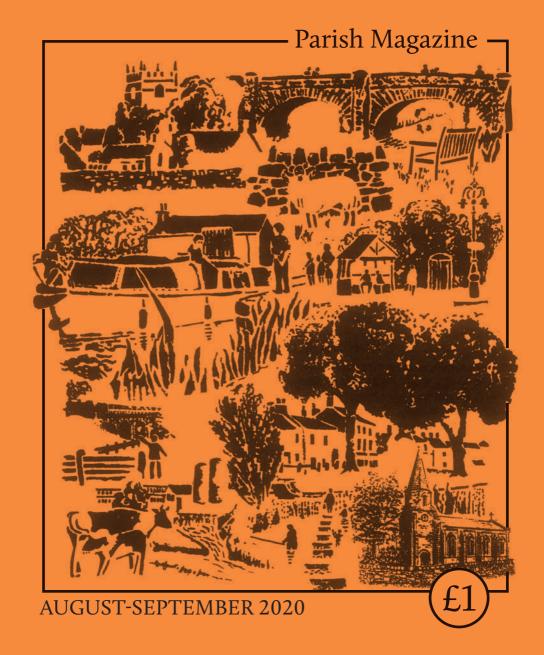
GARGRAVE & CONISTON COLD



Inside this month

Haggai: a time to rebuild.

A canalside walk to Bank Newton, exquisitely described by our nature correspondent.

Route to re-opening the Village Hall.

Dr Wales saves our farming correspondent – in 1936.

News from the loos.



October issue editorial deadline: 15 September

editor@gargravemag.co.uk 01756 749443 www.gargravemag.co.uk

Printed in Skipton by EP Print on FSC recycled paper

CONTACTS

St Andrew's Church, Gargrave www.standrewsgargrave.org.uk

Rev Andrew Steer Vicar 749275 | 07906 554938

andrew.steer@leeds.anglican.org

Churchwardens Peter Poulter 748944 | buffers.pp@gmail.com

Mike Maiden 07876 886313| newby.cottage@gmail.com

Organist Susan Watkiss 798660 | sue@suewatkiss.co.uk PCC secretary Hugh Turner 748117 | Kirk Syke, High Street

Treasurer Richard Pocock 07796 954048 windmill 364 @btinternet.com

Gift Aid Sarah Curtis 748510 | 11 Marton Road

St Peter's Church, Coniston Cold

Vicar Rev Andrew Steer As above

Churchwardens Nick Bannister Airebridge Farmhouse, Bell Busk

Michelle Pickles 749526 | Church Close Farm

Brenda Northrop 749212 | northrop1@btinternet.com Treasurer

PCC & Electoral Jacqui Coates 749300

Roll Secretary

Gargrave Parish Council www.gargravepc.org.uk

Clerk Kathryn Ashby 668209 | gargravepc@yahoo.com

Coniston Cold Parish Council

Clerk Rachel Jones 748125

Gargrave C of E Primary School www.gargrave.n-yorks.sch.uk

Head teacher Sarah Peel 749433 | admin@gargrave.n-yorks.sch.uk

Gargrave Pre-School www.gargravepreschool.co.uk

Leaders Lizzie Nelson &

Judith Metcalfe 748377 | info.preschool@btconnect.com

Gargrave Village Hall www.gargravevillagehall.org.uk

Bookings Christine Town 749730

bookings@gargravevillagehall.org.uk

Coniston Cold Village Hall (The Richard Tottie Memorial Hall)

Bookings Brenda Northrop 749212 | northrop1@btinternet.com

Neville Crescent Community Room

Martin Wright Bookings martin.wright@yorkshirehousing.co.uk

Parish magazine www.gargravemag.co.uk

749443 | 2 Riversway

Editor Duncan Faulkner

editor@gargravemag.co.uk Jane Dallas gargravemagid1@gmail.com Advertising Subscriptions 748779 | 6 St Roberts Close Ron Humphreys

Craven Herald Neighbourhood News correspondent for Gargrave

Caroline Thompson caroline@sandjsthompson.co.uk | 749235 | 07989 585564

A time to rebuild

AFTER ANY TIME OF GREAT DESTRUCTION, there comes a time to rebuild what has been lost. This last six months has seen a huge amount of destruction on a global scale, with jobs, confidence, hope, and lives all wiped away by Covid 19. As we gradually emerge from the safety of our homes we begin to assess the damage, and evaluate the scale of the job in hand. Many industries have taken a huge hit this year, with the knock effects to be seen in rising unemployment; education has been vastly disrupted with the long-term effects awaiting to be discovered. Humanity itself has been shaken to the very core, with confidence and hope becoming casualties of the virus.

The prophet Haggai is one of the little known 'minor prophets' of the Old Testament who wrote his oracle in 520 BC during the reign of the great Persian king Darius 1. He predicted a time when king Cyrus would free the Judean exiles from their Babylonian captivity and they would rebuild the temple in Jerusalem – the centre of worship for the whole nation. This must have sounded pretty fanciful for a nation in slavery in Babylon, for whom all hope had been squeezed out of them.

Speaking through the prophet, God says to His people "take courage" - not once but three times. Why? Because "I am with you" says the Lord. "My Spirit abides with you so do not fear" says God. These words of comfort must have given the Israelites so much hope and confidence for the future, and courage to dare to rebuild their beloved temple.

Perhaps we need to hear those words now — 'do not fear, take courage, for I am with you' as we think about our future. The Bible is literally scattered with similar phrases as God the loving Father seeks to comfort and help His children through all sorts of crises, and God speaks those words to every one of us now as we try to imagine a new future, a new world beyond Covid 19.

The question remains as to how we rebuild what has been lost – do we wish to simply recreate the world as it was before, or do we now wish to make the best of this opportunity to create something better, more beautiful and more fit for purpose. Clearly some things we will want to hold on to, but what do we wish to let go of? What are the most important things and what might we be better without?

God promised Israel that the 'latter splendour of the temple would be greater than the former'. Could we say that about the new things we will be creating from now on? Will we just re-hash what has gone before or will we be brave enough to imagine a better future and better world for everyone?

Faith, hope and courage are needed if we are to envision new possibilities and make them realities for the human race. With God on our side there is nothing but hope, there is no need to fear and there is a much better future on the cards for everyone.

EVENTS

With rules and guidance changing so rapidly at the moment it seems a little premature to reinstate the village events diary. Hopefully it will reappear for the October magazine. At the time of writing, some church services have resumed at St Andrew's and St Peter's. Keep an eye on email and social media for the latest news and events.

NEWS

Gargrave Gardens Go Global



We have now welcomed over 500 virtual visitors to gardens in Gargrave and Bell Busk, from nine countries as far afield as Australia, India, USA and Colombia!

There are ten gardens featured on the website now, with a

Duncan Faulkner



queue of others to upload when I get round to it. We are so grateful for all the care and effort that has gone into putting together the videos, photos and descriptions.

If you follow the blog at https://gargraveopengardens.com you will receive updates when new posts appear. The website invites donations for St Andrew's Church since Open Gardens is normally the biggest annual fundraising event for the church.

Family service review, 5 July 2020

Peter Gardner

Hmm, we were still in lockdown as far as the family service was concerned – but no matter, many of us still enjoyed the digital, non-sausage sandwich version on our computers. Here's a thought – why not make your own sausage sandwich and then log in to it, (the family service, not the sausage sandwich) at https://youtu.be/ZAVm6lV303Y. Here you will find two retired members of our congregation dancing and singing to the tune of La Bamba, but with beautiful words of praise and joy. They even looked joyful while they were doing it.

The theme that morning was 'Love,' the giving and receiving of love, and the biblical account of Naomi and Ruth figured heavily. Naomi, her husband and her two sons had gone down to Moab from their home in Bethlehem to escape a famine. While they were there, both sons married Moabite girls, but tragedy struck. Naomi's husband died and so did her sons, so Naomi, three times

bereaved, and left in a foreign land and with no means of support, decided to return to Bethlehem. Ruth, one of her daughters-in-law, showed Naomi much love at this time. She threw in her lot with Naomi, left her own homeland and people and went with her to live in Bethlehem.

There, Naomi, back in her own land and among her own people was able to help and advise Ruth and together, with God's leading and help, Ruth was able to find work, provide for them both and marry a godly man. Ruth and her husband had a son and became the direct ancestors of Jesus. So - it all ended happily ever after.

There were some good lessons here. We were reminded that, like Naomi, there are times when each one of us needs people to show us love and to help us in practical ways - and there are other times when, like Naomi, we are able to show love and support to others and help them in practical ways. You know, Jesus didn't just suggest we love one another, he commanded us to do so - and he, himself was the perfect example of love in action.

As lockdown draws to a close, how can we show love to others? Well – one idea was that we could ring those who might just need someone to chat to, or perhaps we could offer to do jobs for people. A practical suggestion was that we think about what specific people might need help with – shopping, for instance, or a floor cleaning, or a cake baking - and offer to do that rather than say, "If there's anything I can help you with, do say."

One thing we can all do is pray – and intercessions were made for many people and many situations. Prayer actually does change things you know! Even Jesus did it - and so we can be confident that our prayers will have made an impact in the heavenly realm.

So, let me leave you with a question? How are you going to show love to others? That was the theme and more importantly, that was Jesus's command. There are thousands of ways to do so. You could even make someone a sausage sandwich.

Village Hall news

Caroline Thompson

How sad I feel as I look back to the News I sent in for the Parish Magazine for this period last year. I wrote about our good friends and colleagues, Peter and Sue Perls who had just sold their home in Gargrave and were moving to pastures new in Cheshire. We were wishing them well in their new home and thanking them for the incredible work they had done at the Village Hall ensuring the venue had, and would, continue to go from strength to strength. Even though the miles separated us they remained on the Committee and we so enjoyed their return visits.

Sadly Peter contacted us just as lockdown began to give us the shocking news that Sue had been diagnosed with a serious illness and we have just received the News at the time of going to print that Sue has passed away peacefully at home in the care of her family and a wonderful team of district and MacMillan Nurses. We hope that you too will think of Peter and all the family at this sad and difficult time.

