GARGRAVE & CONISTON COLD

Parish Magazine -



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If you'd like to advertise in the Parish Magazine, please contact Les Hatfield on 07711 718153 or at parishmagads.gargrave@outlook.com Adverts can be included throughout the year.

Inside this month

The real St Valentine Oz the panto: tickets on sale from 1 February Life stories from Zoe Sharp and Ann Heselton You are invited to the Parish Magazine coffee morning Remembering Barbara and Gavin Martin and Michael Fenwick



Photo by Freya Jackson

March issue editorial deadline: 14 February if possible, 18th at the latest

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Printed in Skipton by EP Print on FSC recycled paper

Revd Andrew Steer

The Power of Love

IN 1984, THE CONTROVERSIAL POP GROUP 'Frankie Goes to Hollywood' recorded the number one hit single 'The Power of Love'. A quick internet search reveals songs of the same title recorded by Celine Dion, Jennifer Rush and Huey Lewis & The News, to name but a few. Pop songs are almost always synonymous with the concept of love, in various stages, whether it be falling in love (Elvis Presley), falling out of love (Wham) or simply the lack of someone to love (Queen) - (I'll let you work out which songs I'm referring to here!). If we were to banish all pop songs which are about 'love', then I suspect that the record industry would very quickly collapse and our radio waves would be much quieter frequencies. The same is true about film, TV and books – it seems that we just can't get enough of love.

This month sees the annual celebration of Valentine's Day when traditionally women look forward to a romantic token from the man in their life (a ring, a weekend away, a gourmet meal) and when men traditionally nip to the petrol station on the night before to buy their beloved some sad looking flowers which could have come from the local cemetery! (Forgive my cynicism).

So, who was St Valentine? Well, according to the Church of England, which is always correct in such matters, Valentine's Day has nothing to do with lovers, doves or Roman courting rituals. It is in fact a conflation of two separate stories about two separate Valentines. Martyred in Rome in 273, Bishop Valentine of Terni has a basilica named after him on the Flaminian Way between Rome and Terni. The other, Valentine of Rome, was a priest martyred under Claudius II, who also has a basilica on the same road. Confused? Some even say there were three Valentines!

To add to the confusion, it is suggested that our current custom of declaring our love in cards and flowers originates with poet and priest John Donne, who wrote a marriage song for Princess Elisabeth the daughter of James 1. She married Frederick V on St Valentine's Day in 1632, and the song merged the religious commemoration of St Valentine with symbols of fertility. Who knew?

So what of love? The Christian writer CS Lewis wrote 'The Four Loves' in which he explored the different types of love – affection (e.g. parent-child love), friendship, romantic love and Godly love – otherwise known as 'charity'. It is this last form of love, in the Greek – 'agape', which is most profound and most important for Christians. The other forms of love develop from a need, whether that's for protection, friendship or reproduction, but Godly love is different. This is the love of God for His people as evidenced throughout the Bible, through the death of Jesus Christ; and it is a love which has no dependence or need. This love is free, with no strings attached and is not dependent upon circumstance, time or emotions.

The love of God is extravagant and lavish and is for all people and the whole of creation. It is the most virtuous of all the loves. As the apostle Paul wrote to the church at Corinth when they were getting a bit too big for their boots:

⁴ Love is patient, love is kind. It does not envy, it does not boast, it is not proud. ⁵ It does not dishonour others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. ⁶ Love does not delight in evil but rejoices with the truth. ⁷ It always protects, always trusts, always hopes, always perseveres.

No matter how or whom we love, whether it be family, friend or lover, our love can be transformed and taken to another level if we begin to practice loving as God loves – selflessly, freely and without agenda or expectation. Once we have experienced this type of love, whether giving or receiving, we have begun to understand and experience the love of God. Charity, agape, Godly love, call it what you wish, but this love is transformative and life-changing for the giver and receiver.

In this month of St Valentine, may you really know 'The Power of Love', whether that be in friendship, family or romance. But most of all, may you experience the wonder of God's love for you.

Coniston Co	ld
Sun 6 Feb	Compline evensong, 4pm, Church
Sun 13 Feb	Holy communion, 9.30am, Church
Sun 20 Feb	Compline evensong, 4pm, Church
Sun 27 Feb	Holy communion, 9.30am, Church
Gargrave	
Tue 1 Feb	Monthly prayer meeting, 7pm, Church
Wed 2 Feb	Parish council meeting, 7.15pm, Village Hall
Sun 6 Feb	Prayer book communion, 8am, Church
	Breakfast 10.30am followed by 11am Family service, Church
	Oasis contemplative service for Candlemas, 6pm, Church. See page 5.
Mon 7 Feb	Coffee Monday, 10am-noon, Church – and every Monday
Fri 11 Feb	Picnic Supper Dance. 7.30pm - 11pm, Village Hall. Live music from the accomplished Organist Elizabeth Harrison. £5 admission on the door. Please bring along your own picnic supper. Tea and coffee provided.
Sat 12 Feb	Coffee morning for Parish Magazine contributors, deliverers and subscribers, 10am-noon, Church. See page 5.

DIARY FOR FEBRUARY

Sun 13 Feb	Prayer book communion, 8am, Church Sung Eucharist, 11am, Church
Fri 18 Feb	Library film night: Official Secrets. 7 for 7.30pm. See page 13.
Sun 20 Feb	Prayer book communion, 8am, Church
	Morning Worship, 11am, Church
Thurs 24 Feb	Oz: The Panto, 7.15pm, Village Hall. See page 7.
Fri 25 Feb	Oz: The Panto, 7.15pm, Village Hall
Sat 26 Feb	Oz: The Panto, 1pm and 5pm, Village Hall
Sun 27 Feb	Prayer book communion, 8am, Church
	Family Communion, 11am, Church
	Broadway Fairs Flea Market and Craft Fair, 10am- 3pm, Village Hall. Light refreshments available. 50p admission.
Tue 1 March	Shrove Tuesday supper, 6pm, Church. See page 7.

EVENTS

Oasis at St Andrew's, re-starting Sunday 6 February

Peter Poulter

Oasis is a 30 minute service of readings, music and silent reflection in St Andrew's church at 6.00 on the first Sunday of the month. It has not been held since lockdown, but the plan is to restore it in the New Year.

The first occasion will be a celebration of Candlemas on 6 February. Candlemas traditionally marks the end of the Christmas/Epiphany period when we focus on the birth and childhood of Jesus. From then onwards the concentration is on preparation for the reflective journey towards Easter.

Knock knock

The passenger tapped the taxi driver on the shoulder to ask him something. The driver screamed, lost control of the car, nearly hit a bus, went up on the pavement, and stopped inches from a shop window.

