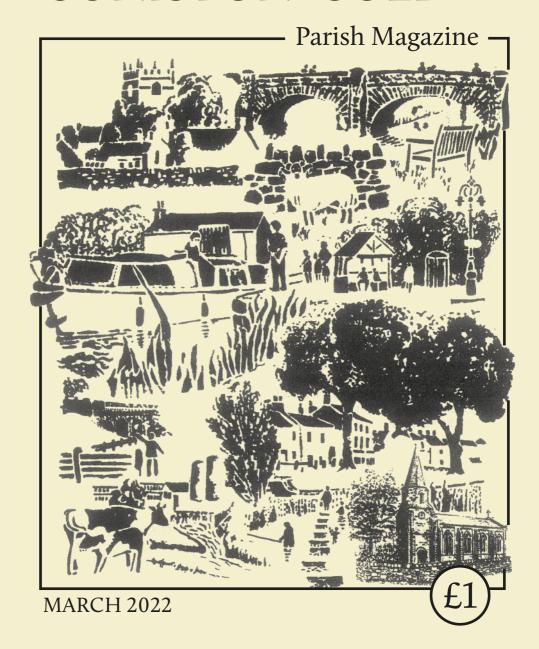
GARGRAVE & CONISTON COLD



CONTACTS

St Andrew's Church, Gargrave www.standrewsgargrave.org.uk

Vicar Rev Andrew Steer 749275 | 07906 554938

andrew.steer@leeds.anglican.org

Churchwarden Jennifer Rowlands 07897 657618 | jennrowlands@gmx.com

Organist Susan Watkiss 798660 | sue@suewatkiss.co.uk

Treasury team Helen Wilson 748977

helen_thunder_bay@hotmail.com

07800 800181

Joanne Ackroyd djjoanneshaw@googlemail.com

Sarah Curtis 748510 | 11 Marton Road Gift Aid

St Peter's Church, Coniston Cold

Electoral Roll

Vicar Rev Andrew Steer As above

Churchwardens Nick Bannister Airebridge Farmhouse, Bell Busk

> Helen Barrow 01729 830157

749212 | northrop1@btinternet.com Treasurer Brenda Northrop

PCC Secretary Helen Barrow 01729 830157

(Acting) helenbarrow10@gmail.com Susan Winchester

Gargrave Parish Council www.gargravepc.org.uk Clerk Kathryn Ashby 668209 | gargravepc@yahoo.com

Coniston Cold Parish Council

Clerk Rachel Jones 748125

Gargrave C of E Primary School www.gargrave.n-yorks.sch.uk

Sarah Peel Head teacher 749433 | admin@gargrave.n-yorks.sch.uk

Gargrave Pre-School www.gargravepreschool.co.uk

Leaders Lizzie Nelson &

> Judith Metcalfe 748377 | info.preschool@btconnect.com

Gargrave Village Hall www.gargravevillagehall.org.uk

Bookings Christine Town 749730

bookings@gargravevillagehall.org.uk

Coniston Cold Village Hall (The Richard Tottie Memorial Hall)

Bookings Brenda Northrop 749212 | northrop1@btinternet.com

Parish magazine www.standrewsgargrave.org.uk

749443 | 2 Riversway Duncan Faulkner Editor

editor@gargravemag.co.uk

Advertising

parishmagads.gargrave@outlook.com Kim & Les Hatfield

07711 718153

748779 | 6 St Roberts Close Subscriptions Ron Humphreys

Craven Herald Neighbourhood News correspondent for Gargrave

Caroline Thompson caroline@sandisthompson.co.uk | 749235 | 07989 585564

INDEX OF ADVERTISERS 2021/22

Accommodation – A18, A19

Antiques – A27 Architects – A13 Beauty – A10 Builders - A26, A27

Builder's merchant – A20 Car repairs and services – A2, A3 Care for the elderly – A4, A5

Cattery - A1

Cheese specialist A16 Chiropody - A11

Coal & corn merchant - A16

Clock repair – A27 Conservatories – A25 Craft supplies – A13 Croquet club - A13 Decorators – A24, A25

Dentist - A27

Driving lessons – A3 Eating out - A18, A19 Electricians – A22, A26

Fencing - A26

Financial services - A13, A14

Florist – A18

Funeral services – A6, A7 Garden centre – A8 Garden machinery – A9 Garden services – A9

Gargrave Land Charity - Editorial

Graphic design A12 Groundworks A26 Haberdashery – A13 Hairdressers A10 Handyman – A25

Health and well-being - A10 Heating engineers - A22, A23 Holiday accommodation - A18, A19

Hotel – A19 IT help – A27 Insurance – A15 Joinery – A25 Kennels - A1

Kitchens and bedrooms - A21

Legal services - A15

Logs - A8

Meeting room hire – A12 Memorial craftsmen – A6

Mower repairs – A9 Milkman – A16 Music lessons – A28

Nursing homes - A4, editorial

Painters – A24, A25
Party supplies – A12
Pet services - A1, A10
Pharmacy - A10
Physiotherapy - A10
Piano lessons – A28
Plasterers – A25, A27
Plumbers – A22, A23

Podiatry - A11 Pressure washing – A9 Primary school – A28

Printing – A12 Restaurant – A19 Roofing - A25, A27 School – A28

Self-catering accommodation -

A18

Solicitors – A15 Swan rescue – A1 Takeaway food – A18 Taxi service – A3 Tennis club – A13 TV services – A28

Vets - A1

Village hall hire – A12

WI – A28 Walling – A26 Wildlife hospital – A1 Windows – A25 Wine merchant – A17

Wrought ironwork - A22

If you'd like to advertise in the Parish Magazine, please contact
Les Hatfield

on 07711 718153 or at parishmagads.gargrave@outlook.com Adverts can be included throughout the year.

Inside this month

Fishy art, reversing clock, return of the Swan, lambs in the bath

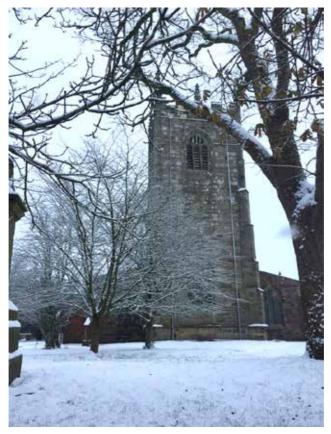


Photo by Elaine Dave: a view that we won't see again after the recent storms

April issue editorial deadline: 17 March

Dates for your diary

Gargrave Open Gardens: 18-19 June 50th Gargrave Art Exhibition: 14-17 July

<u>editor@gargravemag.co.uk</u> 01756 749443 www.standrewsgargrave.org.uk

Printed in Skipton by EP Print on FSC recycled paper

Revd Andrew Steer

'Blessed are the poor'

Right now, in 21st century Britain, these words of Jesus must feel ironic, even offensive to those living with financial hardship. Of course, theologians reckon that Jesus was referring to those who are poor in spirit – unsatisfied with what this world has to offer and looking for a better world in God's future Kingdom. Nevertheless, Jesus also had a real heart for those who are poor in economic terms as well as those on the edge of society – the chronically sick, the disabled, the mentally ill, the outcasts... In fact, Jesus abhorred all forms of injustice between people, and the Bible makes it clear that we are all 'children of God'.

The Old Testament Law made it clear that there should always be provision for the least wealthy in society – farmers were not allowed to harvest their crops right to the edge of their fields but had to leave some behind for the poor to collect. Even strangers and foreigners were to be looked after under the Mosaic Law, treated fairly, and were not allowed to work on the Sabbath. There was even a system that ensured that every 50 years all debts were cleared, land given back to its original owner and slaves freed. Human rights were enshrined in God's law.

I grew up in the 70s and remember that my own family experienced a certain amount of economic and personal hardship. It was the time of the miners strikes, power cuts and high inflation when my parents separated. Waiting to be rehomed by the council, we went to live with my grandmother, and I slept on a sun lounger, sharing a bedroom with my brother and mum. We eventually got our own house and furniture was given, bought second hand, or bought on the 'never-never'. Clothes were usually hand-me downs, and fortunately mum was a school dinner lady, so she risked her job by bringing home trays of fish fingers and such-like to help put food on the table.

My story is not unique and many of you reading this will be familiar with poverty and how it affects a person. Poverty is dehumanising and can have lasting effects on self-esteem, mental health, and relationships – all areas of life are blighted by economic hardship. 21^{st} Century Britain, it seems, is still a very hostile environment for those living on low incomes, with many falling into fuel poverty ('do I buy food or put the heating on?'). According to Oxfam, over 500,000 people now rely on food parcels in order to eat – this in the 7th richest nation in the world.

A recent report by the Joseph Rowntree Foundation reported that:

"More than 14 million people are struggling in poverty, or about one in five of the total UK population. Of these, 8.2 million are working-age adults, 4.1 million are children and 1.9 million are pensioners. Eight million people live in poverty in families where at least one person is in work.

What an incredibly sad indictment on our society. The question is, how should we respond?

Perhaps the first thing we need to do is to be aware of the extent of poverty – even in leafy Gargrave there are people living within our community who are really struggling to get by from one day to the next. Nobody is immune from this pandemic!

The second thing we need to do is to understand the awful effects of poverty – it is degrading, soul-destroying and above all an evil which undermines the incarnation of God – the Presence of God which dwells within all His children. In a world which should have enough resources for everyone, poverty is an embarrassing blot on the copybook of humanity.

Thirdly, we need to act now. We can do this by supporting our local food bank, in Skipton, with food and cash donations, demonstrating real acts of kindness and generosity to our neighbours and friends. St Andrew's is setting up a simple 'Community Larder' in the rear porch of the church – anyone can leave non-perishable foods and hygiene products in there and anyone in need can help themselves. We can also support the work of Christians Against Poverty (CAP), who run debt support centres and job clubs across the UK, including one housed at Skipton Baptist Church.

