GARGRAVE & CONISTON COLD

Parish Magazine -



St Andrew's Church, Gargrave

Vicar	Rev Andrew Steer	74
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Churchwardens	Mike Maiden	07
	Jennifer Rowlands	07
Organist	Susan Watkiss	79
Treasurer	Richard Pocock	07

Gift Aid Sarah Curtis

St Peter's Church, Coniston Cold

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If you'd like to advertise in the Parish Magazine, please contact Les Hatfield on 07711 718153 or at parishmagads.gargrave@outlook.com Adverts can be included throughout the year.

Inside this month

Welcome to Rev Sue McWhinney Introducing the Five Hectares project Open Gardens: 17-18 July 1940s Gargrave tour by Dorothy Holmes



Photo by Cynthia Hardyman

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Rev Andrew Steer

Learning to live freely and lightly

"How are you doing? I'm good thanks – really busy." This is a common conversation in today's world, where busyness has almost become a badge of honour. Activity and a full diary have become virtues to be sought after; a sign of success and privilege, and that you're in demand. Life was not always like this. A few hundred years ago it was the other way around - people of status and importance eschewed busy lives in favour of leisure time – they could afford to, whilst it was the lower classes who had to lead busy and difficult lives.

A Finnish proverb wisely quips that "God did not create hurry", and this is something we do well to consider. God asked us to keep the Sabbath – a special day of rest which would allow us to rest, re-charge and make space for ourselves and our loved ones. And yet for most, Sunday has lost its distinctiveness and has become yet another day in which we can catch up on all those things that our busy week didn't allow us to – shopping, sports, nipping here, popping out there. Jesus said that the Sabbath was created to help people and not to burden them, "the Sabbath was created for men and women, not men and women for the Sabbath".

Jesus never rushed, and even when His friend Lazarus was dying He refused to rush, 'staying where He was for two more days' (John 11 v.6); likewise, a man named Jairus whose daughter was close to death had to wait whilst Jesus healed another woman who interrupted his journey. Jesus' life was full of interruptions, and yet he always had time for the people who came to Him. People never had to book an appointment or come back at a better time – Jesus was available. The key to his accessibility was not rushing.

The fact is that love takes time. Loving others isn't something we can do in a hurry – we've all experienced appointments with people where we felt rushed and not cared for. Real love, genuine love involves a time commitment, no matter how busy we feel and Jesus modelled this way of life.

Not that Jesus was available 24/7 because He wasn't – He spent a great deal of time in quiet places praying, thinking and reflecting, and this is what enabled Him to give so much to others.

Jesus offers us a way of life that is rich in meaning and purpose, but which is also an antidote to hurry, stress and performance. When Jesus said "my yoke is easy and my burden is light" He never meant that following Him was the soft option – we all know that life is hard, and sometimes excruciatingly so. Jesus meant that by following Him and living His lifestyle we will develop a balance and a way of carrying life's responsibilities that will give us more rest than the other ways we have been living.

Jesus doesn't offer us escape, but He offers us equipment and technique to shoulder our humanity in a much more manageable way. Walking at His pace – slow, unhurried and full of love, joy and peace.

DIARY FOR JULY

Coniston Cold

Sun 4	Holy Communion, 9.30am, Church
Sun 11	Compline evensong, 4pm, Church
Sun 18	Holy Communion, 9.30am, Church
C	

Sun 25 Compline evensong, 4pm, Church

Gargrave

Sat 3	Cricket: Gargrave 1 st XI vs Bradford and Bingley 3 rd XI, 1.30pm (Note – only home fixtures are recorded in this events diary)
Sun 4	Prayer Brook Communion, 8am, Church Family service, 10.45am, Church
Sat 10	Cricket: Gargrave 1 st XI vs Long Lee 1 st XI, 1.30pm
Sun 11	Prayer Brook Communion, 8am, Church Sung Eucharist, 10.45am, Church
Fri 16	Walking by Water: An artist-led, guided walk along the Leeds Liverpool canal. 10.30am, Art Depot.
	Writing Workshop with Jo Bell. Afternoon, Art Depot. See page 5 for details and booking information
Sat 17	Open Gardens, 11am to 5pm Cricket: Gargrave 2 nd XI vs Airedale 2 nd XI, 1.30pm
Sun 18	Prayer Brook Communion, 8am, Church Service of the Word, 10.45am, Church Open Gardens, 11am to 5pm. Refreshments from 2pm.
Sat 24	Cricket: Gargrave 1 st XI vs Bradley CC, 1.30pm
Sun 25	Prayer Brook Communion, 8am, Church Holy Communion, 10.45am, Church Cricket: Gargrave 1 st XI vs Long Lee 1 st XI, 1.30pm
Sat 31	Cricket: Gargrave 2 nd XI vs Ingrow 2 nd XI, 1.30pm
Sun 1 Aug	Prayer Brook Communion, 8am, Church Family service, 10.45am, Church Bell tower open event, afternoon, Church



EVENTS

Open Gardens

Duncan and Bee Faulkner



Refreshments will be available at St Andrew's Church (not at the Village Hall this year) on Saturday from 11.30 to 4.30 and Sunday from 2.00 to 4.30. See also page 7: Help wanted for refreshments.

Christine Keogh, Chrysalis Arts

Five Hectares

Five Hectares is a new project led by Chrysalis Arts which combines a creative and ecological approach to exploring the landscapes, biodiversity and culture of the rural area around Gargrave, North Yorkshire where the company is based. The project aims to help people enjoy a greater connection with the natural world as we emerge from lockdown, to learn more about the mosaic of inter-relationships and habitats that supports our environment and us, and to imagine how they would like to see it evolve in the future.

