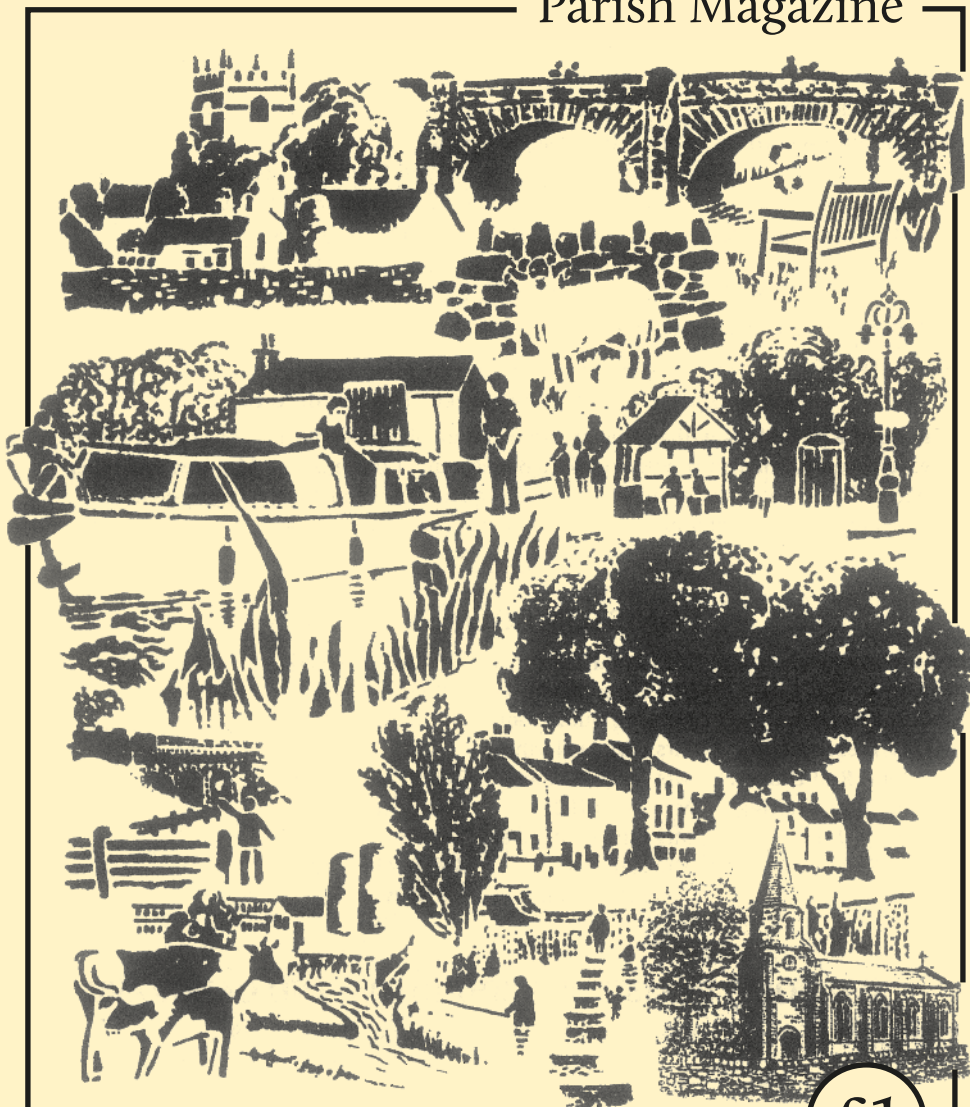


# GARGRAVE & CONISTON COLD

Parish Magazine



MARCH 2023

£1



## CONTACTS

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### **St Andrew's Church, Gargrave**

Vicar	Rev Andrew Steer	<a href="http://www.standrewsgargrave.org.uk">www.standrewsgargrave.org.uk</a> 749275   07906 554938 <a href="mailto:andrew.steer@leeds.anglican.org">andrew.steer@leeds.anglican.org</a>
Associate Priest	Rev Sue McWhinney	07484 181699   01729 830293 <a href="mailto:sue.mcwhinney@leeds.anglican.org">sue.mcwhinney@leeds.anglican.org</a>
Churchwardens	Jennifer Rowlands Norma Brothers	07897 657618   <a href="mailto:jennrowlands@gmx.com">jennrowlands@gmx.com</a> 07862 231691
Organist	Susan Watkiss	798660   <a href="mailto:sue@suewatkiss.co.uk">sue@suewatkiss.co.uk</a> 748977
Treasury team	Helen Wilson	<a href="mailto:helen_thunder_bay@hotmail.com">helen_thunder_bay@hotmail.com</a>
Gift Aid	Joanne Ackroyd Sarah Curtis	<a href="mailto:djjoanneshaw@googlemail.com">djjoanneshaw@googlemail.com</a> 748510   11 Marton Road

### **St Peter's Church, Coniston Cold**

Vicar	Rev Andrew Steer	As above
Churchwarden	Nick Bannister	Airebridge Farmhouse, Bell Busk 01729 830157
Treasurer	Carol Saxby	
PCC Secretary (Acting)	To be advised	
Electoral Roll	To be advised	

### **Gargrave Parish Council**

Clerk	Kathryn Ashby	<a href="http://www.gargravepc.org.uk">www.gargravepc.org.uk</a> 668209   <a href="mailto:gargravepc@yahoo.com">gargravepc@yahoo.com</a>
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### **Coniston Cold Parish Council**

Clerk	Rachel Jones	748125
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### **Gargrave C of E Primary School**

Head teacher	Sarah Peel	<a href="http://www.gargrave.n-yorks.sch.uk">www.gargrave.n-yorks.sch.uk</a> 749433   <a href="mailto:admin@gargrave.n-yorks.sch.uk">admin@gargrave.n-yorks.sch.uk</a>
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### **Gargrave Village Hall**

Bookings	Christine Town	<a href="http://www.gargravevillagehall.org.uk">www.gargravevillagehall.org.uk</a> 749730   <a href="mailto:bookings@gargravevillagehall.org.uk">bookings@gargravevillagehall.org.uk</a>
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### **Coniston Cold Village Hall (The Richard Tottie Memorial Hall)**

Bookings	Vacant
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### **Parish magazine**

	Clare Maslin, Richard Smith and Sarah Barton	<a href="http://www.standrewsgargrave.org.uk">www.standrewsgargrave.org.uk</a> <a href="mailto:gargraveparishmag@gmail.com">gargraveparishmag@gmail.com</a>
Editors		
Advertising	Kim & Les Hatfield	<a href="mailto:parishmagads.gargrave@outlook.com">parishmagads.gargrave@outlook.com</a> 07711 718153
Subscriptions	Tony Wimbush	<a href="mailto:gofar99@googlemail.com">gofar99@googlemail.com</a>

### **Craven Herald Neighbourhood News correspondent for Gargrave**

Caroline Thompson [caroline@sandjsthompson.co.uk](mailto:caroline@sandjsthompson.co.uk) | 749235 | 07989 585564



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*Adverts can be included throughout the year*





Photo by Annelies Van Oyen

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**Advertising:** Les & Kim Hatfield  
07711 718153  
parishmagads.gargrave@outlook.com

**Subscriptions:** Tony Wimbush  
749917 gofar99@gmail.com

**Editorial:** Clare Maslin, Richard Smith  
and Sarah Barton  
gargraveparishmag@gmail.com

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### **The forgotten disciplines of Lent**

As we see the days lengthen and sense the first hints of spring in the air, it is natural that we look ahead to the excitement of long summer days, holidays and warmer weather. With the King's Coronation adding extra excitement with a bonus bank holiday, it seems that we are all set for a year of celebration and good things to enjoy. However, the church calendar leads us into a different rhythm of life – before summer there is the major feast of Easter, and before that is the old-fashioned period of Lent.

Lent is the 40 days from Ash Wednesday to Easter Sunday and is meant to reflect the 40 days that Jesus spent in the wilderness preparing himself for His destiny. The traditional Lenten disciplines consist of fasting, almsgiving and prayer.

In a society where many people have plenty and food is easily available – so much so that we even have to find ways NOT to chuck it out, fasting seems anathema, and perhaps more so when many cannot afford to eat, it might seem insulting not to enjoy food when we can get it. But the centuries old discipline of fasting has much to its advantage. The habit of intentionally missing out on a meal can actually be very good for us, resting our digestive system and focusing our minds, helping us to think more clearly. It can also help with weight loss and assist us in that fashionable habit of 'detox' when we allow our bodies to naturally cleanse themselves. A bit like 'Dry January' or 'Stoptober', a period of reduced calorie intake (so long as it is medically advisable) can bring great benefits.