For a second everything went quiet in the car, then the driver said, "Look mate, don't ever do that again. You scared the daylights out of me!"

The passenger apologised and said he didn't realise that a little tap could scare him so much.

The driver replied, "You're right. I'm sorry, it's not really your fault. Today is my first day as a taxi driver. I've been driving a hearse for the last 15 years."

An invitation to our Big Coffee Morning

Tony Wimbush

The Parish Magazine is both an enormous asset and tribute to the local community. Full of news, views and local information it is delivered to some 400 households throughout Gargrave and Coniston Cold. As a thank you to everyone involved in producing, contributing, advertising, distributing and subscribing to the Parish Magazine we are holding a big celebratory coffee morning at St Andrew's Church. New subscribers are particularly welcome – only £9 for 11 editions delivered to your door, all year round and in all weathers!



Say it with flowers

A man stopped by his local florist shop to buy flowers for his new girlfriend on Valentine's Day. He asked the proprietor, "You know the expression, 'Say it with flowers'?"

"I do indeed!" the florist enthused. "How about three dozen of my finest roses?" The man hesitated. "No, make it just a half dozen roses. I'm a man of few words."

Duncan Faulkner

Oz the Panto - 24-26 February



After the theatrical desert of 2021, life on the stage is flourishing again. The committee, cast and backstage crew of Gargrave Pantomime Group have been preparing since summer last year to bring the 2022 pantomime to life and we are eagerly looking forward to sharing it with audiences.

Oz the Panto is written by Edward Munday and directed by Chrissy Platt, with Laura Lipscombe as musical director and choreographer. Laura somehow also finds the time and energy to take on the leading role of Darcey. Fans of Strictly will find that the Wizard of Oz story has been transformed in this production, right from the opening scene where the three judges are ready to pronounce judgement on the dances. Once again Peter Poulter excels as the dame, Dorothy's sassy Auntie Em. Expect fun, laughter, surprises... and a lot of sprouts... as you join Dorothy and her newly acquired friends on the journey to the Emerald City. We have benefited from this year from an influx of talented and enthusiastic actors and backstage helpers who have been crafting a wonderful stage set to transport us to the American Midwest and beyond.

We are performing on:

- Thursday 24 February 7.15pm
- Friday 25 February 7.15pm
- Saturday 26 February 1pm and 5pm

Tickets are on sale from 1 February at the Dalesman Café and Gargrave and Malhamdale Community Library. £8 / £5 concessions in advance or £9/£6 on the door, subject to availability.

Shrove Supper, 1 March

Duncan Faulkner

Come and join a long-standing Gargrave parish tradition on Tuesday 1 March at the Shrove Tuesday Supper in St Andrew's Church at 6 pm.

It's a Jacobs Join affair, with home-made entertainment courtesy of the Faulkner family, if we manage to get our act together to come up with something in time!

Tennis Club junior coaching

Craven Lawn Tennis Club in Gargrave will be starting their new programme of Junior & Teenage Tennis Coaching on Tuesday 1st March 2022 with a block of 6 sessions at a cost of £5 per session per participant.

There will be a group for those at Primary School commencing at 3.30pm and an older group for those at Secondary School at 4.30pm.

It is hoped that, for the older group, some of those taking part might also be combining this with working towards their Duke of Edinburgh Awards.

These sessions are open to both members & non-members of the Club and all are welcome. However, places are limited so if anyone is interested in attending please contact Club Coach Ji Mukherjee for further information:

Phone - 07845 416301. Email - sportscoachim@yahoo.co.uk.

Jubilee celebrations at the Village Hall

Caroline Thompson The 6th February will mark the start of the Platinum Jubilee year so our thoughts at the Hall are turning to our celebrations to mark this incredible seventy years of the Queen's reign. We shall be holding a right Royal Coffee morning on Friday the 3rd June, there won't be a Platinum pudding but there will be lots of delicious cakes. We hope to also have a display of Village Memorabilia and some Royal regalia.

A Book Fair will be held on Saturday 4th June when there will be thousands of books for sale on every subject, there will be general titles as well as rare and antiguarian books.

We are delighted to announce that on **Sunday 5th June** we will be holding an afternoon tea with live music. Talented vocalist Andrew Wiseman will be entertaining us with popular and iconic songs from the 1950's through to the present day. Andrew has performed at the Hall previously so anyone enjoying his Neil Diamond tribute show will know they are in for a treat. Tickets are priced at just £10.00 per person and can be reserved now by calling 01756 749235 or 07989 585564. Admission is by pre booking only please.

Be my Valentine

Young man: Do you love me? Young lady: Yes. Young man: But can you live on my income? Young lady: Certainly. Though - what will you live on?

Oh dear

Confidence is that feeling you have just before you fully understand the situation.

Parish Magazine Subscriptions

First, thanks to everyone who has subscribed to the Parish Magazine over the past year. I am particularly grateful to our magazine deliverers for distributing over 400 magazines month after month, often in wet and cold conditions. For the last two years producing and distributing the magazines has presented additional challenges and I thank everyone who helped in overcoming these challenges.

Subscriptions are now due at £9.00 for the year. I am sorry that the price has increased and I hope that you will continue to subscribe. You will probably have received a payment envelope with your February magazine; the majority of deliverers use this approach. However a few deliverers usually collect directly without using the envelopes. Where feasible and safe, could you please put the money in the payment envelope and return the envelope to your deliverer by Saturday, 19th February?

If you are paying by cheque please make the cheque payable to "St. Andrew's Church, Gargrave".

In closing I have three requests to our deliverers. When you have finished collecting subscriptions please bring the money to 6 St Robert Close (<u>not</u> Court). Please provide a current list of your deliveries so that my records are up to date. If for any reason you cannot deliver magazines such as illness, holidays or shielding can you please notify Tony Wimbush (749917) or Ron Humphreys (748779) as soon as possible. Alternative arrangements can then be made so that our subscribers receive their magazines on time.

Christingle thanks

Thank you to all the children who filled Christingle money boxes and all who donated at the Christingle service on Christmas Eve. £214.12 has been sent to the Children's Society.

Thanks to the tidying party

Thank you to everyone who came to help and tidy up in all corners of our Church on Jan 13th. The result is great and uplifting even if a few spiders managed to hide a bit longer from the cold!

Coffee Morning and Sale of Work on November 13th

Gargrave Heritage Group ran a very popular coffee morning on Saturday, 13th November. In addition to the refreshments, poppy sales and a chocolate tombola, there were various stalls with many beautiful items made by members of the Craft and Chat Group. There was an impressive cascading display of hand-made poppies at the altar that remained in place for Remembrance Sunday the following day. The event raised over £1100 that will be used for church funds and

Ron Humphreys

Julie Verney

Sylvia Humphreys

Jennifer Rowlands

to support the work of the Royal British Legion. I thank everyone who worked so hard to make the event so successful.