We hope that you too will think of them at this sad and difficult time.

Though we have no set dates for re-opening at the time of writing this piece, there is certainly light at the end of the tunnel and a small phased re-opening of some classes will be returning before too long. It is immensely difficult to plan anything as the Government guidelines we are issued with are lengthy and restrictive. Spacing creates its own problems as some areas which were previously used for classes are now not large enough to comply with the guidelines and it is going to be difficult to accommodate everyone in their preferred slots whilst following all the necessary requirements plus avoiding the "pinch points" and the distancing at entry and exit.

Please spare a thought for Christine our hard working bookings Secretary. This is a much harder jigsaw puzzle for her to put together than the ones she and her husband David have undertaken during their lengthy period of self isolation! We have to compile safety risk assessments and then incorporate them into our original documents, all this takes so much time but it is important we compile them correctly. Another difficulty is when Government guidelines contradict those issued by Public Health England which again are lengthy, still, think positively perhaps reading all this literature keeps the brain cells alive???

We do ask at this time that all Hirers, Clients and Customers remain patient as we plough through all this paperwork, we will open in stages when we feel confident that we have a safe environment to welcome everyone back too.

The Snooker club is an entirely self-contained building so this does not create some of the problems which have to be looked at in the main Hall and the re-opening of this facility is likely to be announced shortly, possibly before the printing of this publication. Details on membership can be found by calling Alan on 01756 749939. We are pleased that the Library has already re-opened initially with a Click and Collect service and I think a browsing service will be available again probably by the time you receive this Magazine. Therefore all in all we feel that the new normal is slowly returning and we look forward to soon welcoming everyone back. Please check out our website (gargravevillagehall.org.uk) for any re-opening news which is updated on a weekly basis, posters will appear in the outside Noticeboard and any updates can also be found in the Gargrave News column of the Craven Herald.

Lynn and I have completed a mass sort out of the hundreds of books we have at Village Hall, all are now in categories and authors are in their alphabetical order. How organised is that!! Please contact 07989 585564 if you have any particular requests for books, they are still only 50p each for paperbacks and £1.00 per hardback. Collection and payment can be made outside the door of the Hall.

Robert, Simon and Lynn are still busy working at the Hall ensuring that all the work and deep cleaning is completed as soon as possible. Lynn is awaiting the birth of another grandchild a bouncing baby boy who is due any minute, Robert is busy planning an imminent house move and his son Simon has just applied to become a part time Firefighter, life goes on despite Covid!

Have a lovely Summer, everyone deserves it.

The Gargrave public loos have remained open daily all year so far thanks to our band of voluntary cleaners for sprucing them daily, and because Public Toilets were been permitted to remain open during the lockdown days. Virus or no virus, people still keep needing the toilet, and keyworkers and others have been so glad of them. Now people are out and about again, our Gargrave greens are a favourite destination for droves of visitors, many so grateful for the adjacent facilities.

July has brought the long awaited upgrade to the hand washer-dryers in the Ladies and Gents. We now have snazzy new Wallgate units with laser light beams: first green to detect your hands and whilst delivering aerated bubbly soap, then blue-lit water rinses your hands for 20 seconds, followed by a good blast of focussed air along with red light for good measure. We're very grateful for funding for these units from Yorkshire Dales National Park, and for Peter Hardyman's overseeing of their installation, in conjunction with Steve Claxton and Adrian Lambert who conducted the necessary electrical survey. And many thanks to Janet Smales for tending the garden, and for Linda for making engaging posters for the walls and including the expanding Poet-Looreate loo wall poetry collection.

We wish Wendy Robinson and family well as they move away from Gargrave. Wendy will be sorely missed on the cleaning team, as will Cynthia Hardyman who has kindly served a 6+ month weekly term too: we've most grateful for all their contributions. We are recruiting replacements and additions for the cleaning rota, either for a regular weekly or fortnightly slot, or to come onto the holiday cover rota. If you'd like to be involved, please contact me, Bee, on 07778 980994.

If you don't fancy cleaning but would be happy to pay towards others cleaning instead, then we would most welcome your financial assistance. We would love to have more people joining our currently small group of monthly standing order donators: we transfer fund directly into the GNAT bank account: account number 53123018, sort code: 01 - 07 - 93. Cheque and cash donations are welcome too - to our treasurer Allison Wiffen at Higherland House, West Street BD23 3RJ, enquiries@awceramics.co.uk. Or give via our GoFundMe webpage https://www.gofundme.com/f/gnat-gargrave-needs-a-toilet. Thank you to all those who have donated so far. Please keep the donations coming!

The income dropping daily into the donation boxes in the toilets is bouncing back after the lockdown low: the cash came to £276 in June, well up on the April figure of £85, which was a big drop relative to March at £229. This level of income will healthily cover our bills for water, sewage, cleaning products, sanitary ware and toilet paper, but alas it is not enough to fund cleaning too, hence the appeal above.

If you're not familiar with our village loos, do come and check them out. They are looking lovely with their pleasant garden, rainbow doors, improved insides, wacky posters and all.

BeeActive Pilates and Tai Chi Qigong

Bee Faulkner

BeeActive early September 2020 programme via Zoom:

Fridays only, 4 & 11 September: 9am Pilates; 10.30am Tai Chi Qigong

Weekly programme expanding from w/c 14 September:

Pilates classes hopefully returning to Gargrave Village Hall - from Tues am, 15 September,

Tai Chi Qigong sessions on Gargrave Water Street Green probably resuming Mon 9.30 am, 14 September and Thursday 9am, 17 September

Zoom Pilates and Tai Chi Qigong, probably continuing as above on Friday mornings at 9am and 10.30am.

Newcomers welcome. Please contact me for further details or to book a place: 07778 980994, or BeeActive@btinternet.com.

Thank you, Bee (www. BeeActiveBeeRelaxed.com)

Gargrave WI: Fighting the good fight

Sarah Kirk

I am continuing a look back through a selection of the Gargrave archive and this time focussing on the WI's role, both national and local, in campaigning and fundraising.

Since 1918, three years after its inception, the British branch of the WI has run campaigns in order to both educate its members and the wider public and improve the female lot in society. Campaigns start as suggestions from members and eventually become resolutions which are voted for and agreed at the annual conference. The WI website lists an impressive number of national campaigns, many raising issues long before they became national concerns.

Dismissed in earlier times, perhaps, as the 'caring' side of the female character, the need to respect and preserve the environment is a recurring theme. The WI first campaigned for managed waste disposal in 1925, and in 1954 the Keep Britain Tidy group was founded as a direct result of a WI campaign to preserve the countryside 'against the desecration by litter'. In 1971 the WI campaigned to increase research into the production of disintegrating plastic packaging materials and one of its most recent resolutions is 'to end the plastic soup' of microfibres in our oceans. The WI is a founding member of the Climate Coalition, a group of 130 organisations including the National Trust and WWF. In June 2019 200 WI members joined 'The Time is Now' lobby, joining with 12000 other coalition members to lobby 350 MPs to prioritise tackling the climate change issue.

Unsurprisingly another prominent concern has been health but often the WI have shown prescience and bravery in its focus. In 1964, at the height of its popularity and 'coolness', the WI campaigned to restrict the amount of smoking in public places and the amount of smoking broadcast on TV. Also in that year at

a time when 'women's troubles' were not considered a polite topic of conversation, it encouraged members to talk about and most importantly take up the offer of cervical screening. It is still bringing awareness to this issue in one of its most recent campaigns 'Five minutes that matter.'

In 1918, the first resolution was 'the sufficient supply of convenient and sanitary houses, being of vital importance to women of this country'. In 1943, as women for a second time in not much over a generation took over male roles in the workplace, the WI raised the issue of equal pay. Distinctly a non-political organisation its members were described in 2000, by chair, Helen Carey, as 'feisty and robust', and, as a correspondent to The Times, Liz Jones in 2005 wrote:

It is not a question of the WI having transformed itself into a national campaigning organisation. What has happened is that the issues on which it has been campaigning for 90 years have now become matters of central political debate. Phraseology changes but WI's core values of education and improvement in lives of women and their families are as relevant as they were in 1915.

If you would like to find out more about the WI and its history and campaigns, past and present, the website address is thewi.org.uk.

Even in my small selection of the archive, there is evidence of Gargrave WI's support for national campaigns such as fundraising to highlight awareness of the importance of the honey bee, lobbying against the closure of local subpost offices, and enthusiastically joining the village litter picking effort.

As its original motive was to increase food awareness and production within the home it is inevitable that many WI campaigns involve food. But whilst relating to the food that is on the table, the WI has often viewed the issue as global rather than domestic, and has not been afraid to tackle controversial issues. In 1926 the WI highlighted the need for adequate provision for school

lunches and many years before its current prominence, the problem of childhood obesity. After campaigning throughout the 1970's and 80's for global food security and agricultural self- sufficiency, in 1992 the WI was one of the founding organisations of the Fairtrade Foundation. As part of Fairtrade Fortnight, in 2001, Gargrave WI held a coffee morning, with villagers invited to come and learn more about the movement. Oxfam and Morrison's provided examples of Fair Trade goods and to raise funds baked cakes. using **Fairtrade** ingredients, were on sale.



Jennifer Heselton and Joan Phillip pictured at the event.

A year later, Gargrave WI lobbied the then local MP, David Curry over maintaining high standards and protocols with regard to the importation of foodstuffs. Twenty years ago at Gargrave Show, the WI presented a hamper filled with products containing over 20% fat to highlight the dangers of excessive hidden fat in snacks and everyday foods.

As the national WI works in partnership with other organisations, so with Gargrave, as evidenced by the 2000 archive. After the successful retention of the Carlisle service, The Craven Herald records that Gargrave's WI was just one group in the village which raised concerns about the termination of the Carlisle Service by Northern Spirit. Secretary, Olive Payne told the Herald that they were exasperated that the service had been stopped especially after so much money had been invested in refurbishing Gargrave station in 1999. My archive snapshot reveals that Gargrave WI collected shoes to raise funds for the Yorkshire Air Ambulance and contributed to the rewiring of the church.