Almsgiving is the old-fashioned word for giving clothes, food or money to the poor and is something many people do on a regular basis – perhaps via donations to charity, supplying food to Foodbanks or our own Community Larder at St Andrew's. However, 'the poor' is not a term we often use these days unless we see destitute people sleeping in shop doorways. What is more likely today is people and families who, through changing circumstances, find themselves unable to make ends meet. There are many people who strive to put on a brave face to the world, but behind closed doors live in fear of debt-collectors, making impossible decisions about whether to spend money on food, heating or rent/mortgage. Perhaps it is time to redefine 'poor' and open our eyes to the needs within our own community, as well as internationally. In a world where 5% of people own 95% of 'stuff' there is no logical explanation as to why so many people are struggling – other than greed.



The final discipline is that of prayer. Too often when we read this word we think of the groveling pleas of a 'sinner' on their knees, meekly confessing their wrongdoing, but we miss the point. Prayer is a beautiful habit which anyone can enjoy and really it is about spending time in the company of God. Think of mindfulness but on another level – a conversation with a person who loves you intimately just as you are and who wants to hear about your hopes, your dreams, your concerns, your fears – and yet that person is the very same supernatural Being who created life, the universe and time itself. Prayer is the simplest yet most profound utterance of the heart and research shows that people who pray live happier, longer lives.

Why not join in with Lent – fast, give and pray and see where it leads you?

## DIARY FOR MARCH

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### Coniston Cold

- Sun 5      Compline evensong, 4pm, Church
- Sun 12     Prayer book Communion, 9.30am, Church
- Sun 19     Compline evensong, 4pm, Church
- Sun 26     Prayer book communion, 9.30am, Church

### Gargrave

- Wed 1      Parish Council meeting, 7.15pm, Village Hall Annexe.
- Thurs 2     Gargrave Community Meal (every Thursday), 5 – 6.30pm, Neville Crescent Common Room. For more details see p.7.
- Fri 3        Coffee morning (every Friday), Neville Crescent Common Room, 10 – 12am. Coffee and biscuits £1.  
Gargrave Show Dance, Village Hall. Contact Lisa for details (01756 749320).
- Sat 4        Book Fair, 10am – 4pm, Village Hall. Light refreshments. 50p admission.  
Coffee Morning, 10 – 12am, St Andrew's Church. For more details see p.6.
- Sun 5        Prayer book communion, 8am, Church.  
Breakfast 10.30am followed by 11am Family service, Church.
- Mon 6       Coffee Monday (every Monday), 10.30am – 12pm, Church.
- Wed 8       Lent Course "Unanswered Prayer" (every Wednesday), 2.30 – 4pm, Vicarage, Church Street. For more details see p.5.



- Thurs 9 Election, Village Hall. Please contact the Parish Council for further details.
- Fri 10 AGM for GNAT (Gargrave Needs A Toilet), 6pm, 2 Riversway, Gargrave, BD23 3NR. All welcome. Contact Bee on 07778 980994. Picnic Supper Dance with live music from Silhouette, 7.30 – 11pm, Village Hall. £6 admission.
- Sun 12 Prayer book communion, 8am, Church.  
Sung Eucharist, 11am, Church.  
Gargrave Village Hall Management Committee Collectables and Craft Fair, Village Hall, 9.30am- 4pm. Light refreshments. 50p admission.
- Fri 17 Library film night: Mrs Harris Goes to Paris, 7 for 7.30pm, Village Hall. For more details see p.6.
- Sun 19 Mothering Sunday  
Prayer book communion, 8am, Church.  
Morning Worship, 11am, Church.
- Sat 25 Spring Fair, 9.30am – 3pm, Village Hall. For more details see p.7.
- Sun 26 Prayer book communion, 8am, Church.  
Family communion, 11am, Church.  
Broadway Fairs Flea Market and Collectable Fair, 10am – 3.30pm, Village Hall. Refreshments available until 3pm. 50p admission.

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## EVENTS

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### Lent course: Unanswered prayer

*Revd Andrew Steer*

During Lent I will be running a weekly course compiled by Pete Grieg on the difficult topic of unanswered prayer. The course starts on Wednesday 8 March at 2.30-4pm in the Vicarage. Please sign up on the sheet at the back of church if you are interested in taking part.

### Craven Conservation Group talk

*Zoe Pickup*

On Thursday 16th March at 7.30pm the Craven Conservation Group present a talk by Liz Groves on the Craven Badger Group Forum.

Venue: Settle Methodist Church.



## Library film night (17 March) and news

*Dave Smith*

On the **17th March** we will be showing the widely acclaimed film "**Mrs Harris goes to Paris**". This comedy drama tells the story of a widowed cleaning lady in



1950s London who falls madly in love with a couture Dior dress and decides that she must have one of her own. After she works, starves, and gambles to raise the funds to pursue her dream, she embarks on an adventure to Paris which will change not only her own outlook, but the very future of the House of Dior.

The film stars Lesley Manville, Isabelle Huppert and Jason Isaacs.

The customary Cafe style seating will be in place, so please bring your own refreshments.

The Village Hall doors open at 7.00pm with the film starting at 7.30pm. Tickets are £5.00 on the door with under 16s free. Sorry but we can only allow Guide Dogs into the Hall.

On the 28th April we will be showing a comedy mystery "**See how they run**".

All proceeds from the film nights go towards the running costs of the Community Library and the Library Committee thank you for your support.

Book borrowing levels at the Library have now reached 90% of pre-covid levels which is above the NYCC average of 83% which in turn is above the national average. Well done everyone and if you have not visited the Library you should call in to find out what you are missing!

In addition to the traditional role of a library we have helped those customers without access to IT to receive the Household Support Fund. A big thank you to our volunteers both new and old who have managed to steer their way through the Household Support Fund application process.

The **2nd March** is World Book Day and the Library Service is running a number of initiatives with the local schools.

Finally, the Library has always been run by NYCC Library Service so the abolition of Craven DC on the 1st April will not affect the Library.



## Coffee Morning in aid of Turkey and Syria earthquake relief – 4 March

There will be a coffee morning on Saturday 4th March from 10am to 12am at St Andrew's Church, with a cake stall. All the proceeds will go towards earthquake relief in Turkey and Syria.

Do come along!

## Community Meals, Thursdays throughout March

*Clare Maslin*



A hot meal—main course and pudding—will be served on Thursday 23rd February and then each Thursday through March in the Neville Crescent Common Room next door to Neville House in Gargrave.

This community meal is a St Andrew's church initiative with the aim of sharing homemade food in a warm place with some good company! Bring your family, come after work, any time between 5 and 6.30pm. There's no set charge, pay what you feel.

All are welcome, just book your places and flag up any special diets on 07897 657618!

## Social Stroll (Friends of the Dales) – 22 March

*Victoria Benn*

**Social Stroll** - Wed 22 March 2023, 9.30am – 1pm

After meeting at Skipton Bus Station, walkers will take the bus to Gargrave, returning to Skipton by the canal tow path.



This walk is free, but booking is essential as numbers are limited. To secure your place email: [victoria.benn@friendsofthedales.org.uk](mailto:victoria.benn@friendsofthedales.org.uk).



## Spring Fair – 25 March

*Sarah Barton*

Gargrave Guides, Brownies and Rainbows are hosting a Spring Fair on 25<sup>th</sup> March to raise funds for rebuilding Birk Crag Centre near Harrogate. The vision is to create a fabulous, environmentally-friendly venue for Girlguiding, Scouting and local community groups to use on a weekly basis and also for residents. The project is well underway but we still need to raise funds to complete the final fitting out so that we can begin to welcome groups to the centre.



Finer details of the Spring Fair are yet to be decided but there will be a wonderful array of crafts to browse through and refreshments will be available.

Please come along and support us. We'd love to see you there!

## A Walk in the Dale - 7 April

*Paul McWhinney*

Last Easter more than 25 of us from Malhamdale enjoyed 'A Walk in the Dale' on Good Friday. We managed to avoid the crowds and stayed locally, venturing what for many was somewhere slightly different, and I am planning something similar for 7th April - Good Friday - this year.



We will leave Gargrave (St Andrew's Church) at 9am, walk to Airton, and thence to Kirkby Malham for lunch before returning via St Peter's and Coniston Cold to Gargrave for about 5.30pm. The walk will be about 14 miles / 22.5Km at a



relaxed pace, and there will be opportunities to join later or walk a short section if you wish.

More details will be available closer to the date, but do get in touch if you'd like to know more.

Paul McWhinney, The Vicarage, Kirkby Malham, 07973 396948 |  
phm@mcwhinney.info.

*Bee and Duncan  
Faulkner*

## **Date for your diary: Gargrave Open Gardens**

This year's Open Gardens weekend is planned for 17-18 June.

