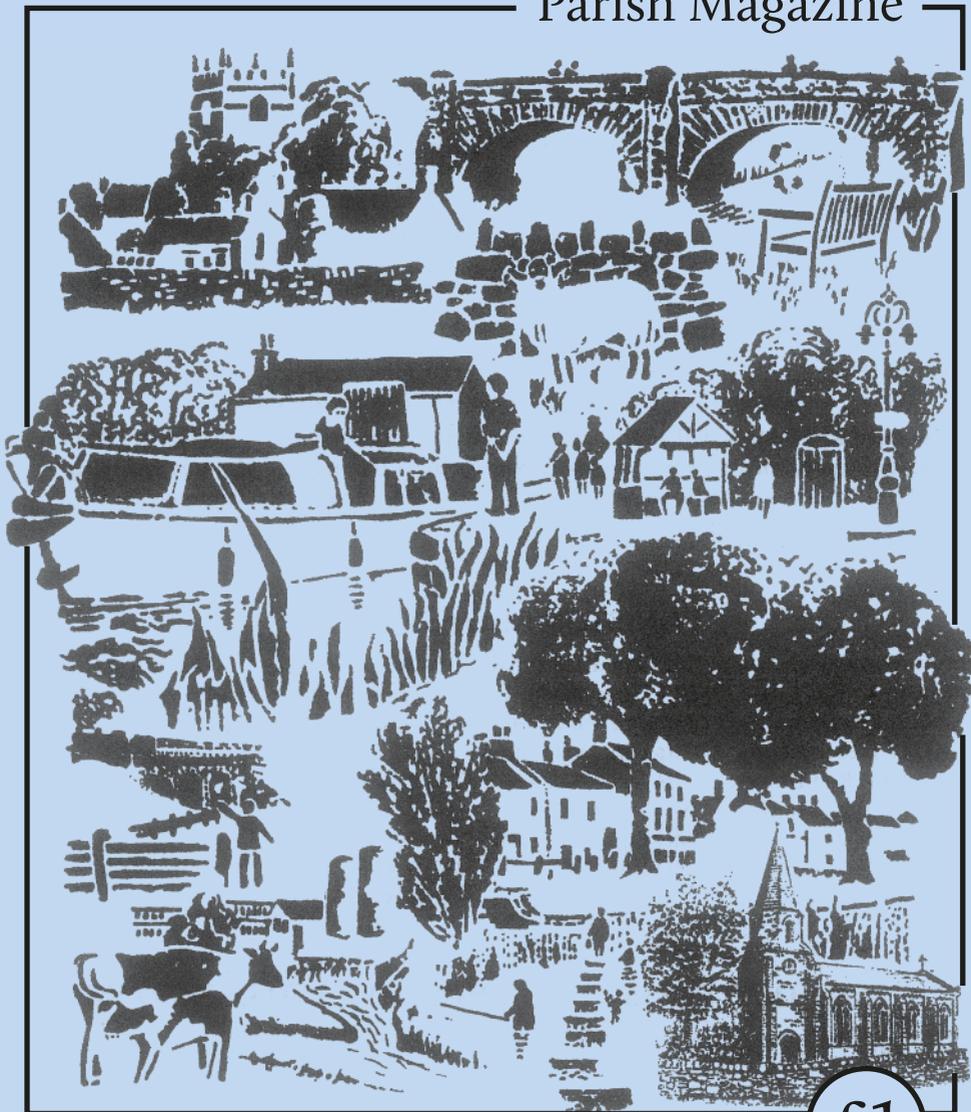


GARGRAVE & CONISTON COLD

Parish Magazine



NOVEMBER 2023

£1

CONTACTS

St Andrew's Church, Gargrave		www.standrewsgargrave.org.uk
Vicar	Revd Andrew Steer	749275 07906 554938 andrew.steer@leeds.anglican.org
Associate Priest	Revd Sue McWhinney	07484 181699 01729 830293 sue.mcwhinney@leeds.anglican.org
Churchwarden	Linda Wall	07580 552 888
Organist	Susan Watkiss	798660 sue@suewatkiss.co.uk
Treasury team	Helen Wilson	748977 helen_thunder_bay@hotmail.com
	Joanne Ackroyd	djoanneshaw@googlemail.com
Gift Aid	Sarah Curtis	748510 11 Marton Road
St Peter's Church, Coniston Cold		
Vicar	Revd Andrew Steer	As above
Churchwarden	Nick Bannister	Airebridge Farmhouse, Bell Busk 01729 830157
Treasurer	Carol Saxby	
PCC Secretary	To be advised	
Electoral Roll	To be advised	
Gargrave Parish Council		www.gargravepc.org.uk
Clerk	Kathryn Ashby	668209 gargravepc@yahoo.com
Coniston Cold Parish Council		
Clerk	Rachel Jones	748125
Gargrave C of E Primary School		www.gargrave.n-yorks.sch.uk
Head teacher	Sarah Peel	749433 admin@gargrave.n-yorks.sch.uk
Gargrave Village Hall		www.gargravevillagehall.org.uk
Bookings	Christine Town	749730 david.town48@btinternet.com
Coniston Cold Village Hall (The Richard Tottie Memorial Hall)		
Bookings	Vacant	
Parish magazine		www.standrewsgargrave.org.uk
Editors	Clare Maslin and Sarah Barton	gargraveparishmag@gmail.com
Advertising	Kim & Les Hatfield	parishmagads.gargrave@outlook.com 07711 718153
Subscriptions	Tony Wimbush	gofar99@googlemail.com

Organisations Please let us know if you'd like to amend, add or remove an entry.

Caterpillar Club (0+)—St Andrew's Church, Wed 10am, Charlotte McDonnell, cea92@hotmail.co.uk, 07885 474998

Gymnastics (5+)—Mon and Wed, 4-6.30pm, info@ambitionsgymnastics.com

Rainbows (5+)—Tue 5-6pm, Primary School

Brownies (7+)—Tue 6.15-7.30pm, Primary School, malhamdalebrownies@gmail.com

Guides (10+)—Tue 7.30-9pm, Primary School, gargraveguides@gmail.com

Young Farmers Club—Coniston Cold, Tues 7.30pm, Sarah Hargreaves, 01729 830123

Lunch Club, Neville Crescent Community Centre, 2nd Wed each month, 12.30pm, Carol 748990

Bowls—outdoor, Mar to Oct, Gargrave Bowling Club, Martyn Cox, 07745 018 459

Bowls—indoor, Oct to Mar, Tues & Thurs 2-4pm, Joan Griffin, 749277

Cricket—Gargrave Cricket Club, Mark Jones, 07498 288654

Cycling—Gargrave Tuesday Club, Dalesman, Tues & Thurs, Trevor Pickles 01282 844788

Golf—Mason's Arms Golf Society, 749304

Hunt—Pendle Forest & Craven Hunt, Tony Holmes, 748200

Pilates—Classical, Zoom Mon 9 & 10.15 am, Village Hall Tues 6 & 7pm Wed 7pm Thurs 9, 10 & 11.15 am, Cate Davies 079 5533 8775

Tennis and Croquet—Craven Lawn Tennis Club, Beth Whitley 749664,

www.craventennis.org.uk

Table Tennis—Gargrave Village Hall Annexe, most weekends, Allison Wiffen, 07880 520071

Tai Chi & Qigong—Village Hall, Wed 1pm. Ian Cresswell. See

<https://gargravevillagehall.org.uk>

Tai Chi Qigong—Green by War Memorial, Wed & Thurs 9.30am, Zoom Mon 9am, Zoom Fri 9am (with Pilates), Bee Faulkner, 07778 90994, www.beeactivebeerelaxed.com

Gentle Hatha yoga—See <https://gargravevillagehall.org.uk>

Art—Gargrave Art Group—Village Hall, Mon 1-3.30pm, Bev Parker 749910

Bell Ringing—St Andrew's, Mon 7.30pm, Sun 10.00am, Ali Lucas, 07921 970961

Handbell Ringers—St Andrew's, Wed 2 - 4pm (not all Wed; phone to check). Cynthia Hardyman 748839

Bingo—Neville Crescent Community Centre, Mondays 1.30-4pm, Carol 748990

Gargrave Heritage Group—Tues 10am, St Andrew's Church, Martin Thompson, 01756 541317

Gargrave Community Library—email admin@gargravelibrary.co.uk, Patsy Simpson 749489. Opening hours: Mon, 3pm-5pm; Tues, 10am-12pm; Wed, 2pm-4pm; Thurs, closed; Fri, 2pm-4pm; Sat, 10am-12pm; Sun, closed.

Craft and Chat—St Andrew's, Tues 2pm, Sylvia Humphreys 748779

Parish Council Meeting—Village Hall side room, 1st Wed of the month

Snooker Club—Village Hall Snooker Annex, every day, Stewart Smith 749340

Gargrave 22 Group—Village Hall, 2nd Wed in month, 7 for 7.30pm, Glenys Riley 07715 878709



Above Kirkby Stephen Debbie and Johnathon

Magazine contributions, adverts and subscriptions

This magazine is produced by St Andrew's Church for the benefit of the whole community of Gargrave & Coniston Cold parishes. We welcome short articles, news, notices of events, anecdotes, announcements, obituaries, letters & photos, free of charge, subject to space and relevance.

Handwritten submissions can be delivered to 3 Marton Close, BD23 3PG.

Advertising: Les & Kim Hatfield
07711 718153
parishmagads.gargrave@outlook.com

Ads cost £11 per ¼ page per month,
other sizes pro rata
(discounts for annual ads)

Subscriptions: Tony Wimbush 749917
gofar99@gmail.com

Subscriptions cost £11 per year,
delivered to your door

Editorial: Clare Maslin and
Sarah Barton
gargraveparishmag@gmail.com

December editorial deadline:
10 November

Read the magazine online at <https://www.standrewsgargrave.org.uk>

Printed in Skipton by EP Print on FSC recycled paper

COLLARED!

Revd Andrew Steer

If only things could stay the same...

Living in our beautiful villages is a real privilege; communities rooted for generations in ways of life -whether they be 5th generation farming families, business owners or mill workers; our beautiful historic churches watching over us for hundreds of years, and traditional village life bobbling along as it always has done. It can easily feel like living in a cosy little bubble where life is safe and cushioned from reality. However, this would be an illusion, since one immutable fact of life is change itself.

Whether it be a new pub landlord, new business owners, new neighbours or even new people in church, change can bring exciting opportunities and new possibilities in life. The downside of change is that we often must let go of something or someone precious. Whether that's a loved one slipping away gradually to a progressive or terminal illness, or even a sudden traumatic loss, either way those left behind must work out how to live in a new way – a changed world. Even for ourselves, no matter how hard we try to defy it, age brings a decline in health and abilities, and we cling to our memories as a comfort from the past, but what of the future?

These last few years have seen the world change beyond our imagination – the pandemic, leaving the EU, the invasion of Ukraine, wars and unrest right around the world. Food shortages and a cost-of-living crisis, with energy costing more than ever before – all these things create fear and insecurity about the future. The reality of climate change is hitting home with extreme weather patterns never seen before, and consequently we see the effects of greater migration, food insecurity and whole countries threatened by the devastation of wildfires, floods, landslides and drought.

Many of us will meet this month to remember those who valiantly served their countries in both wartime and peacetime, giving thanks for the personal sacrifices they made for our safety and in the hope of creating a better world for all. And yet, how quickly the lessons of the past are forgotten – we think of the war in Ukraine, the atrocities carried out in Israel and Gaza, and the subsequent suffering of innocent people on both sides.

The truth is, that life is constantly changing and that means that for many people life can be very stressful and challenging. As our world changes in so many ways it's no wonder that people feel insecure, afraid and really fear for the future.

This is where faith comes in. As a Christian I believe in a God who never changes, who is utterly reliable and will never let me down. I believe that He loves the world

He created and that He especially loves human beings, whom He created 'in His image' i.e., with great pride and potential. I believe in God who loves me as a Father, who paid the highest price in allowing His Son to die for me, so that I might share in His incredible plans for the future of this world. I don't always understand God, I can't explain why suffering and evil are allowed to continue, but none of this matters. I'd rather believe in a God who is beyond my comprehension than a smaller god I can bring out when it's convenient.