Editor: My apologies for missing out this article from the last two editions.

Gargrave Church of England (VC) Primary School

Sarah Peel

'Work with all your heart' LOVE, PEACE, HOPE

Gargrave Primary School pupils all came together to work in their house groups on a range of activities learning about 'Who God is: in name and in action'.

Led by Reverend Peter Thomas, the day began with an assembly to introduce the activities and to begin thinking about who God is. A carousel of activities in each class saw the children rotating around five sessions, which included learning about different characters in the Old Testament such as David and Goliath, Jonah, Daniel and Elijah. The children, from Reception to Year 6, worked closely and supported each other in their groups as they collectively produced fabulous art work, bookmarks detailing who God is, story sticks and took part in drama to retell stories.

After a long period of uncertainty, homelearning and lockdowns, it was wonderful to have

our children working with their friends from across the school. The day ended with an assembly, where all the fabulous work and activities were shared with the school.

Another great day of learning!

Advert amendment: Chris Smales

Best wishes to Chris Smales on his retirement from his taxi service. Please ignore his advert on page A3 which is no longer current. Bee Faulkner



Gargrave Village Hall news

The fifth annual Village Hall's week will just have ended as this magazine arrives through your letter boxes. The celebratory week was instigated by Action with Communities in rural England (ACRE) and took place from the 24th to the 30th January. It aimed to celebrate the vital work of England's 10,000 plus Village Halls and Community Venues and gives Village Hall Management committees a chance to showcase their venue. We decided to celebrate by holding one of our popular Coffee mornings albeit it a just a few days before the official date, so we do hope everyone enjoyed themselves. There was also an opportunity for anyone new to the Village to view the different meeting rooms and facilities which our brilliant Hall has to offer.

ACRE acknowledge that Halls do much to improve the life for residents, they are places where people can gather often to combat loneliness whilst delivering a wide range of activities and services. This national charity which aims to support rural communities has provided an invaluable source of information for us whilst dealing with all the rules regarding Covid during the past two years. The Government website has delivered comprehensive information, but this has not always been relevant to our needs, however ACRE have provided us with information relevant purely to a Village Hall, so with their help we have been confident that we have delivered a Covid safe environment for everyone to enjoy.

We are delighted that the future now looks more optimistic, and the Hall can operate once more at full capacity. Our Management committee events and our private Hirers offer a wide range of activities for everyone to enjoy. There are various exercise classes which offer Yoga, Pilates and Tai Chi, all provide different levels of exercise from beginners to more experienced. Our Monday Art group and a fortnightly Art Class allow artistic talents to flourish. Film buffs can enjoy the monthly Film nights which are organised by the Gargrave and Malhamdale Community Library Group. The Vintage Fairs, Flea Markets and Book Fairs all continue to be great sources for the bargain hunters and the monthly dances go from strength to strength. The ladies of the WI have reformed as a monthly social group and the Pantomime group are busy rehearsing for their forthcoming production of OZ which will be staged from Thursday 24th to Saturday 26th February. We must not forget our fantastic self-contained Snooker club which has two full sized tables and has the opportunity for members to play whenever they wish. Nor must we forget our lovely indoor bowling group who play on a Tuesday and Thursday afternoon. Monthly parish council meetings take place in the Annexe and the Parish Council Office is located within the Hall: our local Library is also located within the building. All this and I am certain to have left someone out - if so apologies if I have!

Please give me a ring on 01756 749235 if you would like to know more about any group and I can provide their contact numbers. We also have pocket booklets available in the Foyer which list the Fair dates and the dance dates. We are also pleased to see Ambitions Gymnastics return to the Hall for two sessions per week. Georgina originally hired the Hall on numerous occasions per week for both pre school and school age children, but she managed to secure a permanent base over at Barnoldswick which meant no more lugging around all the Gymnastics equipment. She now provides two classes of high-quality mat based exercise for her more experienced pupils, living locally to Gargrave.

Speed awareness courses will also be returning to the Village Hall this month. TTC who are the leading UK providers of police and court referred road safety schemes are the hirers. They provide speed awareness courses which aim to educate drivers about their speeding and ideally act as an incentive to stop them doing it again. They are generally offered as an alternative to adding three points to a license and paying a fine. The past two years have seen courses been provided in digital classrooms by Zoom which is not ideal for everyone. I am sure this facility will be welcomed by people who would rather take a face-to-face course and particularly those people living within Craven who don't relish the visit to a course venue in a busy town. We are fortunate that we can provide a venue in this area as it would seem face to face courses are few and far between. I recently had an enguiry from a gentleman from Carlisle who has booked one of the courses, he needed some information on somewhere to stay the night before the course as he didn't want to be late in attending his 8am sign in time. Apparently if you are late for the start, you cannot be accepted and have to reattend on another occasion. He didn't relish the thought of that happening after a long drive from Carlisle!

Another facility which we feel privileged to be a part of is the provision of an exercise programme delivered by Airedale Hospital to help patients with their cardiac rehabilitation. The class meet once a week and the team of specialist nurses and Physios provide a programme of exercise which improves the overall health and wellbeing of the patients and reduces the risk of future heart problems. I believe this service is provided to support people following heart attacks and for those who have had cardiac interventions. Again, we are pleased that we can provide a venue which is easy to attend for patients living locally and it stops the need to have to travel further afield which can be particularly daunting if you have been unwell.

Going back to ACRE they announce their heading - Village Halls week 2022 - as Innovating for the future. In these precarious times they ask "Can we play a leading role in shaping a better future? Can Village Halls pledge to do something different, can they extend their offer to the community?" I think looking back over this month's piece we are already are. We are clearly before our time!!

Ketchup

A woman was trying hard to get the ketchup to come out of the bottle. During her struggle the phone rang so she asked her four-year old daughter to answer it. "It's the minister, Mum," the child said to her mother. Then she told her caller: "Mummy can't come to the phone right now. She's hitting the bottle."

Library news

Film shows

On Friday 18th February we will be showing the film Official Secrets: Based on true events the film tells the gripping story of Catherine Gun, a GCHQ employee who, unable to stand by and watch the world being rushed into an illegal war, blew the whistle on the US government's attempt to unlawfully gain the UN's approval for the war. Her actions led to the exposure of a vast political conspiracy and put her in the Dock at the Old Bailey charged with treason and her family in harm's way.

The film stars Keira Knightley, Matt Smith, Ralph Fiennes and Matthew Goode.

The customary Cafe style seating will be in place, so please bring you own refreshments. The Village Hall doors open at 7.00pm with the film starting at 7.30pm. Tickets are £5.00 on the Door

with under 16s free. Sorry but we can only allow Guide Dogs into the Hall.

