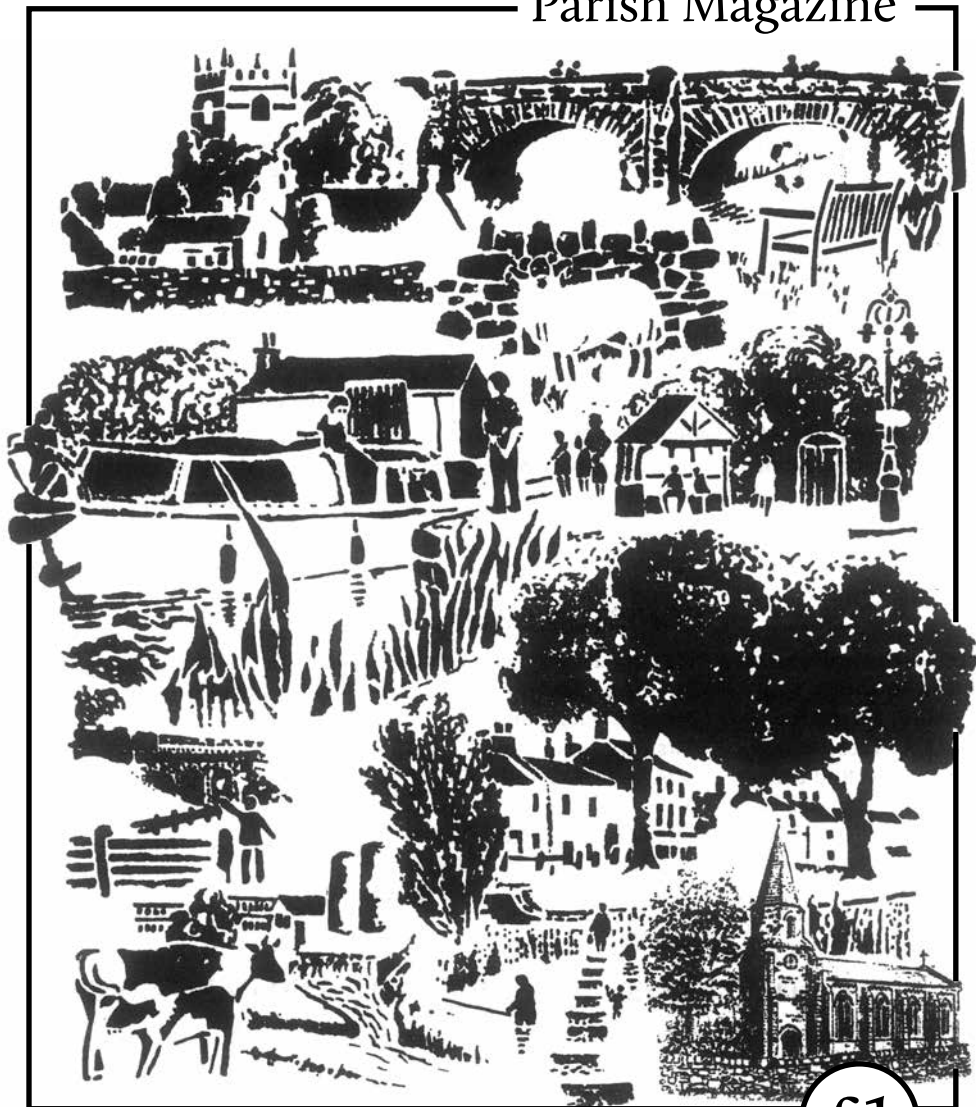


GARGRAVE & CONISTON COLD

Parish Magazine



FEBRUARY 2020

£1

CONTACTS

St Andrew's Church, Gargrave

Vicar	Rev Andrew Steer	www.standrewsgargrave.org.uk 749275 07906 554938 andrew.steer@leeds.anglican.org
Churchwardens	Peter Poulter Mike Maiden	748944 buffers.pp@gmail.com 07876 886313 newby.cottage@gmail.com
Organist	Susan Watkiss	798660 sue@suewatkiss.co.uk
PCC secretary	Hugh Turner	748117 Kirk Syke, High Street
Treasurer	Richard Pocock	07796 954048 windmill364@btinternet.com
Gift Aid	Sarah Curtis	748510 11 Marton Road

St Peter's Church, Coniston Cold

Vicar	Rev Andrew Steer	As above
Churchwardens	Nick Bannister Michelle Pickles	Airebridge Farmhouse, Bell Busk 749526 Church Close Farm
Treasurer	Brenda Northrop	749212 northrop1@btinternet.com
PCC & Electoral	Jacqui Coates	749300
Roll Secretary		

Gargrave Parish Council

Clerk	Kathryn Ashby	www.gargravepc.org.uk 668209 gargravepc@yahoo.com
-------	---------------	---

Coniston Cold Parish Council

Clerk	Rachel Jones	748125
-------	--------------	--------

Gargrave C of E Primary School

Head teacher	Sarah Peel	www.gargrave.n-yorks.sch.uk 749433 admin@gargrave.n-yorks.sch.uk
--------------	------------	---

Gargrave Pre-School

Leaders	Lizzie Nelson & Judith Metcalfe	www.gargravepreschool.co.uk 748377 info.preschool@btconnect.com
---------	------------------------------------	---

Gargrave Village Hall

Bookings	Christine Town	www.gargravevillagehall.org.uk 749730 bookings@gargravevillagehall.org.uk
----------	----------------	--

Coniston Cold Village Hall (The Richard Tottie Memorial Hall)

Bookings	Brenda Northrop	749212 northrop1@btinternet.com
----------	-----------------	---

Neville Crescent Community Room

Bookings	Martin Wright	martin.wright@yorkshirehousing.co.uk
----------	---------------	--

Parish magazine

Editor	Duncan Faulkner	www.gargravemag.co.uk 749443 2 Riversway editor@gargravemag.co.uk
Advertising	Jane Dallas	gargravemagjd1@gmail.com
Subscriptions	Ron Humphreys	748779 6 St Roberts Close

Craven Herald Neighbourhood News correspondent for Gargrave

Caroline Thompson caroline@sandjsthompson.co.uk | 749235 | 07989 585564

FIRST WORDS

Rev Anthony Billington, London Institute for Contemporary Christianity

How are the resolutions looking this far into the year?

So far as we can tell, people have habitually marked the beginning of the new year. And the resolve at such times to 'do better' goes back at least to ancient Babylon. Something about the turn of the calendar carries with it a pervasive and powerful desire for a fresh start, a clean slate.

According to recent polling, 25% of us make resolutions each New Year, most of them to do with becoming healthier, managing money, and improving ourselves. And yet, research also confirms what we already suspect – perhaps from personal experience – that the majority of us will abandon our resolves by mid-January, with many of us not making it beyond the first week.

Still, the making of resolutions at least implies a felt need for transformation of some kind – a need that Christians, of all people, should understand.

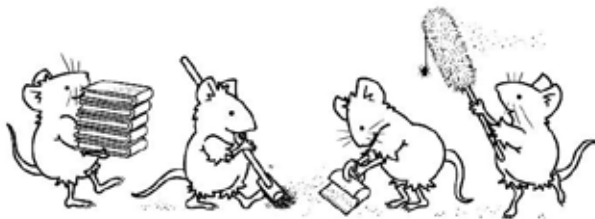
That need, and our failure to meet it, is addressed in the gospel, which declares that the heart of the Christian faith is not merely the potential for self-improvement, and still less the need to secure salvation through following a certain 'code'.

Instead, it's freedom – leaving us free from the pressure of having to do things to gain favour with God, free from trying to prove ourselves to others, free to submit to Christ.

The gospel not only explains the need for change, but also provides the power to bring it about. Power that comes from the finished work of Christ on the cross, from who God is and what he has done, and with the Spirit as the agent of transformation in our lives.

The biblical image of 'walking' to describe the Christian life is particularly apt. While it's beneficial to take stock of where we are and make some changes if necessary, the walking metaphor suggests a more regular pattern. It's an ongoing process that occurs in the everyday places where we live and work – on the commute, in the home, at the office, at the gym, in the checkout queue.

In such contexts, we discover, it's the consistent, everyday habits and actions that make a difference, as we continue to walk step by step – our lifelong process of transformation into the likeness of Christ through the ongoing work of the Spirit.