The monthly meeting in May 2009, typifies the WI approach to making a difference in the lives of others both far and near. In addition to listening to the guest speaker, Val Gladman from Associated Country Women of the World (ACWW) ,everyone was invited to bring along a favourite dish. Members tasted as many as they wished or could manage (!) and voted for their favourite with pennies. All proceeds from the evening, (and from our monthly penny collection ever since,) have been donated to ACWW. On the face of it, yet another convivial WI evening, but as I have attempted to reveal, beneath the stereotypical WI 'jam and Jersusalem' image there beats a radical heart.

From the belfry

Ali Lucas



Hello from the bell tower. My name is Ali Lucas and I have recently been nominated as the new Tower Captain at Gargrave. I am honoured and delighted to be leading the team and hope that I can follow in the footsteps of Joe Alston who has done a sterling job over the last four years.

My husband and I moved to Gargrave last August from Brighton. We fell in love with the Yorkshire Dales ten years ago after a fantastic holiday in Swaledale. From then on we used whatever holiday we could find as an excuse to come back. After a while it was becoming harder

and harder to leave Yorkshire to go home so we decided we would turn things around and make this our home.

It took us a while to find the perfect house and ringing was an important thing to factor in to any choices. We were excited when we found Gargrave, not only a beautiful village with lots going on but an eightbell tower with a band of keen ringers. We had found our perfect home.

My husband Steve has been a bell-ringer for over 50 years and 17 years ago he persuaded me to take up the hobby. It is such a great pastime for meeting people. In just a few months of moving here we quickly gained a whole group of friends who have made us extremely welcome and helped us to feel instantly at home. Bell-ringers across the country are a sociable lot. Once you have learnt the basics, wherever you find yourself in the country you can call in to join the local ringers on a Sunday morning or a practice night and you will always receive a warm welcome.

The Gargrave ringers are all very much looking forward to getting back into the tower so that the bells can ring out across the village on a Sunday morning. Negotiations between the Church of England, the Council of Church Bellringers (CCCBR) and Public Health England (PHE) are taking place as I write to find a way in which we can make it a Covid-safe activity. Once we receive the go ahead we shall carry out risk assessments and hope that when live services resume we can give you a short spell of ringing each Sunday morning.

In the meantime, and indeed for a quite a few months to come, our practices will be restricted to our on-line 'virtual' tower. This is proving a great asset though and a good way to learn the theory of ringing.

Another of my hobbies is handbell ringing. We are lucky to have a group of tune handbell ringers in the village and I was delighted to join them earlier in the year before lockdown. The tune ringers use a large set of bells to and play popular melodies that you will know.

In the bell tower we ring 'changes'. The main difference with change ringing is that the bells are rung to a strict rhythm with each individual bell sounding once in a sequence. The 'tune' is more of a pattern where the ringers learn at which place in the sequence they are ringing. You can ring in this style using handbells, except that you control two bells (one in each hand) instead of just one on the end of a rope. I am hoping to find a group of people locally who are keen to learn this skill, and as we are more easily able to stand 2m away from one another and be outside it may be a way to return the sound of bells to the village and the church more quickly. Steve and I have been recording a short handbell piece on 4 bells each Sunday morning for the Gargrave Ringers to remind us all that is it Sunday when the bells ring out, let's hope it is not too long before the whole village can hear them again!

The following 25 statements about the Bible were written by children in a school test – or so our correspondent informs us....

1. In the first book of the bible, Guinness. god got tired of creating the world so he took the sabbath off.

- 2. Adam and eve were created from an apple tree. Noah's wife was Joan of ark. Noah built and ark and the animals came on in pears.
- 3. Lots wife was a pillar of salt during the day, but a ball of fire during the night.
- 4. The jews were a proud people and throughout history they had trouble with unsympathetic genitals.
- 5. Sampson was a strongman who let himself be led astray by a Jezebel like Delilah.
- 6. Samson slayed the philistines with the axe of the apostles.
- 7. Moses led the jews to the red sea where they made unleavened bread, which is bread without any ingredients.
- 8. The egyptians were all drowned in the dessert. Afterwards, Moses went up to mount cyanide to get the ten commandments.
- 9. The first commandment was when Eve told Adam to eat the apple.
- 10. The seventh commandment is thou shalt not admit adultery.
- 11. Moses died before he ever reached canada then Joshua led the hebrews in the battle of geritol.
- 12. The greatest miricle in the bible is when Joshua told his son to stand still and he obeyed him.
- 13. David was a hebrew king who was skilled at playing the liar. He fought the Finkelsteins, a race of people who lived in biblical times.
- 14. Solomon, one of Davids sons, had 300 wives and 700 porcupines.
- 15. When Mary heard she was the mother of Jesus, she sang the magna carta.
- 16. When the three wise guys from the east side arrived they found Jesus in the manager.
- 17. Jesus was born because Mary had an immaculate contraption.
- 18. St. John the blacksmith dumped water on his head.
- 19. Jesus enunciated the golden rule, which says to do unto others before they do one to you. He also explained a man doth not live by sweat alone.
- 20. It was a miricle when Jesus rose from the dead and managed to get the tombstone off the entrance.
- 21. The people who followed the lord were called the 12 decibels.
- 22. The epistels were the wives of the apostles.
- 23. One of the oppossums was St. Matthew who was also a taximan.
- 24. St. Paul cavorted to christianity, he preached holy acrimony, which is another name for marraige.
- 25. Christians have only one spouse. This is called monotony.

News articles continue on page 15 after the commercial break... (don't ask about the page numbering!)

Canal Wharf Eshton Road Gargrave BD23 3PN



Tel: 01756 748855 Mob: 07545 957860 www.wharfsidewines.com sales@wharfsidewines.com

choice • value • service

Wharf Side Wines prides itself on sourcing and supplying good value and exciting wines from around the world.

With over 300 wines available from our cellars, we have wines for every day drinking, magnums for making the real 'wow' factor and wines for those unique special occasions, all of which we can supply direct to your door.

Wharf Side Wines 12 bottle selection - £89.99

Massive savings on multi-case buys

Wine from under £6.49 per bottle

T Large formats available

T Glassware



Email sales@wharfsidewines.com to place an order

Lifetime mortgages? **Equity release?** RIO's?

Are you thinking about releasing the value in your home but you're not sure if it's right for you?

Would you like to know all of your options and the long term implications?

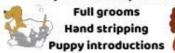
Free, no obligation home visits are available with our patient friendly advisor who will answer your questions and help you make the right choice.

01756 802102 greenbeansfinancial.co.uk

Your home is at risk if you do not keep up payments for your mortgage or any loan ocured against it. Green Beans Financial Ltd is an appointed Representative of New Leaf Distribution Ltd which is authorised and regulated by the Financial Conduct Authority Number 460421. Registered office 1st Floor Princess Caroline House. 1 High Street, Southend on Sea, Essex, SSI IJE

Dog Groomer

City and Guilds qualified



Call Alice on 07506795246 groomingmarvellous@outlook.com

@groomingmarvellousmalham

groves architects ltd

Suite A, Canal Wharf Eshton Road Gargrave BD23 3SE tel: 01756 748648

www.groves-architects.co.uk e-mail: design@groves-architects.co.uk

Robert Groves Dip Arch RIBA Chartered Architect

Design led practice specialising in quality residential projects.



Do You Love Cheese?

Come and visit Settle's specialist cheese emporium!

Award Winning Cheese Shop
Specialist Cheese Café
Cheese-making Classes
Cheese Museum

Support Traditional Farming and a Local Family-run Business



Visit The Courtyard Dairy: on the A65 (between Settle and Austwick), LA2 8AS

Open 7 days a week

~ Buy online: thecourtyarddairy.co.uk ~ Nationwide delivery ~ 01729 823 291 ~

Gargrave and Malhamdale Community Library

Dave Smith

Library Re-Opening

Hopefully, most of you will be aware that July has seen the Library partially re-open in various stages and below is a resume of progress to the end of July.

SELECT & COLLECT: The aim of this new service is minimise social contact with the Library by allowing borrowers access to a selection of books without having to enter the Library. The scheme operates in a similar way to the click and collect from the local shops. First contact the Library, details below, explain what sort of books you would like to read, a volunteer will then select the books off the shelves and after the books have been quarantined for 72 hours you will be contacted and given a time to come to the Village Hall. The books will be in a paper carrier bag in the entrance hall with your name on the bag. Entry will be one in and one out with a volunteer there to assist if required.

HOME LIBRARY SERVICE: Is back in operation delivering books, large print books and DVDs to those that cannot attend the library themselves.

The Covid-19 pandemic has restricted many people who are vulnerable to their homes and who may now find a need to take up the service. If you are not currently a member of the library do not worry, we will sign you up.

The service operates on a fortnightly basis, there are NO charges involved, all we need is an indication as to your tastes and we will do the rest.

To take advantage of the service please contact the library by phone or email as listed below, a form will then be provided for you to provide your details and preferences.

Be assured that we will be taking all necessary safety measures with items delivered to your houses.

PUBLIC ACCESS PCs: The Pcs are only available by appointment only. If you require use of a PC and/or photocopier, please contact us on 01756 749489 or admin@gargravelibrary.co.uk

LIBRARY OPENS FOR BROWSING: Friday 31st July will see the partial opening of the Library. Following guidance from NYCC all the soft furnishings together with the chairs and tables have been removed, plastic screens have been installed, hand sanitizers are in place, but the biggest change is to the system for operating the Library.

Only one borrower is allowed in the Library at a time with other borrowers having to wait outside the Hall, the external doors to the Hall and the Library door will remain open and the flow of borrowers into the Library will be controlled by a volunteer sat in the entrance hall. A second volunteer in the Library will explain the procedure to be carried out regarding borrowing and returning books.

Initially the Library will be open as follows:

Fridays 2.00 -4.00pm for Adults

Saturdays 10.00 - 12.00 noon for a family "hub" consisting of siblings and one adult.

As numbers of both borrowers and available volunteers build up, we will look at extending the number of sessions that we are open.

Whilst not ideal it is a means of getting the Library up and running and the Committee would like to thank everybody for their patience and support.