My faith tells me that no matter what, God loves me, and He loves you, and that He is the one constant in this crazy world. No matter how frightening the future seems, I know that God has everything contained within His plan for a better world, where everyone has enough, there is no war or injustice, and all can grow to their full potential. It also tells me that whatever I face in life, whatever suffering I must go through, that God is my constant companion, my help and my guide.

Wishful thinking? A Crutch for people who can't face reality? A fairy story? False hope? So say the atheists but show me a person who doesn't want a prayer when life is hard. I'd rather live a life believing in a fabulous God, full of hope, comfort and strength than the alternative.

In all the changing scenes of life, God is the anchor of my soul, my strong tower, a fortress who shields me from the stormy blast.

In the words of the hymn,

we blossom and flourish
as leaves on the tree,
and wither and perish,
but nought changeth Thee.

May God be with you, in whatever change you are facing.

Andrew

DIARY FOR OCTOBER

Coniſton Cold

Sun 5	Compline evensong, 4pm, Church. Bring and share tea after 4pm Service.
Sun 12	Prayer book Communion, 9.30am, Church.
Sun 19	Compline evensong, 4pm, Church.
Sun 26	Prayer book communion, 9.30am, Church.

Gargrave

Wed 1	Parish Council meeting. 7.15.p.m. Village Hall Annexe.
Sat 4	Glory of Voice and Piano 2:30-4:30pm- see advert
Sun 5	BCP Holy Communion, 8am, Church. Breakfast, 10.30am, followed by 11am Family service, Church.
Mon 6	Coffee morning (every Monday), 10.30am – 12pm, Church. Skipton & District Railway Society meeting 7:15pm in Village Hall annex
Tues 7	Craft and Chat (every Tuesday), 2pm, Church. Indoor bowls every Tuesday and Thursday through to April, 2pm – 4pm, Village Hall.
Thurs 9	Indoor bowls every Tuesday and Thursday through to April, 2pm – 4pm, Village Hall.
Fri 10	Coffee morning (every Friday), 10am – 12pm, Neville Crescent Common Room. Coffee and biscuits £1. Picnic Supper Dance with live music from Organist Elizabeth Harrison. 7.30.p.m -11.p.m. . £6 admission. Village Hall
Sun 12	Remembrance Sunday Matins, 8am, Church. Sung Eucharist, 11am, Church. Gargrave Village Hall Management Committee Collectables and Craft Fair. Village Hall. 9.30.a.m - 3.30.p.m. Light refreshments. 50p admission.
Fri 17	Library film night Village Hall 7 for 7:30 see ad
Sat 18	Craft Fair - Village Hall 10-3:30 Light refreshments 50p admission. Stall enquiries 01757 229805.

Sun 19	<p>Matins, 8am, Church. Morning Worship 11am Church</p> <p>Craft Fair - Village Hall 10-3:30 Light refreshments 50p admission. Stall enquiries 01757 229805.</p>
Mon 20	<p>Church Closed until Saturday - carpet being fitted</p> <p>Skipton & District Railway Society meeting 7:15pm in Village Hall annex</p>
Sat 25	Christmas sale of work 10- 12 in Church with cafe
Sun 26	<p>BCP Holy Communion 8am Church Family Communion, 11am, Church</p> <p>Broadway Fairs Flea Market and Collectable Fair: 10.a.m - 3.30.p.m. Village Hall. Refreshments available until 3.p.m. 50p admission.</p>



PARISH MAGAZINE EDITORIAL TEAM SEEKS NEW EDITORS!!

We are looking for one, or two, new editor(s) to join our team.

As co-editor you will be responsible for up to four issues per year of the Parish Magazine. This involves collating and editing all the material and getting everything ready to send off to the printers. The time commitment involved should be no more than 20 hours per issue. This is a generous estimate!

The prospective editor(s) will have access to their own computer/laptop with Word processing software, access to emails, and an internet connection. You will also be able to navigate Google Drive—the current editorial team can help with this and all aspects of putting the magazine together.

The current editors work with Windows and Chrome operating systems. We have found working with macOS to be quite problematic.

Please contact Clare and Sarah at gargraveparishmag@gmail.com if you think you might like to join the team or if you would like more information. We are very happy to meet for a chat.

The editor rejected my book, he said my metaphors are incomprehensible...

I'm sad as a coconut.

What's the difference between an ER doctor and an editor? One has patients with comas, the other has patience with commas.

EVENTS

Share a prayer with St Andrew's Church.

Peter Poulter

Each morning at 9.00 a small group of people meet in S Andrew's to pray for the church and the village. You are welcome to join them. Either come along to church, or maybe just pause for a moment, wherever you are, and share a prayer.

This picture by the French artist Jean-François Millet shows a couple stopping their field work to pray when they hear the Angelus bell from the distant church. If prayer is not a word you use, then just pause and reflect in your own way

hopefully and lovingly for the life we share in our community.

Each month our prayer will focus on a particular part of the parish. In November we will be praying for those who live and work in the High Street and beyond from East Street out Twin Locks to Shuttleworth's Farm



Gargrave Library

Dave Smith

On Friday 17th November we will be showing '**Where The Crowdads Sing**'.



This award winning American mystery drama is based on the 2018 novel of the same name. The story follows an abandoned yet defiant girl, Kya, who raises herself to adulthood in a North Carolina marshland, becoming a naturalist in the process. When the town's playboy is found dead, she is the prime suspect and is tried for murder. Away

from the plot the scenery and wildlife shots are stunning.

Starring: Daisy Edgar-Jones, Taylor John Smith, Harris Dickinson, Michael Hyatt

The customary Cafe style seating will be in place, so please bring your own refreshments. The Village Hall doors open at 7.00pm with the film starting at 7.30pm. Tickets are £5.00 on the Door with under 16s free. Sorry but we can only allow Guide Dogs into the Hall.

All proceeds from the film nights go towards the running costs of the Community Library and the Library Committee thank you for your support.

Future film show dates as follows:

15th December **Nativity**, a British Christmas comedy.

19th January 2024 Film title to be advised

23rd February 2024 Film title to be advised

And a few more dates for your diary:

Saturday 11th November: Joint Coffee Morning with the Village Hall

Monday 20th November: The Library AGM and all Library Members are welcome to attend. 7.00pm in the Library.

A quick plug for the 100 Club which is a vital source of funds for the Library. There are still a few Numbers available at a cost of £2.50 a month with a monthly prize draw of £50, £20 and £10 and a bumper draw at Christmas when the prizes are doubled. Application forms are available in the Library or on the Library Website, www.gargravelibrary.co.uk

A reminder to current members to please let us know if you change your postal address or other contact details to ensure we deliver any prizes to the correct address.

Craft and Chat Christmas Sale of Work

Sylvia Humphreys

A sale of work will take place in church on the morning of Saturday, 25th November from 10:00 a.m. until noon. Items made by members of the Craft and Chat Group and others will be on sale. There will also be a chocolate tombola and a cake stall.

Admission is £3; the charge includes tea or coffee and a mince pie. Please come along and perhaps you will find those Christmas gifts you have been looking for. The proceeds will go towards church funds.

**The Glory of Voice and Piano, 4 November
2.30 – 4pm, St Andrew’s Church**

Clare Maslin

The Glory of Voice and Piano

An afternoon of classical song and piano presented by

Elaine Dave - Soprano



Ellie Everhart - Piano



**Saturday 4th November 2:30-4:30pm (note time change!)
St Andrew’s Church Gargrave**

£10 Adult inc complimentary glass of Prosecco
£5 16 and under inc complimentary non-alcoholic drink
Pay on the door

The programme will include music from the Baroque period, through the romantic era to the 21st century including songs by Handel, Fauré, Gounod, Gurney, Copeland, Britten and Walters.

This is a wonderful opportunity to listen to two very talented professional musicians, have a glass of bubbly and still get home in time for the fireworks. We might have a little surprise at the end as well!

Enquiries: Clare Maslin - claremaslin@yahoo.co.uk or 07809 561 672



All digital talks can now be booked via the online ticketing platform, Eventbrite. The Zoom link for the talk will be sent out via email in the usual way a few days prior to the scheduled talk.

Both talks can be booked via our Events page:

<https://friendsofthedales.org.uk/events>

Or via:

www.eventbrite.com/cc/friends-of-the-dale-autumn-winter-talk-programme-2567229

Online Talk: Funding for Sustainable Business & Community Projects in the Dales

Wednesday 6 December, - slightly later time of 5.00pm

This talk is pitched at businesses, community groups and individuals wanting to find out more about how the Yorkshire Dales National Park's Sustainable Development Fund can support projects that aim to promote a more sustainable way of living in, working in or visiting the National Park. Meet Andrea Burden, Sustainable Development Officer for the Park who will introduce the scheme, the funding available and how to apply. Edward Sexton of Clapham based Glencroft will then reveal how the fund helped kick-start his company's now successful 'farm to yarn' project - Clapdale Wool - buying fleeces from farms within a 5-mile radius and transforming them into Yorkshire-made hand-knit yarn.

Online Talk: Access the Dales

Wednesday 17 January, 4.30pm

Since becoming a wheelchair user in 2011, Debbie North has campaigned tirelessly to break down barriers and promote countryside accessibility for all. Founding the charity, Access the Dales, whose motto is 'making the inaccessible accessible', there are now nine 'free to borrow' all terrain wheelchairs available from designated sites across the Dales. Debbie was also appointed Cabinet Office Disability and Access ambassador for the Countryside in 2022. This talk offers a unique opportunity to learn about the successes and improvements Debbie's campaigning has achieved, along with the challenges still to surmount.

<https://friendsofthedales.org.uk>

Events at Kirkby Malham Parish Hall Nov 2023

Revd Sue McWhinney

Saturday 4th November at 7.30pm

Live music night with singer/songwriter TOM SCOTHERN

Tickets £15 (£10 under 16's) please buy in advance from Town End Farm Shop, H's of Malham, or Joyce on 0751 431 7578

includes chilli and jacket potato supper

(veggie and gluten free options available; please let us know in advance)

Raffle. Cash Bar.

Monday 13th November: Christmas Fair, 5pm to 8pm

Stalls, mulled wine, light snacks, tea and coffee. Free admission

Please contact Gill O'Neill at the Old Barn Tearoom on 07840 962937 to book a stall (£10 a table)

Friday 17th November: Christmas Wine Tasting, 7pm

Tuition by Alison Askew, six wines to taste, cheese, pate and biscuits,

£20 per ticket, in advance from Caroline Rosier 07815 100353

Saturday 25th November: Film Night, 7pm

'A room with a view'



Tickets £7 on the door, includes pie and pea supper (veggie and gluten free options available; please let us know in advance of any dietary requirements). Bar open.

Friday 1st December: Christmas Wreath-Making with Ruth Hall, 1.30pm to 4pm

£30, includes afternoon tea, a glass of Prosecco, and all materials

Come along and make your own wreath; advance booking essential

Please book your place by emailing malhamdaleparishhall@gmail.com

Please look out for news of other events including our regular Film Nights on village noticeboards and our FB page:

www.facebook.com/MalhamdaleParishHallKirkbyMalham

Any enquiries re events or bookings, please email Sue on

malhamdaleparishhall@gmail.com (note new email address) or call 07484 181699

Gargrave 2022 Group News November Meetings

Sarah Kirk

On Wednesday 8 November, we welcome master baker, Mike Armstrong, who will be sharing his best Christmas baking ideas with us.

The meeting will be held at Gargrave Village Hall, 7 – 7.30pm. £4 admission on the door, to include light refreshments. All welcome.

NEWS

Report: St Andrew's Quiz Night 19th September

Clare Maslin

When we decided to run a quiz night with a fish and chip supper in a C of E church we weren't sure how many people who weren't used to going into these beautiful but rather daunting buildings would turn up. I am a Christian but I still remember the first time I went to an event at St A's shortly after we arrived in the village and facing the huge wooden doors with some trepidation!

Well, as it turned out, we needn't have worried as over half the people who came were new to us and we all had a fantastic evening.

Quiz master extraordinaire Les Hatfield had prepared a brilliant quiz where

everyone could have a go. We also had a separate quiz on the table full of mind bending logic questions such as in the section where you had to guess the drink the clue was "What a hypochondriac does when he wastes the doctor's time". You will find the answer below. I did not get that one but my clever friend did which truly amazed me!



Fish and Chips were provided by The Frying Yorkshireman and as ever arrived

piping hot courtesy of Robert Ackroyd who valiantly went out and single handedly picked up orders for about 45 people.

