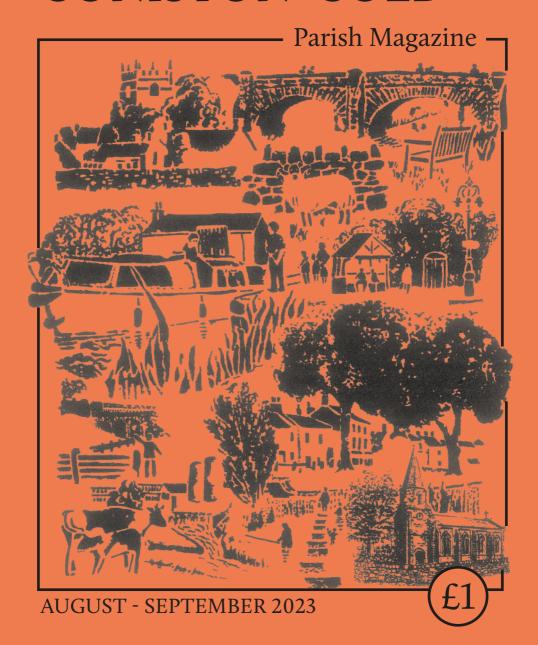
## GARGRAVE & CONISTON COLD



St Andrew's Chur	ch, Gargrave	www.standrewsgargrave.org.uk		
Vicar Revd Andrew Steer		749275   07906 554938   andrew.steer@leeds.anglican.org		
Associate Priest	Revd Sue McWhinney	07484 181699   01729 830293   <u>sue.mcwhinney@leeds.anglican.or</u>		
Churchwarden	Linda Wall	07580 552888		
Organist	Susan Watkiss	798660   07753 839065  <u>sue@suewatkiss.co.uk</u>		
_	Helen Wilson	748977   helen_thunder_bay@hotmail.com		
Treasury team	Joanne Ackroyd	djjoanneshaw@googlemail.com		
Gift Aid	Sarah Curtis	748510   11 Marton Road		
St Peter's Church	, Coniston Cold			
Vicar	Revd Andrew Steer	As above		
Churchwarden	Nick Bannister	01729 830157   Airebridge Farmhouse, Bell Busk		
Treasurer	Carol Saxby			
PCC Secretary	To be advised			
Electoral Roll	To be advised			
Gargrave Parish (	Council	www.gargravepc.org.uk		
Clerk	Kathryn Ashby	668209   gargravepc@yahoo.com		
Coniston Cold Pa	rish Council			
Clerk	Rachel Jones	748125		
Gargrave C of E P	rimary School	www.gargrave.n-yorks.sch.uk		
Head teacher	Sarah Peel	749433   admin@gargrave.n-yorks.sch.uk		
Gargrave Village	Hall	www.gargravevillagehall.org.uk		
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Coniston Cold Vil	lage Hall (The Richard Tottie Memorial l	Hall)		
Bookings	Vacant			
Parish magazine		www.standrewsgargrave.org.uk		
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Advertising	Kim & Les Hatfield	07711 718153   parishmagads.gargrave@outlook.com		
Subscriptions	Tony Wimbush	gofar99@googlemail.com		

## **Organisations** Please let us know if you'd like to amend or add an entry.

Caterpillar Club (0+) - St Andrew's Church, Wed 10am, Charlotte McDonnell, cea92@hotmail.co.uk, 07885 474998

Gymnastics (5+) - Mon and Wed, 4-6.30pm, info@ambitionsgymnastics.com

Rainbows (5+) - Tue 5-6pm, Gargrave Primary School

Brownies (7+) - Tue 6.15-7.30pm, Primary School, malhamdalebrownies@gmail.com

Guides (10+) - Tue 7.30-9pm, Primary School, gargraveguides@gmail.com

Young Farmers Club - Coniston Cold. Tues 7.30pm. Sarah Hargreaves. 01729 830123

Lunch Club, Neville Crescent Community Centre, 2nd Wed each month, 12.30, Carol 748990

Bowls - outdoor, Mar to Oct, Gargrave Bowling Club, Martyn Cox, 07745 018 459

Bowls - indoor, Oct to Mar, Tues & Thurs 2-4pm, Joan Griffin, 749277

Cycling - Gargrave Tuesday Club, Dalesman, Tues and Thurs Trevor Pickles 01282 844788

Golf - Mason's Arms Golf Society, 749304

Hunt - Pendle Forest & Craven Hunt, Tony Holmes, 748200

Pilates - Classical, Zoom Mon 9 & 10.15 am, Village Hall Tues 6 & 7pm Wed 7 pm Thurs 9, 10 & 11.15 am, Cate Davies 079 5533 8775

Tennis and Croquet - Craven Lawn Tennis Club, Beth Whitley 749664, www.craventennis.org.uk

Table Tennis. Gargrave Village Hall Annexe, most weekends, Allison Wiffen, 07880 520071

Tai Chi & Qigong - Village Hall, Wed 1pm. Ian Cresswell. See https://gargravevillagehall.org.uk

Tai Chi Qigong – Green by War Memorial, Wed and Thurs 9.00am, Zoom Mon 9am, Zoom Fri 9am (with Pilates), Bee Faulkner, 07778 980994, www.beeactivebeerelaxed.com

Gentle Hatha voga – See https://gargravevillagehall.org.uk

Art - Gargrave Art Group - Village Hall, Mon 1pm-3.30pm, Bev Parker 749910

Bell Ringing - St Andrew's, Mon 7.30pm, Sun 10.00am, Ali Lucas, 07921 970961

Handbell Ringers - St Andrew's, Wed 2 - 4pm (not all Weds; phone to check). Cynthia Hardyman 748839

Bingo - Neville Crescent Community Centre, Mondays 1.30-4pm, Carol 748990

Gargrave Heritage Group - Tues 10am, St Andrew's Church, Martin Thompson, 01756 541317

Gargrave Community Library – email <a href="mailto:admin@gargravelibrary.co.uk">admin@gargravelibrary.co.uk</a>, Patsy Simpson 749489. Opening hours: Mon,

3pm-5pm; Tues, 10am-12pm; Weds, 2pm-4pm; Thurs, closed; Fri, 2pm-4pm; Sat, 10am-12pm; Sun, closed.

