinkers are not receiving it."

Within our region, the main drug and alcohol recovery providers are Project 6 in Keighley, CGL in Bradford, and much closer to home, we have a charity called North Yorkshire Horizons who have 5 main hubs – Northallerton, Harrogate, Selby, Scarborough and Skipton.

In Skipton, Horizons are a service provided on behalf NYCC and they aim to reflect the idea that everyone's experience with addiction is unique. Treatment is client-guided so after a full assessment, a person might use a combination of harm-reduction, recovery or abstinence in order to promote their wellbeing. CQC have given the service a rating of 'outstanding', stating 'Clients were truly respected and valued and empowered as partners in their care, practically and emotionally, by an exceptional service.'

This sentiment is reflected by previous client Paul Hobson: "They are an absolutely fantastic service. Without their help I would not be where I am today. A couple of years ago I decided to become a smart facilitator and hopefully now I inspire people to help them in their own recovery. Thank you very much."

If anyone is struggling with drug or alcohol in their life, you can access Horizons in Skipton through a GP or through self-referral. 4A Mill Bridge, Skipton Freecall 08000 141480.

CONNECTING WITH CULTURE

Mark Greene, London Institute for Contemporary Christianity

THE CROWN'S THIRD SEASON burst back onto our screens last month, only to be rapidly upstaged by Prince Andrew's poorly judged interview and 'resignation'.

Indeed, Olivia Colman's poignant portrayal of the Queen's fortitude, self-control, clarity and astuteness reminds us that these are qualities she surely still needs. However, for all **The Crown's** strengths, it fails, like most biographies of the Queen, to understand how her deep sense of divine calling and her living faith in Christ have shaped how she does everything – from the way she engages with staff to the content of her Christmas broadcasts.

Of course, showing the Queen at prayer, or pulling her Land Rover to a screeching halt outside the Sandringham church don't obviously compete with the riveting storylines of her eventful life. Nevertheless, trying to understand the Queen without understanding her Christian faith is like trying to understand a Ferrari without looking at the engine.

I vividly remember the moment this hit me. I was trying to think of some public figure who lived out the six Ms of fruitfulness – modelling godly character, making good work, ministering grace and love, moulding culture, being a mouthpiece for truth and justice, and being a messenger of the gospel. The Queen came to mind with a clarity and weight, as if from above: the most famous, most photographed woman in the world is a fantastic exemplar of Christlike engagement in public life. And that was the beginning of a series of providential events that led to the distribution of a million copies of **The Servant Queen and the King she serves** (still available).

The more research we did, the more examples we discovered. Small things like inviting a Church of Scotland minister to Balmoral every weekend of her summer break. Big things like bringing former exploited colonies into a circle of purposeful friendship in the Commonwealth. Or her Christmas broadcasts: gently summoning her people to neighbour love, and unselfconsciously witnessing to Christ's centrality in her life.

Season 3 of **The Crown** will no doubt bring us much insight into the Queen's response to national, monarchical, and familial challenges. But after two seasons and the two Season 3 episodes I've somehow managed to limit myself to this week, it has given us no glimpse of the resources in Christ which have enabled her to be God's woman for all seasons – through crises even greater than this week's.

And that's a story to celebrate. And tell.

NATURE NOTES

Bathie

Ed: Introducing our new nature correspondent. We've been without one for many years so huge thanks to "Bathie" for stepping forward!

Recently, whilst taking a stroll along the canal towards Ray Bridge I came across a flock of chattering Fieldfares. Some were in the Hawthorn trees by the towpath,

enjoying the abundant red berries (haws). They tolerate me watching them, but as I walk, they keep ahead of me, moving swiftly from tree to tree. The rest of the flock are perched, merrily chit-chatting high up in a nearby Ash tree.

This winter visitor, with colourful grey and brown plumage, is a type of large Thrush that migrates here from Scandinavia and northern Europe, to enjoy a milder climate and plentiful food. Their Old English name "Traveller of the fields" describes their nomadic nature, moving on once a local food source has been exhausted.

Walking along the dam side, over the beck a flash of bright turquoise catches my eye. Mesmerised, I observe a handsome Kingfisher, perching on a branch over the water, watching and waiting. I return that way a few days later and I am rewarded with another sighting. He does not seem too concerned when folk come by, perhaps flying down to a quieter part of the beck to resume his vigil or disappearing out of sight, hidden by the reeds.