We also need to be activists working to fight injustice – we can write to our local councilors and MPs and urge them to act.

Finally, and perhaps most importantly, as well as all the above we need to pray for those living in poverty. By bringing these things before God we cannot only change our world, but we are also changed in the process, as we come into God's Presence and become aware of His heart for His people.

Imagine a world where everyone has enough...

Useful links:

Skipton foodbank: https://www.skiptonfoodbank.org or 07856 080194

How to get help with debt, job and money skills: https://capuk.org/i-want-help

How to support CAP: https://capuk.org/get-involved

DIARY FOR MARCH

Coniston Cold

Sun 6 Mar	Compline evensong, 4pm, Church
Sun 13 Mar	Holy communion, 9.30am, Church
Sun 20 Mar	Compline evensong, 4pm, Church
Sun 27 Mar	Holy communion, 9.30am, Church

Gargrave

Tue 1 Mar	Shrove Tuesday supper, 7pm, Church
Wed 2 Mar	Ash Wednesday service, 2pm, Church

(2 Mar continued...) Parish council meeting, 7.15pm, Village Hall Sat 5 Mar Book fair, with thousands of books to purchase on any subject, 10am-4pm, Village Hall. 50p admission or by donation. Refreshments until 3pm. Sun 6 Mar Prayer book communion, 8am, Church Breakfast 10.30am followed by 11am Family service, Church Oasis contemplative service, 6pm, Church. Mon 7 Mar Coffee Monday, 10am-noon, Church – and every Monday Wed 9 Mar Gargrave 22 Group flower arranging demonstration, 7 for 7.30pm, Village Hall (see page 13) Thur 10 Mar Old Swan Inn re-opens, 5pm, with live music (see page 6) Fri 11 Mar Picnic supper dance with live music from Bon Accord, 7.30 -11pm, Village Hall. £5 admission, bring your own supper. Tea and coffee provided, and a raffle. Sun 13 Mar Prayer book communion, 8am, Church Sung Eucharist, 11am, Church Vintage, Collectables and Craft Fair organised by Gargrave Village Hall Management Committee, 10am -3.30pm, Village Hall. Lots of stalls. 50p admission or by donation. Refreshments available until 3pm. Mon 14 Mar Institution of Revd Andrew Steer as Vicar of the Upper Aire Benefice, 7pm, Church. All welcome. Thur 17 Mar Consultation about new public artwork in Gargrave, 6-7.30pm, Village Hall (see page 6) Pub Quiz, Old Swan Inn, 7.30pm Sun 20 Mar Prayer book communion, 8am, Church Morning Worship, 11am, Church Library film night: King Richard, 7 for 7.30pm, Village Hall (see Fri 25 Mar page 7). £5 admission, bring your own refreshments. Coffee morning run by library and Village Hall, 10am-noon, Sat 26 Mar Village Hall Bacon sandwiches and home-made cakes. Raffle in aid of Library Funds. Book and CD stall in aid of Hall funds. Sun 27 Mar Prayer book communion, 8am, Church Family Communion, 11am, Church



Hall. Refreshments. 50p admission.

Broadway Fairs Flea Market and Craft Fair. 10am - 3pm, Village

EVENTS

Shrove Supper, 1 March

Duncan Faulkner

Come and join a long-standing Gargrave parish tradition on **Tuesday 1 March** at the Shrove Tuesday Supper in St Andrew's Church at 6 pm.

It's a Jacobs Join affair, with home-made entertainment.

The Old Swan re-opens, 10 March

Julie and the Old Swan team

The Old Swan Inn is re-opening on **Thursday 10 March** at 5pm. There will be live acoustic music from 8-10.30pm with Callum Spencer.

On Thursday 17 March there's a quiz from 7.30pm.

We look forward to meeting you all.

GNAT (Gargrave Needs A Toilet...) AGM, 11 March

Bee Faulkner

Our AGM will be on **Friday 11 March** at 6pm, at 2 Riversway. To be followed by a Fish & Chip Supper. All welcome - contact <u>Beeactive@posteo.net</u> or 07778 980994.

New fishy Gargrave artwork, 17 March

Alex Blakey, Alx Creations

A new work of art for the village is being created to celebrate the river's wildlife and the hopeful return of the Atlantic Salmon.



Alx Creations and the Aire Rivers Trust will be hosting an opening consultation event in Gargrave Village Hall to officially open the Return of the Atlantic Salmon Public Art Project on **17th March**.

Come together to celebrate the River Aire in Gargrave. Find out more and have your

say on an exciting new work of art for the riverside and work together on a collective arts installation to celebrate the river.

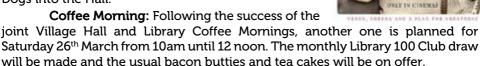
The consultation event runs from 6pm -7:30pm.

You can register your interest in attending by searching for Gargrave Public Art Consultation on Eventbrite.com or Facebook.

Film shows: On Friday 25th March we will be showing the Oscar nominated film King Richard. This inspiring film follows the life of Richard Williams, coach and father of the famed tennis players Venus and Serena Williams, and his determination to write his two daughters into the history books.

Starring, Will Smith, Samiyye Sidney and Demi Singleton.

The customary Cafe style seating will be in place, so please bring you own refreshments. The Village Hall doors open at 7.00pm with the film starting at 7.30pm. Tickets are £5.00 on the Door with under 16s free. Sorry but we can only allow Guide Dogs into the Hall.



Digital Support: Back by popular request our young technical wizard, Caleb Shaw, will be back in the Library on Saturday mornings to help with any problems you may have with your smart phone, tablet or laptop etc.

In addition, we are planning to start a service to assist members to fill in on-line forms such as application forms for Bus Passes, Rail Tickets etc. Again, we will be looking at Saturday mornings and please check the Notice Board in the Library for exact days and times.

On the **4th May** this year it will be 10 years since the Library was re-opened as a community library and plans are well under way for a celebratory Coffee Morning on Saturday 30th April. Watch this space for further details.

Divine intervention

A painter and decorator was awarded the contract to redecorate the interior of St Paul's Cathedral. Working alone the work took him some time but he was making a splendid job of it. As he worked his way along the final wall, however, he realised that he did not have quite enough emulsion to finish it and so diluted his paint with water enabling him to finish the wall before the imminent arrival of the Dean for an inspection. Standing back from the wall the painter was horrified to see that the diluted paint had not covered adequately and the old paint colour was grinning through. In desperation (and with the Dean approaching) he lifted his eyes up and prayed for help, whereupon there was a rumble of thunder and a voice from the dome said "Repaint and do not Thin again".

Gargrave Church of England (VC) Primary School

Sarah Peel

'Work with all your heart' LOVE, PEACE, HOPE

The curriculum for all the pupils is wide and we are delighted that they enjoy the wide range of opportunities provided to them. Sometimes this is going out of school and other times it is through experiences in school linked to our curriculum.

Here are three opportunities which took place in the last month in school.

Coding Workshop- Microsoft

The pupils learn computing every week and we are delighted that they love it so much. They know how to stay safe on-line, vital in today's ever changing world. The year 5 and 6 loved Microsoft coding experience where they took part in 'The Hour of Code'. This gave them the chance to create games through different platforms. They future computer are the programmers!



Food technology with Yasmien Baghali

Food technology was a theme across the school and Yasmien led a workshop on Indian food. The pupils made chutney, chaat salad, chapattis and kebabs.

Chrysalis Arts

Virpi Kettu worked with all the Year 4 pupils, in groups and created story plots. Images were drawn by the pupils and they created animation videos using stop motion pro. Images and storytelling including sound effects were combined. They all loved

the opportunity to work with this specialist.

If you have a skill, interest or idea which you think the pupils would benefit from please get in touch with us. We would love to engage with our fabulous community and broaden the opportunities on offer.

We were very sad to hear of the recent death of our former President Mr. Michael Fenwick who lived at Lane End House at Eshton. Unfortunately, Mr. Fenwick had to retire from his position last year due to ill health. Members of the Village Hall Management Committee and Trustees of the Hall attended his memorial service which was held in St. Andrew's church. There were very few spare seats in church and amongst the congregation were family, lifelong friends, and many members of the local farming community. Mr. Fenwick was indeed held in high regard. He was the quintessential country gentleman who loved his pursuits of shooting and fishing. In his youth he was a keen cricketer with golf beckoning in later years. Aside of his deep-rooted love for the countryside and his home he also enjoyed travel, the works of Shakespeare and poetry. A two minutes silence in his memory was observed at the most recent monthly meeting of Gargrave Village Hall Management Committee.

This month like so many others has come around so quickly and when this happens and Duncan's deadline looms it can be very difficult to know what to write or alternately ramble about!

However here commences this month's rambling - I am pleased to say that we purchased a new Union Jack flag for the Village Hall flagpole recently. The old one was literally in shreds so a new one was more than overdue. The task was not the simple one I envisaged, firstly should I get a budget one, a printed one or a sewn one? Next came the sizing, apparently the recommended size of the long length of the flag should be a quarter the size of the height of the flagpole. With this in mind it looked like we needed one which was ten feet in length. Even with my dyslexia with weights and measures I knew this was BIG! Therefore, I took the decision to ignore the recommendations and went for a much smaller one which on arrival proved to be the sensible decision. The old flag was lowered and the new one after some difficulty with the pulley system was raised. Typically, as soon as the flag went up so did the wind. I was a bit horrified when I called at the Hall a couple of days later, there was no flag flying! I could foresee it blowing somewhere around Skipton but to my relief it had actually come down the pole as apparently, we had not secured the pulley correctly. A bit more head scratching ensured, and it was raised again. I write this as our two new storms blow in, so fingers crossed it has remained in place. If you do see a Union Jack flag blowing across the fields do, please return it to the Village Hall.