A couple more film dates for your diaries:

Friday 25th March: King Richard (as in Venus and Serena Williams)

Friday 29th April: Saving Grace

Volunteers

Firstly, a thank you to all our Volunteers who have supported the Library over the past couple of years and a big welcome to our recent new recruits.

The Committee are exploring the possibility of starting a "Digital Buddy" scheme where people can come into the Library for help in filling in application forms online, e.g. Bus Passes or maybe they are struggling with technology such as tablets and phones. Our initial thoughts are to run the scheme outside of normal opening hours. If you are interested in volunteering to be a Digital Buddy or would like some more information, please email the Library at admin@gargravelibrary.co.uk and we will get back to you.

On the 4th May this year it will be 10 years since the Library was reopened as a community library and we are planning to mark the occasion with a Coffee Morning and Reception, further details next month.

Organ restoration – and the Coulthurst family

Thanks to two more generous donations we have now raised all the money needed for the current phase of the organ restoration work at St Andrew's. We are very grateful to the trustees of the Coulthurst Trust for funding 50% of the work, with a donation of £7,500. The remaining funds, in addition to those

Dave Smith



Duncan Faulkner

already raised, have been donated by a very generous private donor from St Andrew's Church. Thank you!

The Coulthurst Trust donation came at a particularly poignant time, very shortly before the death of Michael Fenwick of Eshton, one of the three trustees. For any readers who may not be familiar with it, the Coulthurst Trust was founded in 1947 by John and Jessie Coulthurst of Gargrave House. John was the last of the Coulthurst line and he died in 1949. Jessie lived for many more years, prominent in the life of Craven, dedicated to local good causes and cultural organisations In 1959 she donated Gargrave Village Hall to the village. She died in 1985.

Michael Fenwick was the husband of Jessie's niece Sheila. His funeral is at St Andrew's on 10 February at 11.30am.

Among other assets the Coulthurst Trust owns the sports fields in Gargrave and Hag Dyke, the scout hostel high on the hill above Great Whernside (which, by coincidence, I walked past yesterday). The Trust has been instrumental in supporting many good causes, including the original development of Sandylands Sport Centre in Skipton.

The Coulthurst Trust has a history of funding music and in particular organ music, including paying for the building of an organ at Ermysteds School in the 1950s and also, remarkably, the organ at Guildford Cathedral.

We are hoping that the organ work at St Andrew's can be carried out later this year. The organ will be out of action for up to ten weeks.

GNAT (Gargrave Needs A Toilet...) AGM

Bee Faulkner

Our AGM will be on Friday 11 March at 6pm, probably at 2 Riversway. All welcome - contact <u>Beeactive@posteo.net</u> or 07778 980994.

News from the belfry

This month it is time to introduce another of our ringers. I suspect however that Allison Wiffen is not a name unknown to Gargravians!

Allison moved to Gargrave about six and a half years ago. She is well known in the village for her beautiful ceramics that can be found at Allison Wiffen Ceramics in the barn near Higherlands Canal Bridge.

Allison started ringing four or five years ago having seen an article such as this in the Parish Magazine! That was a plea for more people to sign up and keep the bells ringing. As it was something she had always fancied trying she answered the call and still loves it to this day.

I asked Allison to describe her experience of ringing and why she enjoys it:-

Ali Lucas



" Initially it was scarier than I had imagined, but only at the beginning. I also didn't realise that it is a whole world! You can go on holiday to another part of the country and just go to a tower and ring there and you get the warmest welcome. I have rung in several towers in County Durham when visiting my father, and also when I was on holiday in Dorset.

I love the way you never stop learning. Just when you have got to grips with one thing then there is something else to learn so you never get bored with it, or feel you can do it all.

It is the hobby that gives you a tremendous sense of achievement. After ceramics (which was once my hobby but which 20 years ago became my profession) it is the most fun hobby I have ever had.



I feel really proud to be a ringer, it is a great English tradition which goes back centuries and which I hope will continue for centuries to come. Also I feel it makes a contribution to the community as so many people like to hear the bells. "

I think many people experience something similar to Allison in discovering the world of bell-ringing. As with many hobbies there are limitless extents to which it can take you.

I am pleased to say that unlike the article that Allison responded to at this time we do not need to send out a desperate plea for more ringers as we now have twelve regular band members. However we would always welcome anyone that is keen to learn. If that is you, please do get in touch.

Gargrave United looking for new players

Andy Lottey

Gargrave United U9 play in the Dales Friendly League and are looking for new players.

We have a small squad of players who really love playing the game. It's great to see them improve and have fun, they really have a great team spirit. The team trains on a Wednesday evening from 4:30 to 5:30. During the winter the training is indoor at Play Away at Eshton near Gargrave and when its lighter in the evenings we train on our home pitch.

The team plays games on a Saturday morning. To play the children have to be in Yr 3 or Yr 4. If your son or daughter is interested in playing, please message or call Andy on 07885 762263. Everyone at the club is very friendly and we'd love to hear from you.

Living in Love and Faith: open conversations about identity, sexuality, relationships and marriage

How do questions about identity, sexuality, relationships and marriage fit within the bigger picture of the good news of Jesus Christ? What does it mean to live in love and faith together as a Church? This is a series of meetings in Lent for anyone who would like to share in discussion with others in a supportive, affirming way. Run by the churches of the Bowland and Ewecross Deanery coordinated by Revd John Davies. People of every faith and background are welcome: there is no 'hidden agenda' to this series, it is designed for mutual sharing and understanding. Find out more at <u>bit.ly/livinglovefaith</u> or contact Revd John at john.davies@leeds.anglican.org, 01524 805928.

Settle Parish Church, 7.30-9.00pm Tuesdays March 1, 8, 15, 22, 29, April 5

Five famous quotes from Desmond Tutu

Parish Pump

The recent death of Archbishop Desmond Tutu was mourned around the world. Here are five of his more famous quotes, which show why he was so especially honoured for his justice and reconciliation work in South Africa.

"Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world."

"If you are neutral in situations of injustice, you have chosen the side of the oppressor. If an elephant has its foot on the tail of a mouse, and you say that you are neutral, the mouse will not appreciate your neutrality."

"Don't raise your voice, improve your argument. Good sense does not always lie with the loudest shouters, nor can we say that a large, unruly crowd is always the best arbiter of what is right."

"Forgiving is not forgetting; it's actually remembering - remembering and not using your right to hit back. It's a second chance for a new beginning. And the remembering part is particularly important. Especially if you don't want to repeat what happened."

"Differences are not intended to separate, to alienate. We are different precisely in order to realise our need of one another."