As an important part of this process, we're inviting people to collaborate with us to create a unique Atlas that aims to offer different perspectives on how we perceive our environment and explore the aspects of place that matter to us and those we share it with.

Through a programme of creative workshops, walks and other activities designed for different groups and ages, we'll be looking at a range of themes from wildlife and weather to the stories and memories which inform our surroundings to how we can take positive steps to secure its future. Activities from which the Atlas will be created, will range from stitch and other textile processes, to printmaking, mapmaking, bookbinding, creative writing and digital art.

The areas we will focus on are within the river catchment which includes Gargrave, Malhamdale and parts of Wharfedale and the parishes of Gargrave, Kirkby Malham, Burnsall and Grassington. We'll be working with schools in these areas in June/July and September/October and a programme of taster workshops and other activities bringing schools and the wider community together will take place from August onwards.

In addition to the Chrysalis Arts team, the project involves a collaboration with artists Alice Fox, David Haley and Alun Kirby and ecologists Fran Graham and Mark Hewitt.

No skills are necessary to take part in the workshops, although we'd also be delighted to hear from any local artists who would like to get involved.

For further information, please contact: <u>emily@chrysalisarts.com</u> or see the Chrysalis website: <u>www.chrysalisarts.com/projects/fivehectares</u>

Five Hectares is funded by Arts Council England, Esmee Fairbairn Foundation and Chrysalis Arts Development.

FIVE HECTARES: JULY EVENTS



Friday 16th July

Walking by Water: An artist-led, guided walk along the Leeds Liverpool canal from Gargrave to Bank Newton, then returning to Gargrave.

Led by Jo Bell.

Jo Bell is a poet, writer and boat dweller whose work is inspired by her life and work on the water. She was the first Canal Poet Laureate for the Poetry Society and is also a former industrial archeologist. Her walk will focus on using the material and structures of the canal to look at the physical environment, exploring how we manage and channel water and use it as a resource.

Meeting Place: The Art Depot, off Eshton Road, Gargrave, 10.30 am

Writing Workshop with Jo Bell at The Art Depot, Gargrave

Jo's afternoon workshop will explore water-inspired ways of writing in this particular place and time. All welcome, no experience necessary. Numbers will be limited so that the event takes place within government guidelines.

Walk: £5 Walk and Workshop: £15

Please contact: <u>emily@chrysalisarts.com</u> to book a place and for further information.

Welcome to Rev Sue McWhinney

Andrew Steer



Andrew Steer, Bishop Helen-Ann Hartley and Sue McWhinney

Now that Rev Sue has been installed at St Michael's, Kirkby Malham, we are part of a new Benefice with all three churches: St Andrew's, St Peter's and St Michael's. We need to begin to work out how we can best work together to make the most effective use of our resources, whilst maintaining the distinctiveness of each congregation. Please do be praying and considering how we do this.



...just humour him - he's hoping it'll help him reach the young people in his diocese...

Andrew Steer

Duncan Faulkner

From the parish registers

Funeral of Linda Wilson at Skipton Crematorium Burial of Ashes at St Andrew's - Dean Pompey

Note to magazine distributors and contributors

As in previous years, the next issue will for the combined months of August and September. If you are planning a local event during these months, we would be glad to publicise it. Similarly with regular activities, many of which may be restarting in September. Please send your contributions and news to <u>editor@gargravemag.co.uk</u> by 21 July.

Distributors: this issue will be ready for collection from church on **Sunday 1 August**, in a temporary change from the usual "last Sunday of the month" arrangement.

Open Gardens refreshments

Our Village Hall isn't able to be open during this year's Open Gardens, so we are going to do our best at St Andrew's to keep everyone fed and watered, but we need HELP.

Friday 6.30 pm

6 people if possible to help to set up church yard with gazebos etc., and also inside church.

Saturday 10 am

4 or more people to make sandwiches, plate up cakes and make drinks. **11.30am OPEN.**

8 people to cover each of 2 sessions which are 11.15 to 2 p.m. and 2 p.m. to 4.30 p.m.

Sunday

We will be open to serve cakes and drinks from 2 p.m. to 4 ish. 8 people to help serve, clear and sanitise tables much appreciated please.

CALLING ALL CAKE BAKERS. We need lots of cakes to sell for both days. We are asking mainly for tray bakes as they will be easier to plate and cover, can include sponges of course.

If you can help with any of this use the sign-up sheets at the back of the church, which is open on Wednesdays and Sundays, or email Sue Trout on sue.trout@me.com our church administrator, with details of what you could do

<u>sue.trout@me.com</u> our church administrator, with details of what you could do with contact details. Otherwise please leave a message on the vicarage answerphone. 01756 749938.

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Huge Thankyou to all helpers.



Rosemary Pocock

Flowers in church

Would you like to kindly donate flowers for the church as part of your worship? You may want to provide them in memory of someone, or an anniversary, or special occasion etc. or you may just want to because you want to! Flowers are put in the church on a stand in front of the pulpit once a fortnight. A list of dates is on the notice board in the church porch (please enter your name against your chosen date. It would be lovely if people could arrange the flowers in a vase or container themselves (all equipment is kept in the black cupboard at the back of the church in front of the vestry). A simple arrangement will be fine.

If anyone felt that they were not able to do this but just provide the flowers please let Jean Banks or Yvonne Poulter Know. Many thanks!