**Craft and Chat –** St Andrew's, Tues 2pm, Sylvia Humphreys 748779

Parish Council Meeting - Village Hall side room, 1st Wednesday of the month

Snooker Club - Village Hall Snooker Annex, every day, Stewart Smith 749340

Gargrave 22 Group - Village Hall, 2nd Wed in month, 7 for 7.30pm, Glenys Riley 07715 878709



Photo courtesy of Stephen Draper

## Magazine contributions, adverts and subscriptions

This magazine is produced by St Andrew's Church for the benefit of the whole community of Gargrave & Coniston Cold parishes. We welcome short articles, news, notices of events, anecdotes, announcements, obituaries, letters & photos, free of charge, subject to space and relevance.

Handwritten submissions can be delivered to 3 Marton Close, BD23 3PG.

Advertising: Les & Kim Hatfield 07711 718153 parishmagads.gargrave@outlook.com

**Subscriptions:** Tony Wimbush 749917 gofar99@gmail.com

**Editorial:** Clare Maslin, Richard Smith and Sarah Barton gargraveparishmag@gmail.com

Ads cost £11 per ¼ page per month, other sizes pro rata (discounts for annual ads)

Subscriptions cost £11 per year, delivered to your door

October editorial deadline: 10 September

Read the magazine online at https://www.standrewsgargrave.org.uk

Printed in Skipton by EP Print on FSC recycled paper

## COLLARED!

Revd Andrew Steer

You are enough.

When is enough enough?

Our culture is creating a crisis of enough...or not enough. It's a great word – enough. It has to do with satisfaction, contentment and sufficiency, but the problem is – who decides what is enough? Who decides what is satisfactory and who decides what to be content with?

In many ways we have lost track of what enough means – enough to eat, enough money, enough time, enough rest, enough clothes. Enough stuff!

I was having lunch at a local restaurant and I noticed a beautiful young woman. Long blond hair, tanned skin, make up, nice clothes but very pouty lips. She'd obviously had some work on her lips – filler or whatever to make them protrude so much. And I wondered what it was that made her feel the need to have this done? This is a relatively untested procedure, with unknown long term side effects – and who knows what will happen when she ages and the lips start to droop?

It's easy to laugh and find humour in this, but so many young women and men are finding themselves in need of cosmetic surgery, that I find this a great sadness. And I think it is down to this: The prevailing culture in the  $21^{\circ}$  century tells people that they are not enough. That's the message that dominates our world today – that you are not enough.

We see it right across the media in advertising, social media, and in social attitudes. You are not slim enough, you are not beautiful enough, not talented enough. You are not smart enough, not fashionable enough, not wealthy enough, not educated enough.

'You are not sexy enough. Not fit enough. Not funny enough. Not strict enough. Not clever enough, not savvy enough, not organised enough'.

'Your skin is not clear enough, your hair not shiny enough, your body is not tanned enough'.

'Your car is not big enough, new enough or fast enough. Your phone is not modern enough, your computer is not powerful enough, your life is just not enough'.

### YOU ARE NOT ENOUGH!

We might as well have it tattooed on our foreheads "I am not enough". And if you tell that to someone enough times, they will believe it. Perhaps one of the saddest things I hear is that "I am not good enough to go to church".

In the New Testament, Jesus is preparing the disciples for sending out into the world, and His wonderful words of reassurance are meant for us too.

'The disciple isn't greater than the teacher; the slave isn't greater than the master. "It's quite enough for the disciple to be like the teacher, and the slave to be like the master.' (Matthew 10).

Jesus is saying that I'm not expecting you to be as good as or even better than me. I'm quite happy if you can just be a bit like me. It is enough if we just have a glimpse of His likeness, and find within ourselves that resemblance.

In the most beautiful reassurances of the New Testament, Jesus says "you see those little sparrows?" (These were not only sparrows but were especially small sparrows – in those times a little sparrow was the cheapest thing there was to eat). Jesus says if one of those sparrows falls to the ground, God knows and cares about it.

Think about the hairs on your head. You comb your hair, and the hair that falls out ends up in the comb and the bin. Do you worry about them, or count them?

God knows even the very number of hairs on your head. He cares for you far more than many tiny sparrows. God cares about even the tiniest, most insignificant things in life. And if he bothers about a couple of tiny sparrows, and a few hairs, imagine how much He cares for you.

Here there is great comfort and reassurance for followers of Jesus. And yet, Jesus is warning the disciples that life isn't going to be easy. If Jesus had to suffer, then they too shouldn't be surprised when hardship comes.

And for us, Jesus never promises that life will be easy – we all have to face hardships and struggles in life – that's just the very nature of living in this world. But if we are serving the right master, the One true God, then we need not fear any other power.

You might think the most common command in the Bible is something stern: "Behave yourself! Smarten yourself up! Say your prayers! Worship God more wholeheartedly".

But you'd be wrong. The most common command in the whole of Scripture is "Do not be afraid. Do not fear."

### Why?

Because with God, we are enough. We are strong enough, beautiful enough, wise enough, good enough. With Jesus as our King we are more than enough to take on anything this world can throw at us. When this world says that we are not enough, Jesus says we are perfectly enough.

Through His death on the cross and His resurrection, we become more than enough for anything in this world. As the apostle Paul says in Romans "We are more than conquerors, through Him who loved us."

Enough? In Christ you are more than enough!

## **DIARY for AUGUST/SEPTEMBER\***

## **Coniston Cold**

Sun 6 August	4pm Compline Evensong	
Sun 13 August	Prayer book Communion, 9.30am, Church.	
Sun 20 August	Compline evensong, 4pm, Church.	
Sun 27 August	Prayer book communion, 9.30am, Church.	
Sun 3 September	4pm Compline Evensong	
Sun 10 September	Prayer book Communion, 9.30am, Church.	

<sup>\*</sup>Please note that any dates for September supplied below will need to be verified.

Sun 17 September	Compline evensong, 4pm, Church.
Sun 24 September	Prayer book communion, 9.30am, Church.