Rev John Davies

John Hall

After what seems like an eternity, the barn roof is finally finished. The clean-up process can now begin.

The remaining fattening lambs have now been housed indoors and are looking very comfortable and smug in their straw bed with ad-lib feed of pellets and silage. They are growing well and we envisage they will be ready for market in the next couple of weeks.

We have selected 12 gimmer lambs (females) which we will keep for future breeding purposes. They are mostly pet lambs which were hand reared which we feel deserve a reprieve from the market (I think we are going soft in our old age!).

After the mating season was complete the rams were re-introduced to each other in the confines of the shed. This is done as they need re-acquainting with each other and prevents unnecessary injuries from fighting. After a few days and once settled in each other's company they can go back out to pasture.

The ewes are now awaiting ultra-sound scanning to determine firstly if they are in lamb and secondly the number of lambs they are carrying. This in turn will enable us to batch them and thus feed them accordingly. Ewes carrying twins or triplets will be housed and fed supplementary feed accordingly. Ewes which are only carrying a single lamb will not require housing and will be fed supplementary feed at a lower level once a day.

The next batch of in-calf heifers have been brought out of the cubicles and into straw pens to await the imminent birth of their calves.

It has become obvious by the number of heaps of soil in one of our fields at Long Preston that we have additional stock (MOLES!). Brian has taken on the challenge of setting mole traps. There is obviously a knack to this – after setting 5 traps 1 mole was caught and 4 traps filled with soil! A crash course by an expert is needed.

I recently came across the following light hearted "ten commandments of a farmer's spouse" written by Kate Beavan, a farmer's wife who previously appeared on "Lambing Live". As Lisa assures me they are absolutely true to word, I thought you might like to read them:-

1. Thou shalt cook meals that can be served 30 minutes early or two hours late.

2. Thou shalt learn to manipulate farm records to incorporate absent receipts, dates and amounts.

3. Thou shalt remain patient and calm as thou tries to read thy spouse's lips and understand thy partner's sign language.

4. Thou shalt be able to wear overalls, waterproofs, be covered in muck and still be desirable.

5. Thou shalt flatter thy spouse's ego in the face of younger, stronger, firmer hired help.

6. Thou shalt learn to open gates, close gates, guard gates and stand in gaps.

7. Thou shalt organise thy time to keep a clean, attractive home and yard, drive a tractor, have a second job, prepare interesting meals, maintain a website, and drive to town for a combine belt and other exciting parts needed at the drop of a hat.

8. Thou shalt spend quality time with thy children as chauffeur, money-lender, tutor, nurse, psychologist and caterer.

9. Thou shalt love mealtimes, when the smell of the farmer can be stronger than the smell of the food on the table.

10. Thou shall give up hope of ever having an annual holiday after your honeymoon.

I wonder if there are any other farmers' wives out there who can relate to this?

NOTHING STANDS ALONE

Richard Rohr meditations

The above title is the theme for the current series of meditations by the popular spiritual teacher Richard Rohr. The following extracts offer the opportunity to reflect on our relationship with the natural world.

Religion as re-connection

The word *religion*, at its roots, means *re*, "again," and *ligios*, "connection," like ligaments. Religion is meant to offer us support to *connect again* what has been separated. Apparently we need constant reminders to continually reconnect with the fullness of life, the whole, the holy. What we've created is more like *disligion*: disconnection from people and species unlike us. When religion loses its purpose and colludes with the forces of separation instead, it becomes irrelevant and even irreverent.

A new story is emerging, and I cannot pretend to know all the layers. Yet one aspect that seems essential relates to the worldview of belonging—a way of being human that acts as if we belong to a community larger than our own family, race, class, and culture, and larger even than our own species. The apocalyptic unveiling happening in our world right now makes it difficult even for those who have been sheltered in privilege to look away from the reality, both tragic and beautiful, that we are all deeply interconnected. Humans, trees, oceans, deer, viruses, bees. God.

Many people, whether they go to church regularly or avoid it, feel closest to God while they are in nature. Humans are made to engage in life-affirming conversation with the whole, holy web of life. Mystical experience in nature those moments when you sense your interconnection with all things—are more than just interesting encounters. They are invitations into relationship. Beyond caring for creation or stewarding Earth's "resources," it is entering into an actual relationship with particular places and beings of the living world that can provide an embodied, rooted foundation for transformation. The global shift necessary to actually survive the crises we've created depends on a deep inner change

Falling In love with the Earth

At this very moment, the Earth is above you, below you, all around you, and even inside you. The Earth is everywhere. You may be used to thinking of the Earth as only the ground beneath your feet. But the water, the sea, the sky, and everything outside us and inside us comes from the Earth. We often forget that the planet we are living on has given us all the elements that make up our bodies. The water in our flesh, our bones, and all the microscopic cells inside our bodies all come from the Earth and are part of the Earth. The Earth is not just the environment we live in. We are the Earth and we are always carrying her within us.

Realizing this, we can see that the Earth is truly alive. We are a living, breathing manifestation of this beautiful and generous planet. Knowing this, we can begin to transform our relationship to the Earth. We can fall completely in love with the Earth. When we are in love with someone or something, there is no separation between ourselves and the person or thing we love. We do whatever we can for them and this brings us great joy and nourishment.

Currently we see ourselves as the centre of the universe and are concerned primarily with our own personal survival. If we care about the health and well-being of the planet, we do so for our own sake. We want the air to be clean enough for us to breathe. We want the water to be clear enough so that we have something to drink. But we need to do more than use recycled products or donate money to environmental groups. We have to change our whole relationship with the earth.

A connected universe

Once we allow the entire universe to become alive and dynamic, we are living in an enchanted world. Nothing is meaningless; nothing is able to be dismissed. It's all whirling with the same beauty, the same radiance. In fact, if I had to name the Big Bang in my language, I'd call it the Great Radiance. About 13.8 billion years ago, the inner radiance of God started radiating into outer forms. All these billions of years later, we are the continuation of that radiance in our small segment of time on this Earth. We can let that Infinite Love flow through us, or we can deny it, which is really what it means not to believe. But this is not something I can prove to anyone.

This is nothing I can make logical or rational. It's only experiential, and it's only known in the mystery of love when we surrender ourselves to it, when we grant the other inherent dignity and voice—the plant, the animal, the tree, the sky, or Brother Sun and Sister Moon as St Francis of Assisi put it. The contemplative mind refuses to objectify. It grants similarity, subject to subject relationship, likeness, symbolism, communion, connection, meaning. We can use whatever words or images are helpful, but we come to know we live in an alive universe where 'Nothing Stands Alone'.

Richard Rohr's Meditations are available free, daily or weekly at www.cac.org.