Returning home, I hear the bubbling trill of a Curlew. A Curlew? Ah no, of course not, just a cheeky Starling up in a Sycamore tree doing an exceptionally good impression!

IN PRAISE OF GOOD KING WENCESLAS

David Winter, via Parish Pump news service

When I was a choir boy many years ago, 'Good King Wenceslas' was a very popular carol. A man sang the King's lines, a boy sang the Page's, and the choir filled in the narrative. It was not of course technically a Christmas carol but one for which most people know as 'Boxing Day' – the 'Feast of Stephen' the first Christian martyr.

But you don't hear Good King Wenceslas these days. It fell foul of political correctness. The king was wealthy and very kindly, helped a poor man, but the last verse was the problem. It called on 'Christian men, wealth and rank possessing', to help the poor and be blessed in doing it. All very patronising, class-conscious, and chauvinistic. So, it has simply disappeared.

I think that's a pity, and I also think it's a serious misunderstanding of the carol. It relates to the good deeds of a tenth century Duke of Bohemia, Wenceslas I, and concerns a king and his page, and a poor man freezing and potentially starving whom he saw from his window.

The king didn't, as he might well have done, simply order some minion to take the man some food or fuel. He decided to do it himself assisted by his young page. Together they braved the bitter wind and snow in order to take pine logs and food to this humble dwelling. That is not patronising but true Christian grace.

Yes, the last verse does express a Victorian view of characters but that's when it was written. No one should condemn the carol and its message. Who would shrink from following its example? I'm afraid texting a token ten quid to a charity does not quite qualify.

Love requires action, if we don't see that then we have missed the point. That is the message of this lovely carol.

Gargrave Lands Charity

Are you currently experiencing financial difficulties and needing help?

Do you need financial assistance to pursue higher or further education or vocational training?

If you live in Gargrave, Flasby, Eshton, Winterburn, Coniston Cold or Bank Newton then Gargrave Lands Charity may be able to help!

Financial assistance readily available in approved cases.

Contact one of the trustees listed below to discuss your situation.

Absolute discretion and confidentiality assured.

Phil Ellis 748685

Christine Charlton 748817

Mike Maiden 07876 886313

Joyce Garner 748447



Does your child need a bit of extra help or confidence building with their schoolwork?

Primary tuition available in:
Mathematics (general or specific topics)
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punctuation)

Highly experienced teacher, including work with children with additional support needs.

Contact Susan Lee on 07854 679875

PLACES AVAILABLE

Christmas carols as mis-heard by children

Deck the Halls with Buddy Holly
We three kings of porridge and tar
On the first day of Christmas my tulip gave to me
Noel, Noel, Barney's the king of Israel
With the jelly toast proclaim
Olive, the other reindeer
O come, froggy faithful

INFORMATION

Rotas for St Andrew's Church

Please arrange a deputy if you can't make your duty; to join call Janie on 748970.

•	8am 10:45 am		10:45 am	
	Sidesman	Sacristan	Readers	Intercessors
01-Dec	Linda Wall	-	Family Team	Family Team
08-Dec	Kay Craven	Judith Douglas	Annalies Vanoyen	Ron Humphreys
15-Dec	-	-	Yvonne Poulter	Mike Maiden
22-Dec	Colin Chapman	Janet Turner	Hugh Turner	Hugh Turner
29-Dec	-	-	Mike Maiden	Peter Poulter
05-Jan	Linda Wall	-	Family Team	Family Team
12-Jan	Kay Craven	Norma Brothers	Clare Maslin	Paul Maslin
10:45am	Sidesman		Refreshments	
01-Dec	Family Team	Family Team	Family Team	Family Team
08-Dec	Michael Fordham	Paul Maslin	Sarah Curtis	Judith Robinson
15-Dec	Yvonne Poulter	Pauline Gilfoyle	Abbie White	Sylvia Humphreys
22-Dec	Jane Dallas	Mollie Blackburn	Judith Douglas	Norma Brothers
24,25 Dec no duties arranged				
29-Dec	Sarah Curtis	Judith Robinson	Cynthia Hardyman	Peter Hardyman
05-Jan	Family Team	Family Team	Family Team	Family Team
12-Jan	Janet Turner	Hugh Turner	Clare Maslin	Sheila Brook

Decorator + Handyman	07958 646509
Paul Maslin - Gargrave	01756 748538
Careful & tidy V. low odour fastdr	y paints office@maslin.biz

Lost

Just as I began my Christmas Eve service, the electricity in the church failed. The wardens and I found some candles and placed them around the sanctuary. Then I re-entered the pulpit, shuffled my notes, and muttered, "Now, where was I?" A hopeful voice called out, "Right near the end!"