### **Plant Sale in Aid of Church Funds**

**In May we are planning the annual Summer Seat plant sale**

**Help by**

**Sowing, a few seeds in a pot**

**Popping a divided perennial in a pot**

**Potting a few Summer bulbs**

**Anything unusual to add interest to the sale**

Please add a label, name a flower colour and variety. All offers will be gratefully accepted.  
Dates and further details to follow in later issues of Parish Magazine

## **Events at Kirkby Malham Parish Hall**

*Revd Sue McWhinney*

**DROP IN FOR A DRINK! - Every Monday from 5 to 7pm**

Come along and enjoy a convivial drink. Bar open. Tea and Coffee available.

**Film Night - Saturday 11th March at 7pm**

'Where the Crawdads Sing'

We have a new projector now, so the screen size is bigger, and the sound is good! £7 includes pie and pea supper (Veggie option)

**Kirkby Malham Parish Hall AGM - Wednesday 22nd March at 7pm**

Please come along and find out more about what we are doing on behalf of the community.



We are looking for new committee members to help make the Hall a thriving community centre.

### **Spring Fair – Monday 27th March, 5 to 8pm**

Please contact Gill O'Neil to book a table. 07840 962937, The Old Barn Cafe, Malham

### **SAVE THE DATE! – Callum Spencer – Saturday 6th May**

An evening of live music from this fabulous local singer-songwriter and guitarist. Tickets £12. More details nearer the time

Please look out for news of other events including our regular Film Nights on village noticeboards and our FB page:

[www.facebook.com/MalhamdaleParishHallKirkbyMalham](https://www.facebook.com/MalhamdaleParishHallKirkbyMalham)

Any enquiries re events or bookings, please email Sue on [malhamdaleparishhall@hotmail.com](mailto:malhamdaleparishhall@hotmail.com) or call 07484 181699

## **NEWS**

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### **2023 Parish Magazine Annual Subscriptions Reminder**

*Tony Wimbush*

These are now overdue. If you have not returned your subscription envelope to your deliverer, could you please do so within the next 7 days in order to ensure you receive the April issue of the magazine. Similarly if you no longer wish to receive the magazine then please let your deliverer know so that we are not printing surplus copies. Thank you.

### **Gargrave Church of England (VC) Primary School**

*Sarah Peel*

*'Whatever you do, work at it with all your heart, as working for the Lord'*

**LOVE, PEACE, HOPE**

On the 1st of February, 13 of our children travelled to the AO Arena in Manchester to take part in the Young Voices Choir. The children had been practising the songs for months and it was finally time for the live concert. On arrival, we found our seats and put our banner up so the audience could see where we were sitting. We then had a full afternoon of rehearsals with the live band, conductor and creative director, alongside many other schools. After this, we ate our tea and prepared ourselves for the big show. Parents, carers and family members came to watch as we sang, danced and performed with some



famous acts such as Heather Small and The Beatbox Collective. It was a long and tiring day, but definitely worth it! It was a great experience for all involved.



Here's our banner so that our families knew where we were sitting.



Here we are setting off on Emmadale minibus to Manchester Arena

In our Young Voices T shirts





## St Andrew's Family Service Review - 5 February

2023

*Peter Gardner*

So – today, we were going to focus on Candlemas. Great – but what is it? Well, I didn't know – so I looked it up on the Church of England website and apparently Candlemas, "marks the Presentation of Christ in the Temple, when Jesus was offered to his Father and revealed as the future Saviour of all people". Well – we got it right then, here at St. Andrews, because the bible reading was about exactly that and what's more, as the account was read, it was acted out at the front of the church so we really got an the idea of what went on in the temple on that day 2000 years ago.

Ok – but why, I wondered, was it called Candlemas? Do candles have anything to do with it? Yes, indeed they do. Candles were very much in evidence that day – as they always are at St. Andrews. We pretty-much always get lit up here. I'm sure the candlemakers of Yorkshire need have no fear of redundancy while St. Andrew's remains. We have small ones, fat ones, thin ones, white ones, even the occasional red one – and today, one big tall one on a stand way above Jen's head, which she only just managed to light (NB. note to the PCC – consider whether to get a stepladder for assisting candlelighters). What are they for, I ask myself (the candles, not the PCC)? Well, they're symbolic. In the bible, Jesus is described as the Light of the World. He came to illuminate our spiritual darkness, to bring spiritual truth and the knowledge of God – spiritual en-light-enment, in fact. That's what those candles represent and we can have that spiritual enlightenment on the inside, too, as was explained during the service.

Well, Jen's tall candle represented Jesus and the light he brought, and in a very clever illustration, candles were given to all the congregation and one small candle was lit from the tall candle. This was then used to light other candles and as people in the congregation lit their neighbours' candles from their own, the light was spread far and wide. This illustrated how the spiritual enlightenment which Jesus brought through his teaching, is still being transferred from one person to another as the gospel is preached.

That really was the essence of the proceedings, but for completeness, I will mention that there were also prayers, worship songs and breakfast, and finally, the blessing by Andrew of St. Andrew's, followed, unusually, by the worship group marching out to the hymn 'We are Marching in the Light of God' – an appropriate end to our Candlemas service.



## News from the Belfry

*Ali Lucas*

This month I am returning to our series of 'Meet the Ringers' and it is the turn of Wendy Hall. Wendy moved to Gargrave about eight and a half years ago. She is now retired, but you may recognise her face from the library where she works as a volunteer librarian. When she is not immersed in a book Wendy is also often seen pounding the pavements and footpaths on one of her runs. She is a member of Park Run and also loves walking with the U3A and friends.

You wouldn't think there was much time left for bellringing, but Wendy became interested after seeing the piece in the parish Magazine about our Open Day back in 2021. She came along, had a chat and the rest is history!

Wendy says the trickiest part of ringing is learning to handle the bells. This can take quite a few months for most people and we usually do it in individual or small group sessions, whilst you increase your confidence to ring with the rest of the band.



It really wasn't long before Wendy was joining us on a Monday evening and she is now a regular ringer on Sunday mornings. She says 'everyone is so friendly and encouraging - you feel part of the band and it is very satisfying when you ring well. It has been a great honour to ring for Queen Elizabeth's Jubilee and to mark her passing. I am looking forward to ringing for King Charles's Coronation'. And to anyone out there who might be thinking about it her message is 'give it a go, if I can do it anyone can'.

If you live in the village you will probably hear us practising on a Monday evening. If you would like to come up and have a look at how it works before committing to anything, come along to the church at 7.30pm, we're a friendly bunch and always pleased to share the joy of ringing.

## Coniſton Cold Young Farmers Club

*James Mellin*

The new year started with our annual show meeting, after last year's show being such a success on a Sunday, it was decided to do the same for 2023. So, the date for your diary is Sunday the 13th of August! Come along and watch the local young farmers showing their stock, baking, produce and art work! We finish the day with afternoon tea in the Richard Tottie Memorial Hall. Join us and have a great afternoon out!



On Tuesday the 17th of January a large group of members travelled to Ingleton Climbing Wall where they took part in two activities, firstly climbing with a harness and secondly, bouldering (climbing without a harness). This is always a popular night out with all the members.



Later in January we gathered at Malham village hall where we judged traybakes, this included tasting and judging their appearance. Each traybake was marked A,B,X,Y and we place them in the order we think is best on our judging card. We then write down our reasons for the placings, we are then judged on our accuracy of observation, our description, style and ability to convey what we have seen. Many thanks to the Wellock family for doing the baking, also thanks to Mrs Darwin and Mrs Bland for judging.

January ended with the annual Settle district dominoes match at Ribblesdale Rugby Club. All four clubs had a great night meeting up together.

For this month's activities call 01729830123.

## Plastics why are they such a problem and what can we do?

*Chris Bolas*

No doubt you have seen the impact of plastics in the oceans through watching David Attenborough programmes on the Blue Planet. It brought to world-wide attention the harmful impact of plastics on sea-life. Since then, there has been increasing awareness of micro-plastics being found in the fish and crustaceans which we eat and are even found in human cells. No one knows yet knows what the health impact of this will be.



The thing about plastic is its durability, this is what makes them so useful but it is also what makes them an enormous problem. The amount of plastic produced between 1950 and 1970 was relatively small. However, by the early 2000s the amount of plastic waste generated rose more in a single decade than it had in the previous 40 years. Today the world produces 400 million tonnes of plastic every year of which 80% of which becomes waste. As I have mentioned, plastic is very durable and takes a very long time to decompose. In land-fill plastic can take up to 1000 years to decompose, whilst a plastic bag takes 10-20 years, a plastic bottle takes 450 years (*UN environment Programme*).