DIARY FOR FEBRUARY

Coniston Cold

- Sun 2 4pm Evensong, Church
Sun 9 9.30am Holy Communion, Church
Sun 16 4pm Evensong, Church
Sun 23 9.30am Holy Communion, Church

Gargrave

- Sun 2 8am Holy Communion, Church**
10 am Breakfast for 10.45am Family service, Church
- Wed 5 Parish Council Meeting. Village Hall Annexe .7.15.p.m
Fri 7 Library Film Night: The Peanut Butter Falcon. 7 for 7.30pm, V. Hall
- Sun 9 8am Holy Communion, Church**
10.45am Sung Eucharist, Church
- Wed 12 WI meeting. Village Hall Annexe.7.p.m for 7.30.p.m
Fri 14 Picnic Supper Dance.. 7.30.p.m, Village Hall.
Sat 15 Gargrave Village Hall Management Committee Coffee morning.
10am - Noon
- Sun 16 8am Holy Communion, Church**
10.45am Service of the Word, Church
- Wed 19 Gargrave Village Hall Management Committee meeting. 7pm,
Village Hall Annex
- Thu 20 Pantomime, Dick Whittington, 7.15pm, Village Hall
Fri 21 Pantomime, Dick Whittington, 7.15pm, Village Hall
Sat 22 Pantomime, Dick Whittington, 1pm and 5pm, Village Hall
- Sun 23 8am Holy Communion, Church**
10.45am Sung Eucharist, Church
Broadway Fairs. Flea Market and Allsorts Fair, 10am – 3.30pm,
Village Hall.
- Tue 25 Provisional: Prayer meeting time to be confirmed, Church
Shrovetide Supper, 7pm, Church
- Fri 28 Gargrave Show supper dance. 7pm, Village Hall. 01756 749320 for
tickets.

Love in a bag

I asked my nephew whether he bought his wife anything for Valentine's Day, and he said he had bought her a belt and a bag. When I commented that I am sure she would appreciate them, he agreed: "Yes, and hopefully the vacuum cleaner will work better now."

Regular Gargrave events

Mondays:

- 9.30am Tai Chi Qigong, Green opposite Bollywood Cottage, riverside of War Memorial
- 10.40am Tai Chi Qigong for Beginners, venue as above
- 10-12am Coffee Monday, Church
- 1.30pm Art Club, Village Hall Annex
- 1.30pm Bingo, Gargrave Community Centre on Neville Crescent
- 7.30pm Modern Sequence Dancing, Village Hall
- 7.30pm Bell ringing, Church

Tuesdays:

- 10 am Heritage Group, Church
- 10 am Contemporary Pilates with Bee Faulkner, Village Hall (term time)
- 10.30am Adult Tennis Coaching and Social Tennis (weather permitting)
- 11.30am Standing/Seated Pilates with Bee Faulkner, V Hall (term time)
- 12.30pm Alternate Tuesdays – lunch at Gargrave Community Centre, followed by games.
- 2pm Craft and Chat, Church
- 2pm Indoor Bowls, Village Hall
- 2pm Classical Pilates with Cate Davies: Intermediate. Village Hall Match Room.
- 4pm Tap dancing lessons, Village Hall Annex (term time only)
- 6pm Classical Pilates with Cate Davies: 'Beginner Athletic' Village Hall (term time)
- 7.05pm Classical Pilates with Cate Davies: 'Intermediate Athletic' Village Hall (term time)
- pm Brownies & Rainbows (school term only)
- 8pm Quiz Night, The Old Swan

Wednesdays:

- 9.15-12 Gymnastics for pre-school children, Village Hall
- 9.30am Gentle Hatha Yoga, Village Hall Annex
- 10 am Caterpillar Club, Church
- 10.am Social tennis
- 2-3.45 Gargrave Handbell practice, Church
- 2pm Afternoon Tea & Games, alternate weeks, Neville Crescent Community Room
- 4pm Gymnastics for children over 5

Thursdays:

- 9am Phoenix Club, Anchor Inn, alternate weeks
- 9.15-12 Gymnastics for pre-school children, Village Hall
- 9.30am Water Colour painting class, Village Hall Annex
- 9.50am Walking for Health, 1st and 3rd Thurs of the month, meet at Summerseat
- 10am Coffee morning, Gargrave Community Centre on Neville Crescent
- 10.40am Alternate weeks: Low-impact chair exercises, Gargrave Community Centre
- 2pm Indoor Bowls, Village Hall
- 3pm 'Gentle Mat' Pilates with Cate Davies, Village Hall Match Room
- 6pm 'Beginner Athletic' Pilates with Cate Davies, Village Hall Match Room
- 7.30pm Tai Chi, Village Hall Annex (term time)

Fridays:

- 9.15-12 Gymnastics for pre-school children, Village Hall
- 9 am Contemporary Pilates with Bee Faulkner: 'Intermediate', Village Hall (term time)
- 10.30am Contemporary Pilates with Bee Faulkner: 'beginners', Village Hall (term time)
- 11.30am Somatic Movement with Bee Faulkner, Village Hall (term time)
- 7pm Community choir rehearsal, Church

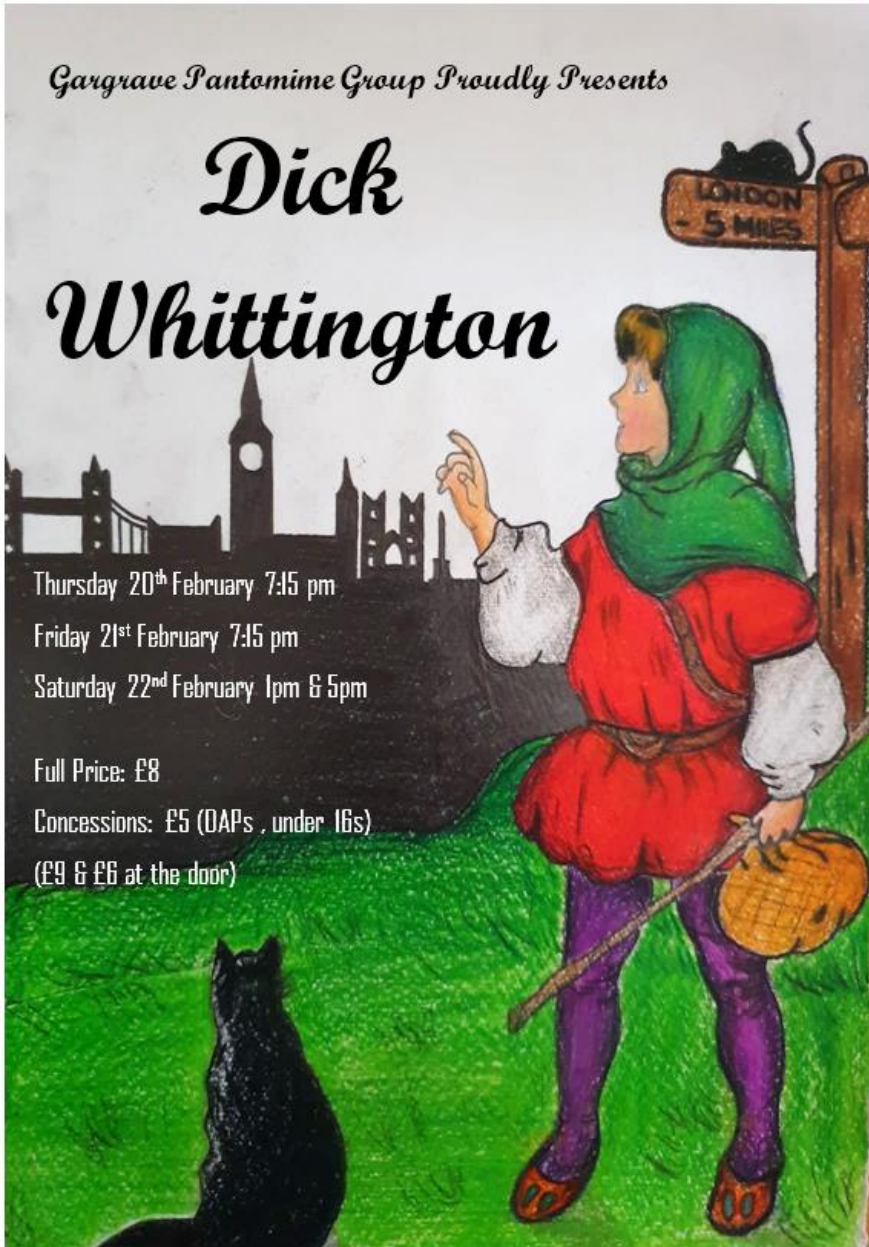
Sundays:

- 2pm Social Tennis
- 8.30pm Quiz, Masons Arms

EVENTS

Gargrave Pantomime, 20-22 February

Duncan Faulkner



Tickets for our annual pantomime in the Village Hall are on sale now. Starring Laura Lipscombe as Dick Whittington, the production tells the familiar tale of Dick's tribulations as he arrives in London and his adventures at sea, with some unexpected diversions into a Morecambe nightclub. The show features all the traditional ingredients that we have come to expect from our village pantomime: slapstick comedy, delightfully choreographed dancing children, exotic costumes, and – of course – lashings of audience participation.

Tickets available from the Dalesman Café and Gargrave and Malhamdale Community Library, any cast member or via telephone (evenings only) 07766 001163.