FARMING ON SCALEBER HILL

John Hall

We normally shear the sheep mid July, however this year were tempted earlier due to the hot weather. As it turned out, concentrating on the silage making first was a winner. The silage clamp is packed and sealed. The heavy rain will start the grass growing and I am sure the sheep have been happy with their jackets on this cold wet spell. After eight weeks of fine weather the grass was beginning to burn and streams dry. The rain was very welcome. We often complain at all the rain but this is why Craven is renowned for the views and colours of green due to regular rain which keeps everything growing.

There is never a let up in jobs on farm. A blitz on the buildings and steam cleaning are essential before the next crop of calves are born. The Suckler cows are all calved and outside. The dairy heifers are calving, so far, so good. Well

grown, very quiet and good to handle. There is one sting in the tail - Genus are not the flavour of the month. The heifers were inseminated with sexed semen but the results at the moment are 25% bull calves.

The article in the June magazine "From the Belfry" drew my attention as my eldest daughter was a ringer for a time. The mention of Dr Wales and Rev Arthur Blunt brings back memories. Dr Wales was the family Doctor when I was born in 1936. He no doubt saved my life by rushing my mother to Leeds Infirmary for a caesarian section. The surgeons bill was £32. Incidentally he mixed his medicines in his surgery for the patients. As for the Rev Blunt, he spent a great deal of time at the then church school where he was very popular, especially at Christmas party time as he had a great sense of humour! Both were held in high esteem.

With the year half over, days shortening and the silage made before the weather turned, Autumn is now looming which is normally a pleasant time on the farming calendar. However, with all agricultural shows and all sports and village events cancelled and auction sales restricted to buyers only, social life has sadly reduced with little sign of change.

One thing I could draw attention to this year is how many trees have recovered after a late frost brought down the leaves off many trees. In fact at one time the ash and other broad leaved trees appeared to have died. The first leaves dropped off but nature replied with re-growth of buds and trees back to full bloom. Despite this many trees have not re-grown leaves on the outside twigs.

The lockdown having been eased life may become more normal.

There is no chance to be bored on a farm. I have caught up with the walling during the good weather and in lockdown it has been one way of keeping fit!!

NATURE NOTES

Bathie

Around the canal, Bank Newton way

Along the path from the Pennine Way, westwards towards the canal, I reach a small tinkling beck, partly filled by the lush foliage of water-loving plants. There is Water Mint and I discover hidden amongst the leaves, small round and shiny dark orange beetles. Despite their resemblance to the semi-precious stone carnelian, they have never warranted a common name, and go by the title of Chrysolina polita, polita meaning pretty. They favourite food plant is mint, but in damp places and on river banks, they can be found in other herbage too.

There's Watercress, with small clusters of white flowers and the evergreen waxy leaves of Brooklime. This is a type of Speedwell, whose delicate blue flowers with white centres are very like those of its more commonly seen cousins.

Near the beck, by a dry stone wall, I find Silverweed and Creeping Cinquefoil growing close together. They are both members of the rose family and are displaying their sunny yellow flowers, which at first glance appear identical. Their flowers have five petals but the leaves are very different. As the name suggests, Silverweed has beautiful thick and feathery silvery-green leaves, whereas Cinquefoil has five or sometimes seven leaves attached at the mid-point, arranged not unlike a star.

Along the track to the canal I find Banded Snails (Cepaea species) who have glued themselves to the underside of the wooden rails of an adjacent fence. This is clearly a popular place to rest as there are clusters of them all along the fence-line. The numbers of bands and shell colouration of these snails varies enormously. Some have no brown bands whereas others have several. This variation in appearance amongst members of the same species is known as polymorphism. These differences in shell colour from brown, pink to yellow and striped or stripe-less, give the snail population a range of camouflage options. Any one colour variation will work well to disguise the snail at a certain time of year and in a particular habitat, so that overall, predation of each colour type will be much the same. These snails are a favoured food source of Thrushes!

Down by the lock gates at Bank Newton, I come across a vibrant display of small flowering plants. There's my old favourite Bird's Foot Trefoil, its golden yellow rings of pea-like flowers, brightening the scene. In contrast, the deep purple-red cones of clover stud the ground. Then, nearby splashes of dark tangerine draw me over to the dandelion-like flowers of Fox-and-Cubs. The name is derived from the open flower being the fox and the unopened flower buds alongside, the cubs. It also goes by the less inspired name of Orange Hawkweed.

In the meadow nearby, chocolate brown Ringlet butterflies alight on the vivid purple crowns of Common Knapweed. Small Tortoiseshells and Red Admirals play in the sunshine above Ox-Eye Daisies in the flower-rich sward, and Grasshoppers "zee zee" amongst the tall grasses. A Willow warbler flits between the branches of a Blackthorn tree, picking out insects as he goes.

Three wrens are shouting out their scolding "tek, tek, tek" alarm call from the branches of a Hawthorn tree. Insistent, persistent then the cause of their anxiety appears. A stoat, with a ginger biscuit fur coat and white chest is apparently hunting them, running this way and that in the branches of the tree. Up one bough then down again, and up another, all the while the bold little birds keep up their valiant tirade. Strategically positioned on the outermost twigs, they bravely encircle the predator. There's no sign of a nest to protect, the tree lower down is quite bare, so the stoat's endeavour seems futile. After a while he gives up the game and once he's away, peace resumes.

Now higher up, on the bridle path above Newton Grange, I encounter the beautiful mauve Jacob's Ladder (Tufted Vetch). Its inflorescence reminds me of a miniature bunch of delicious purple grapes, hanging amongst the grasses. Whilst delighting in these blooms, I see a striking insect nearby. He has long antennae and a black body with cream and yellow markings, which include a

small x on his back. Yet another one without a common name, this is Grypocoris stysi. Both the adults and larvae of this bug eat plants and small invertebrates, such as aphids.

Further on, standing above the beck, I admire the frothy cream fluffiness of the Meadowsweet's blossom. The tall plants encase the banks where stripy Mayflies with their long three-pronged tails, gracefully rise and fall above the silvery water.

Reunited with the canal, not far from East Marton, I am welcomed by a dazzling display of wildflowers in the linear mini-meadow that runs between the tow path and the water. There are yellows, blues, purples and pinks, tall grasses and reeds, wildflowers short and tall, an absolute delight!

All the old favourites seen elsewhere are here: Bird's Foot Trefoil, Red Clover the graceful bluey-mauve of Meadow Cranesbill and clouds of yellow Ladies Bedstraw. But there are also orchids, specifically the Common Spotted orchid, with beautiful spikes of pale pink flowers daubed with darker pink spots and painterly lines. Its spear-like leaves, arranged in a basal rosette, are decorated with dark brown spots.

Amongst the taller and more conspicuous wildflowers and grasses hides the small but pretty annual herb Eyebright. The miniature white or lilac flowers have tiny purple stripes, these "honey lines" show insect pollinators the way to the nectar. There is also a yellow spot on the landing pad of the tiny flower. Also known as Fairy Flax, this diminutive plant is not all that it seems and has a secret strategy to help it compete with its more vigorous neighbours. Down below ground, it penetrates the roots of nearby plants and grasses and in this way supplements its own nutrition with theirs.

Another more obvious annual wildflower, Yellow Rattle, is also present. It too practices this semi-parasitic behaviour, invading the roots of nearby grasses. By doing so, it suppresses their dominance, which in turn helps other wildflowers to colonise the meadow. In former times it was considered a pest in grasslands, as it could reduce the yield by 50%. Nowadays, it is an essential plant that aids the return to more natural and species diverse meadows. It is so named, because once ripened and dry, the seeds in its large inflated seed pods rattle in the wind. Once, this sound was a cue to farmers to cut their hay.

Further along the tow path, a song bird pops out from a Hawthorn just ahead of me, snatches an insect in mid-flight then returns to his perch. He has a black head with an encircling white collar and a long white moustache. His summer plumage includes a large black triangular chest patch. This is a male Reed Bunting and on the other side of the canal a female with a beak-full of insects is poised on a fence post. She has a nest on the ground, hidden in long grass, close to a small beck. She waits a while, and once feeling it is safe to do so, bobs down to feed her young.

In the water there is a patch of Flowering Rush. Its exotic flowers seem more suited to the rain forest rather than beautifying a Yorkshire canal side. Arranged in umbels on long stalks, they are made up of two sets of three pinkywhite petals which are presented in overlaid triangles. It has an upright cerise

centre surrounded by bold, bright yellow stamens which complete the glamorous look.

I pass a Swan with three teenage cygnets floating effortlessly on the still water and then under some majestic Beech trees, I pause briefly, closing my eyes, and listen to the sound of the wind rustling the leaves above. Moments later, I watch a large flock of Canada Geese tentatively approach the water, from the meadow on the far side of the canal. One by one they jump in and splosh about and once refreshed soon return to the bankside. Refreshed too, I make my way home, my mind brimming with wonder at all the incredible and diverse life forms I have been fortunate enough to witness.

A CORONA OF PSALM POEMS

Malcolm Guite

Malcolm Guite is a poet, priest, rock musician and friend of our own Andrew Steer. We are grateful for his permission to include his poetry in our parish magazine, from his blog: https://malcolmguite.wordpress.com/ in which he is working his way through the book of psalms.

In my sequence of poems responding to the psalter we have come to psalm 27, the great psalm of vision and illumination, one of my all time favourites, indeed a favourite for many people. It's not hard to see why. From the opening line: 'THE Lord is my light and my salvation; whom then shall I fear: the Lord is the strength of my life; of whom then shall I be afraid?' to its beautiful motif of seeking earnestly for the hidden face of God: 'My heart hath talked of thee, Seek ye my face: Thy face, Lord, will I seek', this psalm seems to lead us deep into the mysteries of God himself and promises to transform our vision of the world. It is also an invitation to trust in God, as its final words proclaim.

As the psalm has meant so much to me personally I found that it drew from me a poem in which I finally expressed, as fully as I can, my own spiritual vision, such as it is; my sense that God is always present shimmering behind the veil of things, and that he is calling us constantly through that veil, to trust ourselves to him and seek his face, and that until then we should look at the world through his eyes, allowing him to transform and renew our vision.