St. Andrew's Family Service review, 6 June

Today, we continued with the second in our series, "Following in the Footsteps of Jesus." This month we caught up with him in Samaria where he and his disciples were in the midst of a three-day journey from Jerusalem to Galilee. This took them through the town of Sychar, which they reached about midday. Jesus had been walking all morning and was tired, so he sat down by a well and - well, I'll tell you what happened, shortly.

After the introduction, most ably carried out at short notice by our sound system technician (a very versatile chap!) we had a new innovation - a beautiful dance by Lauren to illustrate the theme – which you may have guessed, was

based on a meeting between Jesus and a Samaritan woman at that well.

It was unusual for women to come to draw water at midday, but this woman was an outcast and she didn't want to be at the well when the others came. She was surprised when Jesus struck up a conversation and asked for a drink. Jews didn't associate with Samaritans.

In fact, for various reasons, that conversation should never have taken place - but it did - and at first, it seemed that the two of them were totally at cross purposes. The woman was talking about water from the well and Jesus was talking about living water the eternal life that he could give her. During that conversation he gave her time and respect. He made her feel she mattered and that she was important

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Peter Gardner

and he didn't condemn her for her immoral lifestyle. That woman's life was changed by her encounter with Jesus.

In the end, the woman went and brought the townspeople to see Jesus. He stayed with them for two days and because of that initial encounter at the well, many came to believe that Jesus really is the Saviour of the world.

That idea of living water was carried through into the children's ministry, as they, too, made 'special' water. It wasn't quite living water - but it looked nice!

Carefully, crafted prayers were said and worship songs were sung and the service ended in the churchyard with all of us gladly removing our masks and singing together.

Our next family service is on Sunday 2^{nd} July. Do come along and be blessed.

Village Hall news

Caroline Thompson

We look forward to the easing of further restrictions later this month though any in depth guidance seems often to not cover certain scenarios within a Village or Community Hall so forward movement is often delayed whilst more details are confirmed by the Government, be that either at central or local level. We remain cautious in all we do at the Hall as our duty of care to the public is always of paramount importance.

The small classes and meetings which have been able to resume since the middle of May are all going well and we do hope before too long we are able to host some slightly larger events but we shall not be considering any new bookings which involve social gatherings before the 1st August at the earliest.

Craven District Council held their AGM at the Hall recently as their own premises in Skipton were not of an adequate size to host the event due to the distancing rules. We were most pleased to hear that our own Ward Councilor Mr. Alan Sutcliffe had been elected as the Chairman and we wish him well for his time in office.



Unfortunately despite retail and hospitality venues been allowed to reopen the Village Hall does not fall under this banner so we bravely decided to organize an outdoor Coffee morning. Not an easy venture particularly when you monitor the weather and the report changes on a daily basis. However with just couple of days warning we planned our first one on the 5th June and fortunately one too the following week.

We tried to advertise the events as best we could through posters and social media but word of mouth was probably the best tool. Thanks to our volunteer helpers and bakers we were able to create what we do hope were happy mornings for everyone. It was lovely to see familiar faces and see everyone enjoy a much needed catch up, not forgetting some delicious homemade cakes. It was nice to receive thanks for hosting the events but the best reward was to see the pleasure on everyone's faces. We intend to try to hold more Coffee mornings outdoors if indeed it is some time before we can resume again indoors. The frequency depends mainly on the weather but also the availability of our marvellous volunteers who we must remember have their own work and family commitments to consider.

Summer hanging baskets have now replaced the delightful display of winter pansies which lasted incredibly well this year and the planter and the small garden area to the right of the Hall have been replanted with vibrant coloured summer bedding plants. The larger garden area at the side of the carpark will receive some attention later in the year when some shrubs will be cut back a little and one or two replaced which came to grief after a spell of frost a few months ago. Robert has painted the wall facing the carpark so that looks so much better. The benches in the Hall are in the process of being re-upholstered, eight have been returned and they feel so much more comfortable. Let shope it is not too long before we have people sitting on them again.

It has been a little while since we looked back into our archives, via the old Minutes books. So long in fact that we won't say I have lost the decade of the 70's – just misplaced them.

In November 1982 it was reported that there was difficulty with a time clock on the boiler – nothing changes there then!

Twenty young people were present who complained there were no discos for them and that girls were not allowed in the games room. The chairman explained that there were other activities they could join and they did have the weekly youth club. A suggestion was put forward that maybe the girls could be allocated one night per week to play Snooker but boys would not be allowed.

Meanwhile the Chairman of the Games room had been suspended after it was found he had taken down a notice which had been put up by the Management Committee. (what the notice said we don't know).

Mr. Driver representing the Snooker club said there were some boys who were really good players but some were just disruptive, the chairman promised to sort out the badly behaved boys.

Youths were also making a nuisance of themselves at the front of the Hall. The police were to be notified and the seats would be removed. I doubt the latter would make much difference to the problem.

In early 1983, the caretaking role was taken on by local lad Edward Sawdon. Fast forward forty years and Edward is now one of our valued committee

members who makes a mean Victoria sponge for our Coffee mornings, if you haven`t done so already please try a piece - you won`t be disappointed.

Artist(s) wanted!

We are searching for an artist to create the backdrops for pantomime scenes. Lesley Woodhouse has done a fantastic job of these for many years. Lesley has agreed to mentor and support a new starter over the next season. If you are interested, please contact <u>gargravepanto@gmail.com</u> or speak to any member of the committee: Anita Eccles, Paul Smith, Jo Casper, Carly Halls, Peter Poulter, Laura Lipscombe or Duncan Faulkner.