Sometimes these problems seem all too big to cope with. So how do we empower ourselves to move from feeling overwhelmed by the problem to a point where we feel can do something about it. In order to help, I have put together some information including some useful tips from a Guardian article by Emma Beddington.

- Try to eliminate as many single-use plastics as you can, because only 20% is successfully recycled currently.
- **Kerb side recycling** - Use household recycling as much as possible.
- **Flexible plastics** - Supermarkets are now recycling crisps packets and any of the clear films which are used to wrap vegetables, ready meals etc. If the film springs back into shape after it's been crunched up, it's ok to recycle.
- Pet food pouches can also be recycled with flexible plastic at the supermarket.
- Coffee pods like Nespresso can be recycled at Morrisons and Ocado and some local authorities will collect them (but not ours yet).
- Cables and chargers visit <https://www.recycleyourelectricals.org.uk/>.
- Pill blister packs are tricky but try Boots and Superdrug, some GP practices are trialling collection.
- **Glasses** – can be reused via Specsavers and Boots.
- **Cosmetic containers** – Recycle mascara, lipstick, makeup palettes and travel miniatures via Boots in Skipton.
- **Dental Stuff** - a big problem, think about using natural alternatives, but Boots will now take toothpaste tubes.
- The pumps from soap and shower gel cannot normally be recycled, (they have metal spring in them) but they too can also be recycled by Boots. Better still go back to soap and use shampoo and



conditioner bars, they work just as well and make you feel good too. (The gift shop in Craven Court has a variety for different hair types).

- **Compostable and biodegradable plastic** – put into general waste as it will decompose in a reasonable amount of time. This cannot be recycled in kerb side recycling.

None of this is easy, but it is worth it. Take a bag of recycling when you go shopping and then you will not forget to have a bag to take your purchases home in!

## Gargrave Village Hall news

*Caroline Thompson*

How quickly we seem to approach yet another month in the year and how many of us are still reliant on a calendar to keep us abreast of events, meetings, appointments, and birthdays. Hopefully not too many people now use their phone or other digital methods for their date reminders for we may just have that perfect calendar for you in 2024! Lynn our brilliant cleaner at the Village Hall is not only a conscientious, reliable, and friendly employee but also a dedicated and hands on Grandma to nothing short of a football team. In the little spare time she does have she takes some great photographs of her local surroundings and on occasions we both have a photo published in the Craven Herald in the Readers Photo section. Last month we both had one published in the same edition which led us to a bit of light-hearted phone messaging. Lynn with a smiling emoji said we should produce a calendar to sell for Village Hall funds and that short message was enough to sow the seed for our new project. We hasten to add that we are not going for the trend of removing any clothing for our calendar! The images will purely depict the lovely scenery we are surrounded by in our daily lives and much of it within walking distance of our homes in the Village. I am currently researching the cost for printing the calendar and hopefully if it is financially viable to produce one, we shall have it on sale leading up to Christmas. We shall keep you updated on the progress in future editions of the magazine.

One special date for this year's calendar is of course the Coronation of our King. We thoroughly enjoyed organising last year's Platinum Jubilee celebrations and we are pleased to announce the claiming date of Sunday 7<sup>th</sup> May when we shall be holding an afternoon tea event with live music from local group, Silhouette. The event is by pre booking only. Please call 07989 585564 to reserve your ticket. Afternoon tea will be served in the interval and a right royal raffle will be drawn with all prizes related to something regal. We may have a little bit of royal memorabilia on display too.



We have now received our first energy bills since coming out of contract, and though prepared for an increase it was still a shock to see the amounts in black and white. We are indebted to the work of one of our committee members who has given up much of his time to prepare a detailed assessment identifying some of the areas where we may be able to make savings on energy . We shall now be able to work through some of the recommendations and prioritise some of the work which is needed. The study showed that the Village Hall in general is in a reasonable condition, but the age and construction do hamper the energy efficiency of the building. Insulation in some areas may need to be upgraded, draft proofing would help in many of the rooms, sensor lighting would be beneficial in corridors and reflecting panels behind radiators was a recommendation.

We also registered our interest with Craven District Council who were offering a free energy survey for decarbonising community buildings but this may be a bit of a white elephant as in their reply they said there was so much interest shown in the project that they do not have the funding or time to visit all of the interested parties. I got the impression that only the buildings with highest energy consumption would be considered and the area was not just Craven but also Hambleton, Harrogate and Selby. Initially we felt that we may be able to pool the findings of our own survey together with that offered by Craven District Council. However, this may not now be the case but Alan our very own decarboniser has done a great job with his findings. We are indeed very lucky with our committee members who voluntarily give up their time and knowledge. Alan has also sent out requests to local contractors to perform a survey regarding the feasibility of installing solar panels to the roof structures at the Hall. However this may be a long process as demand at present is so great and many companies appear to have backlogs with their work. Hopefully new LED lighting will be fitted in the Hall within the next few weeks, and we are looking into the prospect of possibly purchasing two new boilers which will heat the main hall, side rooms, foyer and library. The old boilers are aged and becoming increasingly unreliable. New ones would be more energy efficient and have a lengthy guarantee. We have many important decisions and much to discuss over the coming months.

## Gargrave Pantomime Group

*Sarah Barton*

Now that our brilliant show has come to an end, here's a look back at some cast photos from our dress rehearsal (see overleaf). We hope that all who came to see us enjoyed being in the audience as much as we enjoyed putting on the show. Look out for the review in next month's magazine!





© Photos courtesy of Sheila Bloomfield

### Call for help!

At Gargrave Pantomime Group we are planning something big for our 60th anniversary celebrations in 2024. As part of these celebrations we are keen to get our archives in order. If you'd like to help with this, or for now would just like more details as to what this would entail, please email [gargravepanto@gmail.com](mailto:gargravepanto@gmail.com)



to let us know. Please also get in touch if you have any Gargrave Pantomime stories or photos to share from years gone by!

## **Gargrave cricket club: players welcome**

*Robert Storr*

We are back!

Cancel your Thursday evening plans from 2nd March.

Head up to Upper Wharfedale sports hall at 18:30 and we'll see you there.

New players always welcome! Drop us a message if interested

Founded in 1852, we are one of Yorkshire's oldest cricket clubs. The club has two senior teams. Both play in the Craven and District Cricket League. The 1st XI play in Division Two and the 2nd XI play in Division Four.

We also welcome anybody who is interested in cricket to help maintain our wonderful club.

<https://gargrave.play-cricket.com>



## **Gargrave bowling club**

*Martyn Cox*

Hopefully winter is drawing to a close and the first signs of spring will soon be appearing. It is very much the same at the bowling club where we will soon be able to see results of the intense work carried out on the green last autumn.

We have held our annual general meeting and all officials and captains have been appointed. One major change is that our previous president Dave Garnett has relinquished this position after 4 years at the helm. I would like to record my personal thanks to Dave who has inspired the club to support various charities over the years.

The start of our 2023 season is fast approaching with league games due to start in mid-April. The actual opening date of the green is not certain at the moment. It will be at the earliest possible date depending on the weather and the greenkeeper giving the go-ahead. This date will be advised to all members as soon as it is known.



We will continue to encourage new members to join us in 2023. Our Sunday afternoon social days will recommence and any interested parties are most welcome to join us. As well I will be offering coaching/instruction to anybody who wants to try the game for the first time. Please call me on my mobile 07745 018 459 and we can arrange a session.

Finally I'd like to wish everybody a happy and healthy 2023.

## **Craven Lawn Tennis Club AGM - 8 March**

*Beth Whitley*

The Annual General Meeting of Craven Lawn Tennis Club will be held on Wednesday 8th March 2023 at 8pm in the Clubhouse. Prior to the AGM there will be a Committee meeting at 7.15pm. All members are welcome to attend and please bring your own refreshments if desired. Anyone wishing to know more about the club is asked to contact the Hon Secretary, Beth Whitley, at [secretary@craventennisorg.uk](mailto:secretary@craventennisorg.uk).

## **News from Gargrave 2022 Group**

*Sarah Kirk*

Another lively meeting, at which we welcomed new members and visitors, marked the official start of our 2023 speaker programme. At Christmas we celebrated our first anniversary as a group with a festive meal and quiz, and in January the AGM re-stated the group's purpose of enjoying fun, friendship and fundraising for local good causes.

Our booked speaker was unfortunately indisposed but our very own Cynthia Hardyman, never one to shirk a challenge as we soon learned, calmly dealt with a brief difficulty in the foothills of technology, and then swept us all to western Peru, describing with insight, empathy, and of course much enthusiasm, her trek along the 70 mile, high altitude Alpamayo trail in the Cordillera Blanca Mountain range. And yes, Paddington came too!