XXVII Dominus illuminatio

Oh let me see with his eyes from now on Whose gaze on beauty makes it beautiful, Who looks us into love and looks upon

His whole creation with a merciful And loving eye. My heart has said of him Seek out his face, I've sensed his bountiful Presence shimmering behind the dim Veil of things. That presence calls to me Calls me to tremble at the brink and rim

Of lived experience, and then to free Myself of fear. to trust him, and to dive Right off that brink, into his mystery

Into that deep and holy sea of love
In which the living worlds all float and swim
To dare each moment's death, that I might live.

Gargrave Lands Charity

Are you currently experiencing financial difficulties and needing help?

Do you need financial assistance to pursue higher or further education or vocational training?

If you live in Gargrave, Flasby, Eshton, Winterburn, Coniston Cold or Bank Newton then Gargrave Lands Charity may be able to help!

Financial assistance readily available in approved cases.

Contact one of the trustees listed below to discuss your situation.

Absolute discretion and confidentiality assured.

Phil Ellis Christine Charlton Joyce Garner lan Reed-Peck Mike Maiden 748685 748817 748447 07527 269915 07876 886313

On mentioning to my son that I had seen a Little Owl in the garden he mentioned that he had seen a "Teet Owl".

Perplexed, IsaidId never seen a Teet Owl.

"Yes you have", he said, "hanging on the kitchen cuptoard door".

Public Transport leaving Gargrave Compiled by Peter Hardyman 12 July 2020

TAXIS from Gargrave (see advertising directory, page A3):

Gargrave Private Hire - local & distance, airport transfers: 07877 054698, 01756 748112

Face coverings now compulsory on all public transport; these can include masks, reusable cloth coverings and a whole range of other options including scarves and bandanas – as long as the wearer's nose and mouth are covered.

TRAINS from Gargrave **TRAINS HAVE REDUCED CAPACITY**

To Skipton (arrives pprox.. 9 mins later) & Leeds (arrives pprox. 55 mins later)

Mon-Sat (From 6 Jul) 0744^9 0754^1 1150^1 1645 1813 1850^1 2237¹ Sunday (From 12 Jul) 0748BUS 1121 1348BUS 1421 1948BUS 2107

To Giggles'k (Trains arr. ~ 20 mins later) & Lanc'r (arr. ~ 65 mins later)

Mon-Sat (From 6 Jul) 0528 0902 1504 2006 Sunday (From 12 Jul) 0615BUS 1215BUS 1815BUS

To Settle (arr. ~18 min later) & Carlisle (arr. ~2hrs later)

Mon-Fri 0832 1133 1732 Sat. 0832 1133 1732

Sunday 0950 1311

NOTES: BUS=Bus substitution. Bus Replacement Stop at Gargrave is on Church St, on the village side of the Railway Bridge. 1. Change at Skipton for Leeds. 9. From Ribblehead ONLY. Generally, only DIRECT journeys are shown. AT THIS TIME, Northern recommend consulting the National Rail Journey Planner:

https://ojp.nationalrail.co.uk/service/planjourney/search or 03457 48 49 50.

As of 12 July: No planned engineering works affecting trains from Gargrave during August are identified. *That may change. Check with northern railway.* For live info on next 2 trains text GARGRAVE to 84950, or go to www.realtimetrains.co.uk/

BUSES from Gargrave (from 30 March)

*Except Bank Holidays

To Skipton (arr. ~15 mins later) (Services 210/211, 580) (M is from Malham)

M-Fri* 0910 0955 1055 1057M⁷ 1155 1355 1357M⁷ 1555 Saturday 0910 0955 1055 1155 1355 1555

Sun + B.Hol: [873/884] SUMMER SERVICE SUSPENDED

To Settle (arrives ~ 25 mins later) (Service 580) and (++) onward

to Kirkby Lonsdale (Service 581) and thence to Lancaster (Service 582)

Sunday + B.Hol: SUMMER SERVICE SUSPENDED

To Malham (arrives ~ 25mins later) (Services 210/211)

Mon-Fri* [210/211] 1000⁷ 1310⁷

Saturday [75] SATURDAY SERVICE SUSPENDED
Sun + B.Hol: [873/884] SUMMER SERVICE SUSPENDED

NOTES. 7. Tues & Thurs (as service 211) stops at Coniston Cold 4 mins after Gargrave.

Public Transport back to Gargrave

TRAINS to Gargrave – WITH REDUCED CAPACITY Last DIRECT train

From Skipton (arr. Gargrave ~ 6 mins later) <u>LEEDS to GARGRAVE</u>

Mon-Sat (From 6/7) 0522 0826 0856 1127 1458 1727 2000 <u>1648</u>

Sunday (From 12 Jul) 0600BUS 1200BUS 1800BUS

From Lancaster via Giggles'k (<u>Trains</u> arr. Gargrave ~ 65 mins later)

Mon-Sat (From 6/7) 0648 1046 1745 2131

Sunday (From 12 Jul) 0600B 1200B 1800B

 From Carlisle (direct: arr. Gargrave ~ 2 hrs later)

 Mon-Fri
 0824¹⁵
 1049¹⁵
 1450
 1618

 Sat.
 0824¹⁵
 1049¹⁵
 1450
 1618

 Sunday
 0925
 1225
 1911

NOTES: BUS=Bus substitution. 15. Stops at Hellifield & Skipton, <u>but NOT GARGRAVE</u>. Living in BD23 post code, you can buy a DALES RAILCARD: £10.00/ year. 1/3 off Anytime and Offpeak rail tickets between Gargrave, Leeds, Bradford, Carlisle, Morecambe, Lancaster. Discount for children with you.

BUSES to Gargrave

*Except Bank Holiday. (M service to Malham)

From Skipton (arrives Gargrave ~ 15 mins later) (Services 210/ 211, 580)

Mon-Fri* 0945 0950M⁸ 1045 1145 1245 1300M⁸ 1445 1645 Saturday 0945 1045 1145 1245 1445 1645

Sun + B.Hol: [873/884] SUMMER SERVICE SUSPENDED

From Settle (arr. Gargrave ~25 mins later (Service 580)

++ from Kirkby Lonsdale (581) and Lancaster (582)

Mon-Fri* 0845++ 0930++ 1030 1130++ 1330 1530++ Saturday 0845++ 0930++ 1030 1130++ 1330 1530++

Sun + B.Hol: SUMMER SERVICE SUSPENDED

From Malham (arrives Gargrave ~ 25mins later) (Services 210/211)

Mon-Fri* [210/211] 10358 13358 from opp. Buck Inn, Malham

Saturday [75] SATURDAY SERVICE SUSPENDED
Sun + B.Hol [873/884] SUMMER SERVICE SUSPENDED

NOTES 8. Tues & Thurs service stops at Coniston Cold 4 mins before Gargrave

Service Operators: northern railway <u>www.northernrailway.co.uk</u> 0800 200 6060 [Travel Assistance 0800 138 5560]; 210/211, NYCC

<u>www.northyorkstravel.info/operators/n/nycc/</u> 01609 780780; 580/581/582, Kirkby Lonsdale Coach Hire 01524 733831 <u>www.klch.co.uk</u>; **Buses (general)** <u>www.dalesbus.org</u>

; Traveline 0871 200 22 33 <u>www.traveline.info</u>; National Rail Enquiries 03457 48 49 50 <u>www.nationalrail.co.uk</u>; Rail Ombudsman <u>www.railombudsman.org</u> 0330 094 0362

Note: Transport details remain subject to changes as our response to Covid-19 develops (for example changes introduced from 6 and 12 July, that were notified after the July magazine went to the printer).

Gargrave Library

West St, 07960 704509 gargravelibrary.co.uk

See article earlier for opening hours.

Visit http://capitadiscovery.co.uk/northyorkshire/ to reserve or renew books online (first obtain your PIN from library), or renew by calling 01609 532774

Emergencies and concerns

ELECTRICITY Emergencies 105, General enquiries 0800 375 675

To check power cuts etc: http://www.northernpowergrid.com/power-cuts-home

GAS National Grid Emergency Line 0800 111 999

WATER & SEWERAGE https://www.yorkshirewater.com/contactus 08451 24 24 24

FLOOD https://flood-warning-information.service.gov.uk/station/8083

ENVIRONMENTAL HEALTH https://www.cravendc.gov.uk/environmental-health/

POLICE Non-emergency number 111 for advice or to report crime or damage

NHS: Emergency: 999. Other urgent medical concerns: 111

GARGRAVE BRANCH SURGERY: Currently closed.

Gargrave C of E Primary School & Pre-School holiday dates

	First day of holiday	Last day of holiday
Summer	Mon 20 Jul 2020	Mon 7 Sep 2020
Half term (Autumn)	Mon 26 Oct 2020	Fri 30 Oct 2020
Christmas	Mon 21 Dec 2020	Mon 4 Jan 2021
Half term (Spring)	Mon 15 Feb 2021	Fri 19 Feb 2021
Easter	Mon 29 March 2021	Mon 12 April 2021

Magazine contributions, adverts and subscriptions

THIS MAGAZINE IS PRODUCED by St Andrew's Church for the benefit of the whole community of Gargrave & Coniston Cold parishes. We welcome short articles, news, notices of events, anecdotes, announcements, obituaries, letters & photos, free of charge, subject to space & relevance. The monthly contributions deadline is on the back page. Please email contributions, if possible, to editor@gargravemag.co.uk. We can also accept short contributions by phone 01756 749443.

Editorial advertising currently costs £11 per quarter page per month, other sizes pro rata, payable to "St Andrew's Church, Gargrave", bank account no 30693561, sort code 20-78-42, or by cheque/cash. Artwork can be supplied in Word or pdf format; alternatively we can create it for you, from £20 per advert. Contact gargravemagjd1@gmail.com.

An annual subscription is £8 – contact Ron Humphreys on 748779. Or download it for free from www.gargravemag.co.uk.

Organisations Please let us know if you'd like to amend or add an entry

Many of these activities are on hold or online at the time of writing.