People brought their own drinks which ranged from plastic cups and cheap juice (our table) to wine glasses and a couple of bottles (I won't mention any names but they didn't win...)

It really was a fun event with a lot of laughter and, of course, arguing over whether Farfalie pasta which is apparently bow tie pasta (you learn something new everyday) could also be described as butterfly pasta. I thought it could but was overruled (I'm sure that was why we didn't win!).

The funniest part of the evening on our table was when out of a list of the Spice Girls we had to name the missing one - I knew it was Geri Halliwell and we kept saying "yes she was the one with red hair" but couldn't for the life of us remember her name....then came the answers and of course it was Ginger Spice....Ok maybe there was a reason we didn't win!

At the end of a great evening the winners by 1 point were the Bell Ringers - see photo...if you really want to..I mean it's not the winning that matters it's the taking part. At least that's what our team said as we walked home in the dark on a lovely evening feeling warmed inside and out!

Thanks go to everyone who made the evening possible especially Les and Robert. Watch out for the events coming up and remember if you're unsure about passing through the wooden doors you needn't worry - you'll always get a warm welcome and hopefully have a laugh or two.

Answer: Champagne

A few Jokes.....

I have an inferiority complex, but it's not a very good one.

I told the doctor that I broke my arm in two places. He told me to stop going to those places

I was wondering why the cricket bat kept getting bigger and bigger - and then it hit me.

My teachers told me I would never amount to much because I procrastinate. I told them "just you wait and see"

I ordered a chicken and an egg from Amazon...I'll tell you which comes first.

ENJOY READING

but can't go out?

Get Library books delivered to you for Free



Regular and Large Print books delivered fortnightly. We can help to choose books for you.

Please contact
Gargrave Library

HOME DELIVERY SERVICE
on **07974 079 282**

To arrange for us to visit you at home **do call us soon**

LIBRARY OPENING HOURS
Mon 3-5pm
Tues 9.30am-12pm
Wed 2-4pm
Fri 2-4pm
Sat 10am-12pm



Gargrave Church of England (VC) Primary School

Sarah Peel

'Whatever you do, work at it with all your heart, as working for the Lord'

LOVE, PEACE, HOPE

01756 749433

admin@gargrave.n-yorks.sch.uk

Prospective Parents

If you have a young child, a primary-aged child, or have moved into the area, we would love to show you around our wonderful village school. Please ring the above number, or e-mail us and we will arrange to show you our pupils working in school.

Our pupils thrive with all our school values and we know that they leave school with these things:

- Reach their full potential in and out of school
- Have self-belief and self-confidence
- Delight in learning and reading
- Know how to stay safe
- Have resilience
- Proud of our community
- Have ambition and broad horizons
- Positive relationships
- Healthy mind and body
- Good behaviour

Are you interested in volunteering in school?

Last year we had several new volunteers in school who supported individuals with reading, this has been brilliant, thank you.

We are looking to increase our volunteer reader team in school. If you are interested and are able to commit to an hour or two a week, you will be trained and made most welcome.

St Andrew's Family Service Review, 1 October

Peter Gardner

A long time ago in a city far, far away an expert lawyer asked Jesus a question, "And who is my neighbour?" he asked.

Jesus answered by telling him a story and that story formed the basis of our service this morning. Many of you will know it, I think. It's the parable of the Good Samaritan. The gist of it is that a man was going from Jerusalem from Jericho when he was attacked by thieves, robbed, and left badly injured on the road. Two blokes came by. One was a priest, the other a Levite (temple helper) and they both ignored him and walked past. Then a third man arrived, a Samaritan, aka hated foreigner, and he helped the man, bandaged him up, took him to the local inn and paid for him to be looked after. At the end of the story, Jesus asked the expert lawyer, "Which of the three men who came upon the beaten-up man, do you think was a neighbour to him?" Well, that's a no-brainer, isn't it. It was the hated Samaritan.

The point Jesus was making, of course, was that our neighbour is anyone we come across who's in need – and when that happens, we should show love to them.

This was emphasised during the service in several different ways. We had a modernised dramatic reconstruction with two lovely ladies from the congregation beating up (not really!) a young woman on 'Skipton High Street,' and leaving her

lying on the ground while Vicar Andrew and a local charity worker passed by, (totally out of character, I'm sure). Then a travelling biker, aka a good Samaritan, (anyway he didn't seem to be a hells angel – not that I've got anything against hells angels, of course, especially if they're lovely Christian people and not from hell) administered first aid to the helpless victim then took her to the latest inn with no doubt, en-suite accommodation and beautifully scented soap, and paid for her to stay there until she had recovered.

The worship group sang some complementary songs, like "The Road is Long with many a Winding Turn (Neil Diamond version – not the Hollies) and then we broke up into seven groups, each with a different way of exploring the story and applying it to our lives -which is the whole point, of course; loving your neighbour as yourself, I mean. Actually doing it, not just hearing about it. Then, having discussed it, we were challenged to resolve *how* we were individually going to *do* it.

Oh, and I must remember to mention the taster, cooked breakfast (get it). I did enjoy my bacon butty and coffee. You really should come and try it – and remember- this is not just breakfast, this is ST. ANDREWS BREAKFAST.

News from the Belfry

Alison Lucas

Read the article about the Quiz night to see what the bellringers have been up to!

Gargrave Pantomime Group news

Gargrave Pantomime Committee

Rehearsals for Gargrave's 2024 Pantomime, *Babes in the Wood*, are well underway. Adults can still get involved behind the scenes and we are always looking for volunteers to:



- serve refreshments at Sunday afternoon rehearsals after Christmas;
- repair or alter costumes;
- make clothing props;
- help front of house for performances:
 - selling refreshments during the interval;
 - selling raffle tickets;
 - being a fire marshall.

We will be very appreciative of any time you can offer, be it one hour or a more regular commitment.

You'll generally find us at the Village Hall on Thursday evenings from 6.30pm. Ask for a member of the Committee or you can email gargravepanto@gmail.com for more information on the volunteer opportunities available.

DATES FOR YOUR DIARY!

Babes in the Wood will run for four shows from 15 to 17 February 2024.

Coniston Cold Young Farmers Club

Alfie Wright

For the last meeting in August, it was decided that the river had finally subsided enough to try floating the rafts which members had made at a previous meeting. Each team took it in turns to float their raft as quickly as possible down to the finish line. This was hilarious to watch and everyone had a great time.

September started with a meeting at Kirkby Malham by kind invitation of the Wellock family. This was for 'fat lamb judging'. Members had to carefully study the 4 lambs, which were marked A, B, X & Y and place them into order on their judging cards. They then took it in turns to explain to the guest judge their reasons for putting them in that order. A total of 100 points are up for grabs. 50 points are given if they match the judges placings and points are also gained for accuracy of observation, a comparative rather than a descriptive statement and style and ability. The following week some of our members got the chance to try out their judging skills again, as they travelled to Bolton-by-Bowland to compete for the coveted Semple Trophy. This is an annual competition against the other 6 clubs who were in the old Settle District of Young Farmers Clubs. This year they were judging dairy cows and fat lambs in the outdoor competition and cakes and photographs in the indoor competition.

The following week we met at Park House Farm, Malham for the 'pallet challenge'. We were split into teams and instructed to make bridges, which we then tested for strength by standing on them and then gradually adding extra weight.

An extra meeting in September was the Settle District Pig Racing night, held at North Ribblesdale Rugby Club. This was raising money for district funds and everyone who attended had a great time.

For the final meeting in September members met at Matrix Superbowl in Skipton for a fun night of ten pin bowling.

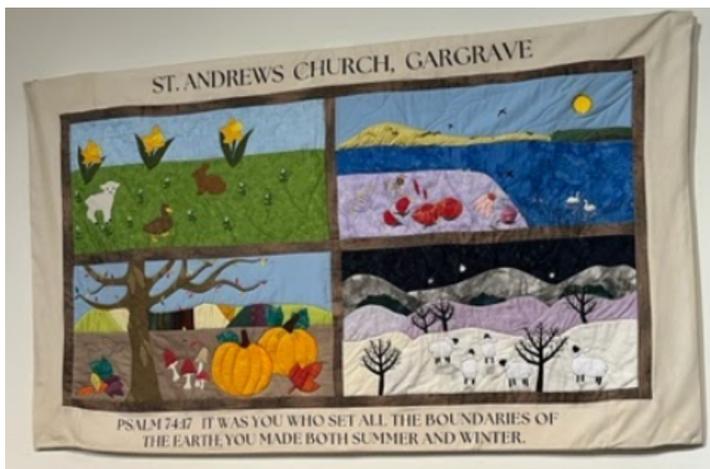
Young Farmers meet most Tuesday nights throughout the year and new members are always welcome. For more information please text 07731654343



Every Tuesday afternoon in “term time” you’ll find the craft and chatters in St A’s. Some come to make things, some come to chat and some manage both!! This is more than a crafting group, it is a place where people can come to just be with others and put the world to rights.

Sylvia has led this group for a number of years now and it has gone from strength to strength. There are usually about 15-20 people present at any meeting. I wanted to mark this month’s meeting in particular because of the beautiful wallhanging they have presented to St A’s.

A number of years in the making, this is an intricate work of art. Church is open during daylight hours everyday so if you’d like to see it in situ do pop in. If you come on a Tuesday, Sylvia will soon have you sitting down with a cuppa and a biscuit! If you’d like to see what it’s all about here are the details - Tuesdays 2-4pm. £1 each meeting. Bi-monthly meals out. Contact Sylvia on 01756 748779





**Learn to play
clarinet - saxophone - piano**

www.katesmusiclessons.co.uk

Gargrave, North Yorkshire

call Kate: 07967 097394

contact.legalrecords@gmail.com



Exam accompaniment

Recording facilities

Fun ensembles

All ages and abilities

Claxton Electrical

&

Handyman Services

- Domestic
- Commercial
- Agricultural
- Industrial
- Renewables

Friendly & Reliable

Tel: 07803583189

E-mail:

stevenclaxton@me.com



DALESBRED

RE-UPHOLSTERY

INTERIOR DESIGN

CURTAINS & BLINDS

CUSHIONS

NEW UPHOLSTERY



DON'T THROW IT AWAY...



Visit us at The Sidings, Cammock Lane,
Settle, BD24 9RP

dalesbred.co.uk | 07923447672

Order online
by 10th Dec
click & collect/home
delivery

DRAKE & MACEFIELD

FAMILY BUTCHERS
since 1898

COOK UP THE PERFECT CHRISTMAS

WITH YOUR LOCAL
BUTCHER

CHRISTMAS DINNER - PARTY
FOOD - CHEF HAMPERS -
FESTIVE FAYRE

SKIPTON - SETTLE - CROSSHILLS

WWW.DRAKEANDMACEFIELD.CO.UK

Settle Orchestra Society

Jill Gates

Settle Orchestra, a full-sized symphony orchestra based in the Craven district of North Yorkshire, is looking forward to another exciting season in 2023-2024.



Each year we welcome a young conductor from the graduate conducting course at the Royal Northern College of Music. This year's conductor is Maria Camila ("Maca") Barbosa, a pianist and conductor from Colombia, who has already an impressive CV with conducting appearances in Bogotá, São Paulo, Florence and Manchester—and even an earlier cameo

appearance with Settle Orchestra!

We will be giving two concerts each term, one in Settle and one in Skipton. In the autumn we join forces with the Langcliffe Singers for Brahms' wonderfully moving and consoling "German Requiem", with concerts in Skipton on 18 November, conducted by Maca Barbosa, and in Settle on 25 November, conducted by Darren Everhart, a long-time favourite of local audiences.

For the concerts in spring and summer 2024 Maca has chosen some very popular and impressive works, including Elgar's cello concerto with Bob Buller, our principal cellist, Richard Strauss' first horn concerto, and Beethoven's seventh symphony.

We are always glad to hear from anyone who might like to join Settle Orchestra, or write music for us. We particularly welcome young instrumentalists and composers, and currently have vacancies for string and brass players. Rehearsals take place on Friday evenings in Settle. We sometimes need additional players for specific concerts and would be happy to hear from any local professionals interested in playing.

Why not come along to one of our concerts, in Settle or in Skipton, to enjoy an exhilarating evening, support local musicians and help keep music live? Full details of future concerts and contacts are on our website www.settleorchestra.org.uk. We look forward to seeing you soon!