From the belfry

It has been a busy month for birthdays in the bell tower, with a few of us marking another year passing! The most special of these was for Malcolm Bland, who celebrated his 80th on 8th June. Malcolm has been a stalwart of the tower over recent years and has done so much to maintain and encourage the band at Gargrave. He has taught many of the current band, provided several training aids to encourage and support learning in the and before Covid struck tower organised a number of outings for the ringers to gain experience on different bells. We were therefore delighted to be able to celebrate this occasion with a surprise party after ringing practice on Monday coupled with some bubbly and a cake featuring his three hobbies of Family History, Sunderland Football Ali Lucas

Gargrave Pantomime

Group Committee



Club and of course Bell Ringing. The side of the cake featured a special ringing Method called Malcolm Treble Bob Minimus. Traditionally bell ringers would mark such a milestone with a Quarter Peal, and we sincerely hope we can belatedly do this once all the current restrictions are lifted.

Celebrations continue in the belfry on Sunday 1st August, assuming the long awaited 'Freedom Day' finally makes an appearance. As many of you will know this is Yorkshire Day, and the Yorkshire Association of Change Ringers (YACR) have chosen it as the day to reignite the joy of bell ringing and encourage others to join us. We will be participating at Gargrave by having an Open Tower event in the afternoon. Members of the band will be on hand to share information about our hobby with explanations about how the bells work and an introduction to the music we ring. You can see the software we have been using during lockdown and go up into the tower and see the bells in action. There will be quizzes for young and old, a handbell demonstration and a bell-shaped cake or two! We are always keen to welcome new members to the band, so if you have been wondering if it might be the hobby for you, do come along and see us then to find out more.

Gargrave Show

Caroline Thompson, on behalf of Gargrave Show Committee

As most people will already know it is with great regret that the decision has been taken to cancel Gargrave Show. Traditionally the rural Agricultural Show would be taking place in mid August but as the arrangements need to begin early in the year it has just not been possible to plan for a show this year, particularly with the uncertainty which is currently still surrounding us all.

Fellow committee members were very sorry to have lost the services of their Treasurer Cathy Beck and her husband Graham who recently moved to the East Coast to be nearer their family. Their departure creates a real void on the Committee, both were hugely valued members who put a lot of hard work into the event, before, during and after the day's proceedings. The move has created a vacancy for the position of Show Treasurer. Anyone interested in applying for the position or requesting further information should contact the Chairman Alistair Lawn on 07876 594028. He would also be pleased to hear from anyone who would like to help out by either joining the show committee or just offering any assistance, skills or practical help in the run up to the annual event or on the day.

Sportsmanlike

During a game, the coach asked one of his young players: "Do you understand what cooperation is? What a team is?" The little boy nodded yes. "Do you understand that what matters is winning together as a team?" The little boy nodded yes. "So," the coach continued, "when a strike is called, or you are out at first, you don't argue or curse or attack the umpire. Do you understand all that?" Again, the boy nodded yes.

"Good," said the coach. "Now go over there and explain it to your mother."

Anaesthetic

As the manager of our hospital's cricket team, I was responsible for sorting out the equipment for the games.

One day as I walked through the surgery department carrying a bat that belonged to one of the surgeons, I passed several patients and their families in a waiting area. I heard one man say to his wife, "Look, darling, here comes your anaesthetist."

BeeActive: Launching Gargrave River Dips & Swims, and Summer Evening Woodland Qigong

Bee Faulkner

How about joining a new **summer evening Tai Chi Qigong group in the woods**? Thursday evenings at 7pm: 1st, 8th and 15th and 24th July? Meet at Mark House Lane opposite the entrance to Gargrave House Gardens at 7pm. There's so much in Qigong to do with trees, for instance alignment - connecting with the earth, connecting with the sky and the sunshine. "Standing Like A Tree" meditation following gentle active movements to mobilise your vital energy or "Qi" can be so blissful. If you'd like to give it a try, please book in with me first by calling 07778 980994. £28 for 4 weeks (or £10 pay as you go).

Or perhaps you've heard about the benefits of cold water immersion, and how wild swimming has been taking off around the country this last year, and feel tempted to give it a try? The summer is a great time to begin the year-round habit, as your body gradually acclimatises to the water over the months, making it less of a shock in mid-winter. The cool water helps one feel alive and, as a natural anti-depressant, is such a tonic if feeling stressed or down; it has hormonal benefits too and is great for boosting your mitochondria and metabolism.

Following on from my Outdoor Swimming Instructing Course at the end of June, I'm willing to take people for a dip in the Aire at Gargrave on Wednesday and Thursday mornings. Being able to swim isn't necessary as just sitting in the water in nature is so beneficial. The places to bathe in Gargrave are few as the river is only deep enough on the meanders, downstream of which, the river shallows out greatly. When the river rises, swimming (or floating) in the eddies is great as they just rotate you beside the bank. Our garden is handily located at one of these ace swimming spots, and is frequented by the kingfisher, dipper and grey wagtail, the ducks and their ducklings. These **introductory river immersion sessions** will follow straight on from my 9-10am **riverside Qigong sessions** on Water Street Green, on Wednesdays and Thursdays 30th June to 21 July inclusive, departing from the adjacent Summerseat bus-stop on foot at 10.15am. Please book in with me first by calling 07778 980994.