New monthly prayer evening

Andrew Steer

We're starting a prayer evening the last Tuesday of every month – the first is on Tuesday 28th Jan 7.45pm at St Andrew's.

Shrovetide Supper

Duncan Faulkner

The convivial Shrovetide Supper returns on Shrove Tuesday, Tuesday 25 February, at 7pm in St Andrew's Church. There will be lists in church to sign up for the type of dish you will bring to this Jacob's join event. Or at least I assume this will all be happening. It has every other year for as long as I can remember in Gargrave, anyway.

My children have long asked why this event doesn't make more of a feature of pancakes. Finally I have found a possible explanation, pictured opposite, thanks to the Parish Pump news service, a mine of information for parish magazine editors.



"Pancake party?" said Simon,
"What Pancake Party?"

Gargrave Show Buffet Dance

Lisa Hall

The New Year Buffet Dance is being held on Friday 28th February in Gargrave Village Hall from 7:30pm until Midnight. A carving buffet will be followed by dancing to Dennis Westmoreland. There will be a bar and a raffle. To reserve tickets please call Lisa Hall on 01756 749320.

Young @ Art

Clare Lamkin

Gargrave Art Exhibition Group presents **Young@ Art**. We are delighted to have received a grant from the Yorkshire Dales Millennium Trust to run 4 workshops for Children and young People in Gargrave and Malhamdale. The first event on Saturday 28th March in Gargrave Village Hall features printmaker, artist and college lecturer Brian Hindmarch. Session 1 at 1.30pm will be for primary school children and Session 2 at 3pm will be for young people aged 11 to 18. If you enjoy painting, drawing and think you might like to become an artist or just love art then these events are for you.

Key Facts

Date Saturday 28th March 2020

Time 1.30pm - 2.30pm Workshop 1 for Primary School Children
3pm - 4.30pm Workshop 2 for Young People 11 to 18

Venue Gargrave Village Hall

Places 10 places per workshop

Cost £1.75 per person

You can collect a booking form from Gargrave library or by emailing GargraveArts@gmail.com. Pre-payment of £1.75 will be required and parents/guardian are required to accompany their children at the workshop. Refreshments will be available.

Village Spring Fayre – Saturday 21 March, 10-12

Tony Wimbush

A date for your diary! Christians-in-Gargrave will be following up their popular Christmas Fayre with a Spring Fayre in support of the Isaiah Trust (Kenyan Street Children). £2 entry to include tea/coffee and homemade tarts and buns. Children free!

GNAT Fundraising Ceilidh, 3 April

Duncan Faulkner

GNAT: Gargrave Needs A Toilet group will be holding a superb fundraising ceilidh on Friday 3rd April from 7.30pm at Gargrave Village Hall. Plans for the event currently include dancing to the **Batty Moss Ceilidh Band**, a pie and pea supper, a licenced bar, an auction of promises and more. No ceilidh dancing experience is necessary: caller Mike Benson from Ribbleshead will guide everyone through the steps.



Tickets will be on sale from the Dalesman Café and elsewhere in March, priced £15. Please buy your ticket in advance to help planning as we cannot guarantee tickets will be available on the door. Look out for further event information nearer the time.

We invite sponsorship, raffle prizes or any help on the night. Please contact 07979 304914 or gargraveloo@outlook.com to help us in any way. We look forward to making the night one to remember!

NEWS

Gargrave Pre-School

Judith Metcalfe

We are back in the swing of things after our busy time before Christmas. Our theme is superheroes and princesses and they have had a great time dressing up in all our various costumes. We treated the ladies and gentlemen of Neville House to what we looked like when we visited them we had a great time doing some colouring of superheroes and princesses and played floor dominoes which was great fun. On our next visit we will be making pancakes. We are starting to go back to do our library visits looking at books and choosing some to bring back to preschool. We are having a superheroes and princesses day in which the children are able to come dressed up as their favourite character. The end of January we will be celebrating Chinese new year doing activities and enjoying Chinese food. On 7th February we are going to be supporting wear red day to raise money for children's heart surgery appeal. It is something we decided to support as a few families are using this great service.



St. Andrews Family service report, 5 Jan

2020

*Peter Gardner,
Family Service Team*

Vicar Andrew had a morning off today. Well - more or less, we let him say a few words, but for the most part he was confined to a pew while the by now fairly experienced Family Service Team did their stuff – fortified by the magnificent (as usual!) breakfast put on by our team of unsung heroes.

Those of you with 2020 vision will have observed that we've tipped over into - well – 2020 - and with it, on 6th January, into the Christian feast of Epiphany. This is the time when we remember the visit of three Kings to see the baby Jesus, God's own son, born to a teenage girl in a stable in Bethlehem. That event formed the centrepiece of our service, which featured a bible reading telling of their visit, skilfully illustrated in mime.

We then moved from the sublime to the ridiculous with a sketch by two, somewhat 'rustic' characters, who discussed a possible sighting of camels parked outside the Mason's Arms and of some 'offcumdens' who had apparently given presents of "gold, frankenstein and mirth" to a baby they believed was the Son of God. Hmm, not sure they got everything quite right, there.

This led on to the more serious business of prayer and a short talk reflecting on how much our giving could achieve. This theme was picked up in a beautifully

sung solo from a Christmas carol which asked the question, "What can I give him?" before the children returned and gave us the cookies they had made for us.

Do come and join us for next month's Family Service at 10.45am on 2nd February (if not before!) You'll be welcomed with open arms - and a hot breakfast if you get there at 10.00am.

Gargrave Parish Council meeting

Kath Ashby

Gargrave Parish Council hold their monthly meetings on the first Wednesday of each month. All minutes of meetings, once approved, can be viewed on our website, <http://gargravepc.org.uk/> and in paper form in the Library.

Our next meeting will be on Wednesday 5 February.

GNAT: Gargrave Needs A Toilet

Simon Myers

On 1st January 2020 the Public Toilets in the High Street were open as usual. Now operated by a group of volunteers, they have been opened, closed and cleaned every day since.

There has been a great deal of support for this, from Residents, the Parish Council and many members of the public. To date some £7,000 has been raised in donations large and small. We are applying for grants to enable us to replace the hand wash/dryer units which are past usefulness. We would like to provide a facility for the refilling of drinking water bottles for the many who visit Gargrave to assist in the elimination of single use plastic bottles. We are in the process of applying for Charitable Status, which will allow donors to 'Gift Aid' their donations.



Many hands make light work! A deep clean carried out by volunteers on the 8th January was cheerful and highly productive. Blocked gutters and drains were cleared and the interior was given a real sparkle. Thanks to all those who helped.

Many Direct Debits make light work! Regular income will greatly assist in the day to day operation and maintenance of the Toilets. The Constitution of GNAT will allow us to use funds for the repair and improvement of other Village facilities that are beyond the resources of the Parish Council but which contribute to the wellbeing of our community.

We will be holding our first AGM in late March. The date will be confirmed in due course. All are welcome to attend.

A fantastic fundraising evening will be held in the Village Hall on the evening of 3rd April. Please do support this.

Gargrave and Malhamdale Community Library

Dave Smith

On **Friday 7th February**, we will be showing the heart warming and compelling film **The Peanut Butter Falcon**. This humorous and inspirational film tells the story of Zak, a young man with Down's Syndrome, who escapes from his residential home to pursue his dream of becoming a professional wrestler. Zak meets up with a small time outlaw and together they set off on an adventure.

The customary Cafe style seating will be in place, so please bring your own refreshments. The Village Hall doors open at 7.00pm with the film starting at 7.30pm. Tickets are £5.00 on the Door with under 16s free. Sorry but we can only allow Guide Dogs into the Hall.

For those of you with suitable Hearing Aids, i.e. with a "T" setting, the Film dialogue is now connected to the Hearing Induction Loop installed in the Village Hall.

Further film details for your Diary are:

Friday 26th March: **Yesterday**

Friday 24th April: **Good Liar**

Friday 22nd May: **Knives Out**

A plea for **HELP**. We have been running the film shows for around 7 years and during that time the "Projection Team" has dwindled from 6 volunteers to 3 which is the minimum number required for a successful show. We run about 8 Films a year and the Projection Team spend about 1.5hrs on the afternoon of the Film to erect the gear and about 1 hour in the evening packing all the gear away. Being part of the Team is not a major commitment, but more volunteers would relieve the pressure on the existing team and would allow cover for holidays etc. If you would like to help or require some more information, please contact Dave on 07703 207669.

Other news we now have a couple of copies, one to borrow and one for reference, of the excellent publication produced by the Gargrave Heritage Society, "From Mills to Marching and Back Again".

Those of you who have taken advantage of the free Wifi in the Library will be aware that connecting can be a fairly painful process, but help is on hand as the Library is in discussion with NYCC to simplify the password procedure by having a standard Library password.