Although only 8 degrees below the equator, the area is not typically tropical. The coastal area is arid desert with, as Cynthia and her fellow trekkers discovered as they acclimatised to the higher altitude, lush valleys in the hinterland. A botanist by training, Cynthia observed women drying sweetcorn and chillis in the strong sunshine, and sorting lupin seeds, a "super food" containing 40% protein. In these remote communities, plants provide remedies for minor ailments, soap, and fuchsia flowers are pierced and used as earrings!



Cynthia's highlight was seeing a wide, tumbling, Amazon tributary being crossed by assured locals on little more than a plank. When travelling in their bus along dusty, sometimes tarmacked roads, the group would come across enterprising locals standing in the middle of the road, mending a hole. As the bus could not continue it seemed only proper to "thank" the individual for their help. Cynthia with a wink, wryly noted that the hole might not have been there in the first place, but the endeavour was rightly appreciated.



The unsung heroes of the operation were the donkeys who carried a fortnight's worth of supplies, as well as all the other equipment required. Without halters and bridles they followed the tracks, negotiating, too, the shallow stone steps made during the time of the Incas, when human beings used the steps to swiftly carry messages between settlements.

Once the group entered the Huascaran National Park, they were greeted by magnificently attired Guardians who paused from their knitting or crocheting to ensure that the visitors had all the correct permissions to enter. Traditionally, it is the men who knit and the women who weave. Cynthia explained the fascinating language of hats. If a man is in a relationship he wears a white topped knitted red hat, if he is wearing it to one side, he is looking for love and if his hat is all red, he is married. Always handy to know next time you happen to be trekking in Peru. Thank you, Cynthia, for a splendid start to the group's adventures in 2023.

The next meeting will be held as usual at Gargrave Village Hall, 7-7.30pm, on Wednesday March 8. The admission fee of £4-00 includes light refreshments. Please look out for posters around the village for details of the speaker. All are welcome!

Apart from the regular monthly meetings, the group enjoys social lunches and days out together and, of course, being part of the group is a great way to make new friends, as many of us can testify! If you would like to join, or find out more about the group, please contact Glenys Riley: 0771 587 8709.



## Gargrave Parish Council Monthly Meeting, 8 February

*Kath Ashby*

Following on from last month when it was mentioned that there is a casual vacancy in the Office of Councillor for the Parish due to the resignation of Cllr Hughes. This would normally have been filled via the co-option process with zero cost to residents. Unfortunately, however someone in the village who thought it appropriate to trigger an election instead has obtained 14 signatures which triggered an election. This means an unbudgeted amount of £6000-£6500 will now have to be found to pay for the Election of a Parish Councillor.

The Parish Council were working on a plan to do a traffic calming chicane up by the Railway Station, plus another couple of projects which we now cannot proceed with. We have been officially notified by Craven District Council that they have received the following nominations for the election which will be held on Thursday 9<sup>th</sup> March in the Village Hall.

The following is a statement of the persons nominated for election as a Parish Councillor for **Gargrave**

Name of Candidate	Home Address
BURGESS Robert Foster	19 Park Croft, Gargrave, Skipton, BD23 3DY
STEELE Derek	8 Eshton Road, Gargrave, Skipton, BD23 3SE
THWAITE Nick	3 South Street, Gargrave, Skipton, BD23 3RT

### 1. Craven District Councillors Report:

Cllr Myers told the meeting that he has raised the matter of Kelber Farm with Environmental Health at CDC and will do so again. Regarding the falling wall up Church Street.

Cllr Myers congratulated Cllr Alan Sutcliffe who has been awarded Honorary Alderman for his 21 years' service to the people of Craven. We all give him our thanks for this service to our community and it cannot be underestimated. He has been Chairman of the Council, Chairman of Planning for years which is an unpopular task. He was also responsible for the Leisure Centre, Waste Disposal and the Bereavement Services.

I am sure I speak for everyone that we are all very grateful to Cllr Sutcliffe for his service. Congratulations.



The Chair asked if the CCTV could be chased up as the dog fouling was a very serious problem at the moment. The Parish Council have contacted Canal and River Trust to ask for permission to erect some of our CCTV signs along the Towpath which have now been put up as this is covered in dog fouling. It is such a selfish thing to do. Lesley Tate, Reporter for the Craven Herald asked about the pink spray paint she has seen around the village. The Chair explained that this is to alert people to the problem in the hope this will deter dog owners from allowing their dogs to foul and not pick up after them.

## **2. Police Report:**

There was no attendee from Yorkshire Police at the meeting as such these figures were taken from the Police portal, and are for December 2022 only.

- Vehicle crime 1
- Total of 1**

## **3. Public Participation:**

A parishioner told the meeting that people have been asking why the gate between the Playground and the Football Field is locked. The Parish Council decided to lock this gate as people were letting their dogs off to foul in the Playground, and again on the Football field this was a problem. Dogs are not allowed in the Playground, but locals and visitors were cutting through. Cllr Ward advised that only this week he had removed two amounts of dog fouling in the Playground.

A parishioner wished to highlight that thousands of tonnes of waste appears to be being transported to Kelber Farm, which appears to be being used as a plant hire company. He is not aware of "a change of use" being submitted to Craven District Council.

## **4. Trees:**

Cllr Ward told the meeting that as you all well know, we put an application in to Craven District Council for permission to remove eleven trees. The Parish Council have only received permission to remove 4 and we can deadhead two and we are going to pollard the one at Water Street. A large Willow fell across the river last November so we are going to pollard this one in the hope that it will sprout again and last a few years.

## **5 King Coronation:**

Cllr Hunter told the meeting that this would soon be upon us. Cllr Hunter also told the meeting that the Village Hall will be hosting afternoon tea on Sunday 7 May 2023 with live music. The Dalesman Café is preparing a programme of events and this will be sent out to all the residents in the village once this is agreed. One idea was to have children make crowns and then they are floated down the river to commemorate the occasion.



One suggestion was to place planters with red, white and blue flowers in by the signs entering and leaving the village.

Cllr Myers confirmed there would be monies available to fund some of these ideas. There will be a big event in Skipton too.

Our next meeting will be held on Wednesday 1<sup>st</sup> March 2023 at 7.15pm all are welcome.

## Meet the new Parish Councillor

*Karen Hunter*



Hello, I'm Karen Hunter. I was selected through the more regular inexpensive co-option process (alongside Cllr. Alan Sutcliffe) to become one of the two new Parish Councillors in Gargrave last autumn. As I am the lesser known of the two, prompted by a parishioner I decided to introduce myself. Before I do so however, I should like to offer my congratulations to the newly honoured Alderman Sutcliffe for his diligent service to the wider community.

My partner Mark and I had long aspired to, one day, live in the village we first fell in love with over 15 years ago. Metaphorically speaking, it has been a rather erratic and arduous journey across the Pennines! We somewhat rashly bought a half built house in Gargrave, whilst still running a business and renovating for sale our family home back in Lancashire. Needless to say, this took a lot longer than anticipated, due to the pandemic and the supply chain issues that followed.

I consider myself extremely fortunate to now live in Gargrave. I'm delighted to be working as part of a team to continue the stewardship of our lovely village. Gargrave was described to me recently as "a place where the beauty is stitched in". A sentiment, I know from speaking to those born & bred, as well as the "offcomenents" like myself, we all share.

I think it's in all our interests to preserve the inherent character of Gargrave: by supporting local businesses and the services they provide; by looking after our village environment and the green spaces we're so lucky to have on our doorstep; by backing British farmers and buying British produce and local products where possible.

Before joining the family business, I worked for twenty years at the "chalk face" as a secondary school teacher. In the last decade, I was a founder member of PN&D U3A being at different times its Social Sec, Trips Organiser



and Bridge Group Leader. In addition I've also served on the Community Association Committee at the Village Hall in Lancashire where I still play Badminton every Thursday. I try to keep fit with Pilates and walking. Walking is part and parcel of my daily life now. I no longer have to get into the car, to drive to a beauty spot, to get away from the traffic, in order to stretch my legs. An inexpensive pleasure I hope I never take for granted. I spend my money and my time off in this country, as I like visiting historical places with industrial architecture and see no sense in supporting a foreign economy just because they have less rain, when ours needs propping up too.

I'm passionate about looking after our environment. I consider litter to be the scourge of modern living and deplore our "throw away society". More on that topic next month, when I hope to provide details of an organised Litter Pick along the routes into our village, ahead of the main tourist season and the King's Coronation events.