My school term-time class timetable for July (ending July 23rd) is:

Mondays	9am	Zoom Tai Chi Qigong
Tuesdays	9am 10am	Modern Pilates at Gargrave Village Hall's main hall Modern Pilates at Gargrave Village Hall's main hall
Wednesdays	9am	Riverside Tai Chi Qigong - Gargrave Water Street Green beside River Aire BD23 3LY
	10.15am	River Dip/Swim – Meet Summerseat (opposite The Dalesman Café)
Thursdays	9am	Riverside Tai Chi Qigong - Gargrave Water Street Green beside River Aire BD23 3LY

Thursdays continued	10.15am	River Dip/Swim – Meet Summerseat (opposite The Dalesman Café)
	7pm	Woodland Tai Chi Qigong – Meet Mark House Lane, opposite entrance to Gargrave House Gardens
Fridays	9am	Zoom Modern Pilates - from the comfort of your home

Latest from the Loos

Bee Faulkner

We're delighted to have had more standing orders rolling in since last month's appeal - getting a little closer to our hope of being able to pay for cleaning. Thanks to Roger Holdsworth for recently joining the ranks of Gargrave villagers contributing monthly, and likewise to the Burts of Cheshire. It's really heartening that people both near and far are being so supportive.

Ongoing thanks to our monthly donors, including: Pete and Dot Haken, Ann Keene, Derek Steele, Molly Blackburn, Clare and Paul Maslin, Rob and Rachael Berry, Jane Brennan, James Enever, Reliant Installations, Linda Wall, Julie Verney, Steve Alford & Maxine Fletcher, Bee Faulkner, Ian Reed-Peck & Allison Wiffen, Allison's Dad Peter who lives miles away and several village residents who wish to remain anonymous. (I'm checking with people first before publishing names, so if you're not mentioned it's because I have yet to receive your permission.)

We're still looking to expand our group of monthly financial givers to pay for daily cleaning, so if you have a heart for the loos and the village, and haven't already done so, how about becoming a Friend of Gargrave Loo and setting up a standing order too?

Account Name	GNAT
Account Number	53123018
Sort Code	01-07-93

Please let me know at BeeActive@posteo.net whether you'd prefer to give anonymously or not.



On 10 Jun	2021
Dear Bee	
We've just	set up a standing order for GNAT 🤫
experience	so much for all your hard work for keeping them open. I know, from my own of fund raising, how hard it is sometimes to keep going. The loos always and are in constant use, as we can see when we visit gorgeous Gargrave.
Many thank	5
John and R Cheshire	lose Burt

Last month Mark Shaw kindly begun laying the path around the back of the loos, which will improve access to the manholes and the loos' back garden. And the panels of railings from the back garden went off for repair firstly at Reliant Installations for trimming and welding, and then on to Keighley for shotblasting and recoating. Thanks to Tony Baldwin-Lewis and Chris Smales for removing them, with the help of their angle grinders, and to Jon Trimble for transporting them. We've had some money promised from NYCC towards their repair, I have also put in for grants from CDC and Reliant Installations have given us a generously discounted mending fee.

FARMING ON SCALEBER HILL

John Hall

WE ARE PLEASED TO REPORT WE FINALLY FINISHED LAMBING (officially!) on 1st June with the late arrival of twins to one of the Lonks.

The pouring rain and cold winds finally gave way to more seasonal warmth – I have never seen grass grow as quickly from nothing at all to lush sweet grass everywhere. This resulted in the cattle all being finally turned out for summer into glorious sunshine. The local dairy farms have now all taken their first cut of silage albeit slightly later than normal. As for ourselves, we are hoping to take our silage in the next couple of weeks which, despite the late spring, is normal timing for us.

The suckler cows have now calved, thankfully without incident. After calving inside they are also now outside enjoying the sunshine and progressing well.

My first task in the morning is to check round all the stock to make sure everything is on its feet as at this time of year (pre-shearing) the sheep can become "rigged" – stuck on their backs as result of rolling to itch as grass seeds can become irritating to the skin when trapped in the fleece. Also at this time of year, lush grass can be deficient in magnesium resulting in a condition in the cows known as "staggers" – if caught early this is easily remedied by an injection of a magnesium solution under the skin otherwise it can be rapidly prove fatal.

On my rounds I enjoy seeing the curlews and lapwings with chicks in both pastures and meadows. As we take our silage later, ground nesting birds have a better chance to rear their young before the grass is cut. The warm spell we have had just lately has helped the songbird chicks in the hedges. There would appear to have been a good hatch. The pheasant and duck nests are due to hatch shortly.

It can be a tough old life in the winter months with wet mud and wellies but June with contented cattle and sheep and being able to enjoy the wildlife on a sunny morning one can forget the struggles for a while.

It is hard to believe the year is half over – by the time you read this the days will be shortening!

The churchwarden was in a hurry to inform the congregation that their minister had recovered from an illness, so she put the following notice outside the church: God is good. The vicar is better.

IN THE SHADOW OF SHARPHAW A WARTIME CHILDHOOD

Dorothy Holmes

Chapter Three

OUR NEXT STOP WAS AT MISS HUDSON'S SWEET Shop (now the Dalesman Cafe). I think Miss Hudson and her brother lived over the shop and Mr Hudson was a postman.

Around the corner on West Street was Mr Hardisty, the butcher, who occupied what would be now the back of the Dalesman Cafe. Continue along West Street as far as the canal and then onto Coulthurst Lane. We now arrive at Gargrave House, where Mrs Coulthurst was the lady of the house. I remember going to a Garden Party held in the grounds and was amazed by the hot houses with peaches and grapes, unseen during the war years. The gardener at the time was Arthur McRobert who lived in a cottage on the estate with his wife Florrie (nee Reeder) whose sister, Kathy McKell (nee Reeder) were first cousins to my mother. [Editor's note – Arthur and Florrie's son Derrick McRobert designed the cover of the parish magazine which we still use today].