## Gargrave

Wed 2 August	Parish Council meeting. 7.15.p.m. Annexe.				
Fri 4 August	Coffee morning (every Friday), $10.30$ am – $12$ pm, Neville Crescent Common Room Coffee and biscuits £1.				
Sun 6 August	Breakfast, 10.30am followed by 11am Family service, Church.				
Mon 7 August	Coffee Monday (every Monday), 10.30am – 12pm, Church.				
Tues 8 August	Craft and Chat (every Tuesday), 2pm, Church.				
Fri 11 August	Picnic Supper Dance with live music from Alan Cookson . 7.30.p.m -11.p.m. Village Hall. £6 admission.				
Sun 13 August	Matins, 8am, Church. Sung Eucharist. 11am, Church.				
Sat 19 August	117th Gargrave Show				
Sun 20 August	Prayer book communion, 8am, Church. Morning Worship, 11am, Church.				
Fri 25 August	Charity Picnic Supper dance. 7.30.p.m - 11.p.m. Village Hall. £6.00 admission. 01729 830217.				
Sat 26 August	Gargrave Village Hall Management Committee jointly with Gargrave Library Coffee morning. 10.a.m - Noon. Village Hall. Bacon sandwiches and homemade cakes. Raffle and Bric a Brac stall.				
Sun 27 August	Prayer book communion, 8am, Church. Family Communion, 11am, Church. Broadway Fairs Flea Market and Collectable Fair. 10.a.m - 3.30.p.m. Village Hall. Refreshments available until 3.p.m. 50p admission.				
Mon 28 August	Gargrave Village Hall Management Committee Collectable and Craft Fair . 10.a.m - 4.p.m.Village Hall. Refreshments available until 3.p.m. 50p Admission.				
Sun 3 September	Breakfast, 10.30am followed by 11am Family service, Church				
Wed 6 September	Gargrave Pantomime Group sign-up night, 6pm, Village Hall				
Sun 10 September	Matins, 8am, Church. Sung Eucharist, 11am, Church.				
Sun 17 September	Prayer book communion, 8am, Church. Morning Worship, 11am, Church.				
Tues 19 September	Quiz Night! St Andrew's Church,				
Fri 22 September	Library Film Night				
Sun 24 September	Prayer book communion, 8am, Church. Family Communion, 11am, Church.				

## Share a prayer, daily 9am

Peter Poulter

Each morning at 9am a small group of people meet in S Andrew's to pray for the church and the village. You are welcome to join them. Either come along to church, or maybe just pause for a moment, wherever you are, and share a prayer.



This picture by the French artist Jean-François Millet shows a couple stopping their field work to pray when they hear the Angelus bell from the distant church.

If prayer is not a word you use, then just pause and reflect in your own way hopefully and lovingly for the life we share in our community.

Each month our prayer will focus on a particular part of the parish. In August we will be praying for the area from Holme Bridge to East Street – including the factory, Airedale Avenue and Chapel Croft. In September we will be praying for Marton Road from the Mason's to Bank Newton – including Marton Close, Walton Avenue and Riversway, Walton Close.

## Village Treasure Hunt, throughout August

Alison Lucas



Throughout the month of August we are running a village treasure hunt. Copies are available from the church at a cost of  $\pounds 2$  each. Complete the hunt at your leisure and answer the questions to find the secret code to unlock the treasure. All correct answers submitted will be entered into a draw to take place on Sunday 3rd September 2023. A  $\pounds 10$  prize will be awarded to the lucky winner.

## The 117th Gargrave Show, 19 August

Preparations are well under way for this year's show being held on Saturday  $19^{\text{\tiny th}}$  August in the field in front of Eshton Hall. General Schedules are available in local outlets or online at <a href="https://www.gargraveshow.org.uk">www.gargraveshow.org.uk</a> ~ take a look and see if there is something you could enter!

As with all organisations the committee are always looking for new members to help out. If you would be interested in joining our team of volunteers please contact either Elizabeth Gudgeon on 07966 912210 or Alistair Lawn on 07876 594028 for more details.

## Quiz night! 19 September

Jo Ackroyd

We are hosting a quiz night at St Andrew's on the 19th September with a fish and chip supper supplied by the Frying Yorkshireman.

Teams of 4 but everyone invited to come, and we will join you into a team.

6pm - 8.30pm

Tickets: £10pp to include fish and chip supper supplied by the Flying Yorkshireman and tea and coffee

Refreshments: BYOB

Contact: Jo Ackroyd (07702883067) or Ali Lucas (07921970961) to purchase tickets. Advance purchase only please as supper must be pre ordered.

## St Andrew's Church Beer Festival, 28 - 29 October

Alison Lucas



Save the date!

Coming soon – The first St Andrew's Beer Festival is happening on 28th and 29th October 2023. Are you interested in helping us with this exciting event? We are looking for sponsors and event volunteers.

Watch on social media and in the October magazine for more details or contact the organisers at alisonlucas 123@outlook.com for more information.

## **Events at Kirkby Malham Parish Hall**

Revd Sue McWhinney

Forthcoming Events

Saturday 19 August at 7pm
Film Night 'Quartet' with Billy Connolly and Maggie Smith
£7 on the door, including pie and peas (veggie and gluten free options available; please let us know in advance)

Save the Date: Saturday 9 September at 7pm Bingo night! More details later

Saturday 4 November
Live music night with singer/songwriter Tom Scothern

Please look out for news of other events including our regular Film Nights on village noticeboards and our FB page: www.facebook.com/MalhamdaleParishHallKirkbyMalham

Any enquiries re events or bookings, please email Sue on  $\underline{malhamdaleparishhall@hotmail.com}$  or call 07484 181699

## NEWS

Library news Dave Smith

Hopefully by the time you read this the children of Gargrave will be well into the Summer Reading Challenge. They have until the 9th of September to read six library books. It is never too late to sign up for the Challenge as enrolment forms are still available in the Library.

During the film shows we are often asked how the procurement and projecting system work so here is a little background information.

The disc player, projector and screen are on free loan from CineNorth who are part of Eden Arts based in Penrith. CineNorth receive various grants from the Lottery, the British Film Industry etc and are tasked with promoting Community Cinema throughout the North of England.