Public Transport leaving Gargrave Compiled by Peter Hardyman 14 November 2019

TAXIS from Gargrave (see advertising directory, page A3):

Gargrave Private Hire - local & distance, airport transfers: 07877 054698, 01756 748112

TRAINS from Gargrave

To Skipton (arrives approx. 5 mins later) & Leeds (arrives approx 50 mins later)

Mon-Sat 0745 0755 1045 1150 1349 1522 1550[SO] 1551[SX] 1645 1732³ 1813 Mon-Sat [continued] 1850 2019 2134 2216 [SX] 2218 [SO] 2237

Sunday 1121 1208 1421 1448 1656 1855 2107 2123

To Giggleswick (arrives ~ 20 mins later) & Lancaster⁵ (arrives ~ 66 mins later)

Mon-Fri 0528 0805 0902 1103 1304 1504 1815 2006 Saturday 0525 0805 0902 1103 1304 1504 1814 2006

Sunday 0922 1115 1415 1615 1815

To Settle (arr. ~18 min later if direct) & **Carlisle** (arr. ~2hrs later if direct) Mon-Fri 0528²⁰⁷³ 0805² 0832 0902² 1004 1103² 1133 1304² 1504² 1604 1732 1815²[SX]

1902

2006² (2033⁴)

Saturday $\underline{0525}^2$ $\underline{0805}^2$ 0832 $\underline{0902}^2$ 1004 $\underline{1103}^2$ 1133 $\underline{1304}^2$ $\underline{1504}^2$ 1604 1732 $\underline{1814}^2$ 1902 (2033^4)

Sunday 0922² 0950 1115² 1311 1415² 1509 1615² 1815²

NOTES: [SX] Saturdays eXcepted, [SO] Sats Only. (1. Change at Skipton) 2. Not Settle; change at Lancaster for Carlisle 3. Change at Hellifield 4. Terminates Ribblehead 5. Change at (or via) Lancaster for Morecambe.

As of 14 November: no planned works affect Gargrave trains during December. <u>That may change. Check with northern railway.</u> For live info on next 2 trains text GARGRAVE to 84950, or go to www.rail.co.uk/live-arrivals-departures/

NB: The Bus Replacement Stop at Gargrave is on Church St, on the village side of the railway bridge.

BUSES from Gargrave

*Except Bank Holidays

To Skipton (arr. ~15 mins later) (Services 75, 210/211, 580) (M is from Malham)

M-Fri* 0820 0910 0955 1055 1057M⁷ 1155 1255 1355 1357M⁷ 1455 1555 1725 1810

Saturday 0820 0910 0955 1056M 1155 1255 1355 1455 1555 1656M 1810

Sun + B.Hol: **No Winter service**

To Settle (arrives ~ 25 mins later) (Service 580) and

(+)onward to Kirkby Lonsdale (Service 581) and (++)thence to Lancaster (Service 582)

Mon-Fri* 0905++ 1000 1100++ 1200 1300++ 1400 1500++ 1600 1700++ 1800++ 1900++ Saturday 0905++ 1100++ 1200 1300++ 1400 1500++ 1700++ 1800++ 1900++

Sunday + B.Hol: No Winter service

To Malham (arrives ~ 25mins later) (Services 75, 210/211)

Mon-Fri* [210/211] 1000⁷ 1310⁷

Saturday [75] 1001 1559

Sun + B.Hol: No Winter service

Public Transport back to Gargrave

TRAINS to Gargrave Last train

From Skipton (arr. Gargrave ~ 5 mins later) LEEDS to GARGRAVE

Mon-Sat 0519 [SO] 0522 [SX] 07053 [SO] 0759 0826 0856 0959 1057 1127 1258 1458 1559