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## FARMING ON SCALEBER HILL

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*John Hall*

The remaining sheep were duly scanned with results similar to the first batch in that numbers of lambs are slightly down – on the bright side not as many triplets meaning less pet lambs for Lisa!. However, much to Brian's disgust, the Herdwicks are nearly all scanned for twins. Being a mountain sheep 1 lamb is ideal. Despite all Brian's rants about the Herdwicks I think he secretly has a soft spot for them. They are very independent animals and are a very good test of a farms boundaries – if the sheep are at home the fences must be good! They are also always together – never mixing with any of the other sheep. Wherever they are, be that in the rushes, top of the hill or under the bushes, a white face with beady eyes will be watching you! If you have a sheepdog which can gather and pen a flock of Herdwicks it must have passed the test! I think they are good for training dogs, Brian thinks they would be better for feeding the dogs! Lonk and Herdwick sheep have been a hobby of mine for many years. I find them good to lamb, good mothers and can live to a ripe old age. However, both are now classed as rare breeds. The native breeds of sheep are much hardier than the continentals and are able to thrive in areas that other breeds can't. However, it is the modern continental breeds (i.e. Texel & Beltex) which are required by the butchers – as in all businesses it is the customer who holds the key. The best Lonks are found on the slopes of Pendle and the high bleak hills of the Huddersfield and Sheffield area. The Herdwicks on the Lake District Mountains. It would be a shame to lose the native breeds.

In accordance with the above the sheep have now been sorted with triplets and those in need of slightly better nutrition (older ewes, etc.) inside being fed ad-lib silage and cake (Coveys delectable rolls!). Twins are outside on



the same feeding regime. Singles are also outside on ad-lib silage with a small amount of cake to prevent over condition. All are given mineral buckets.

We have recently undergone our latest SAI Global Farm Assurance Inspection. Despite moans and groans about having to make sure everywhere is spic and span and all paperwork up-to-date it is good to have a straight edge once in a while. Having retained our assurance by demonstrating welfare standards and record keeping above and beyond the norm means our beef and lamb should earn a slight premium in the marketplace making the extra work worthwhile.

The final batch of dairy heifers have been calving this week without too much trouble. This is due in part to the fact they are having Aberdeen Angus calves which are smaller and less shapely than the Limousins, which we normally have, and therefore easier to give birth too.

In addition to the above we have also been busy planting trees. The fence adjoining Mosber Beck was in dire need of replacement so we have taken the opportunity to move the fence slightly back to enable the river bank to be planted. We have used native trees (Alder, Mountain Ash, Silver Birch and Hazel) which should help to stabilise the bankings and avoid erosion. The added benefit is that of a haven for wildlife.

The days are noticeably lengthening and the snowdrops are in full flower. The daffodils are shooting up and the willows are breaking into bud. We have also heard the first warble of a curlew so hopefully Spring is just around the corner.

## A POEM

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*Ann Heselton*

### **Snowdrops**

Earth all black and soft with rain  
Little clumps of green along the lane,  
Day by day, you can see them growing.  
Then all of a sudden, little white heads in the wind are blowing.  
We wish they could last for ever,  
Nestled so close together  
But alas not so,  
Even little things of beauty have to go.



# A MEDITATION FOR MARCH

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*Bishop John Pritchard*

*This month John Pritchard helps bring clarity to some deep issues in an accessible, humorous style. These extracts are taken from his book 'Something More', which is currently the subject of discussion at St Andrew's Monday home group.*

## **Reclaiming Spirituality!**

I used to lament the tendency of many people I met to dismiss religion with the easy distinction that they weren't religious but they were definitely spiritual – anything but admit they associated with something as banal as religion. I came to see that much of the traditional language of the church had become too tarnished to use. The entire Christian world-view is probably a foreign country to most. Words such as salvation, redemption, atonement and sacrament are not in people's everyday dictionary, but the more acceptable word 'spiritual' gives people a toehold in the eternal search for meaning and purpose. I could then welcome and enjoy the new vocabulary as an enrichment of our conversation.

So 'spirituality' is very much common currency, even though that slippery word frustrates us like a piece of wet soap in a shower. Personally I warm to the way the former Archbishop of Canterbury, Rowan Williams, puts it. He writes that spirituality is 'the cultivation of a sensitive and rewarding relationship with eternal truth and love'. My hunch is that this kind of search may be more attractive to many people than one that persists with traditional religious forms and practices that have crumbled away. If you are someone who feels like that, you know there's a depth to life which comes like a gift and is worth exploring. You are drawn to a more generous, less restrictive spirituality that values metaphor and mystery over beliefs and rituals.

All this is far removed from the self-indulgence of some understandings of spirituality, which have been described as 'seeking yet another way to pamper oneself once the effects of the Rainforest Ritual body-wrap have worn off'. It's the seriously fascinating business of exploring the nature of reality, and our relationship with it.

## **Mystery and Darkness**

On the matrix of 'known knowns' and 'unknown unknowns' the question of God/the Beyond/the Absolute must be a known unknown (you might like to read that again!). We are inevitably going to fail if we put the mystery of God on the dissecting table. The key issue about mystery, indeed, is whether we see it as something to resolve or something to enter into. On the one hand there are



those who are clear about their knowledge of God and want to dispel any mystery and are happy to present 'the facts'. On the other hand there those who want 'something more'. They aren't so comfortable with black and white answers and prefer to explore ambiguity and paradox, to admit they don't know. This latter approach is concerned to deepen the mystery at the heart of spirituality and to relish the spiritual journey to the centre of our lives.

To claim to understand the divine is to diminish it. Our language about God is often too tired and distressed for the task. If believers continue to roll out improbable language about God, God will increasingly seem to belong to another age, small, irrelevant and mean. Where then shall we find metaphors today that bear some of the weight we need? One thing that is undoubtedly necessary for a viable approach to the mystery of God is that it embraces the dark experiences of life. No credible version of the transcendent can hope to be convincing today that doesn't incorporate a way of living with the tragic dimension of life. 'Cheap religion denies the darkness. True religion steps right into it', says the spiritual teacher Richard Rohr. There can be no cheery optimism in the witness of a child's grave or the perennial carnage of war.

I often need to point out how all great faith traditions are founded on the obstinate facts of human suffering and evil. This is why there is ultimate seriousness about spirituality, far removed from the understanding of spirituality as self-help therapy. In this arena the cross with its suffering messiah has lasting power. Behind that iconic figure of the crucified carpenter is the unique gift of Christianity. How else could the blistering reality of God be comprehended by mere human minds? Certainly there is an affront to common sense in God inhabiting our humanity – but that's the genius of Christianity.

It is clear that the older discourse of faith no longer works and a new one is still to emerge. Perhaps, therefore, we might return to the mystery behind the struggling words, the image of a particular man named Jesus, the image of God.

'The Word became flesh and lived among us, and we have seen his glory' (John 1.14)

**Acknowledgement:** The above material is taken from 'Something More – encountering God in the everyday' by John Pritchard, 2016

**Bishop John Pritchard:** Is the former Bishop of both of Oxford and Jarrow. He is leading a weekend retreat at Scargill House, Kettlewell in June entitled 'Thankfulness – the missing link?' Visit [scargillmovement.org](http://scargillmovement.org).



### **5. All the other becks, drains, dikes etc.**

Lying in the bottom of the valley, Gargrave attracts water from all directions. I've written about the River Aire and Eshton and Chew Lane Becks. Time to mop up with a few more before we move on to another watery topic.

The old moat at Garris, off Church Street, is fed by a small beck which runs off Mickleber Hill. The beck has occasionally threatened flooding of houses where it passes through a rather small culvert under Church Street. It continues to flow east from there, under the lane beyond Low Green Farm and then swings north to join the Aire.

A little further along the same footpath beyond Low Green Farm you reach the railway embankment and walk over the outlet of a stream passing under the railway. David Syms tells me he has drunk many gallons of water from this stream. It drains the pair of valleys either side of the Butter Haw Hill, to the south of Gargrave. In the 19<sup>th</sup> century the valley south of Butter Haw Hill featured a boating lake, Butter Haw Pond, part of the Broughton Hall Estate. Old maps show a boat house and islands. Think of upright Victorian ladies holding parasols being gently rowed around by their nephews on a Sunday afternoon. The dam is still present but the drain, which forms the parish boundary, has long since been culverted under the field. Occasionally the lake reasserts itself during wet weather, flooding the fields and a new plantation of trees to a depth of 3 feet or more, a ghost of its watery past.

North of the Aire there's another slightly mysterious watercourse. It drains the fields above Eshton Road, up to Gamsbers Road. The drain runs along Ray Bridge Lane and then passes under the canal in a syphon to the west of Ray Bridge, continuing south in a culvert under the western verge of Ray Bridge Lane. I have seen water spurting out of this pipe during floods. I assume the onward route of the culvert had become obstructed, and in wet weather the result was flooding of Ray Bridge Lane and on to the A65. This occurred on numerous occasions during the 2015-16 winter, leading to traffic congestion on the A65. In 2016 NYCC improved the drainage but flooding can still happen, including in January this year.