Continuing up the Lane, the hedgerows were full of violets and primroses in Spring and where mother used to take us on Easter Monday to roll our hard boiled and decorated eggs down the field.

Returning to the village we pass the Grouse Hotel on the corner of West Street and High Street. The landlords were Mr and Mrs Spencer, a very nice hotel where wedding receptions were held. Next door to the hotel was the Pennine Motor Garage.

Crossing the road, the first house on the High Street was where the headmaster, Mr Joyce lived. The low wall went round the corner and faced the square where we young girls used to sit and watch the world go by. Very few cars were about in those days and it was a big thrill when the tall handsome Brian Haggas used to drive through the village in his dark green sports car. The Haggas family were mill owners and local gentry and lived in the hamlet of Otterburn The next shop on the right was the Stationers and Newsagents owned by Mr McKell. At Christmas time he used to convert an upstairs room into a showroom for Christmas gifts.

Re crossing the road we come to a large building which was the Village Institute, which played a large part of village life. When we were pupils at the Church School we would walk in a crocodile for lunch at the Institute . This was cooked by the village ladies, one I remember was Mrs Grimshaw. They made lovely sponge puddings which I enjoy to this day.

I remember standing there when the evacuees came from London. One poor girl was left until the end so mum decided to take her in. As if she didn't have enough with her own four girls and a shop to run. The girl was called Winnie Cheek and I think there was a few from that same family. They were from the East End of London and we used to say Cheek by name and Cheek by nature. Some of the mothers came with the children and one called Mrs Fry used to shop with us. After the war she always sent a card and wrote to mum at Christmas. On a visit to London, mum and I went to visit her in the East End and she was so thrilled to see us.

Going back to the Institute, on the ground floor to the right of the door was the billiards room, no women allowed in there. I went to my first dance in the first floor dancehall when I was fifteen.

Mother and all the grown ups used to play whist in the downstairs room, whilst the dancing was going on upstairs. I only knew two people in the band. One was Cyril Bradley (mother's cousin) who played the piano and the other was Leslie Rhodes on the drums. The hall used to be packed with all the young men standing in the doorway, eying up the girls. Many came from the surrounding farms and would cycle miles in the blackout to be there. I remember one young farmer who always asked me to dance the quickstep with him, That was the only dance I had with him and I never knew his name nor he mine. I loved to watch them dancing the Lancers and longed to join in, but I was too young. By the time I was old enough they had stopped doing it. I could join in the Lambeth Walk so that was a consolation. Lovely times.

Keeping to the left side of the road, you passed two lovely houses, set back from the pavement. One belonged to the police sergeant, Mr Mole who lived there with his wife and son Ronnie. The next row of shops consisted of a cake shop, the middle one was Stockdale and Helm grocers. The manager was Mr John Whittingham, who went on to buy Grandad's shop when he decided to retire. The last shop in that row was the chemist shop, which is still there today. We now come to the small newsagents shop which was owned by Mr Harry Hogan, a rather curmudgeonly man. Where the fish shop is today was the third butcher in the village, owned by the Porter family. Just before the very old Swan Hotel was the Blacksmiths, which was a very active forge at that time with the many horses around in the area at that time. The local hunt took place on Boxing Day when they all assembled on the village green. The kennels for the hounds was situated on Skipton Road, just before the canal bridge.

Returning along the High Street where Dapper (Ladies clothes shop) is today was Clarks greengrocers and next to that, the large building was the CO-OP Inside the CO-OP Emporium to the right was where they sold clothes, shoes and household goods. The opposite end being the grocery department.

Tribute

A minister had agreed to step in and take a funeral at short notice. He said a few general words of comfort, and then added: "As I did not know the deceased, is there anyone here who would like to give a few words of tribute?"

There was silence for a few moments, and then a voice from the back observed: "His brother was far worse."

CONNECTING WITH CULTURE

Paul Valler, London Institute of Contemporary Christianity

MONDAY 21 JUNE WAS SUPPOSED TO BE 'FREEDOM DAY' – the glorious moment when social restrictions were finally and completely lifted. After more than a year of lockdown we were looking forward to enjoying one another's close company again at events and hospitality venues. But recent infection trends have forced the Government into another frustrating delay and now 'hope deferred makes the heart sick.' (Proverbs 13:12)

Psychologists describe a pattern of emotional reaction to change with something called the Kubler Ross curve – shock, denial, anger, and depression before acceptance. Sure enough, we experienced them all in lockdown. And now that another hope has been deferred, disappointment and frustration are surfacing again. Businesses are struggling and even when complete social freedom in the UK is finally authorised, there will still be overseas travel restrictions and the nagging fear of another variant – another wave of the pandemic from somewhere. This isn't over by any means. And many people, who are already traumatised and exhausted, will take a long time to recover.

One of the keys to human flourishing in times like this is learning to be content. That is a huge challenge, because contentment is the polar opposite of the frustration we naturally feel. The Apostle Paul wrote: 'I have learned the secret of being content in any and every situation' (Philippians 4:12). The irony is that learning contentment requires challenging circumstances, just as learning the related discipline of patience can only be done in the face of irritating delays.

Contentment does not minimise the reality of suffering, or avoid taking necessary action. Contentment is choosing to receive God's peace on the inside. It is a deliberate posture of humility and a disciplined, conscious choice to rest and trust in God. As Psalm 131 says: 'I have calmed and quieted myself, I am like a weaned child with its mother; like a weaned child I am content. Israel put your hope in the Lord, both now and for evermore.'