On a similar theme, a teenager, as part of his D of E award, will be in attendance in the Library on Saturday mornings to help anybody who might be having problems with operating electronic devices such as phones and tablets.

Post office opening hours reduced

Peter Hardyman

The post office is now open:

Mon - Fri: 0900 - 1230

Sat: 0900-1200



The beginning of a new decade is a time for looking back & looking forward. Much happened & much was accomplished in 2019. Most importantly we have welcomed five new ringers to the band including three who are just starting on their path to acquire the centuries' old skills of church bell ringing. Over the past three years we have acquired ten new learners and two ringers returning to ring after a gap of decades! Unfortunately, circumstances have caused the loss to the tower of three of our ringers and another four have been unable to ring with us for

most or all of the past year but we remain optimistic for the future! By far the biggest bonus has been the arrival in the village of two excellent ringers whose experience and ringing contribution has dramatically improved our enthusiastic but inexperienced band. It has also meant that on most Sundays we can ring six bells and we should be able to provide enough Gargrave ringers to ring for weddings and other occasions without having to ask for help from other towers, as we have had to do for several years.

There have been other developments in the tower too during 2019. Ringers are all volunteers and ring without payment, except for wedding ringing. For years it has been the custom at Gargrave for ringers to make a small donation to the tower fund every practice night. This has enabled the ringers to purchase and install, at a cost of over £800, a simulator to aid with learning and practices. In this we have been generously helped by donations from parishioners of a laptop to run the software & loudspeakers to provide better sound quality. We have also purchased a CCTV camera, now installed in the belfry, so that we can check the bells as they ring and visitors can see the bells in action from the safety of the ringing room below & for this a flat screen TV has also been donated by a fellow ringer from another tower.

The church too has been very generous in providing a new heater & fan in the ringing room, which had previously reached temperatures below 5°C in winter & above 28°C in the summer! These and other improvements have been kindly installed by a member of the fabric committee of the PCC. We are very grateful for all the support & encouragement which we have received from the church and parish.

What are our New Year's resolutions for 2020?

Four of our new learners are just beginning their journey but it is entirely possible that they will all reach the standard required for Sunday Service Ringing during 2020 and that, in turn, makes possible our first resolution... to ring all eight bells on most Sundays.

Two more learners should reach the standard & acquire the skills necessary to ring a Quarter Peal, which requires ringing 1260 changes in the order of the bells, taking about 45 minutes to achieve! From available records, this has not been done by a wholly Gargrave band for the past two decades at the very least, if not far longer! This, in turn could mean that the Gargrave Sunday Service Band

might be able to ring a quarter peal without help from ringers from other towers and records to hand suggest that this has not been achieved for at least 30 years!

In 2020 we are also aiming to enter the Yorkshire Association of Change ringers (YACR) Western Branch Striking Competition, which makes strict comparison of accurate bell striking with that of other Sunday Service bands. I think this would be the first time that Gargrave has entered a band in this competition this century!

Exciting times lie ahead! Finally, when spring brings the lighter evenings & warmer weather, we intend to attempt to recruit more learners to help to take us to the desirable 16 competent ringers for our 8 bells. Why so many? There are several reasons. Always there are unavoidable losses of personnel, both permanent & temporary, due to moving away from the area, long term illnesses, work and family commitments, holidays and so on. Many towers suffer to such an extent that they stop all ringing during July & August. One tower within a few miles of Gargrave has stopped ringing from December 2019 until March 2020 because of reduced numbers. To provide eight, or even six, ringers regularly for Sunday services we need more ringers than we currently have, so positive recruitment is needed!



"Ready when you are, George..."

Gargrave WI news

Sarah Kirk

A chilly January evening did not deter us from turning out in good numbers and in high spirits. After we cheerfully caught up with each other and anticipated the adventures that await us in 2020, our January guest speaker, Chris Bibby, gave us further inspiration. The clue to the talk's subject matter is in his name as Chris is the latest generation to be involved in the family travel business whose coaches are familiar to all of us. The business began when Chris' enterprising great-grandfather, Clem, modified his growing fleet of cars in order to carry and sell fruit and vegetables bought from Bradford market. In a foretaste of things to come, Chris showed us a charming photo of an early excursion of people all dressed in their best in a splendid open topped charabanc.

The business as we all know it today began in 1956 with the first coach purchase. Since then it has grown into a substantial business employing 60 staff with 30 vehicles offering 200 holidays every calendar year. Chris explained that after three years on 'local' duty as a young man, he was allowed to drive all over Europe and to his favourite country, Norway. The customers' favourite destination is Austria, and to our surprise and delight we enjoyed a rendition of 'Edelweiss' courtesy of Chris and his euphonium. We also enjoyed a jaunt in Scotland, accompanied by 'Mull of Kintyre'. There were tales of catastrophes - major, minor

and rather embarrassing. Items left behind included walking sticks, handbags, false teeth and in one unfortunate case, a man drove off without his wife, not returning for an uncomfortably long time... Chris also regaled us with the epic return trip of WI members from our HQ in Oxfordshire involving calamity, motorway closure and flooding. As Chris affectionately observed, the WI's ability to chat and make tea, topped off with a generous dollop of resilience and ingenuity, ensured that the journey remains a fond memory of adventure and shared enterprise. As Val Davies said in her vote of thanks, our laughter and applause showed Chris how much we had enjoyed his visit.

Our monthly 'just for fun' competition always introduces interest to our evening. The winner of this month's competition, 'A Holiday Souvenir' was won by Trish Richardson who shared her beautiful wooden carving of a mother and child brought back from the Dominican Republic. The variety of entries didn't disappoint with treasured mementos from Saudi Arabia, Scotland and Lynmouth brought along for our perusal.

In December we enjoyed a fabulous festive feast courtesy of Maureen Crossley, Abbie White, Trish Richardson and Janet Lane. We were treated to spectacular freshly cooked whole salmon, delicious freshly made salads, amazing meats and cheeses plus mince pies and mulled wine. Our village hall venue had been transformed into a cosy Christmas bistro and we enjoyed very 'fine dining' that night. Thank you, ladies!

This year's programme of events, skilfully put together by Janet Lane, features a talk on scene of crime investigation and a flower arranging masterclass from our very own floral high-flier, Jean Banks. We will also learn about the National Trust in Yorkshire, and hopefully gain some interesting insights when former Royal chef, Colin Anderson visits us. Kicking up a storm will be former tiller girl, Pam Harcourt, and later in the year we welcome belly dancer, Beverley Smith who, rumour has it, very much encourages audience participation. The competition is cleverly and often cheekily linked in some way to the subject of the talk. So in the coming year, we will be encouraged to bring along our royal memorabilia, write an advert for a dating site and reveal 'My favourite brooch' ...for the belly dancing talk, naturally!

One of our January visitors remarked on the 'wonderful atmosphere' at the meeting, so please come along and share the fun and friendship the WI offers. Our contact details are on the back page of the magazine. You are never too old or too young to begin a great adventure!

Village Hall news

Caroline Thompson

As you read this piece of News our Open day Coffee morning on the 25th January will have been and gone. We do hope everyone enjoyed the morning. It was great to see so many representatives of the groups and classes who regularly use the facilities taking part and sharing their information both with visitors and each other. We felt quite proud to officially open the doors to the new look self contained Snooker club and to the extra meeting room which had been created. It did seem at one point that the completion date of the work to these areas would not be reached, there were many hiccups!

The meeting room was in use at the beginning of January which confirmed there was a need for extra space for a variety of hires and endorsed our decision to remove the Snooker table from that room. It seems on reading a copy of the Craven Herald dated February 1959 which featured the opening of the Village Hall that there were only two Snooker tables originally in Games rooms areas together with Table tennis tables, so in effect we have gone back full circle as we do have a brand new table tennis table which can go up in the aforesaid room. We would be delighted if someone would come forward to arrange table tennis nights, this facility would be available most Friday evenings and some Saturdays.

The naming of the new meeting room brought up a few suggestions, but it seemed sensible to stick with the Match Room, not too imaginative but that is how we have all known the room - so stick with the obvious!

Perhaps as you were looking around you would notice the painting in the Match room. The artist was the late Robert Atkins, a very talented man who lived at Goffa Mill in the Village. Robert was born in Skipton, he served in the Navy during World War II. He married his wife, Nina in 1948 during his second year at the Royal College of Art, they lived for a time in London and then in Buckinghamshire before moving to Gargrave in 1986. Robert exhibited and sold his work at many galleries but was always loyal to his local Art show in Gargrave, exhibiting and helping not only with the whole organisation of the show but using his beautiful handwriting to entitle and price all the artwork on show. He was most renowned for his work in watercolour but was not afraid to try other styles and mediums which were equally effective. The painting of the Canal bridge at East Marton was kindly donated to the Hall by our former chairman, Peter and his wife, Sue.

Hedgehogs

Morris Charlton

Make helping hedgehogs your New Year's resolution with the Hedgehog Street app!