The electric clock which has adorned the main Hall wall for over sixty years is sadly still consigned to the Office where it awaits repair. Weirdly it began its stop start mission during last year, generally in a pattern of one full hour either fast or slow, then things took a different turn, and it began to go backwards. I contacted Colin Nesbitt a delightful gentleman who advertises old clock, watch or barometer repairs in the Church magazine. He could not guarantee he would be successful with a repair particularly as it was an electrical clock and after a few days away the clock returned, working, but still going backwards. We would love

to be able to have the clock back on the wall as it is an original feature, we may consider contacting The Repair Shop as seen on TV but if anyone can suggest a local repairer, we would be delighted to hear from them.

Regular events now seem to be back on track after the upheavals of Covid and we hope to re-introduce table tennis this month. Ideally, we are trying to find some evenings and days which are free on a weekly basis so that some continuity can be established for those wishing to take part. The table tennis table will be set up in the Match room. Alison has kindly offered to help again with the organisation of the sessions.

We would like to congratulate the accomplished Organist Elizabeth Harrison who has secured a contract to play at the renowned Blackpool Tower Ballroom. Elizabeth is a young woman who has provided the live music at the Village Hall Picnic supper dances for many years. A few years ago, there was a decline in attendance at the monthly dances as so many others were being held locally. Elizabeth showed unwavering support and loyalty with fulfilling her bookings and at one point she and her family took over the running of some of the dances. The years progressed and the monthly dances have now come back into their own, with our venue now one of the most popular in the area. Elizabeth will be playing at the Hall again in November. Other musicians playing at the monthly Picnic dances include Alan Cookson, Bon Accord, Denis Westmorland, Brian Griffin and the Silhouettes.

Plans for our Jubilee celebrations at the Hall are going well. We do hope the sun shines on Friday 3rd June so we can hold the Coffee morning both inside and outside the Hall. Tickets for the afternoon tea with live music from Andy Wiseman on Sunday 5th June can be reserved now. Almost half the capacity has already been secured. Please call 01756 749235 to reserve a ticket which are priced at £10.00 to include a homemade afternoon tea. Both events will be true celebrations of everything royal, we shall have memorabilia to purchase and even royal raffle prizes, plus a few surprises up our sleeve of course.

On the personal front we hope to welcome our Caretaker Robert and his wife Janet to the Village this month and we wish them every happiness in their new home. Simon our assistant cleaner and his partner Robyn have finally secured their new home in Barnoldswick after a stressful time of house buying woes. Again, we extend our best wishes to them. We are so pleased that our Assistant Caretaker is back on board undertaking light duties and managing his health condition with an amazing positivity. Lynn our cleaner, already busy with all her grandchildren, has another on the way. A football team is on the cards.

Police advice on home security

Gargrave Parish Council

North Yorkshire Police have provided a leaflet giving advice on how to protect your home from burglary and damage.

The advice includes seven facts about residential burglary. Burglars are often opportunistic thieves who prey on houses and flats. They seek out any opening that they can take advantage of, specifically doors and windows that are left open or unlocked or are easy to force. Anything of value that they might spot through

a window will only spur them on. But it really doesn't take much to deter these thieves – just smart thinking.

Burglar facts



Burglars target homes that they think will contain valuables. A sure giveaway is leaving packaging from expensive items outside your front door Burglars often look for homes with windows or doors left open or with vulnerable features that they can exploit.





Burglars are aware of the times when someone is expected to be away from their house such as during the school run or holidays



Burglars often choose a home because they've spotted a specific vehicle, motorcycle or bicycle they want to steal – and the keys are more than likely to be inside the residence



Burglars typically do not want to be seen or heard and if they feel that they would be noticed by a neighbour or passerby then they are more likely to feel exposed and may move on to find somewhere else to burgle

Sheds and garages are often vulnerable as they are not always secure and contain tools which the burglar can use to assist them to gain entry to a home





It's a fact that many burglars return to homes that they've previously burgled because the homeowner failed to upgrade security following the first burglary. They sometimes return to an area to try to burgle a nearby home that they spotted while committing a previous break in. Even more reason for you to ensure you keep your home as safe as houses

You can access the full leaflet here:

http://gargravepc.org.uk/residential-burglar-protection-advice

I am delighted to report that despite not been able to have as many regular stalls in the Village Hall last year due to lockdown restrictions I was still able to raise £813.00 for our local Hospice, Sue Ryder Manorlands. The sum was raised through the sale of Bric a Brac and new clothing at the Village Hall Flea Markets and Coffee mornings. During the periods when the Hall was not able to be open due to Covid, the total amount raised in 2021 was helped by sales to my family and friends. A huge thank you to everyone for their kind support, their donations and their purchases.

The gift of £813.00 will help to support people living with conditions like cancer, heart failure and lung disease in Craven, Airedale and Wharfedale. The donation will help with inpatient care at the Hospice, to day services and Hospice at home, giving people the compassion and expert care they need at the most difficult times of their lives.

Perhaps with your help we can reach the £1,000 target next year?

St. Andrew's Family Service Review 6th February

Peter Gardner

Well, February, eh! We're getting through the winter quite nicely and as we all gathered at St. Andrew's for our regular monthly family service, there was change in the air. We have a new theme which we will be following for the next few months and it is all about the Kingdom of God.

"What's that?" you may ask, and, that's exactly what we are going to explore – in particular, what Jesus said about it. So, today's reading – well actually it was more of a conversation – took us to Jesus's description of the Kingdom of God being like a treasure hidden in a field. It was so valuable, that the man who found it went and sold everything he had to buy that field and gain the treasure. Jesus continued in the same vein, comparing the kingdom of God to a merchant, who having come across a pearl of enormous value sold everything he had to get it.

Then we came to Trevor Blenkinsopp.

Who, you may ask, is Trevor Blenkinsopp? Well, in a modern parable created especially for this service, Trevor Blenkinsopp was a game show contestant who had just amassed £30,000 in prize money. Great, hadn't he done well! But now it seemed, he had a chance to risk it all and gain something far, far better by answering a further question correctly. Would he do it? Would he be prepared to take a risk and give up the riches he had for something much greater? Well, would he???

Hmm, now came the talk – more about the Kingdom of God. Mike took us back from the beginning of creation right through to the New Testament, where Jesus stated that the Kingdom of God is within and explained that the pearl of greatest price is not just where the supernatural power of God is displayed, but it's the place where heaven and earth meet in our daily life. It's where God reigns in "me" and the fruit of the Spirit – love, joy, peace, forbearance, kindness,

goodness, faithfulness, gentleness and self-control comes forth and touches not only our lives, but those of others, too.

If the Kingdom of God is within, then the King must reign there and just as when Queen Elizabeth comes to a place in the UK and is given absolute precedence, so it must be when God comes to reign in us. He makes the rules, He comes first, what He says, goes. But his yoke is easy and his burden is light and if we seek his kingdom first, he says he will look after all our needs.

Well, back to Trevor Blenkinsopp. I wonder what he'll do? He already has a lot of treasure in his life, £30,000 – but will he give it up to gain something far, far better?

Now aren't we all in a similar position to Trevor? We too, have a choice. Will we hang on to what we've got or will we put it all to one side and seek first the Kingdom of God? I'm sure that was the question Trevor had to answer. But never mind Trevor. What will <u>you</u> answer?

Introducing Gargrave 22 Group

Sarah Kirk

Over the past couple of years, we have all recognised the immeasurable value of getting together with our friends. Here in Gargrave we have established a new group with the emphasis firmly on sharing fun, friendship and fundraising for local good causes.

Everyone is welcome to our monthly event held at the village hall on the second Wednesday of the month. The programme for the year includes speakers, outings and social evenings. Our programme organiser, Marcia Firth, is keen to see the audience participate! So here are Gargrave 22 Group's upcoming events. In March, Jean Banks, one of our own, and as many of you will know a brilliant flower arranger, will be giving us a demonstration. In April, Linda Hartell, from the Dalesman will be giving us a masterclass in cake decorating and Andrew Fletcher will no doubt have us out and about in the carpark when he talks to us about metal detecting in May





Although we are distinctly light touch when it comes to 'admin', we do have a memorandum of understanding in place and all the necessary insurances to undertake community activities. Abbie White is our Chair and Glenys Riley is Secretary, and they are supported by a small, enthusiastic team. As part of the group's commitment to mental well-being, retired nurse, Janet Lane, will offer a

hand to hold, a telephone call, a cheery bunch of flowers, if you're going through a tough time or would just like a friend to talk to.

At our February meeting a very convivial evening of quizzing, homemade cake and chat was thoroughly enjoyed by us all. The successful 'Three in a corner' team displayed superlative knowledge on botanical specimens, bridges and yarn-bombing.

There are forty of us already signed up, with new faces joining us every month. Membership is £25 for the year (still available) or a £4 entry fee 'on the night'. You don't have to commit to full membership and meetings will be publicised here in the magazine and by posters round the village.

It would be great if you could let Glenys know on 07715 878709 if you are coming to a meeting. A very warm welcome is guaranteed!

We look forward to seeing you on Wednesday March 9, Gargrave Village Hall, 7pm-7.30pm.

News from the belfry: Calling the Changes

Ali Lucas

Recently when we have been ringing for services or for special occasions we have been ringing 'Call Changes'.

This is usually the first piece new ringers learn and this is because rather than having to memorise a pattern the ringers are told what to do by the conductor whilst they are ringing.