Volunteer Befrienders in the Craven Area
Giving a couple of hours a week or fortnight can make a real difference to someone's life

Did you know that around one in 10 people are carers?
And that around a quarter haven't had any time to themselves in five years?

Would you like to help to make a difference to these carers' lives?

We are looking for volunteers to provide two to four hours of befriending, in or outside the home on a regular or occasional basis. This can be during the day, evening or weekend and can be on a weekly, fortnightly or monthly basis.



Visiting an isolated person in their own home can be rewarding and make a real difference.

Carers' Time Off relies on volunteers to sit with the client while the carer has some much-needed time for themselves. The volunteer could just sit and chat over a cuppa, watch a film, do a jigsaw, or even take the client for a walk—in some instances the volunteer takes the client for a drive or to a café.

No previous experience is needed; just a friendly manner.

There is no personal care or lifting required. Full training and regular supervisions will be provided, and travel expenses reimbursed.

If you would like to find out more please contact:

Sally Horner, Project Coordinator:
01756 700888 or 07522 238113 shorner@carersresource.org

A MEDITATION FOR NOVEMBER

Bishop John Pritchard

John Pritchard, former Bishop of Oxford, reflects on how a birth, marriage, death or other major transition can open us up to the bigger questions about life, its source, its meaning and its purpose. It is taken from his book 'Something More – Encountering the beyond in the everyday' which is currently the subject of discussion at St Andrew's Monday Home Group.

Breaking Through the Concrete!

As we travel from our thirties into our forties life usually settles into something of a rhythm. Most of us have acquired some shape to our lives in terms of career, partner, friendships, lifestyle and priorities. Without realising it a thin layer of concrete has settled over our way of life, our habits, values and beliefs. It then needs some fairly major event to disrupt those patterns and to break through the concrete so that something new can come through. Often this is the arrival of a child, but it could be marriage, a betrayal, a serious illness or just retirement.

As we age our lived experiences will have shaped our core view of the world and this working model acts like an invisible lens through which we assess the world in which we operate day by day. The lens is the more powerful because we aren't aware of it. In particular it gives us our sense of identity and security, so we don't readily let go of it. We know what we think is of value, what our priorities are, how we want to behave, what we believe, and how we want to spend our money. The concrete often seems to get thicker and harder as we move into our fifties, sixties and late life!

One of the most life-changing events is the arrival of children, and many parents are taken aback by the profundity of the experience. They then need to mark the occasion in some way, to honour the gift, to pledge absolute love, care and protection to this precious little bundle, and do so in the most significant context and setting they can find. This is where baptism (popularly called 'christening') comes surprisingly into view. The beliefs of both parents and godparents are usually fairly rudimentary at best. It would be hard for most parents to explain the need and appropriateness for such a ceremony. The service is often noisy and chaotic and the next stop is usually the pub, but the ritual is strangely important. The concrete is broken open, spiritual sensibilities may be awakened and a journey may begin.

Another thing that can break through the concrete is death. The French philosopher Albert Camus described it as ‘the dark wind blowing from my future’. It has a 100 percent success rate and the prospect catches us all off guard at some point. Death always leaves someone in tears and however many funerals I take my heart goes out to people whose lives have been ripped open by their loss. But there can be a strange fruit from this tragic experience. I’ve known many people who have found their way into a community of faith after bereavement, first perhaps from consolation, but then from conviction as they found the spiritual and social realities they encountered to be genuinely liberating.

Serious illness is another ‘before and after’ experience that can have a profound influence on our lives. Recovery can lead to a significant reappraisal of assumptions and priorities. The philosopher Victor Frankl was once declared clinically dead but recovered and afterwards wrote:

“Suddenly everything gets precious, gets piercingly important. You get stabbed by things – by flowers and babies and by beautiful things; just the very act of living, of walking and breathing, of eating, suddenly everything gets precious, there are miracles everywhere.”

Of course there are other interruptions to life that can unsettle us. These include redundancy, divorce, children leaving home, mental illness or even a house move. Of course nothing is guaranteed; there may be no spiritual response, the concrete may be too well set. On the other hand they may crack open the concrete long enough to allow a spiritual plant to take root. Steadily, or perhaps even suddenly, we may find ourselves looking at our life and the world through a new, much bigger, brighter and more inclusive lens!

Acknowledgements

The above material is taken from ‘Something More – Encountering the beyond in the everyday, John Pritchard, 2016.

Victor E. Frankl is the author – psychiatrist of ‘Man’s Search for Meaning’, the classic tribute to hope from the Holocaust. First published in 1959 it has sold some 4 million copies in English alone, in addition to being translated into over twenty other languages.

Gargrave 2022 Group News

Abbie White

Several members of our group became "Ladies who lunch" on our social outing visit to Long Ashes Park near Grassington. We dined in what had been a gamekeeper's house, surrounded by acres of beautiful woodland, originally part of the estate grounds of Netherside Hall, an enormous Jacobean style mansion. The hall was built in 1820 by Alexander Nowell, an ex-British army officer who had been stationed in India. He left the army and returned to England where he amassed a fortune from the production of indigo dyes.

Our meal was exceptional, generous portions of homemade food, much of it locally sourced, and excellently presented. Chicken wrapped in bacon with a white wine and tarragon sauce, salmon with crushed new potatoes and hollandaise, the roast artichoke risotto was not quite as good!

Delicious puddings followed; keepers mess, a mound of cream and meringue topped with strawberries, raspberries, and red currants and tiny lemon tarts with summer fruits. Feeling somewhat replete after such a feast of food, we gently strolled to the waiting cars and made our way back to Gargrave. Many thanks to Janet Lane who organised it all, and thanks too to the ladies who acted as chauffeurs.



Recycling and Eco Product Use Survey

Chris Bolas

At St Andrews in August the Eco Church Group asked the people attending Sunday Service and Coffee Monday to complete a questionnaire about things they recycled and what eco products they use. The aim was to reflect on how we live and how we can make changes to help the environment.

Thanks to all those who completed the questionnaire.

The results

The vast majority of people are actively recycling. The most frequently recycled items are those which are put in the recycle bin provided by the Council with Recycling of paper (91%) cardboard (94%) tins (94%) plastics (85%). Garden green waste (74%).

Where a service is not available from the council, the numbers fall significantly with batteries (74%) printer cartridges (51%) Wood (54%) small household items (57%) being recycled most frequently.

The results suggest that some respondents were moving away from single-use plastic containers for household products but the majority are still using them. Disinfectant (57%) Household Cleaner (51%) Toilet cleaner (63%) were the most frequently used single-use containers. The biggest shift away was from Handwash/Soap where only 29% used a single-use plastic.

The survey indicated that the items most likely to be purchased using refillable products were Handwash/Soap (17%) Washing up liquid (17%) and laundry liquid (11%). The second highest group were using soap (26%) and shampoo (11%) in bar form. Laundry liquid was bought as a concentrate by 11% of respondents. The shift to concentrated products which reduces the distribution of CO2 emissions (by reducing the amount of weight being moved around) does not seem to have caught on. This may be due to limited marketing of concentrated products and that they are still fairly new.

The switch to environmentally-friendly products seems to have not gathered much momentum yet, with laundry products (14%) Shampoo (17%) Hand wash/Soap (17%) washing up liquid (11%) being the most frequently purchased eco products. Environmentally friendly products contain low or no phosphates and nitrates, which become harmful when they get into the rivers and lakes where they induce growth of algae, which we see in the river at Gargrave. These are removed by water treatment but as is widely reported, water companies have been releasing untreated water into our rivers. Our action can have a positive impact on this if we

use environmentally friendly products. This is not the only source of phosphates and nitrates going into rivers, but it one we can do something about.

The message about recycling is well established now, but whilst it is good to do, as one contributor to the survey suggested, it can give people a false sense that they are “doing their bit” while contributing little towards reducing climate change. However, reducing single use plastic does reduce plastic pollution and the visible and invisible damage to the environment. Though we may not see environmentally-friendly products so frequently on the TV commercials, it doesn't mean they are less effective!

The survey produced lots of suggestions, here are a few

- Buy food as locally as possible – fewer food miles the better.
- Freeze and preserve home grown produce.
- Upcycle and reuse furniture, laminate flooring, clothing
- Use tap water not bottled water – the water tastes good in this area!
- Use peat free compost only
- Avoid black plastic; it cannot be recycled locally.
- Use refills for cleaning products or buy in bulk and reuse containers.
- Ask the council to collect food waste at the doorstep.
- Use soap, shampoo and conditioner blocks
- Use cardboard boxes for mulching
- Make use of charity shops to reuse/buy clothes and household items
- Ignore use-by dates, check to see for yourself if the food is in edible condition (look and sniff!)
- Make your own cleaning products, a cost-effective approach. Clean and Green 101 hints and tips by Nancy Birtwistle comes recommended
- Use the washing machine at 30C only, this is hot enough and environmental options work effectively at this temperature. Save on the energy bills too.

The cost-of-living crisis has meant that many may rightly feel that some environmental options are not accessible to them due to price. We can only do what we can but some actually save money. Just do what is possible for you.

Thanks for all the contributions, they were very interesting, especially the insights into the real world of Gargrave recycling and environmental product use. There is plenty we can do to improve the environment, help climate change and keep our rivers healthy.

Make a change and make a difference to the future.

New Floodlights & Autumn/Winter Cardio Tennis at Craven Lawn Tennis Club in Gargrave:



Craven Lawn Tennis Club, based in Gargrave, have recently been able to extend their playing times following the introduction of brand new floodlights for the Autumn/Winter 2023/24 season with evening play now possible until 9.30pm. This state of the art new system means that members & guests can now play after work during the dark evenings, greatly increasing the ability of members to

get the best possible value from their annual memberships.

In addition to the extended tennis sessions the club has also started running some Cardio Tennis sessions which will be open to both members and non-members. These are held on Wednesday evenings in two groups from 6.15pm to 7.15pm and then 7.15pm to 8.15pm. Maximum number of 8-10 players in each group.

Non-members of the club £7.50 per session including the cost for the use of the lights.

Cardio Tennis is a high energy fitness activity which combines tennis and cardiovascular exercise and is ideal for those who are looking for an introduction into tennis or for those looking to return to the sport.

Anyone interested please contact Graeme Southam on: graeme.southam@btinternet.com

There are also regular sessions for Social, Singles and Doubles tennis on other evenings for members and their guests. New members are welcome to join the club at any time. Contact Beth Whitley, Club Secretary: secretary@craventennis.org.uk or by phoning her on 01756 749664.

Further general information about the club and it's activities can be found on the club website at:

<http://www.craventennis.org.uk>

or the club's facebook pages at: [facebook.com/craventlc](https://www.facebook.com/craventlc)

GIVE LOVE IN A BOX THIS CHRISTMAS

Marie Chapman

Teams4U—a charity founded by Dave Cooke (a vicar from Lancashire)—are co-ordinating a Shoebox Appeal for 2023 and you can get involved by filling a shoebox for a child (Boy or Girl, aged 3 – 5 years/6 – 11 years/12+ years) or family (home box) in need. This year, shoeboxes will be given to vulnerable children and families in Eastern Europe to bring a little joy and excitement at Christmas time.

Filled shoeboxes (and donations of £3 for postage) should be dropped off at **Bramble and Fleur, 48 High Street, Gargrave.**

See the leaflet below for instructions. This leaflet can be downloaded from <https://teams4u.com/wp-content/uploads/2023/09/T4U-Leaflet-2023-.pdf>. For more information call 01978 310 110, and to download forms and labels, check the Teams4U website <https://teams4u.com>, or head to the youtube channel, @teams4Utube, for more gift suggestions.

Changing Lives, one box at a time...

With love from you, each shoebox is given out in poor communities in Eastern Europe bringing much needed joy and excitement.

What to do:

1. Use our Flat-pack OR Find an empty shoebox. Wrap the lid and box separately if needed.
2. Boy, Girl or Home? Choose who you'd like your box to go to and fill out the label. Stick the label to the front of your shoebox.
3. Personalise your shoebox – take a look at the list of gift ideas in this leaflet. More ideas are also available online.
4. Make your donation – Online at teams4u.com or fill in the form in this leaflet and put it in the envelope provided along with the recommended donation of £3 and place inside your shoebox. This donation helps us to get the shoebox to the children.
5. Close the box with an elastic band.
6. Drop off your shoebox – Find your nearest drop off point at teams4u.com.