Twice a year CineNorth issue a menu of suggested films together with a synopsis and a link to film trailers. Although we are not tied to the menu the Committee do use it as a basis for film selection. About 60% of the selected films come off the list with the remainder being through personal recommendations, press reviews etc. We aim to show a variety of films from the well known to the rather more obscure, but they must have one thing in common, we want the audience to leave the Village Hall with a smile on their faces, having enjoyed a chat and an entertaining evening. Netflix films are not usually available.

Once we have submitted our film choice to CineNorth they procure the discs and the appropriate film licence. For this service we pay CineNorth about £120 per film.



On the techie side we use 'backprojection' and link with the Village Hall speakers and hearing loop.

On the subject of films our next one will be on **Friday 22**- of **September** when we will be screening 'What's Love Got to Do with It?' This British comedy set between London and Lahore tells the story of a filmmaker who documents her childhood friend and neighbour's arranged marriage to a bride from Pakistan and the pitfalls along the way.

Written by Jemima Khan the film stars Lily James, Shazad Latif and Emma Thompson.

The customary Cafe style seating will be in place, so please bring your own refreshmenrs. The Village Hall doors open at 7.00pm with the film starting at 7.30pm. Tickets are £5.00 on the Door with under 16s free.

Sorry but we can only allow Guide Dogs into the Hall.

All proceeds from the film nights go towards the running costs of the Community Library and the Library Committee thank you for your support.

## **Gargrave Church of England (VC) Primary School**

Sarah Peel

'Whatever you do, work at it with all your heart, as working for the Lord'

LOVE, PEACE, HOPE

01756 749433

admin@gargrave.n-vorks.sch.uk

Whole School experiences as we are a village school are really central to our work. This happens every day with our daily worship first thing in a morning. The pupils also have the opportunity to play together on our huge field when it is dry, so they have been enjoying this for much of the summer.

We have had a whole schools sports day. This is held with a traditional format, the pupils race against their age group in girls and boys separately. The had running, skipping, sack, bean bag races. All the school belong

to five different houses and over the year they spend time in mixed ages with their house team. This may be curriculum or well-being work.



We also contributed to the amazing Gargrave Art Show in the village hall. Here are some of the amazing entries.







We are really proud of all the art work on show and it was amazing to take part in such a fabulous community event where the standard was high.

## Apple Class's visit to St Andrew's Church, Gargrave



Apple Class took our class doll, George Simon, to church for a baptism with Reverend Andrew. The children learned about what happens in church when a baptism takes place, with Sienna and Reggie being the parents and all the other children being Godparents.

Reverend Andrew took the children around the church and showed them the features, including the stained-glass windows, the altar and the font. Each child climbed up into the pulpit to speak to their congregation.

## St Andrew's Family Service Review, 2 July

Peter Gardner

We're back – back in the church building, with cooked breakfast, (great) and new radiators. Very unobtrusive they are, too, fitting in well with those beautiful architectural surroundings and hopefully keeping the congregation warm during the colder months of the year.

But enough of buildings. Church is about people not bricks and mortar, and today we were focusing on giving ourselves to God. The bible reading was from Romans 12 and consisted of an appeal by the Apostle Paul to give ourselves wholly to God, lock, stock and barrel, and not to be conformed to the standards of this world. Boy – that's quite an ask isn't it. But the point was really pressed home in the worship songs which included, "Jesus, all for Jesus" and "I surrender all."

Why do that, anyway? Why surrender all to God? Well, first as a response to what God has done for us. The bible says He gave his only son, Jesus, to die on a cross so that we can, if we believe in Him, avoid perishing, and have everlasting life. That certainly deserves a response.

But there is more to it than that. Paul tells us that if we change our mindset so as to line up our thinking with God's thinking - and give ourself to God, we will end up getting God's direction for our life. That really can't be a bad thing. God definitely knows better than us what's best.

So - we had a really good light-hearted sketch written by one of our number (thanks Clare!) which emphasised that surrendering all meant – well - surrendering <u>all</u> - our time, our comfort, etc., no half measures. If that sounded scary, our preacher hastened to reassure us that God will never ask more of us than we are capable of – and that when we put our trust in God – we <u>will</u> be able to do what he asks of us. Hmm – a lot of food for thought there!

Speaking of food, the children had been eating it, as they enjoyed their own activities - broken biscuits, melted chocolate, raisins. Not so good separately, but when you combine them - very nice. This illustrated the point that when we combine all our God-given talents, we get something pretty good too. That's what we do at St. Andrew's, combine our talents – so why don't you come along to the next family service and see what you think of the combined results? At the very least, you'll get a warm welcome and a good breakfast!

## **News from the Belfry**

Alison Lucas

On Saturday 1<sup>+</sup> July the Gargrave ringers set out on a local tour. Ringing tours offer a great opportunity to visit new places and to experience a variety of bells. The weight and sound of the bells, the ropes and the environment all differ from what we are used to. On this trip we visited Giggleswick, Burton in Lonsdale, Clapham and Settle.

Ten of us set out in the morning. The first stop at Giggleswick pr esented us with the biggest challenge of the day – a long draft. In bell ringing terms this is not about a chilly blast of air, but a long length of rope between the floor and the ceiling. The longer the rope the harder it is to pull it to ensure that the 'sally' (the fluffy bit) lands comfortably in front of you, and not half way across the ringing chamber! A few of us found this quite tricky, especially on the lighter bells, but no one gave in 'to the challenge and we delivered some very respectable ringing. Whereas the ropes were not so much to our liking the bells themselves sounded wonderful and the ringing room had the most beautiful stained glass window and a view across the church. Next we headed to Burton in Lonsdale. Here a very interesting church presented an extremely tall tower. I didn't count the steps to the ringing chamber, but it was definitely the tallest of the day and many more steps than Gargrave, although they were beautifully even. The ropes here were much easier and the spacious ringing room offered fabulous views across the surrounding countryside.

We were ready for lunch by then and headed to Clapham where we enjoyed a delicious meal at The Old Sawmill Café – a recommendation for anyone visiting the area. Time to reflect on the morning and enjoy the wonderful social interaction that ringing offers.

After a leisurely lunch we went to ring the 6 bells at Clapham. All the ringing rooms offered a different experience to Gargrave and at Clapham it was a lovely little 'annex' under an archway, where those not ringing could rest and chat. The bells were lovely to ring and by now everyone was nicely warmed up so we started to ring some more complicated 'tunes'.