As you will know if you have read some of my earlier articles the bells each ring one stroke and then the next, with each bell taking part every time. Hence we have rows of music, which determine the order of the bells. So when we are ringing 6 bells we always start in the order 1,2,3,4,5,6. We ring the same order for the handstroke and then again for the backstroke, as the bells swing one way then the next.

We make our tunes by changing the order of the bells. This is the origin of the terms 'Change Ringing' and 'Ringing the Changes'. However as the bells are so heavy and cannot be moved quickly, we can only move them one position in each sequence. Hence the bell that rings in second place at the first handstroke can either ring in second place again at the next handstroke, or it can move to first place or third place. It cannot jump to 4th, 5th or 6th place.

If we decided to move it to third place, the bell that rang in third place the first time (i.e. the number 3 bell) would have to swap with it and we would have the tune:-

123456

123456

132456

132456

If you listen carefully when we ring you may be able to hear two bells swapping position, and then we ring that same sequence for a while until we make the next change.

Some of the more musical sequences made by the change of order of the bells are given names. When we rang to mark the 70^{th} Anniversary of HM the Queen's Accession to the throne on 6^{th} February, we included three of the bell sequences that offered a Royal connection:-

Queens - 135246

Kings - 5 3 1 2 4 6

Princes - 5 3 2 1 4 6

We had to change the order of the bells one pair at a time. So from our starting position of rounds to get to Queens we rang as follows:-

123456

123546 (bells 4 and 5 swap)

132546 (bells 2 and 3 swap)

135246 (bells 2 and 5 swap)



The band that rang for the Queen's 70th Anniversary celebrations

It all sounds very confusing to begin with, but it soon falls into place before the ringers start to learn and memorise more complicated patterns when more than 2 bells change position each time and without the instructions being spoken.

If you enjoy mathematical patterns bell ringing could be the hobby for you. Do get in touch if you are interested.

FARMING ON SCALEBER HILL

Iohn Hall

The sun shines on the righteous, as the old saying goes. We are already two months into a New Year and the days are lengthening. The snowdrops are in flower and the daffodils showing through.

The barn clear-up following re-roofing is well under way. The bulk feed bins have had a re-fit and are now thankfully back in operation. No need now for small bags of feed, known to us as "Coveys Rolls"!

The last of the prime lambs have now been sold. Market prices have held well late into the season. The shed has been cleaned and disinfected ready for the pregnant ewes to start the cycle all over again.

The calving of the heifers has gone well so far, however the temperament of one of the heifers resulted in her not being sold. She did not respond well to being handled and, as health and safety is paramount in this job, the decision was taken not to sell her for milk production.

Brian seems to have got the hang of catching moles – 34 in one field to date! Mole control is carried out for specific reasons – not just cosmetic. The heaps of soil produced damage grassland machinery and are an ideal seedbed for weeds. More importantly the soil can contaminate sheep feed (silage or haylage) leading to listeria. This is an infection which affects the brain of the sheep leading to symptoms very similar to meningitis in humans and, as such, is very serious.

We never seem to get through a winter season without escapees! On this occasion Brian was carrying out his usual morning routine of bringing the young stock out of the cubicle house (so that he could clean them out) when he noticed there didn't seem to be as many as normal.

On checking it was found that a small concrete block wall at the back of the building had been knocked over. As Brian peered out 12 faces peered back! They had scrambled out onto the field beyond but had not been able to get back. Luckily they had had their fun galloping round, as could be seen by the mud bath created, and were hungry and more than ready to come back in, none the worse for their adventure.

I keep myself busy by feeding and checking the sheep on a daily basis but have recently been found wanting by a local lady walking her dogs. Whilst checking the sheep I had overlooked a sheep rigged (stuck on its back) in a hollow in a very wet and muddy state. Fortunately the lady in question had taken the trouble to walk down to the farm and alert Brian to the situation. The ewe was brought down and housed inside and after some TLC has made a full recovery. It reminded me that when dealing with livestock you can never take anything for granted. The lady's intervention was very much appreciated – good for the sheep but not for my halo!

NOTHING STANDS ALONE

Richard Rohr meditations

The above title is the theme for the current series of meditations by the popular spiritual teacher Richard Rohr.

This month's meditation offers us the opportunity to reflect on how our relationship with God is connected to our recognition of the Earth's sacredness.

The Earth as the Body of God

We all must realize what a muddle we have got ourselves into by not taking incarnation and creation seriously. Theologian Sallie McFague (1933–2019) powerfully described creation as "the body of God" and the place of salvation. She wrote, "Creation as the place of salvation means that the health and wellbeing of all creatures and parts of creation is what salvation is all about—it is God's place and our place, the one and only place."

In the late fourth century, St. Augustine, recognized by both East and West as a Doctor of the Church, said that "the church consists in the state of communion of the whole world." When we are in right relationship—we might say "in love"—there is the Christ, the Body of God, and there is the church. But Christians sadly whittled that Great Mystery down into something small, exclusive, and manageable. The church became a Catholic, Orthodox, or Protestant private club, one not necessarily formed by people who were "in communion" with anything else, and only rarely with the natural world, with non-Christians, or even with other Christians outside their own denomination.

Our very suffering now, our condensed presence on this common nest that we have largely fouled, will soon be the *one* thing that we finally share in common. It might well be the one thing that will bring us together politically and religiously. The earth and its life systems, on which we all entirely depend might soon become the very things that will convert us to a simple lifestyle, to necessary community, and to an inherent and universal sense of reverence for the Holy. We all breathe the same air and drink the same water. There are no Jewish, Christian, or Muslim versions of these universal elements. All water is "holy water" even before the benefit of a priest's waved hand. It is always and everywhere two parts hydrogen and one part oxygen, and *voilà*—we have the absolute miracle of liquid water, absolutely necessary for all that lives.

This earth indeed is the very Body of God, and it is from this body that we are born, live, suffer, and resurrect to eternal life. Either all is God's Great Project, or we may rightly wonder whether anything is.

The world is a living being to which we belong. The world is part of our own self and we are a part of its suffering wholeness. It is this wholeness that is calling to us now, that needs our response. It needs us to return to our own root and rootedness: our relationship to the sacred within creation. Only from the place of sacred wholeness and reverence can we begin the work of healing, of bringing the world back into balance.

Richard Rohr's Meditations are available free, daily or weekly at www.cac.org.

Ahernes of Hellifield

The Green, Hellifield, BD23 4JZ

Post Office Local Opening Hours

MONDAY 9am to 12.30pm 1.30pm to 5.30 pm

TUESDAY 9am to 12.30pm

1.30pm to 5.30 pm

WEDNESDAY 9am to 12.30pm 1.30pm to 5.30 pm

THURSDAY 9am to 12.30pm

1.30pm to 5.30 pm

FRIDAY 9am to 12.30pm

1.30pm to 5.30 pm SATURDAY 9am to 2pm

SUNDAY-CLOSED

Clothing store open 9am to 5.30pm

Monday to Saturday



Professional Antique restoration and French polishing- Over 35 years of experience

Some of the jobs we do-

Wood repairs, loose joints, French polishing, cane and rush seating, upholstery, veneer & marquetry work, leather skiver replacement, picture frames, mirrors, gilding, fire and flood damage. Insurance work undertaken.

Based in Skipton- free estimates and competitive pricing.

No job too big or too small!

Phone: 07435 150 150

Email: furniturerepairshop@aol.com www.furniturerepairshop.co.uk Unit 1 Engine Shed Lane, Skipton BD23 1UP

Outdoor Riverside Tai Chi Qigong with Bee Faulkner

Gargrave Water St Green 9am Weds & Thursdays

Modern Pilates

Gargrave Village Hall (main hall) 10am Tuesdays



Bookings & info:

07778 980994

www.BeeActiveBeeRelaxed.com

Zooms 9am Mon & Fri

Newcomers welcome

GETTING TO KNOW ME!

Helen Barrow and Zoe Sharp

Introducing parishioners from Coniston Cold and Bell Busk:

Ros Walker

Ros has been a breath of fresh air in our community. Ros got "stuck in" with supporting village events, designing invites and helping serve refreshments at the village 'do's'. Ros and I met for coffee and have continued doing so, inviting

one other resident from Bell Busk and Coniston in order for Ros to meet people. We always enjoy the get together and may they continue. Welcome Ros and family.

Question: What do you do when your children have flown the nest, your hubby is hurtling towards retirement and you find yourself with time to enjoy the great outdoors?

Answer: Move to the Dales!

And so it was that, in March last year, Andrew and I moved to Coniston Cold.

Having previously lived in Bingley all our lives, it's fair to say we were confirmed 'townies'; how would we cope without a cash machine, pub and branch of Aldi within spitting distance?

Quite easily, as it turns out.

Despite our long-standing roots in Bingley, we love being in Coniston Cold. Okay, it's missing a library, the post office is long gone and cinemas are a bit thin of the ground. No matter.

We love everything about this little corner of the Dales; the smell of fresh air, the views, the wide-open spaces and the absence of traffic. Above all else, we have been made so welcome by our wonderfully friendly neighbours from Coniston Cold, Bell Busk and beyond.

Thanks to the power of email and Zoom, my work in tourism, PR and marketing has been unaffected by the change of location, while our family and life-long friends in Bingley are only 30 minutes away.

We've swapped our views of suburbia for vistas of St Peters and our local watering holes are now the Coniston Hotel and the Mason's Arms.

Thank you to everyone who has made us feel so welcome.

Ros Walker, The Sycamores, Coniston Cold

ANN HESELTON: FARMING MEMORIES

Ann Heselton

These stories are memories of things that have happened over fifty four years of farming, some happy and some sad.

Lambs in the bath

One of my sheep was a few days off lambing. But there was something wrong. She had been pushing for hours. I phoned the vet at Skipton. He said to bring her down. It was eleven o'clock in the evening and he was waiting when we got there.