WHAT CAN GO IN MY SHOEBOX?

Please choose a selection of items from those suggested below (more ideas are available on our website) but please do not include anything from the 'NO' list. Items should be new, however pre-loved items in good condition are acceptable.

For boys or girls:

Toothbrush & toothpaste, hair accessories/brush, soap & face cloth, stationery & paper, gloves, hat & scarf, new socks/underwear, a soft toy, game, puzzle, small musical instruments, toy vehicles, small ball, sweets (use by date from June), a photo and message from yourself.

The Home box:

Candles, cooking utensils, plastic containers, t-towels, washing up cloths, hairbrush, small toiletries, bowls & cups, small decoration, soap, clothes pegs, headscarves, new socks and underwear, jewellery, new makeup.

NO:

Food (only exception is sweets), medicines, military themed items, anything highly flammable, sharp items, novels.

No sanitary items in shoeboxes although they can be sent out separately.

Looking for more ideas? Please visit our YouTube channel to watch videos of example shoeboxes being made

 @teams4Utube

Please ensure all items are as new as possible and undamaged. Preferably handmade and not homemade. All shoeboxes are checked and we reserve the right to remove any unsuitable items. Sometimes we may have to change a shoebox to meet our packaging requirements. We aim to start your shoebox as late as possible.

FARMING ON SCALEBER HILL

John Hall

For centuries breeds of sheep have evolved to suit the area they were kept in. For example, the Herdwicks on the Lakeland Fells being hardy enough to survive on the poor grazing. Likewise, the Scotch Blackface are able to thrive on the mountains of Scotland. The Lowlands are the home of the traditional Down breeds like the Suffolk and Hampshire and breeds suitable for fat lamb production. Modern imported breeds like the Beltex and Texel have now taken over. In my youth I was brought up on the Lonk sheep, a hardy breed local to the hills of Pendle and Lancashire. I always had a day off school on the last Friday in September to attend the Clitheroe Auction Market to buy our replacement Lonk sheep. As I enjoy keeping a few Lonks, and for old time's sake, as the Lonks are now showing signs of age I re-visited the sale at Clitheroe with the net result of a nice new pen of shearlings which will give me great pleasure. Brian and Lisa, on the other hand, attended the annual breeding sheep sale at Skipton Auction and purchased some Texel Shearlings. Shearlings are young female sheep approaching their first breeding season and will replace some of the older sheep no longer suitable for breeding. Two new breeding rams were also purchased to enhance the flock.

The first batch of this year's prime lambs have been sold through the auction mart which attained a satisfactory price. We will hope to sell a batch every fortnight or so going forward. Selection is based on weight and body condition to satisfy the buyers/customers demands. Different customers require different specifications depending on where the meat will be sold, i.e. supermarkets require a small consistent type whereas a farm shop / high street butcher require larger type.

As we enter the Autumn season our attention turns to preparing stock to be housed. One of the main requirements is that of vaccinating all the calves to help prevent pneumonia which can occur in their first winter. Pneumonia usually occurs in housed cattle when weather conditions are warm and damp and the virus can spread very easily. We will hope to prevent this by vaccinating in advance of housing.

Another Autumn job is that of preparing the sheep for tuppung time (mating). The sheep are brought down into lower pastures from the high ground and given a multivitamin dose. They are then sorted into different batches to match the different rams. The rams also have an "MOT" to ensure they are in tip-top condition.

Aside from the above, the conversion work for the holiday cottage diversification project is progressing well.

When breeding sheep there are always “characters” which give you extra pleasure usually in the form of pet lambs. Lisa had the most amazing sheep, the oldest I have ever known. One of the quads which had to be hand reared on the bottle from birth, it must have been nearly 20 years old. She was given every comfort including a personal straw pen when the weather was bad and bleated demands for sheep nuts every breakfast time. Sadly, we had to say goodbye to her recently – the end of an era.

WATER IN AND AROUND GARGRAVE

Duncan Faulkner

12. Water power

Falling water powered mills in Gargrave and Bell Busk for centuries. Could it provide renewable energy in the future?

Dr George Ingle of Ilkley wrote a series of articles about the history of local mills in this magazine ten years ago, covering High Mill, Low Mill (Goffa Mill), Airebank Mill and Bell Busk Mill

Before the development of the Gargrave textile mills in the 1790s, earlier corn mills, including one on the site of High Mill, had exploited the fall of the River Aire to produce flour. Corn mills had become redundant as the canal and the new turnpike roads, particularly the one from Knaresborough to Skipton, had changed agriculture in the area. The inhabitants of Dales villages no longer had to rely on the yearly supply of oats



grown in the fields around their cottages. Instead corn or flour could be brought in from East Yorkshire where growing conditions were better.

The increasing demand for cotton cloth both at home and abroad, together with the mechanisation of the spinning process, meant that water power sites, such as that at High Mill were now ideal for the new mills. Another attraction of Gargrave for this industry was the presence of the canal. The cotton mills adopted steam power gradually between the 1810s and 1840s. Airebank Mill was unusual in that it continued to be used for textile production long after most mills in the Yorkshire Dales had stopped and it remains an industrial site today. Before their conversion into flats, High and Low Mills had a remarkable history during which they manufactured brakes for tramcars, “ventilated collar bands”, biplanes and tyres.

As far as I’m aware, for many years now the power of the river has not been harnessed locally. Are we letting a valuable resource run to waste? There are

examples of hydro-electric schemes on the Ribble at Settle and the Wharfe at Linton Falls. These are fairly small sources of electricity: Settle Hydro generates enough to supply the needs of about 30 houses on average.

So how far might the flow of the River Aire in Gargrave go to meeting our electricity needs?

We can roughly estimate the potential power output from the mean flow through Gargrave (about $2\text{m}^3/\text{s}$) and the height drop of the river through the village (no more than 10m). Let's say we built or refurbished a series of weirs, which would be a bit of an odd thing to do given that the old weir at Airebank Terrace has only just been removed a few weeks ago (here's a photo of what it used to look like, in 2012). Each could have a hydropower turbine, plus facilities for fish passage. And let's assume that we can capture 50% of the potential energy of the water as electricity (highly ambitious since during floods most flow would bypass the turbines and during low flows the turbines might have to be switched off). A flow of half of $2\text{m}^3/\text{s}$ would give us a power equivalent to 1 tonne of water falling by 10m each second, which works out as 100,000 joules per second, i.e. 100,000 watts, or 10 kilowatts.

I have visited some modestly big hydropower plants through work, in places as far afield as Myanmar. They generate at least 1000 times as much power as that. And the Three Gorges Dam in China generates 2 million times as much. 10 kilowatts is enough to boil about 5 kettles continuously. It's a drop in the ocean compared with Gargrave's energy needs. So I expect water power will remain largely a historical feature of the Gargrave landscape.

With thanks to George Ingle for the historical material he provided in 2012-13.

Poems

November

by Emma Shuman

November, gloomy eyed and sullen browed,
With sweeping garment of a misty hue,
Comes gliding with slow step across the land,
And straightway at her feet rise moaning winds,
That sing a requiem for the summer, dead
And buried deep beneath the autumn leaves.

Anon the giant trees take up the strain,
With louder voice and naked arms wide tossed,

Do groan and sigh in helpless agony
At touch of her prophetic hand,
Which creeping slowly up and ever up,
Doth sap their very vitals and enwrap
Them fast in winter's death.

The little brook that lately kissed the bank
Through sunny hours and glints of leafy shade,
Babbling the while unto the listening ferns,
That ever bent their graceful heads
To answer his caress,
Now silent slips away as one who hears a foe behind,
Bearing upon his bosom brown and sere
The lifeless forms of those he lately loved.
Adown the glen the summer winds rush with discordant sigh,
While all the tiny folk that habit in the wood
Seek low their shelter.
Stealthily she passed as one who but obeys a stronger power,
Yet is the deed most hateful in her sight,
Then from her mantle's many folds
There fell a pearl like mist that straightway wrought
A magic in its touch on all below,
Changing the brown to grey, the brilliant red to brown,
Clothing the bare boughs in their winding sheet,
And decking every blade and stem,
In vestment white for burial.

A pause, in which all nature stands aghast,
While heavy bends the sky its weeping clouds
In sorrow at the sight;
Another, and the topmost branches bow
Their allegiance to the Icy King,
Who swiftly riding in his windy clouds,
Doth warn of his approach.
A moment more and the fierce northern steeds
Are hard upon the scene,
While thick and fast the snowy pall is laid
On all the land.

Why muse in sadness on this swift decay?
'Tis but the death of nature that must come
 To aid the spring of life perennial;
 Without which no life is, nor can exist,
And through which comes the perfect life above,
 For which we sleep as sleep these flowers
 Beneath the winter's snow,
To bloom the brighter when the Maker's hand
 Quickens the germs of immortality
 And bids us spring as they will spring,
Beauteous and free from every touch of earth,
 Through this long sleep.

November *by Alice Cary*

The leaves are fading and falling,
 The winds are rough and wild,
The birds have ceased their calling,
 But let me tell, you my child,

 Though day by day, as it closes,
 Doth darker and colder grow,
The roots of the bright red roses
 Will keep alive in the snow.

 And when the Winter is over,
 The boughs will get new leaves,
The quail come back to the clover,
And the swallow back to the eaves.

 The robin will wear on his bosom
 A vest that is bright and new,
And the loveliest way-side blossom
 Will shine with the sun and dew.

 The leaves to-day are whirling,
 The brooks are all dry and dumb,
 But let me tell, you my darling,
The Spring will be sure to come.

There must be rough, cold weather,
And winds and rains so wild;
Not all good things together
Come to us here, my child.

So, when some dear joy loses
Its beauteous summer glow,
Think how the roots of the roses
Are kept alive in the snow.

TRIVIA QUIZ

1. What is Autumn known as in North America?
2. Which English Romantic poet composed "To Autumn" after a walk near Winchester one autumnal evening?
3. Pumpkin fragments dated between 7,000 and 5,500 BC have been found in which country: China, Egypt, Germany or Mexico?
4. Bonfire Night takes place every November but in which year did Guy Fawkes try to blow up Parliament?
5. And which king did Mr Fawkes try to blow up?
6. What are hedgehogs' spines or quills made from?
7. In Britain, the autumn internationals or November internationals take part in which sport?
8. SAD is sometimes known as Autumnal depression, what do the initials in SAD stand for?
9. The Oktoberfest is held annually in which German city?
10. In Australia, Autumn begins in which month?
11. With around 400 players participating, what are the WCC, which are held annually on the second Sunday in October in Northamptonshire?
12. Name the pigment which trees stop producing, thus causing leaves to lose their green colour?

13. Pheasant shooting season starts at the beginning of which month?

Trivia Answers:

1. The fall
2. John Keats
3. Mexico
4. 1605
5. James I
6. Keratin
7. Rugby union
8. Seasonal affective disorder
9. Munich
10. March
11. World Conker Championships
12. Chlorophyll
13. October (October 1)

Ahernes of Hellifield, Saturday opening hours

The Saturday opening hours are different to those shown in the advert on p.A14 of the central advert section. Saturday opening hours are now 9 am–12 pm.

CHILDREN'S CORNER

Autumn Leaf Collage

(Courtesy of activityvillage.co.uk)



Once the leaves start to change colour, it's the perfect time to create some natural art such as this lovely autumn leaf butterfly. The great thing about this craft is that you don't need to buy anything at all! Simply collect autumnal leaves on a walk and use them to create a piece of beautiful artwork.

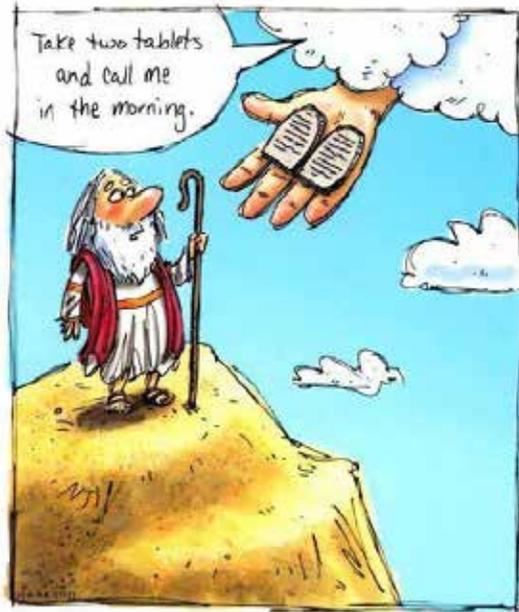
You will need

Autumn Leaves

Instructions

Use a long leaf to create the butterfly's body. We used a hole puncher to create the butterfly's eyes.