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New bank

Mother decided that ten-year old Cathy should get something 'practical' for Christmas. "Suppose we open a savings account for you?" she suggested. Cathy was delighted. "It's your account, darling," mother said as they arrived at the bank, "so you fill out the application." Cathy was doing fine until she came to the space for 'Name of your former bank.' After a slight hesitation, she put down 'Piggy'.

Helen Barrow and Zoe Sharp

Introducing parishioners from Coniston Cold and Bell Busk: Zoe Sharp

Zoe is a bubbly character and always there to help. Many a resident has had the good fortune to have Zoe's yummy bun creations left on their doorstep.

The climb of the Lancashire Lass to building up a successful B&B business in the Yorkshire Dales

As a small girl I always wanted to be a nurse. Caring for people who are unwell, the wounds to dress, the medication to give, reports to write, advice to give and of course the uniform! Unfortunately, at the age of 11 years old I was diagnosed with type one diabetes which placed a massive stop to my career plans at that time.

My whole world upside down I became close to my Grandma who taught me to cook bake and took an interest in ingredients. I had been brought up in a household where my mother could not cook! Until my Grandma discovered Carrier's Kitchen neither could she cook, so my aunt took up catering and was a school cook for many years.

At the age of 13 I was the household cook. My brother was a keen cricketer for Halsall, so when it came to cricket teas, I was roped in to do the catering. This then expanded among my mother's friends to do parties, office openings and many outside catering functions.

However, no formal training and a small family kitchen to work from it was not practical so at 18 off I went to Blackpool Catering College and did Hotels Catering and Institutional Management.

I gained my credentials working for 2 large hotel chains over the years until I was head hunted and was the new assistant manager of The Royal Oak in Settle. It was here I met Keith Sharp.

Ten years later on 29th February 2000, I publicly proposed marriage to Keith live on the local radio Fresh AM. Everyone from miles around were aware and travelled to get the local radio station signal to listen to it! At the time unfortunately when the call came in, he was calving a cow!

September 2000, we got married in secret! We had worked out that we would have to invite a minimum of 300 people to cover family and only close friends. So the decision was made that we just wanted to get married without the massive expense! So we got married at Skipton registry office with our neighbours at the time Lesley and Athol Roberson as witnesses. Everything was booked under the name Miss Bloggs- the dress, the car, the flowers even the wedding breakfast at the Stirk House for 6!

Bringing up two little boys and looking after Keith's parents I worked for 20 years at the Holiday Cottage company in Earby. My role was managing bookings which were not straightforward and of course I was the office first aider!

In 2012 Keith decided he wanted a change in career. He needed a job where people paid and he could keep doing it until he was 80 years old!

So after a discussion (of sorts!) Green Grove Country House was launched. With Keith's building skills and my years of experience in hospitality we set about working together full time.

Nine years later Green Grove Country House is still striving and we are still married with 2 kids!

ANN HESELTON: MY LIFE STORY

Ann Heselton

Part 5: Farming life and recent years

It was December 1980. Derek had to go into hospital for a small operation. The cows were inside and I had sheep and pigs to look after. A friend of Derek's said he knew someone who could help me. He said he was a bit of a tramp and would only need food and would be happy to sleep in the barn. When he came, yes, he was a tramp. He was called David. But there was no way I would let him sleep in the barn. We got on well and he would work all day.

My sister came to stay for Christmas. I'd just given David a small wage and he looked up and said "I would like to take you for a meal". So I said "Yes David, if you would shave off your beard". About an hour later he came down the stairs. Well, we couldn't believe it. He was at least 20 years younger than what I thought he was, very good looking. Well we had a lovely evening. He stayed 'til after Christmas and then went on his way.

As the years went by we decided to go out of pigs and just have sheep and cattle. But I kept one pig called Tiny. He wasn't tiny, he was a very big boar but had a lovely soft nature. I took him up to the bull box, which was to be his home for the next ten years. He would spend most of the day rooting and digging in the bull ring. He would be pleased to see me twice a day with his food and his treat, an apple. But one morning I went up to feed him after a very bad storm. Pigs are prone to heart attacks; he was layed on the floor with a smile on his face. He had had a good life. I've turned the bull box into a garden in his memory.

The years went by. Sadly Derek passed away in January 2020. I've lived here now for 53 years. Yorkshire is my love.

Then lockdowns came along. I stayed on the farm with my sheep and two lovely dogs, Suzie and Jack, and of course knitting my toys for charities. As things improved and we had our vaccinations we were able to go to Church. And just recently the Voices of Craven have got to gather again.

I'll leave you for now with this little poem that I wrote a long time ago.

The Old Oak tree stood tall and strong.

Then I noticed there was something wrong.

There was water bubbling around her roots.

I let out a scream and ran like hell.

As I looked back she slowly fell.

Editor's note: Ann has now kindly provided more stories of farm and village life which we will include in the next few issues.

OBITUARY: GAVIN AND BARBARA MARTIN

Ursula Godber

Our parents, Gavin and Barbara, came to Gargrave in 1986. We, their 4 children, had already left home by then, so it was essentially a retirement move, brought on early by Gavin's ill-health. Barbara was originally from Belfast and Gavin grew up in London, but they had spent over 20 years in Warwickshire which was our childhood home. They had briefly lived in Leeds when they were first married, and had happy memories of it, which is why they chose this area. When they moved to the house in 22 West Street, they were already consciously looking for a slightly larger house, considering Skipton. The more they got to know Gargrave, the more they liked it, meaning that they were delighted when the plot, not yet built, came up for sale in Church Croft in 1993. It was exactly what they wished for, and here they could really develop their dream home, within this very welcoming village.

Barbara and Gavin already had a deep love of nature when they arrived, which they developed further by joining the Yorkshire Naturalists, making many friends as they did so, as well as getting to know fascinating aspects of their new surroundings. In later years, the view over the fields from the windows of the house provided constantly changing interest especially for Barbara who loved to see the lambs being born and to watch the birds. She also became involved in the Gargrave Art Exhibition as an organiser.

In younger years, Gavin's work in engineering design (gearboxes for buses) gave him fulfilment for the creativity involved, but he did not enjoy the stresses of marketing his designs. Barbara was his solace through unhappy times. She had been a primary school teacher before having a family, and had a deep

love of children's games, songs and stories. For the grandchildren, coming to visit always meant visiting a special place as well as special people. We four, Rebecca, Ursula, Colin and Giles, have had much pleasure getting to know the area and its local and not-so-local walks and beauty spots. During their first years here, Barbara's father Alan also regularly came to visit.