He examined her, and said there was nothing he could do for her. But if you are willing, I can give her an injection, and if I act quickly I can see if there is anything alive in her. We said yes, and he pulled out three lovely little lambs – mother slipped away peacefully.

We loaded myself and the three little lambs and set off home as fast as we could. Then I had to think quickly as to where I could put them somewhere warm, so I could feed them throughout the night. They had to have some colostrum as soon as possible: the first feeds they have from their mother. We used powdered.

The only place was in the bath. I put plenty of towels in so they wouldn't slip. I fed them all through the night. In the morning I moved them into a nice little pen with a heat lamp. They all survived.

This is sad

I reared and bucket-fed six young calves inside all through the winter.

Spring came. It was time for them to go out.

It was a lovely sunny day. The birds were singing and bees were buzzing. The ran and they jumped until they were worn out.

But that night there came a very bad storm. Thunder and lightning.

I went out to feed them the next morning. It was a very sad sight. They had sheltered under a big tree and lightning had struck it. They were all dead. It took a long time to get over that. But we kept going and got six more.

More stories next month.





INFORMATION

Gargrave Library West St, 01609 536547 gargravelibrary.co.uk	Open Mon 3-5pm, Tue 10-12, Wed 2-4pm, Fri 2-4pm, Sat 10-12.		
	Visit http://capitadiscovery.co.uk/northyorkshire/ to reserve or renew books online (first obtain your PIN from library), or renew by calling 01609 532774		

Gargrave C of E Primary School & Pre-School holiday dates

	First day of holiday	Last day of holiday
Easter	Mon 11 Apr	Fri 22 Apr
Half term	Mon 30 May	Fri 3 June
Summer	Mon 25 July	Mon 5 Sept

Rotas for St Andrew's Church

	8am	10.45am			BIBLE	INTER-	REFRESH-		
	SIDESMEN	SIDESMEN	I/WELCOME	RS	READER	CESSOR	MENTS		
6 Mar	Colin								
	Chapman	Family service							
13 Mar	Kay	Sarah	Judith	Jane	Jo		Linda and		
	Craven	Curtis	Robinson	Dallas	Ackroyd	Pam Bolas	Andy		
20 Mar	Colin	Les	Kim	Jennifer	Diane	Jane	Sarah and		
	Chapman	Hatfield	Hatfield	Rowlands	Maiden	Dallas	Joan		
27 Mar	Kay	Paul	Jean	Helen	Jane	Jennifer	Peter and		
	Craven	Maslin	Banks	Wilson	Dallas	Rowlands	Cynthia		
3 Apr		Family service							
10 Apr							Denise		
	TBC						and Neil		

Magazine contributions, adverts and subscriptions

THIS MAGAZINE IS PRODUCED by St Andrew's Church for the benefit of the whole community of Gargrave & Coniston Cold parishes. We welcome short articles, news, notices of events, anecdotes, announcements, obituaries, letters & photos, free of charge, subject to space & relevance. The monthly contributions deadline is on the back page. Please email contributions to editor@gargravemag.co.uk.

Editorial advertising currently costs £11 per quarter page per month, other sizes pro rata. Artwork can be supplied in Word or pdf format. Contact 07711 718153 or parishmagads.gargrave@outlook.com to discuss.

An annual subscription is £9 – contact Ron Humphreys on 748779. Read the magazine online at https://www.standrewsgargrave.org.uk

Face coverings required on all public transport - the wearer's nose & mouth should be covered.

TRAINS from Gargrave from 12 Dec 2021

To Skipton (arrives approx. 9 mins later) & Leeds (arrives approx 55 mins later) Mon-Sat 0744 0754 0949SO 1019SX 1047 1150 1349 1522 1550SO 1551SX (continued) 1645 1813 1848SO 1850SX 2019 2134 2216SX 2218SO 22374 Sunday 1121 1210 1420 1448 1656 1855 2107 2123

To Giggleswick (arr. ~ 20 mins later) & **Lancaster** (arr. ~ 65 mins later)

Mon-Sat 0525SO 0528SX 0731 0902 1103 1304 1504 1814SO 1815SX 2006

Sunday 0922 1115 1412 1615 1815

To Settle (arr. ~18 min later) & Carlisle (arr. ~2hrs later)

Mon-Sat 0604SX 0711SO 0832 1004 1133 1604 1732 1902 2033²

Sunday 0950 1315 1509

NOTES: Location of Pick Up in Gargrave for Rail Replacement Buses is uncertain: may be beside The Summerseat on High Street OR at Station Entrance: CHECK WITH NORTHERN. Generally, only DIRECT journeys are shown. 1. Change at Skipton for Leeds. 2. Ribblehead only. AT THIS TIME, Northern recommend consulting National Rail on 03457 48 49 50 or the Journey Planner: https://www.nationalrail.co.uk As of 16 Feb: Bus substitutions between Carlisle & Appleby on Sat & Sun 19-20 March. That may change. Check with Northern Railway. For live info on next 2 trains text GARGRAVE to 84950, or go to www.realtimetrains.co.uk/

BUSES from Gargrave *Except Bank Holidays There will be changes from 4 April

To Skipton (arr.~15min later) (Services 75, 210/211, 580) (M = from Malham)

M-Fri* 0820 0910 0955 1055 1057M7 1155 1255 1355 1357M7 1455 1555 1755

Saturday 0820 0910 0955 1055M 1155 1255 1355 1455M 1555 1655M 1755

Sundays + B.Hols: No Winter Service

To Settle DIRECT (arrives ~ 25 mins later) (Service 580) and (+ or ++) onward to Kirkby Lonsdale (+Service 581) and thence to Lancaster (++Service 582)

0905++ 1000 1100++ 1200 1300++ 1400 1500++ 1600++ 1700++ 1900++ Saturday 0905++ 1100++ 1200 1300++ 1500++ 1700++ 1800++ 1900++

Sundays + B.Hols: No Winter Service

To Malham (arrives ~ 25mins later) (Services 210/211, 75)

Mon-Fri* [210/211] 1000^{7} 1310^{7}

Saturday [75] 1000 1400 1600

Sundays + Bank Hols: No Winter Service

NOTES. 7. Tues & Thurs (as service 211) stops at Coniston Cold 4 mins after Gargrave.

Public Transport back to Gargrave

TRAINS to Gargrave from 12 Dec 2021

Last DIRECT train

From Skipton (arr. Gargrave ~ 6 mins later)

LEEDS to GARGRAVE

Mon-Sat 0519SO 0522SX 0559SX 0705SO 0725 0826 0856 0959

1856 0959 **1949**

1057 1127 1258 1458 1559 1727 1808SO 1810SX 1856 2000 2027

<u> 1949</u>

Sunday 0917 0945 1110 1309 1406 1503 1609 1809

1732

From Lancaster via Giggles'k (Trains arr. Gargrave ~ 65 mins later)

Mon-Sat 0647SO 0648SX 0941 1046SX 1047SO 1245 1447SO 1448SX 1745 2030 2131 Sunday 1105 1344 1552 1751 2017

From Carlisle (direct: arr. Gargrave ~ 2 hrs later)

Mon-Sat 0549SX $\underline{\textit{0713SO}}^{13}$ 0753SO 0824SX $\underline{\textit{0927SO}}^{15}$ $\underline{\textit{1058}}^{15}$ 1340

1450 1618 1824 <u>2013</u>¹⁴SX <u>2015</u>¹⁴SO <u>2145</u>¹³

Sunday 0925 1223

<u>1520</u>¹⁵ <u>1607</u>¹⁵ <u>1725</u>¹⁵ 1911

NOTES: 13. From Ribblehead only. 14. For Gargrave, change at Settle. 15. Stops at Hellifield & Skipton, <u>but NOT GARGRAVE</u>. Living in BD23 post code, you can buy a DALES RAILCARD: £10.00/ year. 1/3 off Anytime and Off-peak rail tickets between Gargrave, Leeds, Bradford, Carlisle, Morecambe, Lancaster. Discount for children with you. Winter Offer from 2 Jan – 2 Apr 2022.

BUSES to Gargrave *Except Bank Hols. There will be changes from 4 April

M is a Malham service

From Skipton Bus Stn.(arr. Gargrave ~15 min) (Services 75, 210/211, 580)

Mon-Fri* 0850 0945 0950M8 1045 1145 1245 1300M8 1345 1445 1545 1645 1845

Saturday 0850 0945M 1045 1145 1245 1345M 1445 1545M 1645 1745 1845

Sundays + B.Hols: No Winter Service

From Settle DIRECT (arr. Gargrave ~25 mins later (Services 580, 75)

+ from Kirkby Lonsdale (581) and ++ Lancaster (582) M= service 75, via Malham

Mon-Fri* 0755+ 0845++ 0930++ 1030 1130++ 1230 1330++ 1430 1530++ 1730++

Saturday 0755+ 0845++ 0930++ 1130++ 1230 1330++ 1530++ 1730++

Sundays + B.Hols: No Winter Service

From Malham (arr. Gargrave ~25mins later) (Services 75, 210/211)

Mon-Fri* [210/211] 10358 13358 from opp. Buck Inn

Saturday [75] 1030 1430 1630 from opp. Buck Inn

Sundays + B.Hols: No Winter Service

NOTES 8. Tues & Thurs service stops at Coniston Cold 4 mins before Gargrave

Service Operators: northern railway www.northernrailway.co.uk 0800 200 6060

[Travel Assistance 0800 138 5560]; 210/211, NYCC

www.northyorkstravel.info/operators/n/nycc/ 01609 780780; 75/580/581/582, Kirkby Lonsdale Coach Hire 01524 733831 www.klch.co.uk; **Buses (general)** www.dalesbus.org

; Traveline 0871 200 22 33 <u>www.traveline.info</u>; National Rail Enquiries 03457 48 49 50 <u>www.nationalrail.co.uk</u>; Rail Ombudsman <u>www.railombudsman.org</u> 0330 094 0362

Note: Transport details remain subject to changes, e.g. as Covid-19 response develops.