Try to find leaves that are a similar size to each other. When you find two, put them on either side of the butterfly's body to create wings. Keep doing this until you have created almost symmetrical wings.



Gargrave Lands Charity

Are you currently experiencing financial difficulties and need help?

**Do you need financial assistance to pursue
higher or further education or vocational training?**

**If you live in Gargrave, Flasby, Eshton, Winterburn, Coniston Cold
or Bank Newton then Gargrave's Lands Charity may be able to help!**

Financial assistance readily available in approved cases.

Contact one of the trustees listed below to discuss your situation.

Absolute discretion and confidentiality assured.

Phil Ellis 07907 308313	Joyce Garner 748447
Christine Charlton 748817	Ian Reed-Peck 07527 269915

ROTA FOR ST ANDREW'S CHURCH

	8am SIDESMEN	10:45am SIDESMEN/WELCOMERS			BIBLE READER	INTER- CESSOR	REFRESH -MENTS
5 Nov	Colin Chapman	Family Service					
12 Nov	Linda Wall	Alan Bagnall	Lesley Bagnall	Paul Maslin	Yvonne Poulter	Peter Poulter	Linda & Andy
19 Nov	Colin Chapman	Jo Ackroyd	Robert Ackroyd	Helen Wilson	Jo Ackroyd	Pam Bolas	Sarah & Joan
26 Nov	Kay Craven	Sarah Curtis	Judith Douglas	Jane Dallas	Jane Dallas	Duncan Faulkner	Alan & Lesley
3 Dec	Linda Wall	Family Service					
10 Dec	Kay Craven	Yvonne Poulter	Peter Poulter	Jean Banks	Kit Gore	Peter Poulter	Neil & Denise
17 Dec	Colin Chapman	Mark Preston	Claire Preston	Jennifer Rowlands	Annelies van Oyen	Jo Ackroyd	Judith & Sheila
24 Dec	Linda Wall	Alan Bagnall	Lesley Bagnall	Helen Wilson	Carol Hammond	Pam Bolas	Mark & Claire
31 Dec	Colin Chapman	Jo Ackroyd	Robert Ackroyd	Jane Dallas	Jo Ackroyd	Zena Gardner	Alan & Lesley

TRAINS from Gargrave **TO 9 DEC 2023** **NOTE: There are discrepancies of 1 minute or so between a few train times in the printed timetable and the on-line tabular timetable; the earlier time is quoted here.**

To Skipton (arr. approx. 9 mins later) & **Leeds** (arr. approx 55 mins later)
 Mon-Sat 0744 0754 0950SO 1019SX 1048 1150 1350SX 1351SO 1522
 (cont'd) 1551 1647 1815 1848SO 1850SX 2019 2134 2216 2237¹
 Sunday 1121 1210 1420 1448 1656 1856 2107 2123

To Giggleswick (arr. ~ 20 mins later) & **Lancaster** (arr. ~ 65 mins later)
 M-Sat 0525SO 0528SX 0731 0902 1102SX 1103SO 1304 1504 1815 2006
 Sunday 0922 1115 1412 1615 1814

To Settle (arr. ~18 min later) & **Carlisle** (arr. ~2hrs later)
 Mon-Sat 0605SX 0712SO 0832SX 0833SO 1003 1133 1604 1732
 (cont'd) 1902 2033²
 Sunday 0950 1315 1509

NOTES: For locations of Rail Replacement Bus Pick Ups in Gargrave (when necessary) check with Northern. Generally, **only DIRECT** journeys are shown here. **1.** Mon-Fri change at Skipton for Leeds. **2.** Ribbleshead only. **As of 13 October: No Engineering works affecting Gargrave in November have been identified. That may change. Check with Northern Railway.** For live info on next 2 trains text GARGRAVE to 84950, or go to www.realtimettrains.co.uk/

BUSES from Gargrave *Except Bank Holidays from 30 Oct 2023

To Skipton (arr.~15min later) (Svces 75, 210/211, 580, 864) (M = from Malham)
 M-Fri* 0820 0910 0955 1055 1057M⁷ 1155 1255 1355 1357M⁷ 1455 1555 1810
 Saturday 0820 0910 0955 1055M 1155 1355 1455M 1555 1655M 1755
 Sundays + B.Hols [864] 1210M 1512M 1702M

To Settle DIRECT (arrives ~ 25 mins later) (Service 580/75) and (++) onward to **Kirkby Lonsdale** (Service 581) and thence to **Lancaster** (Service 81/82)
 Mon-Fri* 0905++ 1000 1100++ 1200 1300++ 1400 1500++ 1600++ 1700++ 1900++
 Saturday 0905++ 1100++ 1300++ 1500++ 1700++ 1800++ 1900++
 Sundays + B.Hols: **No Service**

To Malham (arrives ~ 25mins later) (Services 210/211, 75, 864)
 Mon-Fri* [210/211] 1000⁷ 1310⁷
 Saturday [75] **from 4 Nov:** 1000 1400 1600
 Sundays + Bank Hols [864] 1057 1242 1542

NOTES. 7. Tues & Thurs (as service 211) stops at Coniston Cold 4 mins after Gargrave.

Public Transport back to Gargrave

TRAINS to Gargrave *TO 9 DEC 2023*

SEE NOTE on Discrepancies, on previous page. *Last DIRECT TRAIN*

From Skipton (arr. Gargrave ~ 6 mins later) *from LEEDS to GARGRAVE*

Mon-Sat 0519SO 0522SX 0600SX 0707SO 0725 0826SX 0827SO 0856 **1949**

0958 1057 1127 1258 1458 1559 1727 1810 1856 2000 2027

Sunday 0917 0945 1110 1309 1406 1503 1609 1808 **1731**

From Lancaster via Giggleswick (arr. Gargrave ~ 65 mins later)

Mon-Sat 0648 0941 1046 1246SX 1248SO 1447 1745 2030 2131

Sunday 1103 1344 1552 1752 2017

From Carlisle (direct: arr. Gargrave ~ 2 hrs later)

Mon-Sat 0549SX 0713SO¹³ 0753SO 0824SX 0927SO¹⁵ 1058¹⁵ 1336

1450 1618 1824 2013¹⁴ 2145¹³

Sunday 0925 1223 1520¹⁵ 1607¹⁵ 1725¹⁵ 1911

NOTES: 13. From Ribbleshead only. **14.** For Gargrave, change at Settle. **15.** Stops at Hellifield & Skipton, *but NOT GARGRAVE*. Living in BD23, you can buy a DALES RAILCARD: £10.00/year. 1/3 off Anytime & Off-peak rail tickets between Gargrave, Leeds, Bradford, Carlisle, Morecambe, Lancaster. Big discount for children with you.

BUSES to Gargrave *Except Bank Hols. M = Malham service. From 30 Oct.

From Skipton Bus Stn.(arr. Gargrave ~15 min) (Svces 75, 210/ 211, 580, 864)

M-F* 0850 0945 0950M⁸ 1045 1145 1245 1300M⁸ 1345 1445 1545 1645 1845

Saturday 0850 0945M 1045 1245 1345M 1445 1545M 1645 1745 1845

Sundays + B.Hols [864] 1045M 1230M 1530M

From Settle DIRECT (arr. Gargrave ~25 mins later (Service 580)

+ from Kirkby Lonsdale (581) and ++ from Lancaster (81/82)

Mo-Fr* 0755++ 0845++ 0930++ 1030 1130++ 1230 1330++ 1430 1530++ 1745++

Saturday 0755+ 0845++ 0930++ 1130++ 1330++ 1530++ 1730++

Sundays + B.Hols: **No Service**

From Malham (arr. Gargrave ~25mins later) (Services 75, 210/211, 864)

Mon-Fri* [210/211] 1035^B 1335^B from opp. Buck Inn

Saturday [75] **from 4 Nov:** 1030 1430 1630 from opp. Buck Inn

Sundays + B.Hols [864] 1145 1450 1640 from Nat Park Car Pk

NOTES 8. Tues & Thurs service stops at Coniston Cold 18 mins after Malham

Operators: northern railway www.northernrailway.co.uk 0800 200 6060 [Travel Assistance 0800 138 5560]; 75/580/81/82, Kirkby Lonsdale Coach Hire kch.co.uk 01524 733831; 210/211, NYC www.northyorkstravel.info/route/2358/ 0300 1312 131; 864, Keighley Bus Co www.transdevbus.co.uk/keighley/ 01422 553 576; **Buses (general)** www.dalesbus.org **Traveline** 0871 200 22 33 www.traveline.info ; **National Rail Enquiries** 03457 48 49 50 www.nationalrail.co.uk ; **Rail Ombudsman** www.railombudsman.org 0330 094 0362

EP Print Ltd

Here at EP Print we love print and design and are always looking to deliver top-notch results to both individuals and businesses.

Come and chat to us about your design and printing needs and our friendly team will guide you.

Stationery | Graphic Design | Business Cards
Colour Printing | Digital Print | Leaflets
Brochures | Signs & Display | Self Adhesives
Greeting Cards | Calendars and More...

Let's Chat!

Call: 01756 799765

Email: info@epprintltd.co.uk

Visit: www.epprintltd.co.uk



The British School, Otley Street, Skipton,
North Yorkshire, BD23 1EW

Anchor Logs™

Tel: 01756 748342

Email: hello@anchorlogs.co.uk

Order and pay online



Twin Locks Garden Centre Ltd
Gargrave, Nr. Skipton,
North Yorkshire, BD23 3NB
Tel. 01756 749812
Fax. 01756 749851

Situated beside the
Leeds/Liverpool Canal on the A65
(adjacent to the Anchor Inn)

Opening Hours:
Sundays: 10.30am – 4.30pm
Mon – Sat (summer): 9.00am – 5.30pm
Mon – Sat (winter): 9.00am – 5.00pm

WIDE RANGE OF HOUSEPLANTS, TREES, SHRUBS, ROSES, ALPINES & AQUATICS,
HEATHERS ETC ✕ GARDENING SUNDRIES & TOOLS, STONWARE, TERRACOTTA,
PLANTERS & BARRELS ✕ PONDS & POND PLANTS ✕ BIRD FOOD & FEEDERS ✕
NATIONAL GARDEN GIFT TOKENS
✕ GOOD ACCESS FOR WHEELCHAIRS ✕ AMPLE PARKING ✕

For Efficient and Friendly Service

Keyworth Garden Services

Expert care for your hedges, gardens and grounds

Mowing • Hedge Cutting • Tree Surgery
Turf Laying • Shingle & Bark Laying
Power Washing Patios & Drives
Garden Clearance

Please contact Paul & Bev Keyworth
paul@keyworthgardenservices.co.uk
01756 531440

www.keyworthgardenservices.co.uk

GreenTouch

Liz Hunt has been offering gardening services in the North of England for 23 years.

Wildlife is the focus of Liz's approach to gardening - you can still have an herbaceous border and organic veg patch – and help save the planet.

Contact Liz: lizhunt_uk@yahoo.com
01535 634836 07976 836094

Mowers^{etc}

Petrol mowers & garden tractors:
on-site service and repair
Pressure-washing:
patios, paths, drives etc

Over 20 years' experience

Please contact Mik the Mower on:
07530 483798 01282 843857
mick@mowers-etc.co.uk

ROBERTSHAW'S

GARDEN MACHINERY

01282 843612

robertshawsgardenmachinery@hotmail.com
<http://www.robertshawsgardenmachinery.co.uk/>

Eden Works, Colne Road, Kelbrook, BB18 6SH

ATCO
STIHL®
HONDA



Gargrave Auto Services Ltd

**Repairs - Servicing - MOT
Computer Diagnostics - Tyres
Laser 4 Wheel Alignment**

Your local friendly garage

Call 01756 748090

Opening Hours: Monday - Friday 8.30am - 5.30pm
Saturday 8.30am - 12.30pm



Gargrave Auto Services



Email: gargraveautoservices@outlook.com

www.gargraveautoservices.com

Unit 1c, Asquith Industrial Estate, Gargrave, Skipton, BD23 3SE

DALESVIEW OF HELLIFIELD



Tel: 01729 851110

HELLIFIELD GARAGE • MAIN ROAD • HELLIFIELD
NR. SKIPTON BD23 4HX



Driving Lessons for Manual & Automatic Cars

I have a manual and an automatic car which are both dual-controlled. I provide well-structured, excellent value lessons, tailored to you, within 10 miles of Skipton.