Happy New Year from Hedgehog Street! I'm very pleased to bring you all the new Hedgehog Street app. You can now carry Hedgehog Street in your pocket and look at tips, advice and pictures on the move, as well as logging and checking for hedgehogs on the BIG Hedgehog Map.

You can make helping hedgehogs your New Year's resolution, and the app will help by providing monthly top tips and advice.

The app is free and available to both Apple and Android users by searching 'Hedgehog Street' on your app store.



I. T. HELP
Need Assistance With Your PC?
Baffled by your Broadband?
Worried by Wireless?
Vexed by a Virus?

No call-out fee, friendly, local and helpful
Call Andrew on (01756) 796802 or 07890 673706

The advertisement features a cartoon character on the left holding a laptop, and a laptop with a starburst on the right. The text is centered and uses a mix of bold and regular fonts.



A very experienced, friendly and local Driving Instructor, with a proven track record, and a heap of patience.

Driving Lessons for both Manual & Automatic Cars.

I have a manual and an automatic car, both a dual-controlled. So, I so can provide well-structured, excellent value lessons tailored to your needs.

Teenage Driving Package for 14 to 17-year olds

A great gift for those who can't wait to get behind the wheel before they hold a provisional licence. Training is away from the public road, in a dual-controlled car.

Passed Your Test? – Now Improve Your Driving

Take a Pass Plus Course (6-8 hours of tuition). It can greatly improve your driving skills from the basic level and reduce your insurance premiums by up to 30%. Includes Motorway and night driving.



**Please contact Andrew at the Wroot 1 Driving School
01756 796802 or 07890 673706.**

Canalside Fitness, Gargrave would like to offer an 'Over 65s' Off Peak Membership.

Exercise in 'Over 65s' is shown to aid in stability, bone density, muscle wastage avoidance and general wellbeing.

A reduced price is now offered of just £23.95 per month which gives access to the gym between 9am & 5pm plus all day on weekends.

Why Elijah did that...

The Sunday school teacher was carefully explaining the story of Elijah the Prophet and the false prophets of Baal. She explained how Elijah built the altar, put wood upon it, cut the cow in pieces and laid it upon the altar. And then, Elijah commanded the people of God to fill four barrels of water and pour it over the altar. He had them do this four times over. "Now," said the teacher, "can anyone in the class tell me why the Lord would have Elijah pour water over the cow on the altar?"

A little girl in the back of the room started waving her hand, "I know! I know!" she said, "To make the gravy!"

Gargrave Cricket Club thanks

Mark Jones



Gargrave Cricket Club would like to thank the following for their financial support in the 2019 season:

- Twinlocks Garden Centre
- The Frying Yorkshireman
- Craven Home Heat
- Canalside Health and Fitness
- GG Fabrications
- JP Adlam (Gin, Rum and Vodka)
- Skipton Fitted Furniture
- Whitelocks
- Peter Ward
- Ron and Sylvia Humphreys
- Mss. J & B Clarke
- Bob and Sue Lyall
- Keith Drinkall
- Hugh Turner

If you would like to sponsor or donate to the cricket club this season please contact Mark Jones on 07498 288654 or 01756 748894.

The club are also looking for help with maintaining the ground and also looking for someone interested in coaching/running a junior team. Again, please contact Mark Jones if you are interested in either of these roles.

Gargrave Juniors

Helen Carruthers

NEW PLAYERS NEEDED AGES 6 - 10

We currently have two football teams Under 10s & Under 7s looking for new players.

We are also starting an Under 9s team so we are looking for players ages 6 – 10

Guaranteed game time

We train every week at Sandylands in Skipton Tuesdays 4 – 5pm.

Our coaches Gary Teasdale and Kyle Telford are...

- FA Qualified coach
- First aid trained
- Fully DBS checked
- PDC Coach training with us weekly

Please come along to one of our training sessions for some fun and try out our club!

Contacts

Gary U10s 07542505460

Kyle U7s 07930 273997

St Robert in Settle

Bernadette Atkinson

I have just been reading the November issue of the Parish Magazine, sent in a Christmas card. The article on St Robert caught my attention as I did my own research while living in the village in the 1990's. My interest was aroused by meeting parishioners from St Robert of Newminster RC Church in Morpeth who were visiting Gargrave to see the place where "their saint" was born.

I wonder if readers are aware that there is a stained glass window in the Catholic church in Settle which I assume is still in situ.

New Thurs Afternoon Pilates Mat Classes in Gargrave Village Hall

Cate Davies

I'm pleased to announce that my Thursday afternoon classes have expanded due to demand. I now offer a **gentle mat class at 3p.m.** for those with back trouble or any other health problems requiring a slower pace & Pre-Pilates exercises focusing on back stability. This class is particularly suited to those recovering from prolapsed discs & osteoporosis. I have a **new 4p.m. Foundation Class** for those needing more challenge, where you will learn a mix of Pre-Pilates & Beginner Pilates exercises. Both of these classes are suitable for beginners.

Please email me catedaviespilates@gmail.com for further info or to discuss suitability of classes or phone 079 5533 8775 Mon to Thurs 9 to 6p.m. I teach 10 mat classes per week in Gargrave, Hellifield & Threshfield.

Class Dates: there is a week's break from 17th to 21st Feb & the next 6 week block starts on Tues 25th Feb. N.B. No 6p.m. class Thurs Feb 27th or all day Mar 24th for training.

From the archives

Duncan Faulkner

In February 1939 the Vicar's letter called for repentance and amendment of life. The start of Lent provided an opportunity to "examine ourselves as to the use we are making of the means of grace". The chief ones being "Private Prayer, Bible Reading, Public Worship, and Holy Communion, with Confirmation as a special one, for it (unlike the others) can only be used once."

It seems that the regular Shrove Supper was instituted sometime after 1939: on Shrove Tuesday there was a Sale of Work followed by a Whist Drive, the proceeds going towards Church funds.

The magazine records the baptism, on 15 January 1939, of one Marie Louise Simpson.

Parish Magazine subscriptions

Ron Humphreys

Parish magazine subscriptions are due this month. Most people will receive a payment envelope with their February magazine. The name and address of the person delivering your magazine should be on the envelope and payments should be made to them. Please be aware that the team of volunteers who so kindly deliver the magazines is quite large and the collection approaches do vary. A few deliverers prefer not to use the envelopes and instead they will call to collect your subscription.

Lost in translation

Two American preachers were visiting in Germany and attended Sunday services. Since they couldn't speak German, they decided to do as the man sitting in front of them did.

A few minutes into the service the preacher from the pulpit said something and the man in front of them stood, and they stood also. The congregation burst into laughter. They then sat down when the man did.

At the end of the service, they met the pastor and found that he spoke English. They asked him why everyone laughed so much when they stood?

The pastor explained that he had announced that they would have a christening service that evening, and would the father of the child please rise.

Shout

Verger's advice to visiting preacher: "You'll 'ave to shout very loud in this 'ere church, Vicar. The agnostics are somefink terrible!"

Regal Interiors

Kitchens | Bathrooms | Bedrooms

Since 1997

One team One dream



Refitting a room or indeed a whole house can be a financial challenge so Regal Interiors is pleased to offer:

FLEXIBLE PAYMENT OPTIONS INCLUDING

BUY NOW PAY LATER
(NO DEPOSIT REQUIRED)

LOW MONTHLY PAYMENTS
3, 5 & 10 YEAR LOW INTEREST OPTIONS

CALL US FOR MORE DETAILS

Regal Interiors (UK) Limited
The Crossings Business Park
Riparian Way | Cross Hills | BD20 7BW
t 01535 814050 | e info@regalinteriors.co.uk
w www.regalinteriors.co.uk | *T & C's apply



Like us on
Facebook



THE FRYING YORKSHIREMAN

26 - 28 High Street, Gargrave, BD23 3RB

*Traditional fish & chips in the
heart of the village*



www.facebook.com/thefryingyorkshiremangargrave





TAKEAWAY OPEN TUESDAY - THURSDAY 11:30 - 20:00,
FRIDAY & SATURDAY 11:30 - 21:00 & SUNDAY 12:00 - 19:00


Stressed? Anxious? Feeling Low?
Think you're stuck and don't know what to do?

Move forwards again with mental health coaching,
guidance and support from Essential Self.

To make a positive step in the right direction, contact:
Emma Davies BA (Hons), RMN, PGCE, Acc. Coach.

 07486 607420

 emma@essentialself.co.uk

 @eswellbeing



FARMING ON SCALEBER HILL

John Hall

Brutal is how I would describe last autumn. It was relentless unsettled weather with a barrage of rain or showers and not many dry days in between. I have tried every type of waterproof. They can be good for a time but relentless rain eventually finds a way through. Compared to the poor souls with their houses flooded over Christmas what is a drop of rain?