Our final tower of the day was at Settle. Tiredness was beginning to kick in by then, but the team kept going and represented Gargrave well.

There is nothing like an outing to make you appreciate your own bells and so it was nice to return to the home comfort St Andrew's on Sunday morning, with increased confidence from the experience of Saturday. As ever we are always willing to share the fun, so please do get in touch if you fancy finding out why we all enjoy it so much.

## Change in post collection times

Julie Verney

Please note all three post boxes are now marked with the same collection time of 9am weekdays and 7am on Saturday.

As a reminder, the post boxes are located 1) outside the old post office, 2) in the wall of the Mason's Arms on Church St and 3) on the corner of Higherlands Close and West St.

## News from the Village Hall

Caroline Thomson

The news this month may be short and sweet as the deadline for the publication arrives a day or so after a family wedding weekend approaches. I write this piece as I overlook the field where the wedding celebrations will be held, and the rain is steadily falling. Fingers crossed it ceases soon. The Countryfile weather forecast did not help when the possibility of storms was mentioned! We've got the lucky white brollies at the ready, my sister-in-law has passed them round family and friends for a few years and have yet to be opened, so we shall see if the luck holds out.

Robert has just returned from a week's holiday in Northumberland and between various Management Committee members we have managed to remember various unlocking and locking door duties whilst he has been away. The watering of plants and the setting up and taking down of chairs and tables for a variety of hires has gone without any snags (we think). Though it was a quiet week, on average there have been around three to four hires in on most days but fortunately regular hires rather than anything major. Generally, when Robert returns after a break there is something which needs doing and true to form, we found that the small boiler in the kitchen which heats the hot water was not lighting and a cistern on one of the loos was misbehaving. Never a dull moment!

We mentioned our Gargrave Banksy in the last edition. He is out there somewhere and will be appearing very soon and may even have visited by the time this publication is printed. Like everything there has been a little hiccup but all should be resolved soon. We like to create a bit of anticipation, a hint of surprise and a bit of a drum roll moment – so no further details yet!

Please do remember that our annual Jumble sale will be taking place on the 30th September from 10.a.m until 1.p.m. We do need lots of helpers with selling from the various stalls, we have a lovely team of regular volunteers but are always happy to welcome more. Please do call me on 07989 585564 if you are able to help. The event raises much needed funds for the Hall, but it is one which creates an awful lot of work for the

Management team. They spend a lot of time before the event sorting out the donations into the correct sections. Ladies clothing, Gents clothing, Childrens clothing, Bedding and Curtains are all placed in the relevant bin bags and then brought down from storage and to the relevant tables they are sold from on the day before the sale. Bags and shoes likewise. Bric a brac is placed in boxes and carried in from a variety of storage areas. Garden and shed items and small furniture are brought into the side rooms on the day before the sale. Jewellery is sold on a separate stall too so is placed in boxes ready. CDs and DVDs are all opened to make sure the correct item is in the correct case (amazing how many empty cases are found). Electrical items are put into their own section so too are frames and pictures. All very time consuming pre the event but so much easier for the Friday helpers who arrange the Jumble items onto their correct tables – not forgetting toys, craft items and the Christmas stall. I think last year we had at least six Christmas trees of various sizes donated. A hectic couple of hours on the Saturday morning see lots of bargains go out through the door to new homes but there always seems to be quite a lot left so again lots of work after the sale to remove items from the Hall back into storage. Fortunately, in previous years we have been able to send unsold clothing, bags and shoes to Gargrave Primary School for their Bags to school fund raising project The items are weighed in and cash given back which aids the school funds. We have a little sales table which is left in the area just off from the kitchen throughout the year and unsold Jumble bric a brac has a second chance of a sale here. Sheila of Broadway Fairs also kindly lets us sell from a table at her events through the year and we sell too from tables at our own Collectable Fairs. A few bags of items are also taken to local charity shops, so everything is given a second chance, we literally throw nothing away unless it is damaged. We really do appreciate all your donations of goods but please can you call 07989 585564 to arrange a delivery as occasionally we have had quite large amounts left in the entrance Foyer or outside which is often not convenient if a hire is using the hall. Alternately a pickup service can be arranged.

Provisional dates have been set for future Coffee mornings, but these may be subject to change as the year progresses, please keep an eye on our website gargravevillagehall.org.uk or view the noticeboard outside the front of the Hall. The dates at going to print are July 29<sup>a</sup>, August 26<sup>a</sup>, October 21<sup>a</sup> and December 16<sup>a</sup>.

It is now the Monday morning after the wedding and deadline day for the publication. I am pleased to report we have all enjoyed a wonderful weekend of celebration.

## Gargrave Bowling Club-mid-term report

Already we are half way through our season and the club continues to thrive. New members continue to join and enjoy the opportunity of playing on one of the best greens in the area.

The teams in the league are having mixed results. In the Skipton Merit league the "A" team and the "C" team are currently 4° in their leagues. The "B" team results have proved a little disappointing given the apparent strength of the team, they are currently 8° but should avoid any relegation issues.

In the Skipton "54321" league the current league positions are exceptional. The "A" and "C" team are currently  $2_{\text{e}}$  in their leagues with the "B" team  $3_{\text{e}}$  in theirs.

The Worth Valley veterans doubles league is showing mixed results. The "A" team are currently  $4^{\text{th}}$ , "B" team  $6^{\text{th}}$ , "C" team 8th and our new "D" team currently  $5^{\text{th}}$ .

Special mentions to our "C" and "D" teams which include several members who only started playing last year and are enjoying success. Also special mention to are youngest member Archie Lambert who has continued to progress so well that he is now been selected for "A" team fixtures.

We have had 2 tournaments so far. The Presidents Cup was won, for the second successive year, by Chris Smales defeating Archie Lambert in the final. The Keith Drinkall trophy provided some fine entertainment, especially in the semi finals when the games were played in torrential rain, which eventually flooded the

green. As a result the final was played on the following evening between 2 of the best players in the club with Paul Drinkall defeating Mattie Simpson in a high quality game.

In the next few weeks we have several tournaments where we will continue to raise funds for this year's charity. This will culminate in the Gloria Garnett trophy, on Sunday August 27, which we are hoping will become a major fund raiser for the charity.