Teenage Driving Day for 14 to 17-year olds

A great gift for anyone can't wait to get behind the wheel before they hold a provisional licence. Training is away from the public road, in a dual-controlled car.

A very experienced, friendly and local Driving Instructor, with a proven track record, and a heap of patience. Please contact Andrew on 01756 796802 or 07890 673706

FRED GREEN and SON Ltd

Approved Coal and Corn Merchants

All Types of Coal & Solid Fuel Supplied

Horse Feeds - Hay & Straw

Canal Warehouse, Gargrave - Telephone 749229

PET CARE



CrAVEN CATS' LODGE

Passionate about cat care, providing a perfect home

Welcome to Craven Cats' Lodge, a bespoke cattery in Gargrave, with every chalet having their own indoor and outdoor exercise areas and we are proud to provide the area with high quality cat care.

07835 735668

hannah@cravencatslodge.co.uk

www.cravencatslodge.co.uk

Low Green Croft, Church Lane,
Gargrave, BD23 3NJ.

Follow us on: Facebook and Instagram



Healthy Pet Club

To enable pet owners to spread the cost of routine treatment we have designed our own practice membership scheme

Features:-

- ❖ Annual Veterinary Health Check & Booster Vaccination
- ❖ Annual parasite control
- ❖ Free nurse clinics
- ❖ Various discounts



No upper age limit & No joining fee

01729 823538

www.daleheadvetgroup.co.uk



Caring for your pet 24/7

73 Otley Road Skipton BD23 1HJ T: 01756 793224

www.kingswayvets.co.uk



MILTON HOUSE

NURSING AND RESIDENTIAL HOME



- ◇ **Qualified nursing staff on duty at all times**
- ◇ Grade 2 Georgian listed building in its own grounds
- ◇ Views of the Dales and River Aire
- ◇ Majority of the rooms on the ground floor and en-suite
- ◇ Three lounges & Conservatory
- ◇ Home cooking, most dietary needs catered for
- ◇ Large twin bedded sitting rooms ideal for married couples
- ◇ TV and phone points in each room, and nurse call systems
- ◇ Long or short, holiday or convalescent stays
- ◇ Specialist bath & shower

**A small, caring establishment
with a genuine home from home atmosphere**

For a brochure, contact:

01756 748141

info@miltonhouse.co.uk

<https://miltonhouse.co.uk>

**Milton House
Marton Road
Gargrave
BD23 3NN**





Craven Nursing Home



We are a Family run Nursing Home providing high quality care.

Situated alongside the canal on the outskirts of Skipton with fabulous views overlooking the Aire Valley, the Home is built using traditional Yorkshire stone and set amid landscaped gardens. We offer accommodation for up to 68 residents with all bedrooms equipped with ensuite bathrooms, fitted furniture and are elegantly decorated.

Our dedicated well trained, professional team offer an exceptionally high standard of general nursing, dementia, palliative and respite care. We aim to provide our residents with a secure, relaxed and homely environment in which their care, well being and comfort is of prime importance.

Keighley Road | Skipton | BD23 2TA

01756 700994

manager@cravennursing.co.uk

www.spellmancare.co.uk

Kindness | Dignity | Compassion



9.6

Average Group
Review score 2022
carehome.co.uk*

*carehome.co.uk scores are based on independent reviews with a maximum score of 10. Rating correct as at 31/01/2022.



Read David's story



TRUST US TO ARRANGE A WONDERFUL WELCOME

Our care team know what every resident will love



Who Cares? We do, and we always will

Gills Top care home, Grassington, Skipton BD23 5AF | 01756 340 074
Townend Close care home, Cross Hills BD20 8SZ | 01535 920 213

Visit www.anchor.org.uk/care-homes

Image does not represent face mask guidance followed in our locations

Howcrofts' *Funeral Services*

ESTD. 1918



Five generations of our
family-owned and run professional
and dignified funeral services.

From people who care.

We offer advice and support
24 hours a day, 7 days a week
for all your individual funeral needs.

Private Chapel of Rest

Funeral Plans

Members of N.A.F.D.

01756 792173

info@howcroftsfunerals.co.uk

Duckett Street, Skipton, BD23 2EJ

BROOK SMITH & SON

COMPLETE FUNERAL SERVICE

A family firm you can rely on for a caring and dignified service

PRIVATE CHAPEL OF REST
COMPLETE MONUMENTAL SERVICES
FUNERAL PRE-PAYMENT PLANS AVAILABLE

Telephone 01756 792738 day or night
or email brooksmithandson@btconnect.com

FAIRBANK HOUSE, BUNKERS HILL, SKIPTON, BD23 1HU

Howard & Susan Smith
R.N. Dip.F.D. B.I.F.D. M.B.I.E.
Rebecca Smith-Chew R.N

www.brook-smith.co.uk

GOLDEN
CHARTER



THOS. ROCK

MEMORIAL CRAFTSMEN

Memorials · New Inscriptions
Cleaning & Renovations

7b Market Place, Clitheroe BB7 2BZ
01200 442820

R N Myers & Son

(Est 1890)

Buy and Sell:

Antique Furniture
English & Oriental Porcelain
Works of Art



07801 310126

48 High Street, Gargrave
www.myersantiques.co.uk

Professional House Clearance Service

Full & part clearances including
house, garage, outbuildings etc

07976 3357560

Justin Merry

Fully licensed waste carrier

29

**PRELOVED CLOTHING
& CURATED GIFTS**

Open
Tuesday - Saturday
10am - 4pm

01756 749950
07771893290

hello@number29online.com





**Accredited by the
College of Podiatry**

Podiatric home treatments in the Gargrave area and surrounding villages.

Traditional Podiatry for treatment of

Nails, hard skin, corns, ingrowing toenails, verrucae, etc

Biomechanical Assessments treating

Sports injuries, running/walking injuries, general foot pain, heel pain, lower back and hip pain, knee pain, children's foot pain, etc.

Tendon, muscle and ligament rehabilitation.

Gait retraining for both walkers and runners.

Fascial Manipulation

Fascial Manipulation is used to restore normal, pain free movement and flexibility of joints, muscles, tendons, nerves, etc. Used in the treatment of sciatica, general hip pain, knee problems, ankle and foot problems and many other conditions. This is not a pain free treatment but the effects can be immediate.

Please visit our website for more information

Andrew Lindsay BSc(Hons) MCPod HCPC

Telephone 01756 749335

Email info@thefootpeople.co.uk

Website thefootpeople.co.uk

DENTISTRY, BEAUTY & HAIRDRESSING



18 East Street, Gargrave BD23 3RS

Opening Hours

Mon, Tues, Weds & Fri - 9am to 5pm

Thurs - 9am to 1pm

The practice is now back to normal delivering routine dental care for our NHS and private patients.

We are currently only accepting new patients on our affordable budgeting plan, Denplan and children on an NHS basis. Private places are available and please get in touch to discuss options and prices.

We are offering a special introductory price on teeth whitening of just £250.00 for a kit including trays and refills so please do get in touch to arrange a free consultation.

Please give us a call to book your routine dental appointment on **01756 748339**



Crossgates Health, Hair & Beauty
The Barn
6 North Street
Gargrave
Skipton
BD23 3R N

Human Dept. 01756 749901
Animal Dept. 01756 749444
Hair & Beauty 01756 748881

www.crossgateshealthhairandbeauty.co.uk
reception@crossgatesfarm.co.uk



Natural Health

Incorporating Health & Wellness for Human & Animals

Helping you with Physical & Emotional Wellbeing:

- CG Bioresonance Hair Testing
- Nutrition
- Wholefood & Food State Supplements
- Remedies in sprays, tablets, creams & flower essences, Colloidal Silver & more

Hair & Beauty Salon

Luxury Hair & Beauty Treatments available:
Facial & body treatments, Body massage, Non-surgical
Face & body treatments, LED light therapy, Laser hair
removal, Hand & foot treatments, Waxing, Eye treatments,
Hair colouring, Hair treatments, Hair cutting/restyles,
Pinups and Blowdrys.

-Look Great & Feel Exceptional-

Book your Appointment today!

Angela and Gillian
Ladies' & Gents'
HAIRDRESSERS

01756 749424
07733 185999

48 High Street, Gargrave

GARGRAVE 2022 GROUP

Meetings held 2nd Wednesday of the month
7pm in the Village Hall

New members and guests always welcome

Speakers, demonstrations, lunches, outings
and more throughout the year

For more info call Glenys on 07715 878709
or email 1celt1saxon@gmail.com

Ahernes *Of Hellifield*

The Green, Hellifield, BD23 4JZ

Post Office Local

Opening Hours

MONDAY 9am to 12.30pm

1.30pm to 5.30 pm

TUESDAY 9am to 12.30pm

1.30pm to 5.30 pm

WEDNESDAY 9am to 12.30pm

1.30pm to 5.30 pm

THURSDAY 9am to 12.30pm

1.30pm to 5.30 pm

FRIDAY 9am to 12.30pm

1.30pm to 5.30 pm

SATURDAY 9am to 2pm

SUNDAY-CLOSED

Clothing store open 9am to 5.30pm

Monday to Saturday

GARGRAVE C.E. (V.C.) PRIMARY SCHOOL

Rated "GOOD" in all areas by Ofsted – Sept 2021

Love, Peace, Hope



- Set in the heart of Gargrave with fantastic spacious grounds, providing a safe and nurturing environment where all will flourish.
- Gargrave is a rapidly improving school offering a broad curriculum and many extra-curricular activities.
- Out-of-school provision, 'Triangle Club' club offers wrap-around childcare from 7.30am - 6.00pm every day.
- School transport for villages nearby.

For further information, please contact
Headteacher - Mrs Sarah Peel 01756 749433

Email: admin@gargrave.n-yorks.sch.uk

www.gargrave.n-yorks.sch.uk



Piano Lessons in Gargrave

All Standards, All Ages Welcome

Lessons at Home or at New Brighton

(Piano Provided)*

*Subject to Covid Regulations

Contact Sarah on

07876 345872

sarah4tet@hotmail.co.uk



Organ & Piano

lessons by Sue Watkiss

01756 798660
07753 839065
sue@suewatkiss.co.uk
www.suewatkiss.co.uk



Hugh Woolmore

Television Services

TV, Audio and Video Engineer
Over 25 years with SLATERS of Skipton

Repairs, installations and setup of Digital TV, Plasma, LCD, Video,
Satellite and Digital recording appliances

Satellite & Aerial extensions - LCD & Plasma wall mounts

Phone: 01756 799892 **Mobile:** 07754 469404 hugh.woolmore@btinternet.com

Your local catering service for ALL
your foodie needs:
Dinner Parties to High Teas,
Christenings to Funerals
We're to be found on
the Asquith Industrial Estate in Gargrave
Why not call us NOW, and see if we can
help!

angelique@moveablefeasts.co.uk

Or Call 07834 540593



moveable feasts

WHERE MEMORIES START IN THE KITCHEN



A PROPER YORKSHIRE PUB

LOCATED IN THE HEART OF GARGRAVE

QUALITY HOMEMADE FOOD
TRADITIONAL CASK ALES
OAK-BEAMED CEILINGS
OPEN FIRES
SIX EN-SUITE ROOMS



WWW.MASONSARMSGARGRAVE.CO.UK
01756 749304



THE CONISTON HOTEL
COUNTRY ESTATE & SPA

A Destination Defined by Experience

Nestled on the edge of the Yorkshire Dales, you'll find The Coniston Estate, a picturesque and private destination hotel with celebrated local dining, a luxury spa and a wealth of activities to enjoy.