Mon-Sat [continued] 1727 1808[SO] 1810[SX] 1856 2000 2027 1949

Sunday 0917 0945 1110 1305 1409 1503 1609 1809 *1732*

From Lancaster via Giggleswick (arriving Gargrave ~ 66 mins later)

0648 0941 1046 1245 1447[SO] 1448[SX] 1745

Sunday 1102 1344 1552

From Carlisle (journey time depends on route - check timetables)

Mon-Fri 05432 0551 08243 08322 09342 11332 13332 1340 1450 1618 16312 1824 18572

2007² 2013¹¹ (2145⁹)

Sat. 0544² (0714⁹) 0754³ 0807² 0927³ 0933² 1135² 1335² 1340 1450 1618 1633² 1824

1911² 2015¹¹ 2017² (2145⁹)

Sunday 0925 0949² 1225 1233² 1433² 1635² 1852² 1911

NOTES: [SX] Saturdays eXcepted, [SO] Sats Only. (1.Change at Skipton) 2.Not Settle; change at Lancaster 3. Change at Hellifield 9. Not Carlisle: Departure time is from

Ribblehead. 11. Change at Settle.

Living in BD23 post code, you can buy a DALES RAILCARD: £10.00/ year. 1/3 off Anytime and Offpeak rail tickets between Gargrave, Leeds, Bradford, Carlisle, Morecambe, Lancaster, Discount for

children with you; also Winter Offer.

BUSES to Gargrave *Except Bank Holiday. (M service to Malham)

From Skipton (arrives Gargrave ~ 15 mins later) (Services 75, 210/211, 580)

Mon-Fri* 0850 0945 0950M8 1045 1145 1245 1300M8 1345 1445 1545 1645 1745 1845 1345 1445 1545M 1645 1745 1845

Saturday 0850 0945M 1045 1145 1245

Sun + B.Hol: No Winter service

From Settle (arr. Gargrave ~25 mins later (Service 580)

+ from Kirkby Lonsdale (581), ++ from Lancaster (582)

Mon-Fri* 0755+ 0845++ 0930++ 1030 1130++ 1230 1330++ 1430 1530++ 1700 1745++

Saturday 0755+ 0845++ 0930++ 1130++ 1230 1330++ 1430 1530++ 1745++

Sun + B.Hol: **No Winter service**

From Malham (arrives Gargrave ~ 25mins later) (Services 75, 210/211)

Mon-Fri* [210/211] 10358 13358 from opp. Buck Inn, Malham

1030 1630 from opp. Buck Inn. Malham Saturday [75]

Sun + B.Hol [873/884] No Winter service

NOTES 8. Tues & Thurs service stops at Coniston Cold 4 mins before Gargrave

Service Operators: northern railway www.northernrailway.co.uk 0800 200 6060; 210/211, NYCC www.northyorkstravel.info/operators/n/nycc/ 08458 725282 or 01609 780780; 580/581/582 + 75, Kirkby Lonsdale Coach Hire 01524 733831 www.kirkbylonsdalecoachhire.co.uk; Buses (general) www.dalesbus.org; Traveline

0871 200 22 33 www.traveline.info; National Rail Enquiries 03457 48 49 50

www.nationalrail.co.uk Rail Ombudsman: www.railombudsman.org 0330 094 0362

Gargrave Library

West St. BD23 3RD 07960 704509 gargravelibrary.co.uk Open: Mon 3-6pm, Wed & Fri 2-5pm, Sat 10am-1pm. Visit http://capitadiscovery.co.uk/northyorkshire/ to reserve or renew books online (first obtain your PIN no. from library), or renew by calling 01609 532774

Emergencies and concerns

ELECTRICITY Emergencies 105, General enquiries 0800 375 675

To check power cuts etc: http://www.northernpowergrid.com/power-cuts-home

GAS National Grid Emergency Line 0800 111 999

WATER & SEWERAGE https://www.yorkshirewater.com/contactus 08451 24 24 24

FLOOD https://flood-warning-information.service.gov.uk/station/8083

ENVIRONMENTAL HEALTH https://www.cravendc.gov.uk/environmental-health/

POLICE Non-emergency number 111 for advice or to report crime or damage

NHS: Emergency: 999. Other urgent medical concerns: 111

GARGRAVE BRANCH SURGERY: Higherlands Close BD23 3RF, phone 749226 from

8am. Open Mon-Wed and Fri, 8-12.