On the farming side the auction mart shows and sales of prime stock have been a joy. All the best of cattle, sheep and pigs with every effort to win a rosette or trophy. The turnout of stock in numbers and quality was second to none. The dressed poultry section was a credit to the owners for all the effort put into the show.

One interesting event during the Christmas sales is a charity sale held at the auction mart. A group of Addingham and district farmers who are members of NEMSA (North of England Mule Sheep Association) donate mule lambs to be sold, with the proceeds to go to Manorlands Hospice. A show for all lambs given was held with the first prize lamb sold first, presented by Chris and Christine Ryder of Blubberhouses.

The lamb was bought and given back by ringside bidders several times to make a total of £1,480 for Manorlands. The rest of the donated lambs plus a sale of shepherd's crooks, fruit cakes and produce all donated to boost the total for the Sue Ryder appeal.

Farming can be a tough hard life and events like these can be a pleasant diversion during the dark and short days. Farmers are often regarded as "tight" or perhaps "careful" spenders. However when a charity of this nature comes along they can be generous. The service provided by Manorlands is second to none.

The new year was a joy, the weather turned dry and very pleasant, allowing a chance to catch up with farm work: sheep foot trimming, dosing for fluke worms and lice, cattle sheds cleaned out, calves moved forward into larger sheds, then to disinfect the small ones ready for the next crop of calves. One thing I don't miss is the turkeys, when I think of all the hours spent before Christmas and near panic stations up to Christmas Eve, often swilling out at midnight. Even allowing for the fact that my grandmother was a Lancastrian she was regarded as an expert poultry dresser and won many prizes on Lancaster market. Geese were her speciality and woe betide anyone who tore the skin on a goose breast while plucking.

On the bright side, the politicians should get on with their work, the days are lengthening. The hedgehogs are confused. It comes warmer and they wake up and want to feed. It turns cold and they don't know what to do. The white crow joins the hogs at the feed trough. The white blackbird has made its home in the calf buildings.

I must mention all who contributed to the book, "A history of Gargrave 1900-1925". What a wonderful collection. As my father and father in law were both in the first world war, I heard first hand of the conditions in the trenches. I refer to one article in the book. A certain Joseph Burrow of Garris Farm who was awarded the Military Medal. He came back to farm after the war. He farmed next to Scaleber

up Mosber Lane with land both sides of the railway and was killed crossing the line taking a short cut to his land at the other side. I remember so vividly as I was walking home from school, I was ushered away by the police. A man with the patience of Job. In summertime he brought his horse and float into the field and milked his cows in the field by hand.

What a tragic end to his life after surviving the trenches during the first world war. All the gunfire during the war could have contributed to his deafness and perhaps he never heard the train coming.

MENTAL HEALTH AND WELLBEING

Emma Davies

Being Outside is Great for Your Mental Health:

'I do ecotherapy to get sunlight onto my skin and into my mind. It shines light through the dark fog of depression.' www.mind.org.uk

Today, there is growing recognition that being outside is good for us. I'm seeing more and more information in media and online about how being outside in the fresh air, amongst nature can help mental wellbeing. Certainly, when I returned home from London in 2001 with a bagful of problems, walking in the hills two or three times a week helped me to put my fragmented head back together again.

Whilst I didn't know it then, going for hill walks around Gargrave had a number of effects: the rhythm of walking had a soothing and meditative quality, whilst the physical activity helped lift my mood – exercise is known to stimulate the release of dopamine, norepinephrine and serotonin – brain chemicals crucial for regulating our moods. It also gave me the literal space to be able to hear myself think, whilst managing to climb hills gave me an external goal which meant my focus wasn't entirely on my problems.

In terms of mental health treatment, these benefits are harnessed and formalised in 'ecotherapy'. Ecotherapy is a type of therapeutic treatment which involves doing outdoor activities in nature. It is led by trained professionals and can take place in urban or rural green spaces. Some of the activities include walking, gardening, farming, outdoor conservation and cycling.

But I don't think the benefits necessarily need to be used when we have issues. Today, I still find (especially whilst the days are shorter, and the weather not so great), that it's all too easy to become trapped inside in a little centrally-heated bubble and this can cause negative introspection. Getting outside, regardless of the weather can help you to see that the world is still out there, and we are connected to it. You don't have to access a formal ecotherapy group. You could join a walking group, or go to a park run, or go birdwatching or trainspotting. Or, you could just go on one of the lovely walks around Gargrave. If you access this link there are some ideas for some short strolls to get you started! <https://www.gargrave.org.uk/leisure-walks/>

JESUS – NOT THE ONLY WAY?

Tony Wimbush

'I am the way and the truth and the life. No one comes to the Father except through me.' John 14:6

.....

One of the most common ways of interpreting the well-known verse above has been that you have to know about and believe in Jesus and the Christian message. Fervent evangelicals have proclaimed that being a Christian is 'the only way' to God. Today such exclusivism lacks credibility among Christians and non-Christians alike, particularly when many of us now know people of other religions. All religions, including Christianity are historical responses to the experience of God, the sacred, in a particular culture at a particular time. Can any one of them truthfully claim to be "the only way"? Does any one of them have a monopoly on God? In his most recent book (1), Church of England vicar, Dave Tomlinson offers us an alternative, radically inclusive understanding of this troublesome verse in his characteristic subversive style! Read on!

.....

According to John's Gospel, Jesus said, 'I am the way and the truth and the life. No one comes to the Father except through me.' He did not, however, say that any particular dogma or creed was the way, the truth and the life, but that he was. He didn't say we could 'come to the Father' by believing certain doctrines - even doctrines about him. He said it was through or by him - by living, sharing in, being caught up by the Spirit that he embodied and expressed.

It is perfectly possible, therefore, to be in 'the way' of Jesus without ever having heard of him or necessarily being persuaded by some of the things Church teaches about him - just as it is possible for someone to experience God without being convinced that God exists. Beliefs are important, for sure, but faith is not primarily something in the head enclosed in words and concepts; it is more fire in the belly, a gut instinct that we sense, which determines the way we live.

And surely it is the way we live that counts, much more than our theological beliefs. It puzzles me that people sometimes try to judge whether I am a proper Christian by asking if I believe in certain things like the virgin birth, or the bodily resurrection of Jesus, or the authority of the Bible. Why don't they enquire about how I treat my wife? Or ask what I spend my money on, or what I'm doing about injustice in the world? Why don't they ask whether I'm trying to care for God's Earth instead of simply adding to its problem? Surely these are the sorts of things that matter - not whether I measure up to some notion of orthodoxy.

Faith, in fact, need not be defined in purely religious terms. For sure faith may be channelled through a particular religious tradition but I know lots of people who are not religious whose values, attitudes and practices affirm that life is more than selfish gain and pleasure, more than a superficial existence of conforming to our cultural expectations of success.

I am not interested in categorising folk simply on the basis of a creed or religious affiliation. And I would find it impossible to believe in a God who would do that either. Nowhere in the Gospel do we see Jesus requiring anyone to follow

a creed or subscribe to a set of particular beliefs; his concern was how they handled money, how they treated others, what kind of choices they made. For Jesus, the kingdom of God wasn't about an insurance policy for when you die, or about recruiting church members. It was a clarion call to action, to change the world by the power of his Spirit through compassion, healing, reconciliation and social justice!

Acknowledgement: Adapted from (1) 'Black Sheep and Prodigals', Dave Tomlinson, 2017.

LENT FASTING

Rev. Paul Hardingham, Parish Pump

This month sees the start of Lent, the season of penitence, self-examination and fasting running up to Easter. Fasting can be a neglected discipline, but it plays an important part in the Christian life. Jesus began His earthly ministry by fasting in the wilderness for 40 days and He taught His disciples to fast (i.e. not if but 'when you fast, put oil on your head and wash your face, so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen.' (Matthew 6:17,18).

Why Fast?

Firstly, giving up something in my life underlines my desire to put God first in my life. Secondly, fasting shows me how much I depend on things other than God in my life, so I can surrender my idols to Him. Thirdly, fasting encourages me to have a deeper hunger and dependency for God in my life. Therefore, fasting gives me space to humbly focus on God for His strength, provision, and wisdom and results in a more intimate relationship with Christ. It also enables the Holy Spirit to reveal my true spiritual condition, leading to brokenness, repentance, and a transformed life, with a heart more attentive to God.

How can I fast?

Usually fasting involves missing one or two meals during the day, although some can't abstain from food for medical reasons. It might also include abstaining or limiting the time I give to television, alcohol or social media. However, Lent can also be a time to embrace new spiritual disciplines e.g. joining a study group, 'random acts of kindness', or giving more time to prayer and Bible study. Whatever you do, make Lent count this year!

'Blessed are those who hunger and thirst for righteousness, for they will be filled.' (Matthew 5:6).