1,400 Acre Estate | 70 Bedrooms | 2 Country Cottages | Award-Winning Spa
Garden Bath Experiences | Treatments | Land Rover Experience | Fishing
Clay Pigeon Shooting | Walking Trails | Archery & Air Rifles
Relaxed Restaurants | Cocktail Lounge | Live Music
Alfresco Dining | Panoramic Views

The Coniston Hotel Country Estate & Spa | Coniston Cold, Skipton, North Yorkshire BD23 4EA
Tel: (+44) 1756 748080 | Email: info@theconistonhotel.com | Web: theconistonhotel.com

THE FRYING YORKSHIREMAN

26 - 28 High Street, Gargrave, BD23 3RB

*Traditional fish & chips in the
heart of the village*



www.facebook.com/thefryingyorkshiremangargrave



TAKEAWAY OPEN: MONDAY - FRIDAY 11:30 - 14:30 & 16:00 - 20:30

SATURDAY 11:30 - 20:30 SUNDAY - CLOSED

RESTAURANT OPEN: AS ABOVE BUT CLOSSES AT 20:00 MONDAY - THURSDAY



Newton Grange Holiday Cottages

Waterways – Walking – Wellbeing

Bring your family and friends together for a relaxing stay in the wonderful setting of Bank Newton

Our delightful holiday cottages sleep 2-6 people

Walking and Cycling Accredited, Graded 4 Star - Visit England

Tel: 01756 748140

www.newton-grange.co.uk

The Nook

Countryside Holiday Cottage for 2

Bank Newton, Gargrave

BD23 3NU

katedowns@btinternet.com

01756 748076

WiFi No Smoking No Pets

GARGRAVE PHARMACY

36 High Street, 01756 749324

Dispensing

Medicines sales and advice

Repeat dispensing service

Open: Mon - Fri 9 am - 5.30 pm

Sat 9 am - 12.30 pm

Closed for lunch 1 - 2 pm



The ideal venue for dances, parties, meetings, classes and coffee mornings. The Hall, Annexe and Meeting rooms are available to hire along with our fully equipped kitchen.

For further information and bookings please contact Christine Town on 01756 749730 or david.town48@btinternet.com

gargravevillagehall.org.uk



TCB now incorporating POF

31 Main St
Bentham
LA2 7HQ



015242
61868

**Quilting & Dressmaking
Waterproof & Breathable
UV Stable & Fleece Fabrics
Yarns & Haberdashery
Buckles & Webbing & more
Brother Sewing Machines**

An Aladdin's cave...come & see!

www.temptationsbentham.co.uk
www.pennineoutdoor.co.uk

If you have an old clock, watch or barometer

that is in need of a service or repair

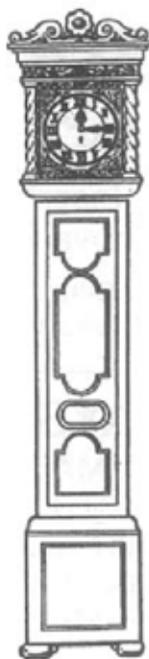
Why not let me help?

Collection, Delivery and Free Estimates are all part of my service

Colin S Nesbitt
(Grassington)



01756 751946
07719 943424
simsnesbitt@live.co.uk





Come and join your local Tennis & Croquet Club in Gargrave

New Members & Visitors always welcome

4 Grass Courts & 3 All-Weather Courts

Fantastic Clubhouse facilities

www.craventennis.org.uk

Adult & junior coaching, teams, tournaments, social sessions, club nights

Contact Beth Whitley: 01756 749664; secretary@craventennis.org.uk

I T HELP

Problems With Your PC?

Taxed by Your Tablet?

Vexed by a Virus?

Worried by WiFi?

Friendly, local and helpful

Call Andrew on (01756) 796802

or 07890 673706

Physics and Maths Tuition

Peter Edwards BSc Hons, PGCE Hons

I have many years of teaching experience to help you reach your goal. Do give me a call:

07933 062997

01729 821351

pgedwards4@gmail.com

groves architects ltd

Suite A, Canal Wharf
Eshton Road
Gargrave BD23 3SE

01756 748648

design@groves-architects.co.uk

www.groves-architects.co.uk

Robert Groves BA (Hons) Dip Arch RIBA
Laura Goodrick BA (Hons) Dip Arch RIBA
Chartered Architects

Design-led practice specialising in
quality residential projects



Interested in
finding out
about equity
release?

Nic Jones – Equity Release Advisor

- No obligation, explore your options freely
- Friendly, patient, no pressure advice
- Retirement Interest Only mortgages available



01756 802102

nic@greenbeansfinancial.co.uk

greenbeansfinancial.co.uk

Equity release may impact the size of your estate and it could affect your entitlement to certain
and future means-tested benefits. Green Beans Financial Ltd is an authorised Representative of
New Life Distribution Ltd which is authorised and regulated by the Financial Conduct Authority
Number 406021 Registered office: 1st Floor, Riverside Centre, 1 High Street, Southend-on-Sea,
Essex, SSO 1JL

**A WEALTH OF
EXPERTISE ON
YOUR DOORSTEP**



BELGRAVE
FINANCIAL SERVICES

Offers specialist advice in a wide range of areas including:

- **Investment Planning**
- **Retirement Planning**
- **Inheritance Tax Planning**
- **Life Cover & Critical Illness Protection**

"We Arrange all types of solutions for all kinds of people"

Please contact Nick Sands on:

01756 748 000

enquiries@belgravefinancial.com
www.belgravefinancial.com

58 High Street, Gargrave, Skipton
BD23 3LX

SJP Approved 26/01/2023



ArmstrongLuty

SOLICITORS

The Personal Injury Law Partnership

your local experts
for *just* compensation

talk to us *face to face*

Kipling House, 24 Otley Street,
Skipton, North Yorkshire, BD23 1EW

Call Andrew Armstrong or Nick Luty
on 01756 799977

www.armstronglutysolicitors.co.uk



white rose

Insurance Solutions Limited

*Looking after the needs of individuals and businesses
throughout Settle, Skipton and the Dales*

www.whiteroseinsurance.com

Providence House, 21 Newmarket Street,
Skipton, North Yorkshire BD23 2HX
01756 790505

8-10 Church Street, Settle
North Yorkshire BD24 9JE
01729 823061

skipton@whiteroseinsurance.com

settle@whiteroseinsurance.com

MERRITT & FRYERS LTD

**All you need to
do the job right**
Call 01756 792485



TIMBER



BUILDING



PLUMBING & HEATING



DECORATING



BESPOKE JOINERY



STOVE SHOWROOM



BATHROOM SHOWROOM



TOOLS & IRONMONGERY

Firth Street, Skipton, North Yorkshire BD23 2PX
The Butts, Barnoldswick, Lancashire BB18 5HP
www.merrittandfryers.co.uk



Maxfields Ltd

Design & Supply of Quality Kitchens & Bedrooms

Richard & Mary Maxfield



**For Free Survey
& Quotation
Please call**

Unit 5, Gate 4
Sidings Business Park
Skipton, BD23 1TB

01756 797378 (w)
07740 204005 (m)
01756 752312 (h)

rich.max@totalise.co.uk
www.maxfieldsltd.co.uk



*Beautiful, bespoke
soft furnishings*

Window dressings to suit you and your room.

We provide home consultations, a wide choice of fabrics, poles, tiebacks, trimmings and all things needed to create a beautiful window dressing.

- luxury curtains • roman blinds • box cushions
- scatter cushions roller • vertical and venetian blinds
and much more

Based in Long Preston, North Yorkshire.

07891 217188 | www.slsinteriors.co.uk



SKIPTON ELECTRICAL



**Domestic, Commercial, Industrial,
Re-Wiring & Repairs**

Part P Registered Company

Landlord Checks, Alarms and

FREE QUOTATIONS

01756 748 001

07970 173 875

skiptonelectrical@gmail.com



N. ATKINSON

- Building including Extensions and New Builds
- GroundWork
- Dry Stone Walling & Fencing

6 Airedale Avenue
Gargrave, Skipton
BD23 3SD

07720 323720

natkinson1@btinternet.com

GG Fabrications

16 Airedale Avenue, Gargrave BD23 3SD

01756 749234

07918 020936

gj_gilman@yahoo.co.uk

Visit our website at www.ggfabrications.com



**Specialists in High Quality Wrought Ironwork
Domestic, Ornamental and Commercial:
Railings, Gates, Handrails, Steps, Security Grilles**

John Metcalfe Plumbing Services

Plumbing Central Heating Bathrooms Tiling
Kitchens Landlord Checks Gas Services

mex34@aol.com 01756 748411 07779 724328



GOLDCREST INSTALLATION & REPAIR

Glazing and Roofline Specialists

Rooflines Double Glazing
• Fascias • Conservatories
• Gutters • Windows
• Soffits • Doors
• Repairs • Repairs

Contact David Elliott for no obligation quote: **01756**
dave@goldcrestglazing.com
www.goldcrestglazing.com

630412



Andrew Burton Painter and Decorator

Interior and exterior
Quality workmanship
Free quotations
Friendly service

All aspects of trade undertaken to a very high standard



22 Neville Crescent, Gargrave BD23 3RH

Tel: 01756 748089

Mobile: 0771 904 9554

email: olydec@hotmail.com

Decorator-Handyman

Paul Maslin Gargrave

Careful & tidy

V. low odour fast-dry paints

office@maslin.biz

07958 646509 01756 748538

Melvin Halstead Painter & Decorator

Interior & Exterior
Over 40 years' experience

High Quality Work
C.I.T.B registered

Call 07818 401993 for your Free Estimate

Visit me on Facebook

B. J. & D. ATKINSON

“Craftsmen Decorators”

for over 40 years

Est. 1979

Quality Preparation & Decorative Finishes in . . .

- Painting
- Paperhanging
- Broken Colour Work
- Marbling
- Local Family Firm

~ FREE ESTIMATES AND ADVICE ~

~ INSURANCE QUOTES ~

ALL INTERIOR & EXTERIOR DECORATION

Please call: 01756 748 207

Mobile: 07761 757 216

Email: brianatkinson386@btinternet.com



Dulux 
SelectDecorators

The sign of a quality decorator

*DISTINCTIVE DECORATING
APPROVED BY DULUX*

*VISIT “DULUX SELECT DECORATORS”
B. J. ATKINSON FOR TESTIMONIALS!*

INDEX OF ADVERTISERS 2023/24

- Accommodation – A15, A16, A17
- Antiques – A11
- Architects – A19
- Beauty – A13
- Blinds – A23
- Builders - A24
- Builder's merchant – A22
- Car repairs and services – A4, A5
- Care for the elderly – A7, A8, A9
- Catering services – A15
- Cattery – A6
- Coal & com merchant – A5
- Clock repair – A18
- Conservatories – A25
- Craft supplies – A18
- Croquet club - A19
- Curtains – A23
- Decorators – A25, A26
- Dentist – A13
- Driving lessons – A5
- Eating out - A15, A16, A17
- Electrician – A24
- Fencing – A24
- Financial services – A19, A20, A21
- Fish & Chips – A17
- Funeral services – A10, A11
- Garden centre – A2
- Garden machinery – A3
- Garden services – A3
- Gargrave Lands Charity – Editorial
- Glazing – A25
- Graphic design - A1
- Groundworks – A24
- Haberdashery – A18
- Hairdressers A13, A14
- Handyman – A25
- Health and well-being - A13
- Heating engineer – A25
- Hotel – A16
- House clearance – A11
- IT help – A19
- Insurance – A21
- Kitchens and bedrooms – A23
- Logs – A2
- Maths tuition – A19
- Meeting room hire – A18
- Memorial craftsmen – A11
- Mower repairs – A3
- Music lessons – A15
- Nursing homes – A7, A8, A9
- Painters – A25, A26
- Pet services – A6
- Pharmacy - A17
- Physics tuition – A19
- Piano lessons – A15
- Plumbing services – A25
- Podiatry - A12
- Post Office – A14
- Primary school – A14
- Printing – A1
- Pub – A15
- Restaurant – A15, A16, A17
- Roofing - A25
- School – A14
- Self-catering accommodation – A17
- Soft furnishings – A23
- Solicitors – A21
- Spa – A16
- Takeaway food – A17
- Tennis club – A19
- TV services – A15
- Vets – A6
- Village hall hire – A18
- Walling – A24
- Women's meeting – A14
- Wrought ironwork – A24

If you'd like to advertise in the Parish Magazine, please contact Les Hatfield on 07711 718153 or at parishmagads.gargrave@outlook.com

Adverts can be included throughout the year



ADVERTISE HERE WITH US

– Reach a wide readership –

– Get your business noticed at the local level –

Call Les or Kim on: 07711 718153

Email: parishmagads.gargrave@outlook.com