Anybody wishing to try this great game can ring myself (Martyn Cox) on 07745 018 459 and we can organise any coaching that may be required.

Happy Bowling!

## Press Release from Craven Lawn Tennis Club, Gargrave



Craven Lawn Tennis Club based in Gargrave have recently held their annual President's Day Mixed Doubles competition which was open to all members. After the completion of the Round Robin part of the competition the two highest scoring couples then played a deciding set in which Sally Clarke and Graeme Southam beat the 2022 defending champions Sally Hopkinson and Jack Tarrant. Here is a photograph of the winners and runners-up with Club President Trevor Dixon. The players were able to dodge the rainy weather and use the four excellent grass courts of the club and the three all weather courts were fortunately not needed on the day.

The club is always happy to welcome new members and the first point of contact is Club Secretary, Beth Whitley, on 01756 749664 or <a href="mailto:secretary@craventennis.org.uk">secretary@craventennis.org.uk</a>.



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## FARMING ON SCALEBER HILL

Iohn Hall

We took a gamble and managed to complete silage making just as the long hot spell of dry weather came to a thundery end. It is always a relief to see the silage clamp full and available for whatever the winter decides to throw at us. Due to only one cut of silage taken late June it enables the ground nesting birds a better chance of rearing their chicks. It is always a pleasure to see broods of pheasant, lapwing and curlew.

The lambs have now had their initial vaccination for chlostridial diseases (primarily pneumonia) and a multivitamin drench to help with any deficiencies. The hoggs (last year's lambs and replacement females) have been sheared due to very heavy fleeces. This should make them more comfortable in the hot weather. The main flock of ewes will be shorn in due course.

The school summer holidays are often a time when grandparents take the younger family members to auction markets for a day out and to enjoy their company. They may even buy them a calf, a sheep or a collie dog pup, which all adds interest and hopefully may encourage the next generation of farmers.

In my case, when my brother and I were 13 and 11 respectively the less we saw of our grandfather the better. He was an intemperate man with a very short fuse who only had one way and that was his own.

One of nine children, his youngest sister, Polly, could never do anything right for their father who was always on her case. Her two eldest brothers became so cross with this treatment that they picked up their father and dunked him in the horse water trough to cool his temper down. As you can imagine, this was the end of the family relationship and soon after the two brothers emigrated to Canada.

Grandfather obviously inherited some of his father's temper. When my father was ill in hospital for quite a few weeks, grandfather moved in to help my mother with the farm. He proved to be a hard taskmaster. We were expected to get up at 5:30am ("if you can't start at 6 o'clock in the forenoon it isn't worth starting at all" were his words) milk the cows, feed the calves and be ready to catch the school bus in Gargrave - that was not easy. Of course on return from school the cows and calves were waiting once again. The minute tea was over all we heard was "bed lads, can't stop up and get up". This regime hit my brother harder than I as he hated farming anyway and only wanted to concentrate on his school work as he had a different career in mind.

Worse was to follow when my mother was taken seriously ill. Thankfully my father was recovering but his idea of cooking was porridge made with water and potatoes! My brother, Ron, offered to take over the making of meals and he was a very good cook. This enabled him to escape having to work on the farm and thus was able to concentrate on his school work. On leaving school he pursued a successful career in banking. I, on the other hand, only ever wanted to farm.

## A HOLIDAY MEDITATION

Dave Tomlinson

Inspired by last month's popular 'Gargrave Art Exhibition' and 'Art in the Dales' exhibitions, we continue with an arts theme for our holiday meditation. You are invited to reflect on the intriguing picture below with the aid of Dave Tomlinson's youtube commentary (see below). It is by the Finnish artist Hugo Sinberg (1873-1917) and was voted Finland's "national painting" in 2006. Dave's video-cast was recorded at last year's Greenbelt, an annual Christian arts and faith festival of which he is a trustee. He draws on Henri Nouwen's insight of the 'wounded healer': it is not through our perfections that we heal the world but through our brokenness.

## The Wounded Angel



To watch the video, search: 'youtube holyshedlet out of the mud' **Acknowledgements:** Sourced from Dave Tomlinson's Holy Shed facebook page - (https://www.facebook.com/theholyshed)

## THE 5 Rs

Chris Bolas

The Five Rs, Refuse, Reduce, Re-use, Re-purpose, and Recycle, not the three Rs I recall from my school days, but just as important. The government estimates that the UK produces 65 million tons of waste each year and if things do not change it will be 425 million tons per year by 2050. It is unsustainable practically (where are we going to put it all) and environmentally. As a nation we recycle less than 30% of that waste. Recycling is no longer a nice to do, but an essential activity for very person and business. At church in the coming weeks, we will be asking if people will fill out a survey to see what we are doing about recycling and to help us consider how we might improve on what we do.

## REFUSE non sustainable products and packaging

We can always refuse to buy non-recyclable products by only purchasing products in recyclable/reusable packaging. We can ask retailers to do better, by providing options which are not packaged in non-reusable materials. We can avoid packaged products altogether wherever possible. Avoid coffee/tea in non-reusable cups or carry a multi-use cup made in a renewable material. Do not buy bottled water, use tap water. The current suggestion is to create closed -loop processes which are circular packaging processes where the sustainable packaging (generally not plastic) is reprocessed over and over again, in some cases by the same manufacturer.

Some people have gone as far as removing the packaging, particularly that which is single use plastic, before leaving the shop as a form of protest. Dare you?!!

### REDUCE use of resources

Make sure you use as few resources as possible, printing on both sides of the paper and avoiding single use plastics. The biggest problems here are with containers for make-up, cleaning and toiletries. Think about cleaning products which use more concentrated forms of the product where you add water at home. Think about what you really need. Fashion is the biggest driver of over-consumption, so think about purchasing clothes that will last longer and made of natural fibres.

### RE-USE

Single use plastic is choking the planet and has created our throw away society, this needs to shift dramatically. As I've already said, look to eliminate single use plastics even if they are recyclable as we only currently recycle 20% of them. Use products which can be reused and come from natural sources, cardboard, rechargeable batteries (if you have to use them) reused printer cartridges. Think about using second hand tools or borrow/lend them, swap clothes with your family and friends, read e-books rather than always buying new ones.