When you meet a person who has learned to be content, the peace that quietly radiates from within them is attractive. That peace will have been hard won and usually forged in difficult circumstances. Now we have the opportunity to learn contentment and it is not easy. Yet if, with the Psalmist, we can rise to it, then on our everyday frontline we can be those special people of peace in the midst of a frustrated and discontented world.

Thankful

A minister said to a precocious six-year-old boy, "So your mother says a prayer over you each night? That's very commendable. What does she say?" The little boy replied, "Thank God he's in bed!"

ATTENTION DOG OWNERS: KENNEL COUGH

Harriet Robinson, Dalehead Veterinary Group, Settle

Kennel Cough in Dogs

Kennel Cough seems to be occurring a lot in dogs coming to the practice. We hope to spread awareness for pet owners and to hopefully get their pets vaccinated to reduce the outbreak in dogs.

Kennel cough is caused by various viruses and bacteria which cause inflammation of the throat, lungs and airways. The illness also presents itself with a persistent, hacking cough that resembles the sound of choking.

Kennel cough is highly contagious and is spread via contact with another infected animal or by inhaling/ ingesting secretions from an infected dose nose or mouth. E.g. sneeze/ cough, food bowl/toys. Incubation period can be from 2 days to 2 weeks.

Symptoms:

Mild

- Dry, persistent, hacking cough
- Retching and gagging
- Runny nose
- Eye discharge
- Sneezing

Severe

- Loss of appetite
- Listlessness
- Fever
- Puss discharge from the nose
- Chesty cough that produces phlegm

While highly contagious the illness, in most cases, is not serious and symptoms will improve on its own within a few weeks. There are exceptions to this, however, and owners of elderly dogs, puppies and dogs with underlying health issues should monitor the condition closely as it can develop into pneumonia.

There's no specific test to diagnose kennel cough, but a vet can define the illness from the symptoms shown. In most cases no medication is prescribed for kennel cough.

Friend?

Arriving at church to attend a wedding, a formidable looking lady in a large hat was greeted by the usher. "Are you a friend of the groom?" he ventured.

"Certainly not," she said indignantly. "I'm the bride's mother."

INFORMATION

Gargrave LibraryOpen Mon 3-4pm, Fri 2-4pm, Sat 10am-noon
Visit http://capitadiscovery.co.uk/northyorkshire/to
reserve or renew books online (first obtain your PIN
from library), or renew by calling 01609 532774

Rotas for St Andrew's Church

	8am	10.45am			BIBLE	INTER-
	SIDESMEN	SIDESMEN/	WELCOMERS	5	READER	CESSOR
4 Jul	Кау	Family				
	Craven	service				
11 Jul		Yvonne	Pauline	Jean	Kim	Peter
		Poulter	Gilfoyle	Banks	Hatfield	Poulter
18 Jul	Colin	Kim	Les	Mike	Les	Paul Maslin
	Chapman	Hatfield	Hatfield	Maiden	Hatfield	
25 Jul		Jo	Helen	Robert	Jane	Sue Trout
		Ackroyd	Wilson	Ackroyd	Dallas	
1 Aug	Кау	Family				
	Craven	service				
8 Aug		Sarah	Judith	Rocio	Jennifer	Ron
		Curtis	Robinson	Fordham	Rowlands	Humphreys

Gargrave C of E Primary School & Pre-School holiday dates

	First day of holiday	Last day of holiday
Summer	Mon 26 July	Mon 6 Sept
Half term	Mon 25 Oct	Mon 1 Nov
Christmas	Mon 20 Dec	Tue 4 Jan 2022

Magazine contributions, adverts and subscriptions

THIS MAGAZINE IS PRODUCED by St Andrew's Church for the benefit of the whole community of Gargrave & Coniston Cold parishes. We welcome short articles, news, notices of events, anecdotes, announcements, obituaries, letters & photos, free of charge, subject to space & relevance. The monthly contributions deadline is on the back page. Please email contributions, if possible, to **editor@gargravemag.co.uk**. We can also accept short contributions by phone 01756 749443.

Editorial advertising currently costs £11 per quarter page per month, other sizes pro rata. Artwork can be supplied in Word or pdf format. Contact 07711 718153 or parishmagads.gargrave@outlook.com or to discuss.

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TAXIS from Gargrave (see advertising directory, page A3): Gargrave Private Hire - local & distance, airport transfers: 07877 054698, 01756 748112

Face coverings compulsory on all public transport, including masks, reusable cloth coverings + other options: scarves & bandanas - the wearer's nose & mouth must be covered.