THE CHURCH IN CHINA

Parish Pump

Chinese authorities have forced a church in Jiangxi province to paint over its name and replace it with a communist slogan, "Follow the Party, Obey the Party, and Be Grateful to the Party," amid increasing attempts by officials to 'sinicise' (make Chinese) Christianity.

Late last year The True and Original Source of the Universe church in Ji'an city was also ordered to remove a painting of a biblical figure from a prominent position and replace it with a portrait of China's President Xi Jinping, surrounded with communist party slogans.

Days later, officials locked the doors and windows and confiscated the keys to the church, which is registered under the state-sanctioned Patriotic Association, preventing the congregation from gaining access for worship.

Elsewhere in Jiangxi province, elderly members of an unofficial house church, operating outside of the Patriotic Association, were told by the authorities in Poyang county that their retirement pensions would be stopped if they continued to gather for worship. Officials also removed crosses and religious banners and replaced them with portraits of President Xi and Chairman Mao Zedong.

Gargrave Lands Charity

Are you currently experiencing financial difficulties and needing help?

***Do you need financial assistance to pursue
higher or further education or vocational training?***

**If you live in Gargrave, Flasby, Eshton, Winterburn, Coniston Cold
or Bank Newton then Gargrave Lands Charity may be able to help!**

Financial assistance readily available in approved cases.

***Contact one of the trustees listed below to discuss your situation.
Absolute discretion and confidentiality assured.***

Phil Ellis 748685

Christine Charlton 748817

Mike Maiden 07876 886313

Joyce Garner 748447



INFORMATION

Rotas for St Andrew's Church

Please arrange a deputy if you can't make your duty; to join call Janie on 748970.

	8am	10:45 am	10:45 am	
	Sidesman	Sacristan	Readers	Intercessors
02-Feb	Linda Wall	-----	Family Team	Family Team
09-Feb	Kay Craven	Norma Brothers	Mike Maiden	Ron Humphreys
16-Feb	-----	-----	Yvonne Poulter	Peter Poulter
23-Feb	Colin Chapman	Judith Douglas	Annalies Vanoyen	Diane Maiden
01-Mar	Linda Wall	-----	Family Team	Family Team
08-Mar	Kay Craven	Norma Brothers	Hugh Turner	Janet Turner
10:45am	Sidesman		Refreshments	
02-Feb	Family Team	Family Team	Family Team	Family Team
09-Feb	Jane Dallas	Mollie Blackburn	Rosio Fordham	Michael Fordham
16-Feb	Janet Turner	Hugh Turner	Joan Wimbush	Tony Wimbush
23-Feb	Sarah Curtis	Judith Robinson	Abbie White	Sylvia Humphreys
01-Mar	Family Team	Family Team	Family Team	Family Team

Decorator + Handyman

Paul Maslin - Gargrave

Careful & tidy V. low odour fastdry paints

07958 646509

01756 748538

office@maslin.biz

Adam and Eve

Adam and Eve had an ideal marriage. He didn't have to hear about all the men she could have married, and she didn't have to hear about the way his mother cooked.

Lot's wife

The Sunday School teacher was describing how Lot's wife looked back and turned into a pillar of salt, when little Jason interrupted, 'My Mummy looked back once, while she was driving,' he said, 'and she turned into a telephone pole!'

Public Transport leaving Gargrave Compiled by Peter Hardyman 12 January 2020

TAXIS from Gargrave (see advertising directory, page A3):

Gargrave Private Hire - local & distance, airport transfers: 07877 054698, 01756 748112

TRAINS from Gargrave *Timetable from 15 December 2019*

To Skipton (arrives approx. 5 mins later) & **Leeds** (arrives approx 50 mins later)

Mon-Sat 0745 0755 1045 1150 1349 1522 1550[SO] 1551[SX] 1645 1732³ 1813

Mon-Sat [continued] 1850 2019 2134 2216 [SX] 2218 [SO] 2237

Sunday 1121 1208 1421 1448 1656 1855 2107 2123

To Giggleswick (arrives ~ 20 mins later) & **Lancaster**⁵ (arrives ~ 66 mins later)

Mon-Sat 0525[SO] 0528[SX] 0805 0902 1103 1304 1504 1814[SO] 1815[SX] 2006

Sunday 0922 1115 1415 1615 1815

To Settle (arr. ~18 min later if direct) & **Carlisle** (arr. ~2hrs later if direct)

Mon-Fri 0528^{2or3} 0805² 0832 0902² 1004 1103² 1133 1304² 1504² 1604 1732 1815²
1902 2006² (2033⁴)

Sat. 0525² 0805² 0832 0902² 1004 1103² 1133 1304² 1504² 1604 1732 1814² 1902 (2033⁴)

Sunday 0922² 0950 1115² 1311 1415² 1509 1615² 1815²

NOTES: [SX] Saturdays eXcepted, [SO] Sats Only. (1. Change at Skipton) 2. Not Settle: change at Lancaster for Carlisle 3. Change at Hellifield 4. Terminates Ribbleshead 5. Change at (or via) Lancaster for Morecambe.

As of 12 January: engineering work is planned **between Skipton & Bradford Forster Sq on Sunday 2 February**. That may change. Check with northern railway. For live info on next 2 trains text GARGRAVE to 84950, or go to www.rail.co.uk/live-arrivals-departures/

NB: The Bus Replacement Stop at Gargrave is on Church St, on the village side of the railway bridge.

BUSES from Gargrave

***Except Bank Holidays**

To Skipton (arr. ~15 mins later) (Services 75, 210/211, 580) (M is from Malham)

M-Fri* 0820 0910 0955 1055 1057M⁷ 1155 1255 1355 1357M⁷ 1455 1555 1725 1810

Saturday 0820 0910 0955 1056M 1155 1255 1355 1455 1555 1656M 1810

Sun + B.Hol: **No Winter service**

To Settle (arrives ~ 25 mins later) (Service 580) and

(+)onward to **Kirkby Lonsdale** (Service 581) and (++)thence to **Lancaster** (Service 582)

Mon-Fri* 0905++ 1000 1100++ 1200 1300++ 1400 1500++ 1600 1700++ 1800++ 1900++

Saturday 0905++ 1100++ 1200 1300++ 1400 1500++ 1700++ 1800++ 1900++

Sunday + B.Hol: **No Winter service**

To Malham (arrives ~ 25mins later) (Services 75, 210/ 211)

Mon-Fri* [210/211] 1000⁷ 1310⁷

Saturday [75] 1001 1559

Sun + B.Hol: **No Winter service**

NOTES. 7. Tues & Thurs (as service 211) stops at Coniston Cold 4 mins after Gargrave.

Public Transport back to Gargrave

TRAINS to Gargrave <i>Timetable from 15 December 2019</i>		<u>Last train</u>
From Skipton (arr. Gargrave ~ 5 mins later)		<u>LEEDS to GARGRAVE</u>
Mon-Sat 0519 [SO] 0522 [SX] 0705 ³ [SO] 0759 0826 0856 0959 1057 1127 1258 1458		
Mon-Sat [continued]	1559 1727 1808[SO] 1810[SX] 1856 2000 2027	1949
Sunday	0917 0945 1110 1305 1409 1503 1609 1809	1732
From Lancaster via Giggleswick (arriving Gargrave ~ 66 mins later)		
Mon-Sat 0648 0941 1046 1245 1447[SO] 1448[SX] 1745 2030 2130		
Sunday	1102 1344 1552 1751 2018	
From Carlisle (journey time depends on route – check timetables)		
Mon-Fri 0543 ² 0551 0824 ³ 0832 ² 0934 ² 1133 ² 1333 ² 1340 1450 1618 1631 ² 1824 1857 ²		
		2007 ² 2013 ¹¹ (2145 ⁹)
Sat. 0544 ² (0714 ⁹) 0754 ³ 0807 ² 0927 ³ 0933 ² 1135 ² 1335 ² 1340 1450 1618 1633 ² 1824		
		1911 ² 2015 ¹¹ 2017 ² (2145 ⁹)
Sunday	0925 1225 1233 ² 1433 ² 1635 ² 1852 ² 1911	
NOTES: [SX] Saturdays eXcepted, [SO] Sats Only. (1.Change at Skipton) 2. <u>Not Settle</u> ; change at Lancaster 3.Change at Hellifield 9. <u>Not Carlisle</u> : Departure time is from Ribbleshead. 11.Change at Settle.		
<i>Living in BD23 post code, you can buy a DALES RAILCARD: £10.00/ year. 1/3 off Anytime and Off-peak rail tickets between Gargrave, Leeds, Bradford, Carlisle, Morecambe, Lancaster. Discount for children with you; also Winter Offer [to 4 April 2020].</i>		