Caterpillar Club (0+) - St Andrew's Church, Wed 10am, Kirsty Smith 07525 619950

Gymnastics (5- & 5+) - Mon, Wed & Thurs 9.15am, Wed 4pm info@ambitionsgymnastics.com

Rainbows (5+) – Debbie Gomersall 01729 830589

Brownies (7+) - Rose Turner 01729 825886

Young Farmers Club - Coniston Cold, Tues 7.30pm, Janet Bolland 01729 830505

Luncheon Club, Neville Crescent Community Centre, alt Tues, 12.30pm, Carol/Carys 748990 **Afternoon tea**, Neville Crescent Community Centre, alt Sun, 12.30pm, Mary Dawson 749755 **Phoenix Group** (over 65s) – Anchor Inn, alternate Thurs 9am-1pm, Sarah 07596 452385

Bowling - outdoor Gargrave Bowling Club, Michael Cox, 748285

Bowls - indoor, Village Hall, Winter Tues & Thurs 2-4pm, Joan Griffin, 749277

Cricket - Gargrave Cricket Club, Mark Jones, 07498 288654

Croquet - Craven Lawn Tennis Club, Gargrave, Tues 2-6pm, Roy Berry 748065

Cycling – Gargrave Tuesday Club, Dalesman, Tues and Thurs Trevor Pickles 01282 844788

Golf - Mason's Arms Golf Society, www.masonsarmsgolfsociety.com, 749304

Hunt – Pendle Forest & Craven Hunt, Elizabeth Adams 749772

Pilates - Contemporary, V Hall, Tue 10 & 11.30am, Fri 9am & 10.30am Bee 0777 898 0994

Pilates - Classical, V Hall, Tue 2pm, 6pm, 7.05pm, Thu 3pm, 6pm Cate Davies 079 5533 8775

Tennis - Craven Lawn Tennis Club, Beth Whitley 749664, www.craventennis.org.uk

Tai Chi & Qigong - Village Hall, Thursdays 7.30pm, Ian Cresswell 748540

Tai Chi Qigong – Green by War Memorial, Mon 9.30am & 10.30am, 0777 8980994

Walking for Health – 1st Thursday of the month, 10am, Jean Maxwell 748851

Yoga – Village Hall Annex, Wednesdays 9.30-11.30am, Sally Thomas 01756 461616

Modern sequence dance – Village Hall, Mon 7.45-10pm, John Rainey 749867 or 07840 806698.

Art – Gargrave Art Group – Village Hall, Mon 1.00-3.00pm, Bev Parker 749910

Bell Ringing – St Andrew's, Mon 7.30pm, Sun 10.00am, Joe Alston 01729 851663

Bingo – Gargrave Community Centre, Neville Crescent – Mondays 1.30-4pm

Fuchsia & Geranium Club – V Hall, 1st Wed of month 7.30pm, Paula Jackson 752175

Gargrave Community Choir – rehearsals Fri 7pm, St Andrew's Church, 749802

Gargrave Heritage Group – Tues 10am, St Andrew's Church, Martin Thomson 748309

Craft and Chat – St Andrew's, Tues 2pm, Sylvia Humphreys 748779

Parish Council Meeting – Village Hall side room, 1st Wednesday of the month

Snooker Club – Village Hall Snooker Annex, every day, Stewart Smith 749340

WI – Village Hall Annex, 2nd Wed of month 7pm, Glenys Riley 07715 878709

French club – 3rd Thurs of month, 8pm, Allison Wiffen 749913

Masons Arms – Quiz Sundays 8.30pm; Acoustic live music 1st Friday of the month

INDEX OF ADVERTISERS 2020/19

Animal Feed – B&B - A1

Beauty - editorial Builders - A21

Car servicing - A8 & 9 Care for the elderly - A4 & 5

Cattery - A14 & 15 Childcare - A6

Chimney sweeps - A23

Chiropody - A13

Coal & corn merchant – A0/ editorial

Clock repair - A7 Crafts - A25 Croquet - A25

Decorators - A15 & 16
Eating out - A1 & 2
Electricians - A19 & 21
Fencing - editorial & A18 & 21

Financial services - A28, A29/editorial,

Fitness - A25 Flowers - A1

Fuel - editorial section Funeral services - A10 & A11 Garden centre - A22

Garden machinery - A23 Garden maintenance - A23 Gargrave Land Charity - A27

Graphic design A3

Gifts A3

Groundworks A21 & 23 Hairdressers A12 & 13

Health and well-being - A12 & A13

Heating - A20 & 21

Holiday accommodation - A1

Hotel - A2 Insurance - A26 Joinery - A17 & 18 Kennels - A15 Kitchens - A17 & 19 Legal services - A26

Lessons - A6 Logs - A22

Meeting rooms - A3 & 24

Memorials - A11

Milkman – A29/editorial Music lessons - A6 Nursing homes - A4 Offices to let - A24 Painters - A15 & 16

Parties - A3

Pet services - A13 -A15

Pharmacy - A12
Physiotherapy - A13
Piano lessons - A6
Plumbers - A19 & 20
Podiatry - A13
Pre-school - A6
Primary school - A6

Printing - A3 Pub - A1

Restaurant - A1&2 Roofing - A21 Schools - A6 Self-catering - A1

Shopping - A0/editorial A1, A3,

A25

Solicitors - A26 Sweeps - A23 Taxi - A9 Tennis - A25 TV services - A7 Units to let - A24 Vets - A13 & 14 Village Halls - A3

Walling - A0/editorial, A21

WI - A6

Windows - A17 Wine- editorial

If you'd like to advertise in the Parish Magazine, please contact Jane on 07851 733147 or gargravemagjd1@gmail.com.

Adverts can be included throughout the year - see back page of mag.

FRED GREEN and SON Ltd

Approved Coal and Corn Merchants

All Types of Coal & Solid Fuel Supplied Horse Feeds - Hay & Straw

Canal Warehouse, Gargrave - Telephone 749229

Robert and Jackie RUSHTON • MILKMAN

Lingthwaite Farm:

Telephone 01524 251378 Mob

Mobile 07811 343478

Fresh Milk ~ Pasteurised Milk ~ Semi-Skimmed Milk ~ Skimmed Milk Fresh Eggs ~ Potatoes ~ Yoghurt ~ Fresh Orange Juice ~ Cream

Delivered to Your Doorstep Daily



Looking to freshen up your garden?

At SIMPSON we can offer all aspects of walling, fencing and landscape gardening, covering the Yorkshire dales and surrounding areas. Very friendly team with many years of experience.

All jobs are considered no matter how small.

For a free no obligation estimate please contact

Matthew on 07814464290 or via email simpsonwalling@hotmail.com

The Nook

Countryside Holiday Cottage for 2

Bank Newton, Gargrave BD23 3NU

katedowns@btinternet.com 01756 748076

WiFi

No Smoking

No Pets

POPPY FIELDS FLORISTS

48 High Street, Gargrave 01756 748071 poppyfieldsflorist@gmail.com Trading for 30 years

Flowers for all occasions



Self Catering Holiday Accommodation

Two properties available -

The Arbour and The Snug

Each has outside seating area, alarm system, parking space, wifi and modern facilities. Ideal for visiting friends, relatives, Dales, Rails, Canals, Walking, Cycling, Sitting, Talking!

> High Street, Gargrave Tel: 01756 748117 hught@uwclub.net

No smoking . No pets



The village pub with six bed & breakfast rooms

Open fires, traditional ales and serving homemade food 12 - 8.30pm every day

Just the place to escape for the evening or even stay the night in one of our six en suite rooms

www.masonsarmsgargrave.co.uk ~ 01756 749304 ~



Newton Grange Holiday Cottages

Cottages sleep 2-6 people Graded 4 Star – Visit England Fantastic walking/cycling routes Spa treatments available

Relax in the wonderful setting of Bank Newton

Tel: 01756 748140 www.newton-grange.co.uk

ACCOMMODATION & EATING OUT



Whether you intend on joining us for brunch, lunch, dinner or afternoon tea the Huntsman's Lodge offers a variety of delicious dishes using only the very best of the British countryside. Join us and dine al fresco on the terrace during the summer months or cosy up by the roaring log fire on those colder days.

Why not give the gift of an experience by purchasing a Huntsman's Lodge gift voucher?

Boasting beautiful views of the lake and Yorkshire Dales along with our friendly customer service and a range of enticing drinks you will not be left disappointed!

Book your table or view our gift voucher collection by visiting the coniston hotel.com

The Coniston Hotel Country Estate & Spa
Coniston Cold, Skipton, North Yorkshire BD23 4EA | Tel: (+44) 1756 748080 | Email: Info@theconistonhotel.com | Web: theconistonhotel.com
Facebook | Instagram | Twitter | LinkedIn

THE FRYING YORKSHIREMAN

26 - 28 High Street, Gargrave, BD23 3RB

Traditional fish & chips in the heart of the village



www.facebook.com/thefryingyorkshiremangargrave

TAKEAWAY OPEN TUESDAY - THURSDAY 11:30 - 20:00, FRIDAY & SATURDAY 11:30 - 21:00 & SUNDAY 12:00 - 19:00



Lots of Themes Plastic Free Options

www.nipkerenoodle.com fb/lg enlekersnoodle 07512 777548





01756 799765 info@epprintltd.co.uk

 $\overline{\cap}$

The British School, Otley Street, Skipton, BD23 1EW

Design and Artwork

Digital / Litho Printing

Business Stationery

Wedding Packages

Christmas Cards & Calendars

Call or email for more information



For wedding receptions, dances, parties, meetings, classes, coffee mornings etc.

The Main Hall, Annexe or Meeting Rooms can be hired along with our fully equipped kitchen.

For further information and bookings contact Christine on 01756 749730

bookings@gargravevillagehall.org.uk

MILTON HOUSE

NURSING AND RESIDENTIAL HOME



- Qualified nursing staff on duty at all times
- Grade 2 Georgian listed building in its own grounds
- Views of the Dales and River Aire
- Majority of the rooms on the ground floor and en-suite
- ♦ Three lounges & Conservatory
- Home cooking, most dietary needs catered for
- Large twin bedded sitting rooms ideal for married couples
- ◊ T V and phone points in each room, and nurse call systems.
- Long or short, holiday or convalescent stays
- Specialist bath & shower

A small family run establishment with a genuine home from home atmosphere.