Gargrave C of E Primary School & Pre-School holiday dates

	School closes	School opens
Christmas	Fri 20 Dec 2019	Tue 7 Jan 2020
Half term (Spring)	Fri 14 Feb 2020	Mon 24 Feb 2020
Easter	Fr 3 Apr 2020	Tue 21 Apr 2020
Half term (Summer)	Fri 22 May 2020	Mon 1 June 2020
Summer	Fri 17 Jul 2020	Tue 8 Sep 2020

Magazine contributions, adverts and subscriptions

THIS MAGAZINE IS PRODUCED by St Andrew's Church for the benefit of the whole community of Gargrave & Coniston Cold parishes. We welcome short articles, news, notices of events, anecdotes, announcements, obituaries, letters & photos, free of charge, subject to space δ relevance. The monthly contributions deadline is the 10th. Please email contributions, if possible, to editor@gargravemag.co.uk. We can also accept short contributions by phone 01756 749443.

Editorial advertising currently costs £11 per quarter page per month, other sizes pro rata, payable to "St Andrew's Church, Gargrave", bank account no 30693561, sort code 20-78-42, or by cheque/cash. Artwork can be supplied in Word or pdf format; alternatively we can create it for you, from £20 per advert. gargravemagid1@gmail.com.

An annual subscription is £8 – contact Ron Humphreys on 748779.

Or download it for free from www.gargravemag.co.uk.

Organisations Please let us know if you'd like to amend or add an entry

Caterpillar Club (0+) - St Andrew's Church, Wed 10am, Kirsty Smith 07525 619950

Gymnastics (5- & 5+) - Mon, Wed & Thurs 9.15am, Wed 4pm info@ambitionsgymnastics.com

Rainbows (5+) - Debbie Gomersall 01729 830589

Brownies (7+) - Rose Turner 01729 825886

Young Farmers Club - Coniston Cold, Tues 7.30pm, Janet Bolland 01729 830505

Luncheon Club, Neville Crescent Community Centre, alt Tues, 12.30pm, Carol/Carys 748990 Afternoon tea, Neville Crescent Community Centre, alt Sun, 12.30pm, Mary Dawson 749755 Phoenix Group (over 65s) - Anchor Inn, alternate Thurs 9am-1pm, Sarah 07596 452385

Bowling – outdoor Gargrave Bowling Club, Michael Cox, 748285

Bowls - indoor, Village Hall, Winter Tues & Thurs 2-4pm, Joan Griffin, 749277

Cricket - Gargrave Cricket Club (over 13s), Mark Jones, 07498 288654

Croquet - Craven Lawn Tennis Club, Gargrave, Tues 2-6pm, Roy Berry 748065

Cycling - Gargrave Tuesday Club, Dalesman, Tues and Thurs Trevor Pickles 01282 844788

Golf - Mason's Arms Golf Society, www.masonsarmsgolfsociety.com, 749304

Hunt – Pendle Forest & Craven Hunt, Elizabeth Adams 749772

Pilates - Contemporary. V Hall. Tues 10 & 11.30am. Fri 9am & 10.30am Bee 0777 898 0994

Pilates - Classical, Village Hall, Tues 2pm, 6pm, 7.05pm, Cate Davies 079 5533 8775

Tennis - Craven Lawn Tennis Club, Beth Whitley 749664, www.craventennis.org.uk

Tai Chi & Qigong - Village Hall, Thursdays 7.30pm, Ian Cresswell 748540

Tai Chi Qigong - Green by War Memorial, Mon 9.30am & 10.30am, 0777 8980994

Walking for Health - 1st Thursday of the month, 10am, Jean Maxwell 748851

Yoga – Village Hall Annex, Wednesdays 9.30-11.30am, Sally Thomas 01756 461616

Modern sequence dance – Village Hall, Mon 7.45-10pm, John Rainey 749867 or 07840 806698.