BUSES to Gargrave	*Except Bank Holiday. (M service to Malham)
From Skipton (arrives Gargrave ~ 15 mins later) (Services 75, 210/ 211, 580)	
Mon-Fri* 0850 0945 0950M ⁸ 1045 1145 1245 1300M ⁸ 1345 1445 1545 1645 1745 1845	
Saturday 0850 0945M 1045 1145 1245 1345 1445 1545M 1645 1745 1845	
Sun + B.Hol: No Winter service	
From Settle (arr. Gargrave ~25 mins later) (Service 580)	
+ from Kirkby Lonsdale (581), ++ from Lancaster (582)	
Mon-Fri* 0755+ 0845++ 0930++ 1030 1130++ 1230 1330++ 1430 1530++ 1700 1745++	
Saturday 0755+ 0845++ 0930++ 1130++ 1230 1330++ 1430 1530++ 1745++	
Sun + B.Hol: No Winter service	
From Malham (arrives Gargrave ~ 25mins later) (Services 75, 210/ 211)	
Mon-Fri* [210/211]	1035 ⁸ 1335 ⁸ from opp. Buck Inn, Malham
Saturday [75]	1030 1630 from opp. Buck Inn, Malham
Sun + B.Hol [873/884] No Winter service	
NOTES 8. Tues & Thurs service stops at Coniston Cold 4 mins before Gargrave	
Service Operators: northern railway www.northernrailway.co.uk 0800 200 6060; 210/211, NYCC www.northyorkstravel.info/operators/n/nycc/ 08458 725282 or 01609 780780; 580/581/582 + 75, Kirkby Lonsdale Coach Hire 01524 733831 www.kirkbylonsdalecoachhire.co.uk ; Buses (general) www.dalesbus.org ; Traveline 0871 200 22 33 www.traveline.info ; National Rail Enquiries 03457 48 49 50 www.nationalrail.co.uk Rail Ombudsman: www.railombudsman.org 0330 094 0362	

Gargrave Library

West St, BD23 3RD
07960 704509
gargravelibrary.co.uk

Open: Mon 3-6pm, Wed & Fri 2-5pm, Sat 10am-1pm.
Visit <http://capitadiscovery.co.uk/northyorkshire/> to
reserve or renew books online (first obtain your PIN no.
from library) , or renew by calling 01609 532774

Emergencies and concerns

ELECTRICITY Emergencies 105, General enquiries 0800 375 675

To check power cuts etc :<http://www.northernpowergrid.com/power-cuts-home>

GAS National Grid Emergency Line 0800 111 999

WATER & SEWERAGE <https://www.yorkshirewater.com/contactus> 08451 24 24 24

FLOOD <https://flood-warning-information.service.gov.uk/station/8083>

ENVIRONMENTAL HEALTH <https://www.cravendc.gov.uk/environmental-health/>

POLICE Non-emergency number 111 for advice or to report crime or damage

NHS: Emergency: 999. Other urgent medical concerns: 111

GARGRAVE BRANCH SURGERY: Higherlands Close BD23 3RF, phone 749226 from 8am. Open Mon-Wed and Fri, 8-12.

Gargrave C of E Primary School & Pre-School holiday dates

	School closes	School opens
Half term (Spring)	Fri 14 Feb 2020	Mon 24 Feb 2020
Easter	Fr 3 Apr 2020	Tue 21 Apr 2020
Half term (Summer)	Fri 22 May 2020	Mon 1 June 2020
Summer	Fri 17 Jul 2020	Tue 8 Sep 2020

Magazine contributions, adverts and subscriptions

THIS MAGAZINE IS PRODUCED by St Andrew's Church for the benefit of the whole community of Gargrave & Coniston Cold parishes. We welcome short articles, news, notices of events, anecdotes, announcements, obituaries, letters & photos, free of charge, subject to space & relevance. The monthly contributions deadline is the 10th. Please email contributions, if possible, to editor@gargravemag.co.uk. We can also accept short contributions by phone 01756 749443.

Editorial advertising currently costs £11 per quarter page per month, other sizes pro rata, payable to "St Andrew's Church, Gargrave", bank account no 30693561, sort code 20-78-42, or by cheque/cash. Artwork can be supplied in Word or pdf format; alternatively we can create it for you, from £20 per advert. Contact gargravemagd1@gmail.com.

An annual subscription is £8 – contact Ron Humphreys on 748779.
Or download it for free from www.gargravemag.co.uk.

Organisations Please let us know if you'd like to amend or add an entry

<p>Caterpillar Club (0+) – St Andrew's Church, Wed 10am, Kirsty Smith 07525 619950</p> <p>Gymnastics (5- & 5+) – Mon, Wed & Thurs 9.15am, Wed 4pm info@ambitionsgymnastics.com</p> <p>Rainbows (5+) – Debbie Gomersall 01729 830589</p> <p>Brownies (7+) – Rose Turner 01729 825886</p> <p>Young Farmers Club – Coniston Cold, Tues 7.30pm, Janet Bolland 01729 830505</p>
<p>Luncheon Club, Neville Crescent Community Centre, alt Tues, 12.30pm, Carol/Carys 748990</p> <p>Afternoon tea, Neville Crescent Community Centre, alt Sun, 12.30pm, Mary Dawson 749755</p> <p>Phoenix Group (over 65s) – Anchor Inn, alternate Thurs 9am-1pm, Sarah 07596 452385</p>
<p>Bowling – outdoor Gargrave Bowling Club, Michael Cox, 748285</p> <p>Bowls – indoor, Village Hall, Winter Tues & Thurs 2-4pm, Joan Griffin, 749277</p> <p>Cricket – Gargrave Cricket Club, Mark Jones, 07498 288654</p> <p>Croquet – Craven Lawn Tennis Club, Gargrave, Tues 2-6pm, Roy Berry 748065</p> <p>Cycling – Gargrave Tuesday Club, Dalesman, Tues and Thurs Trevor Pickles 01282 844788</p> <p>Golf – Mason's Arms Golf Society, www.masonsarmsgolfsociety.com, 749304</p> <p>Hunt – Pendle Forest & Craven Hunt, Elizabeth Adams 749772</p> <p>Pilates – Contemporary, V Hall, Tue 10 & 11.30am, Fri 9am & 10.30am Bee 0777 898 0994</p> <p>Pilates – Classical, V Hall, Tue 2pm, 6pm, 7.05pm, Thu 3pm, 6pm Cate Davies 079 5533 8775</p> <p>Tennis – Craven Lawn Tennis Club, Beth Whitley 749664, www.craventennis.org.uk</p> <p>Tai Chi & Qigong – Village Hall, Thursdays 7.30pm, Ian Cresswell 748540</p> <p>Tai Chi Qigong – Green by War Memorial, Mon 9.30am & 10.30am, 0777 8980994</p> <p>Walking for Health – 1st Thursday of the month, 10am, Jean Maxwell 748851</p> <p>Yoga – Village Hall Annex, Wednesdays 9.30-11.30am, Sally Thomas 01756 461616</p>
<p>Modern sequence dance – Village Hall, Mon 7.45-10pm, John Rainey 749867 or 07840 806698.</p>
<p>Art – Gargrave Art Group – Village Hall, Mon 1.00-3.00pm, Bev Parker 749910</p> <p>Bell Ringing – St Andrew's, Mon 7.30pm, Sun 10.00am, Joe Alston 01729 851663</p> <p>Bingo – Gargrave Community Centre, Neville Crescent – Mondays 1.30-4pm</p> <p>Fuchsia & Geranium Club – V Hall, 1st Wed of month 7.30pm, Paula Jackson 752175</p> <p>Gargrave Community Choir – rehearsals Fri 7pm, St Andrew's Church, 749802</p> <p>Gargrave Heritage Group – Tues 10am, St Andrew's Church, Martin Thomson 748309</p> <p>Craft and Chat – St Andrew's, Tues 2pm, Sylvia Humphreys 748779</p> <p>Parish Council Meeting – Village Hall side room, 1st Wednesday of the month</p> <p>Snooker Club – Village Hall Snooker Annex, every day, Stewart Smith 749340</p> <p>WI – Village Hall Annex, 2nd Wed of month 7pm, Glenys Riley 07715 878709</p> <p>French club – Old Swan, 3rd Thurs of month, 8pm, Allison Wiffen 749913</p>
<p>Masons Arms – Quiz Sundays 8.30pm; Acoustic live music 1st Friday of the month</p> <p>The Old Swan – Quiz Mon 8pm; Pie night Wed; Steak night Thurs; Sunday Roast Sun</p>

Inside this month

Dick Whittington comes to Gargrave
News from the belfry and the WI
How many times can you sell one lamb?
Black sheep and prodigals



Stoat by Paul Chapman, beside the River Aire in Gargrave

Dates for your diary

Gargrave Spring Fayre	21 March
Ceilidh fundraiser for Gargrave Needs A Toilet	3 April
Gargrave Open Gardens	20-21 June

March issue editorial deadline: 10 February

editor@gargravemag.co.uk 01756 749443
www.gargravemag.co.uk

Printed in Skipton by EP Print on FSC recycled paper