TRAINS from Gargrave from 16 May

To Skipton (arrives approx. 9 mins later) & **Leeds** (arrives approx 55 mins later) Mon-Sat 0744 0754 1150 1522 1550SO 1551SX 1645 1813 1848SO 1850SX 2019 2134 2216SX 2218SO 22374 Sunday 1121 1210 1420 1448 1656 1855 2107 2123 To Giggles'k (arr. ~ 20 mins later) & Lanc'r (arr. ~ 65 mins later) Mon-Sat 0525SO 0528SX 0902 1304 1504 1814SO 1815SX 2006 0922 1115 1412 1615 Sunday 1815 To Settle (arr. ~18 min later) & Carlisle (arr. ~2hrs later) Mon-Sat 0832 1004 1133 1604 1732 1902 2033² 0950 1315 1509 Sunday NOTES: Location of Pick Up in Gargrave for Rail Replacement Buses is uncertain: may be beside The Summerseat on High Street OR at Station Entrance: CHECK WITH NORTHERN. 1. Change at Skipton for Leeds on Sats. 2. Ribblehead only. Generally, only DIRECT journeys are shown. AT THIS TIME, Northern recommend consulting National Rail on 03457 48 49 50 or the Journey Planner: https://www.nationalrail.co.uk As of 19 June: No planned engineering works affecting trains from Gargrave during July are identified. That may change. Check with northern Railway. For live info on next 2 trains text GARGRAVE to 84950, or go to www.realtimetrains.co.uk/ BUSES from Gargrave *Except Bank Holidays (M) Malham from 22 May **To Skipton** (arr.~15min later) (Services 75, 210/211, 580, 884) (M = from Malham) M-Fri* 0820 0910 0955 1055 1057M⁷ 1155 1255 1355 1357M⁷ 1455 1555 1755 Saturday 0820 0910 0955 1155 1235(M) 1355 1555 1655(M) 1755 Summer Suns + B.Hols: [884] from 16 May 0955 1210M 1512M 1625 1652M To Settle DIRECT (arrives ~ 25 mins later) (Service 580) and (+ or ++) onward to Kirkby Lonsdale (+Service 581) and thence to Lancaster (++Service 582) Mon-Fri* 0905++ 1000 1100++ 1200 1300++ 1400 1500++ 1600++ 1700++ 1900++ Saturday 0905++ 1000 1100++ 1300++ 1445M 1500++ 1700++ 1800 1900++ Summer Suns + B.Hols [81B, 830]: 1100++ 1730 + +To Malham (arrives ~ 25mins later) (Services 210/211, 884) Mon-Fri* [210/211] 1000^{7} 1310⁷ Saturday [75] From 22 May 2021 1000 1445 Summer Suns + Bank Hols: [884] from 18 April 1057 1242 1542 NOTES. 7. Tues & Thurs (as service 211) stops at Coniston Cold 4 mins after Gargrave.

Public Transport back to Gargrave

TRAINS to Gargrave from 16 May Last DIRECT train LEEDS to GARGRAVE From Skipton (arr. Gargrave ~ 6 mins later) Mon-Sat 0519SO 0522SX 0826 0856 0959 1127 1258 1458 1949 1559 1727 1808SO 1810SX 1856 2000 2027 Sunday 0917 0945 1110 1309 1406 1503 1609 1809 1730 From Lancaster via Giggles'k (Trains arr. Gargrave ~ 65 mins later) Mon-Sat 0647SO 0648SX 1046SX 1047SO 1447SO 1448SX 1745 2030 2131 1105 1344 Sunday 1552 1751 2018 From Carlisle (direct: arr. Gargrave ~ 2 hrs later) Mon-Fri 0549SX 0713SO13 0754SO15 0824SX15 0927SO15 105815 1340 1450 1618 1824 *2145*¹³ Sunday 0925 1223 *1520*¹⁵ *1607*¹⁵ *1725*¹⁵ 1911 **NOTES: 13.** From Ribblehead only. **15**. Stops at Hellifield & Skipton, but NOT GARGRAVE. Living in BD23 post code, you can buy a DALES RAILCARD: £10.00/ year. 1/3 off Anytime and Offpeak rail tickets between Gargrave, Leeds, Bradford, Carlisle, Morecambe, Lancaster. Discount for children with you. **BUSES to Gargrave** *Except Bank Hols. M is Malham service (M) from 22 May From Skipton Bus Stn. (arr. Gargrave ~15 min) (S'vices 75, 81B, 210/ 211, 580, 830, 884) Mon-Fri* 0850 0945 0950M8 1045 1145 1245 1300M8 1345 1445 1545 1645 1845 Saturday 0850 0945 0945(M) 1045 1245 1430(M) 1445 1645 1745 1845 Suns + B.Hols: [884] from 16 May 1045 1045M 1230M 1530M 1715 From Settle DIRECT (arr. Gargrave ~25 mins later (Service 580, 81B, 830) + from Kirkby Lonsdale (581) and ++ Lancaster (582) M= service 75, via Malham Mon-Fri* 0755+ 0845++ 0930++ 1030 1130++ 1230 1330++ 1430 1530++ 1730++ Saturday 0755+ 0845++ 0930++ 1130++ 1135M 1330++ 1530++ 1555M 1730++ Summer Suns + B.Hols: [81B, 830] from 16 May 0930 1600 From Malham (arr. Gargrave ~25mins later) (Services 75, 210/211, 884) Mon-Fri* [210/211] 1035⁸ 1335⁸ from opp. Buck Inn, Malham Saturday [75] From 22 May 2021 1210 1630 from opp. Buck Inn Summer Suns + B.Hols [884] from 18 Apr 1145 1450 1630 from Nat Park Car Park **NOTES 8**. Tues & Thurs service stops at Coniston Cold 4 mins before Gargrave Service Operators: northern railway www.northernrailway.co.uk 0800 200 6060 [Travel Assistance 0800 138 5560]; 210/211, NYCC www.northyorkstravel.info/operators/n/nycc/ 01609 780780; 75/81B/580/581/582/830, Kirkby Lonsdale Coach Hire 01524 733831 www.klch.co.uk , 884 Keighley Bus Co www.transdevbus.co.uk/keighley_01535 603284; Buses (general) www.dalesbus.org; Traveline 0871 200 22 33 www.traveline.info ; National Rail Enquiries 03457 48 49 50 www.nationalrail.co.uk; Rail Ombudsman www.railombudsman.org 0330 094 0362

Note: Transport details remain subject to changes, e.g. as Covid-19 response develops.

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