After Gavin's death in 2012, Barbara was helped a lot in her loneliness by local people. She discovered Indian food with the "Bollywood Grannies"; she discovered Pilates; she complained that the walking for health group didn't walk far enough or fast enough (although it was just right for her really!); she learned to play the handbells in church, a great social activity, as well as choral



singing. As she became increasingly immobile over her last two years, she received much generous support from her kind neighbours Steve and Judith. Her carer, Maxime, offered her a lot of warmth for which she felt very grateful.

The extended family have really appreciated visiting Gargrave over the past 35 years. We will miss it. We want to express our thanks to the village and its people for giving our parents such a special home.





"Apparently, the new member of the bell-ringing team is a keen gymnast"



NEW CLOTHING AGENCY

Buy and sell preloved quality designer clothing and shop curated gifts in our newly renovated store on Gargrave High Street (formerly Dapper).

Now accepting Winter stock.

29 High Street, Gargrave, BD23 3RA Cathryn Turner | 01756 749950 | 07771893290 hello@number29online.com | @number29online www.number29online.com

INFORMATION

Gargrave Library

Open Mon 3-5pm, Tue 10-12, Wed 2-4pm, Fri 2-4pm, Sat 10-12. West St. 01609 536547 Visit http://capitadiscovery.co.uk/northyorkshire/ to gargravelibrary.co.uk reserve or renew books online (first obtain your PIN from library), or renew by calling 01609 532774

Gargrave C of E Primary School & Pre-School holiday dates

	First day of holiday	Last day of holiday	
Half term	Mon 21 Feb	Fri 25 Feb	
Easter	Mon 11 Apr	Fri 22 Apr	
Half term	Mon 30 May	Fri 3 June	
Summer	Mon 25 July	Mon 5 Sept	

Rotas for St Andrew's Church

	8am	10.45am			BIBLE	INTER-	REFRESH-
	SIDESMEN	SIDESMEN/WELCOMERS			READER	CESSOR	MENTS
6 Feb	Colin						
	Chapman	Family service					
13 Feb	Кау	Sarah	Judith	Jane	Jo		Jane D &
	Craven	Curtis	Robinson	Dallas	Ackroyd	Pam Bolas	John H
20 Feb	Colin	Mike	Diane	Paul	Jennifer		Judith &
	Chapman	Maiden	Maiden	Maslin	Rowlands	Sue Trout	Sheila
27 Feb	Кау	Jo	Robert	Helen	Lauren	Paul	Lucy &
	Craven	Ackroyd	Ackroyd	Wilson	Maslin	Maslin	Jennifer
6 Mar	Colin						
	Chapman	Family service					
13 Mar	Кау	Sarah	Judith	Jane	Jo		
	Craven	Curtis	Robinson	Dallas	Ackroyd	Pam Bolas	

Magazine contributions, adverts and subscriptions

THIS MAGAZINE IS PRODUCED by St Andrew's Church for the benefit of the whole community of Gargrave & Coniston Cold parishes. We welcome short articles, news, notices of events, anecdotes, announcements, obituaries, letters & photos, free of charge, subject to space & relevance. The monthly contributions deadline is on the back page. Please email contributions to editor@gargravemag.co.uk.

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An annual subscription is £9 – contact Ron Humphreys on 748779. Read the magazine online at https://www.standrewsgargrave.org.uk

TAXIS from Gargrave (see advertising directory, page A3): Gargrave Private Hire - local & distance, airport transfers: 07877 054698, 01756 748112 Face coverings required on all public transport - the wearer's nose & mouth should be covered. TRAINS from Gargrave from 12 Dec 2021 **To Skipton** (arrives approx. 9 mins later) & **Leeds** (arrives approx 55 mins later) Mon-Sat 0744 0754 0949SO 1019SX 1047 1150 1349 1522 1550SO 1551SX (continued) 1645 1813 1848SO 1850SX 2019 2134 2216SX 2218SO 22374 1121 1210 1420 1448 1656 1855 2107 2123 Sunday To Giggleswick (arr. ~ 20 mins later) & Lancaster (arr. ~ 65 mins later) Mon-Sat 0525SO 0528SX 0731 0902 1103 1304 1504 1814SO 1815SX 2006 Sunday 0922 1115 1412 1615 1815 To Settle (arr. ~18 min later) & Carlisle (arr. ~2hrs later) Mon-Sat 0604SX 0711SO 0832 1004 1133 1604 1732 1902 20332 Sunday 0950 1315 1509 NOTES: Location of Pick Up in Gargrave for Rail Replacement Buses is uncertain: may be beside The Summerseat on High Street OR at Station Entrance: CHECK WITH NORTHERN. Generally, only DIRECT journeys are shown. 1. Change at Skipton for Leeds. 2. Ribblehead only. AT THIS TIME, Northern recommend consulting National Rail on 03457 48 49 50 or the Journey Planner: https://www.nationalrail.co.uk As of 18 Jan: No engineering works affecting Gargrave trains in Feb are identified. That may change. Check with Northern Railway. For live info on next 2 trains text GARGRAVE to 84950, or go to www.realtimetrains.co.uk/ BUSES from Gargrave *Except Bank Holidays **To Skipton** (arr.~15min later) (Services 75, 210/211, 580) (M = from Malham) M-Fri* 0820 0910 0955 1055 1057M⁷ 1155 1255 1355 1357M⁷ 1455 1555 1755 Saturday 0820 0910 0955 1055M 1155 1255 1355 1455M 1555 1655M 1755 Sundavs + B.Hols: No Winter Service To Settle DIRECT (arrives ~ 25 mins later) (Service 580) and (+ or ++) onward to Kirkby Lonsdale (+Service 581) and thence to Lancaster (++Service 582) Mon-Fri* 0905++ 1000 1100++ 1200 1300++ 1400 1500++ 1600++ 1700++ 1900++ 1200 1300++ 1500++ 1700++ 1800++ 1900++ Saturday 0905++ 1100 + +Sundays + B.Hols: No Winter Service To Malham (arrives ~ 25mins later) (Services 210/211, 75) Mon-Fri* [210/211] 1000⁷ 1310⁷ Saturday [75] 1000 1400 1600 Sundays + Bank Hols: No Winter Service NOTES. 7. Tues & Thurs (as service 211) stops at Coniston Cold 4 mins after Gargrave.