### RE-PURPOSE - make something new out of something old

Where you cannot refuse, reduce or reuse, think about how to repurpose things. Re-upholster chairs and sofas instead of throwing them out. Look for opportunities to upcycle furniture, and old bicycles. Check out Freecycle and Gumtree on line. Create new uses for materials when they have been used.

## RECYCLE /ROT (compost)

Where you have gone through all the options, recycle in the most environmentally friendly way you can find. When purchasing new things make sure they can be reused, repurposed or are recyclable.

Manufacturers and retailers are only slowly adapting to best practice. Hence the need to do a bit of complaining and refusing. Changing our behaviour and making good choices by backing those companies and retailers that are in tune with the environmental issues will influence change. They want our business so they will adapt!

For those with a bit to spare, I think there could be a  $6^{\circ}$  R, Re-invest! Only use banks that are ethical and environmentally conscious about investing your money. Only invest and buy shares in ethical investment products.

We might not be able to do everything, but if everyone does something progress will be made. On a Gargrave Primary School child's entry to the art exhibition, it said, **There's No Planet.** 

## WATER IN AND AROUND GARGRAVE

Duncan Faulkner

### 10. Wells and groundwater

Someone once told me that Gargrave was sitting above a big underground lake. I didn't quite believe them at the time, but it is true that there's a lot of water down there beneath our feet. 99% of the liquid freshwater on earth is in fact underground. Most of it is stored in tiny pores and fissures in between grains of rock, rather than in subterranean lakes or rivers like those we see in karst limestone areas such as parts of the Dales.

Groundwater tends to be out of sight, out of mind. But many people's lives and livelihoods depend on it. One third of public water supplied in England and Wales is pumped out of boreholes, or diverted from springs. And we have groundwater to thank as the reason why the River Aire doesn't stop flowing, even after weeks of dry weather like we had in May and June. Water from aquifers drains out slowly, supporting the flow and life of rivers and lakes.

There are dozens of wells and boreholes in and around Gargrave, some of which I expect are still supplying water to farms, isolated houses and also to Johnson & Johnson (it seems easiest to revert to that name since almost every time I pass the factory seems to have a new name). And scattered around the local landscape there are springs. You can spot them most easily in the winter, when a line of lusher green in the grass, or of melted snow, gives away the presence of a spring at the uphill end, supplying water at a constant temperature of about 8-9°C.

If you start digging a deep hole in Gargrave, once you get down below the topsoil and subsoil you will find a thick layer of alluvial deposits: gravel and sand, deposited by the River Aire over the millennia. Below that, if you are a very industrious digger, after some boulder clay, you might reach the bedrock. It's known as the Hodder Mudstone: a dark grey fine-grained sedimentary rock that does not hold or transmit much groundwater. But you don't have to go far out of the village before the bedrock changes. Head south up Butterhaw Hill or west along Marton Road to Priest Holme Farm and the mudstone starts to be mixed up with limestone, which is better at transmitting water. Along the boundary between these formations you will find lines of springs, where groundwater is forced to the surface after encountering a low-permeability layer of rock. There are several in the vicinity of Butterhaugh Farm and Small House Farm. The higher parts of Sharphaw are formed of sand/grit stone, and there are dozens of springs at the boundary of this layer with the underlying shale which outcrops between Eshton Road and the woods on Sharphaw. These used to supply water to Gargrave.

Between Eshton and Winterburn there is a larger area of limestone, and it's there that we find our best known local spring, St Helen's Well, where water gushes to the surface all year round. It's famous more for its spiritual than its hydrogeological qualities, and that's the direction we will be heading in next month.

## St Michael's Kirkby Malham Church Plant Sale

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## **Gargrave Lands Charity**

Are you currently experiencing financial difficulties and need help?

Do you need financial assistance to pursue
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If you live in Gargrave, Flasby, Eshton, Winterburn, Coniston Cold
or Bank Newton then Gargrave's Lands Charity may be able to help!

Financial assistance readily available in approved cases. Contact one of the trustees listed below to discuss your situation.

Absolute discretion and confidentiality assured.

Phil Ellis	Joyce Garner		
07907 308313	748447		
Christine Charlton	Ian Reed-Peck		
748817	07527 269915		

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13 Aug	Linda Wall	Peter Gardener	Zena Gadener	Paul Maslin	Yvonne Poulter	Peter Poulter	Linda & Andy
20 Aug	Colin Chapman	Jo Akroyd	Robert Akroyd	Helen Wilson	Jo Akroyd	Pam Bolas	Lucy & Jennifer
27 Aug	Kay Craven	Sarah Curtis	Judith Robinson	Jane Dallas	Jane Dallas	Duncan Faulkner	Sarah & Joan
3 Sep	Linda Wall	Family Service					
•		Yvonne	Peter			Peter	Neil &
10 Sep	Kay Craven	Poulter	Poulter	Jean Banks	Kit Gore	Poulter	Denise
	Colin	Mark	Claire	Jennifer	Jennifer		Judith &
17 Sep	Chapman	Preston	Preston	Rowlands	Rowlands	Jo Ackroyd	Sheila
24 Sep	Linda Wall	Peter Gardner	Zena Gardner	Helen Wilson	Paul Maslin	Pam Bolas	Jane D & John H

TRAINS from Gargrave <u>FROM 21 MAY 2023</u> NOTE: There are discrepancies of 1 minute or so between a few train times in the printed timetable and the on-line tabular timetable; the earlier time is quoted here.