Art - Gargrave Art Group - Village Hall, Mon 1.00-3.00pm, Bev Parker 749910

Bell Ringing - St Andrew's, Mon 7.30pm, Sun 10.00am, Joe Alston 01729 851663

Bingo - Gargrave Community Centre, Neville Crescent - Mondays 1.30-4pm Fuchsia & Geranium Club - V Hall, 1st Wed of month 7.30pm, Paula Jackson 752175

Gargrave Community Choir - rehearsals Fri 7pm, St Andrew's Church, 749802

Gargrave Heritage Group - Tues 10am, St Andrew's Church, Martin Thomson 748309

Craft and Chat - St Andrew's, Tues 2pm, Sylvia Humphreys 748779

Parish Council Meeting - Village Hall side room, 1st Wednesday of the month

Snooker Club – Village Hall Snooker Annex, every day, Stewart Smith 749340

WI - Village Hall Annex, 2nd Wed of month 7pm, Glenys Riley 07715 878709

French club - Old Swan, 3rd Thurs of month, 8pm, Allison Wiffen 749913

Masons Arms - Quiz Sundays 8.30pm; Acoustic live music 1st Friday of the month The Old Swan - Quiz Mon 8pm; Pie night Wed; Steak night Thurs; Sunday Roast Sun

INDEX OF ADVERTISERS 2019/20

Accommodation...A5-6 Activities... A3, A6-7, A17

Adverts...A19

Airport Transfers...A3

Alarm Services... A28 Animal feed... A28

Appliances...A2

B&B...A5

Bathrooms...A24 Beauty ... A28

Bedrooms... A21

Builders...A25

Car Servicing...A10=11

Care for the elderly...A8

Cattery...A19 Childcare...A9

Chimney Sweep... A28

Chiropody...A17

Coal & Corn Merchant... A28

Cleaning... A11, A25-26

Clock Repair...A16

Crafts A16

Croquet...A3

Decorators...A19-20 Eating Out... A5-6, editorial

Electricians... A24-25

Fencing...A22, A25

Financial help...editorial Financial Services...A12

Fish & chips.... editorial

Fitness...A3, A17 Flowers...A5

Fuel... A27-28

Funeral services....A14-15

Garden Centre... A27

Garden Machinery... A25-26 Garden Maintenance... A25-26

Gargrave Land Charity... editorial

Graphic Design...A6 Groundworks... A25-26

Hairdressers...A3

Health & Well Being... A3, A17-18

Heating... A24, A27=28

Holiday Accommodation... A5-6

Home Security... A28

Hotel...A6

Insurance...A13

Joiners...A22-23 Kennels...A19

Kitchens...A21, A24

Legal Services...A13 Lessons... A7, A9

Logs...A27

Meeting Rooms...A4, A7

Memorials...A15-16 Milkman...A3

Music Lessons...A7

Nursing & Residential Home... A8

Offices to let...A4

Painters...A19-20 Parties...A6-7

Pet Services...A18-19

Pharmacy...A3

Physiotherapy...A18

Piano Lessons...A7

Plumbers... A24

Podiatry...A17 Pre-School...A9

Primary School...A9

Printing...A6

Pub...A5

Restaurants...A5-6, editorial

Roofing...A25

Schools...A9

Self-Catering...A5

Shopping....A2-3, A5, A27-28

Solicitors...A13 Sweep...A28

Taxis...A3

Tennis...A3

TV services...A6

Units to let...A4

Valeting...A11 Venues...A6-7

Vets...A18

Village Halls...A7 Walling...A25

WI...A7

Windows...A23

Wrought Ironwork... A22

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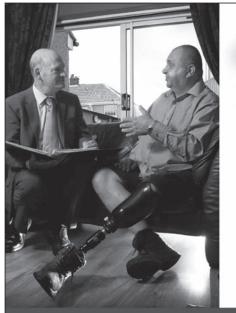
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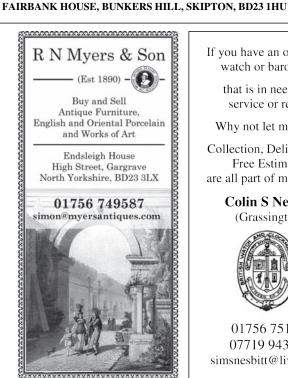
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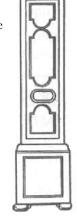


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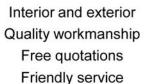
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