A final occasionally over-enthusiastic stream is Crosber Beck at New Brighton. It can spill out on to Marton Road in spectacular fashion, gushing along the road under the railway bridge before pouring into the Aire by the old sawmill site. I've had a few hair-raising cycle rides out there to do morning



weather readings at Bank Newton, battling through the swiftly-flowing water and hoping not to get swept into the river below.

# Gargrave Lands Charity

*Are you currently experiencing financial difficulties and **need** help?*

***Do you need financial assistance to pursue  
higher or further education or vocational training?***

**If you live in Gargrave, Flasby, Eshton, Winterburn, Coniston Cold  
or Bank Newton then Gargrave's Lands Charity may be able to help!**

Financial assistance readily available in approved cases.

*Contact one of the trustees listed below to discuss your situation.*

*Absolute discretion and confidentiality assured.*

**Phil Ellis**  
**07907 308313**

**Christine Charlton**  
**748817**

**Joyce Garner**  
**748447**

**Mike Maiden**  
**07876 886313**

**Ian Reed-Peck**  
**07527 269915**



# FOLDING TABLES

## COMMON SCENES



A FLAGRANT DISREGARD  
FOR THE INSTRUCTION MANUAL



CHECKLIST FOR THOSE  
WANTING TO BORROW TABLES



BORROWERS, WHO HAVE NOT  
BEEN PARTICULARLY DILIGENT



SEMINAR FOR THOSE NEW  
TO THE UNFOLDING PROCESS



THOSE WHO DO NOT NEED THE  
SPECIAL TABLE TOOL LOOKING  
DOWN ON THOSE WHO DO



THE MAN WHO CAN  
UNFOLD TWO TABLES  
SIMULTANEOUSLY

CartoonChurch.com

## ROTAS FOR ST ANDREW'S CHURCH

	8am SIDESMEN	10.45am SIDESMEN/WELCOMERS			BIBLE READER	INTER- CESSOR	REFRESH- MENTS
5.3.23	Colin Chapman	Family service					
12.3.23	Kay Craven	Yvonne Poulter	Peter Poulter	Jean Banks	Yvonne Poulter	Peter Poulter	Carol & Trish
19.3.23	Colin Chapman	Mark Preston	Claire Preston	Helen Wilson	Zena Gardner	Pam Bolas	Sarah & Joan
26.3.23	Kay Craven	Peter Gardner	Zena Gardner	Jane Dallas	Paul Maslin	Jennifer Rowlands	Neil & Denise
2.4.23	Colin Chapman	Family Service					
9.4.23	Kay Craven	Jo Akroyd	Robert Akroyd	Helen Wilson	Annelies van Oyen	Paul Maslin	Judith & Sheila
16.4.23	Colin Chapman	Sarah Curtis	Judith Robinson	Jennifer Rowlands	Kit	Zena Gardner	Jane D & John H
23.4.23	Kay Craven	Yvonne Poulter	Peter Poulter	Jean Banks	Peter Poulter	Pam Bolas	Carol & Trish
30.4.23	Colin Chapman	Mark Preston	Claire Preston	Jane Dallas	Peter Gardner	Jo Akroyd	Claire & Mark



## Public Transport leaving Gargrave

Compiled by Peter Hardyman 10 Feb 2023

**Face coverings requested on all public transport** - the wearer's nose & mouth should be covered.

### TRAINS from Gargrave NEW TIMETABLE FROM 11 DECEMBER 2022

**To Skipton** (arrives approx. 9 mins later) & **Leeds** (arrives approx 55 mins later)

Mon-Sat 0744 0754 0950SO 1019SX 1048 1150 1351 1522 1551

(continued) 1645 1813 1848SO 1850SX 2019 2134 2216 2237<sup>1</sup>

Sunday 1121 1210 1420 1448 1656 1856 2107 2123

**To Giggleswick** (arr. ~ 20 mins later) & **Lancaster** (arr. ~ 65 mins later)

Mon-Sat 0525SO 0528SX 0731 0902 1103 1304 1504 1815 2006

Sunday 0922 1115 1412 1615 1815

**To Settle** (arr. ~18 min later) & **Carlisle** (arr. ~2hrs later)

Mon-Sat 0604SX 0711SO 0832SX 0833SO 1004 1133 1604 1732 1902 2033<sup>2</sup>

Sunday 0950 1315 1509

**NOTES:** Location of Pick Up in Gargrave for Rail Replacement Buses is uncertain: may be beside The Summerseat on High Street OR at Station Entrance: **CHECK WITH NORTHERN**. Generally, only DIRECT journeys are shown. 1. Mon-Fri change at Skipton for Leeds. 2. Ribbleshead only. As of 10 Feb: No Engineering works affecting Gargrave in March have been identified. That may change. Check with Northern Railway. For live info on next 2 trains text GARGRAVE to 84950, or go to [www.realtimetrains.co.uk/](http://www.realtimetrains.co.uk/)

### BUSES from Gargrave \*Except Bank Holidays

**To Skipton** (arr.~15min later) (Services 75, 210/211, 580) (M = from Malham)

M-Fri\* 0820 0910 0955 1055 1057M<sup>7</sup> 1155 1255 1355 1357M<sup>7</sup> 1455 1555 1810

Saturday 0820 0910 0955 1055M 1155 1255 1355 1455M 1555 1655M 1755

Sundays + B.Hols **No Winter Service**

**To Settle DIRECT** (arrives ~ 25 mins later) (Service 580/75) and (++) onward

to **Kirkby Lonsdale** (Service 581) and thence to **Lancaster** (Service 81/82)

Mon-Fri\* 0905++ 1000 1100++ 1200 1300++ 1400 1500++ 1600++ 1700++ 1900++

Saturday 0905++ 1100++ 1300++ 1500++ 1700++ 1800++ 1900++

Sundays + B.Hols: **No Service**

**To Malham** (arrives ~ 25mins later) (Services 210/211, 75)

Mon-Fri\* [210/211] 1000<sup>7</sup> 1310<sup>7</sup>

Saturday [75] **from 5 Nov '22:** 1000 1400 1600

1000 140

Sundays + Bank Hols **No Winter Service**

from 18 Apr 1057 1242 1542

**NOTES.** 7. Tues & Thurs (as service 211) stops at Coniston Cold 4 mins after Gargrave.



## Public Transport back to Gargrave

### TRAINS to Gargrave FROM 11 DECEMBER 2022 *Last DIRECT*

**From Skipton** (arr. Gargrave ~ 6 mins later) *from LEEDS to GARGRAVE*

Mon-Sat 0519SO 0522SX 0559SX 0706SO 0725 0826SX 0827SO 0856 **1949**

0959 1057 1127 1258 1458 1559 1727 1808SO 1810SX 1856 2000 2027

Sunday 0917 0945 1110 1309 1406 1503 1609 1809 **1732**

**From Lancaster via Giggles'k** (Trains arr. Gargrave ~ 65 mins later)

Mon-Sat 0648 0941 1046 1248 1447 1745 2030 2131

Sunday 1103 1344 1552 1752 2017

**From Carlisle** (direct: arr. Gargrave ~ 2 hrs later)

Mon-Sat 0549SX 0713SO<sup>13</sup> 0753SO 0824SX 0927SO<sup>15</sup> 1058<sup>15</sup> 1340

1450 1618 1824 2013<sup>14</sup>SX 2015<sup>14</sup>SO 2145<sup>13</sup>

Sunday 0925 1223 1520<sup>15</sup> 1607<sup>15</sup> 1725<sup>15</sup> 1911

**NOTES: 13.** From Ribbleshead only. **14.** For Gargrave, change at Settle. **15.** Stops at Hellifield & Skipton, *but NOT GARGRAVE*. Living in BD23 post code, you can buy a DALES RAILCARD: £10.00/year. 1/3 off Anytime and Off-peak rail tickets between Gargrave, Leeds, Bradford, Carlisle, Morecambe, Lancaster. Large discount for children with you, and WINTER OFFER on Off-peak services 30 Oct 2022 – 1 Apr 2023.