For a brochure ring, write or call:

MILTON HOUSE, MARTON ROAD, GARGRAVE, SKIPTON, BD23 3NN

TEL: 01756 748141



CARE HOME



The best things in life are the people you love and the memories you cherish. At Gills Top care home we're here to support you to create more special moments.

Gills Top care home

Gills Top care home, Scar Street, Grassington BD23 5AF Call **0808 102 7773** Visit **www.anchor.org.uk/GillsTop**









Gargrave Women's Institute

Meetings held 2nd Wednesday of the month 7pm in the Village Hall

New members and guests always welcome Speakers, demonstrations, lunches, outings and more throughout the year

For more info call Glenys on 07715 878709 or email 1celt1saxon@gmail.com

Organ & Piano

lessons by Sue Watkiss 01756 798660 07753 839065 sue@suewatkiss.co.uk

www.suewatkiss.co.uk



Gargrave Pre-school

A warm, fun, exciting environment for children age 18 months – 5 years

Open Monday-Thursday 8.45am - 3.15pm during term time

Gargrave Pre-school, Neville Road, Gargrave, BD23 3RE 01756 748377 https://www.gargravepreschool.com/ info.preschool@btconnect.com

REGISTERING NOW! Gargrave Pre-school is a registered charity Number 1025709

GARGRAVE C.E. (V.C.) PRIMARY SCHOOL

"Work with all your heart" Love, Peace, Hope



- A friendly community-orientated, small school with fantastic spacious grounds, located within close proximity to Skipton
- Caring children and a dedicated hard-working staff, together with an active Parent-Teacher Association
- Our out-of-school club offers wraparound childcare from 7.30am until 6pm daily
- Providing a high quality education across a broad curriculum
- School transport for catchment area

For further information, please contact:
Headteacher - Mrs Sarah Peel 01756 749433
admin@gargrave.n-yorks.sch.uk
www.gargrave.n-yorks.sch.uk

I T HELP

Problems With Your PC?
Baffled by Broadband?
Taxed by Your Tablet?
Vexed by a Virus?

Friendly, local and helpful Call Andrew on (01756) 796802 or 07890 673706

Parish Mag Ad?

07581 733147

gargravemagjd1@gmail.com



Hugh Woolmore

Television Services

TV, Audio and Video Engineer Over 25 years with SLATERS of Skipton

Repairs, installations an setup of Digital TV, Plasma, LCD, Video, Satellite and Digital recording appliances Satellite & Aerial extensions - LCD & Plasma wall mounts

Phone: 01756 799892 Mobile: 07754 469404 hugh.woolmore@btinternet.com



If you have an old clock, watch or barometer that is in need of a service or repair

Why not let me help?

Collection, Delivery and Free Estimates are all part of my service

Colin S Nesbitt

(Grassington)

01756 751946 07719 943424 simsnesbitt@live.co.uk



Gargrave Auto Services Ltd

Repairs - Servicing - MOT Computer Diagnostics - Tyres Laser 4 Wheel Alignment

Your local friendly garage

Call 01756 748090

Opening Hours: Monday - Friday 8.30am - 5.30pm Saturday 8.30am - 12.30pm





Gargrave Auto Services

Email: gargraveautoservices@outlook.com

www.gargraveautoservices.com

Unit 1c, Asquith Industrial Estate, Gargrave, Skipton, BD23 3SE

GARGRAVE PRIVATE HIRE

Executive Travel, Airport Transfers Local & Distance Taxi Service

07877 054698

CHRIS SMALES

01756 748112

Proprietor chrissmales@gmail.com



Ontact Andrew: 01756 796802 07890 673706

Driving Lessons for both Manual & Automatic Cars

I have dual-control manual & an automatic cars, a proven track record and a heap of patience. I can provide well-structured, excellent value lessons tailored to your needs.

Teenage Driving Package for 14 to 17-year olds

A great gift for those who can't wait to get behind the wheel before they hold a provisional licence. Training is away from the public road, in a dual-controlled car.

DALESVIEW

OF

HELLIFIELD

Mercedes-Benz and Prestige Servicing

- Electronic Diagnostics
 Air Conditioning
- Courtesy Car Facility
 4 Wheel Alignment
 - Collection/Delivery Service M.o.T.
 - Car Hire

Tel: (01729) 851110

Ask for Nicholas Staveley

HELLIFIELD GARAGE • MAIN STREET HELLIFIELD • Nr SKIPTON • BD23 4HX

Howcrofts' Funeral Services

Estd. 1918

5 generations of our family owned and run professional and dignified funeral services from people who care.

WE OFFER ADVICE AND SUPPORT 24 HOURS A DAY, 7 DAYS A WEEK FOR ALL YOUR INDIVIDUAL FUNERAL NEEDS.

- Private Chapel of Rest
- Pre-paid Funeral Plans
- Members of N.A.F.D.

Duckett Street, Skipton, BD23 2EJ

01756 792173

howcroftsfunerals@btconnect.com

BROOK SMITH & SON

COMPLETE FUNERAL SERVICE

A family firm you can rely on for a caring and dignified service

PRIVATE CHAPEL OF REST COMPLETE MONUMENTAL SERVICES FUNERAL PRE-PAYMENT PLANS AVAILABLE

Telephone 01756 792738 day or night or email brooksmithandson@btconnect.com

FAIRBANK HOUSE, BUNKERS HILL, SKIPTON, BD23 1HU

Howard & Susan Smith R.N. Dip.F.D. B.I.F.D. M.B.I.E. Rebecca Smith-Chew R N

www.brook-smith.co.uk

GOLDEN CHARTER







THOS. ROCK

MEMORIAL CRAFTSMEN

Memorials · New Inscriptions Cleaning & Renovations

7b Market Place, Clitheroe BB7 2BZ 01200 442820



TURN TO US FOR HELP AND SUPPORT

In your time of need we'll take care of all the funeral arrangements.

Call us 24 hours a day.

Funeral Pre-Payment Plans
 ● Memorials

SKIPTON FUNERAL DIRECTORS

The Lodge, Waltonwrays Carleton Road, Skipton BD23 3BT

01756 630511

Fart of Dignity plc. A British Company.







Accredited by the College of Podiatry

Podiatric home treatments in the Gargrave area and surrounding villages.

Traditional Podiatry for treatment of

Nails, hard skin, corns, ingrowing toenails, verrucae, etc

Biomechanical Assessments treating

Sports injuries, running/walking injuries, general foot pain, heel pain, lower back and hip pain, knee pain, children's foot pain, etc. Tendon, muscle and ligament rehabilitation. Gait retraining for both walkers and runners.

Fascial Manipulation

Fascial Manipulation is used to restore normal, pain free movement and flexibility of joints, muscles, tendons, nerves, etc. Used in the treatment of sciatica, general hip pain, knee problems, ankle and foot problems and many other conditions. This is not a pain free treatment but the effects can be immediate.

Please visit our website for more information

Andrew Lindsay BSc(Hons) MCPod HCPC

Telephone 01756 749335

Email info@thefootpeople.co.uk

Website thefootpeople.co.uk

Gargrave Physiotherapy Clinic

Colin Wiseman

Chartered & State Registered

Specialist in "Hands On" Techniques with 25years experience

- Necks, Backs, Sciatica
- Spinal Manipulation
- Sports Injuries
- Exercise Rehabilitation
- All Arm & Leg Conditions
- Acupuncture



Mob: 07779 416486 Tel: 01756 748936 Evenings & Weekends Available

GARGRAVE PHARMACY

36 High Street, 01756 749324

Dispensing

Medicines sales and advice Repeat dispensing service

Open: Mon - Fri 9 am - 5.30 pm Sat 9 am - 12.30 pm

Closed for lunch 1 - 2 pm

Angela and Gillian

Ladies' & Gents'

HAIRDRESSERS

48 High Street, Gargrave **01756 749424**



Crossgates Health, Hair & Beauty

The Barn, 6 North Street Gargrave BD23 3RN

Human Dept, 01756 749901 Animal Dept. 01756 749444 Hair & Beauty 01756 748881

reception@crossgatesfarm.co.uk www.crossgateshealth.co.uk www.crossgateshairandbeauty.co.uk







Natural Health

Incorporating Health & Wellness for Human & Animals

Helping you with Physical & Emotional Wellbeing:

- BICOM Bioresonance & Body Check Scanner
- CG Bioresonance
- Nutrition
- Wholefood & Food State Supplements
- Remedies in sprays, tablets, creams & flower essences

Professional & Luxurious Salon

Offering everything from non-surgical face & body treatments to hairstyling.

We know what hassle it can be to find the right salon for specific treatments. We have taken every care to ensure that we can offer all the popular treatments to the highest of standards at an affordable price.











CATTERY & VETS



Welcome to Craven Cats' Lodge, a brand-new bespoke cattery in Gargrave, providing the area with high quality cat care.

07835 735668

hannah@cravencatslodge.co.uk www.cravencatslodge.co.uk

Low Green Croft, Church Lane, Gargrave, BD23 3NJ.

Follow us on:

Facebook and Instagram



No upper age limit & No joining fee
01729 823538
www.daleheadvetgroup.co.uk

Various discounts





Langcliffe

Kennels & Cattery

Top quality, professional care for your cats & dogs in our safe, comfortable & clean purpose built facilities

tel. 01729 822393

email: info@langcliffekennels.co.uk - web: www.langcliffekennels.co.uk

Howsons Lane, Langcliffe, Settle, North Yorkshire, BD24 9NG

Decorator-Handyman Paul Maslin Gargrave

Careful & tidy

V. low odour fast-dry paints

office@maslin.biz

07958 646509 01756 748538

Melvin Halstead Painter & Decorator

Interior & Exterior Over 40 years' experience High Quality Work C.I.T.B registered

Call 07818 401993 for your Free Estimate
Visit me on Facebook

Andrew Burton

Painter and Decorator

Interior and exterior Quality workmanship Free quotations Friendly service

All aspects of trade undertaken to a very high standard

22 Neville Crescent, Gargrave BD23 3RH

Tel: 01756 748089 Mobile: 0771 904 9554

email: olydec@hotmail.com

B. J. & D. ATKINSON

"Craftsmen Decorators"

for over 25 years

Est. 1979

Quality Preparation & Decorative Finishes in . . .