Public Transport back to Gargrave

TRAINS to Gargrave <u>from 12 Dec 2021</u>	Last DIRECT train
From Skipton (arr. Gargrave ~ 6 mins later) Li Mon-Sat 0519SO 0522SX 0559SX 0705SO 0725 0826 03 070550 0725 0826 03 1057 1127 1258 1458 1559 1727 1808SO 1810SX Sunday 0917 0945 1110 1309 1406 1503 1609 180	1856 2000 2027
From Lancaster via Giggles'k (Trains arr. Gargrave ~ 6	5 mins later)
Mon-Sat 0647SO 0648SX 0941 1046SX 1047SO 1245 1447S0 Sunday 1105 1344	D 1448SX 1745 2030 2131 1552 1751 2017
From Carlisle (direct: arr. Gargrave ~ 2 hrs later) Mon-Sat 0549SX <u>0713SO</u> ¹³ 0753SO 0824SX <u>0927SO</u> ¹⁵ . 1450 1618 1824 <u>2013</u> ¹⁴ .	
Sunday 0925 1223 <u>1520¹⁵ 1607</u> ¹	⁵ <u>1725</u> ¹⁵ 1911
NOTES: 13. From Ribblehead only. 14 . For Gargrave, ch Hellifield & Skipton, <u>but NOT GARGRAVE</u> . Living in BD23 RAILCARD: £10.00/ year. 1/3 off Anytime and Off-peak rail tick Bradford, Carlisle, Morecambe, Lancaster. Discount for childre – 2 Apr 2022.	post code, you can buy a DALES ets between Gargrave, Leeds,
BUSES to Gargrave *Except Bank Hols. M is Malham	service
From Skipton Bus Stn.(arr. Gargrave ~15 min) (Services	75, 210/ 211, 580)
Mon-Fri* 0850 0945 0950M ⁸ 1045 1145 1245 1300M ⁸ Saturday 0850 0945M 1045 1145 1245 1345M 1 Sundays + B.Hols: No Winter Service	1345 1445 1545 1645 1845 445 1545M 1645 1745 1845
From Settle DIRECT (arr. Gargrave ~25 mins later (Serv	rices 580, 75)
+ from Kirkby Lonsdale (581) and ++ Lancaster (582)	
Mon-Fri* 0755+ 0845++ 0930++ 1030 1130++ 1230	
Saturday 0755+ 0845++ 0930++ 1130++ 1230 Sundays + B.Hols: No Winter Service	0 1330++ 1530++ 1730++
From Malham (arr. Gargrave ~25mins later) (Services 7	5, 210/211)
Mon-Fri* [210/211] 1035 ⁸ 1335 ⁸ from opp. B	
Saturday [75] 1030 1430 1630 from op	
Sundays + B.Hols: No Winter Service	
NOTES 8. Tues & Thurs service stops at Coniston Cold	4 mins before Gargrave
Service Operators: northern railway www.northernra	uilway.co.uk 0800 200 6060
[Travel Assistance 0800 138 5560]; 210/211, NYCC	
www.northyorkstravel.info/operators/n/nycc/ 01609 7 Lonsdale Coach Hire 01524 733831 www.klch.co.uk ; B	
	uses (general) www.ualesbus.org

; **Traveline** 0871 200 22 33 <u>www.traveline.info</u>; **National Rail Enquiries** 03457 48 49 50 <u>www.nationalrail.co.uk</u>; **Rail Ombudsman** <u>www.railombudsman.org</u> 0330 094 0362

Note: Transport details remain subject to changes, e.g. as Covid-19 response develops.

Gargrave Lands Charity

Are you currently experiencing financial difficulties and **need** help?

Do you need financial assistance to pursue higher or further education or vocational training?

If you live in Gargrave, Flasby, Eshton, Winterburn, Coniston Cold or Bank Newton then Gargrave Lands Charity may be able to help!

Financial assistance readily available in approved cases.

Contact one of the trustees listed below to discuss your situation.

Absolute discretion and confidentiality assured.

Phil Ellis	Christine Charlton	Joyce Garner
07907 308313	748817	748447

Mike Maiden 07876 886313

lan Reed-Peck 07527 269915

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Organisations Please let us know if you'd like to amend or add an entry.

Caterpillar Club (0+) – St Andrew's Church, Wed 10am, Kirsty Smith 07525 619950 Gymnastics (5+) – Mon and Wed, 4-6.30pm, info@ambitionsgymnastics.com Rainbows (5+) – Tue 5-6pm, Gargrave Primary School Brownies (7+) – Tue 6.15-7.30pm, Primary School, malhamdalebrownies@gmail.com

Guides (10+) – Tue 7.30-9pm, Primary School, gargraveguides@gmail.com **Young Farmers Club – Coniston Cold**, Tues 7.30pm, Janet Bolland 01729 830505

Lunch Club, Neville Crescent Community Centre, 2nd Wed each month, 12.30, Carol/Carys 748990

Bowling – outdoor Gargrave Bowling Club, Michael Cox, 07928 433065 Bowls – indoor, Oct to March, Tues & Thurs 2-4pm, Joan Griffin, 749277 Cricket - Gargrave Cricket Club, Mark Jones, 07498 288654 Cycling – Gargrave Tuesday Club, Dalesman, Tues and Thurs Trevor Pickles 01282 844788 Golf - Mason's Arms Golf Society, www.masonsarmsgolfsociety.com, 749304 Hunt - Pendle Forest & Craven Hunt, Tony Holmes, 748200 Pilates – Contemporary, V. Hall, Tues 9am & 10am, Bee Faulkner 07778 980994 Pilates - Classical, Zoom Mon 9 & 10.15 am, Village Hall Tues 6 & 7pm Wed 7 pm Thurs 9, 10 & 11.15 am, Cate Davies 079 5533 8775 Tennis and Croquet- Craven Lawn Tennis Club, Beth Whitley 749664, www.craventennis.org.uk Tai Chi & Qigong - Village Hall, Wed 1pm. Ian Cresswell. See https://gargravevillagehall.org.uk Tai Chi Qigong – Village Hall, Tues 11am; Green by War Memorial, Wed and Thurs 9am, Zoom Mon 9am, Bee Faulkner, 07778 90994 Walking for Health –1st and 3rd Thursday of the month, 10am, Helen Wilson 748977 or helen_thunder_bay@hotmail.com **Gentle Hatha yoga –** See https://gargravevillagehall.org.uk Art – Gargrave Art Group – Village Hall, Mon 1pm-3.30pm, Bev Parker 749910 Bell Ringing - St Andrew's, Mon 7.30pm, Sun 10.00am, Ali Lucas, 07921 970961 Bingo – Gargrave Community Centre, Neville Crescent – Mondays 1.30-4pm, Carol/Carys 748990 Gargrave Community Choir – 749802 Gargrave Heritage Group - Tues 10am, St Andrew's Church, Martin Thompson, 748309 Gargrave Community Library - email admin@gargravelibrary.co.uk, Patsy Simpson 749489

Craft and Chat – St Andrew's, Tues 2pm, Sylvia Humphreys 748779 **Parish Council Meeting** – Village Hall side room, 1st Wednesday of the month **Snooker Club** – Village Hall Snooker Annex, every day, Stewart Smith 749340

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