Gargrave Lands Charity

Are you currently experiencing financial difficulties and **need** help?

Do you need financial assistance to pursue higher or further education or vocational training?

If you live in Gargrave, Flasby, Eshton, Winterburn, Coniston Cold or Bank Newton then Gargrave Lands Charity may be able to help!

Financial assistance readily available in approved cases.

Contact one of the trustees listed below to discuss your situation.

Absolute discretion and confidentiality assured.

Phil Ellis Christine Charlton Joyce Garner 07907 308313 748817 748447

Mike Maiden Ian Reed-Peck 07876 886313 07527 269915

Family-run Nursing Home Providing High Quality Care



CRAVEN

NURSING HOME

Situated alongside the canal on the outskirts of Skipton with fabulous views overlooking the Aire Valley, the Home is built using traditional Yorkshire stone and set amid landscaped gardens. We offer accommodation for up to 68 residents with all bedrooms equipped with en suite bathrooms, fitted furniture and elegantly decorated.

Our dedicated well trained, professional team offer an exceptionally high standard of general nursing, dementia and palliative care. We aim to provide our residents with a secure, relaxed and homely environment in which their care, well being and comfort is of prime importance. Our staff will strive to preserve and maintain dignity, individuality and privacy of all residents, and in doing so will be sensitive to the individual residents' ever-changing needs.

For further information, any questions, or to request a brochure please get in touch with the Manager, Christine Smith

Telephone: 01756 700994 | www.cravennursinghome.com

Keighley Road | Skipton | BD23 2TA

"Providing care with dignity"

Organisations Please let us know if you'd like to amend or add an entry.

Caterpillar Club (0+) - St Andrew's Church, Wed 10am, Kirsty Smith 07525 619950

Gymnastics (5+) - Mon and Wed, 4-6.30pm, info@ambitionsgymnastics.com

Rainbows (5+) - Tue 5-6pm, Gargrave Primary School

Brownies (7+) – Tue 6.15-7.30pm, Primary School, malhamdalebrownies@gmail.com

Guides (10+) - Tue 7.30-9pm, Primary School, gargraveguides@gmail.com

Young Farmers Club - Coniston Cold, Tues 7.30pm, Janet Bolland 01729 830505

Lunch Club, Neville Crescent Community Centre, 2nd Wed each month, 12.30, Carol / Carys 748990

Bowling - outdoor Gargrave Bowling Club, Michael Cox, 07928 433065

Bowls – indoor, Oct to March, Tues & Thurs 2-4pm, Joan Griffin, 749277

Cricket - Gargrave Cricket Club, Mark Jones, 07498 288654

Cycling – Gargrave Tuesday Club, Dalesman, Tues and Thurs Trevor Pickles 01282 844788

Golf – Mason's Arms Golf Society, www.masonsarmsgolfsociety.com, 749304

Hunt – Pendle Forest & Craven Hunt, Tony Holmes, 748200

Pilates - Contemporary, V. Hall, Tues 9am & 10am, Bee Faulkner 07778 980994

Pilates – Classical, Zoom Mon 9 & 10.15 am, Village Hall Tues 6 & 7pm Wed 7 pm Thurs 9, 10 & 11.15 am, Cate Davies 079 5533 8775

Tennis and Croquet - Craven Lawn Tennis Club, Beth Whitley 749664, www.craventennis.org.uk

Tai Chi & Qigong – Village Hall, Wed 1pm. Ian Cresswell. See https://gargravevillagehall.org.uk

Tai Chi Qigong – Village Hall, Tues 11am; Green by War Memorial, Wed and Thurs 9am, Zoom Mon 9am, Bee Faulkner, 07778 90994

Walking for Health –1st and 3rd Thursday of the month, 10am, Helen Wilson 748977 or helen_thunder_bay@hotmail.com

Gentle Hatha yoga – See https://gargravevillagehall.org.uk

Art – Gargrave Art Group – Village Hall, Mon 1pm-3.30pm, Bev Parker 749910

Bell Ringing – St Andrew's, Mon 7.30pm, Sun 10.00am, Ali Lucas, 07921 970961

Bingo – Gargrave Community Centre, Neville Crescent – Mondays 1.30-4pm,
Carol/Carys 748990

Gargrave Community Choir – 749802

Gargrave Heritage Group – Tues 10am, St Andrew's Church, Martin Thompson, 748309 Gargrave Community Library - email admin@gargravelibrary.co.uk, Patsy Simpson 749489

Craft and Chat – St Andrew's, Tues 2pm, Sylvia Humphreys 748779

Parish Council Meeting – Village Hall side room, 1st Wednesday of the month

Snooker Club – Village Hall Snooker Annex, every day, Stewart Smith 749340

Gargrave 22 Group – Village Hall, 2nd Wed in month, 7.00-7.30pm, Glenys Riley 07715
878709



Langcliffe

Kennels & Cattery

Top quality, professional care for your cats & dogs in our safe, comfortable & clean purpose built facilities

- Open 7 days -

tel. 01729 822393

email: info@langcliffekennels.co.uk - web: www.langcliffekennels.co.uk

Howsons Lane, Langcliffe, Settle, North Yorkshire, BD24 9NG

Yorkshire Swan & Wildlife Rescue Hospital

Registered Charity 1113771



Tel: 07763 424 892 (24 hours)

www.ysrh.org.uk info@ysrh.org.uk





Healthy Pet Club

To enable pet owners to spread the cost of routine treatment we have designed our own practice membership scheme

Features:-

- Annual Veterinary
 Health Check &
 Booster Vaccination
- * Annual parasite control
- * Free nurse clinics
- ోది Various discounts



No upper age limit & No joining fee 01729 823538

www.daleheadvetgroup.co.uk





Gargrave Auto Services Ltd

Repairs - Servicing - MOT
Computer Diagnostics - Tyres
Laser 4 Wheel Alignment

Your local friendly garage

Call 01756 748090

Opening Hours: Monday - Friday 8.30am - 5.30pm Saturday 8.30am - 12.30pm





Gargrave Auto Services

Email: gargraveautoservices@outlook.com

www.gargraveautoservices.com

Unit 1c, Asquith Industrial Estate, Gargrave, Skipton, BD23 3SE

GARGRAVE PRIVATE HIRE

Executive Travel, Airport Transfers Local & Distance Taxi Service

07877 054698

CHRIS SMALES

01756 748112

Proprietor chrissmales@gmail.com







Driving Lessons for Manual & Automatic Cars

I have a manual and an automatic car, both are dual-controlled. Therefore, I can provide well-structured, excellent value lessons, tailored to your preferred system.

Teenage Driving Day for 14 to 17-year olds

A great gift for anyone can't wait to get behind the wheel before they hold a provisional licence.

Training is away from the public road, in a dual-controlled car.

A very experienced, friendly and local Driving Instructor, with a proven track record, and a heap of patience. Please contact Andrew on 01756 796802 or 07890 673706

DALESVIEW

OF-

HELLIFIELD

Mercedes-Benz and Prestige Servicing

- · Electronic Diagnostics · Air Conditioning ·
- Courtesy Car Facility
 4 Wheel Alignment
 - Collection/Delivery Service M.o.T.
 - · Car Hire ·

Tel: (01729) 851110

Ask for Nicholas Staveley

HELLIFIELD • Nr SKIPTON • BD23 4HX

MILTON HOUSE NURSING AND RESIDENTIAL HOME



- Qualified nursing staff on duty at all times
- Grade 2 Georgian listed building in its own grounds
- Views of the Dales and River Aire
- Majority of the rooms on the ground floor and en-suite
- ♦ Three lounges & Conservatory
- Home cooking, most dietary needs catered for
- Large twin bedded sitting rooms ideal for married couples
- Long or short, holiday or convalescent stays
- Specialist bath & shower

A small family run establishment with a genuine home from home atmosphere.

For a brochure ring, write or call:

MILTON HOUSE, MARTON ROAD, GARGRAVE, BD23 3NN

https://miltonhouse.co.uk

TEL: 01756 748141



CARE HOME









Proudly not-for-profit

We'd like to thank all of our staff for their tireless work in these unprecedented times, ensuring that the lives of our residents remain active and fulfilled

We'd also like to thank our residents and relatives at our Gills Top care home for their kind words and continued support.

You are the heart of our homes

Gills Top care home
Scar Street, Grassington BD23 5A
01756 668090
www.anchor.org.uk/GillsTop

^{*}carehome.co.uk review scores are based on independent reviews with a maximum score of 10. Review quoted and rating correct as of 03/02/2021.

BROOK SMITH & SON

COMPLETE FUNERAL SERVICE

A family firm you can rely on for a caring and dignified service

PRIVATE CHAPEL OF REST COMPLETE MONUMENTAL SERVICES FUNERAL PRE-PAYMENT PLANS AVAILABLE

www.brook-smith.co.uk Telephone 01756 792738 day or night

or email brooksmithandson@btconnect.com

FAIRBANK HOUSE, BUNKERS HILL, SKIPTON, BD23 1HU

Howard & Susan Smith R.N. Dip.F.D. B.I.F.D. M.B.I.E. Rebecca Smith-Chew R N

GOLDEN CHARTER







THOS. ROCK

MEMORIAL CRAFTSMEN

Memorials · New Inscriptions Cleaning & Renovations

7b Market Place, Clitheroe BB7 2BZ 01200 442820



TURN TO US FOR HELP AND SUPPORT

In your time of need we'll take care of all the funeral arrangements. Call us 24 hours a day.