- · Painting
- · Paperhanging
- · Broken Colour Work
- Marbling
- · Local Family Firm

~ FREE ESTIMATES AND ADVICE ~ ~ INSURANCE QUOTES ~

ALL INTERIOR & EXTERIOR DECORATION

Please call: 01756 748 207 Mobile: 07761 757 216 Email: brianatkinson386@btinternet.com





The sign of a quality decorator

DISTINCTIVE DECORATING APPROVED BY DULUX

VISIT "DULUX SELECT DECORATORS" B. J. ATKINSON FOR TESTIMONIALS!

WINDOWS, JOINERY & KITCHENS



Rooflines Double Glazing

- Fascias Conservatories
- Gutters Windows Soffits · Doors
- Repairs · Repairs

Glazing and Roofline Specialists

Contact David Eliott for no obligation quote: 01756 dave@goldcrestglazing.com

www.goldcrestglazing.com

630412





Maxfields Ltd

Design & Supply of Quality Kitchens & Bedrooms

Richard & Mary Maxfield



For Free Survey & Quotation Please call

Unit 5. Gate 4 Sidings Business Park Skipton, BD23 1TB

> 01756 797378 (w) 07740 204005 (m) 01756 752312 (h)

rich.max@totalise.co.uk www.maxfieldsltd.co.uk



01756 380172 07780 606427

www.jameswildingjoinery.com

DESIGN, MANUFACTURE, INSTALLATION OF BESPOKE JOINERY

DOORS • WINDOWS • STAIRCASES • FITTED FURNITURE

GG Fabrications

16 Airedale Avenue, Gargrave BD23 3SD **01756 749234 07918 020936**

gj_gilman@yahoo.co.uk

Visit our website at www.ggfabrications.com



Specialists in High Quality Wrought Ironwork
Domestic, Ornamental and Commercial:
Railings, Gates, Handrails, Steps, Security Grilles

John Metcalfe Plumbing Services

Plumbing Central Heating Bathrooms Tiling Landlord Checks Gas Services Kitchens

mex34@aol.com 01756 748411 07779 724328



AdamsTebbKitchens Unit 41, Millennium Rd Airedale Business Centre Skipton Limited

Skipton, BD23 2TZ Tel: 01756 792060



Dodgson Bros Plumbing, Heating & Electrical Engineers

Bathrooms - Boilers - Under floor Heating Installers - Part & Full Rewires Gargrave 07894 113755 dan@dodqsonbros.co.uk







Plumbing Potts

Heating and Plumbing 07533 551 700



27 years experience and 2nd generation in the heating trade. For all your heating and plumbing requirements... call me Shane Potts for a free no obligation consultation.



CRAVEN HOME HEAT the right boiler for your home







Mark Carruthers, Gargrave

www.cravenhomeheat.co.uk info@cravenhomeheat.co.uk



01756 748544

07592 376531

SKIPTON ELECTRICAL

Domestic, Commercial, Industrial Installation, Re-Wiring & Repairs



Part P Registered Company

Landlord Checks, Alarms and FREE QUOTATIONS



01756 748001 07970 173875 skiptonelectrical@gmail.com

N. Atkinson

Contractor

Building work Groundworks Dry-Stone Walling All Types of Fencing

6 Airedale Avenue, Gargrave

Tel: 01756 749318

Mobile: 07720 323720

email: natkinson1@btinternet.com



HALL

AND

JAMESON

Building Plastering Roofing

Richard Hall 07855 751470 Liam Jameson 07894 035837

S. D. LORD (Ben) Building & Roofing

Full Re-roofs • Slate Repairs • Pointing Velux Windows • Flagging Gutter Repairs & Cleaning Property Repairs

Tel 01756 748312 ~ Mob 078901 39698 6 Walton Close, Gargrave, BD23 3NY

Mowersetc

Petrol mowers & garden tractors: on-site service and repair Pressure-washing:

patios, paths, drives etc

Over 20 years' experience

Please contact Mik the Mower on: 07530 483798 01282 843857 mick@mowers-etc.co.uk



Tel: 01756 748342

Email: hello@anchorlogs.co.uk Order and pay online







www.anchorlogs.co.uk



Twin Locks Garden Centre Ltd Gargrave, Nr. Skipton, North Yorkshire, BD23 3NB Tel. 01756 749812 Fax. 01756 749851

Situated beside the Leeds/Liverpool Canal on the A65 (adjacent to the Anchor Inn)

Opening Hours:

Sundays: 10.30am - 4.30pm Mon - Sat (summer): 9.00am - 5.30pm Mon - Sat (winter): 9.00am - 5.00pm

WIDE RANGE OF HOUSEPLANTS, TREES, SHRUBS, ROSES, ALPINES & AQUATICS, HEATHERS ETC * GARDENING SUNDRIES & TOOLS, STONEWARE, TERRACOTTA, PLANTERS & BARRELS * PONDS & POND PLANTS * BIRD FOOD & FEEDERS * NATIONAL GARDEN GIFT TOKENS * GOOD ACCESS FOR WHEELCHAIRS * AMPLE PARKING *

For Efficient and Friendly Service

CHIMNEY SWEEP J.A. HOLDSWORTH ESTABLISHED 1975 NO FUSS – NO MESS MOST AREAS COVERED CHEAPEST RATES

CALL AT ANY TIME FOR FREE ADVICE AND ESTIMATES ON FLUE PROBLEMS

01756 790739 - 07930 932250

ROBERTSHAWS

GARDEN MACHINERY

01282 843612

robertshawsgardenmachinery@hotmail.com http://www.robertshawsgardenmachinery.co.uk/

Eden Works, Colne Road, Kelbrook, BB18 6SH

¹ ATCO STIHL[®] HONDA

Keyworth Garden Services

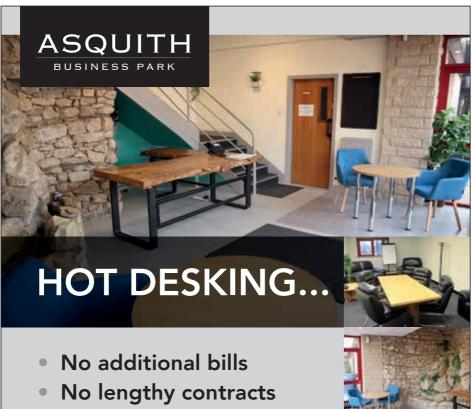
Expert care for your hedges, gardens and grounds

Mowing • Hedge Cutting • Tree Surgery
Turf Laying • Shingle & Bark Laying
Power Washing Patios & Drives
Gutter Clearance • Garden Clearance

Please contact Paul & Bev Keyworth paul@keyworthgardenservices.co.uk 01756 531440



UNITS AND OFFICES TO LET



- Free use of wifi
- Free use of large meeting room
- Car parking
- Co-workers to hang out with
- Only £15+vat per day
- Discounted monthly rate available

Tel: 01756748282 | 07780675122



enquiries@asquithbusinesspark.co.uk



www.asquithbusinesspark.co.uk

CRAFTS, TENNIS & FITNESS



Over 500 Patchwork cottons inc Liberty
Agents for Brother Sewing Machines
Extensive range of Haberdashery
Knitting wool and supplies
Fabrics for Dressmaking

www.temptationsbentham.co.uk 31 Main Street, Bentham LA2 7HQ temptationsbentham@yahoo.co.uk

015242 61868



Come and join your local Tennis & Croquet Club in Gargrave

New Members & Visitors always welcome
4 Grass Courts & 3 All-Weather Courts
Fantastic Clubhouse facilities
www.craventennis.org.uk

Adult & junior coaching, teams, tournaments, social sessions, club nights Contact Beth Whitley: 01756 749664; secretary@craventennis.org.uk



Are you over 65 and have spare time during the day and at weekends?

Would you like to feel fitter and stronger?

Concerned about the possible effects of Osteoporosis and muscle depletion?

If so, take advantage of Canalside Fitness' Over 65's off peak membership.



Not only will you feel the benefits of exercise with advice from a qualified tutor, but you can save money over the standard membership.

For the gym that's right on your doorstep. Call in to see us at:

Canalside Fitness, Asquith Business Park, Eshton Road, Gargrave, BD23 3SE



ArmstrongLuty

The Personal Injury Law Partnership

your local experts for just compensation

talk to us face to face

Kipling House, 24 Otley Street, Skipton, North Yorkshire, BD23 1EW Call Andrew Armstrong or Nick Luty on 01756 799977

www.armstronglutysolicitors.co.uk



Insurance Solutions Limited

Looking after the needs of individuals and businesses throughout Settle, Skipton and the Dales

Providence House, 21 Newmarket Street, Skipton, North Yorkshire BD23 2HX tel 01756 790505 fax 01756 792514 8-10 Church Street, Settle North Yorkshire BD24 9JE tel 01729 823061 fax 01729 823091

email skipton@whiteroseinsurance.com

settle@whiteroseinsurance.com

Gargrave Lands Charity

Are you currently experiencing financial difficulties and **need** help?

Do you need financial assistance to pursue higher or further education or vocational training?

If you live in Gargrave, Flasby, Eshton,
Winterburn, Coniston Cold or Bank Newton
then Gargrave Lands Charity may be able to help!

Financial assistance readily available in approved cases.

Contact one of the trustees listed below to discuss your situation.

Absolute discretion and confidentiality assured.

Phil Ellis Christine Charlton Joyce Garner 748685 748817 748447

Mike Maiden Ian Reed-Peck 07876 886313 07527 269915



FINANCIAL SERVICES

Offers specialist advice in a wide range of areas including:

- Investment Planning
- Retirement Planning
- Inheritance Tax Planning
- Life Cover & Critical
 Illness Protection

"We Arrange all types of solutions for all kinds of people"

Please contact Nick Sands on:

01756 748 000

enquiries@belgravefinancial.com www.belgravefinancial.com

58 High Street, Gargrave, Skipton BD23 3LX