**To Skipton** (arr. approx. 9 mins later) & **Leeds** (arr. approx 55 mins later) Mon-Sat 0744 0754 0950S0 1019SX 1048 1150 1350SX 1351SO 1522 (cont'd) 1551 1647 1815 1848SO 1850SX 2019 2134 2216 22371 Sunday 1121 1210 1420 1448 1656 1856 2107 2123

**To Giggleswick** (arr. ~ 20 mins later) & **Lancaster** (arr. ~ 65 mins later) M-Sat 0525SO 0528SX 0731 0902 1102SX 1103SO 1304 1504 1815 2006 Sunday 0922 1115 1412 1615 1814

**To Settle** (arr. ~18 min later) & **Carlisle** (arr. ~2hrs later) Mon-Sat 0605SX 0712SO 0832SX 0833SO 1003 1133 1604 1732 (cont'd) 1902 2033<sup>2</sup>

Sunday 0950 1315 1509

NOTES: Location of Pick Up in Gargrave for Rail Replacement Buses is uncertain: may be beside The Summer Seat on High Street OR at Station Entrance: CHECK WITH NORTHERN. Generally, only DIRECT journeys are shown. 1. Mon-Fri change at Skipton for Leeds. 2. Ribblehead only. As of 16 July: No Engineering works affecting Gargrave in August & September have been identified. That may change. Check with Northern Railway. For live info on next 2 trains text GARGRAVE to 84950, or go to www.realtimetrains.co.uk/

**BUSES from Gargrave** \*Except Bank Holidays from 2 May 2023

**To Skipton** (arr.~15min later) (Svces 75, 210/211, 580, 864) (M = from Malham) M-Fri\* 0820 0910 0955 1055 1057M<sup>7</sup> 1155 1255 1355 1357M<sup>7</sup> 1455 1555 1810 Saturday 0820 0910 0955 1155 1235M 1355 1555 1655M 1755

Sundays + B.Hols [864] to 22 Oct 1210M 1512M 1702M

**To Settle DIRECT** (arrives  $\sim 25$  mins later) (Service 580/75) and (++) onward to **Kirkby Lonsdale** (Service 581) and thence to **Lancaster** (Service 81/82) Mon-Fri\* 0905++10001100++12001300++14001500++1600++1700++1900++1000++

**To Malham** (arrives ~ 25mins later) (Services 210/211, 75, 864)

Mon-Fri\* [210/211] 1000<sup>7</sup> 1310<sup>7</sup> Saturday [75] *to 28 Oct:* 1000 1445

Sundays + Bank Hols [864] to 22 Oct: 1057 1242 1542

**NOTES. 7.** Tues & Thurs (as service 211) stops at Coniston Cold 4 mins after Gargrave.

## **Public Transport back to Gargrave**

TRAINS to Gargrave FROM 21 MAY 2023

SEE NOTE on Discrepancies, on previous page. <u>Last DIRECT TRAIN</u>

**From Skipton** (arr. Gargrave ~ 6 mins later) **from LEEDS to GARGRAVE**Mon-Sat 0519SO 0522SX 0600SX 0707SO 0725 0826SX 0827SO 0856 **1949**0958 1057 1127 1258 1458 1559 1727 1810 1856 2000 2027

Sunday 0917 0945 1110 1309 1406 1503 1609 1808 **1731** 

**From Lancaster via Giggleswick** (<u>Trains</u> arr. Gargrave ~ 65 mins later)

Mon-Sat 0648 0941 1046 1246SX 1248SO 1447 1745 2030 2131 Sunday 1103 1344 1552 1752 2017

**From Carlisle** (direct: arr. Gargrave ~ 2 hrs later)

Mon-Sat 0549SX <u>0713S0</u><sup>13</sup> 0753S0 0824SX <u>0927S0</u><sup>15</sup> <u>1058</u><sup>15</sup> 1336 1450 1618 1824 <u>2013</u><sup>14</sup> 2145<sup>13</sup>

Sunday 0925 1223 <u>1520<sup>15</sup> 1607<sup>15</sup> 1725<sup>15</sup> 1911</u>

**NOTES: 13.** From Ribblehead only. **14.** For Gargrave, change at Settle. **15.** Stops at Hellifield & Skipton, <u>but NOT GARGRAVE</u>. Living in BD23, you can buy a DALES RAILCARD: £10.00/ year. 1/3 off Anytime & Off-peak rail tickets between Gargrave, Leeds, Bradford, Carlisle, Morecambe, Lancaster. Big discount for children with you.

**BUSES to Gargrave \*Except Bank Hols.** M = Malham service. From 2 May.

**From Skipton** Bus Stn.(arr. Gargrave ~15 min) (Svces 75, 210/211, 580, 864)

 $M-F*\ 0850\ 0945\ 0950M^{8}\ 1045\ 1145\ 1245\ 1300M^{8}\ 1345\ 1445\ 1545\ 1645\ 1845$ 

Saturdav 0850 0945M 1045 1245 1430M 1445 1645 1745 1845

Sundays + B.Hols [864] to 22 Oct 1045M 1230M 1530M

**From Settle DIRECT** (arr. Gargrave ~25 mins later (Service 580)

+ from Kirkby Lonsdale (581) and ++ from Lancaster (81/82)

Mon-Fri\* 0755++ 0845++ 0930++ 1030 1130++ 1230 1330++ 1430 1530++ 1745++

Saturday 0755+ 0845++ 0930++ 1130++ 1330++ 1530++ 1730++

Sundays + B.Hols: *No Service* 

**From Malham** (arr. Gargrave ~25mins later) (Services 75, 210/211, 864)

Mon-Fri\* [210/211] 10358 13358 from opp. Buck Inn

Saturday [75] to 28 Oct: 1210 1630 [corrections] from opp. Buck Inn

Sundays + B.Hols [864] *to 22 Oct:* 1145 1450 1640 from Nat Park Car Pk

**NOTES 8**. Tues & Thurs service stops at Coniston Cold 18 mins after Malham

Operators: northern railway www.northernrailway.co.uk 0800 200 6060 [Travel Assistance 0800 138 5560]; 75/580/81/82, Kirkby Lonsdale Coach Hire klch.co.uk 01524 733831; 210/211, NYC www.northyorkstravel.info/route/2358/ 0300 1317 131; 864, Keighley Bus Co www.transdevbus.co.uk/keighley/ 01422 553 576; Buses (general) www.dalesbus.org Traveline 0871 200 22 33 www.traveline.info; National Rail Enquiries 03457 48 49 50 www.nationalrail.co.uk; Rail Ombudsman www.railombudsman.org 0330 094 0362



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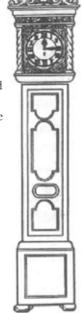
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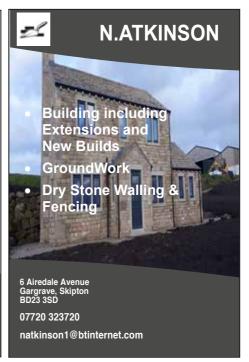


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