### BUSES to Gargrave \*Except Bank Hols.

M is a Malham service

**From Skipton Bus Stn.** (arr. Gargrave ~15 min) (Services 75, 210/ 211, 580)

Mon-Fri\* 0850 0945 0950M<sup>8</sup> 1045 1145 1245 1300M<sup>8</sup> 1345 1445 1545 1645 1845

Saturday 0850 0945M 1045 1145 1245 1345M 1445 1545M 1645 1745 1845

Sundays + B.Hols **No Winter Service**

**From Settle DIRECT** (arr. Gargrave ~25 mins later (Service 580)

+ from Kirkby Lonsdale (581) and ++ from Lancaster (81/82)

Mon-Fri\* 0755++ 0845++ 0930++ 1030 1130++ 1230 1330++ 1430 1530++ 1745++

Saturday 0755+ 0845++ 0930++ 1130++ 1230 1330++ 1530++ 1730++

Sundays + B.Hols: **No Service**

**From Malham** (arr. Gargrave ~25mins later) (Services 75, 210/211)

Mon-Fri\* [210/211] 1035<sup>8</sup> 1335<sup>8</sup> from opp. Buck Inn

Saturday [75] **from 5 Nov '22:** 1030 1430 1630 from opp. Buck Inn

Sundays + B.Hols **No Winter Service**

**NOTES 8.** Tues & Thurs service stops at Coniston Cold 18 mins after Malham

**Service Operators:** northern railway [www.northernrailway.co.uk](http://www.northernrailway.co.uk) 0800 200 6060 [Travel Assistance 0800 138 5560]; 210/211, NYCC

[www.northyorkstravel.info/operators/n/nycc/](http://www.northyorkstravel.info/operators/n/nycc/) 01609 780780; 75/580/81/82, Kirkby

Lonsdale Coach Hire [klch.co.uk](http://klch.co.uk) 01524 733831; **Buses (general)** [www.dalesbus.org](http://www.dalesbus.org)

**Traveline** 0871 200 22 33 [www.traveline.info](http://www.traveline.info); **National Rail Enquiries** 03457 48 49 50

[www.nationalrail.co.uk](http://www.nationalrail.co.uk); **Rail Ombudsman** [www.railombudsman.org](http://www.railombudsman.org) 0330 094 0362



## Organisations Please let us know if you'd like to amend or add an entry.

**Caterpillar Club** (0+) – St Andrew's Church, Wed 10am, Charlotte McDonnell, [cea92@hotmail.co.uk](mailto:cea92@hotmail.co.uk), 07885 474998

**Gymnastics** (5+) – Mon and Wed, 4-6.30pm, [info@ambitionsgymnastics.com](mailto:info@ambitionsgymnastics.com)

**Rainbows** (5+) – Tue 5-6pm, Gargrave Primary School

**Brownies** (7+) – Tue 6.15-7.30pm, Primary School, [malhamdalebrownies@gmail.com](mailto:malhamdalebrownies@gmail.com)

**Guides** (10+) – Tue 7.30-9pm, Primary School, [gargraveguides@gmail.com](mailto:gargraveguides@gmail.com)

**Young Farmers Club – Coniston Cold**, Tues 7.30pm, Sarah Hargreaves, 01729 830123

**Lunch Club**, Neville Crescent Community Centre, 2nd Wed each month, 12.30, Carol 748990

**Bowls – outdoor**, Mar to Oct, Gargrave Bowling Club, Martyn Cox, 07745 018 459

**Bowls – indoor**, Oct to Mar, Tues & Thurs 2-4pm, Joan Griffin, 749277

**Cricket – Gargrave Cricket Club**, Mark Jones, 07498 288654

**Cycling – Gargrave Tuesday Club**, Dalesman, Tues and Thurs Trevor Pickles 01282 844788

**Golf – Mason's Arms Golf Society**, 749304

**Hunt – Pendle Forest & Craven Hunt**, Tony Holmes, 748200

**Pilates – Classical**, Zoom Mon 9 & 10.15 am, Village Hall Tues 6 & 7pm Wed 7 pm Thurs 9, 10 & 11.15 am, Cate Davies 079 5533 8775

**Tennis and Croquet– Craven Lawn Tennis Club**, Beth Whitley 749664, [www.craventennis.org.uk](http://www.craventennis.org.uk)

**Table Tennis**. Gargrave Village Hall Annexe, most weekends, Allison Wiffen, 07880 520071

**Tai Chi & Qigong** – Village Hall, Wed 1pm. Ian Cresswell. See <https://gargravevillagehall.org.uk>

**Tai Chi Qigong** – Green by War Memorial, Wed and Thurs 9.30am, Zoom Mon 9am, Zoom Fri 9am (with Pilates), Bee Faulkner, 07778 90994, [www.beeactivebeerelaxed.com](http://www.beeactivebeerelaxed.com)

**Gentle Hatha yoga** – See <https://gargravevillagehall.org.uk>

**Art – Gargrave Art Group** – Village Hall, Mon 1pm-3.30pm, Bev Parker 749910

**Bell Ringing** – St Andrew's, Mon 7.30pm, Sun 10.00am, Ali Lucas, 07921 970961

**Handbell Ringers** - St Andrew's, Wed 2 - 4pm (not all Weds; phone to check). Cynthia Hardyman 748839

**Bingo** – Neville Crescent Community Centre, Mondays 1.30-4pm, Carol 748990

**Gargrave Community Choir** – 749802

**Gargrave Heritage Group** – Tues 10am, St Andrew's Church, Martin Thompson, 01756 541317

**Gargrave Community Library** - email [admin@gargravelibrary.co.uk](mailto:admin@gargravelibrary.co.uk), Patsy Simpson 749489

**Craft and Chat** – St Andrew's, Tues 2pm, Sylvia Humphreys 748779

**Parish Council Meeting** – Village Hall side room, 1<sup>st</sup> Wednesday of the month

**Snooker Club** – Village Hall Snooker Annex, every day, Stewart Smith 749340

**Gargrave 22 Group** – Village Hall, 2nd Wed in month, 7 for 7.30pm, Glenys Riley 07715 878709





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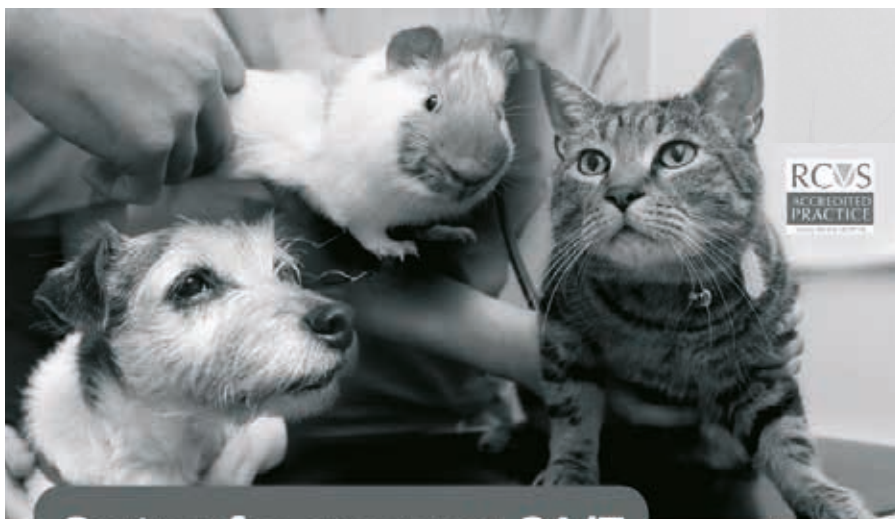
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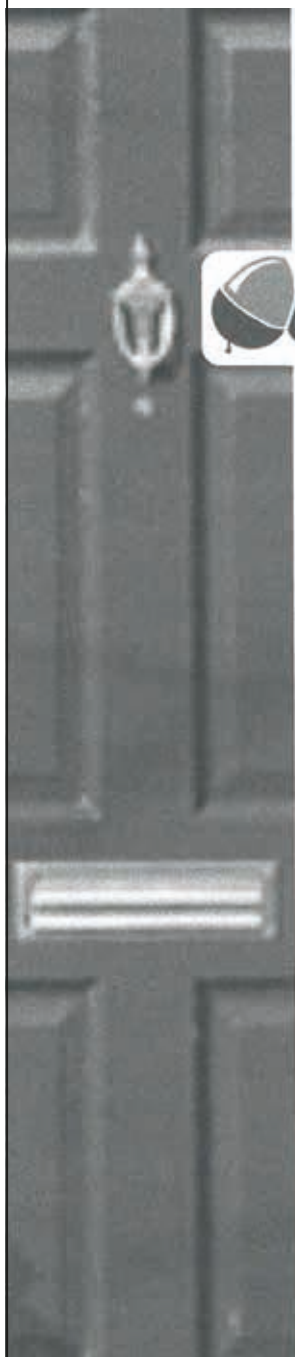
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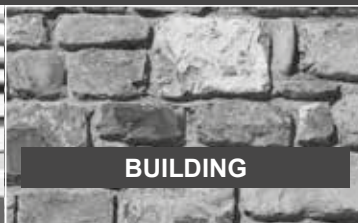


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