• Funeral Pre-Payment Plans • Memorials

SKIPTON FUNERAL DIRECTORS

The Lodge, Waltonwrays Carleton Road, Skipton BD23 3BT

01756 630511

Part of Dignity plc. A British Company.





Howcrofts' Funeral Services

Estd. 1918

5 generations of our family owned and run professional and dignified funeral services from people who care.

WE OFFER ADVICE AND SUPPORT 24 HOURS A DAY, 7 DAYS A WEEK FOR ALL YOUR INDIVIDUAL FUNERAL NEEDS.

- Private Chapel of Rest
- Pre-paid Funeral Plans
- Members of N.A.F.D.

Duckett Street, Skipton, BD23 2EJ **01756 792173**

howcroftsfunerals@btconnect.com



Tel: 01756 748342

Email: hello@anchorlogs.co.uk Order and pay online











Twin Locks Garden Centre Ltd Gargrave, Nr. Skipton, North Yorkshire, BD23 3NB Tel. 01756 749812 Fax. 01756 749851

Situated beside the Leeds/Liverpool Canal on the A65 (adjacent to the Anchor Inn)

Opening Hours:

Sundays: 10.30am - 4.30pm Mon - Sat (summer): 9.00am - 5.30pm Mon - Sat (winter): 9.00am - 5.00pm

WIDE RANGE OF HOUSEPLANTS, TREES, SHRUBS, ROSES, ALPINES & AQUATICS, HEATHERS ETC * GARDENING SUNDRIES & TOOLS, STONEWARE, TERRACOTTA, PLANTERS & BARRELS * PONDS & POND PLANTS * BIRD FOOD & FEEDERS * NATIONAL GARDEN GIFT TOKENS * GOOD ACCESS FOR WHEELCHAIRS * AMPLE PARKING *

For Efficient and Friendly Service

GreenTouch

Liz Hunt has been offering gardening services in the North of England for 20 years.

Many of my customers now have wildlife gardens they are a haven. It doesn't take much to create one and help save the planet.

Contact Liz: thespire

thespiritgardener56@gmail.com

01535 634836

07976 836094

Mowersetc

Petrol mowers & garden tractors: on-site service and repair Pressure-washing:

patios, paths, drives etc

Over 20 years' experience

Please contact Mik the Mower on: 07530 483798 01282 843857 mick@mowers-etc.co.uk

ROBERTSHAWS

GARDEN MACHINERY

01282 843612

robertshawsgardenmachinery@hotmail.com http://www.robertshawsgardenmachinery.co.uk/

Eden Works, Colne Road, Kelbrook, BB18 6SH

Y ATCO STIHL® HONDA

Keyworth Garden Services

Expert care for your hedges, gardens and grounds

Mowing • Hedge Cutting • Tree Surgery
Turf Laying • Shingle & Bark Laying
Power Washing Patios & Drives
Garden Clearance

Please contact Paul & Bev Keyworth paul@keyworthgardenservices.co.uk 01756 531440



Gargrave Physiotherapy Clinic

Colin Wiseman

Chartered & State Registered

Specialist in "Hands On" Techniques with 25years experience

- Necks, Backs, Sciatica
- Spinal Manipulation
- Sports Injuries
- Exercise Rehabilitation
- All Arm & Leg Conditions
- Acupuncture



Mob: 07779 416486 Tel: 01756 748936

Evenings & Weekends Available

GARGRAVE PHARMACY

36 High Street, 01756 749324

Dispensing

Medicines sales and advice Repeat dispensing service

Open: Mon - Fri 9 am - 5.30 pm Sat 9 am - 12.30 pm Closed for lunch 1 - 2 pm

Angela and Gillian

Ladies' & Gents'

HAIRDRESSERS

48 High Street, Gargrave 01756 749424



Crossgates Health, Hair & Beauty The Barn

6 North Street Gargrave Skipton BD23 3RN

Human Dept. 01756 749901 Animal Dept. 01756 749444 Hair & Beauty 01756 748881

www.crossgateshealthhairandbeauty.co.uk reception@crossgatesfarm.co.uk- Hair & Beauty human@crossgatesfarm.co.uk- Human & Animal





Natural Health

Incorporating Health & Wellness for Human & Animals

Helping you with Physical & Emotional Wellbeing:

- CG Bio resonance Hair Testing
- Nutrition
- Wholefood & Food State Supplements
 - CG Apple Cider Vinegar + flavours
- Natural Remedies in sprays, tablets, creams
- Flower essences, Collodial Silver & more

Hair & Beauty Salon

Join us at Crossgates for one of our luxury Hair & Beauty Treatments:

Non-Surgical Treatments, Facials & Body Treatments,
Massage, Hand & Foot Treatments, Tanning, Make-up,
Davines Ammonia & Paraben free Hair Colouring, Haircuts,
Re-styles and Pin-ups & more.

~Look Great & Feel Exceptional~













Accredited by the College of Podiatry

Podiatric home treatments in the Gargrave area and surrounding villages.

Traditional Podiatry for treatment of

Nails, hard skin, corns, ingrowing toenails, verrucae, etc

Biomechanical Assessments treating

Sports injuries, running/walking injuries, general foot pain, heel pain, lower back and hip pain, knee pain, children's foot pain, etc. Tendon, muscle and ligament rehabilitation. Gait retraining for both walkers and runners.

Fascial Manipulation

Fascial Manipulation is used to restore normal, pain free movement and flexibility of joints, muscles, tendons, nerves, etc. Used in the treatment of sciatica, general hip pain, knee problems, ankle and foot problems and many other conditions. This is not a pain free treatment but the effects can be immediate.

Please visit our website for more information

Andrew Lindsay BSc(Hons) MCPod HCPC

Telephone 01756 749335

Email info@thefootpeople.co.uk

Website thefootpeople.co.uk

VENUE HIRE, PARTY ACCESSORIES, PRINT & DESIGN





Design and Artwork
Digital / Litho Printing
Business Stationery
Wedding Packages
Christmas Cards & Calendars
Call or email for more information

01756 799765 info@epprintltd.co.uk

The British School, Otley Street, Skipton, BD23 1EW



For wedding receptions, dances, parties, meetings, classes, coffee mornings etc.

The Main Hall, Annexe or Meeting Rooms can be hired along with our fully equipped kitchen.

For further information and bookings contact Christine on 01756 749730

bookings@gargravevillagehall.org.uk

HABERDASHERY, SPORT, ARCHITECTS & FINANCIAL ADVICE



Over 500 Patchwork cottons inc Liberty
Agents for Brother Sewing Machines
Extensive range of Haberdashery
Knitting wool and supplies
Fabrics for Dressmaking

www.temptationsbentham.co.uk 31 Main Street, Bentham LA2 7HQ temptationsbentham@yahoo.co.uk

015242 61868



Come and join your local Tennis & Croquet Club in Gargrave

New Members & Visitors always welcome
4 Grass Courts & 3 All-Weather Courts
Fantastic Clubhouse facilities
www.craventennis.org.uk

Adult & junior coaching, teams, tournaments, social sessions, club nights Contact Beth Whitley: 01756 749664; secretary@craventennis.org.uk

groves architects Itd

Suite A, Canal Wharf Eshton Road Gargrave BD23 3SE tel: 01756 748648

www.groves-architects.co.uk

e-mail: design@groves-architects.co.uk

Robert Groves Dip Arch RIBA Chartered Architect

Design led practice specialising in quality residential projects.

Lifetime mortgages? Equity release? RIO's?

Are you thinking about releasing the value in your home but you're not sure if it's right for you?

Would you like to know all of your options and the long term implications?

Free, no obligation home visits are available with our patient friendly advisor who will answer your questions and help you make the right choice.

01756 802102 greenbeansfinancial.co.uk

Not the medis at this life upon on one beeing up agreement for is our management and only section against C. Chrome Management on an appropriate of papersenta, not of New Leef (Mataution Life of this is sufficience and regulated by the Princetal Good Lat-Agency by Sumber 500(2) Designed on the Carolina Science Condition House, I High Science Science Science Conditions and Carolina Science Science (Condition House, I High Science Science Science Condition Condition (Condition Condition C



FINANCIAL SERVICES

Offers specialist advice in a wide range of areas including:

- Investment Planning
- Retirement Planning
- Inheritance Tax Planning
- Life Cover & Critical
 Illness Protection

"We Arrange all types of solutions for all kinds of people"

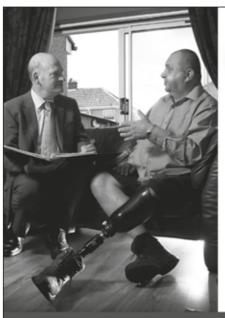
Please contact Nick Sands on:

01756 748 000

enquiries@belgravefinancial.com www.belgravefinancial.com

58 High Street, Gargrave, Skipton BD23 3LX

SOLICITORS & INSURANCE



ArmstrongLuty

The Personal Injury Law Partnership

your local experts for just compensation

talk to us face to face

Kipling House, 24 Otley Street, Skipton, North Yorkshire, BD23 1EW Call Andrew Armstrong or Nick Luty on 01756 799977

www.armstronglutysolicitors.co.uk



FRED GREEN and SON Ltd

Approved Coal and Corn Merchants

All Types of Coal & Solid Fuel Supplied Horse Feeds - Hay & Straw

Canal Warehouse, Gargrave - Telephone 749229

Milk delivery in Gargrave, Coniston Cold and Bell Busk John Langan 07598 167136

Do You Love Cheese?

Come and visit Settle's specialist cheese emporium!

Award Winning Cheese Shop Specialist Cheese Café Cheese-making Classes Cheese Museum

Support Traditional Farming and a Local Family-run Business



Visit The Courtyard Dairy: on the A65 (between Settle and Austwick), LA2 8AS

Open 7 days a week

~ Buy online: thecourtyarddairy.co.uk ~ Nationwide delivery ~ 01729 823 291 ~









CHOICE | VALUE | SERVICE

Wharf side wines prides itself in sourcing and supplying good value and exciting wines from around the world direct to your door.

We are your local online wine merchant offering free delivery for orders within postcodes BD23 and BD20. This is applied at checkout through our online store found at

www.wharfsidewines.com

How to order

Tel: 01756 748 855

Email: sales@wharfsidewines.com

Web: www.wharfsidewines.com

Canal Wharf

Eshton Road

Gargrave

BD23 3PN

Tel: 01756 748 855

Mob: 07545 957 860

www.wharfsidewines.com

sales@wharfsidewines.com

The Nook

Countryside Holiday Cottage for 2

Bank Newton, Gargrave BD23 3NU

katedowns@btinternet.com 01756 748076

WiFi

No Smoking

No Pets

POPPY FIELDS FLORISTS

48 High Street, Gargrave 01756 748071poppyfieldsflorist@gmail.com *Trading for 30 years*

Flowers for all occasions



Newton Grange Holiday Cottages Waterways – Walking – Wellbeing

Bring your family and friends together for a relaxing stay in the wonderful setting of Bank Newton

Our delightful holiday cottages sleep 2-6 people

Walking and Cycling Accredited, Graded 4 Star - Visit England

Tel: 01756 748140 www.newton-grange.co.uk

THE FRYING YORKSHIREMAN

26 - 28 High Street, Gargrave, BD23 3RB

Traditional fish & chips in the heart of the village

During the pandemic please check Facebook page for opening times:



www.facebook.com/thefryingyorkshiremangargrave

TAKEAWAY OPEN TUESDAY - THURSDAY 11:30 - 20:00, FRIDAY & SATURDAY 11:30 - 21:00 & SUNDAY 12:00 - 19:00



ACCOMMODATION AND EATING OUT



And dine.

The View Restaurant is aptly named as it boasts breath-taking vistas, with floor-to-ceiling panoramic windows as well as an all-year-round alfresco dining area. The carefully crafted menu serves up traditional favourites, such as afternoon tea, as well as contemporary classics for lunch or evening dining, utilising only the best local ingredients for a true taste of Yorkshire!



And discover.

There is plenty to do here at The Coniston, from archery and air-rifles to e-biking and fishing.

Try your hand at Clay Pigeon Shooting at one of the best shooting grounds in the UK or take to the tracks and tackle challenging terrain and obstacles with an expert led 4x4 driving experience.



And relax.

Following major refurbishment in Spring 2021, our spa is the perfect place to relax, rejuvenate and reconnect with yourself and nature.

Whether you would like to join our exclusive membership, treat yourself to a treatment or indulge with a spa day, you can soak up both the soothing vibes and scenery.



Visit theconistonhotel.com for vouchers and more.

The Coniston Hotel Country Estate & Spa, Coniston Cold, Skipton, North Yorkshire BD23 4EA
Tel: 01756 748080 | Email: info@theconistonhotel.com | Web: theconistonhotel.com

All you need to do the job right Call 01756 792485 TIMBER DECORATING RESPOKE JOINERY STOVE SHOWROOM BATHROOM SHOWROOM Firth Street, Skipton, North Yorkshire, BD23 2PX www.merrittandfryers.co.uk

AdamsTebbKitchens Unit 41, Millennium Rd Airedale Business Centre **Skipton Limited**

Skipton, BD23 2TZ Tel: 01756 792060



Maxfields Ltd

Design & Supply of Quality Kitchens & Bedrooms

Richard & Mary Maxfield



For Free Survey & Quotation Please call

Unit 5. Gate 4 Sidings Business Park Skipton, BD23 1TB

01756 797378 (w)

07740 204005 (m) 01756 752312 (h)

rich.max@totalise.co.uk www maxfieldsltd co.uk

GG Fabrications

16 Airedale Avenue, Gargrave BD23 3SD 01756 749234 07918 020936

gj_gilman@yahoo.co.uk

Visit our website at www.ggfabrications.com



Specialists in High Quality Wrought Ironwork

Domestic, Ornamental and Commercial:
Railings, Gates, Handrails, Steps, Security Grilles

John Metcalfe Plumbing Services

Plumbing Central Heating Bathrooms Tiling Kitchens Landlord Checks Gas Services

mex34@aol.com

01756 748411 07779 724328



Dodgson Bros Plumbing, Heating & Electrical Engineers

Bathrooms - Boilers - Under floor Heating Installers - Part & Full Rewires
Gargrave 07894 113755 dan@dodgsonbros.co.uk







Plumbing Potts

Heating and Plumbing 07533 551700

28 years' experience and 2nd generation in the heating trade.

For all your heating and plumbing requirements... call me Shane Potts for a free no obligation consultation.



Gargrave based



B. J. & D. ATKINSON

"Craftsmen Decorators"

for over 40 years

Est. 1979

Quality Preparation & Decorative Finishes in . . .

- Painting
- Paperhanging
- Broken Colour Work
- Marbling
- Local Family Firm

~ FREE ESTIMATES AND ADVICE ~ ~ INSURANCE QUOTES ~

ALL INTERIOR & EXTERIOR DECORATION

Please call: 01756 748 207 Mobile: 07761 757 216 Email: brianatkinson386@btinternet.com





The sign of a quality decorator

DISTINCTIVE DECORATING APPROVED BY DULUX

VISIT "DULUX SELECT DECORATORS" B. J. ATKINSON FOR REFERENCES!

SH Plastering

ssholman1990@gmail.com

07481 483395

Spencer Holman

Decorator-HandymanPaul Maslin Gargrave

Careful & tidy

V. low odour fast-dry paints

office@maslin.biz 07958 646509 01756 748538

Melvin Halstead Painter & Decorator

Interior & Exterior
Over 40 years' experience

High Quality Work C.I.T.B registered

Call 07818 401993 for your Free Estimate
Visit me on Facebook



Rooflines Double Glazing

- Gutters
 Windows
- Soffits Doors
- Repairs
 Repairs

Contact David Eliott for no obligation quote: 01756 dave@goldcrestglazing.com

www.goldcrestglazing.com

630412





SKIPTON **ELECTRICAL**



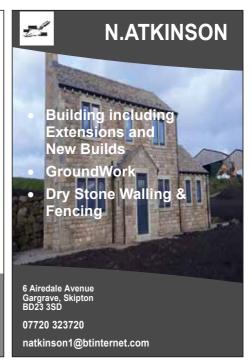


Domestic, Commercial, Industrial, Re-Wiring & Repairs

Part P Registered Company

Landlord Checks, Alarms and **FREE QUOTATIONS**

01756 748 001 07970 173 875 skiptonelectrical@gmail.com





NEED A LOCAL ELECTRICIAN THAT YOU CAN RELY ON?

- Property Rewiring
- Security Lights
- CCTV Systems
- TV Access Points
- TV Aerial Installation
- Power Socket Installation

- Light Switch Installation
- Underfloor Heating
- PAT Testing
- Fire Detection Systems
- Carbon Monoxide Detectors
- General Maintenance & Repairs

www.kmselectrical.co.uk

Over 20 years' experience

Based in Gargrave



HALL AND JAMESON

Building Plastering Roofing

Richard Hall 07855 751470 Liam Jameson 07894 035837

Gargrave Dental Surgery

18 East St, Gargrave BD23 3RS

The Surgery is open for routine dental treatment.

We are currently accepting NHS and Denplan patients.

For an appointment, please contact 01756 748339

I T HELP

Problems With Your PC? Taxed by Your Tablet? Vexed by a Virus? Worried by WiFi?

Friendly, local and helpful Call Andrew on (01756) 796802 or 07890 673706



If you have an old clock, watch or barometer

that is in need of a service or repair

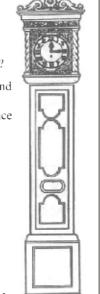
Why not let me help?

Collection, Delivery and Free Estimates are all part of my service

Colin S Nesbitt (Grassington)



01756 751946 07719 943424 simsnesbitt@live.co.uk





Hugh Woolmore

Television Services

TV, Audio and Video Engineer Over 25 years with SLATERS of Skipton

Repairs, installations an setup of Digital TV, Plasma, LCD, Video, Satellite and Digital recording appliances Satellite & Aerial extensions - LCD & Plasma wall mounts

Phone: 01756 799892 Mobile: 07754 469404 hugh.woolmore@btinternet.com



Gargrave Women's Institute

Meetings held 2nd Wednesday of the month 7pm in the Village Hall

New members and guests always welcome Speakers, demonstrations, lunches, outings and more throughout the year

For more info call Glenys on 07715 878709 or email 1celt1saxon@gmail.com

Organ & Piano

lessons by Sue Watkiss 01756 798660 07753 839065 sue@suewatkiss.co.uk

www.suewatkiss.co.uk

GARGRAVE C.E. (V.C.) PRIMARY SCHOOL

"Work with all your heart" Love, Peace, Hope



- Set in the heart of Gargrave with fantastic spacious grounds, providing a safe and nurturing environment where all will flourish.
- Gargrave is a rapidly improving school offering a broad curriculum and many extra-curricular activities.
- Out-of-school provision, 'Triangle Club' club offers wrap-around childcare from 7.30am - 6.00pm every day.
- School transport for villages nearby.

For further information, please contact Headteacher - Mrs Sarah Peel 01756 749433 Email: admin@gargrave.n-yorks.sch.uk www.gargrave.n-yorks.sch.uk